

NGB Medical Standards - Sport Risk Level

1. Low Risk Sports

- a. *Olympic/Pan American Summer*
 - i. Archery
 - ii. Artistic Swimming
 - iii. Badminton
 - iv. Baseball
 - v. Bowling
 - vi. Canoe/Kayak – Slalom
 - vii. Canoe/Kayak – Sprint
 - viii. Cricket
 - ix. Golf
 - x. Rowing
 - xi. Shooting
 - xii. Softball
 - xiii. Swimming
 - xiv. Table Tennis
 - xv. Tennis
 - xvi. Track and Field – Running, Throwing and Long Jump
- b. *Paralympic/Parapan American Summer*
 - i. Archery
 - ii. Badminton
 - iii. Boccia
 - iv. Canoe
 - v. Rowing
 - vi. Shooting
 - vii. Swimming
 - viii. Table Tennis
 - ix. Track and Field – Running, Throwing and Long Jump
 - x. Wheelchair Tennis
- c. *Olympic Winter*
 - i. Curling
- d. *Paralympic Winter*
 - i. Wheelchair Curling

2. Moderate Risk Sports

- a. *Olympic/Pan American Summer*
 - i. Basketball
 - ii. Beach Volleyball
 - iii. Diving
 - iv. Fencing
 - v. Field Hockey
 - vi. Flag Football
 - vii. Handball

- viii. Pelota
- ix. Racquetball
- x. Rhythmic Gymnastics
- xi. Roller sports - Figure
- xii. Sailing
- xiii. Soccer
- xiv. Sport Climbing
- xv. Squash
- xvi. Track and Field – High Jump and Pole Vault
- xvii. Volleyball
- xviii. Water Polo
- xix. Water Ski
- b. *Paralympic/Parapan American Summer*
 - i. Wheelchair Basketball
 - ii. Wheelchair Fencing
- c. *Olympic Winter*
 - i. Biathlon
 - ii. Cross-Country Skiing
 - iii. Figure Skating
- d. *Paralympic Winter*
 - i. Biathlon
 - ii. Cross-Country Skiing

3. High Risk Sports

- a. *Olympic/Pan American Summer*
 - i. Artistic Gymnastics
 - ii. Boxing
 - iii. Breaking
 - iv. Equestrian
 - v. Judo
 - vi. Karate
 - vii. Lacrosse
 - viii. Modern Pentathlon
 - ix. Road Cycling
 - x. Roller Sports - Speed
 - xi. Rugby
 - xii. Surfing
 - xiii. Taekwondo
 - xiv. Track Cycling
 - xv. Trampoline
 - xvi. Triathlon
 - xvii. Weightlifting
 - xviii. Wrestling
- b. *Paralympic/Parapan American Summer*
 - i. Blind Soccer
 - ii. Equestrian
 - iii. Goalball

- iv. Judo
- v. Powerlifting
- vi. Road Cycling
- vii. Taekwondo
- viii. Track and Field – Wheelchair Sprint, Middle and Long-Distance Events
- ix. Track Cycling
- x. Triathlon
- xi. Wheelchair Rugby
- c. *Olympic Winter*
 - i. Alpine Skiing – Giant Slalom, Slalom
 - ii. Bobsled
 - iii. Ice Hockey
 - iv. Long Track Speedskating
 - v. Luge
 - vi. Nordic Combined
 - vii. Short Track Speedskating
 - viii. Skeleton
 - ix. Ski Jumping
 - x. Snowboard – Slalom
- d. *Paralympic Winter*
 - i. Alpine Skiing – Giant Slalom, Slalom
 - ii. Sled Hockey
 - iii. Snowboard – Banked Slalom
 - iv. Snowboard – Giant Slalom

4. Extreme Risk Sports

- a. *Olympic/Pan American Summer*
 - i. Cycling – BMX
 - ii. Cycling – Mountain Biking
 - iii. Skateboarding
- b. *Paralympic/Parapan American Summer*
- c. *Olympic Winter*
 - i. Alpine Skiing – Downhill, Super-G
 - ii. Freestyle Skiing – Aerials
 - iii. Freestyle Skiing – Moguls
 - iv. Freestyle Skiing – Ski-Cross
 - v. Ski and Snowboard – Big Air
 - vi. Ski and Snowboard – Half Pipe
 - vii. Ski and Snowboard – Slopestyle
 - viii. Snowboard – Snowboard-Cross
- d. *Paralympic Winter*
 - i. Alpine Skiing – Downhill, Super-G
 - ii. Snowboard – Snowboard-Cross