USOPC Requirements:

Entity	Athlete Representation (% of Body)	Eligible Classes of Athlete	Additional Requirements	Election/Selection
USOPC Board of Directors	1/3 (Two types of seats: AAC Athlete + At- Large Athlete)	 10-Year Athletes 10-Year+ Athletes 	 10-Year Athletes must make up at least 20% of the total board representation The remainder may be either 10- Year or 10- Year or 10- Year or 10- Year+ Athletes At least half of all athlete representatives must have attained 10-Year/10-Year+ Athlete eligibility by competing in an event that is on a Delegation Event program at the time of their election AAC Athlete: 10 year athletes. At least one AAC member and at least one Paralympic sport representative 	 AAC Athlete Seats: Election via USOPC AAC election procedures that include consultation with the Nominating & Governance Committee. These procedures should be codified in the USOPC AAC bylaws. At-Large Athlete Seats: Joint Nominating Committee creates a candidate slate. All candidates are 10 year or 10 year+ athletes who have retired from competition
USOPC Athlete and NGB Services Committee	1/3	 10-Year Athletes 10-Year+ Athletes (only for USOPA positions) 	Ex-officio members are not serving in any direct Board or employment role with USOPC	 USOPC BOD Chair appoints one AAC Representative, with approval of the USOPC BOD Chair of the AAC or their designee (ex- officio) President of USOPA or their designee(ex- officio)

Athlete representation requirements on the USOPC board of directors and committees:

		• 10-Year		USOPC Chair
USOPC Compensation Committee	33.3%	 10-Year Athletes 10-Year+ Athletes 	 At least two members elected to the corporation board by the AAC and/or USOPA At least 20% 10- Year athletes At least 13.3% 10- Year+ athletes 	 USOPC Chair appoints members
USOPC Ethics Committee	33.3%	 10-Year Athletes 10-Year+ Athletes 	 Independent directors, not members of the USOPC board At least two members appointed by Nom and Gov will be 10-Year or 10-Year+ athletes, after consultation with AAC and USOPA At least 20% 10- Year athletes At least 13.3% 10- Year+ athletes 	Nom and Gov Committee appoints members of the Ethics Committee, other than chair
USOPC Finance, Audit and Risk Committee	33.3%	 10-Year Athletes 10-Year+ Athletes 	 At least two members elected to USOPC BOD by the AAC or USOPA At least 20% 10- Year athletes At least 13.3% 10- Year+ athletes 	USOPC BOD Chair appoints members, with BOD approval
USOPC NGB Oversight & Compliance Committee	42%	 10-Year Athletes 10-Year+ Athletes 	 Ex-officio members are not serving in any direct Board or employment role with USOPC The two AAC reps will be 10-Year athletes, the one USOPA rep could be 10-Year or 10- Year+. 	 USOPC BOD Chair appoints one AAC Representative, with approval of the USOPC BOD Chair of the AAC or their designee (ex- officio) President of USOPA or their designee(ex- officio)
USOPC Nominating and Governance Committee	33.3%	 10-Year Athletes 10-Year+ Athletes 	 AAC and USOPA are not currently serving in any direct Board role, or employment with USOPC. 	 One member selected by the AAC One member selected by USOPA

			• The AAC rep will be a 10-Year athlete, the one USOPA rep could be 10-Year or 10-Year+.	
Other USOPC Committees, Task Forces, and Grievance Panels	1/3	 10-Year Athletes 10-Year+ Athletes 	At least 20% 10 year athlete representation	 NGB Decertification (Section 8), Section 10, and Section 11 Grievance: USOPC Board of Directors Chair consults with AAC to appoint AAC Member

NGB Requirements:

Athlete representation requirements on NGB Boards, Designated Committees, and Other NGB Committees:

Entity	Athlete Representation (% of Body)	Eligible Classes of Athlete	Additional Requirements	Election/Selection
NGB Board of Directors	33.3%	 10-Year Athletes 10-Year+ Athletes 	 10-Year Athletes must make up at least 20% of the total board representation The remainder may be either 10-Year or 10- Year+ Athletes At least half of all athlete representatives must have attained 10- Year/10-Year+ Athlete eligibility by competing in an event that is on a Delegation Event program at the time of their election An NGB's USOPC AAC representative must be a voting member of the NGB's board and counts toward the total athlete/10-Year Athlete representation requirements 	• All athlete representatives will be directly elected by the pool of member athletes that meet 10-Year Athlete eligibility

NGB Designated Committees	33.3%	 10-Year Athletes 10-Year+ Athletes 	 At least half of all athlete representatives must be 10-Year Athletes The remainder may be either 10-Year or 10- Year+ Athletes For any committee overseeing selection of athletes, coaches, and/or staff for a Para sport Protected Competition, the athlete representatives must have attained 10- Year/10-Year+ Athlete eligibility by competing in a Para sport event At least half of all athlete representatives must 	All athlete representatives will be selected by the NGB's internal AAC
Other NGB Committees	33.3%	 Actively Engaged Athletes 	None	 All athlete representatives will be selected by the NGB's internal AAC