



U.S. OLYMPIANS & PARALYMPIANS ASSOCIATION

Jennifer (Jen) Armbruster PLY - Goalball (1992, '96, '00, '04, '08, '12) - Oregon Chapter

Jennifer “Jen” Armbruster, a dedicated goalball athlete for more than two decades, Jen is a seven-time Paralympian who has competed at the highest level of international sport. Her accomplishments include winning gold, silver, and bronze medals, and she was selected by her teammates to carry the U.S. flag during the opening ceremony at the 2008 Beijing Paralympic Games—one of the highest honors in sport.

Off the court, Jen has built a career defined by leadership in inclusive and adaptive recreation. She has worked with the Lakeshore Foundation in Birmingham, Alabama, promoting independence and active lifestyles for individuals with physical disabilities. At Portland State University, she served as the Campus Inclusive Recreation & Fitness Center Coordinator, helping make fitness accessible to all. She currently serves as Executive Director of Adaptive Sports NW, where she champions opportunities for inclusive participation and community engagement through sport.

Jen is a passionate advocate for inclusion, believing sport should be accessible to everyone. Through her work, she has created innovative programming—such as inclusive goalball tournaments where both sighted and visually impaired athletes compete together—demonstrating her commitment to equality and community building.

Her contributions have been widely recognized, including induction into the Colorado Springs Sports Hall of Fame as its first Paralympian honoree.

Through her athletic achievements, professional leadership, and unwavering commitment to inclusion, Jen Armbruster continues to inspire and empower others, embodying the true spirit of the Olympic and Paralympic movement.

The Oregon Chapter of the United States Olympians and Paralympians Association is proud to present the USOPA Award of Excellence to Jen Armbruster.