



1-DAY SAMPLE ITINERARY

9:00 AM	Arrive at the CSOPTC
9:00 – 9:30 AM	Welcome Meeting
9:45 – 10:45 AM	Behind the Scenes VIP Tour of the CSOPTC
11:00 – 11:30 AM	Educational Session
11:35 – 12:20 PM	Educational Session
12:30 – 1:30 PM	Lunch in the Athlete Dining Hall
1:45 – 2:30 PM	Educational Session
2:30 – 3:15 PM	Educational Session
3:30 – 4:15 PM	Educational Session
4:15 – 4:45 PM	Debrief