



ATHLETE RESOURCES

USOPC Athlete Services

The Athlete Services Team supports and empowers Team USA athletes along their personal, professional, and educational journeys. Reach out to us with any questions about:

- [Racial & Social Justice Demonstrations](#)
- [Career and Education](#)
- [Athlete Marketing](#)
- [Transition Support](#)
- [Athlete Healthcare](#)

Contact: athleteservices@usopc.org

USOPC Mental Health Resources

There are a variety of mental health resources available to athletes including: Team USA Mental Health Support Line, USOPC Mental Health Registry, eHome Counseling Group, WellTrack App™, Headspace Plus™, Pivot Discussion Groups, and more. For additional information on each of these resources, check out the [Team USA Mental Health Resource Guide](#).

Contact: mentalhealth@usopc.org or the [Mental Health Hub](#)

USOPC Security & Athlete Safety

Security & Athlete Safety is committed to providing a positive, healthy, and safe environment. We are dedicated to prevention efforts, assisting athletes through the reporting process, and response and resolution. If athletes face any threats, harassment, stalking, or other safety concerns, please reach out to us and contact local law enforcement. More information can be found at the [Security & Athlete Safety webpage](#).

Contact: SecurityAthleteSafety@usopc.org

The Office of the Athlete Ombuds

The Office of the Athlete Ombuds provides **independent**, confidential advice to elite athletes regarding their rights and responsibilities and a broad range of questions and concerns. The Athlete Ombuds can assist with dispute resolution, navigating formal grievance processes, and accessing legal or other support resources. You can find out more about the Office's role, including its confidentiality policy and the Legal Aid program at usathlete.org.

Contact: ombudsman@usathlete.org or 719-866-5000

FOR MORE INFORMATION, CHECK OUT THE DELEGATION APP