

# PC-NGB CONFERENCE MEDICAL







Join us for the fourth annual USOPC-NGB Medical Conference! This multidisciplinary meeting brings together a robust medical community across the Olympic and Paralympic movements to share best practices, discuss USOPC medical resources, present pathways for getting involved with Team USA, hands-on trainings, networking receptions with USOPC and NGB medical leads and much more.

**8-10 FEBRUARY**  CME/CEU CREDITS

\*PENDING APPROVAL

**COLORADO SPRINGS OLYMPIC & PARALYMPIC** TRAINING CENTER & VIRTUAL

# **SPEAKERS**

Will Adams, PhD Jessica Bartley, Psy.D. Matt Fedoruk, Ph.D. Rebecca Beard Anthony Beutler, MD Monique Burton, MD Julia Cawthra, Ph.D. Ju'Riese Colon Carrie Jaworski, MD David Kruse, MD Jeff Kutcher, MD Fran O'Connor, MD Richard Davis, MD

Andrew Ernst, ATC Jonathan Finnoff, DO Stan Herring, MD Tod Olin, MD Kevin Pierce, DC Margot Putukian, MD David Rotter, CPO Jaron Santelli, MD Ankit Shah, MD Jenna Wilkerson, ATC Stephanie Tow, MD



**Event Webpage** 

### **KEY DATES**

Registration opens: Nov. 1 Early bird pricing ends: Dec. 31 Registration closes: Jan. 19

For detailed pricing, visit the conference registration page by scanning the QR code to the left or clicking the 'Register' button.

# **MEETING TOPICS**

# DAY 1

#### **Session 1:** *USOPC Sports Medicine Resources*

- USOPC Sports Medicine Clinics
- · Athlete Healthcare
- Psychological Services
- USOPC Research
- Healthcare Provider Pathways to the Olympic and Paralympic Games

#### **Session 2:** Leadership & Emergency Action Plans

- Sports Medicine Leadership and Skills for a Highly Effective Team
- Emergency Action Planning
- Mental Health Emergency Action Planning

Evening networking reception with USOPC and NGB medical leads



### DAY 2

#### **Session 3:** *Medical, Athlete Safety & Anti-Doping*

- Periodic Health Evaluation in Elite Athletes
- Current Perspectives on Elite Sport for Athletes with Cardiovascular Disease
- Practical Pearls to Guide Respiratory Care on the Field of Play
- SafeSport for the Sports Medicine Clinician
- Anti-Doping for the Sports Medicine Clinician

#### **Session 4:** *Medical & Traumatic Emergencies*

- Trauma Assessment and Management
- Environmental Illness
- Exercise Associated Collapse
- Eye Trauma for the Sports Medicine Clinician
- Skin Injuries and Illnesses

#### **Session 5:** The Paralympic Athlete

- Paralympic Sport Classification
- Paralympic Equipment 101
- Paralympic Medical Emergencies

#### Session 6: Sport-Related Concussion

- Review of Methodology and Select Takeaways from the Amsterdam International Conference on Concussion in Sport
- SCAT6 and SCOAT6: What's New with On-Field and In-Office Sport Related Concussion Assessment
- Potential Long-Term Sequelae of Sport Related Concussions
- Evaluation of Sport Related Concussion in the Paralympic Athlete

Evening reception at the U.S. Olympic & Paralympic Museum

# DAY 3

#### **Practical Session**

- Athlete in Distress
- Exercise Associated Collapse I
- Exercise Associated Collapse II
- Laceration/Abrasion
- Mental Health Emergency
- Olympic Concussion
- Paralympic Concussion
- Paralympic Medical Emergency
- Spine Board and Splinting
- Trauma Assessment/e-Fast

# **CONTINUING EDUCATION**

The USOPC will provide continuing education credits to athletic trainers, chiropractors (California)\*, physical therapist (California and Colorado), physicians\* and physician assistants\*. Through a joint providership agreement, the American Academy of Physical Medicine & Rehabilitation is the accredited provider of this educational activity.

\*CE credits are currently pending approval per profession. Please check back to the event website for updated information.

The United States Olympic & Paralympic Committee is approved by the Board of Certification, Inc. to offer continuing education for athletic trainers.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Academy of Physical Medicine and Rehabilitation and United States Olympic & Paralympic Committee. The American Academy of Physical Medicine and Rehabilitation is accredited by the ACCME to provide continuing medical education for physicians.





Number of
Contact
Hours/CME/CE
Credits (In person
& Virtual)

19.25\*

#### **CME Credit Designation:**

AAPM&R designates this enduring material for a maximum of 19.25 AMA PRA Category 1 Credits  $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Claiming CME:

All attendees will need to use AAPM&R's Online Learning Portal (OLP) to claim their CME. Physicians will be awarded AMA PRA Category 1 Credits  $^{\text{TM}}$ . Visit onlinelearning.aapmr.org.

\*AAPM&R grants permission to the United States Olympic & Paralympic Committee (USOPC) for the right to use our logo in marketing materials as the CME provider for the USOPC-NGB Medical Conference.

#### <u>Learning objectives:</u>

At the completion of this program, attendees will be able to:

- 1. Apply best practices when working with a health care provider who is interested in pursuing working within the NGB pathway to be a part of the medical staff for a Games.
- 2. Utilizing current best practices to treat medical emergencies in Paralympic athletes.
- 3. Implement leadership skills to improve effectiveness of the sports medicine team.
- 4. Develop and/or improve current mental health emergency action plans for training and competition utilizing current evidence-based information.
- 5. Integrate updates for the evaluation and treatment of sport related concussion using the latest evidence-based information.

<u>Schedule and Format:</u> Two and a half day conference offered both in-person and virtually with lectures and hands-on trainings from distinguished medical professionals and panelists.

<u>Cancellation/Refund Policy:</u> To request a refund, please contact <u>USOPC Sports Medicine</u> on or before January 16, 2024. No refund requests will be accepted after this date. The USOPC will process the refund within 10–14 business days from the day the request is received.

<u>Required materials and equipment:</u> Virtual participants are required to be able to log in and view the streaming presentation on the device of their choice. This device may be a computer, tablet, or smartphone. All materials will be provided for in-person attendees.

If you have any questions regarding this event, please contact <a href="mailto:SportsMedEvents@usopc.org">SportsMedEvents@usopc.org</a>.