

2025 USOPC PARALYMPIC SPORTS MEDICINE CONFERENCE

Join us for this inaugural conference, co-sponsored by the American Academy of Physical Medicine and Rehabilitation (AAPM&R), dedicated exclusively to Paralympic sports medicine. Presented in collaboration with leading medical associations, this event is among the first to combine expert-led sessions with immersive, practical training focused on providing medical care for Paralympic athletes.

SEPTEMBER 4-6

Colorado Springs Olympic & Paralympic Training Center & Virtual

SPEAKERS

Irfan Asif, MD | Jessica Bartley,
PsyD | Pippa Bennett, MBChB |
Cheri Blauwet, MD | Tyler Carter |
Emily Clark, PsyD | Wayne
Derman, MBChB | Amber
Donaldson, DPT | Meredith Ehn, DO | Matt Fedoruk, PhD | Jonathan
Finnoff, DO | Andy Marshall, MD |
Jim Murdock, ATC | Tod Olin, MD |
Steve Reid, MBBS | Monica Rivera |
Vincent Siasoco, MD | Carolette
Snyders, MBBS | Melissa Tinney,
MD | Stephanie Tow, MD | Mike
Uihlein, MD | Jenna Wilkerson, ATC

REGISTER



<u>Early Bird Registration</u> <u>Deadline:</u> July 15

<u>In-Person Registration</u> <u>Deadline:</u> Aug. 7

<u>Virtual Registration</u> <u>Deadline:</u> Aug. 29

CE CREDITS

24

*Pending approval

See <u>website</u> for details and professions

<u>USOPC.ORG/2025PARASMC</u>

Conference Co-Sponsor:



American Academy of Physical Medicine and Rehabilitation

Conference Partners:

















CONFERENCE TOPICS

Session 1:

- History of Paralympic Sport
- Paralympic Sport Classification
- Paralympic Athlete Medical Disorders

Session 2:

- Adaptive Equipment 101
- Paralympic Athlete Periodic Health Evaluation
- Team Physician Medical Kit
- Medical Concerns Associated with Paralympic Athlete Travel

Session 3:

- Paralympic Medical Emergencies
- Neurologic Considerations in Paralympic Athletes
- Paralympic Concussion
 Prevention, Identification,
 Management and Return to
 Sport Considerations
- Cardiac Conditions in the Paralympic Athlete

Session 4:

- Bowel and Bladder Considerations in the Paralympic Athlete
- Respiratory Conditions in the Paralympic Athlete
- Dermatologic Considerations in the Paralympic Athlete

Session 5:

- Musculoskeletal Considerations in the Paralympic Athlete
- Trauma Assessment and Initial Management in Paralympic Athletes
- Pain Management for Paralympic Athletes

Session 6:

- Paralympic Athlete Environmental Illness Considerations
- Special Considerations for Athletes with Intellectual and Developmental Disabilities
- Sleep Optimization for Paralympic Athletes

Session 7:

- Evaluation, Management, and Prevention of Infectious Disease in Paralympic Athletes
- Tricks of the Trade for Healthcare Providers working with Paralympic Athletes
- Prevention, Screening, Evaluation, and Management of Mental Health Conditions in the Paralympic Athlete
- Anti-Doping Considerations in the Paralympic Athlete

The conference will feature a networking reception with Paralympic NGB medical leads and sessions with Team USA athletes. For a full schedule, visit the <u>event website</u>.

Session 8:

- SafeSport: Keeping our Athletes Safe
- Return to Sport
- How to Get Involved in the Paralympic Movement

Practical Sessions:

- Medical Emergency 1: Autonomic Dysreflexia
- Medical Emergency 2: Seizure
- Medical Emergency 3: Cardiac Arrest
- Medical Emergency 4: Environmental Illness
- Mental Health Emergency
- Trauma Assessment
- Spine Board and Splinting
- Paralympic Concussion
- Decubitus Ulcer Evaluation & Treatment

