



6-DAY SAMPLE ITINERARY

SUNDAY

1:15 PM	Pick-up at airport
1:45 – 3:00 PM	Travel to CSOPTC
3:00 – 4:00 PM	Check-in and settle into rooms
5:00 – 6:30 PM	Dinner
6:30 – 7:00 PM	Welcome Meeting
7:00 – 8:00 PM	Sport Experience – Sitting Volleyball

MONDAY

7:30 – 8:30 AM	Breakfast
8:30 – 8:45 AM	Welcome to the CSOPTC
8:45 – 9:45 AM	Behind the Scenes VIP Tour of the CSOPTC
10:00 – 10:45 AM	Educational Session
11:00 – 11:45 AM	Educational Session
12:15 – 1:30 PM	Lunch
2:30 – 3:15 PM	Educational Session
3:30 – 5:00 PM	Shadowing Session
6:00 – 7:30 PM	Dinner
7:30 – 8:30 PM	Free-time

TUESDAY

7:30 – 8:30 AM	Breakfast
8:30 – 9:15 AM	Educational Session
10:00 – 11:30 AM	Shadowing Session
11:30 – 1:00 PM	Lunch
1:30 – 2:15 PM	Educational Session

2:30 – 3:15 PM	Educational Session
3:30 PM	Depart for USOPC HQ
3:45 – 4:30 PM	USOPC Archives Tour
4:45 PM	Depart for CSOPTC or free-time in downtown Colorado Springs
4:45 – 6:45 PM	Free-time
7:00 – 8:00 PM	Sport Experience – Wheelchair basketball

WEDNESDAY

7:00 – 8:00 AM	Breakfast
8:00 – 8:30 AM	Travel to off-site educational session
8:30 – 9:15 AM	Educational Session
9:15 – 9:45 AM	Travel back to CSOPTC
10:00 – 10:30 AM	Educational Session
10:30 – 12:00 PM	Shadowing Session:
12:15 – 1:15 PM	Lunch
1:30 – 2:15 PM	Educational Session
2:30 – 3:30 PM	Educational Session
3:45 – 4:30 PM	Educational Session
4:30 – 10:00 PM	Free Evening

THURSDAY

7:30 – 8:00 AM	Breakfast
8:10 AM	Travel to HQ
8:30 – 9:30 AM	Educational Session
9:45 – 10:30 AM	Educational Session
10:45 – 11:30 AM	Educational Session
11:45 – 12:30 PM	Educational Session
12:30 – 12:45 PM	Travel back to CSOPTC
12:45 – 1:45 PM	Lunch
2:00 PM	Sightseeing – Pikes Peak

FRIDAY

7:30 – 8:30 AM	Breakfast
8:30 – 9:30 AM	Final presentation prep
9:30 – 10:30 AM	Presentations
10:30 – 2:00 PM	Lunch and lounge
2:00 PM	Depart for airport