Typical Age Group	Typical Age	Typical Helmet Size	Head Circumference	US Hat Size
Youth/Junior	8-9 years	S – Small	21 ½ inches	6 7/8
Junior	9-11 years	M – Medium	21 7/8 inches	7
Junior	11-12 years	M – Medium	22 ¼ inches	71/8
Junior	11-12 years	M – Medium	22 5% inches	71/4
Senior	12-14 years	L – Large	23 inches	7 3/8
Senior	13-16 years	L – Large	23 ½ inches	71/2
Senior	13-16 years	L – Large	23 ¾ inches	7 5/8
Senior	16+ years	XL - Extra Large	24 ¼ inches	7 3/4
Senior	16+ years	XL - Extra Large	24 ½ inches	7 7/8
Senior	16+ years	XL - Extra Large	25 inches	8
Senior	16+ years	XL - Extra Large	25 ¼ inches	81/8

bat size & weight.



Printable Batting Helmet Size Chart for Baseball & Softball

This chart only shows averages or estimations of measurements, ages, & weights. Measure your (child's) head for the most accurate



Typical Age Group	Typical Age	Typical Helmet Size	Head Circumference	US Hat Size
Youth	4 years	Youth/S - Small	18 ¾ inches	6
Youth	4 years	Youth/S - Small	19 ¼ inches	61/8
Youth	4-5 years	Youth/S - Small	19 5% inches	61/4
Youth	5 years	Youth/S - Small	20 inches	6 3/8
Youth	5 years	S – Small	20 ½ inches	6 1/2
Youth	6-7 years	S – Small	20 ¾ inches	6 5/8
Youth/Junior	6-7 years	S – Small	21 ½ inches	6 3/4

This chart only shows averages or estimations of measurements, ages, & weights. Measure your (child's) head for the most accurate bat size & weight.



