

Southern Conference Wrestling Record Book



Through 2020-21 season



Regular-season standings

1993-94

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	3-1	.750		12-4-1	.705	
^VMI	3-1	.750		9-5	.642	
^\$Chattanooga	3-1	.750		5-6	.454	
The Citadel	1-3	.250		9-12	.428	
Davidson	0-4	.000		6-16	.272	
^ Regular-season champion						
\$ Tournament champion						

1994-95

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$VMI	4-0	1.000	115-39	8-2	.800	201-76
\$Appalachian State	3-1	.750	101-47	6-6-1	.461	163-202
Chattanooga	2-2	.500	98-45	4-7	.363	107-170
The Citadel	1-3	.250	125-136	5-14	.263	163-441
Davidson	0-4	.000	51-201	4-20	.166	245-559
^ Regular-season champion						
\$ Tournament champion						

1995-96

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^VMI	4-0	1.000		11-3	.785	
Chattanooga	3-1	.750		6-4	.400	
\$Appalachian State	2-2	.500		10-8	.555	
The Citadel	1-3	.250		5-13	.277	
Davidson	0-4	.000		4-15	.210	
^ Regular-season champion						
\$ Tournament champion						

1996-97

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	141-56	10-8	.556	377-350
\$VMI	4-1	.800	139-65	8-5	.615	288-231
\$UNCG	3-2	.600	123-75	9-5-1	.633	422-233
Chattanooga	2-3	.400	96-91	7-9	.438	292-367
The Citadel	1-4	.200	86-130	4-8	.333	227-296
Davidson	0-5	.000	29-207	2-13-1	.156	211-515
^ Regular-season champion						
\$ Tournament champion						

1997-98

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^UNCG	4-1	.800	136-73	10-3	.769	345-122
^\$Chattanooga	4-1	.800	139-73	7-8-1	.469	346-324
^Appalachian State	4-1	.800	131-64	6-7	.462	252-263
The Citadel	2-3	.400	98-110	4-10	.286	240-350
VMI	1-4	.200	85-132	1-13	.071	183-414
Davidson	0-5	.000	47-184	9-9-1	.500	458-404
^ Regular-season champion						
\$ Tournament champion						

1998-99

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	4-1	.800	131-75	6-3	.667	213-155
^\$Chattanooga	4-1	.800	140-67	7-5	.583	279-192
VMI	4-1	.800	124-62	8-4	.667	311-180
UNCG	2-3	.400	120-87	8-5	.615	347-212
The Citadel	1-4	.200	80-123	4-10	.286	210-360
Davidson	0-5	.000	22-205	6-13	.316	281-564
^ Regular-season champion						
\$ Tournament champion						

1999-2000

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	151-58	10-2-0	.833	336-163
VMI	4-1-0	.800	133-76	6-7-0	.462	250-278
Appalachian State	3-2-0	.600	185-96	7-10-0	.412	311-358
UNCG	2-3-0	.400	96-97	4-4-0	.500	166-143
The Citadel	1-4-0	.200	77-120	2-11-2	.200	225-391
Davidson	0-5-0	.000	35-185	3-12-0	.231	184-449
^ Regular-season champion						
\$ Tournament champion						

2000-01

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0-0	1.000	152-41	8-5-0	.615	307-186
Chattanooga	4-1-0	.800	141-57	6-7-0	.462	267-219
UNCG	2-3-0	.400	59-98	5-7-0	.417	169-322
The Citadel	2-3-0	.400	98-100	5-15-0	.250	309-459
VMI	2-3-0	.400	95-110	2-11-0	.154	175-370
Davidson	0-5-0	.000	39-166	6-13-0	.316	300-461
^ Regular-season champion						
\$ Tournament champion						

2001-02

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	120-65	9-8-0	.529	255-366
VMI	4-1-0	.800	156-46	11-4-0	.733	388-185
The Citadel	3-2-0	.600	113-86	10-7-0	.588	384-321
Appalachian State	2-3-0	.400	119-77	6-8-0	.429	276-246
UNCG	1-4-0	.200	86-119	3-8-0	.273	194-255
Davidson	0-5-0	.000	22-223	0-15-0	.000	101-702
^ Regular-season champion						
\$ Tournament champion						

2002-03

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	169-42	11-2	.846	385-159
VMI	4-1	.800	72-44	8-3	.727	167-120
The Citadel	3-2	.600	139-42	12-3	.800	406-167
Chattanooga	2-3	.500	93-88	6-17	.260	335-501
UNCG	1-4	.200	67-164	1-14	.066	202-469
Davidson	0-5	.000	33-153	1-13	.071	154-247
^ Regular-season champion						
\$ Tournament champion						

2003-04

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$The Citadel	5-0	1.000	151-49	13-3	.813	
Chattanooga	4-1	.800	143-67	11-6	.647	
Appalachian State	2-3	.400	105-90	6-4	.600	
UNCG	2-3	.400	90-107	9-6	.600	
VMI	2-3	.400	81-108	7-7	.500	
Davidson	0-5	.000	39-188	4-13	.235	
^ Regular-season champion						
\$ Tournament champion						

2004-05

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	184-25	14-10-0	.528	629-358
UNCG	4-1-0	.800	188-66	12-5-0	.705	411-228
The Citadel	2-2-1	.500	135-93	5-8-1	.357	242-305
VMI	2-3-0	.400	97-140	6-6-1	.461	243-240
Appalachian State	1-3-1	.300	87-119	8-9-1	.444	375-396
Davidson	0-5-0	.000	40-185	8-7-0	.533	330-368
^ Regular-season champion						
\$ Tournament champion						

Regular-season standings

2005-06

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000	150-31	16-8-1	.660
UNCG	4-1	.800	115-81	9-6	.600
The Citadel	3-2	.600	106-84	8-8	.500
Davidson	1-3-1	.200	67-146	7-9-1	.468
Appalachian State	1-4	.200	73-112	11-8-1	.575
VMI	0-4-1	.100	64-121	1-8-1	.150

^ Regular-season champion

\$ Tournament champion

2006-07

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000	187-33	16-1	.941
UNCG	4-1	.800	143-70	10-4	.714
VMI	3-2	.667	80-129	6-8	.429
Appalachian State	2-3	.400	82-116	8-15	.348
The Citadel	1-4	.250	72-124	5-9	.364
Davidson	0-5	.000	63-155	6-10	.375

^ Regular-season champion

\$ Tournament champion

2007-08

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	.1000	166-50	11-6	.733
Appalachian State	4-1	.800	141-61	14-7	.666
*UNCG	3-2	.667	129-71	9-9	.500
The Citadel	2-3	.400	82-115	5-6	.454
VMI	1-4	.250	57-154	6-8	.428
Davidson	0-5	.000	42-166	3-11	.214

^ Regular-season champion

\$ Tournament champion

* later vacated four wins (including one SoCon win)

2008-09

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	1.000	171-48	12-10	.545
*UNCG	4-1	.800	147-53	7-11	.389
The Citadel	3-2	.600	81-93	9-6-1	.594
Appalachian State	2-3	.400	90-102	7-16	.304
Davidson	1-4	.200	51-139	6-12	.333
VMI	0-5	.000	48-153	0-11	.000

^ Regular-season champion

\$ Tournament champion

* later vacated all seven wins

2009-10

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^Chattanooga	5-0	1.000	161-43	11-7	.611
\$*UNCG	4-1	.800	144-64	8-7	.533
Appalachian State	3-2	.600	107-97	9-11	.450
The Citadel	2-3	.400	87-109	9-6	.600
VMI	1-4	.200	79-113	5-9	.357
Davidson	0-5	.000	39-190	5-16	.238

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins and SoCon Championship title

2010-11

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	5-0	1.000	145-43	11-9	.550
*UNCG	4-1	.800	120-72	8-11	.421
The Citadel	3-2	.600	102-77	8-12	.400
Appalachian State	2-3	.400	99-94	8-11-1	.425
VMI	1-4	.200	74-118	4-10	.286
Davidson	0-5	.000	39-175	5-13	.278

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins

2011-12

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^Appalachian State	6-0	1.000	196-63	13-4	.765
\$Chattanooga	5-1	.833	202-47	12-6	.667
The Citadel	4-2	.667	160-89	9-9	.500
Campbell	3-3	.500	109-129	11-17	.393
VMI	2-4	.333	82-165	5-11	.313
Gardner-Webb	1-5	.167	82-159	6-12	.333
Davidson	0-6	.000	43-222	3-14	.176

^ Regular-season champion

\$ Tournament champion

2012-13

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	7-0	1.000	234-52	11-6	.647
Appalachian State	5-2	.714	135-124	8-6	.571
Citadel	5-2	.714	189-91	7-6	.538
Campbell	5-2	.714	181-100	7-10	.412
Gardner-Webb	2-5	.286	113-160	4-13	.235
VMI	2-5	.286	113-146	2-15	.118
Davidson	1-6	.143	77-224	6-14	.300
SIUE	1-6	.143	83-228	5-19	.208

^ Regular-season champion

\$ Tournament champion

2013-14

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	7-0	1.000	238-51	16-7	.696
The Citadel	6-1	.857	186-82	11-3	.786
Campbell	5-2	.714	169-116	5-3	.625
Appalachian State	4-3	.571	153-115	7-8	.467
Gardner-Webb	2-5	.286	98-176	6-17	.261
SIUE	2-5	.286	106-166	5-19	.208
Davidson	1-6	.143	101-214	5-14	.263
VMI	1-6	.143	72-203	3-16	.158

^ Regular-season champion

\$ Tournament champion

2014-15

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	W-L-T	Pct.
^\$Chattanooga	7-0	1.000	226-44	13-6	.684
Appalachian State	6-1	.857	216-75	9-8	.529
The Citadel	5-2	.714	169-113	7-6	.538
Gardner-Webb	4-3	.571	183-104	8-10	.444
VMI	3-4	.429	132-160	6-8	.429
SIUE	2-5	.286	116-170	5-18	.217
Davidson	1-6	.143	89-199	6-15	.286
Campbell	0-7	.000	34-300	0-10	.000

^ Regular-season champion

\$ Tournament champion



Regular-season standings

2015-16

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Appalachian State	6-1	.857	208-79	12-4	.750
^Chattanooga	6-1	.857	205-72	12-4	.750
^Gardner-Webb	6-1	.857	213-79	9-6	.600
SIUE	3-3	.500	96-143	5-11	.313
Campbell	3-4	.429	137-148	3-13	.188
The Citadel	2-5	.286	109-160	5-10	.333
VMI	1-6	.143	98-170	3-10	.231
Davidson	0-6	.000	28-243	4-14	.222

^ Regular-season champion

\$ Tournament champion

2016-17

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^Appalachian State	7-0	1.000	214-74	13-3	.813
\$Campbell	6-1	.857	200-86	10-6	.625
Chattanooga	5-2	.714	211-79	7-9	.438
SIUE	4-3	.571	163-132	4-12	.250
Gardner-Webb	3-4	.429	159-119	8-10	.444
The Citadel	2-5	.286	114-188	3-10	.231
VMI	1-6	.143	79-218	2-13	.133
Davidson	0-7	.000	35-279	4-14	.222

^ Regular-season champion

\$ Tournament champion

2017-18

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Appalachian State	7-0	1.000	214-74	9-4	.692
Chattanooga	6-1	.857	200-86	8-7	.533
Campbell	5-2	.714	211-79	8-8	.500
SIUE	4-3	.571	163-132	6-14	.300
Gardner-Webb	3-4	.429	159-119	3-10	.231
VMI	2-5	.286	114-188	2-10	.167
Davidson	1-6	.143	79-218	3-10	.231
The Citadel	0-7	.000	35-279	1-11	.083

^ Regular-season champion

\$ Tournament champion

2018-19

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Campbell	5-1	.833	237-72	7-1	.875
^Appalachian State	5-1	.833	402-248	9-7	.563
^Chattanooga	5-1	.833	247-256	7-7	.500
VMI	3-3	.500	191-440	4-12	.250
The Citadel	2-4	.333	167-344	2-10	.167
Gardner-Webb	1-5	.167	234-438	3-12	.200
Davidson	0-6	.000	181-456	2-13	.133

^ Regular-season champion

\$ Tournament champion

2019-20

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Campbell	7-0	1.000	383-147	11-2	.846
Appalachian State	6-1	.857	391-103	9-3	.750
Chattanooga	4-2	.667	302-300	7-9	.438
Gardner-Webb	3-4	.429	212-386	5-9	.357
VMI	3-4	.429	268-513	6-13	.316
The Citadel	2-5	.286	189-252	4-6	.400
Davidson	2-5	.286	192-458	3-12	.200
Presbyterian	0-6	.000	116-346	1-9	.100

2020-21

	SoCon		Points	Overall	
Team	W-L-T	Pct.	Own-Opp	W-L-T	Pct.
^\$Campbell	7-0	1.000	238-48	8-1	.889
Appalachian State	7-1	.875	276-55	7-2	.778
Chattanooga	6-2	.750	222-77	8-4	.667
Gardner-Webb	4-4	.500	171-149	4-7	.364
VMI	3-4	.429	114-182	4-5	.444
The Citadel	3-5	.375	155-178	4-6	.400
Davidson	3-5	.375	118-219	3-5	.375
Bellarmine	1-7	.125	87-277	1-9	.100
Presbyterian	0-6	.000	43-250	0-6	.000

^ Regular-season champion

\$ Tournament champion

Southern Conference champions

Year	Site	Team champion	Year	Site	Team champion	Year	Site	Team champion
1930	Lexington, Va.	VMI	1962	Blacksburg, Va.	Virginia Tech	1994	Asheville, N.C.	Chattanooga
1931	NO MEET		1963	Morgantown, W.Va.	Virginia Tech	1995	Asheville, N.C.	Appalachian State
1932	NO MEET		1964	Davidson, N.C.	West Virginia			VMI
1933	Lexington, Va.	Washington & Lee	1965	Lexington, Va.	West Virginia	1996	Greensboro, N.C.	Appalachian State
1934	Blacksburg, Va.	Washington & Lee	1966	Williamsburg, Va.	West Virginia	1997	Greensboro, N.C.	Appalachian State
1935	Lexington, Va.	VMI	1967	Morgantown, W.Va.	The Citadel			VMI
1936	Lexington, Va.	Washington & Lee	1968	Lexington, Va.	William & Mary			UNCG
1937	NO MEET		1969	Charleston, S.C.	William & Mary	1998	Greensboro, N.C.	Chattanooga
1938	Blacksburg, Va.	VMI	1970	Williamsburg, Va.	William & Mary	1999	Greensboro, N.C.	Chattanooga
1939	NO MEET		1971	Williamsburg, Va.	William & Mary	2000	Chattanooga, Tenn.	Chattanooga
1940	NO MEET		1972	Greenville, N.C.	East Carolina	2001	Chapel Hill, N.C.	Appalachian State
1941	College Park, Md.	Washington & Lee	1973	Williamsburg, Va.	East Carolina	2002	Raleigh, N.C.	Chattanooga
1942	Greensboro, N.C.	North Carolina	1974	Boone, N.C.	East Carolina	2003	Boone, N.C.	Appalachian State
1943	Waynesboro, Va.	VMI	1975	Richmond, Va.	East Carolina	2004	Charlottesville, Va.	The Citadel
1944	NO MEET		1976	Charleston, S.C.	East Carolina	2005	Greensboro, N.C.	Chattanooga
1945	NO MEET		1977	Greenville, N.C.	William & Mary	2006	Lexington, Va.	Chattanooga
1946	NO MEET		1978	Boone, N.C.	Chattanooga	2007	Raleigh, N.C.	Chattanooga
1947	Lexington, Va.	North Carolina	1979	Chattanooga, Tenn.	Chattanooga	2008	Chattanooga, Tenn.	Chattanooga
1948	Lexington, Va.	Washington & Lee	1980	Charleston, S.C.	Chattanooga	2009	Charleston, S.C.	Chattanooga
1949	Lexington, Va.	Washington & Lee	1981	Boone, N.C.	Chattanooga	2010	Davidson, N.C.	UNCG*
1950	College Park, Md.	Washington & Lee	1982	Lexington, Va.	Chattanooga	2011	Boone, N.C.	Chattanooga
1951	Lexington, Va.	VMI	1983	Chattanooga, Tenn.	Chattanooga	2012	Chattanooga, Tenn.	Chattanooga
1952	Lexington, Va.	Maryland	1984	Charleston, S.C.	Appalachian State	2013	Lexington, Va.	Chattanooga
1953	Lexington, Va.	Maryland	1985	Boone, N.C.	VMI	2014	Buies Creek, N.C.	Chattanooga
1954	Lexington, Va.	West Virginia	1986	Lexington, Va.	Chattanooga	2015	Asheville, N.C.	Chattanooga
1955	Lexington, Va.	Virginia Tech	1987	Chattanooga, Tenn.	Chattanooga	2016	Asheville, N.C.	Appalachian State
1956	Lexington, Va.	Virginia Tech	1988	Davidson, N.C.	Chattanooga	2017	Charleston, S.C.	Campbell
1957	Lexington, Va.	VMI	1989	Greenville, S.C.	Chattanooga	2018	Charleston, N.C.	Appalachian State
1958	Blacksburg, Va.	Virginia Tech	1990	Charleston, S.C.	Chattanooga	2019	Boone, N.C.	Campbell
1959	Charleston, S.C.	West Virginia	1991	Boone, N.C.	Chattanooga	2020	Boone, N.C.	Campbell
1960	Davidson, N.C.	Virginia Tech	1992	Asheville, N.C.	Chattanooga	2021	Boone, N.C.	Campbell
1961	Morgantown, W.Va.	Virginia Tech	1993	Asheville, N.C.	Chattanooga	* later vacated		

Southern Conference results

1930	VMI	33	1941	Washington & Lee	32	1949	Washington & Lee	33	1953	Maryland	40
	Virginia Tech	17		VMI	29		VMI	22		West Virginia	23
	Washington & Lee	13		North Carolina	27		Maryland	16		Virginia Tech	14
	North Carolina	13		Maryland	11		North Carolina	13		VMI	12
	Duke	6		Davidson	7		Duke	11		Washington & Lee	10
				Duke	7		Virginia Tech	10		North Carolina	8
				N.C. State	4		Wake Forest	8		Duke	7
1933	Washington & Lee	32	1942	North Carolina	30		The Citadel	4		Davidson	5
	VMI	24		VMI	28		Davidson	2		The Citadel	2
	Virginia Tech	12		Washington & Lee	22	1950	Washington & Lee	29	1954	West Virginia	36
	North Carolina	11		Virginia Tech	16		VMI	24		VMI	28
	Duke	3		Duke	11		Maryland	15		Washington & Lee	24
1934	Washington & Lee	30		Davidson	7		Duke	14		Davidson	15
	VMI	27		N.C. State	7		The Citadel	11		Virginia Tech	11
	N.C. State	18		Maryland	1		North Carolina	11		The Citadel	2
	Virginia Tech	16	1943	VMI	33		Virginia Tech	7	1955	Virginia Tech	42
	North Carolina	10		North Carolina	32		N.C. State	2		West Virginia	41
	Duke	4		N.C. State	17		Davidson	1		VMI	35
1935	VMI	36		Washington & Lee	11		George Washington	0		Washington & Lee	22
	Washington & Lee	31		Virginia Tech	7	1951	VMI	29		Davidson	2
	Virginia Tech	22	1947	North Carolina	29		Washington & Lee	23	1956	Virginia Tech	82
	N.C. State	19		VMI	20		Maryland	18		VMI	47
	North Carolina	11		N.C. State	20		Duke	12		Washington & Lee	43
	Duke	6		Washington & Lee	14		West Virginia	12		West Virginia	27
1936	Washington & Lee	33		Maryland	10		N.C. State	11		The Citadel	16
	VMI	30		Virginia Tech	6		The Citadel	4		Davidson	15
	North Carolina	5		Davidson	4	1952	Davidson	4	1957	VMI	66
	N.C. State	4	1948	Washington & Lee	41		Virginia Tech	4		Virginia Tech	62
	Duke	4		VMI	17		North Carolina	0		Washington & Lee	41
	Virginia Tech	3		N.C. State	17		Wake Forest	6		West Virginia	35
	Maryland	0		Maryland	13		Washington & Lee	5		Davidson	22
1938	VMI	28								The Citadel	14
	Washington & Lee	24									
	Davidson	9									
	Virginia Tech	7									
	North Carolina	6									
	Duke	1									
	N.C. State	1									
	Maryland	0									



Southern Conference results

1958	Virginia Tech	85	1969	William & Mary	87	1978	Chattanooga	100.25	1988	Chattanooga	110.5
	West Virginia	56		East Carolina	83		Appalachian State	83.5		Appalachian State	71
	The Citadel	43		VMI	66		Marshall	62		VMI	67.5
	VMI	33		The Citadel	53		The Citadel	29.5		The Citadel	28.5
	Davidson	13		Davidson	32		VMI	25.5		Furman	17
	Washington & Lee	13		George Washington	22		Davidson	5.5		Davidson	5.5
				Furman	4						
1959	West Virginia	73	1970	William & Mary	113	1979	Chattanooga	94.5	1989	Chattanooga	107.75
	Virginia Tech	67		East Carolina	91		Appalachian State	84		Appalachian State	94
	VMI	45		The Citadel	54		The Citadel	59		VMI	54.5
	Davidson	25		VMI	40		Marshall	35.25		The Citadel	28.5
	The Citadel	15		Davidson	19		VMI	24		Furman	19
				George Washington	9		Furman	0			
1960	Virginia Tech	74		Furman	6	1980	Chattanooga	100.75	1990	Chattanooga	94
	VMI	61	1971	William & Mary	103		VMI	64.5		Appalachian State	93.25
	West Virginia	53		East Carolina	92		Appalachian State	56.5		VMI	58.25
	The Citadel	28		VMI	50		The Citadel	51.5		The Citadel	34.50
	Davidson	12		Davidson	26		Marshall	32		Furman	9
1961	Virginia Tech	73		The Citadel	19		Davidson	10.5	1991	Chattanooga	103.5
	VMI	56		Furman	2		Furman	1		Appalachian State	82.5
	West Virginia	52	1972	East Carolina	107	1981	Chattanooga	101		VMI	49
	The Citadel	35		William & Mary	94.5		Appalachian State	89.25		The Citadel	44.5
	Davidson	12		VMI	51		The Citadel	57		Furman	25.5
1962	Virginia Tech	71		The Citadel	29		VMI	46.25	1992	Chattanooga	91.75
	The Citadel	50		Furman	16		Marshall	45.25		Appalachian State	87
	VMI	48		Davidson	6		ETSU	7.5		VMI	62.5
	West Virginia	43		Richmond	0		Davidson	5		The Citadel	51
	Davidson	15	1973	East Carolina	119.5		Furman	0		Davidson	4
1963	Virginia Tech	73		William & Mary	95	1982	Chattanooga	107	1993	Chattanooga	87.25
	West Virginia	63		Appalachian State	53.5		Appalachian State	73.75		Appalachian State	83.5
	The Citadel	47		VMI	33		VMI	73.25		The Citadel	62
	Davidson	24		Furman	5.5		The Citadel	39.75		VMI	57.25
	VMI	18		The Citadel	5		Marshall	37.75		Davidson	5.5
				Davidson	0		Davidson	7.5			
1964	West Virginia	75	1974	East Carolina	171		ETSU	0	1994	Chattanooga	91.25
	Virginia Tech	59		Appalachian State	121.5	1983	Furman	0		Appalachian State	88.75
	VMI	44		William & Mary	111.5		Chattanooga	104.75		VMI	76
	The Citadel	30		VMI	52.5		Appalachian State	77.75		The Citadel	42
	Davidson	14		The Citadel	38.5		VMI	68.5		Davidson	12
1965	West Virginia	74		Richmond	23.5		The Citadel	59	1995	Appalachian State	99.5
	Virginia Tech	71		Davidson	10.5		Davidson	11		VMI	99.5
	VMI	42		Furman	3.5		Furman	0		Chattanooga	88.5
	The Citadel	40	1975	East Carolina	159.5	1984	Appalachian State	98.5		The Citadel	31
	Davidson	22		William & Mary	143.5		Chattanooga	83.75		Davidson	13
	Furman	0		Appalachian State	84.5		VMI	82	1996	Appalachian State	103
	William & Mary	0		Richmond	53		The Citadel	39		VMI	79.5
1966	West Virginia	76		The Citadel	46		Davidson	5.5		Chattanooga	74.5
	The Citadel	72		VMI	37		Furman	0		The Citadel	39.5
	VMI	37	1976	Davidson	11	1985	VMI	91		Davidson	25
	East Carolina	30		East Carolina	111		Appalachian State	80	1997	Appalachian State	73
	William & Mary	22		William & Mary	74.75		Chattanooga	73.5		VMI	73
	Davidson	19		VMI	30		The Citadel	54		UNCG	73
1967	The Citadel	80		The Citadel	26.5		Furman	2		Chattanooga	60.5
	West Virginia	69		Richmond	24.5		Davidson	0		The Citadel	42
	Davidson	56		Appalachian State	20.5	1986	Chattanooga	86		Davidson	12.5
	VMI	46		Davidson	6		Appalachian State	85.5	1998	Chattanooga	92.5
	William & Mary	19	1977	William & Mary	94.5		VMI	77.5		UNCG	83.5
	East Carolina	15		East Carolina	83.5		The Citadel	59.5		Appalachian State	71.0
1968	William & Mary	87		VMI	54.75		Furman	16		VMI	50.5
	VMI	65		Appalachian State	37.5		Davidson	0		The Citadel	43.5
	East Carolina	51		Marshall	26.25	1987	Chattanooga	97.75		Davidson	14.5
	West Virginia	49		The Citadel	14.75		Appalachian State	97.50	1999	Chattanooga	92
	The Citadel	44		Davidson	0.5		VMI	74		UNCG	72.5
	Davidson	26					The Citadel	24		VMI	71
							Furman	13.5		Appalachian State	48.5
							Davidson	8		The Citadel	42
										Davidson	13

Southern Conference results

2000	Chattanooga	102.5	2010	UNCG	81.5*	2018	Appalachian State	110.0
	Appalachian State	80		The Citadel	74		Chattanooga	88.0
	UNCG	70.5		Appalachian State	71.5		Campbell	63.0
	VMI	54.5		Chattanooga	43		SIUE	62.0
	The Citadel	26.5		VMI	37		The Citadel	30.5
	Davidson	16.5		Davidson	21		Gardner-Webb	21.5
							VMI	15.5
							Davidson	13.0
2001	Appalachian State	113.5		* title later vacated		2019	Campbell	95.0
	Chattanooga	77	2011	Chattanooga	98		Appalachian State	92.5
	VMI	49		UNCG	87.5		Chattanooga	62.0
	The Citadel	48.5		Appalachian State	57.5		The Citadel	42.5
	UNCG	37.5		The Citadel	44.5		Gardner-Webb	24.5
	Davidson	16.5		VMI	27		Davidson	22.5
				Davidson	18		VMI	17.0
2002	Chattanooga	72	2012	Chattanooga	102	2020	Campbell	117.0
	VMI	70		Appalachian State	72.5		Appalachian State	102.0
	The Citadel	62.5		The Citadel	72.5		Chattanooga	75.0
	Appalachian State	61.5		Campbell	65		The Citadel	30.0
	UNCG	28		VMI	25.5		Davidson	29.0
	Davidson	16.5		Gardner-Webb	21		VMI	28.0
				Davidson	6.5		Gardner-Webb	16.5
2003	Appalachian State	97.5	2013	Chattanooga	102.5		Presbyterian	1.0
	VMI	80		Campbell	62.5	2021	Campbell	92.0
	The Citadel	70		The Citadel	59.0		Appalachian State	87.0
	Chattanooga	51.5		Gardner-Webb	49.5		Chattanooga	64.0
	UNCG	20		SIUE	29.5		Gardner-Webb	50.0
	Davidson	4.5		Appalachian State	27.0		The Citadel	43.5
				Davidson	25.5		VMI	18.0
2004	The Citadel	89		VMI	23.5		Presbyterian	6.5
	Chattanooga	79	2014	Chattanooga	88.0	*Davidson did not compete due to COVID-19		
	VMI	65		The Citadel	78.5			
	Appalachian State	51.5		Campbell	54.0			
	UNCG	49.5		Appalachian State	36.0			
	Davidson	10		Gardner-Webb	32.5			
2005	Chattanooga	90		SIUE	30.5			
	The Citadel	81		Davidson	29.0			
	UNCG	77		VMI	13.5			
	Appalachian State	57.5	2015	Chattanooga	89.0			
	Davidson	30.5		Appalachian State	70.5			
	VMI	23.5		The Citadel	62.0			
2006	Chattanooga	112.5		Gardner-Webb	54.0			
	UNCG	72		SIUE	38.5			
	The Citadel	63.5		Davidson	27.5			
	Appalachian State	49.5		VMI	24.5			
	VMI	28.5	2016	Appalachian State	83.5			
	Davidson	17		Chattanooga	83.0			
2007	Chattanooga	117.5		Gardner-Webb	61.5			
	UNCG	75		SIUE	51.5			
	VMI	41		Campbell	46.5			
	The Citadel	38.5		The Citadel	34.5			
	Appalachian State	36.5		VMI	27.0			
	Davidson	34.5		Davidson	5.5			
2008	Chattanooga	104.5	2017	Campbell	89.5			
	Appalachian State	86.5		Appalachian State	86.0			
	UNCG	71.5		SIUE	69.5			
	The Citadel	30.5		Chattanooga	66.0			
	VMI	26		Gardner-Webb	37.5			
	Davidson	24.5		The Citadel	33.5			
2009	Chattanooga	104		VMI	9.5			
	UNCG	73		Davidson	7.0			
	Appalachian State	63						
	The Citadel	55.5						
	VMI	27						
	Davidson	20.5						



All-Southern Conference teams

1993	
118	David Barden, UTC
126	Donnell Rawls, APP
134	Frank Mathews, UTC
142	Charlie Branch, VMI
150	Guy Harris, UTC
158	Corey Creech, APP
167	Shomari Rozier, APP
177	Chad Dennis, UTC
190	John Reynolds, APP
HWT	Melvin Crosby, APP
1994	
118	Jason Laflin, UTC
126	David Barden, UTC
134	Vince Zullo, APP
142	Charlie Branch, VMI
150	Kyle Kuykendall, APP
158	Chad Dennis, UTC
167	Shomari Rozier, APP
177	Seth Meyerson, APP
190	Vince Crum, CIT
HWT	Mark Wysong, VMI
1995	
118	Mike Orris, APP
126	Aaron Mickiewicz, VMI
134	Adam Mickiewicz, VMI
142	Charlie Branch, VMI
150	Jeremy Ingram, VMI
158	Kevin Johnson, VMI
167	Rob Reaves, CIT
177	Daryk Moistner, APP
190	Raymond James, VMI
HWT	Hercules Ward, UTC
1996	
118	Tony Hairston, APP
126	David Barden, UTC
134	Adam Mickiewicz, VMI
142	Jason Foresman, VMI
150	Reese Edgington, VMI
158	Greg Young, UTC
167	Chad Dennis, UTC
177	Jason Hooker, APP
190	Seth Meyerson, APP
HWT	Leslie Apedoe, VMI
1997	
118	Miles Cox, DAV
126	Andy Cook, UTC
134	Adam Mickiewicz, VMI
142	Jarrod Fitzgerald, VMI
150	Jason Foresman, VMI
158	Joe Stanton, UNCG
167	Jamie Hensch, UNCG
177	Nathan Funk, UTC
190	Isaac Moore, VMI
HWT	Leslie Apedoe, VMI
1998	
118	Corey Williams, UNCG
126	Bob Hanson, UTC
134	Bobby Cook, UTC
142	Melvin Saunders, UTC
150	Heath Eslinger, UTC
158	Jarrod Fitzpatrick, VMI
167	Jamie Hensch, UNCG
177	Nathan Funk, UTC
190	Isaac Moore, VMI
HWT	Leslie Apedoe, VMI
1999	
125	Adrian Tramutola, UTC
133	Bobby Hanson, UTC
141	Bobby Cook, UTC
149	Melvin Saunders, UNCG

157	Heath Eslinger, UTC
165	Gill Decher, VMI
174	Jamie Hensch, UNCG
184	Dax Pecaro, UNCG
197	Isaac Moore, VMI
HWT	Leslie Apedoe, VMI
2000	
125	Adrian Tramutola, UTC
133	Oliver Ruiz, VMI
141	Jeremy Hart, APP
149	Andy Putnam, APP
157	Ian Kaplan, DAV
165	Heath Eslinger, UTC
174	Austen Palmer, VMI
184	Dax Pecaro, UNCG
197	Josh Lambrecht, UTC
HWT	A.J. Lyczkowski, UTC
2001	
125	Rich Caisse, APP
133	Travis Drake, APP
141	Jared Sullivan, UTC
149	Adam Britt, VMI
157	P.J. Boccia, APP
165	Jacob Inge, VMI
174	Mike Regner, CIT
184	Adam Duncan, UTC
197	Geoff McIntosh, APP
HWT	Danny Misenheimer, APP
2002	
125	Matt Pitts, UTC
133	Travis Drake, APP
141	Jared Sullivan, UTC
149	Mike Parsons, VMI
157	Adam Britt, VMI
165	Mark Fee, APP
174	Lee Roper, APP
184	Jason Cox, VMI
197	Austin David, UTC
HWT	Greg Forbes, UNCG
2003	
125	Rich Caisse, APP
133	Travis Drake, APP
141	Eric Burns, APP
149	Jacob Harris, UTC
157	Adam Britt, VMI
165	Lee Roper, APP
174	Mark Fee, APP
184	Sean McIntosh, APP
197	Josh Carroll, APP
HWT	Billy Linane, CIT
	John Kimble, UNCG
	Scott Buhman, VMI
2004	
125	Ryan McClester, CIT
133	Josh Keefe, UTC
141	Michael Keefe, UTC
149	Jason Jones, APP
157	Dan Thompson, CIT
165	Jon Sioresdas, UTC
174	Keith Clifton, CIT
184	John Davis, UTC
197	Jason Cox, VMI
HWT	Billy Linane, CIT
2005	
125	Matt Pitts, UTC
133	Josh Keefe, UTC
141	Michael Keefe, UTC
149	Wayne French, UTC
157	Travis Piccard, CIT
165	Jon Sioresdas, UTC
174	Daniel Peterson, UTC

184	John Davis, UTC
197	Daren Burns, UNCG
HWT	Ruebon Daniels, APP
2006	
125	Javier Maldonado, UTC
133	Matt Keller, UTC
141	Sean Markey, CIT
149	Eric Burns, APP
157	Jake Yost, APP
165	Dan Thompson, CIT
174	Joe Lowe, UNCG
184	John Davis, UTC
197	Daren Burns, UNCG
HWT	Tyler Sholvin, UNCG
2007	
125	Javier Maldonado, UTC
133	Matt Keller, UTC
141	Michael Keefe, UTC
149	Aaron Martin, UTC
157	Jake Yost, UTC
165	T.J. Sayers, UTC
174	Josh Edmondson, UTC
184	Matt Koz, UTC
197	Joe Lowe, UNCG
HWT	Corry Murray, VMI
2008	
125	Javier Maldonado, UTC
133	Jeff Hedges, UNCG
141	Cody Cleveland, UTC
149	Scott Ervin, APP
157	Seth Garvin, UTC
165	Byron Sigmon, UNCG
174	Lloyd Rogers, UTC
184	Josh Edmondson, UTC
197	Daren Burns, UNCG
HWT	Ryan Hsu, UNCG
2009	
125	Tyler Sim, CIT
133	Frank Celorrio, APP
141	Cody Cleveland, UTC
149	Dan Waddell, UTC
	Ben Wilmore, UNCG
157	Joey Knox, UTC
165	Seth Garvin, UTC
174	Jason McCroskey, UTC
184	Mikal McKee, UNCG
197	Odie Delaney, CIT
HWT	Josh Wine, VMI
2010	
125	Demetrius Johnson, UTC
133	Josh Statum, UTC
141	Ivan Lopouchanski, UNCG
149	Savva Kostis, APP
157	Josh Condon, UTC
165	Brandon Wright, UTC
174	Byron Sigmon, UNCG
184	Austin Trotman, APP
197	Niko Brown, UTC
HWT	Josh Wine, VMI
2011	
125	Manuel Ramirez, UNCG
133	Jamel Johnson, UNCG
141	Cody Cleveland, UTC
149	Ivan Lopouchanski, UNCG
157	Josh Condon, UTC
165	Turtogtokh Luvsandorj, CIT
174	Brandon Wright, UTC
184	Austin Trotman, APP
197	Caylor Williams, UNCG
HWT	Josh Wine, VMI

2012	
125	Manuel Ramirez, UTC
133	Nick Soto, UTC
141	Mike Kessler, APP
149	Savva Kostis, APP
157	Dan Waddell, UTC
165	Kyle Blevins, APP
174	Turtogtokh Luvsandorj, CIT
184	Austin Trotman, APP
197	Kelby Smith, CIT
HWT	Odie Delaney, CIT
2013	
125	Nick Soto, UTC
133	Aaron Hansen, CIT
141	Ugi Khishignyam, CIT
149	Alex Hudson, UTC
157	Matt Frisch, CIT
165	Zack Strickland, APP
	Josh Condon, UTC
174	John Lampe, UTC
184	Josh Tuck, CIT
197	Niko Brown, UTC
HWT	Odie Delaney, CIT
2014	
125	Dominic Parisi, APP
133	Nick Soto, UTC
141	Ugi Khishignyam, CIT
149	Dylan Cottrell, APP
157	Aaron Walker, CIT
165	Turtogtokh Luvsandorj, CIT
174	Levi Clemons, UTC
184	John Lampe, UTC
197	Scottie Boykin, UTC
HWT	Dawson Peck, UTC
2015	
125	Sean Boyle, UTC
133	Nick Soto, UTC
141	Mike Pongracz, UTC
149	Ryan Mosley, GWU
157	Aaron Walker, CIT
165	Nick Kee, APP
174	Jake Residori, SIUE
184	Scott Patrick, DAV
197	Scottie Boykin, UTC
HWT	Denzel Dejournette, APP
2016	
125	Vito Pasone, APP
133	Nathan Kraisser, CAM
141	Michael Longo, APP
149	Chris Vassar, GWU
157	Aaron Walker, CIT
165	Austin Trott, GWU
174	Nick Kee, APP
184	Hunter Gamble, GWU
197	Scottie Boykin, UTC
HWT	Denzel Dejournette, APP
2017	
125	Vito Pasone, APP
133	Chris Debien, UTC
141	Josh Heil, CAM
149	Ty Buckiso, CIT
157	Aaron Walker, CIT
165	Justin Lampe, UTC
174	Jake Residori, SIUE
184	Ville Heino, CAM
197	Sawyer Root, CIT
HWT	Denzel Dejournette, APP
2018	
125	Korbin Meink, CAM
133	John Muldoon, SIUE
141	Mike Pongracz, UTC

All-Southern Conference teams

149 Gavin Longodd, APP
157 Angel Najjar, APP
165 Nate Higgins, SIUE
174 Forrest Przybysz, APP
184 Bryce Carr, UTC
197 Randall Diabe, APP
HWT Jere Heino, CAM

2019

125 Alonzo Allen, Chattanooga
133 Noah Gonser, Campbell
141 Chris Debien, Chattanooga
149 Josh Heil, Campbell
157 Rian Burris, The Citadel
165 Tyler Marinelli, Gardner-Webb
174 Neal Richards, VMI
184 Alan Clothier, Appalachian State
197 Randall Diabe, Appalachian State
285 Cary Miller, Appalachian State

2020

125 Fabian Gutierrez, Chattanooga
133 Noah Gonser, Campbell
141 Josh Heil, Campbell
149 Jonathan Millner, Appalachian State
157 Matt Zovistoski, Appalachian State
165 Quentin Perez, Campbell
174 Thomas Flitz, Appalachian State
184 Andrew Morgan, Campbell
197 Rodney Jones, Chattanooga
285 Jere Heino, Campbell

2021

125 Codi Russell, App State
133 Jake Rotunda, The Citadel
141 Franco Valdes, Chattanooga
149 Jonathan Millner, App State
157 Benjamin Barton, Campbell
165 Will Formato., App State
174 Austin Murphy, Campbell
184 Caleb Hopkins, Campbell
197 Chris Kober, Campbell
285 Michael McAleavey, The Citadel

* Prior to 1993, all individual Southern Conference meet champions earned all-conference honors.

Multiple all-conference selections

(since 1993)

Four times

Leslie Apedoe, VMI, 1996-99
Nick Soto, UTC, 2012-15
Aaron Walker, CIT, 2014-17

Three times

Charlie Branch, VMI, 1993-95
David Barden, UTC, 1993-94, 96
Chad Dennis, UTC, 1993-94, 96
Adam Mickiewicz, VMI, 1995-97
Jamie Hensch, UNCG, 1997-99
Isaac Moore, VMI, 1997-99
Heath Eslinger, UTC, 1998-00
Adam Britt, VMI, 2001-03
Travis Drake, APP, 2001-03
John Davis, UTC, 2004-06
Michael Keefe, UTC, 2004-05, 07
Daren Burns, UNCG, 2005-06, 08
Javier Maldonado, UTC, 2006-08
Cody Cleveland, UTC, 2008-09, 11
Josh Wine, VMI, 2009-11
Austin Trotman, APP, 2010-12
Josh Condon, UTC, 2010-11, 13
Odie Delaney, CIT, 2009, 12-13
Turtogtokh Luvsandorj, CIT, 2011-12, 14
Scottie Boykin, UTC, 2014-16
Denzel Dejournette, APP, 2015-17
Josh Heil, CAM, 2017, 19-20

Two times

Shomari Rozier, APP, 1993-94
Seth Meyerson, APP, 1994, 96
Jason Foresman, VMI, 1996-97
Jarrod Fitzpatrick, VMI, 1997-98
Nathan Funk, UTC, 1997-98
Bobby Cook, UTC, 1998-99
Bobby Hanson, UTC, 1998-99
Melvin Saunders, UTC/UNCG, 1998-99
Dax Pecaro, UNCG, 1999-00
Adrian Tramutola, UTC, 1999-00
Jared Sullivan, UTC, 2001-02
Rich Caisse, APP, 2001, 03
Mark Fee, APP, 2002-03
Lee Roper, APP, 2002-03
Jason Cox, VMI, 2002, 04
Billy Linane, CIT, 2003-04
Josh Keefe, UTC, 2004-05
Matt Pitts, UTC, 2002, 05
Jon Sioredas, UTC, 2004-05
Eric Burns, APP, 2003, 06
Dan Thompson, CIT, 2004, 06
Matt Keller, UTC, 2006-07
Joe Lowe, UNCG, 2006-07
Jake Yost, APP/UTC, 2006-07
Josh Edmondson, UTC, 2007-08
Seth Garvin, UTC, 2008-09
Byron Sigmon, UNCG, 2008, 10
Ivan Lopouchanski, UNCG, 2010-11
Brandon Wright, UTC, 2010-11
Savva Kostis, APP, 2010, 12
Dan Waddell, UTC, 2009, 12
Niko Brown, UTC, 2010, 13
Manuel Ramirez, UNCG/UTC, 2011-12
Ugi Khishignyam, CIT, 2013-14
John Lampe, UTC, 2013-14
Nick Kee, APP, 2015-16
Vito Pasone, APP, 2016-17
Jake Residori, SIUE, 2015, 17
Chris Debein, UTC, 2017, 19
Randall Diabe, APP, 2018, 19
Noah Gonser, CAM, 2019-20
Jere Heino, CAM, 2018, 20
Jonathan Millner, APP, 2020-21

All-SoCon by school

(since 1993)

Chattanooga 96
Appalachian State 62
The Citadel 30
VMI 38
UNCG 27
Campbell 10
Gardner-Webb 4
SIUE 4
Davidson 3



Southern Conference All-Freshman teams

2009

Kyle Blevins, Appalachian State
Mike Kessler, Appalachian State
J.C. Oddo, The Citadel
Odie Delaney, The Citadel
Richard Alarcon, The Citadel
David DeCamp, Davidson
Tyler Mullen, Davidson
Jason McCroskey, Chattanooga
Demetrius Johnson, Chattanooga
Dan Waddell, Chattanooga
Tyler Roberson, Chattanooga
Ethan Winel, Chattanooga
Andrew Szymborski, VMI

2010

Jacob Earp, Appalachian State
Niko Brown, Chattanooga
Josh Condon, Chattanooga
Dean Pavlou, Chattanooga
Jake Young, Chattanooga
Nick LaFevre, The Citadel
Turtogtokh Luvsandorj, The Citadel
Eric Chandler, UNCG
Ivan Lopouchanski, UNCG
Travis Sheehy, UNCG

2011

Chris Johnson, Appalachian State
Marc Tyson, Appalachian State
Luke Johnson, The Citadel
Scott Patrick, Davidson
Elijah Adams, UNCG
Jamel Johnson, UNCG
Caylor Williams, UNCG
Levi Clemons, Chattanooga
Shawn Greevy, Chattanooga
Ted Gottwald, VMI

2012

Paul Weiss, Appalachian State
James Cook, Campbell
Mark Hartenstine, Campbell
Ryan Krecker, Campbell
Joe Nolan, Campbell
Joey Rizzolino, Campbell
Kyle Casaletto, The Citadel
Anthony Elias, Davidson
Kevin Malone, Chattanooga
Nick Soto, Chattanooga

2013

Colin Hedash, Appalachian State
Zack Strickland, Appalachian State
Eric Montoya, Campbell
Matt Frisch, The Citadel
Marshall Haas, The Citadel
Aaron Hansen, The Citadel
Ugi Khishiginyam, The Citadel
Gray Jones, Gardner-Webb
Jake Residori, SIUE
John Lampe, Chattanooga

2014

Dylan Cottrell, Appalachian State
Vito Pasone, Appalachian State
Ville Heino, Campbell
Drew Walker, Campbell
Tyler Walker, Campbell
Aaron Walker, The Citadel
Austin Trott, Gardner-Webb
Scottie Boykin, Chattanooga
Dawson Peck, Chattanooga
Mike Pongracz, Chattanooga

2015

Nick Kee, Appalachian State
Mike Longo, Appalachian State
Forrest Przybysz, Appalachian State
Ty Buckiso, The Citadel
Tyler Marinelli, Gardner-Webb
Angelo Silvestro, SIUE
Justin Lampe, Chattanooga

2016

Irvin Enriquez, Appalachian State
Matt Zovistoski, Appalachian State
Jere Heino, Campbell
Nate Higgins, SIUE
Alonzo Allen, Chattanooga
Dominic Lampe, Chattanooga
Kamaal Shakur, Chattanooga
Chase Zemenak, Chattanooga
Dominick Gallo, VMI
Neal Richards, VMI

2017

Gavin Londoff, Appalachian State
Colby Smith, Appalachian State
Ben Barton, Campbell
Austin Kraisser, Campbell
Josh Heil, Campbell
Douglas Gudenburr, The Citadel
Ruston Hill II, The Citadel
Dylanger Potter, Chattanooga
Chris Beck, VMI
Cade Kiely, VMI

2018

Joe Accousti, Appalachian State
Alan Clothier, Appalachian State
Codi Russell, Appalachian State
De'Andre Swinson-Barr, Appalachian State
Zach Barnes, Campbell
Luke Funck, Campbell
Korbin Meink, Campbell
Anthony Perrine, Gardner-Webb
Denton Spencer, Gardner-Webb
Cliff Conway, VMI

2019

Anthony Brito, Appalachian State
Jonathan Millner, Appalachian State
Dazjon Casto, The Citadel
Kyle Kretzer, The Citadel
Chon Porter, The Citadel
Drew Nicholson, Chattanooga
Ryan Resnick, Chattanooga
Tanner Smith, Chattanooga
Kyle Gorant, Davidson
Mitchell Trigg, Davidson

2020

Michael Burchell, Appalachian State
Sean Carter, Appalachian State
Will Formato, Appalachian State
Julian Gorrington, Appalachian State
Jason Kraisser, Campbell
Jake Rotunda, The Citadel
Cian Fischer, Davidson
RJ Mosely, Gardner-Webb
Zachary Phillips, Presbyterian
Job Chishko, VMI

2021

Tristian Pugh, App State
Bilal Bailey, Campbell
Gabriel Hixenbaugh, Campbell
Levi Hopkins, Campbell
Justin Rivera, Campbell
Bryce Sanderlin, Davidson
Jha'Quan Anderson, Gardner-Webb
Logan Andrew, Chattanooga
Weston Wichman, Chattanooga
Tyler Mousaw, VMI
Blake Showers, VMI

* In 2009, the league coaches approved a 10-member all-freshman team, regardless of weight class.

All-freshman by school

Appalachian State	28
Chattanooga	28
The Citadel	19
Campbell	21
VMI	10
Davidson	8
UNCG	6
Gardner-Webb	6
SIUE	3
Gardner-Webb	1
Presbyterian	1

NCAA individual & team finishes

NCAA individual top-8 finishers

Year	Wt.	Fin.	Individual
1955	115	4th	Robert Perry, WVU
	123	2nd	Lewis Guidi, WVU
1950	130	3rd	Brandon Glover, VT
1974	134	5th	Mark Belknap, W&M
	177	5th	Bill Hill, ECU
1975	134	3rd	Mark Belknap, W&M
1979	126	5th	Byron McGlathery, UTC
1982	118	8th	Charlie Heard, UTC
1983	118	2nd	Charlie Heard, UTC
1984	118	7th	Charlie Heard, UTC
1991	177	5th	Bret Gustafson, UTC
1992	118	4th	Donnell Rawls, APP
1992	142	8th	Guy Harris, UTC
1992	158	8th	Howard Langford, UTC
1994	142	4th	Charlie Branch, VMI
1999	HWT	6th	Leslie Apedoe, VMI
2002	165	5th	Mark Fee, APP
2003	174	7th	Mark Fee, APP
2005	141	5th	Michael Keefe, UTC
	165	5th	Jon Sioresdas, UTC
2006	133	8th	Matt Keller, UTC
	165	7th	Dan Thompson, CIT
2007	133	4th	Matt Keller, UTC
2008	141	8th	Cody Cleveland, UTC
2012	165	4th	Kyle Blevins, APP
	184	3rd	Austin Trotman, APP
2013	141	4th	Ugi Khishignyam, CIT
	HWT	7th	Odie Delaney, CIT
2014	165	6th	Turtogtokh Luvsandorj, CIT
2017	125	8th	Nathan Kraisser, CAM
	174	8th	Jake Residori, SIUE
	HWT	8th	Denzel Dejournette, APP
2021	149	8th	Jonathan Millner, APP

NCAA team finishes

Year	Finish	School	Points
1934	T-10th	Washington & Lee	2
1935	10th	Washington & Lee	5
	13th	VMI	2
1941	T-21st	VMI	1
1952	T-20th	Maryland	1
1955	12th	West Virginia	13
1956	T-19th	Virginia Tech	5
	T-33rd	VMI	1
1961	T-24th	The Citadel	2
1964	T-37th	West Virginia	3
1968	T-52nd	Davidson	2
	T-67th	The Citadel	1
1971	T-44th	East Carolina	1
1972	T-55th	East Carolina	2.0
	T-55th	William & Mary	2.0
1973	T-32nd	East Carolina	5.0
	T-37th	William & Mary	4.0
1974	T-24th	East Carolina	8.0
	T-24th	William & Mary	8.0
1975	17th	William & Mary	18.5
	38th	East Carolina	4.5
1976	31st	East Carolina	6.5
	37th	The Citadel	3.75
	T-41st	William & Mary	3.0
	T-72nd	VMI	0.5
1977	33rd	William & Mary	4.25
	T-51st	Appalachian State	1.0
	T-51st	VMI	1.0
1978	T-47th	Chattanooga	2.0
1980	31st	Chattanooga	8.5
	T-56th	Appalachian State	1.75

1981	T-40th	Chattanooga	3.5
	T-47th	Appalachian State	2.0
	T-53rd	The Citadel	1.75
1982	38th	Chattanooga	5.0
1983	T-14th	Chattanooga	20.25
1984	29th	Chattanooga	6.75
1985	T-38th	Appalachian State	6.0
	T-55th	Chattanooga	2.0
1986	T-49th	Appalachian State	5.75
	T-59th	Chattanooga	3.0
1987	T-45th	The Citadel	5.0
	T-47th	Appalachian State	4.5
	T-62nd	Chattanooga	1.5
1988	T-27th	Chattanooga	11.5
	T-46th	The Citadel	3.0
1989	35th	Chattanooga	7.0
	T-46th	Appalachian State	3.5
1990	T-57th	Appalachian State	2.0
	T-57th	Chattanooga	2.0
	T-57th	VMI	2.0
1991	28th	Chattanooga	10.5
1992	T-21st	Appalachian State	14.5
	28th	Chattanooga	11.0
1993	40th	Appalachian State	5.25
	T-50th	VMI	3.0
	T-67th	Chattanooga	0.5
1994	35th	VMI	11.5
	T-50th	Chattanooga	3.75
1995	52nd	VMI	2.5
	T-53rd	Chattanooga	2.0
1996	T-42nd	VMI	4.0
	52nd	Appalachian State	3.0
	T-54th	Chattanooga	2.0
1997	T-47th	VMI	5.0
	T-58th	Appalachian State	3.0
	T-58th	UNCG	3.0
	T73rd	Chattanooga	0.0
1998	T-58th	Chattanooga	2.5
	T-67th	VMI	1.0
1999	T-34th	VMI	10.0
	41st	Chattanooga	6.0
	T-48th	Appalachian State	4.0
	T-64th	UNCG	1.0
2000	T-47th	Appalachian State	4.5
	T-47th	UNCG	4.5
	T-47th	Chattanooga	4.5
	T-57th	VMI	2.5
2001	T-51st	Chattanooga	3.0
	T-66th	Appalachian State	1.5
	T-68th	UNCG	1.0
2002	28th	Appalachian State	17.5
	T-39th	VMI	7.5
	T-70th	Chattanooga	0.5
	T-72nd	The Citadel	0.0
	T-72nd	UNCG	0.0
2003	33rd	Appalachian State	12.5
	T-46th	VMI	4.0
	T-48th	The Citadel	3.5
2004	T-29th	Chattanooga	15.5
	T-50th	The Citadel	4.5
	T-60th	UNCG	1.0
	T-68th	VMI	0.0
2005	21st	Chattanooga	29.0
	45th	The Citadel	6.5
	T-47th	UNCG	5.5
	T-63rd	Appalachian State	1.0
2006	30th	Chattanooga	15.0
	T-31st	UNCG	14.0
	33rd	The Citadel	13.0
2007	21st	Chattanooga	29.5
	T-49th	Appalachian State	3.0
	T-54th	VMI	2.0

	T-60th	UNCG	1.0
2008	37th	Chattanooga	9.0
	38th	Appalachian State	8.5
	T-41st	UNCG*	5.5
	T-53rd	VMI	2.0
2009	T-52nd	Chattanooga	4.0
	T-58th	UNCG*	2.0
	T-62nd	Appalachian State	0.0
	T-62nd	The Citadel	0.0
	T-62nd	VMI	0.0
2010	T-43rd	UNCG*	7.0
	55th	Chattanooga	2.2
	T-56th	Appalachian State	2.0
	T-66th	Davidson	0.0
	T-66th	The Citadel	0.0
2011	T-52nd	UNCG*	4.0
	T-56th	Appalachian State	3.0
	T-65th	The Citadel	0.0
	T-65th	Chattanooga	0.0
	T-65th	VMI	0.0
2012	T-21st	Appalachian State	28.0
	T-48th	The Citadel	4.5
	T-51st	Chattanooga	3.5
	T-59th	Campbell	1.0
2013	20th	The Citadel	27.0
	T-49th	Appalachian State	3.0
	T-55th	Chattanooga	2.0
	T-60th	Gardner-Webb	1.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
2014	31st	The Citadel	13.0
	T-51st	Chattanooga	3.5
	T-61st	Gardner-Webb	1.5
	T-66th	Appalachian State	0.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
	T-66th	SIUE	0.0
2015	T-43rd	Appalachian State	4.0
	45th	Chattanooga	3.5
	T-53rd	Davidson	1.5
	T-58th	The Citadel	1.0
	T-58th	SIUE	1.0
	T-67th	Gardner-Webb	0.0
2016	T-41st	Appalachian State	6.5
	T-50th	Campbell	3.0
	T-50th	Gardner-Webb	3.0
	T-60th	SIUE	2.0
	T-60th	Chattanooga	2.0
	T-69th	The Citadel	0.0
	T-69th	VMI	0.0
2017	T26th	Appalachian State	13.5
	29th	SIUE	12.0
	38th	Campbell	6.5
	T47th	Gardner-Webb	3.0
	T66th	The Citadel	0.0
	69th	Chattanooga	-0.5
2018	T50	Appalachian State	2.0
	T65	The Citadel	0.0
	T65	Gardner-Webb	0.0
	T65	SIUE	0.0
2019	T45	Campbell	3.5
	T56	Chattanooga	0.5
	T63	Gardner-Webb	0
	T63	The Citadel	0
	T63	VMI	0
2020	NCAA Championship canceled due to COVID-19		
2021	T38	Appalachian State	6.5
	T38	Campbell	6.5
	T51	Gardner-Webb	1.5
	T54	Chattanooga	1.0
	T60	The Citadel	0.0

* NCAA appearance later vacated



NCAA at-large bids

1997

- 134 Eric Smith, Appalachian State
- 158 Reese Edgington, VMI

1999

- 157 Matt Erwin, VMI
- Ian Kaplan, Davidson
- 197 Greg Forbes, UNCG

2000

- 141 Joe Herron, UNCG
- 165 Matt Erwin, VMI
- 184 Mike Regner, The Citadel

2001

- 141 Jared Sullivan, Chattanooga
- 141 Corey Williams, UNCG
- 157 Robby Bell, The Citadel

2002

- 141 Mark DiSalvo, VMI
- 157 P.J. Boccia, Appalachian State
- 165 Craig Johnson, Chattanooga

2003

- 125 Ryan McClester, The Citadel
- 133 Sean Markey, The Citadel
- 174 Matt Erwin, VMI

2004

- 125 Matt Pitts, Chattanooga
- 133 Sean Markey, The Citadel
- 141 Michael Keefe, Chattanooga

2005

- 125 Matt Pitts, Chattanooga
- 133 Josh Keefe, Chattanooga
- 141 Jason Jones, Appalachian State

2006

- 141 Micheal Keefe, Chattanooga
- Kevin Artis, UNCG
- 285 Israel Silva, Chattanooga

2007

- 149 Aaron Martin, Chattanooga
- Sam Alvarenga, VMI
- 174 Neal Martin, Appalachian State
- Lloyd Rogers, Chattanooga

2008

- 133 Terrelly Williams, Appalachian State
- Steve Hromada, Chattanooga
- 149 Joey Knox, Chattanooga
- 184 Austin Trotman, Appalachian State
- 197 Matt Koz, Chattanooga

2009

- 141 Chris Bencivenga, UNCG
- 174 Byron Sigmon, UNCG

2010

- 184 Andrew Saunders, UNCG
- Jason McCroskey, Chattanooga

2011

- 197 Niko Brown, Chattanooga

2012

- 165 Kyle Blevins, Appalachian State
- 174 Levi Clemons, Chattanooga

2013

- 125 Eric Montoya, Campbell

2014

- 285 Dawson Peck, Chattanooga

2015

- 125 Dominic Parisi, Appalachian State
- 141 Mike Pongracz, Chattanooga
- 197 Scottie Boykin, Chattanooga

2016

- 141 Michael Pongracz, Chattanooga
- 149 Chris Vassar, Gardner-Webb
- 157 Aaron Walker, The Citadel
- 165 Forrest Przybysz, Appalachian State
- 174 Sean Mappes, Chattanooga
- 184 John Lampe, Chattanooga

2017

- 133 Colby Smith, Appalachian State
- 174 Austin Trott, Gardner-Webb

2017

- 165 Quentin Perez, Campbell
- 197 Randall Diabe, Appalachian State

2019

- 125 Alonzo Allen, Chattanooga
- 133 Noah Gosner, Campbell
- 149 Matthew Zovistoski, Appalachian State
- 197 Saywer Root, The Citadel

2020

- 125 Fabian Gutierrez, Chattanooga
- 133 Codi Russell, Appalachian State
- 149 Tanner Smith, Chattanooga

2021

- 125 Zurich Storm, Campbell
- 125 Fabian Gutierrez, Chattanooga
- 157 Benjamin Barton, Campbell
- 165 Will Formato, App State
- 165 RJ Mosley, Gardner-Webb
- 174 Thomas Flitz, App State
- 184 Jha'Quan Anderson, Gardner-Webb
- 197 Logan Andrew, Chattanooga

Southern Conference Honors



Coach of the Year

1975	John Welborn, East Carolina
1976	John Welborn, East Carolina
1977	Oscar Gupton, VMI
1978	Jim Morgan, Chattanooga
1979	Major Gene Styles, The Citadel
1980	Ike Sherlock, VMI
1981	Jim Hargan, Chattanooga
1982	Ike Sherlock, VMI
1983	Jim Morgan, Chattanooga
1984	Ike Sherlock, VMI
1985	Ike Sherlock, VMI
1986	Ken Shelton, The Citadel
1987	Ethan Reeve, Chattanooga
1988	Ethan Reeve, Chattanooga
1989	Paul Mance, Appalachian State
1990	Ethan Reeve, Chattanooga
1991	Ralph Manning, Chattanooga
1992	Ralph Manning, Chattanooga
1993	Paul Mance, Appalachian State
1994	John Trudgeon, VMI
1995	John Trudgeon, VMI
1996	Paul Mance, Appalachian State
1997	Denny Moore, UNCG
1998	Denny Moore, UNCG
1999	John Trudgeon, VMI
2000	John Trudgeon, VMI
2001	Paul Mance, Appalachian State
2002	Franky James, Chattanooga
2003	Paul Mance, Appalachian State
2004	Rob Hjerling, The Citadel
2005	Terry Brands, Chattanooga
2006	Joe Seay, Chattanooga
2007	Chris Bono, Chattanooga
2008	Chris Bono, Chattanooga
2009	Chris Bono, Chattanooga
2010	Jason Loukides, UNCG
2011	Heath Eslinger, Chattanooga
2012	JohnMark Bentley, Appalachian State
2013	Heath Eslinger, Chattanooga
2014	Rob Hjerling, The Citadel
2015	JohnMark Bentley, Appalachian State
	Daniel Elliott, Gardner-Webb
2016	JohnMark Bentley, Appalachian State
2017	Cary Kolat, Campbell
2018	John Mark Bentley, Appalachian State
2019	Cary Kolat, Campbell
2020	Cary Kolat, Campbell
2021	Scotti Sentes, Campbell

Pinnacle Award

(student-athlete with the highest GPA on the championship-winning team)

2017	Nathan Kraisser, Campbell
2018	Forrest Przybysz, Appalachian State
2019	Austin McNeill, Campbell
2020	Austin Kraisser, Campbell
2021	Caleb Hopkins, Campbell

Wrestler of the Year

1993	Donnell Rawls, Appalachian State
1994	Charlie Branch, VMI
1995	Charlie Branch, VMI
1996	David Barden, Chattanooga
1997	Adam Mickiewicz, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Heath Eslinger, Chattanooga
2001	Travis Drake, Appalachian State
2002	Travis Drake, Appalachian State
2003	Adam Britt, VMI
2004	Ryan McClester, The Citadel
2005	Jon Sioredas, Chattanooga
2006	Sean Markey, The Citadel
2007	Matt Keller, Chattanooga
2008	Scott Ervin, Appalachian State
	Lloyd Rogers, Chattanooga
2009	Chris Bencivenga, UNCG
	Cody Cleveland, Chattanooga
2010	Austin Trotman, Appalachian State
2011	Turtogtokh Luvsandorj, The Citadel
2012	Kyle Blevins, Appalachian State
2013	Odie Delaney, The Citadel
2014	Turtogtokh Luvsandorj, The Citadel
2015	Sean Boyle, Chattanooga
2016	Denzel Dejournette, Appalachian State
2017	Denzel Dejournette, Appalachian State
2018	Bryce Carr, Chattanooga
2019	Neal Richards, VMI
2020	Noah Gonser, Campbell
2021	Will Formato, App State

Freshman of the Year

1992	Charlie Branch, VMI
1993	Gerald Carr, Chattanooga
1994	Miles Miller, Davidson
1995	Kevin Johnson, VMI
1996	Leslie Apedoe, VMI
1997	Trey Burlingame, UNCG
1998	Corey Williams, UNCG
1999	Matt Erwin, VMI
2000	Josh Lambrecht, Chattanooga
2001	Jarred Sullivan, Chattanooga
2002	Matt Pitts, Chattanooga
2003	Chris Seta, VMI
2004	Daren Burns, UNCG
2005	Joe Kemmerer, UNCG
2006	Anthony Easter, The Citadel
2007	Ben Altman, Davidson
2008	Austin Trotman, Appalachian State
2009	Jason McCroskey, Chattanooga
2010	Jake Young, Chattanooga
2011	Caylor Williams, UNCG
2012	Nick Soto, Chattanooga
2013	Ugi Khishignyam, The Citadel
2014	Dylan Cottrell, Appalachian State
2015	Nick Kee, Appalachian State
2016	Kamaal Shakur, Chattanooga
2017	Austin Kraisser, Campbell
2018	Korbin Meink, Campbell
2019	Tanner Smith, Chattanooga
2020	Sean Carter, Appalachian State
2021	Weston Wichman, Chattanooga

Tournament Outstanding Wrestler

1949	Phil Kemp, North Carolina
1950	Jerry Gallagher, Duke
1951	Ted Lonergan, Washington & Lee
1952	Ernie Fischer, Maryland
1953	Rodney Norris, Maryland
1961	Jeff Hartsell, The Citadel
1962	Jeff Hartsell, The Citadel
1963	Jose Barcelo, The Citadel
1964	Bruce Schwanda, The Citadel
1965	Henry Seymour, Virginia Tech
1966	John Luckini, West Virginia
1967	Ed Steers, The Citadel
1968	Bob Hobson, William & Mary
1969	John Wood, The Citadel
1970	Bob Hobson, William & Mary
1971	Lonnie Parker, William & Mary
1972	John Kaila, William & Mary
1973	Mark Belknap, William & Mary
1974	Chris Jacobsen, Appalachian State
1975	Mark Belknap, William & Mary
1976	Mike Regner, The Citadel
1977	Phil Mueller, East Carolina
1978	Randy Batten, Chattanooga
1979	Tom Flanagan, Chattanooga
1980	Larry Meierotto, Chattanooga
1981	Todd Sumter, Appalachian State
	Larry Meierotto, Chattanooga
1982	Charlie Heard, Chattanooga
1983	Bill Moss, Chattanooga
1984	Charlie Heard, Chattanooga
	John Munno, VMI
1985	Amaro Lamar, Appalachian State
1986	Ben Walker, VMI
1987	Amaro Lamar, Appalachian State
1988	Tom Sell, Chattanooga
	Clay Ogden, The Citadel
1989	Charlie Buckshaw, Chattanooga
1990	Michael Murray, VMI
1991	Bret Gustafson, Chattanooga
1992	Bret Gustafson, Chattanooga
1993	Victor Balmececa, Appalachian State
1994	Charlie Branch, VMI
1995	David Barden, Chattanooga
1996	Aaron Mickiewicz, VMI
1997	Leslie Apedoe, VMI
1998	Bob Hanson, Chattanooga
1999	Jeremy Hart, Appalachian State
2000	Heath Eslinger, Chattanooga
2001	Jeremy Hart, Appalachian State
2002	Mark Fee, Appalachian State
2003	Adam Britt, VMI
2004	Josh Keefe, Chattanooga
2005	Jon Sioredas, Chattanooga
2006	Matt Keller, Chattanooga
2007	Scott Ervin, Appalachian State
2008	Cody Cleveland, Chattanooga
2009	Cody Cleveland, Chattanooga
2010	Victor Hojilla, UNCG
2011	Kyle Blevins, Appalachian State
2012	Austin Trotman, Appalachian State
2013	Anthony Elias, Davidson
2014	Corey Mock, Chattanooga
2015	Connor McMahon, SIUE
2016	Kamaal Shakur, Chattanooga
2017	Ryan Mosley, Gardner-Webb
2018	Irvin Enriquez, Appalachian State
2019	Neal Richards, VMI
2020	Neal Richards, VMI
2020	Cary Miller, Appalachian State
2021	Andrew Nicholson, Chattanooga



Southern Conference honors

Wrestlers of the Week

2000-01

Nov. 15 Travis Drake, APP
Nov. 22 Josh Hooker, UTC
Nov. 29 Corey Williams, UNCG
Dec. 6 Travis Drake, APP
Jan. 3 PJ Boccia, APP
Jan. 10 Jeff Libersat, DAV
Jan. 17 Joe Scolaro, UNCG
Jan. 24 Danny Misenheimer, APP
Jan. 31 Jeff Libersat, DAV
Feb. 7 Robby Bell, CIT
Feb. 14 Adam Britt, VMI
Feb. 21 Jason Cox, VMI
Adam Duncan, UTC

2001-02

Jan. 8 Travis Drake, APP
Jan. 15 Adam Britt, VMI
Jan. 22 Adam Britt, VMI
Jan. 29 Mark Fee, APP
Feb. 5 Matt Erwin, VMI
Mike Regner, CIT
Feb. 12 Mark Fee, APP
Feb. 19 Mike Regner, CIT
Feb. 26 Adam Britt, VMI

2002-03

Jan. 8 Patrick Coman, APP
Jan. 15 Adam Britt, VMI
Jan. 22 Travis Drake, APP
Jan. 29 Sean Markey, CIT
Feb. 5 Ryan McClester, CIT
Feb. 11 Adam Britt, VMI
Feb. 19 Keith Clifton, CIT
Feb. 24 Mark Fee, APP

2003-04

Dec. 8 Sean Markey, CIT
Jan. 6 Jason Cox, VMI
Jan. 12 Josh Keefe, UTC
Jan. 19 Jason Cox, VMI
Jan. 26 Mark O'Hair, DAV
Feb. 3 Sean Markey, CIT
Feb. 10 Micah Amrozowicz, VMI
Feb. 17 Charles Jones, UNCG
Feb. 24 Ryan McClester, CIT

2004-05

Dec. 8 Matt Pitts, UTC
Dec. 15 Jon Siores, UTC
Dec. 22 Jason Jones, APP
Jan. 5 Travis Piccard, CIT
Daren Burns, UNCG
Jan. 12 Benjamin Graham, DAV
Jan. 19 Michael Keefe, UTC
Jan. 26 Travis Piccard, CIT
Feb. 2 Daren Burns, UNCG
Feb. 9 Ryan McClester, CIT
Feb. 16 Jon Siores, UTC
Feb. 23 Josh Keefe, UTC

2005-06

Dec. 7 Matt Keller, UTC
Dec. 21 Matt Keller, UTC
Jan. 4 Sean Markey, CIT
Jan. 11 Matt Keller, UTC
Jan. 18 Matt Keller, UTC
Jan. 25 Marcus Cox, APP
Feb. 1 Joe Lowe, UNCG
Feb. 8 Sean Markey, CIT
Feb. 15 Lloyd Rogers, UTC

Feb. 22 Kevin Artis, UNCG
Israel Silva, UTC

2006-07

Dec. 6 Matt Keller, UTC
Dec. 20 Aaron Martin, UTC
Jan. 3 Lloyd Rogers, UTC
Jan. 9 Marcus Boyd, DAV
Jan. 17 Jeff Hedges, UNCG
Jan. 31 Scott Buhman, VMI
Feb. 7 Sam Alvarenga, VMI
Feb. 15 Scott Ervin, APP
Feb. 22 Travis Piccard, CIT

2007-08

Dec. 4 Daren Burns, UNCG
Dec. 11 Josh Wine, VMI
Dec. 20 Scott Ervin, APP
Jan. 3 Cody Cleveland, UTC
Jan. 10 Eddie Hutchinson, APP
Jan. 17 Sam O'Hair, DAV
Jan. 23 Jeff Hedges, UNCG
Jan. 30 Tommy Hutchinson, APP
Feb. 6 David Metzler, VMI
Feb. 13 Javier Maldonado, UTC
Feb. 21 Terrell Williams, APP

2008-09

Nov. 28 Chris Bencivenga, UNCG
Dec. 3 Austin Trotman, APP
Dec. 10 Vitaly Radsy, DAV
Jan. 8 Chris Bencivenga, UNCG
Jan. 13 Leon Barrow, VMI
Jan. 21 Frank Celorrio, APP
Jan. 28 Jason McCroskey, UTC
Feb. 4 Keith Koziel, CIT
Feb. 11 Tyler Sim, CIT
Feb. 17 Sam O'Hair, DAV
Feb. 25 Odie Delaney, CIT

2009-10

Dec. 2 Jake Young, UTC
Dec. 9 Odie Delaney, CIT
Dec. 16 Ronnie Ellsworth, VMI
Jan. 6 Andrew Saunders, UNCG
Jan. 13 Andrew Szymborski, VMI
Jan. 20 Austin Trotman, APP
Jan. 27 Kyle Blevins, APP
Feb. 3 Ryan Sughrue, UNCG
Feb. 10 Austin Trotman, APP
Feb. 17 Vitaly Radsy, DAV
Feb. 24 Turtogtokh Luvsandorj, CIT

2010-11

Nov. 24 Ivan Lopouchanski, UNCG
Dec. 1 Ivan Lopouchanski, UNCG
Dec. 8 Andrew Saunders, UNCG
Dec. 15 Matthew Brock, VMI
Jan. 5 Turtogtokh Luvsandorj, CIT
Jan. 12 Vitaly Radsy, DAV
Jan. 19 Austin Trotman, APP
Jan. 26 Kyle Blevins, APP
Feb. 2 Turtogtokh Luvsandorj, CIT
Feb. 9 Brandon Wright, UTC
Feb. 16 Austin Trotman, APP
Feb. 23 Justin Sparrow, CIT

2011-12

Nov. 16 Austin Trotman, APP
Nov. 23 Niko Brown, UTC
Nov. 30 Nick Rex, CAM

Dec. 7 Chip Powell, APP
Dec. 14 Mark Hartenstine, CAM
Dec. 21 Nick Soto, UTC
Jan. 4 Nick Soto, UTC
Jan. 11 Austin Trotman, APP
Jan. 18 Odie Delaney, CIT
Jan. 25 Matthew Brock, VMI
Feb. 1 John Weakley, CAM
Feb. 8 Travis Porter, GWU
Feb. 15 Kyle Blevins, APP
Feb. 22 Odie Delaney, CIT

2012-13

Nov. 7 Nick Soto, UTC
Nov. 14 Niko Brown, UTC
Nov. 21 Odie Delaney, CIT
Dec. 5 Patrick Myers, SIUE
Dec. 12 Ugi Khishignyam, CIT
Dec. 19 Ugi Khishignyam, CIT
Jan. 3 Ugi Khishignyam, CIT
Jan. 9 Zack Strickland, APP
Jan. 16 Eric Montoya, CAM
Jan. 23 Marshall Haas, CIT
Jan. 30 John Merickel, CAM
Feb. 6 Odie Delaney, CIT
Feb. 13 Odie Delaney, CIT
Feb. 20 Odie Delaney, CIT
Feb. 27 Josh Condon, UTC

2013-14

Nov. 13 Corey Mock, UTC
Nov. 20 Dylan Cottrell, APP
Nov. 27 Corey Mock, UTC
Dec. 11 Jake Residori, SIUE
Dec. 18 Dylan Cottrell, APP
Jan. 1 Nick Soto, UTC
Jan. 8 Nick Soto, UTC
Jan. 15 Kevin Birmingham, DAV
Jan. 22 Austin Trott, GWU
Jan. 29 Turtogtokh Luvsandorj, CIT
Feb. 5 Aaron Walker, CIT
Feb. 12 Turtogtokh Luvsandorj, CIT
Feb. 19 Dawson Peck, UTC
Feb. 26 Dawson Peck, UTC

2014-15

Nov. 5 Kevin Birmingham, DAV
Nov. 12 Dalton Henderson, VMI
Nov. 19 Denzel Dejournette, APP
Nov. 26 Denzel Dejournette, APP
Dec. 10 Dominic Parisi, APP
Dec. 17 Austin Trott, GWU
Dec. 24 Jared Johnson, UTC
Jan. 7 Sean Boyle, UTC
Jan. 14 Matt Frisch, CIT
Jan. 21 Jared Johnson, UTC
Jan. 28 Jake Residori, SIUE
Feb. 4 Nick Kee, APP

Wrestler of the Week repeat winners

8 times

Odie Delaney, CIT (2008-13)

7 times

Austin Trotman, APP (2008-12)

6 times

Adam Britt, VMI (2000-03)
Denzel Dejournette, APP (2014-17)
Neal Richards, VMI (2019-20)

5 times

Sean Markey, CIT (2002-06)
Matt Keller, UTC (2005-07)
Nick Soto, UTC (2011-14)
Turtogtokh Luvsandorj, CIT (2009-14)

4 times

Travis Drake, APP (2000-03)
Jared Johnson, UTC (2014-17)
Austin Trott, GWU (2013-17)

3 times

Mark Fee, APP (2001-03)
Jason Cox, VMI (2000-04)
Ryan McClester, CIT (2002-05)
Travis Piccard, CIT (2004-07)
Daren Burns, UNCG (2004-08)
Vitaly Radsy, DAV (2008-11)
Ugi Khishignyam, CIT (2012-13)
Nathan Kraisser, CAM (2015-17)
Freddie Rodriguez, SIUE (2015-17)
Jake Residori, SIUE (2013-17)
Bryce Carr, UTC (2016-18)
Randall Diabe, APP (2018-19)
Andrew Morgan, CAM (2019-20)
Quentin Perez, CAM (2017-20)

Jere Heino, CAM (17-20)

2 times

Jeff Libersat, DAV (2000-01)
Mike Regner, CIT (2001-02)
Josh Keefe, UTC (2003-05)
Jon Siores, UTC (2004-05)
Lloyd Rogers, UTC (2005-07)
Scott Ervin, APP (2006-08)
Jeff Hedges, UNCG (2006-08)
Sam O'Hair, DAV (2007-09)
Chris Bencivenga, UNCG (2008-09)
Andrew Saunders, UNCG (2009-11)
Ivan Lopouchanski, UNCG (2010-11)
Matthew Brock, VMI (2010-12)
Kyle Blevins, APP (2010-12)
Niko Brown, UTC (2011-13)
Corey Mock, UTC (2013-14)
Dylan Cottrell, APP (2013-14)
Dawson Peck, UTC (2013-14)
Sean Boyle, UTC (2014-15)
Nick Kee, APP (2014-16)
Marshall Haas, CIT (2012-16)
Aaron Walker, CIT (2013-16)
Dalton Henderson, VMI (2014-16)
Scottie Boykin, UTC (2015-18)
Jonathan Millner, APP (2020)
Josh Heil, CAM (2020)
Fabian Gutierrez, UTC (2019-20)
Caleb Hopkins, CAM (2021)
Codi Russell, APP (2020-21)

Southern Conference honors

Wrestlers of the Week

Feb. 11 Juan Adams, VMI
Feb. 18 Jared Johnson, UTC
Feb. 25 Sean Boyle, UTC

2015-16

Nov. 4 Paul Duggan, CAM
Nov. 11 John Fahy, SIUE
Nov. 18 Denzel Dejournette, APP
Nov. 25 Denzel Dejournette, APP
Dec. 9 Nick Kee, APP
Dec. 16 Forrest Przybysz, APP
Dec. 23 Marshall Haas, CIT
Jan. 6 Denzel Dejournette, APP
Jan. 13 Nathan Kraisser, CAM
Jan. 20 Aaron Walker, CIT
Jan. 27 Austin Trott, GWU
Feb. 3 Dalton Henderson, VMI
Feb. 10 Boyce Cornwell, GWU
Feb. 17 Scottie Boykin, UTC
Feb. 23 Freddie Rodriguez, SIUE

2016-17

Nov. 9 Nathan Kraisser, CAM
Nov. 16 David Peters-Logue, APP
Nov. 23 Freddie Rodriguez, SIUE
Dec. 7 Nathan Kraisser, CAM
Dec. 14 Jake McKiernan, SIUE
Dec. 21 Vito Pasone, APP
Jan. 4 Bryce Carr, UTC
Jan. 11 Colby Smith, APP
Jan. 18 Jared Johnson, UTC
Jan. 25 Austin Trott, GWU
Feb. 1 Jere Heino, CAM
Feb. 8 Denzel Dejournette, APP
Feb. 15 Freddie Rodriguez, SIUE
Feb. 22 Jake Residori, SIUE

2017-18

Nov. 8 Bryce Carr, UTC
Nov. 15 Forrest Przybysz, APP
Nov. 21 Quentin Perez, CAM
Dec. 6 Nathan Boston, CAM
Dec. 13 Forrest Przybysz, APP
Dec. 20 Denton Spencer, GWU
Jan. 3 Bryce Carr, UTC
Jan. 10 Blake Hohman, VMI
Jan. 17 Scottie Boykin, UTC
Jan. 24 Nate Higgins, SIUE
Jan. 31 Jere Heino, CAM
Feb. 7 Randall Diabe, APP
Feb. 14 Quentin Perez, CAM
Feb. 21 Chad Pyke, UTC

2018-19

Nov. 7 Fabian Gutierrez, UTC
Nov. 14 Angel Najar, APP
Nov. 21 Andrew Morgan, CAM
Nov. 27 Randall Diabe, APP
Dec. 5 Sawyer Root, CIT
Dec. 12 Neal Richards, VMI
Dec. 19 Michael Elliott, APP
Dec. 26 Jake Huffine, UTC
Jan. 2 Randall Diabe, APP
Jan. 9 Alonzo Allen, UTC
Jan. 16 Neal Richards, VMI
Jan. 23 Neal Richards, VMI
Jan. 30 Neal Richards, VMI
Feb. 6 Tyler Marinelli, GWU
Feb. 13 Connor Tolley, UTC
Feb. 20 Neal Richards, VMI
Feb. 27 Matt Zovistoski, APP

2019-20

Nov. 6 Quentin Perez, CAM
Nov. 13 Andrew Morgan, CAM
Nov. 20 Jonathan Millner, APP
Nov. 27 Josh Heil, CAM
Dec. 4 Sean Carter, APP
Dec. 11 Conor Fenn, DAV
Dec. 18 Korbin Meink, CAM
Dec. 24 Fabian Gutierrez, UTC
Jan. 8 Josh Heil, CAM
Jan. 15 Noah Gonser, CAM
Jan. 22 Codi Russell, APP
Jan. 29 Neal Richards, VMI
Feb. 5 Jonathan Millner, APP
Feb. 12 Andrew Morgan, CAM
Feb. 19 Jere Heino, CAM
Feb. 26 Thomas Flitz, APP

2021

Jan. 6 Benjamin Barton, Campbell
Jan. 13 Will Formato, App State
Jan. 20 Caleb Hopkins, Campbell
Jan. 27 Austin Murphy, Campbell
Feb. 3 Codi Russell, App State
Feb. 10 Caleb Hopkins, Campbell

WOTW by school

Appalachian State	60
Chattanooga	51
The Citadel	40
VMI	30
Campbell	27
UNCG	17
Davidson	13
SIUE	10
Gardner-Webb	8



Southern Conference honors

Wrestlers of the Month

2003-04

December..... Matt Pitts, UTC
January..... Sean Markey, CIT
February..... Kevin Artis, UNCG

2004-05

November Matt Pitts, UTC
December..... Jon Sioresdas, UTC
January..... Joe Kemmerer, UNCG
February..... Daren Burns, UNCG
March..... Jon Sioresdas, UTC

2005-06

NovemberMichael Keefe, UTC
December..... Matt Keller, UTC
January..... Matt Keller, UTC
February..... Israel Silva, UTC

2006-07

November Javier Maldonado, UTC
December.....Michael Keefe, UTC
January..... Aaron Martin, UTC
February..... Joe Lowe, UNCG
March..... Matt Keller, UTC

2007-08

NovemberMatt Koz, UTC
December..... Cody Cleveland, UTC
January..... Jeff Hedges, UNCG
February.....Lloyd Rogers, UTC
March..... Cody Cleveland, UTC

2008-09

November Chris Bencivenga, UNCG
December..... Seth Garvin, UTC
January..... Cody Cleveland, UTC
February..... Chip Powell, APP

2009-10

November Jake Young, UTC
December..... Josh Wine, VMI
January..... Josh Wine, VMI
February.....Turtogtokh Luvsandorj, CIT

2010-11

November Ivan Lopouchanski, UNCG
December.....Turtogtokh Luvsandorj, CIT
January.....Turtogtokh Luvsandorj, CIT
February..... Cody Cleveland, UTC

2011-12

NovemberAustin Trotman, APP
December.....Austin Trotman, APP
January.....Nick Soto, UTC
February..... Kyle Blevins, APP

2012-13

November Niko Brown, UTC
December..... Ugi Khishignyam, CIT
January..... Odie Delaney, CIT
February..... Odie Delaney, CIT

2013-14

NovemberCorey Mock, UTC
December.....Nick Soto, UTC
January..... Kevin Birmingham, DAV
February.....Turtogtokh Luvsandorj, CIT

Wrestler of the Month repeat winners

4 times

Cody Cleveland, UTC (2007-11)
Turtogtokh Luvsandorj, CIT (2009-14)

3 times

Matt Keller, UTC (2005-07)
Denzel Dejournette, APP (2014-16)

2 times

Matt Pitts, UTC (2003-05)
Jon Sioresdas, UTC (2004-05)
Michael Keefe, UTC (2005-07)
Josh Wine, VMI (2009-10)
Austin Trotman, APP (2011-12)
Odie Delaney, CIT (2012-13)
Nick Soto, UTC (2011-14)
Freddie Rodriguez, SIUE (2016-17)
Bryce Carr, UTC (2015-17)
Neal Richards, VMI (2019)
Josh Heil, CAM (2020)

WOTM by school

Chattanooga	29
Appalachian State	13
The Citadel.....	10
UNCG	7
Campbell	4
VMI.....	4
Gardner-Webb.....	2
SIUE.....	2
Davidson.....	1

2014-15

November Denzel Dejournette, APP
December..... Austin Trott, GWU
January Aaron Walker, CIT
February.....Sean Boyle, UTC

2015-16

November Denzel Dejournette, APP
December.....Marshall Haas, CIT
January Nathan Kraisser, CAM
February..... Denzel Dejournette, APP

2016-17

November Freddie Rodriguez, SIUE
December..... Chris Vassar, GWU
January Bryce Carr, UTC
February..... Freddie Rodriguez, SIUE

2017-18

November Bryce Carr, UTC
December..... Forrest Przybysz, APP
January Bryce Carr, UTC
February..... Randall Diabe, APP

2018-19

November Randall Diabe, APP
December..... Fabian Gutierrez, UTC
January Neal Richards, VMI
February Neal Richards, VMI

2019-20

November Josh Heil, CAM
December..... Josh Heil, CAM
January Noah Gonser, CAM
February Thomas Flitz, APP

2021

January Will Formato, APP
February Jonathan Millner, APP

Individual champions

115 pounds

1930	Graves, Virginia Tech
1933	Rowland Thomas, Washington & Lee
1934	Dave Morrah, North Carolina State
1967	Colin Hudson, Davidson
1968	Lonnie Parker, William & Mary
1969	Lonnie Parker, William & Mary

118 pounds

1935	Rowland Thomas, Washington & Lee
1936	Rowland Thomas, Washington & Lee
1938	Kemp, Washington & Lee
1970	Lonnie Parker, William & Mary
1971	Lonnie Parker, William & Mary
1972	Glenn Baker, East Carolina
1973	Glenn Baker, East Carolina
1974	Jim Blair, East Carolina
1975	Jim Blair, East Carolina
1976	Tom Dursee, William & Mary
1977	Tom Dursee, William & Mary
1978	Byron McGlathery, Chattanooga
1979	Mike Marino, Chattanooga
1980	Bobby Greenwood, VMI
1981	Tom Moore, Appalachian State
1982	Charlie Heard, Chattanooga
1983	Charlie Heard, Chattanooga
1984	Charlie Heard, Chattanooga
1985	Bob Zoeke, VMI
1986	Ben Reichel, Chattanooga
1987	Ben Reichel, Chattanooga
1988	Tom Herring, Chattanooga
1989	Ben Reichel, Chattanooga
1990	Antonio Calloway, Appalachian State
1991	Antonio Calloway, Appalachian State
1992	Donnell Rawls, Appalachian State
1993	David Barden, Chattanooga
1994	Jason Laflin, Chattanooga
1995	Mike Orris, Appalachian State
1996	Tony Hairston, Appalachian State
1997	Tony Hairston, Appalachian State
1998	Corey Williams, UNCG

121 pounds

1941	Graham, Washington & Lee
1942	John McCarthy, Virginia Tech
1943	Warren Danneburg, VMI
1947	Matt Moyer, VMI
1948	Matt Moyer, VMI
1949	Mike Kusturiss, Duke
1950	Howie David, Washington & Lee

123 pounds

1951	Johnny Jordan, VMI
1952	Bobby Perry, West Virginia
1953	Bobby Perry, West Virginia
1954	Bobby Perry, West Virginia
1955	Bobby Perry, West Virginia
1956	Ernie Piercy, Virginia Tech
1957	Tom Westfall, West Virginia
1958	Tom Westfall, West Virginia
1959	Bob Bowman, Virginia Tech
1960	Bob Bowman, Virginia Tech
1961	Mike Grandstaff, Virginia Tech
1962	Ernie Venturino, Virginia Tech
1963	Ernie Venturino, Virginia Tech
1964	Henry Seymour, Virginia Tech
1965	Henry Seymour, Virginia Tech
1966	Don Check, West Virginia
1967	Howard Metzgar, East Carolina
1968	John Wood, The Citadel
1969	John Wood, The Citadel

125 pounds

1930	Stuart Will, VMI
1933	Fred Sarkis, Washington & Lee
1934	Fred Sarkis, Washington & Lee
1999	Adrian Tramutola, Chattanooga
2000	Adrian Tramutola, Chattanooga
2001	Rich Caisse, Appalachian State
2002	Matt Pitts, Chattanooga
2003	Rich Caisse, Appalachian State
2004	Ryan McClester, The Citadel
2005	Joe Kemmerer, UNCG
2006	Javier Maldonado, Chattanooga
2007	Javier Maldonado, Chattanooga
2008	Javier Maldonado, Chattanooga
2009	Demetrius Johnson, Chattanooga
2010	Tony Gravely, Appalachian State
2011	Manuel Ramirez, UNCG*
2012	Tony Gravely, Appalachian State

2013	Nick Soto, Chattanooga
2014	Dominic Parisi, Appalachian State
2015	Sean Boyle, Chattanooga
2016	Freddie Rodriguez, SIUE
2017	Freddie Rodriguez, SIUE
2018	Alonzo Allen, Chattanooga
2019	Korbin Meink, Campbell
2020	Korbin Meink, Campbell
2021	Codi Russell, App State

* later vacated

126 pounds

1935	Sherrard, VMI
1936	Sherrard, VMI
1938	Pound, VMI
1970	Tim Ellenberger, East Carolina
1971	Dan Monroe, East Carolina
1972	Dan Monroe, East Carolina
1973	Dan Monroe, East Carolina
1974	Glenn Baker, East Carolina
1975	Jim Hicks, William & Mary
1976	Paul Osman, East Carolina
1977	Paul Osman, East Carolina
1978	Randy Batten, Chattanooga
1979	Ike Anderson, Appalachian State
1980	Byron McGlathery, Chattanooga
1981	Floyd Dotter, The Citadel
1982	Thomas Hutchinson, Appalachian State
1983	Leonard Champaign, Chattanooga
1984	John Munno, VMI
1985	Ron Ensign, Chattanooga
1986	Trey Bennett, The Citadel
1987	Tom Herring, Chattanooga
1988	Scott Corcoran, Chattanooga
1989	Jevon Morris, Appalachian State
1990	John Jones, The Citadel
1991	Brian Mason, VMI
1992	Brian Mason, VMI
1993	Allan Smith, The Citadel
1994	David Barden, Chattanooga
1995	David Barden, Chattanooga
1996	Aaron Mickiewicz, VMI
1997	David Hopper, Appalachian State
1998	Bobby Hanson, Chattanooga

128 pounds

1941	Bud Robb, Washington & Lee
1942	Hobie McKeever, North Carolina
1943	Hobie McKeever, North Carolina
1947	Tom Hearn, North Carolina
1948	Ted Lonergan, Washington & Lee
1949	Irving Perry, VMI
1950	Kerry Gallagher, Duke

130 pounds

1951	Irving Perry, VMI
1952	Matt Flynn, Maryland
1953	Al Motley, Virginia Tech
1954	Lew Guidi, West Virginia
1955	Al Carson, Virginia Tech
1956	Lew Guidi, West Virginia
1957	Brandon Glover, Virginia Tech
1958	Brandon Glover, Virginia Tech
1959	Brandon Glover, Virginia Tech
1960	Brandon Glover, Virginia Tech
1961	Mike Petres, West Virginia
1962	Mike Grandstaff, Virginia Tech
1963	Jose Barcelo, The Citadel
1964	Bill Meacci, West Virginia
1965	Mickey Jarrell, Virginia Tech
1966	Fred Bates, East Carolina
1967	Don Killen, West Virginia
1968	Tim Ellenberger, East Carolina
1969	Tim Ellenberger, East Carolina

133 pounds

1999	Bobby Hanson, Chattanooga
2000	Bobby Hanson, Chattanooga
2001	Travis Drake, Appalachian State
2002	Travis Drake, Appalachian State
2003	Travis Drake, Appalachian State
2004	Josh Keefe, Chattanooga
2005	Ryan McClester, The Citadel
2006	Matt Keller, Chattanooga
2007	Matt Keller, Chattanooga
2008	Jeff Hedges, UNCG
2009	Frank Celorrio, Appalachian State
2010	Alex Radsky, Davidson
2011	Demetrius Johnson, Chattanooga

2012	Nick Soto, Chattanooga
2013	Anthony Elias, Davidson
2014	Nick Soto, Chattanooga
2015	Nick Soto, Chattanooga
2016	Nathan Kraisser, Campbell
2017	Chris Debien, Chattanooga
2018	John Muldoon, SIUE
2019	Codi Russell, Appalachian State
2020	Noah Gonser, Campbell
2021	Sean Carter, App State

134 pounds

1970	John Kaila, William & Mary
1971	Steve Morgan, East Carolina
1972	Jim McCloe, East Carolina
1973	Mark Belknap, William & Mary
1974	Mark Belknap, William & Mary
1975	Mark Belknap, William & Mary
1976	Jim Hicks, William & Mary
1977	Jim Hicks, William & Mary
1978	Jim Polsineeli, Appalachian State
1979	Andre Massey, Appalachian State
1980	Rick Waller, Chattanooga
1981	Rick Waller, Chattanooga
1982	Fitz Johnson, The Citadel
1983	Ricky Talley, Chattanooga
1984	Larry Savides, Appalachian State
1985	Mitch Fuller, The Citadel
1986	Thomas Hutchinson, Appalachian State
1987	Dave Sloan, Appalachian State
1988	Mark Allison, Chattanooga
1989	Clarence Arrington, Chattanooga
1990	Clarence Arrington, Chattanooga
1991	Jevon Morris, Appalachian State
1992	Charlie Branch, VMI
1993	Victor Balmededa, Appalachian State
1994	Vinny Zullo, Appalachian State
1995	Adam Mickiewicz, VMI
1996	Adam Mickiewicz, VMI
1997	Adam Mickiewicz, VMI
1998	Bobby Cook, Chattanooga

135 pounds

1930	Fild, VMI
1933	Munger, Washington & Lee
1934	Charley Nolan, North Carolina State
1935	A. Witt, VMI
1936	A. Witt, VMI
1938	Reeves, VMI
1942	Tom Fuller, Washington & Lee

136 pounds

1941	Tom Fuller, Washington & Lee
1943	Jack McGrath, VMI
1947	Steiff, Washington & Lee
1948	Joe Sconce, Washington & Lee
1949	Joe Sconce, Washington & Lee
1950	Ted Lonergan, Washington & Lee

137 pounds

1951	Ted Lonergan, Washington & Lee
1952	Rodney Norris, Maryland
1953	Rodney Norris, Maryland
1954	Bill Pritchard, West Virginia
1955	Armand Taylor, Virginia Tech
1956	Joe Heller, Virginia Tech
1957	Armand Taylor, Virginia Tech
1958	Joe Heller, Virginia Tech
1959	Joe Heller, Virginia Tech
1960	Joe Heller, Virginia Tech
1961	Bob Robinson, Virginia Tech
1962	Don Ellerman, Virginia Tech
1963	Don Ellerman, Virginia Tech
1964	Don Ellerman, Virginia Tech
1965	Ken Cole, Virginia Tech
1966	Bill Meacci, West Virginia
1967	Jim Stevens, West Virginia
1968	Steve Vaughan, VMI
1969	Robert Corbo, East Carolina

141 pounds

1999	Jeremy Hart, Appalachian State
2000	Jeremy Hart, Appalachian State
2001	Jeremy Hart, Appalachian State
2002	Jared Sullivan, Chattanooga
2003	Jared Sullivan, Chattanooga
2004	Kevin Artis, UNCG
2005	Michael Keefe, Chattanooga
2006	Sean Markey, The Citadel

Individual champions

2007 Michael Keefe, Chattanooga
2008 Cody Cleveland, Chattanooga
2009 Cody Cleveland, Chattanooga
2010 Ivan Lopouchanski, UNCG
2011 Cody Cleveland, Chattanooga
2012 Mike Kessler, Appalachian State
2013 Ugi Khishignyam, The Citadel
2014 Ugi Khishignyam, The Citadel
2015 Michael Longo, Appalachian State
2016 Michael Longo, Appalachian State
2017 Josh Heil, Campbell
2018 Bryce Car, Chattanooga
2019 Chris Debien, Chattanooga
2020 Josh Heil, Campbell
2021 Anthony Brito, App State

142 pounds

1970 John Childress, The Citadel
1971 Brad Smallwood, William & Mary
1972 John Kaila, William & Mary
1973 Milt Sherman, East Carolina
1974 Tom Marriot, East Carolina
1975 Tom Marriot, East Carolina
1976 Tom Marriot, East Carolina
1977 Ronald Moore, William & Mary
1978 Ralph Truitt, Marshall
1979 Cary Waller, Chattanooga
1980 Bob Hilfiger, Appalachian State
1981 Bob Hilfiger, Appalachian State
1982 Randel Wider, Chattanooga
1983 Billy Moss, Chattanooga
1984 John Ehrenberger, VMI
1985 Amaro Lamar, Appalachian State
1986 Amaro Lamar, Appalachian State
1987 Jay Smallden, VMI
1988 Jay Smallden, VMI
1989 Dave Sloan, Appalachian State
1990 Steve Pitts, VMI
1991 Marty Fajerman, Furman
1992 Guy Harris, Chattanooga
1993 Charlie Branch, VMI
1994 Charlie Branch, VMI
1995 Charlie Branch, VMI
1996 Jason Foresman, VMI
1997 Trey Burlingame, UNCG
1998 Melvin Saunders, UNCG

145 pounds

1930 Kellam, VMI
1933 Allison, Virginia Tech
1934 Bill White, VMI
1935 Glenn Shively, Washington & Lee
1936 Glenn Shively, Washington & Lee
1938 Pitts, North Carolina
1941 Somervell, North Carolina
1942 Sterling Edwards, VMI
1943 Bob Sherrard, VMI
1947 Bob Sherrard, VMI
1948 Ken Finley, Washington & Lee
1949 Ken Finley, Washington & Lee
1950 Hap Dasheir, VMI
1966 Ed Steers, The Citadel
1967 Ed Steers, The Citadel
1968 Ed Steers, The Citadel
1969 Stan Bastain, East Carolina

147 pounds

1951 Doug Martin, North Carolina State
1952 Ed Brown, VMI
1953 Ed Brown, VMI
1954 Jeff Robertson, VMI
1955 Pannill Jones, VMI
1956 Armand Taylor, Virginia Tech
1957 Sherman Vandevender, Virginia Tech
1958 Sherman Vandevender, Virginia Tech
1959 Andy Sadie, West Virginia
1960 Bryan Kane, VMI
1961 Al Bamforth, VMI
1962 Jeff Hartsell, The Citadel
1963 Sam Church, West Virginia
1964 Bruce Schwanda, The Citadel
1965 Bruce Schwanda, The Citadel

149 pounds

1999 Melvin Saunders, UNCG
2000 Melvin Saunders, UNCG
2001 Adam Britt, VMI
2002 Wayne Watts, The Citadel
2003 Jacob Harris, Chattanooga
2004 Sam Alvarenga, VMI

2005 Levi Duyn, The Citadel
2006 Aaron Martin, Chattanooga
2007 Scott Ervin, Appalachian State
2008 Scott Ervin, Appalachian State
2009 Dan Waddell, Chattanooga
2010 Dean Pavlou, Chattanooga
2011 Ivan Lopouchanski, UNCG
2012 Dean Pavlou, Chattanooga
2013 Alex Hudson, Chattanooga
2014 Dylan Cottrell, Appalachian State
2015 Matt Frisch, The Citadel
2016 John Fahy, SIUE
2017 Matt Zovistoski, Appalachian State
2018 Tyshawn Williams, SIUE
2019 Josh Heil, Campbell
2020 Jonathan Millner, Appalachian State
2021 Jonathan Millner, App State

150 pounds

1970 Greg Giordano, William & Mary
1971 Bill Hogan, William & Mary
1972 Bill Hogan, William & Mary
1973 Tom Marriot, East Carolina
1974 Chris Jacobsen, Appalachian State
1975 Paul Thorp, East Carolina
1976 Max Lorenzo, William & Mary
1977 Frank Schaeede, East Carolina
1978 Tom Lunsford, Appalachian State
1979 Walt Fingar, The Citadel
1980 Pat Cucci, Appalachian State
1981 Cary Waller, Chattanooga
1982 John Feldhacker, Chattanooga
1983 Cary Waller, Chattanooga
1984 John Feldhacker, Chattanooga
1985 John Feldhacker, Chattanooga
1986 Ben Walker, VMI
1987 Amaro Lamar, Appalachian State
1988 Tom Sell, Chattanooga
1989 Tom Sell, Chattanooga
1990 Adrian Hines, Appalachian State
1991 Adrian Hines, Appalachian State
1992 Adrian Hines, Appalachian State
1993 Guy Harris, Chattanooga
1994 Kyle Kuykendall, Appalachian State
1995 Jeremy Ingram, VMI
1996 Reese Edgington, VMI
1997 Jason Foresman, VMI
1998 Heath Eslinger, Chattanooga

152 pounds

1966 Bill Zimmerman, West Virginia
1967 Dick Conard, The Citadel
1968 Greg Giordano, William & Mary
1969 Tom Bull, The Citadel

155 pounds

1930 McCrary, VMI
1933 E. Landis, VMI
1934 Bill Currence, VMI
1935 Arnez, Washington & Lee
1936 Arnez, Washington & Lee
1938 Thomas, Washington & Lee
1941 Beamer, VMI
1942 Sam Mordecai, North Carolina
1943 Leroy Roper, VMI
1947 Zerple, North Carolina
1948 Doug Martin, North Carolina State
1949 Phil Kemp, North Carolina
1950 Phil Kemp, North Carolina

157 pounds

1951 Joel Adelberg, Maryland
1952 Bobby Fischer, Maryland
1953 Bobby Fischer, Maryland
1954 Bryce Kramer, West Virginia
1955 Bryce Kramer, West Virginia
1956 Sherman Vandevender, Virginia Tech
1957 Harold Westervelt, Davidson
1958 Harold Westervelt, Davidson
1959 Sherman Vandevender, Virginia Tech
1960 Bill Daniels, VMI
1961 Jeff Hartsell, The Citadel
1962 Bob Hatcher, Virginia Tech
1963 Charles Callahan, Virginia Tech
1964 Jim Jioio, West Virginia
1965 Jerry Gooden, West Virginia
1999 Heath Eslinger, Chattanooga
2000 P.J. Boccia, Appalachian State
2001 P.J. Boccia, Appalachian State
2002 Adam Britt, VMI

2003 Adam Britt, VMI
2004 Dan Thompson, The Citadel
2005 Travis Piccard, The Citadel
2006 Jake Yost, Chattanooga
2007 Jake Yost, Chattanooga
2008 Seth Garvin, Chattanooga
2009 Joey Knox, Chattanooga
2010 Turtogtokh Luvsandorj, The Citadel
2011 Josh Condon, Chattanooga
2012 Dan Waddell, Chattanooga
2013 Matt Frisch, The Citadel
2014 Aaron Walker, The Citadel
2015 Aaron Walker, The Citadel
2016 Kamaal Shakur, Chattanooga
2017 Ryan Mosley, Gardner-Webb
2018 Tyler Marinelli, Gardner-Webb
2019 Benjamin Barton, Campbell
2020 Matt Zovistoski, Appalachian State
2021 Cody Bond, App State

158 pounds

1970 Mike Spohn, East Carolina
1971 Greg Giordano, William & Mary
1972 Phil Smith, VMI
1973 Bruce Hall, East Carolina
1974 Bruce Hall, East Carolina
1975 Dale Midkiff, Appalachian State
1976 Mike Regner, The Citadel
1977 Craig Cody, Appalachian State
1978 Anthony Parris, Chattanooga
1979 Rich Boland, The Citadel
1980 David Strickland, Chattanooga
1981 Todd Sumpter, Appalachian State
1982 David Strickland, Chattanooga
1983 Steve Swan, Appalachian State
1984 Steve Swan, Appalachian State
1985 Jesse Waltz, VMI
1986 Clay Ogden, The Citadel
1987 Lee Reitzel, Appalachian State
1988 Clay Ogden, The Citadel
1989 Howard Langford, Chattanooga
1990 Michael Murray, VMI
1991 Jeff Clark, VMI
1992 Howard Langford, Chattanooga
1993 Corey Creech, Appalachian State
1994 Fred Barber, VMI
1995 Kevin Johnson, VMI
1996 Derek Strobel, Appalachian State
1997 Joe Stanton, UNCG
1998 Jarrod Fitzpatrick, VMI

160 pounds

1966 Steve Rothstein, The Citadel
1967 Steve Rothstein, The Citadel
1968 Jeff Thiel, William & Mary
1969 Jeff Thiel, William & Mary

165 pounds

1930 Tallam, Virginia Tech
1933 Charley Pritchard, Washington & Lee
1934 Charley Pritchard, Washington & Lee
1935 Bill Currence, VMI
1936 Not Available
1938 Steidman, VMI
1941 Weddie Huffman, Duke
1942 Jim Wilson, VMI
1943 Frank Mordecai, North Carolina
1947 Don Troxler, North Carolina State
1948 Ken Lindell, Washington & Lee
1949 Oscar Gupton, North Carolina
1950 Bill Blackwell, VMI
1999 Tim Ritchie, The Citadel
2000 Heath Eslinger, Chattanooga
2001 Mark Fee, Appalachian State
2002 Mark Fee, Appalachian State
2003 Lee Roper, Appalachian State
2004 Jon Sioresdas, Chattanooga
2005 Jon Sioresdas, Chattanooga
2006 Dan Thompson, The Citadel
2007 T.J. Sayers, Chattanooga
2008 Byron Sigmon, UNCG
2009 Seth Garvin, Chattanooga
2010 Victor Hojilla, UNCG
2011 Kyle Blevins, Appalachian State
2012 Brandon Wright, Chattanooga
2013 Josh Condon, Chattanooga
2014 Corey Mock, Chattanooga
2015 Connor McMahon, SIUE
2016 Austin Trott, Gardner-Webb
2017 Quentin Perez, Campbell

Individual champions

2018 Nate Higgins, SIUE
2019 Tyler Marinelli, Gardner-Webb
2020 Quentin Perez, Campbell
2021 Andrew Nicholson, Chattanooga

167 pounds

1951 Don Kniffen, West Virginia
1952 Ernie Fischer, Maryland
1953 Ernie Fischer, Maryland
1954 Gil McSpadden, Washington & Lee
1955 Gil McSpadden, Washington & Lee
1956 John Wright, Virginia Tech
1957 Don Vaughn, Virginia Tech
1958 Charles Sherwood, West Virginia
1959 Charles Sherwood, West Virginia
1960 Phil Hoblitzell, West Virginia
1961 Bill Daniels, VMI
1962 Roy Sialer, West Virginia
1963 Tom Rihn, West Virginia
1964 Mark Biodolillo, West Virginia
1965 Ken Jenkins, Virginia Tech
1966 Mike Armstrong, The Citadel
1967 Mike Armstrong, The Citadel
1968 Bob Hobson, William & Mary
1969 Bob Hobson, William & Mary
1970 Bob Hobson, William & Mary
1971 Bob Hobson, William & Mary
1972 Scott Moyer, William & Mary
1973 Scott Moyer, William & Mary
1974 Bob Stark, William & Mary
1975 Ron Whitcomb, East Carolina
1976 Phil Mueller, East Carolina
1977 Phil Mueller, East Carolina
1978 Garth Hinkle, The Citadel
1979 David Coyle, Marshall
1980 Larry Meierotto, Chattanooga
1981 Tim Jones, Marshall
1982 Larry Meierotto, Chattanooga
1983 Eric Williams, The Citadel
1984 Jonathan Hampton, Appalachian State
1985 Marshall Irby, Appalachian State
1986 Todd Arris, VMI
1987 Todd Arris, VMI
1988 Bret Gustafson, Chattanooga
1989 Mike Maxam, Appalachian State
1990 Bryan Flint, Chattanooga
1991 Bryan Flint, Chattanooga
1992 Corey Creech, Appalachian State
1993 Rob Reaves, The Citadel
1994 Shomari Rozier, Appalachian State
1995 Rob Reaves, The Citadel
1996 Chad Dennis, Chattanooga
1997 Derek Strobel, Appalachian State
1998 Jamie Hensch, UNCG

174 pounds

1999 Jamie Hensch, UNCG
2000 Austen Palmer, VMI
2001 Mike Regner, The Citadel
2002 Matt Erwin, VMI
2003 Mark Fee, Appalachian State
2004 Keith Clifton, The Citadel
2005 Joe Lowe, UNCG
2006 Joe Lowe, UNCG
2007 Joe Lowe, UNCG
2008 Lloyd Rogers, Chattanooga
2009 Jason McCroskey, Chattanooga
2010 Byron Sigmon, UNCG
2011 Brandon Wright, Chattanooga
2012 Turtogtokh Luvсандорж, The Citadel
2013 Hunter Gamble, Gardner-Webb
2014 Levi Clemons, Chattanooga
2015 Sean Mappes, Chattanooga
2016 Nick Kee, Appalachian State
2017 Jake Residori, SIUE
2018 Forrest Przybysz, Appalachian State
2019 Neal Richards, VMI
2020 Neal Richards, VMI
2021 Austin Murphy, Campbell

175 pounds

1930 Tilson, Washington & Lee
1933 Nelson Waldrop, Virginia Tech
1934 Nelson Waldrop, Virginia Tech
1935 Burgess, VMI
1936 Not Available
1938 Martin, VMI
1941 McNeil, Maryland
1942 Jim Dorier, VMI
1943 Weddie Huffman, Duke

1947 J.B. Edwards, North Carolina State
1948 Bob Mahoney, Washington & Lee
1949 Ken Lindell, Washington & Lee
1950 Stewart Oliver, Virginia Tech

177 pounds

1951 Dick Harrison, Duke
1952 Jack Shanahan, Maryland
1953 Jack Shanahan, Maryland
1954 Miles Nowitzky, VMI
1955 Frank Craze, West Virginia
1956 Gil McSpadden, Washington & Lee
1957 Mike McClintic, West Virginia
1958 Tom Burrus, Virginia Tech
1959 Harold Westervelt, Davidson
1960 Buddy Sanders, Virginia Tech
1961 Frank Kirk, Virginia Tech
1962 Tom Hill, VMI
1963 Roy Sisler, West Virginia
1964 Roy Sisler, West Virginia
1965 Marshall Taylor, VMI
1966 John Luckini, West Virginia
1967 Scott Curzi, William & Mary
1968 Don Taylor, VMI
1969 Cliff Bernard, East Carolina
1970 Scott Moyer, William & Mary
1971 Bill Hill, East Carolina
1972 Bill Hill, East Carolina
1973 Bill Hill, East Carolina
1974 Bill Hill, East Carolina
1975 Mike Radford, East Carolina
1976 Ron Whitcomb, East Carolina
1977 Bob Stark, William & Mary
1978 Tom Flanagan, Chattanooga
1979 Tom Flanagan, Chattanooga
1980 Bobby Orand, Chattanooga
1981 Larry Meierotto, Chattanooga
1982 Steve Evans, VMI
1983 Johnathan Hampton, Appalachian State
1984 Robert Wyndham, The Citadel
1985 Johnathan Hampton, Appalachian State
1986 Charlie Buckshaw, Chattanooga
1987 Charlie Buckshaw, Chattanooga
1988 Charlie Buckshaw, Chattanooga
1989 Erick Ames, VMI
1990 Bret Gustafson, Chattanooga
1991 Bret Gustafson, Chattanooga
1992 Bret Gustafson, Chattanooga
1993 Chad Dennis, Chattanooga
1994 Seth Meyerson, Appalachian State
1995 Seth Meyerson, Appalachian State
1996 Eddy Clark, Appalachian State
1997 Nathan Funk, Appalachian State
1998 Nathan Funk, Appalachian State

184 pounds

1999 Dax Pecaro, UNCG
2000 Dax Pecaro, UNCG
2001 Adam Duncan, Chattanooga
2002 Quantel Langford, Chattanooga
2003 Keith Clifton, The Citadel
2004 John Davis, Chattanooga
2005 John Davis, Chattanooga
2006 John Davis, Chattanooga
2007 Josh Edmondson, Chattanooga
2008 Josh Edmondson, Chattanooga
2009 Mikal McKee, UNCG
2010 Austin Trotman, Appalachian State
2011 Austin Trotman, Appalachian State
2012 Austin Trotman, Appalachian State
2013 James Cook, Campbell
2014 Scott Patrick, Davidson
2015 Scott Patrick, Davidson
2016 Ville Heino, Campbell
2017 Bryce Carr, Chattanooga
2018 Bryce Carr, Chattanooga
2019 Chris Kober, Campbell
2020 Andrew Morgan, Campbell
2021 Caleb Hopkins, Campbell

190 pounds

1970 Tom Williams, The Citadel
1971 Jim Bailey, VMI
1972 Jim Bailey, VMI
1973 Mike Furiness, William & Mary
1974 Mike Radford, East Carolina
1975 Rick Dixon, William & Mary
1976 Mike Radford, East Carolina
1977 John Vizzi, VMI
1978 Bobby Orand, Chattanooga

1979 Bobby Orand, Chattanooga
1980 Pat Murphy, Chattanooga
1981 Pat Murphy, Chattanooga
1982 Pat Murphy, Chattanooga
1983 Pat Murphy, Chattanooga
1984 Thermus Biggs, Appalachian State
1985 Jeff Rufolo, Chattanooga
1986 Chris Thornbury, Chattanooga
1987 Jeff Rufolo, Chattanooga
1988 Jeff Rufolo, Chattanooga
1989 Charlie Buckshaw, Chattanooga
1990 Chris Zwilling, Appalachian State
1991 Rod Horner, Chattanooga
1992 Warren Osbourn, Chattanooga
1993 Gearld Carr, Chattanooga
1994 Vince Crum, The Citadel
1995 Daryk Moistner, Appalachian State
1996 Seth Meyerson, Appalachian State
1997 Eric Sanders, UNCG
1998 Isaac Moore, VMI

191 pounds

1967 Don Taylor, VMI
1968 Gil Reel, West Virginia
1969 Kerry Keith, Davidson

197 pounds

1999 Isaac Moore, VMI
2000 Josh Lambrecht, Chattanooga
2001 David Tyner, Chattanooga
2002 Austin David, Chattanooga
2003 Josh Carroll, Appalachian State
2004 Daren Burns, UNCG
2005 Daren Burns, UNCG
2006 Daren Burns, UNCG
2007 Corry Murray, VMI
2008 Daren Burns, UNCG
2009 Odie Delaney, The Citadel
2010 Dylan Temple, Appalachian State
2011 Caylor Williams, UNCG
2012 Kelby Smith, The Citadel
2013 Niko Brown, Chattanooga
2014 Marshall Haas, The Citadel
2015 Jake Tindle, SIUE
2016 Scottie Boykin, Chattanooga
2017 Jake Tindle, SIUE
2018 Scottie Boykin, Chattanooga
2019 Randall Diabe, Appalachian State
2020 Demazio Samuel, Appalachian State
2021 Chris Kober, Campbell

285 pounds

1930 Davis, Virginia Tech
1933 Idol, North Carolina
1934 Hugo Bonino, Washington & Lee
1935 Hugo Bonino, Washington & Lee
1936 Not Available
1938 McFayden, Davidson
1941 Lillard Ailor, Washington & Lee
1942 Woody Jones, North Carolina State
1943 John Coppedge, VMI
1947 Hooper, North Carolina
1948 Bill George, Wake Forest
1949 Bill George, Wake Forest
1950 Jerry Jack, Washington & Lee
1951 Bob Boswell, West Virginia
1952 Bill George, Wake Forest
1953 Jack McNicol, Virginia Tech
1954 Nick Servidio, VMI
1955 Jim Lock, Virginia Tech
1956 Dale Vaughn, VMI
1957 Don Basham, VMI
1958 J.D. Miller, West Virginia
1959 J.D. Miller, West Virginia
1960 Ray Bazzoli, West Virginia
1961 Dennis Merklinger, VMI
1962 Gene Breen, Virginia Tech
1963 Don Marks, Virginia Tech
1964 Ken Woodeshick, West Virginia
1965 Mike George, West Virginia
1966 Ken Woodeshick, West Virginia
1967 Lowell Bryan, Davidson
1968 Bob Biddle, VMI
1969 Bob Biddle, VMI
1970 Doug Freiburger, William & Mary
1971 Greg Freaney, William & Mary
1972 Greg Freaney, William & Mary
1973 Mark Pohren, East Carolina
1974 Willie Bryant, East Carolina
1975 Willie Bryant, East Carolina



Individual champions

1976	Ned Stepahovich, VMI
1977	Ned Stepahovich, VMI
1978	Lo Carmen, Appalachian State
1979	Lo Carmen, Appalachian State
1980	Chuck Pinta, The Citadel
1981	Chuck Pinta, The Citadel
1982	Chuck Pinta, The Citadel
1983	Jim Ettari, The Citadel
1984	David Besser, Appalachian State
1985	John Long, VMI
1986	Mike Wallace, Chattanooga
1987	Chris Thornbury, Chattanooga
1988	Rock Burch, Appalachian State
1989	Chris Thornbury, Chattanooga
1990	Rock Burch, Appalachian State
1991	Warren Osbourn, Chattanooga
1992	Melvin Crosby, Appalachian State
1993	Melvin Crosby, Appalachian State
1994	Mark Wysong, VMI
1995	Duke Howell, Appalachian State
1996	Leslie Apedoe, VMI
1997	Leslie Apedoe, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Kevin Baltz, Chattanooga
2001	John Kimble, UNCG
2002	Greg Forbes, UNCG
2003	Billy Linane, The Citadel
2004	Billy Linane, The Citadel
2005	Ruebon Daniels, Appalachian State
2006	Tyler Sholvin, UNCG
2007	Matt Koz, Chattanooga
2008	Josh Wine, VMI
2009	Josh Wine, VMI
2010	Odie Delaney, The Citadel
2011	Josh Wine, VMI
2012	Odie Delaney, The Citadel
2013	Odie Delaney, The Citadel
2014	David Devine, SIUE
2015	Denzel Dejournette, Appalachian State
2016	Denzel Dejournette, Appalachian State
2017	Denzel Dejournette, Appalachian State
2018	Jere Heino, Campbell
2019	Cary Miller, Appalachian State
2020	Cary Miller, Appalachian State
2021	Michael McAleavey, The Citadel

SoCon champions by school

Chattanooga	150	North Carolina	13
Appalachian State	113	Davidson	11
VMI	112	Maryland	11
The Citadel	68	SIUE	8
East Carolina	44	NC State	7
West Virginia	42	Duke	5
William & Mary	39	Gardner-Webb	4
Washington & Lee	38	Marshall	3
UNCG	32	Wake Forest	3
Virginia Tech	18	Furman	1
Campbell	17		

Repeat individual champions

Four-time champions (16)

Name, school	Years (weights)
Bobby Perry, West Virginia	1952-55 (123)
Sherman Vandevender, Virginia Tech	1956, 1959 (157), 1957-58 (147)
Brandon Glover, Virginia Tech	1957-60 (130)
Joe Heller, Virginia Tech	1956, 1958-60 (137)
Lonnie Parker, William & Mary	1968-69 (115), 1970-71 (118)
Bob Hobson, William & Mary	1968-71 (167)
Bill Hill, East Carolina	1971-74 (177)
Tom Marriot, East Carolina	1973 (150), 1974-76 (142)
Pat Murphy, Chattanooga	1980-83 (190)
Charlie Buckshaw, Chattanooga	1986-88 (177), 1989 (190)
Bret Gustafson, Chattanooga	1988 (167), 1990-92 (177)
Charlie Branch, VMI	1992 (134), 1993-95 (142)
Leslie Apedoe, VMI	1996-99 (285)
Daren Burns, UNCG	2004-06, 2008 (197)
Odie Delaney, The Citadel	2009 (197), 2010, 2012-13 (285)
Nick Soto, Chattanooga	2012, 2014-15 (133), 2013 (125)

Three-time champions (46)

Name, school	Years (weights)
Rowland Thomas, Washington & Lee	1933 (115), 1935-36 (118)
Ted Loneragan, Washington & Lee	1947 (128), 1950 (136), 1951 (137)
Bill George, Wake Forest	1948-49, 1952 (285)
Gil McSpadden, West Virginia	1954-55 (167), 1956 (177)
Armand Taylor, Virginia Tech	1955, 1957 (137), 1956 (147)
Harold Westervelt, Davidson	1957-58 (157), 1959 (177)
Don Ellerman, Virginia Tech	1962-64 (137)
Ed Steers, The Citadel	1966-68 (145)
Tom Ellenberger, East Carolina	1968-69 (130), 1970 (126)
Greg Giordano, VMI	1968 (152), 1970 (150), 1971 (158)
Dan Monroe, East Carolina	1971-73 (126)
Scott Moyer, William & Mary	1970 (177), 1972-73 (167)
Glenn Baker, East Carolina	1972-73 (118), 1974 (126)
Mark Belknap, William & Mary	1973-75 (134)
Mike Radford, East Carolina	1974, 1976 (190), 1975 (177)
Jim Hicks, William & Mary	1975 (126), 1976-77 (134)
Bobby Orand, Chattanooga	1978-79 (190), 1980 (177)
Larry Meierotto, Chattanooga	1980, 1982 (167), 1981 (177)
Chuck Pinta, The Citadel	1980-82 (285)
Cary Waller, Chattanooga	1979 (142), 1981, 1983 (150)
Charlie Heard, Chattanooga	1982-84 (118)
John Feldhacker, Chattanooga	1982, 1984-85 (150)
Johnathan Hampton, Appalachian State	1983, 1985 (177), 1984 (167)
Amaro Lamar, Appalachian State	1985-86 (142), 1987 (150)
Jeff Rufolo, Chattanooga	1985, 1987-88 (190)
Ben Reichel, Chattanooga	1986-87, 1989 (118)
Chris Thornbury, Chattanooga	1986 (190), 1987, 1989 (285)
David Barden, Chattanooga	1993 (118), 1994-95 (126)
Adam Mickiewicz, VMI	1995-97 (134)
Bobby Hanson, Chattanooga	1998 (126), 1999-00 (133)
Melvin Saunders, UNCG	1998 (142), 1999-00 (149)
Jeremy Hart, Appalachian State	1999-01 (141)
Adrian Hines, Appalachian State	1990-92 (150)
Seth Meyerson, Appalachian State	1994-95 (177), 1996 (190)
Heath Eslinger, Chattanooga	1998 (150), 1999 (157), 2000 (165)
Travis Drake, Appalachian State	2001-03 (133)
Adam Britt, VMI	2001 (149), 2002-03 (157)
Mark Fee, Appalachian State	2001-02 (165), 2003 (174)
John Davis, Chattanooga	2004-06 (184)
Joe Lowe, UNCG	2005-07 (174)
Javier Moldanado, Chattanooga	2006-08 (125)
Cody Cleveland, Chattanooga	2008-09, 2011 (141)
Josh Wine, VMI	2008-09, 2011 (285)
Austin Trotman, Appalachian State	2010-12 (184)
Denzel Dejournette, Appalachian State	2015-17 (285)
Josh Heil, Campbell	2017, 2020 (141), 2019 (149)