

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025

Samford Track Stadium

Results

Women 100 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 11.45 M 1993 Melissa Morrison

Name	Yr	School	Prelims
Preliminaries			
1 Dabney, Amiel	SR	Samford	11.94Q0.7
2 Simmons, Ryleigh	SO	Chattanooga	11.98Q0.4
3 Thomas, Cymoria	SO	Western Caro	12.02Q0.7
4 Tennant, Ella	JR	Wofford	12.14Q0.4
5 Blair, Armani	SO	Western Caro	12.05Q0.7
6 Ubani, Melissa	SO	Mercer	12.39Q0.4
7 Simmons, Jayla	FR	Mercer	12.24q 0.7
8 Walker, Gabrielle	SO	East Tenn. S	12.26q 0.7
9 Johnson, Alliann	SR	Citadel	12.40q 0.7
10 Brown, Akira	FR	Mercer	12.41 0.4
11 Faison, Naturale	FR	VMI	12.45 0.4
12 Watts, Miranda	FR	Western Caro	12.45 0.7
13 Eric, Miracle	FR	VMI	12.59 0.7
14 Koumondji, Jennifer	SO	VMI	12.66 0.4
15 Lindsey, Emily	SO	East Tenn. S	12.69 0.7
16 Pirece, Naomi	FR	Mercer	12.98 0.4

Women 100 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 11.45 M 1993 Melissa Morrison

Name	Yr	School	Finals
Finals			
1 Simmons, Ryleigh	SO	Chattanooga	12.05 10
2 Dabney, Amiel	SR	Samford	12.10 8
3 Blair, Armani	SO	Western Caro	12.13 5.5
3 Thomas, Cymoria	SO	Western Caro	12.13 5.5
5 Tennant, Ella	JR	Wofford	12.20 4
6 Simmons, Jayla	FR	Mercer	12.37 3
7 Walker, Gabrielle	SO	East Tenn. S	12.37 2
8 Ubani, Melissa	SO	Mercer	12.44 1
9 Johnson, Alliann	SR	Citadel	12.45 -0.2

Women 200 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 23.50 M 1989 Lamonda Miller

Name	Yr	School	Prelims
Preliminaries			
1 Cook, Micailah	FR	East Tenn. S	24.03Q0.4
2 Chadwick, Ellison	SO	Samford	24.44Q-0.3
3 Obazughanmwun, Charity	JR	Mercer	24.68Q0.4
4 Thomas, Cymoria	SO	Western Caro	24.72Q-0.3
5 Martin, Kelsey	SR	Samford	24.88Q0.4
6 Kirksey, Brooklyn	JR	Samford	25.12Q-0.3
7 Jennings-Ward, Taylor	FR	Wofford	24.95q 0.4
8 Green, SeMore	JR	VMI	25.14q -0.3
9 Simmons, Ryleigh	SO	Chattanooga	25.22q -0.3
10 Simmons, Jayla	FR	Mercer	25.38 -0.3
11 Tennant, Ella	JR	Wofford	25.68 0.4
12 Butler, Leah	SO	Western Caro	25.79 0.4
13 Patterson, Aniya	FR	Western Caro	25.80 -0.3

14 Watts, Miranda	FR	Western Caro	26.12 -0.3
15 Walker, Gabrielle	SO	East Tenn. S	26.24 0.4
16 Saunders, Kyndal	SO	Western Caro	26.25 0.4
17 Lindsey, Emily	SO	East Tenn. S	26.56 0.4

Women 200 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 23.50 M 1989 Lamonda Miller

Name	Yr	School	Finals
Finals			
1 Cook, Micailah	FR	East Tenn. S	24.27 10
2 Thomas, Cymoria	SO	Western Caro	24.52 8
3 Obazughanmwun, Charity	JR	Mercer	24.60 6
4 Chadwick, Ellison	SO	Samford	24.65 5
5 Kirksey, Brooklyn	JR	Samford	25.14 4
6 Green, SeMore	JR	VMI	25.15 3
7 Simmons, Ryleigh	SO	Chattanooga	25.30 2
8 Jennings-Ward, Taylor	FR	Wofford	25.38 1
9 Martin, Kelsey	SR	Samford	26.15 0.3

Women 400 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 53.27 M 5/7/2024 Jasmine Jefferson

Name	Yr	School	Prelims
Preliminaries			
1 Cook, Micailah	FR	East Tenn. S	55.20Q
2 Pardue, Elizabeth	FR	Samford	55.72Q
3 Obazughanmwun, Charity	JR	Mercer	56.02Q
4 Jennings-Ward, Taylor	FR	Wofford	56.46Q
5 Green, Tangela	SO	Wofford	56.60Q
6 Saunders, Kyndal	SO	Western Caro	57.00Q
7 Butler, Leah	SO	Western Caro	57.54q
8 Martin, Kelsey	SR	Samford	58.54q
9 Sayre, Brooke	JR	Wofford	59.28q
10 Maddox, Kendyl	SO	Mercer	59.67
11 Patterson, Aniya	FR	Western Caro	59.90
12 Herdklotz, Renn	FR	East Tenn. S	59.93
13 Simmons, Amilliana	SO	Western Caro	59.97
14 McGue, Ava	JR	Chattanooga	1:00.85
15 Williams, Danielle K	SO	Citadel	1:01.30

Women 400 Meter Dash

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 53.27 M 5/7/2024 Jasmine Jefferson

Name	Yr	School	Finals
Finals			
1 Cook, Micailah	FR	East Tenn. S	54.67 10
2 Pardue, Elizabeth	FR	Samford	55.53 8
3 Obazughanmwun, Charity	JR	Mercer	56.36 6
4 Jennings-Ward, Taylor	FR	Wofford	56.56 5
5 Green, Tangela	SO	Wofford	56.74 4
6 Saunders, Kyndal	SO	Western Caro	57.60 3
7 Butler, Leah	SO	Western Caro	57.71 2
8 Martin, Kelsey	SR	Samford	58.77 1
9 Sayre, Brooke	JR	Wofford	58.81

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025**Samford Track Stadium****Results****Women 800 Meter Run****Top 3 In Heat Plus Next 3 On Time Advance****Start in Lanes, One Turn Stagger****SoCon Rec: 2:07.01 M 5/7/2024 Megan Marvin**

Name	Yr	School	Prelims
Preliminaries			
1 Marvin, Megan	SR	Furman	2:11.15Q
2 Haisch, Adeline	SR	Samford	2:11.65Q
3 Lueders, Grace	JR	Samford	2:11.31Q
4 Ward, Jais	FR	Furman	2:11.83Q
5 Vickers, Delaney	FR	Furman	2:11.45Q
6 Cook, Claire	FR	Furman	2:11.83Q
7 Lance, Meg	JR	East Tenn. S	2:12.11q
8 King, Dannielle	SO	Wofford	2:12.95q
9 Gilman, Reagan	FR	VMI	2:14.20q
10 Foley, Lexi	SR	Chattanooga	2:16.33
11 Shank, Gretal	SR	VMI	2:17.20
12 Hallman, Kristen	SO	Wofford	2:20.10
13 Anderson, Evelyn	SO	VMI	2:21.28
14 Thiessen, Abby	FR	Citadel	2:25.84
15 Tufts, Eryn	SR	Citadel	2:26.99
16 Kruger, Izelle	JR	East Tenn. S	2:29.13
17 Crawford, Taylor	FR	Chattanooga	2:29.26

Women 800 Meter Run**Top 3 In Heat Plus Next 3 On Time Advance****Start in Lanes, One Turn Stagger****SoCon Rec: 2:07.01 M 5/7/2024 Megan Marvin**

Name	Yr	School	Finals
Finals			
1 Lueders, Grace	JR	Samford	2:08.82 10
2 Vickers, Delaney	FR	Furman	2:08.88 8
3 Marvin, Megan	SR	Furman	2:09.00 6
4 Cook, Claire	FR	Furman	2:10.51 5
5 Ward, Jais	FR	Furman	2:10.88 4
6 Lance, Meg	JR	East Tenn. S	2:11.35 3
7 Haisch, Adeline	SR	Samford	2:12.06 2
8 Gilman, Reagan	FR	VMI	2:12.24 1
9 King, Dannielle	SO	Wofford	2:12.77

Women 1500 Meter Run**Final on Time****SoCon Rec: 4:22.95 M 2006 Shannon Wommack**

Name	Yr	School	Finals
Finals			
1 Haisch, Adeline	SR	Samford	4:28.37 10
2 Males, Nysa	FR	Furman	4:30.71 8
3 Matysik, Nicole	SR	Furman	4:31.21 6
4 Wheatcroft, Maddie	JR	Chattanooga	4:31.31 5
5 Green, Lesley	SR	Chattanooga	4:36.00 4
6 Hamilton, Felicity	FR	Samford	4:36.36 3
7 Sullivan, Rory	FR	Furman	4:37.20 2
8 Lamanna, Zoie	FR	Furman	4:37.87 1
9 Harper, Callie	SR	Furman	4:38.14
10 Boyd, Leah	JR	Chattanooga	4:38.44

11 Graham, Bethany	SR	Furman	4:43.04
12 Foley, Lexi	SR	Chattanooga	4:48.16
13 Wade, Audrey	FR	Chattanooga	5:07.03
14 Dias, Natalia	FR	VMI	5:17.07

Women 5000 Meter Run**SoCon Rec: 16:12.98 M 5/12/2017 Allie Buchalski**

Name	Yr	School	Finals
Finals			
1 Green, Lesley	SR	Chattanooga	16:40.00 10
2 Wilkes, Carly	JR	Furman	16:40.43 8
3 Wheatcroft, Maddie	JR	Chattanooga	17:12.20 6
4 Harris, Nichole	SR	Mercer	17:23.33 5
5 Jones, Emma	JR	Furman	17:23.40 4
6 Lamanna, Zoie	FR	Furman	17:24.53 3
7 Parker, Sinkenesh	SR	Samford	17:26.77 2
8 Males, Nysa	FR	Furman	17:28.78 1
9 Graham, Bethany	SR	Furman	17:29.38
10 Lutdke, Deena	FR	East Tenn. S	17:31.46
11 Hamilton, Felicity	FR	Samford	17:31.97
12 Pfeuffer, Macie	SR	Samford	17:36.17
13 Smith, Edie	SR	Samford	17:44.79
14 Ridgeway, Mary Claire	SR	Wofford	17:45.35
15 Ellis, Andrea	JR	Chattanooga	17:55.19
16 Boyd, Leah	JR	Chattanooga	18:00.99
17 Beach, Sophie	JR	East Tenn. S	18:05.50
18 Johnson, Camryn	JR	East Tenn. S	18:07.96
19 Hinds, Becca	JR	Wofford	18:08.64
20 Douglass, Lillian	FR	Unc-Greensbo	18:19.30
21 Jones, Olivia	JR	Mercer	18:20.56
22 Skoglund, Peyton	SO	Western Caro	18:24.13
23 Sosa, Victoria	JR	Unc-Greensbo	18:24.81
24 Gray, Bonita	JR	East Tenn. S	18:33.12
25 Berrier, Emma	SR	Unc-Greensbo	18:40.39
26 Kallbreier, Abbie	FR	Mercer	18:49.65
27 Crowe, Mackenzie	FR	Mercer	19:11.17
28 Sandoval, Paula	FR	Mercer	19:22.03

Women 10000 Meter Run**SoCon Rec: 34:35.06 M 2014 Teghan Henderson**

Name	Yr	School	Finals
Finals			
1 Jones, Emma	JR	Furman	37:29.79 10
2 Smith, Edie	SR	Samford	37:32.87 8
3 Harris, Nichole	SR	Mercer	37:34.86 6
4 Parker, Sinkenesh	SR	Samford	37:41.90 5
5 Cadeau, Madelynne	SR	Furman	37:47.25 4
6 Pfeuffer, Macie	SR	Samford	37:47.51 3
7 Sosa, Victoria	JR	Unc-Greensbo	38:39.92 2
8 Ellis, Andrea	JR	Chattanooga	38:45.66 1
9 Beach, Sophie	JR	East Tenn. S	38:50.87
10 Hinds, Becca	JR	Wofford	39:06.38
11 Gray, Bonita	JR	East Tenn. S	39:43.16
12 Tyll, Brooke	SO	Chattanooga	40:02.26
13 Douglass, Tenley	SO	Unc-Greensbo	40:16.38
14 Dabney, Michaela	SO	Chattanooga	40:26.62

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025

Samford Track Stadium

Results

Finals ... (Women 10000 Meter Run)

Name	Yr	School	Finals
15 Fowler, Ava	SR	Wofford	41:17.09
16 Thweatt, Emma	FR	Chattanooga	41:55.11
17 Shealy, Carlyne	JR	Wofford	42:07.79

Women 100 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 13.25 M 5/12/2017 Kyra Atkins

Name	Yr	School	Prelims
Preliminaries			
1 Dabney, Amiel	SR	Samford	13.49Q0.5
2 Campbell, JaKayla	SO	Wofford	13.80Q1.5
3 Mbenda, Aaliyah	FR	Samford	13.73Q0.5
4 Lysight, Shaneil	JR	Western Caro	14.00Q1.5
5 Christie, Sherika	SO	Wofford	14.00q 0.5
6 Edwards, Maddie	SR	Samford	14.26q 1.5
7 Boyd, Imani	SR	Western Caro	14.41q 1.5
8 Drake, Ayden	SR	Samford	14.50q 0.5
9 Livingston, Arielle	FR	Mercer	14.50q 0.5
10 Hart, Shea	JR	VMI	14.53 0.5
11 Van Der Linde, Marga	SR	Wofford	15.05 1.5
12 Coleman, Meg	JR	Samford	15.21 1.5
13 Molette, Akera	FR	East Tenn. S	15.27 1.5
14 Hall, Heaven	JR	VMI	15.52 0.5
--- Duchemin, Isabelle	SO	Wofford	DQ 1.5

Women 100 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 13.25 M 5/12/2017 Kyra Atkins

Name	Yr	School	Finals
Finals			
1 Dabney, Amiel	SR	Samford	13.60 10
2 Mbenda, Aaliyah	FR	Samford	13.88 8
3 Campbell, JaKayla	SO	Wofford	13.98 6
4 Christie, Sherika	SO	Wofford	13.99 5
5 Edwards, Maddie	SR	Samford	14.22 4
6 Lysight, Shaneil	JR	Western Caro	14.53 3
7 Boyd, Imani	SR	Western Caro	14.61 2
8 Livingston, Arielle	FR	Mercer	14.68 1
9 Drake, Ayden	SR	Samford	14.81 -0.3

Women 400 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 58.15 M 5/11/2017 Katrina Seymour

Name	Yr	School	Prelims
Preliminaries			
1 Edwards, Maddie	SR	Samford	1:01.11Q
2 Drake, Ayden	SR	Samford	1:02.62Q
3 Lysight, Shaneil	JR	Western Caro	1:01.54Q
4 Campbell, JaKayla	SO	Wofford	1:04.75Q
5 Boyd, Imani	SR	Western Caro	1:02.70Q
6 Van Der Linde, Marga	SR	Wofford	1:05.22Q
7 Owen, Maris	SO	Samford	1:04.58q
8 Unterholzner, Sarah	SR	Chattanooga	1:05.25q
9 Harris, Marie	FR	Western Caro	1:06.94q

10 Coleman, Meg	JR	Samford	1:07.42
11 Archuletta, Ansley	SR	East Tenn. S	1:08.35
12 Baker, Brianna	SO	East Tenn. S	1:09.99
13 Livingston, Arielle	FR	Mercer	1:12.89
14 Hall, Heaven	JR	VMI	1:14.25
15 McKeown, Adelaide	SO	Chattanooga	1:15.07

Women 400 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 58.15 M 5/11/2017 Katrina Seymour

Name	Yr	School	Finals
Finals			
1 Edwards, Maddie	SR	Samford	59.78 10
2 Drake, Ayden	SR	Samford	1:00.93 8
3 Lysight, Shaneil	JR	Western Caro	1:01.91 6
4 Boyd, Imani	SR	Western Caro	1:02.18 5
5 Owen, Maris	SO	Samford	1:03.51 4
6 Van Der Linde, Marga	SR	Wofford	1:03.52 3
7 Unterholzner, Sarah	SR	Chattanooga	1:03.65 2
8 Campbell, JaKayla	SO	Wofford	1:06.98 1
9 Harris, Marie	FR	Western Caro	1:08.52

Women 3000 Meter Steeplechase

SoCon Rec: 10:07.54 M 2006

Shannon Womack

Name	Yr	School	Finals
Finals			
1 Matysik, Nicole	SR	Furman	10:43.37 10
2 Lutdke, Deena	FR	East Tenn. S	10:58.62 8
3 Ridgeway, Mary Claire	SR	Wofford	10:58.91 6
4 Johnson, Camryn	JR	East Tenn. S	11:19.61 5
5 Jones, Olivia	JR	Mercer	11:20.53 4
6 Skoglund, Peyton	SO	Western Caro	11:35.25 3
7 Kallbreier, Abbie	FR	Mercer	11:38.60 2
8 Archuletta, Ansley	SR	East Tenn. S	11:53.60 1
9 Sandoval, Paula	FR	Mercer	11:57.99
10 McGowan, EV	FR	Chattanooga	12:30.67
--- Sisk, Jillian	SO	VMI	DNF

Women 4x100 Meter Relay

Final on Time

SoCon Rec: 44.50 M 2014

Georgia Southern

A. Felton, J. Walker, A. Tipton, J. Fordham

Team	Relay	Finals
Finals		
1 Samford	A	46.00 10
2 Wofford	A	46.70 8
3 Western Carolina	A	46.86 6
4 Mercer	A	47.26 5
5 Vmi	A	48.20 4
6 East Tenn. St.	A	49.99 3
7 Chattanooga	A	50.12 2
8 Citadel	A	53.12 1

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025

Samford Track Stadium

Results

Women 4x400 Meter Relay

Final on Time

SoCon Rec: 3:41.68 M 2007

Georgia Southern

R. Arnold, N. Brown, S Jennings. C. Ballard

Team	Relay	Finals
Finals		
1 Samford	A	3:43.65 10
2 Wofford	A	3:45.57 8
3 Western Carolina	A	3:49.11 6
4 Furman	A	3:51.35 5
5 East Tenn. St.	A	3:52.34 4
6 Mercer	A	3:59.34 3
7 Vmi	A	4:01.29 2
8 Citadel	A	4:07.38 1
9 Chattanooga	A	4:09.88

Women High Jump

Prog:

SoCon Rec: 1.79m M 2014

Megan Kirschling

Name	Yr	School	Finals
Finals			
1 Boyd, Imani	SR	Western Caro	1.71m 9
1 Miller, Sadler	JR	Western Caro	1.71m 9
3 Parker, Dorsey	JR	Samford	1.66m 6
4 Fraser, Morgan	SO	VMI	1.66m 5
5 Christie, Sherika	SO	Wofford	1.61m 4
6 Molette, Aker	FR	East Tenn. S	1.61m 3
7 Baker, Brianna	SO	East Tenn. S	1.61m 2
8 Bagg, Olivia	JR	Wofford	1.61m 1
9 Vassell, Ne'Rya	FR	Wofford	1.56m
9 Watson, E'Yana	FR	VMI	1.56m
9 Cooper, Ava	SO	Wofford	1.56m
12 Ruch, Eliza	SO	East Tenn. S	1.51m
13 Hart, Shea	JR	VMI	1.51m
--- Kline, Hannah	FR	Western Caro	NH

Women Pole Vault

Prog:

SoCon Rec: 4.06m M 2023

Brittany Bishop

Name	Yr	School	Finals
Finals			
1 Shingleton, Allison	FR	East Tenn. S	3.70m 10
2 Simpson, Emerson	FR	Samford	3.70m 8
3 Havens, Lindsey	JR	Samford	3.55m 6
4 Tereshenko, Antonina	SO	Samford	3.55m 4.5
4 Romero-Barba, Frania	SO	East Tenn. S	3.55m 4.5
6 Burroughs, Olivia	FR	Wofford	3.55m 3
7 Roush, Reagan	FR	Samford	3.40m 2
8 Hilleary, Bella	SO	Western Caro	3.10m 0.5
8 Jackson, Libby	SO	Samford	3.10m 0.5

Women Long Jump

Top Nine to Finals

SoCon Rec: 6.53m M 1993

Melissa Morrison

Name	Yr	School	Finals
Finals			
1 Christie, Sherika	SO	Wofford	6.07m 10
2 Chadwick, Ellison	SO	Samford	5.97m 8
3 Blake, Tya	SR	East Tenn. S	5.79m 6
4 Hudson, Kendal	SO	Western Caro	5.73m 5
5 Henry, Stella	SR	Chattanooga	5.72m 4
6 Vadala, Raelyn	JR	Western Caro	5.59m 3
7 Bagg, Olivia	JR	Wofford	5.55m 2
8 Bell, Kiersten	SO	Samford	5.44m 1
9 Cooper, Ava	SO	Wofford	5.43m +0.0
10 Massena, Octavia	FR	Western Caro	5.37m +0.0
11 Kirksey, Brooklyn	JR	Samford	5.36m +0.0
12 Simmons, Jayla	FR	Mercer	5.36m 0.5
13 Pirece, Naomi	FR	Mercer	5.31m +0.0
14 Ruch, Eliza	SO	East Tenn. S	5.19m 1.2
15 Copeland, Kamryn	FR	Mercer	4.99m +0.0
16 McGue, Ava	JR	Chattanooga	4.88m -1.2
17 Levine, Tamia	FR	Citadel	4.86m -2.6
18 McDougald, Lauryn	FR	Mercer	4.63m 0.5
19 Pullin, Pria	SO	Mercer	4.46m 1.7
--- Greene, Jasmine	JR	Western Caro	FOUL

Women Triple Jump

Top Nine to Finals

SoCon Rec: 13.16m M 2010

Danielle Thorpe

Name	Yr	School	Finals
Finals			
1 Blake, Tya	SR	East Tenn. S	12.24m 10
2 Christie, Sherika	SO	Wofford	12.22m 8
3 Greene, Jasmine	JR	Western Caro	12.09m 6
4 Henry, Stella	SR	Chattanooga	11.98m 5
5 Vadala, Raelyn	JR	Western Caro	11.94m 4
6 Massena, Octavia	FR	Western Caro	11.70m 3
7 Bell, Kiersten	SO	Samford	11.61m 2
8 Freitas, Julie	SR	VMI	11.45m 1
9 Copeland, Kamryn	FR	Mercer	11.40m +0.0
10 Landrum, Andrea	FR	Wofford	11.27m +0.0
11 Cooper, Ava	SO	Wofford	11.06m +0.0
12 Hudson, Kendal	SO	Western Caro	11.04m 1.0
13 Molette, Aker	FR	East Tenn. S	10.83m 0.9
14 Pirece, Naomi	FR	Mercer	10.74m 0.6
15 McDougald, Lauryn	FR	Mercer	10.47m +0.0
16 Levine, Tamia	FR	Citadel	10.39m 1.5
17 Phelps, Laurel	FR	Samford	10.30m 1.1
18 Pullin, Pria	SO	Mercer	10.15m 1.1
--- Greenidge, Jasmine	FR	East Tenn. S	FOUL
--- Duchemin, Isabelle	SO	Wofford	FOUL

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025**Samford Track Stadium****Results****Women Shot Put****Top Nine to Finals****SoCon Rec: 15.50m M 2005****Beverly Burnett**

Name	Yr	School	Finals
Finals			
1 Carter, Lexi	FR	East Tenn. S	13.28m 10
2 Sawicki, Ellie	JR	Wofford	12.92m 8
3 Durban, Lexie	FR	Western Caro	12.82m 6
4 Jackson, Ericka	SO	Western Caro	12.37m 5
5 Pettyjohn, Hannah	JR	Samford	12.13m 4
6 Christie, Sherika	SO	Wofford	12.07m 3
7 Roundtree, Toria	JR	Western Caro	11.61m 2
8 Finley, Emmie	FR	Western Caro	11.45m 1
9 Baker, Diamond	JR	VMI	11.40m
10 Emmen, Dani	SR	Wofford	11.26m
11 Danielson, Emily	SR	Citadel	10.97m
12 Dickersheid, Ruth	FR	VMI	10.59m
13 Cuesta, Yanna	SR	Citadel	10.55m
14 Lair, Riley	SR	Citadel	10.05m

Women Discus Throw**Top Nine to Finals****SoCon Rec: 47.08m M 5/11/2017 Maggie Johnston**

Name	Yr	School	Finals
Finals			
1 Sawicki, Ellie	JR	Wofford	41.95m 10
2 Jackson, Ericka	SO	Western Caro	41.69m 8
3 Lynn, Brenna	SO	Samford	40.44m 6
4 Roundtree, Toria	JR	Western Caro	40.04m 5
5 Nicholson, Tyla	SO	East Tenn. S	39.14m 4
6 Harrison, Claire	JR	Samford	38.68m 3
7 Mankoski, Morgan	FR	Citadel	37.90m 2
8 Christie, Sherika	SO	Wofford	36.49m 1
9 Emmen, Dani	SR	Wofford	35.33m
10 Durban, Lexie	FR	Western Caro	33.67m
11 Owens, Storm	SR	Wofford	33.41m
12 Baker, Diamond	JR	VMI	31.93m
13 Carter, Lexi	FR	East Tenn. S	31.61m
14 Burroughs, Olivia	FR	Wofford	30.97m
15 Finley, Emmie	FR	Western Caro	29.17m
16 Bagg, Olivia	JR	Wofford	24.75m
--- Danielson, Emily	SR	Citadel	FOUL

Women Hammer Throw**Top Nine to Finals****SoCon Rec: 60.98m M 2014****Emily Allen**

Name	Yr	School	Finals
Finals			
1 Emmen, Dani	SR	Wofford	50.00m 10
2 Danielson, Emily	SR	Citadel	49.06m 8
3 Harrison, Claire	JR	Samford	47.05m 6
4 Durban, Lexie	FR	Western Caro	45.87m 5
5 Nicholson, Tyla	SO	East Tenn. S	44.60m 4
6 Sawicki, Ellie	JR	Wofford	43.25m 3
7 Lair, Riley	SR	Citadel	43.23m 2

8 Owens, Storm	SR	Wofford	43.08m 1
9 Finley, Emmie	FR	Western Caro	42.43m
10 Jackson, Ericka	SO	Western Caro	39.22m
11 Roundtree, Toria	JR	Western Caro	38.56m
12 Johnson, Emma	FR	East Tenn. S	38.45m
13 Dickersheid, Ruth	FR	VMI	32.96m
14 Cuesta, Yanna	SR	Citadel	32.62m

Women Javelin Throw**Top Nine to Finals****SoCon Rec: 51.02m M 2022****Erin Long**

Name	Yr	School	Finals
Finals			
1 Long, Erin	SR	Samford	48.99m 10
2 Wilson-Ruffin, Ali	SR	Citadel	48.54m 8
3 Jackson, Ericka	SO	Western Caro	45.39m 6
4 Lynn, Brenna	SO	Samford	44.22m 5
5 Christie, Sherika	SO	Wofford	42.64m 4
6 Durban, Lexie	FR	Western Caro	37.60m 3
7 Barnes, Samantha	JR	Citadel	36.63m 2
8 Stingel, Taylor	SR	Wofford	34.73m 1
9 Bagg, Olivia	JR	Wofford	34.29m
10 Grove, Sadie	JR	Citadel	33.27m
11 Finley, Emmie	FR	Western Caro	30.53m
12 Johnson, Emma	FR	East Tenn. S	22.62m

Heptathlon: #4 Women 200 Meter Dash Heptathlon**SoCon Rec: 25.80 M 5/6/2024 Isabelle Duchemin**

Name	Yr	School	Finals
Finals			
1 Duchemin, Isabelle	SO	Wofford	25.54M 838
2 Hart, Shea	JR	VMI	26.24 776
3 Vassell, Ne'Rya	FR	Wofford	26.26 775
4 White, Jeniya	FR	VMI	26.73 734
5 Baker, Brianna	SO	East Tenn. S	26.86 724
6 Bagg, Olivia	JR	Wofford	26.95 716
7 Hudson, Kendal	SO	Western Caro	26.98 713
8 Bell, Kiersten	SO	Samford	27.27 690
9 Phelps, Laurel	FR	Samford	27.35 683
10 Pardo, Irene	SO	Wofford	27.39 680
11 Pettyjohn, Hannah	JR	Samford	28.11 622
12 Haney, Norah	SO	Chattanooga	28.64 581

Heptathlon: #7 Women 800 Meter Run Heptathlon**SoCon Rec: 2:26.60 M**

Name	Yr	School	Finals
Finals			
1 Hart, Shea	JR	VMI	2:25.98M 744
2 Phelps, Laurel	FR	Samford	2:32.42 663
3 Baker, Brianna	SO	East Tenn. S	2:32.44 663
4 White, Jeniya	FR	VMI	2:33.44 650
5 Bagg, Olivia	JR	Wofford	2:33.81 646
6 Vassell, Ne'Rya	FR	Wofford	2:34.14 642
7 Pettyjohn, Hannah	JR	Samford	2:35.13 630
8 Bell, Kiersten	SO	Samford	2:36.23 617
9 Haney, Norah	SO	Chattanooga	2:40.21 570

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Samford Track Stadium

Results

Finals ... (Heptathlon: #7 Women 800 Meter Run Heptathlon)

Name	Yr	School	Finals
10 Duchemin, Isabelle	SO	Wofford	2:40.27 570
11 Hudson, Kendal	SO	Western Caro	2:43.57 533
12 Pardo, Irene	SO	Wofford	2:55.71 406

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

SoCon Rec: 14.45 M 5/6/2024 Olivia Bagg

Name	Yr	School	Finals
Finals			
1 Hart, Shea	JR	VMI	14.35M 929
2 Bagg, Olivia	JR	Wofford	14.70 882
3 Baker, Brianna	SO	East Tenn. S	14.71 880
4 Bell, Kiersten	SO	Samford	15.05 835
5 Duchemin, Isabelle	SO	Wofford	15.17 819
6 Hudson, Kendal	SO	Western Caro	15.19 817
7 Pardo, Irene	SO	Wofford	15.49 778
8 Pettyjohn, Hannah	JR	Samford	15.87 730
9 Phelps, Laurel	FR	Samford	16.07 706
10 Haney, Norah	SO	Chattanooga	17.23 571
11 White, Jeniya	FR	VMI	18.31 457
12 Vassell, Ne'Rya	FR	Wofford	18.67 422

Heptathlon: #2 Women High Jump Heptathlon

SoCon Rec: 1.74m M

Name	Yr	School	Finals
Finals			
1 Baker, Brianna	SO	East Tenn. S	1.64m 783
2 Pettyjohn, Hannah	JR	Samford	1.61m 747
2 Bagg, Olivia	JR	Wofford	1.61m 747
4 Vassell, Ne'Rya	FR	Wofford	1.52m 644
4 Hudson, Kendal	SO	Western Caro	1.52m 644
4 White, Jeniya	FR	VMI	1.52m 644
7 Bell, Kiersten	SO	Samford	1.49m 610
8 Phelps, Laurel	FR	Samford	1.46m 577
8 Hart, Shea	JR	VMI	1.46m 577
10 Haney, Norah	SO	Chattanooga	1.43m 544
10 Duchemin, Isabelle	SO	Wofford	1.43m 544
12 Pardo, Irene	SO	Wofford	1.34m 449

Heptathlon: #5 Women Long Jump Heptathlon

SoCon Rec: 5.61m M

Name	Yr	School	Finals
Finals			
1 Bagg, Olivia	JR	Wofford	5.58m 723
2 Hudson, Kendal	SO	Western Caro	5.38m 665
3 Bell, Kiersten	SO	Samford	5.31m 645
4 Baker, Brianna	SO	East Tenn. S	5.26m 631
5 Duchemin, Isabelle	SO	Wofford	5.08m 581
6 Pardo, Irene	SO	Wofford	5.05m 573
7 Vassell, Ne'Rya	FR	Wofford	4.97m 551
8 Phelps, Laurel	FR	Samford	4.96m 548
8 Hart, Shea	JR	VMI	4.96m 548
10 Haney, Norah	SO	Chattanooga	4.88m 527
11 Pettyjohn, Hannah	JR	Samford	4.81m 508
12 White, Jeniya	FR	VMI	4.55m 441

Heptathlon: #3 Women Shot Put Heptathlon

SoCon Rec: 12.70m M 5/6/2024 Savannah Schmidt

Name	Yr	School	Finals
Finals			
1 Pettyjohn, Hannah	JR	Samford	11.03m 597
2 Bagg, Olivia	JR	Wofford	11.01m 596
3 Duchemin, Isabelle	SO	Wofford	10.83m 584
4 Bell, Kiersten	SO	Samford	10.13m 538
5 Baker, Brianna	SO	East Tenn. S	9.99m 529
6 Pardo, Irene	SO	Wofford	9.65m 507
7 Hudson, Kendal	SO	Western Caro	9.44m 493
8 Phelps, Laurel	FR	Samford	9.40m 490
9 Hart, Shea	JR	VMI	8.77m 449
10 White, Jeniya	FR	VMI	8.75m 448
11 Haney, Norah	SO	Chattanooga	8.50m 432
12 Vassell, Ne'Rya	FR	Wofford	7.44m 363

Heptathlon: #6 Women Javelin Throw Heptathlon

SoCon Rec: 33.81m M 5/6/2024 Olivia Bagg

Name	Yr	School	Finals
Finals			
1 Bagg, Olivia	JR	Wofford	30.44m 485
2 Haney, Norah	SO	Chattanooga	30.30m 482
3 Phelps, Laurel	FR	Samford	29.83m 473
4 Baker, Brianna	SO	East Tenn. S	29.08m 459
5 Hart, Shea	JR	VMI	25.61m 394
6 Bell, Kiersten	SO	Samford	24.37m 370
7 Pettyjohn, Hannah	JR	Samford	22.84m 342
8 Duchemin, Isabelle	SO	Wofford	22.41m 334
9 Pardo, Irene	SO	Wofford	20.63m 301
10 Vassell, Ne'Rya	FR	Wofford	18.89m 268
11 Hudson, Kendal	SO	Western Caro	18.50m 261
12 White, Jeniya	FR	VMI	17.68m 246

Women Heptathlon

SoCon Rec: 5361 M 2001 Tyleana

Name	Yr	School	Finals
Finals			
1 Bagg, Olivia	JR	Wofford	4795 10
2 Baker, Brianna	SO	East Tenn. S	4669 8
3 Hart, Shea	JR	VMI	4417 6
4 Bell, Kiersten	SO	Samford	4305 5
5 Duchemin, Isabelle	SO	Wofford	4270 4
6 Pettyjohn, Hannah	JR	Samford	4176 3
7 Phelps, Laurel	FR	Samford	4140 2
8 Hudson, Kendal	SO	Western Caro	4126 1
9 Haney, Norah	SO	Chattanooga	3707
10 Pardo, Irene	SO	Wofford	3694
11 Vassell, Ne'Rya	FR	Wofford	3665
12 White, Jeniya	FR	VMI	3620

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	Name	Yr	School	Prelims
Preliminaries				
1	Jones, Bradlee	SO	Citadel	10.34Q0.5
2	Long, Ethan	FR	Western Caro	10.68Q-1.0
3	Franklin, Bradley	FR	Samford	10.44Q0.5
4	Ransby, Nigel	FR	Wofford	10.86Q-1.0
5	Fisher, O'Rell	SR	Wofford	10.70Q0.5
6	Fletcher, Deshawn	JR	East Tenn. S	10.87Q-1.0
7	Malcolm, William	SR	Samford	10.71q 0.5
8	Koumondji, Kevin	FR	VMI	10.86q 0.5
9	Smith, Ben	SO	East Tenn. S	10.89q -1.0
10	Olander, Shane	JR	Wofford	11.06 0.5
11	Moore, Destin	FR	VMI	11.06 0.5
12	Wilks, Jeremiah	SR	VMI	11.07 0.5
13	Dube, Spencer	FR	Western Caro	11.29 -1.0
14	Thompson, Dylan	SO	Citadel	11.32 -1.0
15	Patterson, Reese	FR	Citadel	11.37 -1.0

Men 100 Meter Dash**Top 3 In Heat Plus Next 3 On Time Advance****SoCon Rec: 10.10 M 1990 Greg Hatchett**

	Name	Yr	School	Finals
Finals				
1	Jones, Bradlee	SO	Citadel	10.47 10
2	Long, Ethan	FR	Western Caro	10.49 8
3	Franklin, Bradley	FR	Samford	10.50 6
4	Fisher, O'Rell	SR	Wofford	10.70 5
5	Fletcher, Deshawn	JR	East Tenn. S	10.71 4
6	Koumondji, Kevin	FR	VMI	10.72 3
7	Malcolm, William	SR	Samford	10.77 2
8	Smith, Ben	SO	East Tenn. S	10.78 1
9	Ransby, Nigel	FR	Wofford	10.89 0.9

Men 200 Meter Dash**Top 3 In Heat Plus Next 3 On Time Advance****SoCon Rec: 20.80 M 1977 Calvin Alston**

	Name	Yr	School	Prelims
Preliminaries				
1	Jones, Bradlee	SO	Citadel	20.88Q0.5
2	Bennett, Zion	JR	Wofford	21.62Q-0.2
3	Long, Ethan	FR	Western Caro	20.91Q0.5
4	Godfrey, Quinton	JR	Western Caro	21.74Q-0.2
5	Smith, Ben	SO	East Tenn. S	21.59Q0.5
6	Grande, Cole	SO	Samford	21.79Q-0.2
7	Ransby, Nigel	FR	Wofford	21.99q 0.5
8	Tabor, Tyke	SR	Samford	22.09q -0.2
9	Barton, Elias	JR	Western Caro	22.10q -0.2
10	McCovery, Langston	JR	Western Caro	22.40 0.5
11	Dube, Spencer	FR	Western Caro	22.43 -0.2
12	Stamper, Thomas	JR	Wofford	22.48 0.5
13	Thompson, Dylan	SO	Citadel	22.64 0.5
14	Delaney, Owen	FR	Furman	22.81 -0.2

15 Dalton, Cameron SR Wofford 22.82 -0.2

Men 200 Meter Dash**Top 3 In Heat Plus Next 3 On Time Advance****SoCon Rec: 20.80 M 1977 Calvin Alston**

	Name	Yr	School	Finals
Finals				
1	Jones, Bradlee	SO	Citadel	21.15 10
2	Long, Ethan	FR	Western Caro	21.17 8
3	Smith, Ben	SO	East Tenn. S	21.60 6
4	Godfrey, Quinton	JR	Western Caro	21.84 5
5	Grande, Cole	SO	Samford	21.90 4
6	Barton, Elias	JR	Western Caro	22.22 3
7	Ransby, Nigel	FR	Wofford	22.26 2
8	Tabor, Tyke	SR	Samford	22.31 1
9	Bennett, Zion	JR	Wofford	22.58 0.6

Men 400 Meter Dash**Top 3 In Heat Plus Next 3 On Time Advance****SoCon Rec: 45.77 M 1991 Mario Small**

	Name	Yr	School	Prelims
Preliminaries				
1	Bennett, Zion	JR	Wofford	48.04Q
2	Grande, Cole	SO	Samford	48.12Q
3	Brown, Nick	SR	VMI	48.18Q
4	Barton, Elias	JR	Western Caro	48.47Q
5	Godfrey, Quinton	JR	Western Caro	48.23Q
6	Tabor, Tyke	SR	Samford	48.64Q
7	Straley, Noah	JR	Western Caro	48.25q
8	Williams, Trevor	FR	Western Caro	48.97q
9	Womack, Joseph	FR	Furman	49.31q
10	Campbell, Jared	SR	Citadel	49.47
11	White, Jackson	FR	Samford	49.59
12	Warren, D.J.	FR	Citadel	49.66
13	Stamper, Thomas	JR	Wofford	49.87
14	McCovery, Langston	JR	Western Caro	49.90
15	Wilkerson Jr., Anthony	FR	VMI	50.43

Men 400 Meter Dash**Top 3 In Heat Plus Next 3 On Time Advance****SoCon Rec: 45.77 M 1991 Mario Small**

	Name	Yr	School	Finals
Finals				
1	Brown, Nick	SR	VMI	47.52 10
2	Bennett, Zion	JR	Wofford	47.89 8
3	Godfrey, Quinton	JR	Western Caro	48.01 6
4	Tabor, Tyke	SR	Samford	48.04 5
5	Barton, Elias	JR	Western Caro	48.14 4
6	Grande, Cole	SO	Samford	48.71 3
7	Williams, Trevor	FR	Western Caro	49.09 2
8	Straley, Noah	JR	Western Caro	49.16 1
9	Womack, Joseph	FR	Furman	50.30

Men 800 Meter Run				
Top 3 In Heat Plus Next 3 On Time Advance				
Start in Lanes, One Turn Stagger				
SoCon Rec: 1:49.14 M 5/7/2024 Zephaniah Carico-McLennan				
Name		Yr	School	Prelims
Preliminaries				
1	Smith, Matthew	SR	Furman	1:52.80Q
2	Carico-McLennan, Zephar	JR	Samford	1:53.95Q
3	Davis, John	SR	Western Caro	1:53.14Q
4	Hamilton, Andrew	SR	Unc-Greensbo	1:54.19Q
5	Barnard, Sam	SO	Unc-Greensbo	1:53.17Q
6	Jones, Liam	SO	Wofford	1:54.25Q
7	Hagerich, Benjamin	JR	VMI	1:53.31q
8	Stecher, Henry	SR	Western Caro	1:54.53q
9	Waleski, Hayden	FR	East Tenn. S	1:55.52q
10	Underwood, Chance	FR	East Tenn. S	1:56.11
11	Carey, Wyatt	SO	Citadel	1:56.86
12	Friedli, Alexander	FR	Furman	1:58.45
---	Overly, Conner	JR	East Tenn. S	DNF

Men 800 Meter Run				
Top 3 In Heat Plus Next 3 On Time Advance				
Start in Lanes, One Turn Stagger				
SoCon Rec: 1:49.14 M 5/7/2024 Zephaniah Carico-McLennan				
Name		Yr	School	Finals
Finals				
1	Smith, Matthew	SR	Furman	1:48.53M 10
2	Carico-McLennan, Zephar	JR	Samford	1:49.00M 8
3	Hamilton, Andrew	SR	Unc-Greensbo	1:51.77 6
4	Davis, John	SR	Western Caro	1:52.56 5
5	Barnard, Sam	SO	Unc-Greensbo	1:52.94 4
6	Jones, Liam	SO	Wofford	1:52.94 3
7	Stecher, Henry	SR	Western Caro	1:53.14 2
8	Waleski, Hayden	FR	East Tenn. S	1:55.15 1
9	Hagerich, Benjamin	JR	VMI	1:58.75

Men 1500 Meter Run					
Final on Time					
SoCon Rec: 3:40.04 M 1977			Kevin Cropp		
Name		Yr	School	Finals	
Finals					
1	Knight, Christopher	SO	Furman	3:45.68	10
2	Bowers, Jason	JR	East Tenn. S	3:46.59	8
3	Roemer, Tripp	FR	Furman	3:53.04	6
4	Montague, Gabriel	SR	Furman	3:53.51	5
5	Scheffler, Caleb	SR	Samford	3:54.70	4
6	Ruffner, Logan	FR	Unc-Greensbo	3:56.13	3
7	Underwood, Chance	FR	East Tenn. S	3:56.63	2
8	Keck, Colin	SR	Unc-Greensbo	3:58.93	1
9	Prochaska, Lane	JR	Unc-Greensbo	3:59.48	
10	Sullins, Dane	FR	East Tenn. S	4:05.59	
11	Wilfong, Foster	SR	Furman	4:14.15	

Men 5000 Meter Run				
SoCon Rec: 14:13.06 M 1981			Adrian Leek	
Name	Yr	School	Finals	
Finals				
1	Schubert, Dylan	SR Furman	14:11.06	M 10
2	Bowers, Jason	JR East Tenn. S	14:16.40	8
3	Taylor, Luke	JR Furman	14:25.78	6
4	Shifflett, Owen	SO Furman	14:30.20	5
5	Boltwood, Rives	FR Furman	14:30.31	4
6	Pena, Evan	JR Unc-Greensbo	14:43.73	3
7	Burr, Casey	SR Furman	14:45.36	2
8	Goldstein, Nicholas	SR Furman	14:51.08	1
9	Langley, Arthur	FR Samford	14:56.51	
10	Shank, Kevin	SO VMI	14:58.65	
11	Hayes, Justin	SO Western Caro	15:01.57	
12	Zink, Drew	SR Western Caro	15:10.67	
13	Guerrant, Pierson	FR Unc-Greensbo	15:12.77	
14	Keck, Colin	SR Unc-Greensbo	15:26.19	
15	Hillis, Nathan	SO East Tenn. S	15:30.69	
16	McGinnis, Andrew	JR Samford	15:37.15	
17	Sullins, Dane	FR East Tenn. S	16:02.19	
18	Berger, Will	JR Wofford	16:10.56	
19	Pedota, Nolan	SO East Tenn. S	16:12.85	
20	York, Andrew	FR Wofford	16:32.36	
---	Scheffler, Caleb	SR Samford	DNF	
---	Kenner, Ben	JR East Tenn. S	DNF	
---	Ward, Luke	JR Unc-Greensbo	DNF	

Men 10000 Meter Run					
SoCon Rec: 29:21.30 M 1979			Adrian Leek		
Name		Yr	School	Finals	
Finals					
1	Goldstein, Nicholas	SR	Furman	31:03.55	10
2	Shifflett, Owen	SO	Furman	31:04.82	8
3	Boltwood, Rives	FR	Furman	31:18.22	6
4	Zink, Drew	SR	Western Caro	31:33.31	5
5	McGinnis, Andrew	JR	Samford	31:38.31	4
6	Pena, Evan	JR	Unc-Greensbo	31:38.80	3
7	Ward, Luke	JR	Unc-Greensbo	31:46.58	2
8	Wilfong, Foster	SR	Furman	32:13.96	1
9	Rudel, Mason	SR	Unc-Greensbo	32:48.04	
10	Langley, Arthur	FR	Samford	32:55.85	
11	Pedota, Nolan	SO	East Tenn. S	33:27.46	
12	Kiernan, Patrick	SR	VMI	33:47.32	
---	Coggin, Trevor	FR	Furman	DNF	

Men 110 Meter Hurdles				
Top 3 In Heat Plus Next 3 On Time Advance				
SoCon Rec:		13.87 M 2023		Titus Moore
Name		Yr	School	Prelims
Preliminaries				
1	Franklin, Bradley	FR	Samford	M 13.86Q-0.5
2	McFerrin, C.J.	JR	Western Caro	14.36Q+0.0
3	Forte, Sam	FR	Samford	14.67Q+0.0
4	Wright, Landon	SR	Samford	14.77Q-0.5

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Results

Preliminaries ... (Men 110 Meter Hurdles)

Name	Yr	School	Prelims
5 Roberts, Christian	FR	Western Caro	14.88Q-0.5
6 Topos, Xander	SR	VMI	14.90Q+0.0
7 Morrow, Jaylen	FR	Western Caro	15.31q -0.5
7 Olivo, Jackson	JR	Samford	15.31q +0.0
9 Cochran, Elijah	FR	Western Caro	15.52q +0.0
10 Witherspoon, Grant	SR	Wofford	15.60 -0.5
--- Swartz, Kamdyn	JR	Western Caro	DNF +0.0

Men 110 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 13.87 M 2023 Titus Moore

Name	Yr	School	Finals
Finals			
1 Franklin, Bradley	FR	Samford	13.56M 10
2 McFerrin, C.J.	JR	Western Caro	14.04 8
3 Forte, Sam	FR	Samford	14.39 6
4 Wright, Landon	SR	Samford	14.60 5
5 Roberts, Christian	FR	Western Caro	14.74 4
6 Morrow, Jaylen	FR	Western Caro	15.11 3
7 Cochran, Elijah	FR	Western Caro	15.47 2
8 Olivo, Jackson	JR	Samford	15.53 1

Men 400 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 50.70 M 1977 David Anderson

Name	Yr	School	Prelims
Preliminaries			
1 Wright, Landon	SR	Samford	53.28Q
2 Olivo, Jackson	JR	Samford	53.39Q
3 Casa, Noah	FR	Citadel	55.66Q
4 Witherspoon, Grant	SR	Wofford	56.76Q
5 Roberts, Christian	FR	Western Caro	55.87Q
6 Morrow, Jaylen	FR	Western Caro	57.27Q
7 Osouna, Isaac	FR	VMI	57.57q
8 Hill, Connor	FR	Citadel	59.09q
9 Curling, Theo	FR	East Tenn. S	1:00.44q

Men 400 Meter Hurdles

Top 3 In Heat Plus Next 3 On Time Advance

SoCon Rec: 50.70 M 1977 David Anderson

Name	Yr	School	Finals
Finals			
1 Wright, Landon	SR	Samford	51.89 10
2 Olivo, Jackson	JR	Samford	53.51 8
3 Witherspoon, Grant	SR	Wofford	53.55 6
4 Casa, Noah	FR	Citadel	55.23 5
5 Roberts, Christian	FR	Western Caro	56.12 4
6 Osouna, Isaac	FR	VMI	56.98 3
7 Morrow, Jaylen	FR	Western Caro	58.75 2
8 Hill, Connor	FR	Citadel	59.42 1
9 Curling, Theo	FR	East Tenn. S	1:00.15

Men 3000 Meter Steeplechase

SoCon Rec: 8:46.56 M 2023

Carson Williams

Name	Yr	School	Finals
Finals			
1 Williams, Carson	SR	Furman	8:39.87M 10
2 Domitrovich, Ethan	SR	Furman	8:57.66 8
3 Burr, Casey	SR	Furman	9:28.58 6
4 Mitchell, Will	SR	Western Caro	9:31.96 5
5 Hillis, Nathan	SO	East Tenn. S	9:35.39 4
6 Hayes, Justin	SO	Western Caro	9:45.56 3
7 Kenner, Ben	JR	East Tenn. S	9:49.51 2
8 Crenshaw, Colin	SO	VMI	9:56.34 1
9 Connick, Spencer	JR	Unc-Greensbo	10:09.57
10 Berger, Will	JR	Wofford	10:14.41
--- York, Andrew	FR	Wofford	DNF

Men 4x100 Meter Relay

Final on Time

SoCon Rec: 39.91 M 2003

App State

j. Greene, S. Jackson, K. McLeod, E. Wiggins

Team	Relay	Finals
Finals		
1 Wofford	A	40.98 10
2 Western Carolina	A	41.22 8
3 Vmi	A	41.93 6
4 Citadel	A	42.66 5
5 East Tenn. St.	A	43.80 4
--- Samford	A	DNF

Men 4x400 Meter Relay

Final on Time

SoCon Rec: 3:10.50 M 1984

VMI

S. Davis, D. Estes, H. Sanchez, J. Young

Team	Relay	Finals
Finals		
1 Samford	A	3:13.11 10
2 Western Carolina	A	3:13.41 8
3 Vmi	A	3:18.96 6
4 Wofford	A	3:19.94 5
5 Citadel	A	3:21.76 4
6 Unc-Greensboro	A	3:24.30 3
7 Furman	A	3:25.16 2
8 East Tenn. St.	A	3:25.18 1

Men High Jump

Prog:

SoCon Rec: 2.18m M 2012

Daryl Saunders

Name	Yr	School	Finals
Finals			
1 Chitty, Arthur	SO	Samford	2.12m 10
2 Moore, Jaggerd	SO	Samford	2.02m 8
3 Ledford, Adam	SO	Western Caro	1.92m 6
4 Cochran, Elijah	FR	Western Caro	1.92m 5
5 Ross, Jake	SR	Wofford	1.87m 4
6 Douglas, Cayden	SO	East Tenn. S	1.87m 3

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Finals ... (Men High Jump)

	Name	Yr	School	Finals
7	Fraser, Grant	FR	VMI	1.82m 1.5
7	Ezell, Garner	FR	Samford	1.82m 1.5
9	Brewer, Jaxon	FR	Citadel	1.77m

Men Pole Vault

Prog:

SoCon Rec: 5.50m M 2016 Trey Oates

	Name	Yr	School	Finals
Finals				
1	Sisco, Jed	SR	Samford	5.00m 10
2	Thomas, Cameron	SO	VMI	4.85m 8
3	Cannon, Jake	FR	East Tenn. S	4.85m 6
4	Smith, Walker	SR	Samford	4.85m 5
5	Scott, Jack	SO	Citadel	4.55m 4
6	Fulford, Ethan	JR	East Tenn. S	4.40m 3
7	Swick, Joey	FR	Wofford	4.10m 2
---	Vaughn, Jesse	SO	VMI	NH
---	Womack, Ethan	JR	Samford	NH
---	Ellis, Carter	JR	Samford	NH

Men Long Jump

Top Nine to Finals

SoCon Rec: 7.69m M 1987 Michael Hanks

	Name	Yr	School	Finals
Finals				
1	Midgett, Keyandre	SR	VMI	7.29m 10
2	Denton, Zachary	SO	VMI	7.09m 8
3	Smith, Ben	SO	East Tenn. S	7.00m 6
4	Straley, Noah	JR	Western Caro	6.92m 5
5	Williams, Nathan	JR	Western Caro	6.80m 4
6	Hines, Damian	JR	Samford	6.78m 3
7	Green, Patrick	SO	Wofford	6.69m 2
8	Moore, Jaggerd	SO	Samford	6.68m 1
9	Cochran, Elijah	FR	Western Caro	6.63m NWI
10	Scott, Jack	SO	Citadel	6.49m NWI
11	Worley, Damon	SR	Western Caro	6.40m NWI
12	Smydra, Max	FR	East Tenn. S	6.38m NWI
13	Woodard, Jay	FR	Citadel	5.95m NWI
---	Brewer, Jaxon	FR	Citadel	FOUL

Men Triple Jump

Top Nine to Finals

SoCon Rec: 16.06m M 1987 Michael Hanks

	Name	Yr	School	Finals
Finals				
1	Jones, Ian	SR	Samford	15.40m 10
2	Midgett, Keyandre	SR	VMI	14.88m 8
3	Green, Patrick	SO	Wofford	14.36m 6
4	Williams, Nathan	JR	Western Caro	13.87m 5
5	Smydra, Max	FR	East Tenn. S	13.52m 4
6	Woodard, Jay	FR	Citadel	13.39m 3
7	Williamson, Bryce	SR	Samford	12.89m 2
8	Brewer, Jaxon	FR	Citadel	12.39m 1
9	Brimm, William	JR	Wofford	12.17m +0.0

10 Kut, Preston FR Wofford 12.15m +0.0

Men Shot Put

Top Nine to Finals

SoCon Rec: 17.72m M 2005 Anthony Greer

	Name	Yr	School	Finals
Finals				
1	Davis, Bryce	FR	Samford	16.28m 10
2	Bell, Brent	SO	East Tenn. S	15.91m 8
3	Rae, Tazewell	FR	VMI	15.81m 6
4	Wagner, Logan	JR	East Tenn. S	15.29m 5
5	Henry, Carl	SO	Samford	15.22m 4
6	Williams, Elisha	SO	VMI	15.21m 3
7	Weaver, Kolton	FR	Western Caro	15.20m 2
8	Penix, Eli	JR	Samford	15.06m 1
9	Cline, Austin	SO	Western Caro	14.44m
10	Davis, Hunter	SR	VMI	13.70m
11	Dale, Dominick	JR	Western Caro	13.34m
12	Ramirez, Austin	SO	Western Caro	12.80m
13	Dowe, Ridge	SR	Citadel	12.71m
14	Owens, Will	SO	Citadel	12.24m

Men Discus Throw

Top Nine to Finals

SoCon Rec: 52.25m M 2012 Jared Stalling

	Name	Yr	School	Finals
Finals				
1	Henry, Carl	SO	Samford	47.36m 10
2	Penix, Eli	JR	Samford	44.19m 8
3	Davis, Bryce	FR	Samford	44.10m 6
4	Fouch, Trez	FR	Western Caro	43.75m 5
5	Weil, Jack	SO	Citadel	43.16m 4
6	Carlton, Raymond	SO	Samford	41.64m 3
7	Dale, Dominick	JR	Western Caro	41.58m 2
8	Weaver, Kolton	FR	Western Caro	41.24m 1
9	Ramirez, Austin	SO	Western Caro	40.63m
10	Williams, Elisha	SO	VMI	36.03m
11	Owens, Will	SO	Citadel	35.07m
12	Thomas, Colston	FR	Wofford	34.89m
13	Rae, Tazewell	FR	VMI	33.97m
14	Wagner, Logan	JR	East Tenn. S	33.48m
15	Davis, Hunter	SR	VMI	32.66m
16	Winegar, Grant	FR	East Tenn. S	31.95m
---	Dowe, Ridge	SR	Citadel	FOUL
---	Cline, Austin	SO	Western Caro	FOUL

Men Hammer Throw

Top Nine to Finals

SoCon Rec: 60.62m M 2008 Wes Kiser

	Name	Yr	School	Finals
Finals				
1	Dowe, Ridge	SR	Citadel	51.94m 10
2	Cline, Austin	SO	Western Caro	50.95m 8
3	Davis, Bryce	FR	Samford	49.98m 6
4	Bell, Brent	SO	East Tenn. S	49.91m 5
5	Ramirez, Austin	SO	Western Caro	49.06m 4

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025

Samford Track Stadium

Results

Finals ... (Men Hammer Throw)

Name	Yr	School	Finals
6 Dale, Dominick	JR	Western Caro	48.94m 3
7 Henry, Carl	SO	Samford	48.77m 2
8 Weil, Jack	SO	Citadel	47.82m 1
9 Carlton, Raymond	SO	Samford	45.00m
10 Owens, Will	SO	Citadel	41.20m
11 Thomas, Colston	FR	Wofford	40.02m
12 Fouch, Trez	FR	Western Caro	38.99m
13 Weaver, Kolton	FR	Western Caro	37.46m

Men Javelin Throw

Top Nine to Finals

SoCon Rec: 72.95m M 2016

Capers Williamson

Name	Yr	School	Finals
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Finals

1 Kaufelds, Kyle	SO	Samford	63.06m 10
2 Livingston, Jackson	JR	Western Caro	56.71m 8
3 Parham, Arthur	SO	Citadel	56.19m 6
4 Weil, Jack	SO	Citadel	54.92m 5
5 Hines, Damian	JR	Samford	52.66m 4
6 Dale, Dominick	JR	Western Caro	52.09m 3
7 Ritchie, Jacob	SO	Wofford	51.40m 2
8 McCorkle, Ian	JR	Citadel	49.12m 1
9 Winegar, Grant	FR	East Tenn. S	42.39m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
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Finals

1 Ezell, Garner	FR	Samford	10.93 876
2 Werner, Samuel	SO	Samford	10.96 870
3 Worley, Damon	SR	Western Caro	11.03 854
4 Jackson, Rye	FR	VMI	11.41 771
5 Whitefield, Bennett	FR	Western Caro	11.45 763
6 Fulford, Ethan	JR	East Tenn. S	11.53 746
7 Williamson, Bryce	SR	Samford	11.57 738
8 Womack, Ethan	JR	Samford	11.63 725
9 Capps, Colby	SO	Western Caro	11.66 719
10 Deery, Gavin	FR	East Tenn. S	11.81 689
11 Casey, Jackson	SR	Wofford	11.82 687

Decathlon: #5 Men 400 Meter Dash Decathlon

SoCon Rec: 49.63 M 5/6/2024 Samuel Werner

Name	Yr	School	Finals
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Finals

1 Ezell, Garner	FR	Samford	49.50M 838
2 Jackson, Rye	FR	VMI	49.54M 836
3 Fulford, Ethan	JR	East Tenn. S	50.82 777
4 Capps, Colby	SO	Western Caro	50.96 771
5 Whitefield, Bennett	FR	Western Caro	51.04 767
6 Womack, Ethan	JR	Samford	51.17 761
7 Worley, Damon	SR	Western Caro	51.24 758
8 Williamson, Bryce	SR	Samford	52.11 720
9 Casey, Jackson	SR	Wofford	53.55 658
10 Deery, Gavin	FR	East Tenn. S	57.43 505
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #10 Men 1500 Meter Run Decathlon

SoCon Rec: 4:20.89 M 5/6/2024 Samuel Werner

Name	Yr	School	Finals
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Finals

1 Womack, Ethan	JR	Samford	4:31.66 734
2 Jackson, Rye	FR	VMI	4:32.36 729
3 Whitefield, Bennett	FR	Western Caro	4:40.29 678
4 Casey, Jackson	SR	Wofford	4:41.62 670
5 Williamson, Bryce	SR	Samford	4:42.75 663
6 Capps, Colby	SO	Western Caro	4:45.92 643
7 Worley, Damon	SR	Western Caro	4:59.67 562
8 Ezell, Garner	FR	Samford	5:08.73 511
9 Fulford, Ethan	JR	East Tenn. S	5:17.07 465
10 Deery, Gavin	FR	East Tenn. S	5:46.53 322
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #6 Men 110 Meter Hurdles Decathlon

SoCon Rec: 15.41 M

Name	Yr	School	Finals
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Finals

1 Fulford, Ethan	JR	East Tenn. S	15.47 794
2 Whitefield, Bennett	FR	Western Caro	15.78 758
3 Womack, Ethan	JR	Samford	15.92 742
4 Worley, Damon	SR	Western Caro	16.02 730
5 Williamson, Bryce	SR	Samford	16.27 703
6 Jackson, Rye	FR	VMI	16.36 693
7 Deery, Gavin	FR	East Tenn. S	16.68 658
8 Capps, Colby	SO	Western Caro	16.74 652
9 Casey, Jackson	SR	Wofford	16.81 644
10 Ezell, Garner	FR	Samford	17.03 621
--- Werner, Samuel	SO	Samford	DNF 1.6

Decathlon: #4 Men High Jump Decathlon

SoCon Rec: 1.95m M

Name	Yr	School	Finals
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Finals

1 Worley, Damon	SR	Western Caro	1.86m 679
1 Williamson, Bryce	SR	Samford	1.86m 679
3 Fulford, Ethan	JR	East Tenn. S	1.80m 627
3 Ezell, Garner	FR	Samford	1.80m 627
5 Jackson, Rye	FR	VMI	1.77m 602
5 Whitefield, Bennett	FR	Western Caro	1.77m 602
7 Womack, Ethan	JR	Samford	1.74m 577
8 Deery, Gavin	FR	East Tenn. S	1.71m 552
9 Casey, Jackson	SR	Wofford	1.68m 528
10 Capps, Colby	SO	Western Caro	1.65m 504
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #8 Men Pole Vault Decathlon

SoCon Rec: 4.60m M 5/6/2024 Ethan Womack

Name	Yr	School	Finals
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Finals

1 Fulford, Ethan	JR	East Tenn. S	4.60mM 790
2 Capps, Colby	SO	Western Caro	4.20m 673
3 Ezell, Garner	FR	Samford	4.10m 645

Southern Conference Outdoor Championships 2025 - 5/12/2025 to 5/13/2025

Samford Track Stadium

Results

Finals ... (Decathlon: #8 Men Pole Vault Decathlon)

Name	Yr	School	Finals
3 Worley, Damon	SR	Western Caro	4.10m 645
5 Whitefield, Bennett	FR	Western Caro	3.90m 590
5 Deery, Gavin	FR	East Tenn. S	3.90m 590
7 Williamson, Bryce	SR	Samford	3.60m 509
8 Casey, Jackson	SR	Wofford	3.20m 406
9 Jackson, Rye	FR	VMI	2.90m 333
--- Womack, Ethan	JR	Samford	NH
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #2 Men Long Jump Decathlon

SoCon Rec: 6.82m M 5/6/2024 Samuel Werner

Name	Yr	School	Finals
Finals			
1 Williamson, Bryce	SR	Samford	6.71m 746
2 Worley, Damon	SR	Western Caro	6.60m 720
3 Womack, Ethan	JR	Samford	6.57m 713
4 Ezell, Garner	FR	Samford	6.49m 695
5 Deery, Gavin	FR	East Tenn. S	6.42m 679
6 Whitefield, Bennett	FR	Western Caro	6.18m 626
7 Jackson, Rye	FR	VMI	5.95m 576
8 Capps, Colby	SO	Western Caro	5.84m 552
9 Casey, Jackson	SR	Wofford	5.72m 527
10 Fulford, Ethan	JR	East Tenn. S	5.64m 510
--- Werner, Samuel	SO	Samford	FOUL

Decathlon: #3 Men Shot Put Decathlon

SoCon Rec: 12.87m M 5/6/2024 Isaiah Blount

Name	Yr	School	Finals
Finals			
1 Williamson, Bryce	SR	Samford	12.17m 617
2 Worley, Damon	SR	Western Caro	11.54m 579
3 Casey, Jackson	SR	Wofford	11.50m 576
4 Fulford, Ethan	JR	East Tenn. S	11.31m 565
5 Ezell, Garner	FR	Samford	11.27m 562
6 Capps, Colby	SO	Western Caro	11.03m 548
7 Whitefield, Bennett	FR	Western Caro	10.66m 525
8 Womack, Ethan	JR	Samford	10.31m 504
9 Deery, Gavin	FR	East Tenn. S	10.26m 501
10 Jackson, Rye	FR	VMI	8.89m 419
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #7 Men Discus Throw Decathlon

SoCon Rec: 41.38m M 5/6/2024 Isaiah Blount

Name	Yr	School	Finals
Finals			
1 Worley, Damon	SR	Western Caro	36.78m 599
2 Ezell, Garner	FR	Samford	34.65m 557
3 Williamson, Bryce	SR	Samford	34.48m 553
4 Capps, Colby	SO	Western Caro	33.68m 537
5 Whitefield, Bennett	FR	Western Caro	32.73m 518
6 Womack, Ethan	JR	Samford	30.39m 472
7 Deery, Gavin	FR	East Tenn. S	29.74m 459
8 Fulford, Ethan	JR	East Tenn. S	29.71m 459
9 Casey, Jackson	SR	Wofford	29.37m 452

10 Jackson, Rye	FR	VMI	20.09m 274
--- Werner, Samuel	SO	Samford	DNF

Decathlon: #9 Men Javelin Throw Decathlon

SoCon Rec: 52.74m M

Name	Yr	School	Finals
Finals			
1 Worley, Damon	SR	Western Caro	48.32m 564
2 Fulford, Ethan	JR	East Tenn. S	46.74m 541
3 Whitefield, Bennett	FR	Western Caro	46.52m 537
4 Capps, Colby	SO	Western Caro	45.65m 525
5 Womack, Ethan	JR	Samford	43.72m 496
6 Williamson, Bryce	SR	Samford	42.19m 474
7 Ezell, Garner	FR	Samford	41.62m 466
8 Casey, Jackson	SR	Wofford	39.71m 438
9 Deery, Gavin	FR	East Tenn. S	34.19m 359
10 Jackson, Rye	FR	VMI	33.34m 346
--- Werner, Samuel	SO	Samford	DNF

Men Decathlon

SoCon Rec: 7233 M 2023 Ty Kimberlin

Name	Yr	School	Finals
Finals			
1 Worley, Damon	SR	Western Caro	6690 10
2 Williamson, Bryce	SR	Samford	6402 8
3 Ezell, Garner	FR	Samford	6398 6
4 Whitefield, Bennett	FR	Western Caro	6364 5
5 Fulford, Ethan	JR	East Tenn. S	6274 4
6 Capps, Colby	SO	Western Caro	6124 3
7 Womack, Ethan	JR	Samford	5724 2
8 Casey, Jackson	SR	Wofford	5586 1
9 Jackson, Rye	FR	VMI	5579
10 Deery, Gavin	FR	East Tenn. S	5314
11 Werner, Samuel	SO	Samford	870

Women - Team Rankings - 21 Events Scored

1) Samford	215
2) Western Carolina	136.5
3) Wofford	134
4) East Tenn. St.	107.5
5) Furman	85
6) Chattanooga	51
7) Mercer	42
8) Citadel	24
9) VMI	22
10) UNC-Greensboro	2

Men - Team Rankings - 21 Events Scored

1) Samford	217.5
2) Western Carolina	175
3) Furman	110
4) East Tenn. St.	85
5) VMI	73.5
6) Citadel	70
7) Wofford	56
8) UNC-Greensboro	25