

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIP**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm and Balmy  
 Host: Southern Conference  
 2/26/2022 - 2/27/2022

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 SnapTiming



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**START LIST****#33-5 Men's Indoor Heptathlon 60m Hurdles**

\$ CPTF 7.75 Jovaine Atkinson Liberty

**9:00 AM (Day 2)**

Lane	#	Name	Yr	Team
<b>Section 1 of 4</b>				
4	100	WILLIAMSON, Bryce	SO	SAMF
6	381	BLOUNT, Isaiah	FR	VMI
<b>Section 2 of 4</b>				
2	50	MCGUIRE, Stockton	SR	SAMF
4	239	KENDALL, Benjamin	FR	WOFF
6	340	REED, Hunter	SR	VMI
<b>Section 3 of 4</b>				
2	235	LATORRE, Sebastian	FR	WOFF
4	351	LINKO, Kevin	JR	VMI
6	58	HINES, Damian	FR	SAMF
<b>Section 4 of 4</b>				
4	33	KIMBERLIN, Ty	JR	SAMF
6	24	KELTON, McCray	SO	SAMF

**#9 Men's 1 Mile Run**

\$ CPTF 4:02.62 Cameron Ponder Furman

**Finals 12:10 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	184	STOOTS, Myles	SO	ETSU	4:23.47
2	133	PONDER, Cameron	JR	FURM	4:23.02
3	339	JENKINS, Gavin	SR	VMI	4:17.61
4	211	SCARR, Matthew	SR	ETSU	4:23.37
5	139	WIER, Aaron	SR	FURM	4:17.54
6	204	GUZMAN, Evan	SO	ETSU	4:17.77
7	36	GARNER, Ben	SR	SAMF	4:17.04
8	112	ROBERTS, Mac	JR	FURM	4:17.79
9	195	HAMBLEN, Brayden	JR	ETSU	4:18.10
10	124	POWERS, Josh	JR	FURM	4:18.19
11	136	WILFONG, Foster	FR	FURM	4:18.51
12	297	ALEXANDER, Colin	JR	UNCG	4:23.55

**#10 Women's 1 Mile Run**

\$ CPTF 4:44.83 Rachel Pocratsky Virginia Tech

**Finals 12:20 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	280	HENDERSON, Serena	FR	UNCG	5:41.25
2	174	SCHWARZ, Genevieve	JR	ETSU	5:10.68
3	164	SHAW, Makayla	SR	ETSU	5:11.75
4	395	MATTISON, Kate	SO	WCU	5:13.50
5	143	FORD, Meghan	FR	FURM	5:10.42
6	38	HOGUE, McKenzie	SO	SAMF	5:11.37

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**START LIST****#10 Women's 1 Mile Run (cont'd)****Finals 12:20 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
7	2	BROWN, Faith	FR	CHAT	5:31.83
8	290	GARCIA, Ariana	SR	UNCG	5:10.87
9	115	DONNELLY, Beth	FR	FURM	5:20.08
10	142	GRAHAM, Bethany	FR	FURM	5:10.29
11	289	MANFRE, Bella	FR	UNCG	5:36.98
12	137	MATYSIK, Nicole	SO	FURM	5:10.32

**#15 Men's 60m Hurdles**

\$ CPTF 7.75 Jovaine Atkinson Liberty

**12:40 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	223	WITHERSPOON, Grant	FR	WOFF	8.82
2	140	DILL, Jonah	JR	FURM	8.65
3	88	WRIGHT, Landon	FR	SAMF	8.27
4	27	MCMAHAN, Michael	SR	SAMF	8.11
5	379	MIDGETT, Keyandre	SO	VMI	8.26
6	392	AMBROSE, Kaleb	JR	WCU	8.33
7	309	TOPOS, Xander	FR	VMI	8.67
8	255	BULL, Elijah	JR	WOFF	8.89

**#16 Women's 60m Hurdles**

\$ CPTF 8.18 Gabriele Cunningham North Carolina State

**Finals 12:50 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	25	ALEXANDER, Riley	SO	SAMF	8.79
2	412	SHODEINDE, Dami	FR	WCU	8.75
3	165	COOPER, Lindsay	SO	ETSU	8.69
4	232	JOHNSON, Kerrington	SO	WOFF	8.57
5	252	SHIPPY, Destiny	JR	WOFF	8.62
6	31	DABNEY, Amiel	FR	SAMF	8.82
7	185	GUTHRIE, Jaciya	SO	ETSU	8.89
8	448	LOWE, Mallory	FR	WCU	9.11

**#1 Men's 60 Meters**

\$ CPTF 6.65 Demek Kemp South Carolina State

**Finals 1:00 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	403	MANIGAULT, Tyler	SR	WCU	7.01
2	522	ADAMS, Jaylan	SR	CIT	6.97
3	407	MILES, David	SO	WCU	6.91
4	315	POINDEXTER, Jordin	SR	VMI	6.79
5	79	BROOKS, Evan	SO	SAMF	6.82
6	254	CAMPBELL, Cagan	SO	WOFF	6.91

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**START LIST****#1 Men's 60 Meters (cont'd)****Finals 1:00 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
7	70	TABOR, Tyke	FR	SAMF	6.98
8	163	JOHNSON, Nolan	FR	ETSU	7.02

**#2 Women's 60 Meters**

\$ CPTF 7.35 Destiny Carter Unattached

**Finals 1:10 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 1</b>					
1	252	SHIPPY, Destiny	JR	WOFF	7.69
2	198	BROWN, Mekayla	JR	ETSU	7.73
3	334	JOSEPH, Ingrid	SR	VMI	7.73
4	191	JOHNSON, Nicole	SO	ETSU	7.57
5	443	MCINTYRE, Makaila	SR	WCU	7.60
6	383	ARMSTRONG, Eleyah	FR	VMI	7.73
7	247	MCNINCH, Madeline	FR	WOFF	7.66
8	212	MARTIN, Lanaya	SO	ETSU	7.74

**#5 Men's 400 Meters**

\$ CPTF 46.42 Tyrell Richard South Carolina State

**Finals 1:30 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 2</b>					
3	101	DIGGS, Jake	JR	SAMF	49.85
4	476	NEWTON, Treonte	JR	CIT	49.62
5	402	HARRIS, Michael	SO	WCU	49.49
6	255	BULL, Elijah	JR	WOFF	49.51
<b>Section 2 of 2</b>					
3	27	MCMAHAN, Michael	SR	SAMF	49.84
4	356	WALKER, Johnnie	SR	VMI	49.57
5	242	MURPHY, Conor	FR	WOFF	48.95
6	49	GRIGG, Matthew	SO	SAMF	49.31

**#6 Women's 400 Meters**

\$ CPTF 54.16 Moore, Sarah Unattached 2/14/2020

**Finals 1:40 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 2</b>					
3	431	JENKINS, Nytrinitey	FR	WCU	58.69
4	55	SAMUELS, Vada	JR	SAMF	58.34
5	427	ROBINSON, Mekyll	SO	WCU	57.45
6	227	JEFFERSON, Jasmine	FR	WOFF	57.79
<b>Section 2 of 2</b>					
3	62	COLE, Kaitlyn	SO	SAMF	58.57
4	165	COOPER, Lindsay	SO	ETSU	58.32
5	436	BLAKELY, Marissa	JR	WCU	57.11
6	154	BURKHART, Hannah	SO	ETSU	57.42

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**START LIST****#7 Men's 800 Meters**

\$ CPTF 1:51.60 Wright, Adam QUEE 2/12/2021

**Finals 1:50 PM (Day 2)**

Lane #	Name	Yr	Team	Time
<b>Section 1 of 1</b>				
1	47 SCHEFFLER, Caleb	FR	SAMF	1:54.66
2	117 SMITH, Matthew	FR	FURM	1:53.21
3	202 MADUWA, Phelani	JR	ETSU	1:53.22
4	170 PARRILLA, Miguel	SO	ETSU	1:53.11
5	368 WHITTAKER, Trent	JR	VMI	1:53.75
6	96 PEÑALVER, Jose	JR	SAMF	1:53.96
7	63 SIEGEL, Harrison	FR	SAMF	1:54.10
8	215 KRAFSUR, Josh	SO	ETSU	1:54.68

**#8 Women's 800 Meters**

\$ CPTF 2:07.72 Megan Marvin Furman

**Finals 2:00 PM (Day 2)**

Lane #	Name	Yr	Team	Time
<b>Section 1 of 1</b>				
1	149 HARPER, Callie	FR	FURM	2:18.50
2	200 KARSTEN, Julia	SO	ETSU	2:17.52
3	158 HOWARD, Rebekah	SO	ETSU	2:17.94
4	76 STROZIER, Katie	SO	SAMF	2:21.60
5	148 MARVIN, Megan	FR	FURM	2:11.91
6	174 SCHWARZ, Genevieve	JR	ETSU	2:19.94
7	219 LORD, Jessica	SR	ETSU	2:17.95
8	13 DAVIS, Emmy	FR	CHAT	2:20.50

**#3 Men's 200 Meters**

\$ CPTF 21.12 Dylan Peebles North Carolina State

**Finals 2:10 PM (Day 2)**

Lane #	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
3	403 MANIGAULT, Tyler	SR	WCU	22.12
4	402 HARRIS, Michael	SO	WCU	22.11
5	445 BROWN, Marcus	FR	WCU	21.91
6	254 CAMPBELL, Cagan	SO	WOFF	21.98
<b>Section 2 of 2</b>				
3	366 WILKS, Jeremiah	FR	VMI	22.11
4	315 POINDEXTER, Jordin	SR	VMI	22.09
5	407 MILES, David	SO	WCU	21.70
6	79 BROOKS, Evan	SO	SAMF	21.71

**#4 Women's 200 Meters**

\$ CPTF 23.71 Destiny Carter Unattached

**Finals 2:20 PM (Day 2)**

Lane #	Name	Yr	Team	Time
<b>Section 1 of 2</b>				

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**START LIST****#4 Women's 200 Meters (cont'd)****Finals 2:20 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
3	227	JEFFERSON, Jasmine	FR	WOFF	25.44
4	334	JOSEPH, Ingrid	SR	VMI	25.29
5	191	JOHNSON, Nicole	SO	ETSU	24.95
6	436	BLAKELY, Marissa	JR	WCU	25.21

**Section 2 of 2**

3	252	SHIPPY, Destiny	JR	WOFF	25.43
4	31	DABNEY, Amiel	FR	SAMF	25.27
5	247	MCNINCH, Madeline	FR	WOFF	24.81
6	427	ROBINSON, Mekyll	SO	WCU	24.84

**#13 Men's 5000 Meters**

\$ CPTF 14:14.20 Athanas Kioko Campbell

**2:30 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 2</b>					
1	211	SCARR, Matthew	SR	ETSU	NT
2	182	BOWDEN, Seth	JR	ETSU	NT
3	161	THOMAS, Jordan	SO	ETSU	NT
4	209	HARTIG, William	FR	ETSU	NT

**Section 2 of 2**

1	339	JENKINS, Gavin	SR	VMI	14:40.89
2	311	FIORILLO, Alex	JR	VMI	NT
3	267	CLASSEY, Beck	JR	WOFF	15:27.67
4	306	ZAPHERSON, Michael	SO	UNCG	15:01.87
5	129	GOLDSTEIN, Nicholas	FR	FURM	14:43.62
6	473	SHARNAS, Sam	JR	CIT	14:47.39
7	184	STOOTS, Myles	SO	ETSU	NT
8	292	KNEPSHIELD, Thomas	JR	UNCG	15:18.22
9	414	MITCHELL, Will	FR	WCU	NT
10	224	ARCHIE, Carson	SO	WOFF	15:12.10
11	111	WILLIAMS, Carson	FR	FURM	13:51.92
12	296	CHRISTOPHER, Dylan	JR	UNCG	NT
13	147	DOLHARE, Noah	JR	FURM	14:18.93
14	118	BEUCLER, Adam	JR	FURM	15:06.39
16	135	LALONDE, James	SO	FURM	14:58.90
17	36	GARNER, Ben	SR	SAMF	NT
18	120	SCHUBERT, Dylan	FR	FURM	14:03.80
19	399	HAYES, Justin	FR	WCU	NT
20	168	BRADTMUELLER, Adam	SR	ETSU	NT

**#14 Women's 5000 Meters**

\$ CPTF 16:24.84 Savannah Carnahan Furman

**3:10 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
<b>Section 1 of 2</b>					

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**START LIST****#14 Women's 5000 Meters (cont'd)****3:10 PM (Day 2)**

Lane	#	Name	Yr Team	Time
1	137	MATYSIK, Nicole	SO FURM	NT
2	3	POTTER, Allie	FR CHAT	19:31.72
3	259	SHEALY, Carolyne	FR WOFF	19:24.21
4	338	HAHN, Naomi	SO VMI	NT
5	413	KLEMM, Sara	FR WCU	NT
6	251	SPENCE, Katherine	SO WOFF	19:33.45
7	244	ATKINS, Alexus	FR WOFF	18:29.98
8	373	DICKENSON, Rachael	SR VMI	19:24.68
9	265	FOWLER, Ava	FR WOFF	19:36.39
10	437	CALDWELL, Alesea	FR WCU	NT
11	516	FORTIN, Heidi	JR CIT	18:59.44
12	15	MORRIS, Camden	FR CHAT	20:14.47

**Section 2 of 2**

1	113	WITTMAN, Kylie	FR FURM	NT
2	142	GRAHAM, Bethany	FR FURM	16:35.98
3	153	STALLWORTH, Lindsey	SR ETSU	NT
4	155	SNYDER, Kiera	SO ETSU	NT
5	122	CADEAU, Madelynne	FR FURM	16:18.09
6	134	LITTLE, Emily	FR FURM	16:59.86
7	22	RUSSUM, Emma	FR CHAT	NT
8	107	NELSON, Allie	JR SAMF	17:33.27
9	393	RUNYAN, Sydney	FR WCU	NT
10	9	GREEN, Lesley	SO CHAT	17:36.44
11	123	BOWER, Sierra	FR FURM	16:53.55
12	395	MATTISON, Kate	SO WCU	NT
13	6	GLASS, Justine	SR CHAT	NT

**#17 Men's 4 x 400m Relay**

\$ CPTF 3:12.83 Arp, Bowman, Dailey, Brown Shippensburg

**3:50 PM (Day 2)**

Lane	Team	Time
<b>Section 1 of 2</b>		
4	ETSU (A)	A NT
	1) GUZMAN, Evan SO	2) MADUWA, Phelani JR
	3) PARRILLA, Miguel SO	4) TURNBOW, Bryce SO
	5) KRAFSUR, Josh SO	6)
5	CIT (A)	A 3:29.99
	1) DUNCAN, Kane JR	2) NEWTON, Treonte JR
	3) WALKER, Jeremy SR	4) SEGEE, Luke SO
6	FURM (A)	A 3:34.93
	1) WIER, Aaron SR	2) DILL, Jonah JR
	3) MCENTEE, Evin JR	4) GONZALEZ, Adrian JR
	5) ROBERTS, Mac JR	6) POWERS, Josh JR

**Section 2 of 2**

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**START LIST****#17 Men's 4 x 400m Relay (cont'd)****3:50 PM (Day 2)**

Lane	Team		Time
3	SAMF (A)	A	3:23.30
	1) BROOKS, Evan SO	2) MCMAHAN, Michael SR	
	3) GRIGG, Matthew SO	4) PEÑALVER, Jose JR	
	5) KIMBERLIN, Ty JR	6) DIGGS, Jake JR	
4	WCU (A)	A	3:19.22
	1) BROWN, Marcus FR	2) HARRIS, Michael SO	
	3) MANIGAULT, Tyler SR	4) MILES, David SO	
	5) SMITH, Zeante SO	6) BONE, Trevor FR	
5	VMI (A)	A	3:16.08
	1) WILKS, Jeremiah FR	2) POINDEXTER, Jordin SR	
	3) EDWARDS, Richard FR	4) WALKER, Johnnie SR	
6	WOFF (A)	A	3:16.13
	1) BRADFORD, Theron JR	2) CAMPBELL, Cagan SO	
	3) MURPHY, Conor FR	4) BULL, Elijah JR	

**#18 Women's 4 x 400m Relay**

\$ CPTF 3:46.45 Runge, Maisto, Johnson, Swierbut William and Mary

**4:00 PM (Day 2)**

Lane	Team		Time
<b>Section 1 of 2</b>			
4	UNCG (A)	A	4:28.99
	1) CULLINS, Jasmine JR	2) CULLINS, Jessica JR	
	3) BURK, Laila FR	4) CARLSON, Camille FR	
	5) HENDERSON, Serena FR	6)	
5	CIT (A)	A	4:13.98
	1) MURRAY, Leah SO	2) MITCHELL, Jayln SO	
	3) BYRD, Cyla SO	4) SHEA, Gabby SO	
	5) JACKSON, Mecca SO	6)	
6	CHAT (A)	A	4:26.41
	1) DAVIS, Emmy FR	2) BROWN, Faith FR	
	3) GLASS, Justine SR	4) BRYANT, Imani FR	
	5) RIEVES, Brooke FR	6) DUNNING, Kimbra FR	
	7) HAGOOD, Ashtyn FR	8)	
<b>Section 2 of 2</b>			
1	FURM (A)	A	4:06.77
	1) SEITZ, Monica FR	2) TRONE, Sammy JR	
	3) NGUYEN, Caroline JR	4) MACDEVETTE, Erin JR	
	5) MARVIN, Megan FR	6) HARPER, Callie FR	

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## START LIST

### #18 Women's 4 x 400m Relay (cont'd)

4:00 PM (Day 2)

Lane	Team		Time
2	VMI (A)	A	4:04.01
	1) JOSEPH, Ingrid SR	2) LINKOUS, Marissa JR	
	3) VAUGHAN, Nia SR	4) WILLIAMS, Ahliyah SR	
	5) SHANK, Gretal FR	6) HAHN, Naomi SO	
	7) ARMSTRONG, Eleyah FR	8) WELLS, Emily JR	
3	SAMF (A)	A	3:59.84
	1) COLE, Kaitlyn SO	2) MILASINOVIC, Mia FR	
	3) DRAKE, Ayden FR	4) MARTIN, Kelsey FR	
	5) STROZIER, Katie SO	6) DABNEY, Amiel FR	
4	ETSU (A)	A	3:57.38
	1) BROWN, Mekayla JR	2) BURKHART, Hannah SO	
	3) COOPER, Lindsay SO	4) ELISCAR, Johnaida JR	
	5) GRIFFITH, Britney JR	6) JOHNSON, Nicole SO	
	7) KARSTEN, Julia SO	8) LORD, Jessica SR	
5	WCU (A)	A	3:55.88
	1) BLAKELY, Marissa JR	2) TURNER, Mikayla FR	
	3) JENKINS, Nytrinitley FR	4) ROBINSON, Mekyll SO	
	5) MCINTYRE, Makaila SR	6)	
6	WOFF (A)	A	3:56.92
	1) JEFFERSON, Jasmine FR	2) MCDEVITT, Georgia SO	
	3) JOHNSON, Kerrington SO	4) MCNINCH, Madeline FR	