

# 2022 SOUTHERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

## SCHEDULE OF EVENTS

All times are listed in Central.  
Schedule is subject to change.

Samford University  
Birmingham, AL

### SATURDAY, APRIL 30

#### TRACK EVENTS

TIME	EVENT	ROUND
8:00 AM	Men's 10,000m	Final
8:45 AM	Women's 10,000m	Final
1:30 PM	Men's 1500m	Trials
1:45 PM	Women's 1500m	Trials
2:00 PM	Men's 110m Hurdles	Trials
2:15 PM	Women's 100m Hurdles	Trials
2:35 PM	Men's 400m	Trials
2:50 PM	Women's 400m	Trials
3:05 PM	Men's 100m	Trials
3:20 PM	Women's 100m	Trials
3:35 PM	Men's 800m	Trials
3:50 PM	Women's 800	Trials
4:05 PM	Men's 400m Hurdles	Trials
4:25 PM	Women's 400m Hurdles	Trials
4:55 PM	Men's 200m	Trials
5:10 PM	Women's 200m	Trials
5:25 PM	Men's 3000m SC	Final
5:40 PM	Women's 3000m SC	Final

#### FIELD EVENTS

TIME	EVENT	ROUND
10:00 AM	Men's Hammer	Final
12:00 PM	Men's Pole Vault	Final
12:30 PM	Women's Hammer	Final
1:00 PM	Women's Long Jump	Final
2:00 PM	Men's Javelin	Final
3:45 PM	Women's Javelin	Final
4:00 PM	Men's Long Jump	Final
5:25 PM	Women's Pole Vault	Final

#### COMBINED EVENTS

TIME	EVENT	ROUND
9:30 AM	Men's Decathlon	Final
	100m	
	Long Jump	
	Shot Put	
	High Jump	
	400m	
10:00 AM	Women's Heptathlon	Final
	100m Hurdles	
	High Jump	
	Shot Put	
	200M	

### SUNDAY, MAY 1

#### TRACK EVENTS

TIME	EVENT	ROUND
1:00 PM	Men's 4x100m	Final
1:10 PM	Women's 4x100m	Final
1:20 PM	Men's 1500m	Final
1:30 PM	Women's 1500m	Final
1:40 PM	Men's 110m Hurdles	Final
1:50 PM	Women's 100m Hurdles	Final
2:00 PM	Men's 400m	Final
2:10 PM	Women's 400m	Final
2:20 PM	Men's 100m	Final
2:30 PM	Women's 100m	Final
2:40 PM	Men's 800m	Final
2:50 PM	Women's 800	Final
3:00 PM	Men's 400m Hurdles	Final
3:10 PM	Women's 400m Hurdles	Final
3:20 PM	Men's 200m	Final
3:30 PM	Women's 200m	Final
3:40 PM	Men's 5000m	Final
4:05 PM	Women's 5000m	Final
4:25 PM	Men's 4x400m	Final
4:40 PM	Women's 4x400m	Final

#### FIELD EVENTS

TIME	EVENT	ROUND
11:00 AM	Men's High Jump	Final
11:00 AM	Women's Shot Put	Final
12:00 PM	Men's Discus	Final
1:00 PM	Women's Triple Jump	Final
3:00 PM	Women's Discus	Final
3:00 PM	Men's Shot Put	Final
3:30 PM	Women's High Jump	Final
3:30 PM	Men's Triple Jump	Final

#### COMBINED EVENTS

TIME	EVENT	ROUND
9:00 AM	Men's Decathlon	Final
	110m Hurdles	
	Discus	
	Pole Vault	
	Javelin	
	1500m	
9:15 AM	Women's Heptathlon	Final
	Long Jump	
	Javelin	
	800m	

