





# **2020 Cross Country Championships**

**212779** 

### 2020 Cross Country Championships

Nov. 21 • Mercer • Macon, Ga. (Georgia Premier Cross Country Course)

Men's race at 10 a.m. ET • Women's race at 10:45 a.m. ET • Free admission • Awards ceremony following women's race

- Course map (men)
- Course map (women)
- Record book
- #SoConXC
  Facebook
- <u>Instagram</u>
- Championship program
- Men's results
- Women's results
  Photo gallery
- Photo galle
  Highlights

**Spectator Info:** Spectators are permitted to attend the event. Masks or face coverings are mandatory while at the competition site. Spectators will not have access to the participants until the conclusion of the awards ceremony.

Parking: Parking is available at the course.

#### 2020 Cross Country Championship recap

The Furman Paladins won their eighth consecutive men's and women's Southern Conference Cross Country Championship titles Saturday at the Georgia Premier Cross Country Course in Macon, Georgia. Furman's Daniel Bernal won the men's 8K race and ETSU's Lindsey Stallworth took home gold in the women's 5K race. Both Bernal and Stallworth were named the 2020 SoCon Runners of the Year, which is awarded to the top finisher in each race.

#### Full recap

# Championship information

<u>Directions to the Georgia Premier Cross Country Course</u> | <u>Course map</u> | <u>Course video</u>

#### GPS direction

Georgia Premier Cross Country Course 3450 Fulton Mill Rd., Macon, Ga. 31206

#### Hotel information

Maconga.org

#### Review of past championships:

2019 2018 2017 2016 2015 2014 2013 2012 2011 2010 2009

#### Participating institutions:

CIT // ETSU // FUR // MER // UNCG // SAM // UTC // VMI // WCU // WOF

## 2020 Champions

Men: Furman Paladins (team) / Furman's Daniel Bernal (individual) Women: Furman Paladins (team) / ETSU's Lindsey Stallworth (individual)





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