



2022 Southern Conference Volleyball Championship

NOV. 18-20 • FURMAN • TIMMONS ARENA • GREENVILLE, S.C.



	CONFERENCE						OVERALL						
	W	L	Pct.	H	A	Streak	W	L	Pct.	H	A	N	Streak
ETSU	15	1	.938	7-1	8-0	W9	21	7	.750	10-1	8-3	3-3	W9
Samford	11	5	.688	7-1	4-4	L1	16	12	.571	8-2	5-7	3-3	L1
Western Carolina	10	6	.625	6-2	4-4	L1	17	11	.607	6-2	8-5	3-4	L1
Chattanooga	10	6	.625	6-2	4-4	W1	16	15	.516	10-3	5-7	1-5	W1
Wofford	8	8	.500	5-3	3-5	L1	16	12	.571	9-5	4-6	3-1	L1
Mercer	6	10	.375	3-5	3-5	W1	10	18	.357	4-7	3-8	3-3	W1
The Citadel	4	12	.250	2-6	2-6	L3	11	18	.379	2-7	4-8	5-3	L3
Furman	4	12	.250	2-6	2-6	W2	9	18	.333	4-7	2-9	3-2	W3
UNCG	4	12	.250	2-6	2-6	L5	10	20	.333	7-8	2-9	1-3	L6

Awards & All-Conference Teams

Player of the Year

Merry Gebel, Western Carolina, 5th, OH

Setter of the Year

Caroline Dykes, ETSU, So.

Libero of the Year

Kate Morgan, Samford, So.

Rayna Taylor Freshman of the Year

Brianna Cantrell, ETSU, OH

Coach of the Year

Benavia Jenkins, ETSU

All-SoCon First Team

Ali Ruffin, The Citadel, So., OH
Lundyn Coffman, ETSU, Sr., MB
Caroline Dykes, ETSU, So., S
Annie Karle, Mercer, Gr., OH
Kenya McQuirter, Samford, R-Jr., OH
Natalie Tyson, Chattanooga, R-Sr., OH
Merry Gebel, Western Carolina, 5th, OH

All-SoCon Second Team

Brianna Cantrell, ETSU, Fr., OH
Gracie Lynn Butler, Samford, So., OH
Lauren Deaton, Samford, Gr., OH
Kate Morgan, Samford, So., LIB
Paige Gallentine, Chattanooga, So., LIB
Sarah Barham, Wofford, Jr., MB
Millie Loehr, Wofford, Jr., MB

All-Freshman Team

Brianna Cantrell, ETSU, OH
Kimani Johnson, ETSU, RS
Whitley Rammel, ETSU, MB/RS
Lauren Haynes, Furman, OH
Lillian Beardsley, Mercer, RS
Greer Golden, Samford, MB
Victoria Hensley, Wofford, S

Western Carolina's Gebel named Player of the Year, ETSU's Jenkins named Coach of the Year

SPARTANBURG, S.C. – Western Carolina's Merry Gebel was named the Southern Conference Volleyball Player of the Year for the 2022 season. ETSU's Benavia Jenkins was named coach of the year and Samford sophomore Kate Morgan was selected as libero of the year. The Buccaneers' Caroline Dykes was named setter of the year and teammate Brianna Cantrell earned the Rayna Taylor Award, given annually to the league's freshman of the year.

Gebel claims the Player of the Year award, Western Carolina's second in program history and first since Regina Brown won in 1990, after leading Western Carolina to a 10-6 mark in conference play en route to a tie for third in the final SoCon standings and the No. 3 seed in the upcoming Southern Conference Volleyball Championship. The Wildwood, Missouri, native is fifth in the conference in kills (340) and kills per set (3.37). She is the active career leader in service aces with 138 and second in career kills among active players with 1,634. Gebel won SoCon Offensive Player of the Week twice during the season and had 12 double-doubles, including a stretch of five straight during conference play.

Jenkins earned coach of the year honors for the first time in her career and became the third coach in Buccaneer history to receive the recognition. Jenkins, in her fourth season as the Buccaneers' head coach, has guided ETSU to a 21-7 overall record with a mark of 15-1 in SoCon play as the team heads into the Southern Conference championship as the No. 1 seed and the regular-season SoCon champion.

Morgan becomes the second Samford player, along with 2013 winner Chelsi Carter, to be tabbed Libero of the Year. The sophomore from Waxahachie, Texas, averaged 4.54 digs per set as Samford is 16-12 this season with an 11-5 record in league play, earning the No. 2 seed in the Southern Conference Volleyball Championship. Morgan also finished second in the league in total aces with 44.

Dykes is the first player awarded Setter of the Year in the conference's history. The Flower Mound, Texas, native averaged 9.12 assists per set for ETSU as she was named setter of the week five times during the year.

Cantrell earned ETSU's seventh Freshman of the Year honor. The Appleton, Wisconsin, native finished the year with 290 kills.

ETSU led the way with six postseason all-conference or all-freshman selections. Samford and Wofford followed with five and three selections, respectively. Mercer and Chattanooga each had two selections, while The Citadel, Furman and Western Carolina all had one apiece.

In addition to Dykes and Gebel, ETSU middle blocker Lundyn Coffman made the first team after finishing fifth in the conference in hitting percentage (.283) and second in blocks per set (1.09). The Citadel outside hitter Ali Ruffin earned first-team recognition after leading the SoCon in kills per set (3.91).

Mercer outside hitter Annie Karle and Samford outside hitter Kenya McQuirter were each named first-team all-conference for the second straight season. Karle was third in the league in kills per set (3.67), while McQuirter was second in kills per set (3.81). Chattanooga's outside hitter Natalie Tyson rounded out the first-team selections as she finished the regular season averaging 3.55 kills per set.

The second team is highlighted by Morgan and Cantrell. Wofford placed a pair of junior middle blockers, Sarah Barham and Mille Loehr, on the second team. Barham led the league in blocks per set (1.12) and was second in hitting percentage (.335). Loehr led the conference in hitting percentage at .405, which ranks her 17th nationally.

Samford had two more players claim spots on the all-conference second-team with outside hitters Lauren Deaton and Gracie Lynn Butler earning the honor. Deaton, the conference's active leader in kills and games played, finished the regular season averaging 3.04 kills per set, while Butler averaged 2.92 kills per set during the year. Chattanooga libero Paige Gallentine earned a spot on the second team after leading the conference in digs with 543, placing her 19th in total digs in the nation.

Along with Cantrell, the all-freshman team includes ETSU's Kimani Johnson and Whitley Rammel, Furman's Lauren Haynes, Mercer's Lillian Beardsley, Samford's Greer Golden and Wofford's Victoria Hensley.



2022 SOCON VOLLEYBALL ROSTERS



ETSU (#1 seed)

Head coach: Benavia Jenkins

Assistant coaches: Giovanni Delevry, Marquis Clark, Levi Little

Record: 21-7 (15-1 SoCon)

NO.	NAME	POS.	YR.	HOMETOWN (PREV. SCHOOL)
1	Sydney Cherney	L	Sr.	Knoxville, Tenn. (Farragut HS)
2	Jenna Forster	RS	Jr.	Maryville, Tenn. (William Blount HS)
3	Lundyn Coffman	MB	Sr.	Nolensville, Tenn. (Nolensville HS)
4	Caroline Dykes	S	So.	Flower Mound, Texas (Flower Mound HS)
5	Abbey Thomas	MB	So.	Goldsboro, N.C. (Charles B. Aycock HS)
6	Olivia Cunningham	OH	Sr.	Knoxville, Tenn. (Knoxville Catholic HS)
8	McKenna Dietz	S	So.	Gray, Tenn. (Daniel Boone HS)
9	Haley Sanders	L	So.	Brentwood, Tenn. (Brentwood HS)
10	Anna Mayer	S	Jr.	Franklin, Tenn. (Siena)
12	Brianna Cantrell	OH	Fr.	Appleton, Wis. (Appleton North HS)
13	Lauren Hatch	OH	Sr.	Homewood, Ill. (Marian Catholic HS)
14	Ally Johnson	OH/RS	So.	Rogers, Minn. (Rogers HS)
15	Amanda Lowe	OH/RS	So.	Blacksburg, Va. (Virginia Tech)
16	Chloe Dupuis	OH/MH	So.	Poquoson, Va. (Poquoson HS)
17	Samantha Shafer	OH	Jr.	Franklin, Tenn. (North Alabama)
18	Taylor Roberts	L	Gr.	Sneads, Fla. (Florida State)
19	Whitley Rammel	MB/RS	Fr.	Ft. Recovery, Ohio (Ft. Recovery HS)
20	Kimani Johnson	RS	Fr.	Southfield, Mich. (Cass Tech HS)

Samford (#2 seed)

Head coach: Keylor Chan

Assistant coaches: Ben Sabin, Sabel Sabin

Record: 16-12 (11-5 SoCon)



NO.	NAME	YEAR	POS.	HOMETOWN/PREV SCHOOL
1	Lilly Smith	Jr.	DS/L	West Chicago, Ill./West Chicago Comm. HS
2	Samantha Horn	Fr.	S	Plainfield, Ill./Joliet Catholic Academy
3	Sarah Hayes Farley	Sr.	OH	Kennesaw, Ga./Mt. Paran Christian School
4	Kaleigh Meritt	Fr.	OH	Evansville, Ind./FJ Reitz HS
5	Lauren Deaton	5th	OH	Memphis, Tenn./Harding Academy
6	Andie Salasky	Sr.	DS/L	East Grand Rapids, Mich./East Grand Rapids
7	Kate Morgan	So.	DS/L	Waxahachie, Texas/Waxahachie HS
8	Kaya Hood	So.	MB	Roswell, Ga./Blessed Trinity Catholic HS
9	Kayla Keshock	Jr.	S	Spanish Fort, Ala./Spanish Fort HS
10	Kate Wonus	Jr.	MB	Lady Lake, Fla./Trinity Catholic
11	Gracie Lynn Butler	So.	OH	Hazel Green, Ala./Hazel Green HS
12	Audrey O'Brien	Jr.	DS/L	Birmingham, Ala./Briarwood Christian
14	Greer Golden	Fr.	MB	Mountain Brook, Ala./Mountain Brook HS
15	Kenya McQuirter	R-Jr.	OH	Mobile, Ala./McGill-Toolen Catholic HS
17	Emily Naubert	Sr.	DS/L	Chicago, Ill./Christian Heritage Academy
18	Sophia Plasman	Fr.	OH	Greensboro, N.C./Caldwell Academy
19	Amelia Johnston	Fr.	DS/L	Collierville, Tenn./Collierville HS



Western Carolina (#3 seed)

Head coach: Karen Glover

Assistant coaches: Taylor Svehla, Ashley Gasaway

Record: 17-11 (10-6 SoCon)

NO.	NAME	POS.	YR.	HOMETOWN/HIGH SCHOOL
1	Johnna Robinson	MB	Sr.	Calera, Ala. / Calera HS
2	Destinee Dorsey	L	Jr.	Mobile, Ala. / Carrboro HS (N.C.)
3	Ali Morris	OH	Fr.	Knoxville, Tenn. / Grace Christian Academy
4	Ollie Henderson	L	So.	Simpsonville, S.C. / Mauldin HS
5	Julia Gardon	OH	Jr.	West Chester, Ohio / Bishop Fenwick HS
7	Maygan Miller-Garcia	MB	Fr.	Nashville, Tenn. / Pope John Paul II Prep School
8	Bailey Hartsough	OH	So.	LaGrange, Ind. / Lakeland HS
9	Brooklyn Poling	OH/RS	Sr.	Gilbert, Ariz. / Perry HS
10	Ali Schreiber	OH	Jr.	Norcross, Ga. / Greater Atlanta Christian School
11	Erin Carpenter	S	Jr.	Brookhaven, Ga. / Chamblee Charter
12	Sarah Janourova	S	So.	Prague, Czech Republic / Sportovni Gymnazium
13	Merry Gebel	OH	5th	Wildwood, Mo. / Lafayette HS
14	Janelle Blue	MB/RS	Fr.	Clover, S.C. / Clover HS
15	Aviah Miller	DS/OH	Fr.	Marietta, Ga. / George Walton HS
16	Livi Weidmann	RS	Jr.	Roswell, Ga. / Centennial HS
17	Eden Punch	MB	Jr.	Burlington, Ontario / Dr. Frank J. Hayden Seco
18	Sydney Carlson	S	5th	Birmingham, Ala. / Mountain Brook HS
19	Lydia Clark	S	Fr.	Evans, GA. / Greenbrier HS

Chattanooga (#4 seed)

Head coach: Julie Torbett Thomas

Assistant coaches: Darin Van Horn, Madison Bergren, Michelle Jaworski

Record: 16-15 (10-6 SoCon)



NO.	NAME	POS.	YR.	HOMETOWN / PREVIOUS SCHOOL
1	Elaine Redman	S	So.	Chattanooga, Tenn. / Toledo
2	Sydney Hall	MB/RS	R-Sr.	Torrance, Calif. / East Carolina
3	Paige Gallentine	DS/L	So.	Fenton, Mich. / Charyl Stockwell Prep
4	Makenzie Jordan	DS/L	Jr.	Murfreesboro, Tenn. / Mississippi State
5	Chandler Alter	DS	So.	Powder Springs, Ga. / McEachern HS
6	Kate Neill	MB	So.	Plymouth, Minn. / Providence Academy
7	Coniah Davis	RS	Jr.	Glen Allen, Va. / Glen Allen HS
8	Natalie Tyson	OH	R-Sr.	Winston-Salem, N.C. / Mount Tabor HS
9	Lauren Baker	OH	So.	Osceola, Ind. / Penn HS
10	Nailah Jones	OH/RS	R-Sr.	South Holland, Ill. / Chicago State
12	Marcelle Baez-Carlo	MB	So.	Guaynabo, Puerto Rico / Bayamon Military
13	Chloe Bryan	RS/OH	So.	Arlington, Tenn. / Briarcrest HS
14	Grace Frigaard	OH	R-Fr.	Winchester, Va. / James Wood HS
17	Cassidy Couch	DS/L	Fr.	Murfreesboro, Tenn. / Rockvale HS
19	Halle Olson	OH	So.	River Falls, Wis. / Florida Atlantic
22	Aleya Kennedy	MB	So.	Scott, Ark. / North Little Rock HS
25	Sophia Bossong	S	So.	Murfreesboro, Tenn. / Siegel HS

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Wofford (#5 seed)

Head coach: Lynze Roos

Assistant coaches: Ali Skayhan, Justin Sanders, Alex Scharpenber

Record: 16-12 (8-8 SoCon)

NO.	NAME	POS.	YR.	HOMETOWN/PREVIOUS SCHOOL
1	Mary Emily Morgan	OH	So.	Atlanta, Ga. / Westminster HS
2	Emory Wyatt	OPP/RS	Sr.	Greenville, S.C. / Wade Hampton
3	Sarah MacLean	MB	So.	Simpsonville, S.C. / Hillcrest HS
4	Chasidy Sharpe	DS/L	Sr.	Stony Point, N.C. / Lake Norman
5	Jessica Freire	DS/L	Fr.	Hoschton, Ga. / Mill Creek
6	Sarah Barham	MB	Jr.	Summerfield, N.C. / Northwest Guilford
7	Kennedy Smith	OH	Sr.	Huntersville, N.C. / South Lake Christian
8	Carson Eubanks	OH	Fr.	Lexington, S.C. / River Bluff
9	Caroline Przystup	OH	Fr.	Oviedo, Fla. / Oviedo
10	Elise Schneider	OH	Jr.	Oconomowoc, Wisconsin / Arrowhead
11	Kaitlyn Brown	DS/L	Jr.	Lakeland, Fla. / Appalachian State
12	Bella Zeman	OH	Sr.	Yorkville, Ill. / Yorkville
13	Emily Hodsdon	S	Jr.	Alpharetta, Ga. / Alpharetta
15	Millie Loehr	MH	Jr.	Durham, N.C. / Durham Academy
16	Meghan Yaffa	OH	R-Sr.	Boca Raton, Fla. / Spanish River Community
17	Victoria Hensley	S	Fr.	Clearwater, Fla. / Clearwater Central Catholic
18	Annamarie Rakoski	MB	Fr.	Atlanta, Ga. / St. Pius
20	Abbey Richman	DS/L	Jr.	Carmel, Ind. / Brebeuf Jesuit Prep
21	Addison Foote	OH	Jr.	Prospect, Ky. / VCU
22	Mad Wilson	OH	So.	Apex, N.C. / Apex Friendship HS
23	Alexa Bertsch	OH	Sr.	Lake Worth, Fla. / Park Vista



Mercer (#6 seed)

Head coach: Derek Schroeder

Assistant coaches: Michele Maxwell, Biatriz Berti, Matthew Miller

Record: 10-18 (6-10 SoCon)

NO.	NAME	POS	YR.	HOMETOWN / HIGH SCHOOL
1	Emma Jose	S	So.	Oakville, Ontario / Thomas A. Blakelock HS
2	Rachel Bell	OH	Fr.	Mobile, Al / St.Paul's Episcopal School
3	Abbey Havrilla	L/DS	Fr.	Avon, OH / Magnificat HS
4	Mykole Morgan	OH	So.	Louisville, KY / Seneca HS
8	Sadie Vente	S	Jr.	Burke, VA / Lake Braddock Secondary School
9	Annie Karle	OH	Gr.	Mount Olive, NJ / Mount Olive HS
10	Lexi Uhrhan	L/DS	Sr.	Louisville, KY / Sacred Heart Academy
11	Paige Wagers	MH	So.	Lexington, KY / Henry Clay HS
12	Morgan Verheyen	OH	Sr.	Waterford, MI / Notre Dame Prep
14	Kiera McCarles	S/DS	Fr.	Carlisle, Ontario / Waterdown District HS
18	Lillian Beardsley	MB/O	Fr.	Lakeland, FL / Polk State Collegiate HS
22	Hannah White	MH	Fr.	Winter Springs, FL / Winter Springs
27	Jaida Howell	MH	Sr.	Whitby, Ontario / Sinclair Secondary School



The Citadel (#7 seed)

Head coach: Dave Zelenock

Assistant coach: Erin Kretzschmar

Record: 11-18 (4-12 SoCon)

NO	NAME	POS	CL	HOMETOWN/HIGH SCHOOL
1	Belle Hogan	S	So.	Fort Wayne, Ind. / Leo
2	Lydia Larson	S	Fr.	Spicer, Minn. / Willmar
4	Makaya Middleton	OPP	Sr.	Litchfield Park, Ariz. / Millennium
5	Amie Greene	S	Sr.	Tomball, Texas / Klein Oak
8	Jaelynn Elgert	L	Jr.	Peoria, Ariz. / Liberty
10	Gina Delancey	MB	Sr.	Arlington, Va. / Washington Lee
12	Kathleen Bula	OH	Jr.	Memphis, Tenn. / St. Agnes Acad.
13	Sam Barnes	MB	Fr.	Colorado Springs, CO. / Pine Creek
14	Ainsley Dowling	L	Fr.	Hampshire, Ill. / Hampshire
15	Sadie Gomez	MB	So.	Covington, La. / Mandeville
18	Ali Ruffin	OH	So.	Greenville, N.C. / South Central
20	Laura Kuhlmann	OH	R-Jr.	Pawling, N.Y. / Pawling
21	Kenzie Kellerman	L	Sr.	Little Elm, Texas / Lone Star
22	Brooke Shively	L	Jr.	Orchard Park, N.Y. / Orchard Park
24	Jamie Holton	OH	Fr.	Nags Head, N.C. / Manteo
25	Maddy Cardenas	MB	Sr.	Redondo Beach, Calif. / Bishop Montgomery

Furman (#8 seed)

Head coach: Michelle Young

Assistant coaches: Natalie Anthony, Kelly Picardi

Record: 9-18 (4-12 SoCon)

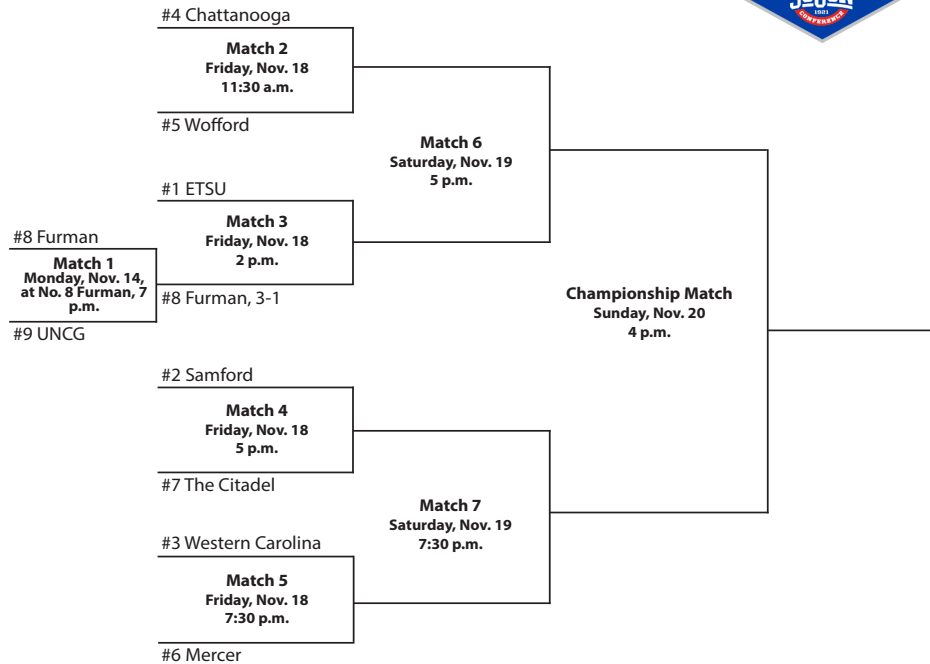


NO.	NAME	POS.	CL.	HOMETOWN/PREV. SCHOOL
1	Chandler Parker	RS	So.	Marietta, Ga. / Walton
2	Morgan Cobb	OH/RS	Fr.	Atlanta, Ga. / Woodward Academy
3	Ella Abraham	S	Jr.	Matthews, N.C. / Providence Day School
4	Grainne McGrath	MB	Fr.	Knoxville, Tenn. / Knoxville Catholic
5	Sarah Turner	S	Sr.	Lugoff, S.C. / Lugoff-Elgin
6	Nicole Swindle	OH	So.	Winter Park, Fla. / Lake Highland Prep
7	Andrea Aceveda	L	Sr.	Brentwood, Tenn. / Brentwood
8	Addison Poehner	L/DS	Fr.	Louisville, Ky. / Mercy Academy
9	Hadlee Ackerman	L/DS	Fr.	Atlanta, Ga. / Marist
10	Natalie Dunn	OH	Sr.	Holland, Mich. / West Ottawa
11	Sydney Tanner	RS	Jr.	Sharpsburg, Ga. / Landmark Christian
12	Mikaela Schultz	OH	Jr.	Oviedo, Fla. / Oviedo
13	Ava Augustson	OH	So.	Cary, N.C. / Cary
14	Kaeli Braswell	OH/DS	Jr.	Cary, N.C. / Grace Christian School
15	Mary Beth Headley	OH	Jr.	Newnan, Ga. / UCF
16	Genevieve Perry	MB	So.	Austin, Texas / Tulane
17	Kelsey Watkins	MB	R-Jr.	Chicago, Ill. / Latin School
19	Lily Barnhill	OH/RS	So.	Greensboro, N.C. / Saint Peter's
21	Lauren Haynes	OH	Fr.	Smyrna, Ga. / The Walker School



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Annual Champions

Year	Champion	Head Coach	Runner-up	Tournament Site	Regular-Season Champion(s)
1983	Western Carolina	Trish Howell	ETSU	Johnson City, Tenn.	Western Carolina
1984	Appalachian State	Toni Wyatt	Western Carolina	Cullowhee, N.C.	Appalachian State
1985	Western Carolina	Trish Howell	Appalachian State	Boone, N.C.	Western Carolina
1986	Western Carolina	Trish Howell	Appalachian State	Greenville, S.C.	App. St./Western Carolina
1987	Chattanooga	Tony Jadin	Furman	Huntington, W.Va.	ETSU
1988	Marshall	Martha Newberry	Western Carolina	Chattanooga, Tenn.	ETSU
1989	ETSU	Kelly Andrews	Western Carolina	Johnson City, Tenn.	ETSU/Western Carolina
1990	Furman	David Baillie	Appalachian State	Cullowhee, N.C.	Appalachian State
1991	Appalachian State	Traci Blankenship-McGee	ETSU	Boone, N.C.	ETSU
1992	ETSU	Kelly Andrews	Appalachian State	Greenville, S.C.	Appalachian State
1993	Appalachian State	Dave Markland	Furman	Huntington, W.Va.	Furman
1994	Appalachian State	Dave Markland	Furman	Chattanooga, Tenn.	Appalachian State
1995	Marshall	Susan Steadman	ETSU	Davidson, N.C.	Appalachian State
1996	Chattanooga	Lisa Rhodes	Appalachian State	Statesboro, Ga.	Marshall
1997	Chattanooga	Lisa Rhodes	Western Carolina	Statesboro, Ga.	Chattanooga
1998	Chattanooga	Lisa Rhodes	Western Carolina	Boone, N.C.	Chattanooga
1999	Davidson	Lisa Marston	Chattanooga	Cullowhee, N.C.	Davidson
2000	Davidson	Tamara Darwin	Furman	Charleston, S.C.	Davidson
2001	Georgia Southern	Kerry Messersmith	Chattanooga	Greensboro, N.C.	College of Charleston
2002	College of Charleston	Jewel McRoberts	Georgia Southern	Davidson, N.C.	Georgia Southern/CofC
2003	Georgia Southern	Kerry Messersmith	College of Charleston	Chattanooga, Tenn.	North: Appalachian State South: CofC/Georgia Southern
2004	College of Charleston	Sherry Dunbar	Appalachian State	Cullowhee, N.C.	North: Appalachian State South: Coll. of Charleston
2005	College of Charleston	Sherry Dunbar	Appalachian State	Statesboro, Ga.	College of Charleston
2006	College of Charleston	Sherry Dunbar	UNCG	Boone, N.C.	College of Charleston
2007	College of Charleston	Jason Kepner	UNCG	Chattanooga, Tenn.	College of Charleston
2008	Furman	Michelle Young	College of Charleston	Greensboro, N.C.	North: Samford South: Coll. of Charleston
2009	College of Charleston	Jason Kepner	Furman	Greenville, S.C.	North: Samford South: Furman
2010	Georgia Southern	Chad Callihan	College of Charleston	Boone, N.C.	North: Elon South: Coll. of Charleston
2011	Samford	Derek Schroeder	College of Charleston	Birmingham, Ala.	North: Samford South: Coll. of Charleston
2012	College of Charleston	Jason Kepner	Furman	Davidson, N.C.	North: Samford South: Georgia Southern
2013	Georgia Southern	Dustin Wood	Samford	Greenville, S.C.	Georgia Southern
2014	Samford	Derek Schroeder	Furman	Greensboro, N.C.	Furman
2015	Furman	Michelle Young	Chattanooga	Cullowhee, N.C.	Chattanooga
2016	Samford	Keylor Chan	Chattanooga	Birmingham, Ala.	ETSU
2017	ETSU	Lindsey Devine	Wofford	Cullowhee, N.C.	Furman
2018	Samford	Keylor Chan	ETSU	Greensboro, N.C.	ETSU
2019	Samford	Keylor Chan	ETSU	Spartanburg, S.C.	Samford
2020-21	Samford	Keylor Chan	Mercer	Birmingham, Ala.	Samford/Mercer
2021	The Citadel	David Zelenock	Wofford	Birmingham, Ala.	Mercer/UNCG
2022				Greenville, S.C.	ETSU