



# 2024 SOUTHERN CONFERENCE INDOOR TRACK & FIELD CHAMPIONSHIPS

CORPS PHYSICAL TRAINING FACILITY  
LEXINGTON, VIRGINIA



## SCHEDULE OF EVENTS

### SATURDAY, FEB. 24

9:00 a.m.....Men's Hept 60m  
.....Men's Hept LJ  
.....Men's Hept SP  
.....Men's Hept HJ  
9:15 a.m.....Women's Pent 60m H  
.....Women's Pent HJ  
.....Women's Pent SP  
.....Women's Pent LJ  
.....Women's Pent 800m  
1:30 p.m.....Men's Shot Put Final  
2:00 p.m.....Women's Long Jump Final  
.....Men's Mile Trials  
2:15 p.m.....Women's Mile Trials  
2:35 p.m.....Men's 60m H Trials  
2:45 p.m.....Women's 60m H Trials  
2:55 p.m.....Men's 60m Trials  
3:05 p.m.....Women's 60m Trials  
3:15 p.m.....Men's 400 m Trials  
3:25 p.m.....Women's 400m Trials  
3:30 p.m.....Men's Pole Vault Final  
3:35 p.m.....Men's 800m Trials  
3:45 p.m.....Women's 800m Trials  
4:00 p.m.....Men's Long Jump Final  
.....Women's Shot Put Final  
.....Men's 200m Trials  
4:20 p.m.....Women's 200m Trials  
4:30 p.m.....Women's High Jump Final  
4:40 p.m.....Men's 3000m B Final  
4:52 p.m.....Men's 3000m A Final  
5:04 p.m.....Women's 3000m B Final  
5:17 p.m.....Women's 3000m A Final  
5:30 p.m.....Men's DMR Final  
5:45 p.m.....Women's DMR Final

### SUNDAY, FEB. 25

9:00 a.m.....Men's Hept 60m H  
.....Men's Hept PV  
.....Men's Hept 1,000m  
10:00 a.m.....Men's Triple Jump Final  
10:30 a.m... Women's Weight Throw Final  
12:00 p.m.....Men's Mile Final  
12:10 p.m.....Women's Mile Final  
12:20 p.m.....Men's 60m H Final  
12:30 p.m.....Women's Triple Jump Final  
.....Women's 60m H Final  
12:40 p.m.....Men's 60m Final  
12:50 p.m.....Women's 60m Final  
1:00 p.m.....Men's Weight Throw Final  
.....Men's 400m Final  
1:10 p.m.....Women's 400m Final  
1:15 p.m.....Women's Pole Vault Final  
1:20 p.m.....Men's 800m Final  
1:30 p.m.....Women's 800m Final  
1:40 p.m.....Men's 200m Final  
1:50 p.m.....Women's 200m Final  
2:00 p.m.....Men's High Jump Final  
.....Men's 5000m B Final  
2:20 p.m.....Men's 5000m A Final  
2:40 p.m.....Women's 5000 B Final  
3:05 p.m.....Women's 5000 A Final  
3:30 p.m.....Men's 4x400m Final  
3:40 p.m.....Women's 4x400m Final  
.....Awards Ceremony

## CHAMPIONSHIP PREVIEW

### 2024 INDOOR TRACK & FIELD CHAMPIONSHIPS KICK OFF SATURDAY

The Southern Conference Men's and Women's Indoor Track and Field Championships will take place at VMI's Corps Physical Training Facility in Lexington, Virginia, this Saturday and Sunday. This year marks the 89th edition of the men's championship and 37th women's championship. VMI is hosting the meets for the seventh straight season.

Samford swept the team titles again last year, with the Bulldog men claiming their fourth straight SoCon indoor title and the Samford women winning their eighth straight. The Bulldogs will seek to become the first SoCon women's program to win nine straight titles, as they set the record for longest streak of consecutive titles last season.

The Samford women totaled 183.33 points on the day, nearly doubling their day-one advantage of 32 points over runner-up Wofford. The Terriers finished with 120 points for their second runner-up finish in three seasons. ETSU was third with 84 points and Furman and Western Carolina tied for fourth with 82 each.

This season's power rankings – determined by the top eight times or scores that are reported by the schools for each event that will be conducted at this weekend's championships – predict successful title defenses for both Samford programs.

The Samford men scored 174.5 points to outdistance runner-up Western Carolina, which scored 122.33. ETSU was third with 102.5 and host VMI was fourth with 96.33. The Bulldogs claimed four event wins Sunday, with Furman, VMI and Western Carolina winning two events apiece.

Spectators are welcome at the championships and day two of the meet will air live on ESPN+ beginning at noon Eastern, with Jason Patterson and Phil Cox on the call. Live results, daily recaps, photos and video highlights can be found at SoConSports.com.

#### Storylines:

- Lexington, Virginia, is the site of the men's event for the 42nd time, more than double the total of the next-highest sites, Chapel Hill, North Carolina, and Johnson City, Tennessee, which have hosted 18 times each. The men's championship was contested in Lexington for 28 consecutive years from 1954-81. The women's championship was held in Lexington for the tenth time last season. Prior to 2018, the last time VMI hosted the championships was in 2000.

- The winners of 11 of the 15 individual men's events and 12 of the 15 individual women's events from last year's meet return this season.

- Five of the six superlative winners are back for their respective schools. They include men's track MOA Cagan Campbell (SAM), women's track MOA Abigail Robertson (FUR), men's field MOA Keyandre Midgett (VMI), women's field MOA Hannah Daffin (SAM), and Women's Freshman of the Year Jenna Mulhern (FUR).

- Additionally, Samford coach Rod Tiffin is the defending coach of the year on both the men's and women's sides. He's won the award six times on the men's side, including in each of the last four seasons, and has claimed the award seven times on the women's side.

- Four meet records fell last year, one on Saturday and three on Sunday. One individual record setter and three of the four members of the record setting team are back in the field this year.

- Samford accounted for two new records with Ty Kimblerlin scoring 5,442 points in the heptathlon and Titus Moore turning in a time of 7.79 in the 60mH.

- Furman accounted for the other two with Dylan Schubert running a 13:54.58 in the 5000m and the distance medley team consisting of Kaylie Armitage, Erin MacDevette, Camryn Wennersten, and Megan Marvin recording a time of 11:25.6.

- Abigail Robertson claimed Furman's third straight 3,000m women's title, as she finished in 9:26.48 to win by more than seven seconds and is looking to defend her title this year. The next day she won the 5,000-meter run in 16:23.42, finishing less than a second behind the meet record, to give Furman nine straight titles in the event.

- Furman's women's team broke the meet record in the distance medley relay for the second straight season. Kaylie Armitage, Erin MacDevette, Camryn Wennersten and Megan Marvin turned in a school-record time of 11:25.60 to take nearly six seconds off the previous meet standard. The SoCon title was Furman's seventh straight in the event. MacDevette is the only member who did not return this year.

- Hannah Daffin will be looking to defend her Shot Put title and extend her career winnings to three conference titles. Last year Daffin took gold with a throw of 14.21 meters. She currently leads the conference for the season with a throw of 13 meters.

- Samford's Bishop will be looking for her fifth straight title in the pole vault. Her top mark of 3.67 meters this season has her in third place in the conference. One of just three women to win the pole vault three times, last year she became the first four-time winner in SoCon history and is looking to extend that record to five. Samford has had a stranglehold on the event, winning it each year since 2018.

- Furman's Marvin will be chasing her fourth straight title in the 800-meter run. Her top time this season, the 2:09.65 she ran at the Carolina Challenge on Jan. 19, has her in third place in the conference this season.

- Samford's Brenden Vanderpool, Jed Sisco, and Walker Smith, the defending champion in the pole vault, are ranked one, two, and three, respectively, in the conference. Sisco won the event in 2022.



Samford's women won their eighth straight SoCon indoor title and the Bulldog men claimed their fourth straight SoCon indoor title in 2023.



# CHAMPIONSHIP RECORDS



## Past champions

Event	Mark	Conversion	Athlete	Year
60m dash	6.73		Ernest Wiggins, Appalachian State	2004
200m dash	21.13		Delevantie Brown, ETSU	1995
400m dash	46.97		Brunson Miller, The Citadel	2012
800m run	1:49.77		José Peñalver, Samford	2021
Mile run	3:59.75		Cameron Ponder, Furman	2022
3,000m run	8:02.87		Carson Williams, Furman	2022
5,000m run	13:54.58		Dylan Schubert, Furman	2023
60m hurdles	7.79		Titus Moore, Samford	2023
Long jump	7.66m	(25-1.75)	Marcus Lynch, VMI	2001
Triple jump	16.11m	(52-10.25)	Warren Posey, Appalachian State	1988
High jump	2.21m	(7-3.0)	Darius Purcell, Appalachian State	2012
Shot put	17.19m	(56-0.50)	Cosmo Tocci, The Citadel	1980
Pole vault	5.45m	(17-10.50)	Michael Seaman, Samford	2012
35-lb. weight	21.99m	(72-2.0)	Ben Johnson, ETSU	2018
4x400-meter relay	3:14.40		Western Carolina (Derrick High, Irving Hunter, Tim Vaught, Joe Hyman)	2000
Distance medley relay	9:47.80		ETSU (J.C. Caudell, Greg Davis, Ben Turpin, Adrian Leek)	1979
Heptathlon	5,442		Ty Kimberlin, Samford	2023

## Past champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1930	Chapel Hill, N.C.	Washington & Lee	1970	Lexington, Va.	William & Mary	2006	Clemson, S.C.	Western Carolina
1931	Chapel Hill, N.C.	North Carolina	1971	Lexington, Va.	William & Mary	2007	Clemson, S.C.	Appalachian State
1932	Chapel Hill, N.C.	North Carolina	1972	Lexington, Va.	William & Mary	2008	Clemson, S.C.	Western Carolina
1933	Chapel Hill, N.C.	Duke	1973	Lexington, Va.	William & Mary	2009	Clemson, S.C.	Appalachian State
1934	Chapel Hill, N.C.	North Carolina	1974	Lexington, Va.	William & Mary	2010	Clemson, S.C.	Appalachian State
1935	Chapel Hill, N.C.	North Carolina	1975	Lexington, Va.	William & Mary	2011	Clemson, S.C.	Appalachian State
1936	Chapel Hill, N.C.	Duke	1976	Lexington, Va.	Furman	2012	Birmingham, Ala.	Western Carolina
1937	Chapel Hill, N.C.	North Carolina	1977	Lexington, Va.	East Carolina	2013	Winston-Salem, N.C.	Appalachian State
1938	Chapel Hill, N.C.	Duke	1978	Lexington, Va.	VMI	2014	Winston-Salem, N.C.	Western Carolina
1939	Chapel Hill, N.C.	North Carolina	1979	Lexington, Va.	VMI	2015	Birmingham, Ala.	Western Carolina
1940	Chapel Hill, N.C.	North Carolina	1980	Lexington, Va.	ETSU	2016	Birmingham, Ala.	Western Carolina
1941	Chapel Hill, N.C.	North Carolina	1981	Lexington, Va.	VMI	2017	Johnson City, Tenn.	Western Carolina
1942	Chapel Hill, N.C.	North Carolina	1982	Johnson City, Tenn.	VMI	2018	Lexington, Va.	Western Carolina
1943 - 1948		NO MEET	1983	Lexington, Va.	VMI	2019	Lexington, Va.	Western Carolina
1949	Chapel Hill, N.C.	North Carolina	1984	Johnson City, Tenn.	Appalachian State	2020	Lexington, Va.	Samford
1950	Chapel Hill, N.C.	North Carolina	1985	Lexington, Va.	Appalachian State	2021	Lexington, Va.	Samford
1951	Chapel Hill, N.C.	North Carolina	1986	Lexington, Va.	Appalachian State	2022	Lexington, Va.	Samford
1952	Chapel Hill, N.C.	North Carolina	1987	Johnson City, Tenn.	Appalachian State	2023	Lexington, Va.	Samford
1953	Chapel Hill, N.C.	Duke	1988	Johnson City, Tenn.	Appalachian State			
1954	Lexington, Va.	VMI	1989	Johnson City, Tenn.	Appalachian State			
1955	Lexington, Va.	VMI	1990	Lexington, Va.	Appalachian State			
1956	Lexington, Va.	Virginia Tech	1991	Johnson City, Tenn.	VMI			
1957	Lexington, Va.	William & Mary	1992	Johnson City, Tenn.	Appalachian State			
1958	Lexington, Va.	VMI	1993	Lexington, Va.	VMI			
1959	Lexington, Va.	VMI	1994	Johnson City, Tenn.	Appalachian State			
1960	Lexington, Va.	VMI	1995	Johnson City, Tenn.	Appalachian State			
1961	Lexington, Va.	Furman	1996	Lexington, Va.	VMI			
1962	Lexington, Va.	Furman	1997	Johnson City, Tenn.	Marshall			
1963	Lexington, Va.	Furman	1998	Johnson City, Tenn.	ETSU			
1964	Lexington, Va.	VMI	1999	Johnson City, Tenn.	Western Carolina			
		West Virginia	2000	Lexington, Va.	Appalachian State			
1965	Lexington, Va.	VMI	2001	Johnson City, Tenn.	VMI			
1966	Lexington, Va.	William & Mary	2002	Johnson City, Tenn.	Appalachian State			
1967	Lexington, Va.	William & Mary	2003	Johnson City, Tenn.	Appalachian State			
1968	Lexington, Va.	William & Mary	2004	Johnson City, Tenn.	Western Carolina			
1969	Lexington, Va.	William & Mary	2005	Johnson City, Tenn.	Appalachian State			

## Total team titles

Team	Titles
Appalachian State	19
VMI	16
North Carolina	13
Western Carolina	11
William & Mary	11
Duke	4
Furman	4
Samford	4
ETSU	2
East Carolina	1
Marshall	1
Virginia Tech	1
Washington & Lee	1
West Virginia	1



# CHAMPIONSHIP RECORDS



Event	Mark	Conversion	Name(s), school	Year
60m dash	7.40		Nicole Johnson, ETSU	2020
200m dash	23.84		Lamonda Miller, Appalachian State	1989
400m dash	54.61		Felisha Garren, Western Carolina	2012
800m run	2:05.68		Megan Marvin, Furman	2022
Mile run	4:38.23		Karisa Nelson, Samford	2019
3,000m run	9:11.04		Savannah Carnahan, Furman	2019
5,000m run	16:22.61		Savannah Carnahan, Furman	2019
60m hurdles	8.29		Demeteria Edgecombe, ETSU	2015
	8.29		Kyra Atkins, ETSU	2018
Long jump	6.21m	(20-4.50)	Von Ross, Western Carolina	1993
Triple jump	13.30m	(43-7.75)	Taniesha Robinson, ETSU	1999
	13.30m	(43-7.75)	Ronda White, Appalachian State	2004
High jump	1.81m	(5-11.25)	Kristen Meister, Davidson	2007
Shot put	16.61m	(54-6.00)	Angie Barker, ETSU	1988
Pole vault	4.06m	(13-3.75)	Brittany Bishop, Samford	2022
20-pound weight	19.54m	(64-1.29)	Chakosha Lance, College of Charleston	2006
4x400m relay	3:44.98		Western Carolina (Shiniqua Pryor, Genevieve Emrick, Lena Elliot, Felisha Garren)	2012
Distance medley relay	11:25.60		Furman (Kaylie Armitage, Erin MacDevette, Camryn Wennersten, Megan Marvin)	2023
Pentathlon	4,118		Selena Popp, Samford	2018

## Past champions

Year	Site	Champion	Year	Site	Champion
1988	Johnson City, Tenn.	Appalachian State	2012	Birmingham, Ala	Appalachian State
1989	Johnson City, Tenn.	Appalachian State	2013	Winston-Salem, N.C.	Western Carolina
1990	Lexington, Va.	Appalachian State	2014	Winston-Salem, N.C.	Western Carolina
1991	Johnson City, Tenn.	Appalachian State	2015	Birmingham, Ala.	Western Carolina
1992	Johnson City, Tenn.	Appalachian State	2016	Birmingham, Ala.	Samford
1993	Lexington, Va.	Appalachian State	2017	Johnson City, Tenn.	Samford
1994	Johnson City, Tenn.	Appalachian State	2018	Lexington, Va.	Samford
1995	Johnson City, Tenn.	ETSU	2019	Lexington, Va.	Samford
1996	Lexington, Va.	Western Carolina	2020	Lexington, Va.	Samford
1997	Johnson City, Tenn.	Western Carolina	2021	Lexington, Va.	Samford
1998	Johnson City, Tenn.	Chattanooga	2022	Lexington, Va.	Samford
1999	Johnson City, Tenn.	Western Carolina	2023	Lexington, Va.	Samford
2000	Lexington, Va.	Western Carolina			
2001	Johnson City, Tenn.	Appalachian State			
2002	Johnson City, Tenn.	Appalachian State			
2003	Johnson City, Tenn.	Appalachian State			
2004	Johnson City, Tenn.	Appalachian State			
2005	Johnson City, Tenn.	Appalachian State			
2006	Clemson, S.C.	Appalachian State			
2007	Clemson, S.C.	Appalachian State			
2008	Clemson, S.C.	Western Carolina			
2009	Clemson, S.C.	Appalachian State			
2010	Clemson, S.C.	Western Carolina			
2011	Clemson, S.C.	Appalachian State			

## Total team titles

Team	Titles
Appalachian State .....	17
Western Carolina .....	9
Samford.....	8
ETSU .....	1
Chattanooga .....	1



# TEAM ROSTERS



## The Citadel Bulldogs

**Director of cross country/track and field:** Jody Huddleston  
**Head track and field coach:** Kris Kut  
**Assistant coach:** Erin Leonard

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Bryce Baglia	Sr.	Falconer, N.Y.	Brianna Arguello	Jr.	Broken Bow, Neb.
Kaleb Brown	Fr.	Hollywood, S.C.	Cyla Byrd	Sr.	Pace, Fla.
McConnell Burdette	Fr.	Pendleton, S.C.	Darrrian Cole	Sr.	Florence, S.C.
Charles Campbell	Fr.	Arlington, Va.	Yanna Cuesta	Jr.	Lindenhurst, N.Y.
Jared Campbell	Jr.	Denver, N.C.	Emily Danielsson	Gr.	Marietta, Ga
Jordan Chestnut	Fr.	Columbia, S.C.	Kennedy DeLancy	Jr.	Pinehurst, N.C.
Brett Cobb	So.	Sudbury, Mass.	Maret Elgren	Gr.	Chanhassen, Minn
Kane Duncan	Gr.	Landrum, S.C.	Sadie Grove	So.	Choteau, Mont.
Sutter Guttery	So.	Atlanta, Ga.	Emily Hickey	Sr.	Reading, Ma.
Bradlee Jones	Fr.	Greenwood, S.C.	Mecca Jackson	Gr.	Sandersville, Ga.
Stephen Kraeling	Sr.	Guyton, Ga.	Sara Grace Lucovsky	Fr.	Callahan, Fla.
Prince Moody	Gr.	Springfield, Va.	Sara Grace Milton	So.	Chester, S.C.
Treonte Newton	Gr.	Summerville, S.C.	Jada Pate	Fr.	Lexington, S.C.
William Owens	Fr.	Simpsonville, S.C.	Gabby Shea	Sr.	Sparkill, N.Y.
Will Ray	Sr.	Okinawa, Japan	Danielle Williams	Fr.	Fort Mill, S.C.
Jack Scott	Fr.	McClellanville, S.C.	Karmen Williams	Gr.	New Orleans, La
Luke Segee	Sr.	Easley, S.C.	Julia Williamson	Fr.	Campobello, S.C.
Sam Seifert	Fr.	Mount Pleasant, S.C.			
Demetrius Shine	So.	Bluffton, S.C.			
Mac Strunk	Sr.	Port Isabel, Texas			
Dylan Thompson	Fr.	Little Elm, Texas			
Jack Weil	Fr.	Mount Pleasant, S.C.			
Alex Wulffhorst	Sr.	Denver, N.C.			
Tucker Young	Sr.	Williamsburg, Va.			

## ETSU Buccaneers

**Head coach:** George Watts  
**Assistant coaches:** Alex Kemp, Dr. Marco Duca

Women		
Name	Class	Hometown
Ansley Archuleta	Jr.	Fort Mill, S.C.
Devon Babcock	Fr.	Fairfax, Va.
Brianna Baker	Fr.	
Sophie Beach	So.	Boone, N.C.
Paden Bell	Fr.	Commerce, Ga.
Aaryanna Billingsley	Sr.	Knoxville, Tenn.
Tya Blake	Jr.	Lynchburg, Va.
McKenna Boykin	So.	Powder Springs, Ga.
Hannah Burkhardt	Sr.	Knoxville, Tenn.
Leslie Gansore	Jr.	Oneida, Tenn.
Bonita Gray	Jr.	Ogden, Utah
Rebekah Howard	Sr.	Ashland, Ky.
Morri Howell	R-Jr.	Franklin, Tenn.
Camryn Johnson	So.	Knoxville, Tenn.
Meg Lance	So.	Woodstock, Ga.
Emily Lindsey	Fr.	Oak Ridge, Tenn.
Anna Moore	Jr.	Knoxville, Tenn.
Maya Murchison	So.	Gambrells, Md.
Molly Rhudy	Sr.	Chilhowie, Va.
Mary Oakley Robertson	So.	Knoxville, Tenn.
Gabriella Rodriguez	Fr.	Lenoir, Tenn.
Diana Romero-Barba	Jr.	Tepatitlan de Morelos, Mexico
Eliza Ruch	Fr.	Murfreesboro, Tenn.
Josi Seerig	Fr.	Goppingen, Germany
Kiera Snyder	Jr.	Clyde, Mich.
Olivia Spence	Fr.	Rogersville, Tenn.
Karli Townsell	So.	Statesville, N.C.
Gabby Walker	So.	Maryville, Tenn.
Anaya Young	So.	Lumberton, N.J.

## Furman Paladins

**Head coach:** Robert Gary

**Assistant coaches:** Rita Gary, Matt Lange, Mickey McCauley, Logan Roberts

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Casey Burr	Jr.	Greenville, S.C.	Kaylie Armitage	Jr.	Exeter, R.I.
Nick Goldstein	Jr.	Newbury Park, Calif.	Sierra Bower	Jr.	Carbondale, Colo.
Denison Jones	Sr.	Greenville, S.C.	Madelynne Cadeau	Sr.	Cumming, Ga.
Colton Kempney	So.	Castorland, N.Y.	Beth Donnelly	Sr.	Brentwood, Tenn.
Chris Knight	Fr.	Signal Mountain, Tenn.	Lily Feingold	So.	Mt. Pleasant, S.C.
Gabe Montague	So.	Melbourne, Fla.	Clair Garrett	So.	Oakland, Calif.
Christian Newman	Sr.	Myrtle Beach, S.C.	Callie Harper	Jr.	Charleston, S.C.
Cameron Ponder	Sr.	Winston Salem, N.C.	Megan Marvin	Sr.	Chapel Hill, N.C.
Jackson Price	Fr.	Columbia, S.C.	Maddie Massie	Fr.	Birmingham, Ala.
Dylan Schubert	Jr.	Loveland, Colo.	Nicole Matysik	5th	Key West, Fla.
Brayden Seymour	Fr.	Oviedo, Fla.	Cambelle Roberson	Fr.	Greenville, S.C.
Owen Shifflett	Fr.	Charlottesville, Va.	Abigail Robertson	5th	Marietta, Ga.
Lloyd Wamu Snell	Fr.	Blasingstoke, England	Jonna Strange	Sr.	Statesville, N.C.
Luke Taylor	So.	Rockville, Va.	Camryn Wennersten	So.	Ridgewood, N.J.
Jack Travis	Fr.	Louisville, K.Y.	Kylie Wittman	Sr.	Brentwood, Tenn.
Carson Williams	Jr.	Raleigh, N.C.			
Tucker Wright	Fr.	Rome, Ga.			

## UNCG Spartans

**Head coach:** Kaleigh Roach

**Assistant coach:** John LePino, Elle Ellender

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Khalid Abdullahi	Fr.	Raleigh, N.C.	Vicky Sosa	So.	Bluffton, S.C.
Samuel Barnard	Fr.	Naperville, IL.			
Andrew Hamilton	Jr.	Laurinburg, N.C.			
Colin Keck	Jr.	Bluffton, S.C.			
Ethan Long	Jr.	McLeansville, N.C.			
Evan Pena	So.	Wilmington, N.C.			
Luke Ward	So.	Wilmington, N.C.			



# TEAM ROSTERS



## Samford Bulldogs

**Head coach:** Rod Tiffin

**Assistant coaches:** Chad Balyo, Tom Esslinger, Tom Pukstys, Jake Diggs, Josh Reidenger

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Evan Brooks	Gr.	Madison, Ala.	Kiersten Bell	Fr.	Brentwood, Tenn.
Cagan Campbell	Gr.	Tuscaloosa, Ala.	Brittany Bishop	Gr.	Clinton, Tenn.
Zephaniah Carico-McLennan	Fr.	Austin, Texas	Ellison Chadwick	Fr.	Stone Mountain, Ga.
Arthur Chitty	Fr.	Mobile, Ala.	Meg Coleman	So.	Dalton, Ga.
Carter Ellis	So.	Hoover, Ala.	Alexis Cook	Sr.	Daphne, Ala.
Marshall Gainer	Sr.	Hazelhurst, Ga.	Amiel Dabney	Jr.	Conyers, Ga.
Carl Henry	Fr.	Gadsden Ala.	Hannah Daffin	Gr.	Mobile, Ala.
Ian Jones	Jr.	Fullerton, Calif.	Ayden Drake	Jr.	Atlanta, Ga.
William Jordan	Fr.	Birmingham, Ala.	Grace Gamboa	Sr.	Brentwood, Tenn.
William Malcolm	Jr.		Adeline Haisch	Jr.	Karsruhe, Germany
Andrew McGinnis	So.	Columbus, Ga.	Lindsey Havens	So.	Hudson, Ohio
Jaggerd Moore	So.	Trussville, Ala.	Libby Jackson	Fr.	Bethlehem, Ga.
Titus Moore	Gr.	Macon, Ga.	Katie Keller	Gr.	
Jackson Olivo	So.	Nashville, Tenn.	Erin Long	Sr.	Pelham, Ala.
Eli Penix	So.	Gray, Tenn.	Grace Lueders	So.	Rogers, Ark.
Harrison Siegel	Sr.	Cumming, Ga.	Kelsey Martin	Jr.	Trussville, Ala.
Jed Sisco	Sr.	Morrow, Ohio	Kaelyn McCann	Sr.	Temecula, Ca.
Walker Smith	Sr.	Homewood, Ala.	Harper McGowan	Sr.	Auburn, Ala.
Tyke Tabor	Jr.	Jackson, Tenn.	Liyah Nelson	Jr.	Huntsville, Ala.
Brenden Vanderpool	Fr.	Smyrna, Ga.	Emma Nolte	Sr.	Plano, Texas
Samuel Werner	Fr.	Nagold, Germany	Maris Owens	Fr.	
Bryce Williamson	Gr.	Fairburn, Ga.	Dorsey Parker	So.	Mobile, Ala.
Ethan Womack	So.	Trussville, Ala.	Sinkenesh Parker	Jr.	Winter Springs, Fla.
Landon Wright	Sr.	Eads, Tenn.	Hannah Pettyjohn	So.	Homewood, Ala.
			Savannah Schmidt	Sr.	Saint Louis, Mo.
			Edie Smith	Jr.	
			Antonina Tereshchenko	Fr.	Kyiv, Ukraine
			Rashni Walker	So.	Tuscaloosa, Ala.

## VMI Keydets

**Director of track and field and cross country:** Zack Scott

**Head women's track and field coach:** Eddie Williams II

**Assistant coaches:** Michael Bozeman, Mathew Scott, Caleb Wisecarver

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Isaiah Blount	Jr.	Milford, Va.	Evelyn Anderson	Fr.	Locust Grove, Va.
Nick Brown	Jr.	Midlothian, Va.	Eleyah Armstrong	Jr.	Hampton, Va.
Rafe Clendenin	Fr.	San Antonio, TX	Diamond Baker	So.	Norfolk, Va.
Colin Crenshaw	Fr.	Richmond, Va.	Caroline Fiorillo	Jr.	St. Petersburg, Fla.
Hunter Davis	Jr.	Chesapeake, Va.	Morgan Fraser	Fr.	
Zachary Denton	Fr.	Carlisle, PA	Julie Freitas	Jr.	Richmond, Va.
Caleb Donaghay	Fr.	Serverna Park, MD	Se'More Green	So.	Henrico, Va.
Richard Edwards	Jr.	Virginia Beach, Va.	Heaven Hall	So.	Norfolk, Va.
Jacob Garnett	Fr.	Midlothian, Va.	Shea Hart	So.	Fluvanna, Va.
Andrew Granger	Sr.	Marietta, Ga.	Taylor Hill	So.	Lewis Center, Ohio
Ben Hagerich	So.	Glen Allen, Va.	Olivia Hurd	Fr.	Vinton, Va.
Christian Hyman	Fr.	Richmond, Va.	Anijah James	Fr.	
Tyrus James	So.	Tampa, Fla.	Jenna Kirkland	Sr.	West Point, Va.
Patrick Kiernan	Jr.	Fairfax, Va.	Jennifer Koumondji	Fr.	
Christian Larvie	So.	Springfield, Va.	Alina LaForest	So.	Chester, Pa.
Patrick Lowry	Fr.	Bristow, Va.	Nathalie Lavender	So.	Athens, Ga.
Charles Male	Jr.	Arlington, Va.	Kayla Osborne	Fr.	
Liam McBride	Sr.	Arlington, Va.	Gretal Shank	Jr.	Carlisle, Pa.
Keyandre Midgett	Sr.	Portsmouth, Va.	Jillian Sisk	Fr.	Richmond, Va.
Kevin Shank	Fr.	Mt. Holly Spring, Pa.	Hayden Talbott	Fr.	Dillwyn, Va.
Cameron Thomas	Fr.	Windsor, CO			
Xander Topos	Jr.	Palmyra, Pa.			
Jesse Vaughn	Fr.	Bristol, TN			
Jeremiah Wilks	Jr.	Richmond, Va.			
Elisha Williams	Fr.	Portsmouth, Va.			

## Chattanooga Mocs

**Head coach:** Andy Meyer

**Assistant coach:** Micheal Gadson, Patrick Gildea, Jasper Wilson

Women		
Name	Class	Hometown
Lola Baker	Fr.	Brentwood, Tenn.
Leah Boyd	So.	Ooltewah, Tenn.
Michaela Dabney	Fr.	Chattanooga, Tenn.
Hannah Dearing	Sr.	Lafayette, Ga.
Andrea Ellis	So.	LaVergne, Tenn.
Alexis Foley	So.	Farragut, Tenn.
Lesley Green Boyd	Gr.	Dayton, Tenn.
Ava McGue	Fr.	Murfreesboro, Tenn.
Camden Morris	Sr.	Nashville, Tenn.
Allie Potter	Sr.	Dickson, Tenn.
Kennedy Reynolds	Fr.	Knoxville, Tenn.
Olivia Steele	Fr.	Chattanooga, Tenn.
Brooke Tyll	Fr.	Brentwood, Tenn.
Sarah Unterholzner	Jr.	Chattanooga, Tenn.
Kathryn Vradenburg	Gr.	Chattanooga, Tenn.
Maddie Wheatcroft	So.	Hixson, Tenn.

## 2023-24 SOCON ATHLETES OF THE WEEK

### Men's track

CJ McDerrin, Western Carolina  
Carson Williams, Furman  
Cameron Ponder, Furman  
Liam McBride, VMI  
Cameron Poner, Furman

### Date

Jan. 17  
Jan. 24  
Jan. 31  
Feb. 7  
Feb. 14  
Feb. 21

### Men's field

Brenden Vanderpool, Samford  
Samuel Werner, Samford  
Rafe Clendenin, VMI  
Isaiah Blount, VMI  
Brenden Vanderpool, Samford

### Women's track

Ella Tenant, Wofford  
Sierra Bower, Furman  
Lily Feingold, Furman  
Amiel Dabney, Samford  
Lesley Green Boyd, Chattanooga  
Camryn Wennersten, Furman

### Date

Jan. 17  
Jan. 24  
Jan. 31  
Feb. 7  
Feb. 14  
Feb. 21

### Women's field

Hannah Daffin, Samford  
Sherika Christie, Wofford  
Diana Romero-Barba, ETSU  
Olivia Bagg, Wofford  
Sherika Christie, Wofford  
Karmen Williams, The Citadel



# TEAM ROSTERS



## Western Carolina Catamounts

**Head coach:** Jesse Norman

**Assistant coach:** Daniel Haakenson, Gillian Urycki

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Teddy Ayden	Sr.	Weston, Fla.	Armani Blair	Jr.	Charlotte, N.C.
Elias Barton	So.		Imani Boyd	Sr.	Charlotte, N.C.
Dakota Braucher	Fr.	Eaton, Colo.	Leah Butler	Fr.	Huntersville, N.C.
Javell Brown	Sr.	Auburndale, Fla.	Derica Currie	Sr.	Burlington, N.C.
Javon Brown	Sr.	Auburndale, Fla.	Sydney Gallant	Sr.	Sykesville, Md.
Colby Capps	Fr.	Burnsville, N.C.	Brianna Gayle	Sr.	Whitby, Ontario
Riley Center	R-Sr.	La Crescenta, Calif.	Jasmine Greene	So.	Huntersville, N.C.
Austin Cline	So.	Catawba, N.C.	Bella Hilleary	Fr.	Acworth, Ga.
Kylen Crosby	Fr.	Alpharetta, Ga.	Katherine Hopkins	Fr.	Lincolnton, N.C.
Dominick Dale	So.		Kendal Hudson	Fr.	Mooresville, N.C.
John Davis	Jr.	Columbia, S.C.	Nytrinitey Jenkins	Sr.	Winston-Salem, N.C.
David Dorbrin	Fr.	Watkinsville, Ga.	Mallory Lowe	Sr.	Hampton, Ga.
Quinton Godfrey	Fr.	Fairhope, Ala.	Sydney Lowe	So.	Douglasville, Ga.
Ethan Hibberts	Fr.	Adairsville, Ga.	Shaneil Lysight	So.	St. Andrew, Jamaica
Elijah Jenkins	Fr.	Tucker, Ga.	Erica O'Neal	Sr.	Snellville, Ga.
Adam Leeford	Fr.	Burnsville, N.C.	Landrey Pike	Fr.	Cornelia, Ga.
CJ McDowell	Jr.		Clara Root	Sr.	Waxhaw, N.C.
Lawson Mecom	Fr.	Christiansburg, Va.	Toria Roundtree	So.	Raleigh, N.C.
David Miles	Gr.	Burlington, N.C.	Sydney Runyan	Sr.	Woodstock, Ga.
Cameron Pompey	Jr.	Groveland, Fla.	Kyndal Saunders	Fr.	Clayton, N.C.
Austin Ramirez	Fr.	Fletcher, N.C.	Peyton Skoglund	Fr.	St. Johns, Fla.
Dakota Sorrells	Fr.	Canton, N.C.	Jasmine Smith	So.	Charlotte, N.C.
Henry Stecher	Jr.	Kill Devil Hills, N.C.	Cymoria Thomas	Fr.	Elgin, S.C.
Noah Straley	So.	Jacksonville, Fla.	Mikayla Turner	Sr.	Columbia, S.C.
Chase Thurber	Fr.	Odessa, Fla.	Jennifer Wagner	Jr.	Yorktown, Va.
Nathan Williams	So.	Fayetteville, N.C.	Merkenzee Wells	Fr.	Raleigh, N.C.
Skyler Woodard	So.				
Damon Worley	Jr.	Seneca, S.C.			

## Wofford Terriers

**Head coach:** Johnny Bomar

**Assistant coaches:** Robert Gallinger

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Zion Bennett	So.	St. Andrew, Jamaica	Olivia Bagg	So.	Bridgewater, England
Will Berger	So.	Hillsborough, N.C.	Jakayla Campbell	Fr.	College Park, Ga.
Jackson Casey	Jr.	Newcastle, Okla.	Sherika Christie	Fr.	St. Catherine, Jamaica
Sumter Cooper	Fr.	Sumter, S.C.	Ava Cooper	Fr.	Belmont, N.C.
Cameron Dalton	Jr.	Eden, N.C.	Isabelle DuChemin	Fr.	Franklin, N.C.
Chase Edwards	So.	Matthews, N.C.	Dani Emmen	Jr.	Conway, S.C.
Nevius Fisher	Jr.	Seneca, S.C.	Kristen Hallman	Fr.	Lexington, S.C.
Patrick Green II	Fr.	Beech Island, S.C.	Becca Hinds	So.	Holly Springs, N.C.
Ethan Hearn	So.	Summerville, S.C.	Jasmine Jefferson	Sr.	Knoxville, Tenn.
Robert Hilsman	So.	Landrum, S.C.	Danielle King	Fr.	
Liam Jones	Fr.	Columbia, S.C.	Madeline McNinch	Sr.	Bradenton, Fla.
Sebastian LaTorre	Sr.	Knoxville, Tenn.	Emma O'Connell	So.	Lexington, N.C.
Ahmad Miles	Jr.	Rock Hill, S.C.	Irene Pardo	Fr.	Madrid, Spain
Conor Murphy	Sr.	London, England	Mary Claire Ridgeway	Jr.	Middle Florence, Ala.
Shane Olander	So.	Raleigh, N.C.	Morgan Roberts	Sr.	Williamston, S.C.
Jake Ross	Fr.	Hendersonville, N.C.	Ellie Sawicki	So.	Waxhaw, N.C.
Christopher Sheppard	Sr.	Wesley Chapel, Fla.	Brooke Sayre	So.	Middle Garrison, N.Y.
Thomas Stamper	So.	Charlotte, N.C.	Mara Spadafora	Jr.	Knoxville, Tenn.
Jack Tillman	Fr.	Dacula, Ga.	Ella Tennant	So.	New Port Richey, Fla.
Grant Witherspoon	Jr.	Indian Land, S.C.	Franny Tocco	So.	Charlotte, N.C.
Archie Woodard	Fr.	Columbia, S.C.	Marga Van Der Linde	Jr.	Bellville, South Africa
			Presley Worf	So.	Waxhaw, N.C.