



2023 SOUTHERN CONFERENCE INDOOR TRACK & FIELD CHAMPIONSHIPS

CORPS PHYSICAL TRAINING FACILITY
LEXINGTON, VIRGINIA



SCHEDULE OF EVENTS

SATURDAY, FEB. 25

9:00 a.m.	Men's Hept 60m
	Men's Hept LJ
	Men's Hept SP
	Men's Hept HJ
9:15 a.m.	Women's Pent 60m H
	Women's Pent HJ
	Women's Pent SP
	Women's Pent LJ
	Women's Pent 800m
1:30 p.m.	Men's Shot Put Final
2:00 p.m.	Women's Long Jump Final
2:20 p.m.	Women's Mile Trials
2:45 p.m.	Men's Mile Trials
3:05 p.m.	Women's 60m H Trials
3:20 p.m.	Men's 60m H Trials
3:30 p.m.	Men's Pole Vault Final
3:35 p.m.	Women's 60m Trials
3:45 p.m.	Men's 60m Trials
3:55 p.m.	Women's 400m Trials
4:00 p.m.	Men's Long Jump Final
4:00 p.m.	Women's Shot Put Final
4:05 p.m.	Men's 400m Trials
4:15 p.m.	Women's 800m Trials
4:30 p.m.	Men's 800m Trials
4:40 p.m.	Women's 200m Trials
5:00 p.m.	Men's 200m Trials
5:05 p.m.	Women's High Jump Final
5:20 p.m.	Women's 3000m B Final
5:33 p.m.	Women's 3000m A Final
5:46 p.m.	Men's 3000m B Final
5:58 p.m.	Men's 3000m A Final
6:10 p.m.	Women's DMR Final
6:25 p.m.	Men's DMR Final

SUNDAY, FEB. 26

9:00 a.m.	Men's Hept 60m H
	Men's Hept PV
	Men's Hept 1,000m
10:00 a.m.	Men's Triple Jump Final
10:30 a.m.	Women's Weight Throw Final
12:10 p.m.	Women's Mile Final
12:25 p.m.	Men's Mile Final
12:30 p.m.	Women's Triple Jump Final
12:35 p.m.	Women's 60m H Final
12:45 p.m.	Women's Pole Vault Final
12:45 p.m.	Men's 60m H Final
12:55 p.m.	Women's 60m Final
1:00 p.m.	Men's Weight Throw Final
1:05 p.m.	Men's 60m Final
1:15 p.m.	Women's 400m Final
1:25 p.m.	Men's 400m Final
1:35 p.m.	Women's 800m Final
1:45 p.m.	Men's 800m Final
1:55 p.m.	Women's 200m Final
2:05 p.m.	Men's 200m Final
2:30 p.m.	Men's High Jump Final
2:15 p.m.	Women's 5000 B Final
2:35 p.m.	Women's 5000 A Final
2:55 p.m.	Men's 5000m B Final
3:15 p.m.	Men's 5000m A Final
3:35 p.m.	Women's 4x400m Final
3:45 p.m.	Men's 4x400m Final
	Awards Ceremony

CHAMPIONSHIP PREVIEW

2023 INDOOR TRACK & FIELD CHAMPIONSHIPS KICK OFF SATURDAY

The Southern Conference Men's and Women's Indoor Track and Field Championships will take place at VMI's Corps Physical Training Facility in Lexington, Virginia, this Saturday and Sunday. This year marks the 88th edition of the men's championship and 36th women's championship. VMI is hosting the meets for the sixth straight season.

Samford swept the team titles again last year, with the Bulldog men claiming their third straight SoCon indoor title and the Samford women winning their seventh straight. The Bulldogs will seek to become the first SoCon women's program to win eight straight titles, as they are currently tied with former member App State (1988-94, 2001-07) for the longest streak of consecutive titles.

Samford's men piled up points in the field events to run away from the field in 2022, surpassing 200 points at the SoCon indoor meet for the first time in totaling 206.5. Western Carolina was a distant second with 117 points, with VMI using a win in the final men's event of the day, the 4x400-meter relay, to pass Furman for third and finish with 90.

The Samford women battled ETSU late into the afternoon before pulling away, finishing with 161.5. ETSU's runner-up finish was its second in four seasons and its 146.5 points were the most it has ever scored at the SoCon indoor meet. Western Carolina was third with 107.5 points.

This season's power rankings – determined by the top eight times or scores that are reported by the schools for each event that will be conducted at this weekend's championships – predict successful title defenses for both Samford programs.

The Samford men totaled 196.5 points in the power rankings, comfortably ahead of second-place Western Carolina's 105.5. Furman is close behind with 99.5 and VMI is fourth at 95.5. Samford also boasts a healthy lead in the women's power rankings with 205.5 points, well ahead of Wofford's 128. Furman is third with 113 points.

Spectators are welcome at the championships and day two of the meet will air live on ESPN+ beginning at noon Eastern, with Jason Patterson and Phil Cox on the call. Live results, daily recaps, photos and video highlights can be found at SoConSports.com.

Storylines:

- Lexington, Virginia, is the site of the men's event for the 41st time, more than double the total of the next-highest sites, Chapel Hill, North Carolina, and Johnson City, Tennessee, which have hosted 18 times each. The men's championship was contested in Lexington for 28 consecutive years from 1954-81. The women's championship was held in Lexington for the ninth time last season. Prior to 2018, the last time VMI hosted the championships was in 2000.

- The winners of seven of the 15 individual men's events and nine of the 15 individual women's events from last year's meet return this season.

- After all of the prior year's superlative winners returned in 2022, just three of the 2022 winners return this season. Both Most Outstanding Field Performers are back in the field in Western Carolina's Javell Brown and Wofford's Netanya Linares, as is Furman's Sierra Bower, the 2022 Female Freshman of the Year.

- Additionally, Samford coach Rod Tiffin is the defending coach of the year on both the men's and women's sides. He's won the award five times on the men's side, including in each of the last three seasons, and has claimed the award six times on the women's side.

- Six meet records fell at last year's championships, with four of those record-setters back in the field this year. Among those returning, Furman's Carson Williams erased one of the meet's longest-standing records, with his time of 8:02.87 in the 3,000-meter run surpassing the mark of 8:05.37 set by ETSU's Seamus Power in 1992. His SoCon-leading time of 7:50.40 this season ranks 33rd on the NCAA Division I Indoor Qualifying List, while teammate Dylan Schubert ranks 41st at 7:52.10. Williams also ranks 50th on the performance list in the 5,000-meter run with his time of 13:42.39 from the Husky Classic on Feb. 10, a mark that would handily beat the existing SoCon meet record.

- Samford's Ty Kimberlin broke the SoCon meet record in the heptathlon for the second straight season in 2022, totaling 5,395 points last year. Samford's Brittany Bishop cleared 4.06 meters in the pole vault to supplant the old league mark of 4.05m that had stood since 2012, and Furman's Megan Marvin won the 800-meter run in 2:05.68 to break the mark of 2:06.10 set in 2019.

- Samford's Jose Peñalver, who set the meet record in the 800-meter run (1:49.77) in 2021, is also back in the field this season.

- Kimberlin is seeking his fourth straight heptathlon title. Already the only three-time winner of the event in league history, he would be the first to claim four in a row should he win this year. He enters the meet with the top score in the event this season, with his 5,431 points scored in the event at the Samford Multi on Jan. 19-20 ranking 37th on the NCAA Division I Indoor Qualifying List.

- Samford's Bishop will be looking for her fourth straight title in the pole vault. Her top mark of 4.03 meters this season is not far off her meet-record 4.06m from last season. One of just three women to win the pole vault three times, she could become the first four-time winner in SoCon history. Samford has had a stranglehold on the event, winning it each year since 2018.

- Furman's Marvin will be chasing her third straight title in the 800-meter run. Her top time this season, the 2:04.77 she ran at the Bob Pollock Invitational on Jan. 28, is under the meet record she set at last year's SoCon Championships. Marvin ranks 20th on the NCAA Division I Indoor Qualifying List in the event, while she's 37th in the mile with a time of 4:36.07.

- ETSU's Genevieve Schwarz will also be contending for her third straight title in the mile, while Wofford's Kerrington Johnson is the two-time defending champion in the 60-meter hurdles and ranks second in the league this season with a time of 8.60 seconds in the event at the Marshall Invitational on Feb. 11.

- Samford's Jed Sisco, the defending champion in the pole vault, leads the league and ranks 36th on the NCAA Division I Indoor Qualifying List with a mark of 5.30 meters this season, set at the Samford Bulldog Invite on Feb. 10.



Samford's women won their seventh straight SoCon indoor title and the Bulldog men claimed their third straight SoCon indoor title in 2022.



CHAMPIONSHIP RECORDS



Men's SoCon Championship records

Event	Mark	Conversion	Athlete	Year
60m dash	6.73		Ernest Wiggins, Appalachian State	2004
200m dash	21.13		Delevantie Brown, ETSU	1995
400m dash	46.97		Brunson Miller, The Citadel	2012
800m run	1:49.77		José Peñalver, Samford	2021
Mile run	3:59.75		Cameron Ponder, Furman	2022
3,000m run	8:02.87		Carson Williams, Furman	2022
5,000m run	13:55.73		Arsène Guillourel, Samford	2016
60m hurdles	7.81		Titus Moore, Samford	2020
Long jump	7.66m	(25-1.75)	Marcus Lynch, VMI	2001
Triple jump	16.11m	(52-10.25)	Warren Posey, Appalachian State	1988
High jump	2.21m	(7-3.0)	Darius Purcell, Appalachian State	2012
Shot put	17.19m	(56-0.50)	Cosmo Tocci, The Citadel	1980
Pole vault	5.45m	(17-10.50)	Michael Seaman, Samford	2012
35-lb. weight	21.99m	(72-2.0)	Ben Johnson, ETSU	2018
4x400-meter relay	3:14.40		Western Carolina (Derrick High, Irving Hunter, Tim Vaught, Joe Hyman)	2000
Distance medley relay	9:47.80		ETSU (J.C. Caudell, Greg Davis, Ben Turpin, Adrian Leek)	1979
Heptathlon	5,395		Ty Kimberlin, Samford	2022

Past champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1930	Chapel Hill, N.C.	Washington & Lee	1970	Lexington, Va.	William & Mary	2006	Clemson, S.C.	Western Carolina
1931	Chapel Hill, N.C.	North Carolina	1971	Lexington, Va.	William & Mary	2007	Clemson, S.C.	Appalachian State
1932	Chapel Hill, N.C.	North Carolina	1972	Lexington, Va.	William & Mary	2008	Clemson, S.C.	Western Carolina
1933	Chapel Hill, N.C.	Duke	1973	Lexington, Va.	William & Mary	2009	Clemson, S.C.	Appalachian State
1934	Chapel Hill, N.C.	North Carolina	1974	Lexington, Va.	William & Mary	2010	Clemson, S.C.	Appalachian State
1935	Chapel Hill, N.C.	North Carolina	1975	Lexington, Va.	William & Mary	2011	Clemson, S.C.	Appalachian State
1936	Chapel Hill, N.C.	Duke	1976	Lexington, Va.	Furman	2012	Birmingham, Ala.	Western Carolina
1937	Chapel Hill, N.C.	North Carolina	1977	Lexington, Va.	East Carolina	2013	Winston-Salem, N.C.	Appalachian State
1938	Chapel Hill, N.C.	Duke	1978	Lexington, Va.	VMI	2014	Winston-Salem, N.C.	Western Carolina
1939	Chapel Hill, N.C.	North Carolina	1979	Lexington, Va.	VMI	2015	Birmingham, Ala.	Western Carolina
1940	Chapel Hill, N.C.	North Carolina	1980	Lexington, Va.	ETSU	2016	Birmingham, Ala.	Western Carolina
1941	Chapel Hill, N.C.	North Carolina	1981	Lexington, Va.	VMI	2017	Johnson City, Tenn.	Western Carolina
1942	Chapel Hill, N.C.	North Carolina	1982	Johnson City, Tenn.	VMI	2018	Lexington, Va.	Western Carolina
1943 - 1948		NO MEET	1983	Lexington, Va.	VMI	2019	Lexington, Va.	Western Carolina
1949	Chapel Hill, N.C.	North Carolina	1984	Johnson City, Tenn.	Appalachian State	2020	Lexington, Va.	Samford
1950	Chapel Hill, N.C.	North Carolina	1985	Lexington, Va.	Appalachian State	2021	Lexington, Va.	Samford
1951	Chapel Hill, N.C.	North Carolina	1986	Lexington, Va.	Appalachian State	2022	Lexington, Va.	Samford
1952	Chapel Hill, N.C.	North Carolina	1987	Johnson City, Tenn.	Appalachian State			
1953	Chapel Hill, N.C.	Duke	1988	Johnson City, Tenn.	Appalachian State			
1954	Lexington, Va.	VMI	1989	Johnson City, Tenn.	Appalachian State			
1955	Lexington, Va.	VMI	1990	Lexington, Va.	Appalachian State			
1956	Lexington, Va.	Virginia Tech	1991	Johnson City, Tenn.	VMI			
1957	Lexington, Va.	William & Mary	1992	Johnson City, Tenn.	Appalachian State			
1958	Lexington, Va.	VMI	1993	Lexington, Va.	VMI			
1959	Lexington, Va.	VMI	1994	Johnson City, Tenn.	Appalachian State			
1960	Lexington, Va.	VMI	1995	Johnson City, Tenn.	Appalachian State			
1961	Lexington, Va.	Furman	1996	Lexington, Va.	VMI			
1962	Lexington, Va.	Furman	1997	Johnson City, Tenn.	Marshall			
1963	Lexington, Va.	Furman	1998	Johnson City, Tenn.	ETSU			
1964	Lexington, Va.	VMI	1999	Johnson City, Tenn.	Western Carolina			
		West Virginia	2000	Lexington, Va.	Appalachian State			
1965	Lexington, Va.	VMI	2001	Johnson City, Tenn.	VMI			
1966	Lexington, Va.	William & Mary	2002	Johnson City, Tenn.	Appalachian State			
1967	Lexington, Va.	William & Mary	2003	Johnson City, Tenn.	Appalachian State			
1968	Lexington, Va.	William & Mary	2004	Johnson City, Tenn.	Western Carolina			
1969	Lexington, Va.	William & Mary	2005	Johnson City, Tenn.	Appalachian State			

Total team titles

Team	Titles
Appalachian State	19
VMI	16
North Carolina	13
Western Carolina	11
William & Mary	11
Duke	4
Furman	4
Samford	3
ETSU	2
East Carolina	1
Marshall	1
Virginia Tech	1
Washington & Lee	1
West Virginia	1



CHAMPIONSHIP RECORDS



Women's SoCon Championship records

Event	Mark	Conversion	Name(s), school	Year
60m dash	7.40		Nicole Johnson, ETSU	2020
200m dash	23.84		Lamonda Miller, Appalachian State	1989
400m dash	54.61		Felisha Garren, Western Carolina	2012
800m run	2:05.68		Megan Marvin, Furman	2022
Mile run	4:38.23		Karisa Nelson, Samford	2019
3,000m run	9:11.04		Savannah Carnahan, Furman	2019
5,000m run	16:22.61		Savannah Carnahan, Furman	2019
60m hurdles	8.29		Demeteria Edgecombe, ETSU	2015
	8.29		Kyra Atkins, ETSU	2018
Long jump	6.21m	(20-4.50)	Von Ross, Western Carolina	1993
Triple jump	13.30m	(43-7.75)	Taniesha Robinson, ETSU	1999
	13.30m	(43-7.75)	Ronda White, Appalachian State	2004
High jump	1.81m	(5-11.25)	Kristen Meister, Davidson	2007
Shot put	16.61m	(54-6.00)	Angie Barker, ETSU	1988
Pole vault	4.06m	(13-3.75)	Brittany Bishop, Samford	2022
20-pound weight	19.54m	(64-1.29)	Chakosha Lance, College of Charleston	2006
4x400m relay	3:44.98		Western Carolina	2012
			(Shiniqua Pryor, Genevieve Emrick, Lena Elliot, Felisha Garren)	
Distance medley relay	11:31.56		Furman	2022
			(Megan Marvin, Monica Seitz, Nicole Matysik, Bethany Graham)	
Pentathlon	4,118		Selena Popp, Samford	2018

Past champions

Year	Site	Champion	Year	Site	Champion
1988	Johnson City, Tenn.	Appalachian State	2012	Birmingham, Ala	Appalachian State
1989	Johnson City, Tenn.	Appalachian State	2013	Winston-Salem, N.C.	Western Carolina
1990	Lexington, Va.	Appalachian State	2014	Winston-Salem, N.C.	Western Carolina
1991	Johnson City, Tenn.	Appalachian State	2015	Birmingham, Ala.	Western Carolina
1992	Johnson City, Tenn.	Appalachian State	2016	Birmingham, Ala.	Samford
1993	Lexington, Va.	Appalachian State	2017	Johnson City, Tenn.	Samford
1994	Johnson City, Tenn.	Appalachian State	2018	Lexington, Va.	Samford
1995	Johnson City, Tenn.	ETSU	2019	Lexington, Va.	Samford
1996	Lexington, Va.	Western Carolina	2020	Lexington, Va.	Samford
1997	Johnson City, Tenn.	Western Carolina	2021	Lexington, Va.	Samford
1998	Johnson City, Tenn.	Chattanooga	2022	Lexington, Va.	Samford
1999	Johnson City, Tenn.	Western Carolina			
2000	Lexington, Va.	Western Carolina			
2001	Johnson City, Tenn.	Appalachian State			
2002	Johnson City, Tenn.	Appalachian State			
2003	Johnson City, Tenn.	Appalachian State			
2004	Johnson City, Tenn.	Appalachian State			
2005	Johnson City, Tenn.	Appalachian State			
2006	Clemson, S.C.	Appalachian State			
2007	Clemson, S.C.	Appalachian State			
2008	Clemson, S.C.	Western Carolina			
2009	Clemson, S.C.	Appalachian State			
2010	Clemson, S.C.	Western Carolina			
2011	Clemson, S.C.	Appalachian State			

Total team titles	
Team	Titles
Appalachian State	17
Western Carolina	9
Samford.....	7
ETSU	1
Chattanooga	1



TEAM ROSTERS



The Citadel Bulldogs

Director of cross country/track and field: Jody Huddleston

Head track and field coach: Kris Kut

Assistant coach: Erin Leonard

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Bryce Baglia	Sr.	Falconer, N.Y.	Cyla Byrd	Jr.	Pace, Fla.
Tereis Drayton	Jr.	Charleston, S.C.	Sarah Chestnut	Sr.	Baltimore, Md.
Ty Duben	Gr.	Orange Beach, Ala.	Tatiana Corso	R-Sr.	Verona, Italy
Kane Duncan	Gr.	Landrum, S.C.	Yanna Cuesta	So.	Lindenhurst, N.Y.
Hi'keem Elmore	Sr.	Orangeburg, S.C.	Emma Cunningham	Gr.	West Chester, Ohio
Brent Forrest	Gr.	Simpsonville, S.C.	Heidi Fortin	Sr.	Ogunquit, Maine
Solomon Ghosh	Gr.	Blacksburg, Va.	Sadie Grove	Fr.	Choteau, Mont.
John Jackson	Fr.	Thorntown, Ind.	Blythe Hehmeyer	Gr.	Montville, N.J.
Olin Korey	Fr.	Charleston, S.C.	Emily Hickey	Jr.	Reading, Ma.
Stephen Kraeling	Sr.	Guyton, Ga.	Mecca Jackson	Jr.	Sandersville, Ga.
Prince Moody	Gr.	Springfield, Va.	Lydia Larson	Fr.	Spicer, Minn.
Jack Mulvey	Fr.	Cherryville, N.C.	Zeniyah Lawrence	Gr.	North Charleston, S.C.
Treonte Newton	Gr.	Summerville, S.C.	Rebecca McCorkendale	Sr.	Hilton Head, S.C.
Will Ray	Sr.	Okinawa, Japan	Sara Grace Melton	Fr.	Chester, S.C.
Reggie Reynolds	Gr.	Disputanta, Va.	Jay Mitchell	Jr.	Louisville, Ky.
Aidan Richter	Gr.	Mount Pleasant, S.C.	Leah Murray	Jr.	Bowie, Md.
Joe Duncan Rogers	Fr.	Florence, S.C.	Ali Ruffin	So.	Greenville, N.C.
Sam Sharnas	Gr.	Holland, Mich.	Gabby Shea	Jr.	Sparkill, N.Y.
Demetrius Shine	Fr.	Bluffton, S.C.			
Tate Sistare	Fr.	Sumter, S.C.			
Andrew Smith	Gr.	Greer, S.C.			
Mac Strunk	Sr.	Port Isabel, Texas			
Tucker Young	Sr.	Williamsburg, Va.			

ETSU Buccaneers

Head coach: George Watts

Assistant coaches: Alex Kemp, Dr. Marco Duca

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
David Birkhofer	Fr.	Catawba, N.C.	Ansley Archuleta	So.	Fort Mill, S.C.
Mason Brandon	So.	Greenville, Tenn.	Aaryanna Billingsley	Jr.	Knoxville, Tenn.
Xian Campbell	Fr.	Chattanooga, Tenn.	Tya Blake	So.	Lynchburg, Va.
Marcus Evans	Jr.	Snellville, Ga.	McKenna Boykin	Fr.	Powder Springs, Ga.
D'Shawn Fletcher	Fr.	Locust Grove, Ga.	Hannah Burkhardt	So.	Knoxville, Tenn.
Ethan Fulford	Fr.	Knoxville, Tenn.	Alyssa Ceja-Pena	Jr.	Salinas, Calif.
Evan Guzman	So.	Franklin, Tenn.	Caitlin Cutshall	Jr.	Kingsport, Tenn.
Brayden Hamblen	Sr.	Rock Falls, Ill.	Julia Foote	So.	Franklin, Tenn.
William Hartig	So.	Radford, Va.	Ja'Ciya Guthrie-Barber	Jr.	Gastonia, N.C.
Nate Hillis	Fr.	Knoxville, Tenn.	Rebekah Howard	Jr.	Ashland, Ky.
Abdul-Rahman Jaber	Fr.	Alcoa, Tenn.	Morri Howell	R-So.	Franklin, Tenn.
Ben Kenner	Fr.	Maryville, Tenn.	Ant'wonike Jennings	So.	Chattanooga, Tenn.
Josh Krafusur	R-Jr.	Fort Collins, Colo.	Jewel Jennings	So.	Dandridge, Tenn.
Phelani Maduwa	Sr.	Parys, Free State, South Africa	Julia Karsten	R-Jr.	Old Hickory, Tenn.
Treven McGhee	Fr.	Crossville, Tenn.	Abby King	So.	Greenville, Tenn.
Conner Overly	Fr.	Maryville, Tenn.	Chanelle Kruger	Fr.	Johannesburg, South Africa
Miguel Parrilla	Jr.	Knoxville, Tenn.	Izelle Kruger	Fr.	Johannesburg, South Africa
Nolan Pedota	Fr.	Tuscaloosa, Ala.	Meg Lance	Fr.	Woodstock, Ga.
Myles Stoots	Jr.	Mobile, Ala.	Jessica Lord	Sr.	Morristown, Tenn.
Malachi Thomas	So.	Chilhowie, Va.	LaNaya Martin	Sr.	Columbia, S.C.
Logan Wagner	Fr.	Greenville, Tenn.	Anna Moore	So.	Knoxville, Tenn.
Jack Watson	R-So.	Danbury, Conn.	Molly Rhudy	Jr.	Chilhowie, Va.
Braxton White	Fr.	Seymour, Tenn.	Diana Romero-Barba	So.	Tepatitlan de Morelos, Jalisco, Mexico
Makai Williams	Fr.	Knoxville, Tenn.	Genevieve Schwarz	Sr.	Oak Ridge, Tenn.
			Kiera Snyder	So.	Clyde, Mich.
			Karli Townsell	Fr.	Statesville, N.C.
			Jaclyn Wright	Sr.	Murfreesboro, Tenn.
			Anaya Young	Fr.	Lumberton, N.J.

Furman Paladins

Head coach: Robert Gary

Assistant coaches: Rita Gary, Matt Lange, Logan Roberts

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
David Ahlmeyer	Sr.	Hendersonville, Tenn.	Kaylie Armitage	So.	Exeter, R.I.
Adam Beucler	Sr.	Hudson, Ohio	Sierra Bower	So.	Carbondale, Colo.
Casey Burr	So.	Greenville, S.C.	Beth Donnelly	Jr.	Brentwood, Tenn.
Jonah Dill	Sr.	Cincinnati, Ohio	Clair Garrett	Fr.	Oakland, Calif.
Nick Epstein	Sr.	Hillsborough, N.C.	Callie Harper	So.	Charleston, S.C.
Nick Goldstein	So.	Newbury Park, Calif.	Emma Jones	Fr.	Weddington, N.C.
Adrian Gonzalez	Jr.	Chanhausen, Minn.	Emily Little	Jr.	Atlanta, Ga.
Evin McEntee	Sr.	Charlotte, N.C.	Erin MacDevette	Sr.	Charlotte, N.C.
Josh Powers	Sr.	Greenville, S.C.	Megan Marvin	Jr.	Chapel Hill, N.C.
Mac Roberts	Sr.	Munich, Germany	Nicole Matysik	Sr.	Key West, Fla.
Dylan Schubert	Jr.	Loveland, Colo.	Jenna Mulhern	Fr.	West Chester, Pa.
Luke Taylor	Fr.	Rockville, Va.	Caroline Nguyen	Sr.	Asheville, N.C.
Ethan Vargas	So.	Hudson, Wis.	Abigail Robertson	Sr.	Marietta, Ga.
Carson Williams	Jr.	Raleigh, N.C.	Camryn Wennersten	Fr.	Ridgewood, N.J.
			Carly Wilkes	Fr.	Salem, Va.

UNCG Spartans

Head coach: Kaleigh Roach

Assistant coach: John LePino

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Dylan Christopher	Gr.	Hendersonville, N.C.	Chandler McCaslin	Gr.	Mooreville, N.C.
Andrew Hamilton	So.	Laurinburg, N.C.	Reagan O'Quinn	Fr.	Mint Hill, N.C.
Colin Keck	So.	Bluffton, S.C.	Jenna Reiter	Jr.	Morehead City, N.C.
Ethan Long	So.	McLeansville, N.C.	Shay Soukup	Jr.	Defiance, Ohio
Evan Pena	Fr.	Wilmington, N.C.			
Lane Prochaska	Fr.	Stem, N.C.			
Joe Thoma	Gr.	Whippany, N.J.			



TEAM ROSTERS



Samford Bulldogs

Head coach: Rod Tiffin

Assistant coaches: Chad Balyo, Tom Pukstys, Erroll Hickenbottom, Josh Reidenger

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Evan Brooks	Sr.	Madison, Ala.	Riley Alexander	Sr.	Arlington, Texas
Cagan Campbell	Gr.	Tuscaloosa, Ala.	Brittany Bishop	Sr.	Clinton, Tenn.
Claude Campbell	Fr.	Miami, Fla.	Kaitlyn Cole	Sr.	Spanish Fort, Ala.
Carter Ellis	Fr.	Hoover, Ala.	Meg Coleman	Fr.	Dalton, Ga.
Marshall Gainer	Jr.	Hazelhurst, Ga.	Alexis Cook	Jr.	Daphne, Ala.
Matthew Grigg	Sr.	Argyle, Texas	Amiel Dabney	So.	Conyers, Ga.
Damian Hines	So.	Helena, Ala.	Hannah Daffin	Sr.	Mobile, Ala.
Johnerio Holt	Fr.	Athens, Ga.	Ayden Drake	So.	Atlanta, Ga.
Ian Jones	So.	Fullerton, Calif.	Aiya Finch	Sr.	Homewood, Ala.
Jeb Jones	Sr.	Johnson City, Tenn.	Grace Gamboa	Jr.	Brentwood, Tenn.
Ty Kimberlin	Gr.	Olive Branch, Miss.	Claire Harrison	Fr.	Macon, Ga.
William Malcolm	So.		Lindsey Havens	Fr.	Hudson, Ohio
Andrew McGinnis	Fr.	Columbus, Ga.	McKenzie Hogue	Sr.	Alabaster, Ala.
Titus Moore	Gr.	Macon, Ga.	Gabbie Hoots	Fr.	Spring, Texas
Jackson Olivo	Fr.	Nashville, Tenn.	Erin Long	Jr.	Pelham, Ala.
Jose Penalver	Gr.	Plantation, Fla.	Grace Lueders	Fr.	Rogers, Ark.
Eli Penix	Fr.	Gray, Tenn.	Kelsey Martin	So.	Trussville, Ala.
Edwin Rainey	Jr.	Tuscaloosa, Ala.	Kaelyn McCann	Jr.	Temecula, Ca.
Caleb Scheffler	So.	Fort Worth, Texas	Harper McGowan	Jr.	Auburn, Ala.
Harrison Siegel	Jr.	Cumming, Ga.	Emma Nolte	Jr.	Plano, Texas
Jed Sisco	Jr.	Morrow, Ohio	Dorsey Parker	Fr.	Mobile, Ala.
Walker Smith	Jr.	Homewood, Ala.	Hannah Pettyjohn	Fr.	Homewood, Ala.
Edrick Wenhold	So.		Vada Samuels	Gr.	Huntsville, Ala.
Bryce Williamson	Sr.	Fairburn, Ga.	Savannah Schmidt	Jr.	Saint Louis, Mo.
Landon Wright	Jr.	Eads, Tenn.	Katie Strozier	Sr.	Pelham, Ala.
			Ashley Walker	Jr.	
			Rashni Walker	Fr.	Tuscaloosa, Ala.

Chattanooga Mocs

Head coach: Andy Meyer

Assistant coach: Tyler Griffin

Women		
Name	Class	Hometown
Leah Boyd	Fr.	Ooltewah, Tenn.
Faith Brown	Sr.	Gallatin, Tenn.
Imani Bryant	Sr.	Dandridge, Tenn.
Sydney Cansler	Sr.	Chattanooga, Tenn.
Michaela Dabney	Fr.	Chattanooga, Tenn.
Alexis Foley	Fr.	Farragut, Tenn.
Lesley Green	Sr.	Dayton, Tenn.
Juliana McReynolds	Jr.	Kingsport, Tenn.
Camden Morris	So.	Nashville, Tenn.
Delaney Mulick	Fr.	Franklin, Tenn.
Allie Potter	Jr.	Dickson, Tenn.
Jessika Rennich	So.	Knoxville, Tenn.
Emma Russum	Jr.	Kingsport, Tenn.
Reagan Ruth	So.	Knoxville, Tenn.
Sarah Unterholzner	So.	Chattanooga, Tenn.
Maddie Wheatcroft	Fr.	Hixson, Tenn.

VMI Keydets

Director of track and field and cross country: Zack Scott

Head women's track and field coach: Eddie Williams II

Assistant coaches: Danielle Gray, Krystle Schade, Caleb Wisecarver

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Brandon Bauman	Jr.	Lanexa, Va.	Eleyah Armstrong	So.	Hampton, Va.
Isaiah Blount	So.	Milford, Va.	Caroline Fiorillo	So.	St. Petersburg, Fla.
Herbert Brooks	Sr.	Nathalie, Va.	Sedona Dancu	So.	Nellysford, Va.
Nick Brown	So.	Midlothian, Va.	Ella Flickinger	Jr.	Hanover, Pa.
Hunter Davis	So.	Chesapeake, Va.	Judith Gonzalez	Sr.	Meriden, Conn.
Zach Diller	Sr.	Manassas, Va.	Se'More Green	Fr.	Henrico, Va.
Richard Edwards	So.	Virginia Beach, Va.	Heaven Hall	Fr.	Norfolk, Va.
D. Alex Fiorillo	Sr.	St. Petersburg, Fla.	Shea Hart	Fr.	Fluvanna, Va.
Andrew Granger	Jr.	Marietta, Ga.	Taylor Hill	Fr.	Lewis Center, Ohio
Ben Hagerich	Fr.	Glen Allen, Va.	Alyssa Ingerson	Jr.	Salem, Va.
Andrew Hirneisen	Jr.	Gettysburg, Pa.	Jenna Kirkland	Jr.	West Point, Va.
Tyrus James	Fr.	Tampa, Fla.	Nathalie Lavender	Fr.	Athens, Ga.
Robert Jones	Jr.	Peyton, Colo.	Rachel Roberson	So.	Stevensville, Md.
Stephen Kelley	Jr.	Virginia Beach, Va.	Alexis Rocker	Jr.	Wayne, N.J.
Dennison Kelly	Sr.	Marlton, N.J.	Gretal Shank	So.	Carlisle, Pa.
Patrick Kiernan	So.	Fairfax, Va.			
Nicholas Ligday	Fr.	Mechanicsville, Va.			
Kevin Linko	Sr.	Princeton, N.J.			
Charles Male	So.	Arlington, Va.			
Liam McBride	Jr.	Arlington, Va.			
Keyandre Midgett	Jr.	Portsmouth, Va.			
Stephen Munson	Jr.	Twp of Washington, N.J.			
Noah Schagelin	Sr.	Wharton, N.J.			
Brian Tavenner	So.	Midlothian, Va.			
Xander Topos	So.	Palmyra, Pa.			
Trent Whittaker	Sr.	Rocky Mount, Va.			

2022-23 SOCON ATHLETES OF THE WEEK

Men's track	Date	Men's field
Phelani Maduwa, ETSU	Jan. 18	Keyandre Midgett, VMI
Matthew Smith, Furman	Jan. 25	Ty Kimberlin, Samford
Matthew Smith, Furman	Feb. 1	Keyandre Midgett, VMI
Carson Williams, Furman	Feb. 8	Noah Straley, Western Carolina
Carson Williams, Furman	Feb. 15	Jed Sisco, Samford
Joe Thoma, UNCG	Feb. 22	Stephen Kraeling, The Citadel
Women's track	Date	Women's field
Kaylie Armitage, Furman	Jan. 18	Brittany Bishop, Samford
Megan Marvin, Furman	Jan. 25	Imani Boyd, Western Carolina
Megan Marvin, Furman	Feb. 1	Eleyah Armstrong, VMI
Nytrinitey Jenkins, Western Carolina	Feb. 8	Hannah Daffin, Samford
Jenna Mulhern, Furman	Feb. 15	Dorsey Parker, Samford
Mecca Jackson, The Citadel	Feb. 22	Blythe Hehmeyer, The Citadel



TEAM ROSTERS



Western Carolina Catamounts

Head coach: Jesse Norman

Assistant coach: Daniel Haakenson, Gillian Urycki

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Kaleb Ambrose	5th	Douglasville, Ga.	Taja Booker	Jr.	Simpsonville, S.C.
Teddy Ayden	Jr.	Weston, Fla.	Imani Boyd	Jr.	Charlotte, N.C.
Javell Brown	Jr.	Auburndale, Fla.	Alesea Caldwell	So.	Waynesville, N.C.
Javon Brown	Jr.	Auburndale, Fla.	Derica Currie	Jr.	Burlington, N.C.
Riley Center	Sr.	La Crescenta, Calif.	Madelynn Duffield	So.	Delran, N.J.
Dominick Dale	Fr.	Salisbury, N.C.	Lauren Esselborn	Sr.	Franklinton, N.C.
John Davis	So.	Columbia, S.C.	Sydney Gallant	Jr.	Sykesville, Md.
Jalen Elwell	So.	Ankeny, Iowa	Brianna Gayle	Jr.	Whitby, Ontario
Michael Harris	Sr.	Simpsonville, S.C.	Landey Green	Fr.	Bristow, Va.
Dohnavon Hunt	Fr.	Memphis, Tenn.	Jasmine Greene	Fr.	Huntersville, N.C.
Jonathan Lehe	Gr.	Mooreville, N.C.	Caroline Hilliard	5th	Catawba, N.C.
Matthew Martin	Fr.	Cary, N.C.	Nytrinitey Jenkins	Jr.	Winston-Salem, N.C.
Langston McCoverly	Fr.	Martinez, Ga.	Mallory Lowe	Jr.	Hampton, Ga.
David Miles	Sr.	Burlington, N.C.	Shaneil Lysight	Fr.	St. Andrew, Jamaica
Will Mitchell	So.	Raleigh, N.C.	Kate Mattison	5th	Oconee, Ga.
Tyler Rodriguez	Sr.	Dodd City, Texas	Riley McKinney	Fr.	Lebanon, Ohio
Henry Stecher	So.	Kill Devil Hills, N.C.	Sadler Miller	Fr.	Clayton, N.C.
Levi Steiner	Fr.	Fletcher, N.C.	Erica O'Neal	Jr.	Snellville, Ga.
Noah Straley	Fr.	Jacksonville, Fla.	Mekyll Robinson	Sr.	Charlotte, N.C.
Jacob Thomas	Fr.	Canton, Ga.	Toria Roundtree	Fr.	Raleigh, N.C.
Nathan Williams	Fr.	Fayetteville, N.C.	Sydney Runyan	Jr.	Woodstock, Ga.
Skyler Woodard	Fr.	Rock Hill, S.C.	Dami Shodeinde	Jr.	Marietta, Ga.
			Jasmine Smith	Fr.	Charlotte, N.C.
			Mikayla Turner	Jr.	Columbia, S.C.
			Jennifer Wagner	So.	Yorktown, Va.

Wofford Terriers

Head coach: Johnny Bomar

Assistant coaches: Robert Gallinger, Cord Sgaglio, JC Suddeth

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Carson Archie	Jr.	Mount Pleasant S.C.	Alexus Atkins	Jr.	Campobello, S.C.
Jalen Belton	Sr.	Roebuck, S.C.	Olivia Bagg	Fr.	Bridgewater, England
Zion Bennett	Fr.	St. Andrew, Jamaica	Dahlia Cutler	Sr.	Waxhaw, N.C.
Will Berger	Fr.	Hillsborough, N.C.	Dani Emmen	So.	Conway, S.C.
John Bolinger	Fr.	Spartanburg, S.C.	Ava Fowler	So.	Lexington, S.C.
Jackson Casey	So.	Newcastle, Okla.	Chloe Gilbert	So.	Asheville, N.C.
Cameron Dalton	So.	Eden, N.C.	Deylon Harkey	Sr.	York, S.C.
Demir Degirmenci	Sr.	Forest Hills, N.Y.	Jasmine Jefferson	Jr.	Knoxville, Tenn.
Chase Edwards	Fr.	Matthews, N.C.	Kerrington Johnson	Sr.	Anderson, S.C.
Nevius Fisher	So.	Seneca, S.C.	Rylee Jorgensen	Sr.	Maryville, Tenn.
Quin Goodson	Fr.	Atlanta, Ga.	Hannah Kunkle	Fr.	Senoia, Georgia
Tanner Henry	Sr.	Kingsport, Tenn.	Netanya Linares	Sr.	Waxhaw, N.C.
Robert Hilsman	Fr.	Landrum, S.C.	Georgia McDevitt	Sr.	Maryville, Tenn.
Sebastian LaTorre	Jr.	Knoxville, Tenn.	Madeline McNinch	Jr.	Bradenton, Fla.
Conor Murphy	Jr.	London, England	Storm Owens	So.	Sumter, S.C.
Christopher Sheppard	Jr.	Wesley Chapel, Fla.	Jenna Reid	Sr.	Nova Scotia, Canada
Thomas Stamper	Fr.	Charlotte, N.C.	Mary Claire Ridgeway	So.	Florence, Ala.
Grant Witherspoon	So.	Indian Land, S.C.	Ellie Sawicki	Fr.	Waxhaw, N.C.
			Brooke Sayre	Fr.	Garrison, N.Y.
			Carolyn Shealy	So.	Lexington, S.C.
			Taylor Stingel	So.	Mills River, N.C.
			Ella Tennant	Fr.	New Port Richey, Fla.
			Camille Terracina	Fr.	Austin, Texas
			Marga Van Der Linde	So.	Bellville, South Africa
			Presley Worf	Fr.	Waxhaw, N.C.