



SOCON

2024 - 2025

WRESTLING

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Regular-season standings

1993-94

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	3-1	.750		12-4-1	.705	
^VMI	3-1	.750		9-5	.642	
^\$Chattanooga	3-1	.750		5-6	.454	
The Citadel	1-3	.250		9-12	.428	
Davidson	0-4	.000		6-16	.272	

^ Regular-season champion
\$ Tournament champion

1994-95

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$VMI	4-0	1.000	115-39	8-2	.800	201-76
\$Appalachian State	3-1	.750	101-47	6-6-1	.461	163-202
Chattanooga	2-2	.500	98-45	4-7	.363	107-170
The Citadel	1-3	.250	125-136	5-14	.263	163-441
Davidson	0-4	.000	51-201	4-20	.166	245-559

^ Regular-season champion
\$ Tournament champion

1995-96

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^VMI	4-0	1.000		11-3	.785	
Chattanooga	3-1	.750		6-4	.400	
\$Appalachian State	2-2	.500		10-8	.555	
The Citadel	1-3	.250		5-13	.277	
Davidson	0-4	.000		4-15	.210	

^ Regular-season champion
\$ Tournament champion

1996-97

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	141-56	10-8	.556	377-350
\$VMI	4-1	.800	139-65	8-5	.615	288-231
\$UNCG	3-2	.600	123-75	9-5-1	.633	422-233
Chattanooga	2-3	.400	96-91	7-9	.438	292-367
The Citadel	1-4	.200	86-130	4-8	.333	227-296
Davidson	0-5	.000	29-207	2-13-1	.156	211-515

^ Regular-season champion
\$ Tournament champion

1997-98

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^UNCG	4-1	.800	136-73	10-3	.769	345-122
^\$Chattanooga	4-1	.800	139-73	7-8-1	.469	346-324
^Appalachian State	4-1	.800	131-64	6-7	.462	252-263
The Citadel	2-3	.400	98-110	4-10	.286	240-350
VMI	1-4	.200	85-132	1-13	.071	183-414
Davidson	0-5	.000	47-184	9-9-1	.500	458-404

^ Regular-season champion
\$ Tournament champion

1998-99

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^Appalachian State	4-1	.800	131-75	6-3	.667	213-155
^\$Chattanooga	4-1	.800	140-67	7-5	.583	279-192
VMI	4-1	.800	124-62	8-4	.667	311-180
UNCG	2-3	.400	120-87	8-5	.615	347-212
The Citadel	1-4	.200	80-123	4-10	.286	210-360
Davidson	0-5	.000	22-205	6-13	.316	281-564

^ Regular-season champion
\$ Tournament champion

1999-2000

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	151-58	10-2-0	.833	336-163
VMI	4-1-0	.800	133-76	6-7-0	.462	250-278
Appalachian State	3-2-0	.600	185-96	7-10-0	.412	311-358
UNCG	2-3-0	.400	96-97	4-4-0	.500	166-143
The Citadel	1-4-0	.200	77-120	2-11-2	.200	225-391
Davidson	0-5-0	.000	35-185	3-12-0	.231	184-449

^ Regular-season champion
\$ Tournament champion

2000-01

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0-0	1.000	152-41	8-5-0	.615	307-186
Chattanooga	4-1-0	.800	141-57	6-7-0	.462	267-219
UNCG	2-3-0	.400	59-98	5-7-0	.417	169-322
The Citadel	2-3-0	.400	98-100	5-15-0	.250	309-459
VMI	2-3-0	.400	95-110	2-11-0	.154	175-370
Davidson	0-5-0	.000	39-166	6-13-0	.316	300-461

^ Regular-season champion
\$ Tournament champion

2001-02

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	120-65	9-8-0	.529	255-366
VMI	4-1-0	.800	156-46	11-4-0	.733	388-185
The Citadel	3-2-0	.600	113-86	10-7-0	.588	384-321
Appalachian State	2-3-0	.400	119-77	6-8-0	.429	276-246
UNCG	1-4-0	.200	86-119	3-8-0	.273	194-255
Davidson	0-5-0	.000	22-223	0-15-0	.000	101-702

^ Regular-season champion
\$ Tournament champion

2002-03

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Appalachian State	5-0	1.000	169-42	11-2	.846	385-159
VMI	4-1	.800	72-44	8-3	.727	167-120
The Citadel	3-2	.600	139-42	12-3	.800	406-167
Chattanooga	2-3	.500	93-88	6-17	.260	335-501
UNCG	1-4	.200	67-164	1-14	.066	202-469
Davidson	0-5	.000	33-153	1-13	.071	154-247

^ Regular-season champion
\$ Tournament champion

2003-04

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$The Citadel	5-0	1.000	151-49	13-3	.813	
Chattanooga	4-1	.800	143-67	11-6	.647	
Appalachian State	2-3	.400	105-90	6-4	.600	
UNCG	2-3	.400	90-107	9-6	.600	
VMI	2-3	.400	81-108	7-7	.500	
Davidson	0-5	.000	39-188	4-13	.235	

^ Regular-season champion
\$ Tournament champion

2004-05

Team	SoCon W-L-T	Points Pct.	Overall Own-Opp	Points W-L-T	Pct.	Own-Opp
^\$Chattanooga	5-0-0	1.000	184-25	14-10-0	.528	629-358
UNCG	4-1-0	.800	188-66	12-5-0	.705	411-228
The Citadel	2-2-1	.500	135-93	5-8-1	.357	242-305
VMI	2-3-0	.400	97-140	6-6-1	.461	243-240
Appalachian State	1-3-1	.300	87-119	8-9-1	.444	375-396
Davidson	0-5-0	.000	40-185	8-7-0	.533	330-368

^ Regular-season champion
\$ Tournament champion

Regular-season standings

2005-06

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	.1000	150-31	16-8-1	.660	
UNCG	4-1	.800	115-81	9-6	.600	
The Citadel	3-2	.600	106-84	8-8	.500	
Davidson	1-3-1	.200	67-146	7-9-1	.468	
Appalachian State	1-4	.200	73-112	11-8-1	.575	
VMI	0-4-1	.100	64-121	1-8-1	.150	

^ Regular-season champion

\$ Tournament champion

2006-07

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	.1000	187-33	16-1	.941	
UNCG	4-1	.800	143-70	10-4	.714	
VMI	3-2	.667	80-129	6-8	.429	
Appalachian State	2-3	.400	82-116	8-15	.348	
The Citadel	1-4	.250	72-124	5-9	.364	
Davidson	0-5	.000	63-155	6-10	.375	

^ Regular-season champion

\$ Tournament champion

2007-08

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	.1000	166-50	11-6	.733	
Appalachian State	4-1	.800	141-61	14-7	.666	
*UNCG	3-2	.667	129-71	9-9	.500	
The Citadel	2-3	.400	82-115	5-6	.454	
VMI	1-4	.250	57-154	6-8	.428	
Davidson	0-5	.000	42-166	3-11	.214	

^ Regular-season champion

\$ Tournament champion

* later vacated four wins (including one SoCon win)

2008-09

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	1.000	171-48	12-10	.545	
*UNCG	4-1	.800	147-53	7-11	.389	
The Citadel	3-2	.600	81-93	9-6-1	.594	
Appalachian State	2-3	.400	90-102	7-16	.304	
Davidson	1-4	.200	51-139	6-12	.333	
VMI	0-5	.000	48-153	0-11	.000	

^ Regular-season champion

\$ Tournament champion

* later vacated all seven wins

2009-10

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Chattanooga	5-0	1.000	161-43	11-7	.611	
*\$UNCG	4-1	.800	144-64	8-7	.533	
Appalachian State	3-2	.600	107-97	9-11	.450	
The Citadel	2-3	.400	87-109	9-6	.600	
VMI	1-4	.200	79-113	5-9	.357	
Davidson	0-5	.000	39-190	5-16	.238	

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins and SoCon Championship title

2010-11

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	5-0	1.000	145-43	11-9	.550	
*UNCG	4-1	.800	120-72	8-11	.421	
The Citadel	3-2	.600	102-77	8-12	.400	
Appalachian State	2-3	.400	99-94	8-11-1	.425	
VMI	1-4	.200	74-118	4-10	.286	
Davidson	0-5	.000	39-175	5-13	.278	

^ Regular-season champion

\$ Tournament champion

* later vacated all eight wins

2011-12

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Appalachian State	6-0	1.000	196-63	13-4	.765	
\$Chattanooga	5-1	.833	202-47	12-6	.667	
The Citadel	4-2	.667	160-89	9-9	.500	
Campbell	3-3	.500	109-129	11-17	.393	
VMI	2-4	.333	82-165	5-11	.313	
Gardner-Webb	1-5	.167	82-159	6-12	.333	
Davidson	0-6	.000	43-222	3-14	.176	

^ Regular-season champion

\$ Tournament champion

2012-13

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	234-52	11-6	.647	
Appalachian State	5-2	.714	135-124	8-6	.571	
Citadel	5-2	.714	189-91	7-6	.538	
Campbell	5-2	.714	181-100	7-10	.412	
Gardner-Webb	2-5	.286	113-160	4-13	.235	
VMI	2-5	.286	113-146	2-15	.118	
Davidson	1-6	.143	77-224	6-14	.300	
SIUE	1-6	.143	83-228	5-19	.208	

^ Regular-season champion

\$ Tournament champion

2013-14

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	238-51	16-7	.696	
The Citadel	6-1	.857	186-82	11-3	.786	
Campbell	5-2	.714	169-116	5-3	.625	
Appalachian State	4-3	.571	153-115	7-8	.467	
Gardner-Webb	2-5	.286	98-176	6-17	.261	
SIUE	2-5	.286	106-166	5-19	.208	
Davidson	1-6	.143	101-214	5-14	.263	
VMI	1-6	.143	72-203	3-16	.158	

^ Regular-season champion

\$ Tournament champion

2014-15

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Chattanooga	7-0	1.000	226-44	13-6	.684	
Appalachian State	6-1	.857	216-75	9-8	.529	
The Citadel	5-2	.714	169-113	7-6	.538	
Gardner-Webb	4-3	.571	183-104	8-10	.444	
VMI	3-4	.429	132-160	6-8	.429	
SIUE	2-5	.286	116-170	5-18	.217	
Davidson	1-6	.143	89-199	6-15	.286	
Campbell	0-7	.000	34-300	0-10	.000	

^ Regular-season champion

\$ Tournament champion

Regular-season standings

2015-16

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Appalachian State	6-1	.857	208-79	12-4	.750	
^Chattanooga	6-1	.857	205-72	12-4	.750	
^Gardner-Webb	6-1	.857	213-79	9-6	.600	
SIUE	3-3	.500	96-143	5-11	.313	
Campbell	3-4	.429	137-148	3-13	.188	
The Citadel	2-5	.286	109-160	5-10	.333	
VMI	1-6	.143	98-170	3-10	.231	
Davidson	0-6	.000	28-243	4-14	.222	

^ Regular-season champion
\$ Tournament champion

2016-17

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Appalachian State	7-0	1.000	214-74	13-3	.813	
\$Campbell	6-1	.857	200-86	10-6	.625	
Chattanooga	5-2	.714	211-79	7-9	.438	
SIUE	4-3	.571	163-132	4-12	.250	
Gardner-Webb	3-4	.429	159-119	8-10	.444	
The Citadel	2-5	.286	114-188	3-10	.231	
VMI	1-6	.143	79-218	2-13	.133	
Davidson	0-7	.000	35-279	4-14	.222	

^ Regular-season champion
\$ Tournament champion

2017-18

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Appalachian State	7-0	1.000	214-74	9-4	.692	
Chattanooga	6-1	.857	200-86	8-7	.533	
Campbell	5-2	.714	211-79	8-8	.500	
SIUE	4-3	.571	163-132	6-14	.300	
Gardner-Webb	3-4	.429	159-119	3-10	.231	
VMI	2-5	.286	114-188	2-10	.167	
Davidson	1-6	.143	79-218	3-10	.231	
The Citadel	0-7	.000	35-279	1-11	.083	

^ Regular-season champion
\$ Tournament champion

2018-19

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Campbell	5-1	.833	237-72	7-1	.875	
^Appalachian State	5-1	.833	402-248	9-7	.563	
^Chattanooga	5-1	.833	247-256	7-7	.500	
VMI	3-3	.500	191-440	4-12	.250	
The Citadel	2-4	.333	167-344	2-10	.167	
Gardner-Webb	1-5	.167	234-438	3-12	.200	
Davidson	0-6	.000	181-456	2-13	.133	

^ Regular-season champion
\$ Tournament champion

2019-20

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Campbell	7-0	1.000	383-147	11-2	.846	
Appalachian State	6-1	.857	391-103	9-3	.750	
Chattanooga	4-2	.667	302-300	7-9	.438	
Gardner-Webb	3-4	.429	212-386	5-9	.357	
VMI	3-4	.429	268-513	6-13	.316	
The Citadel	2-5	.286	189-252	4-6	.400	
Davidson	2-5	.286	192-458	3-12	.200	
Presbyterian	0-6	.000	116-346	1-9	.100	

2020-21

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^\$Campbell	7-0	1.000	238-48	8-1	.889	
Appalachian State	7-1	.875	276-55	7-2	.778	
Chattanooga	6-2	.750	222-77	8-4	.667	
Gardner-Webb	4-4	.500	171-149	4-7	.364	
VMI	3-4	.429	114-182	4-5	.444	
The Citadel	3-5	.375	155-178	4-6	.400	
Davidson	3-5	.375	118-219	3-5	.375	
Bellarmine	1-7	.125	87-277	1-9	.100	
Presbyterian	0-6	.000	43-250	0-6	.000	

2021-22

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Appalachian State	6-0	1.000	339-84	9-2	.818	
\$Campbell	6-1	.857	405-205	11-5	.688	
Chattanooga	6-2	.750	425-308	9-10	.474	
Gardner-Webb	5-2	.714	240-296	7-7	.500	
The Citadel	4-3	.571	244-199	6-5	.545	
Davidson	3-5	.375	213-342	4-10	.286	
VMI	3-6	.333	134-358	4-10	.286	
Bellarmine	1-7	.125	133-581	2-15	.118	
Presbyterian	0-6	.000	104-308	1-7	.125	

2022-23

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
Appalachian State	8-0	1.000	442-110	12-2	.857	
Campbell	7-1	.875	523-419	16-9	.640	
Chattanooga	6-2	.750	350-384	9-11	.450	
Bellarmine	4-4	.500	444-270	6-4	.600	
Gardner-Webb	4-4	.500	240-296	7-10	.412	
The Citadel	3-5	.375	282-202	7-5	.583	
VMI	2-6	.250	422-264	9-8	.529	
Presbyterian	1-7	.125	238-379	4-11	.267	
Davidson	1-7	.125	179-366	2-11	.154	

^ Regular-season champion
\$ Tournament champion

2023-24

Team	SoCon		Points		Overall	
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	
^Campbell	8-0	1.000	502-184	14-3	.824	
\$Appalachian State	7-1	.875	428-146	10-4	.714	
The Citadel	6-2	.750	540-203	14-4	.778	
Bellarmine	4-4	.500	648-243	14-5	.737	
Chattanooga	4-4	.500	443-271	10-7	.588	
Gardner-Webb	3-5	.375	321-345	7-9	.438	
VMI	2-6	.250	388-445	9-11	.450	
Davidson	2-6	.250	240-476	4-14	.222	
Presbyterian	0-8	.000	161-728	3-15	.167	

^ Regular-season champion
\$ Tournament champion

Southern Conference champions

Year	Site	Team champion	Year	Site	Team champion	Year	Site	Team champion
1930	Lexington, Va.	VMI	1963	Morgantown, W.Va.	Virginia Tech	1996	Greensboro, N.C.	Appalachian State
1931	NO MEET		1964	Davidson, N.C.	West Virginia	1997	Greensboro, N.C.	Appalachian State
1932	NO MEET		1965	Lexington, Va.	West Virginia			VMI
1933	Lexington, Va.	Washington & Lee	1966	Williamsburg, Va.	West Virginia			UNCG
1934	Blacksburg, Va.	Washington & Lee	1967	Morgantown, W.Va.	The Citadel	1998	Greensboro, N.C.	Chattanooga
1935	Lexington, Va.	VMI	1968	Lexington, Va.	William & Mary	1999	Greensboro, N.C.	Chattanooga
1936	Lexington, Va.	Washington & Lee	1969	Charleston, S.C.	William & Mary	2000	Chattanooga, Tenn.	Chattanooga
1937	NO MEET		1970	Williamsburg, Va.	William & Mary	2001	Chapel Hill, N.C.	Appalachian State
1938	Blacksburg, Va.	VMI	1971	Williamsburg, Va.	William & Mary	2002	Raleigh, N.C.	Chattanooga
1939	NO MEET		1972	Greenville, N.C.	East Carolina	2003	Boone, N.C.	Appalachian State
1940	NO MEET		1973	Williamsburg, Va.	East Carolina	2004	Charlottesville, Va.	The Citadel
1941	College Park, Md.	Washington & Lee	1974	Boone, N.C.	East Carolina	2005	Greensboro, N.C.	Chattanooga
1942	Greensboro, N.C.	North Carolina	1975	Richmond, Va.	East Carolina	2006	Lexington, Va.	Chattanooga
1943	Waynesboro, Va.	VMI	1976	Charleston, S.C.	East Carolina	2007	Raleigh, N.C.	Chattanooga
1944	NO MEET		1977	Greenville, N.C.	William & Mary	2008	Chattanooga, Tenn.	Chattanooga
1945	NO MEET		1978	Boone, N.C.	Chattanooga	2009	Charleston, S.C.	Chattanooga
1946	NO MEET		1979	Chattanooga, Tenn.	Chattanooga	2010	Davidson, N.C.	UNCG*
1947	Lexington, Va.	North Carolina	1980	Charleston, S.C.	Chattanooga	2011	Boone, N.C.	Chattanooga
1948	Lexington, Va.	Washington & Lee	1981	Boone, N.C.	Chattanooga	2012	Chattanooga, Tenn.	Chattanooga
1949	Lexington, Va.	Washington & Lee	1982	Lexington, Va.	Chattanooga	2013	Lexington, Va.	Chattanooga
1950	College Park, Md.	Washington & Lee	1983	Chattanooga, Tenn.	Chattanooga	2014	Buies Creek, N.C.	Chattanooga
1951	Lexington, Va.	VMI	1984	Charleston, S.C.	Appalachian State	2015	Asheville, N.C.	Chattanooga
1952	Lexington, Va.	Maryland	1985	Boone, N.C.	VMI	2016	Asheville, N.C.	Appalachian State
1953	Lexington, Va.	Maryland	1986	Lexington, Va.	Chattanooga	2017	Charleston, S.C.	Campbell
1954	Lexington, Va.	West Virginia	1987	Chattanooga, Tenn.	Chattanooga	2018	Charleston, N.C.	Appalachian State
1955	Lexington, Va.	Virginia Tech	1988	Davidson, N.C.	Chattanooga	2019	Boone, N.C.	Campbell
1956	Lexington, Va.	Virginia Tech	1989	Greenville, S.C.	Chattanooga	2020	Boone, N.C.	Campbell
1957	Lexington, Va.	VMI	1990	Charleston, S.C.	Chattanooga	2021	Boone, N.C.	Campbell
1958	Blacksburg, Va.	Virginia Tech	1991	Boone, N.C.	Chattanooga	2022	Boone, N.C.	Campbell
1959	Charleston, S.C.	West Virginia	1992	Asheville, N.C.	Chattanooga	2023	Boone, N.C.	Appalachian State
1960	Davidson, N.C.	Virginia Tech	1993	Asheville, N.C.	Chattanooga	2024	Boone, N.C.	Appalachian State
1961	Morgantown, W.Va.	Virginia Tech	1994	Asheville, N.C.	Chattanooga			
1962	Blacksburg, Va.	Virginia Tech	1995	Asheville, N.C.	Appalachian State			

* later vacated

Southern Conference results

1930	VMI	33	1941	Washington & Lee	32	1949	Washington & Lee	33	1953	Maryland	40
	Virginia Tech	17		VMI	29		VMI	22		West Virginia	23
	Washington & Lee	13		North Carolina	27		Maryland	16		Virginia Tech	14
	North Carolina	13		Maryland	11		North Carolina	13		VMI	12
	Duke	6		Davidson	7		Duke	11		Washington & Lee	10
				Duke	7		Virginia Tech	10		North Carolina	8
1933	Washington & Lee	32		N.C. State	4		Wake Forest	8		Duke	7
	VMI	24	1942	North Carolina	30		The Citadel	4		Davidson	5
	Virginia Tech	12		VMI	28		Davidson	2		The Citadel	2
	North Carolina	11		Washington & Lee	22	1950	Washington & Lee	29	1954	West Virginia	36
	Duke	3		Virginia Tech	16		VMI	24		VMI	28
1934	Washington & Lee	30		Duke	11		Maryland	15		Washington & Lee	24
	VMI	27		Davidson	7		Duke	14		Davidson	15
	N.C. State	18		N.C. State	7		The Citadel	11		Virginia Tech	11
	Virginia Tech	16		Maryland	1		North Carolina	11		The Citadel	2
	North Carolina	10	1943	VMI	33		Virginia Tech	7			
	Duke	4		North Carolina	32		N.C. State	2	1955	Virginia Tech	42
1935	VMI	36		N.C. State	17		Davidson	1		West Virginia	41
	Washington & Lee	31		Duke	14		George Washington	0		VMI	35
	Virginia Tech	22		Washington & Lee	11	1951	VMI	29		Washington & Lee	22
	N.C. State	19		Virginia Tech	7		Washington & Lee	23		Davidson	2
	North Carolina	11	1947	North Carolina	29		Maryland	18	1956	Virginia Tech	82
	Duke	6		VMI	20		Duke	12		VMI	47
1936	Washington & Lee	33		N.C. State	20		West Virginia	12		Washington & Lee	43
	VMI	30		Washington & Lee	14		N.C. State	11		West Virginia	27
	North Carolina	5		Maryland	10		The Citadel	4		The Citadel	16
	N.C. State	4		Virginia Tech	6		Davidson	4		Davidson	15
	Duke	4	1948	Davidson	4		Virginia Tech	4	1957	VMI	66
	Virginia Tech	3		Washington & Lee	41	1952	North Carolina	0		Virginia Tech	62
	Maryland	0		VMI	17		Maryland	43		Washington & Lee	41
1938	VMI	28		N.C. State	17		West Virginia	16		West Virginia	35
	Washington & Lee	24		N.C. State	17		Davidson	15		Davidson	22
	Davidson	9		Maryland	13		VMI	12		The Citadel	14
	Virginia Tech	7					Virginia Tech	7			
	North Carolina	6					The Citadel	6			
	Duke	1					North Carolina	6			
	N.C. State	1					Wake Forest	6			
	Maryland	0					Washington & Lee	5			

Southern Conference results

1958	Virginia Tech	85	1969	William & Mary	87	1978	Chattanooga	100.25	1988	Chattanooga	110.5
	West Virginia	56		East Carolina	83		Appalachian State	83.5		Appalachian State	71
	The Citadel	43		VMI	66		Marshall	62		VMI	67.5
	VMI	33		The Citadel	53		The Citadel	29.5		The Citadel	28.5
	Davidson	13		Davidson	32		VMI	25.5		Furman	17
	Washington & Lee	13		George Washington	22		Davidson	5.5		Davidson	5.5
				Furman	4						
1959	West Virginia	73	1970	William & Mary	113	1979	Chattanooga	94.5	1989	Chattanooga	107.75
	Virginia Tech	67		East Carolina	91		Appalachian State	84		Appalachian State	94
	VMI	45		The Citadel	54		The Citadel	59		VMI	54.5
	Davidson	25		VMI	40		Marshall	35.25		The Citadel	28.5
	The Citadel	15		Davidson	19		VMI	24		Furman	19
				George Washington	9		Furman	0			
1960	Virginia Tech	74		Furman	6	1980	Chattanooga	100.75	1990	Chattanooga	94
	VMI	61	1971	William & Mary	103		VMI	64.5		Appalachian State	93.25
	West Virginia	53		East Carolina	92		Appalachian State	56.5		VMI	58.25
	The Citadel	28		VMI	50		The Citadel	51.5		The Citadel	34.50
	Davidson	12		Davidson	26		Marshall	32		Furman	9
1961	Virginia Tech	73		The Citadel	19		Davidson	10.5	1991	Chattanooga	103.5
	VMI	56		The Citadel	19		Furman	1		Appalachian State	82.5
	West Virginia	52	1972	Furman	2					VMI	49
	The Citadel	35		East Carolina	107	1981	Chattanooga	101		The Citadel	44.5
	Davidson	12		William & Mary	94.5		Appalachian State	89.25		Furman	25.5
1962	Virginia Tech	71		VMI	51		The Citadel	57	1992	Chattanooga	91.75
	The Citadel	50		The Citadel	29		VMI	46.25		Appalachian State	87
	VMI	48		Furman	16		Marshall	45.25		VMI	62.5
	West Virginia	43		Davidson	6		ETSU	7.5		The Citadel	51
	Davidson	15		Richmond	0		Davidson	5		Davidson	4
							Furman	0			
1963	Virginia Tech	73	1973	East Carolina	119.5	1982	Chattanooga	107	1993	Chattanooga	87.25
	West Virginia	63		William & Mary	95		Appalachian State	73.75		Appalachian State	83.5
	The Citadel	47		Appalachian State	53.5		VMI	73.25		The Citadel	62
	Davidson	24		VMI	33		The Citadel	39.75		VMI	57.25
	VMI	18		Furman	5.5		Marshall	37.75		Davidson	5.5
				The Citadel	5		Davidson	7.5			
1964	West Virginia	75		Davidson	0		ETSU	0	1994	Chattanooga	91.25
	Virginia Tech	59	1974	East Carolina	171		Furman	0		Appalachian State	88.75
	VMI	44		Appalachian State	121.5	1983	Chattanooga	104.75		VMI	76
	The Citadel	30		William & Mary	111.5		Appalachian State	77.75		The Citadel	42
	Davidson	14		VMI	52.5		VMI	68.5		Davidson	12
1965	West Virginia	74		The Citadel	38.5		The Citadel	59	1995	Appalachian State	99.5
	Virginia Tech	71		Richmond	23.5		Davidson	11		VMI	99.5
	VMI	42		Davidson	10.5		Furman	0		Chattanooga	88.5
	The Citadel	40		Furman	3.5	1984	Appalachian State	98.5		The Citadel	31
	Davidson	22	1975	East Carolina	159.5		Chattanooga	83.75		Davidson	13
	Furman	0		William & Mary	143.5		VMI	82	1996	Appalachian State	103
	William & Mary	0		Appalachian State	84.5		The Citadel	39		VMI	79.5
1966	West Virginia	76		Richmond	53		Davidson	5.5		Chattanooga	74.5
	The Citadel	72		The Citadel	46		Furman	0		The Citadel	39.5
	VMI	37		VMI	37	1985	VMI	91		Davidson	25
	East Carolina	30		Davidson	11		Appalachian State	80	1997	Appalachian State	73
	William & Mary	22	1976	East Carolina	111		Chattanooga	73.5		VMI	73
	Davidson	19		William & Mary	74.75		The Citadel	54		UNCG	73
1967	The Citadel	80		VMI	30		Furman	2		Chattanooga	60.5
	West Virginia	69		The Citadel	26.5		Davidson	0		The Citadel	42
	Davidson	56		Richmond	24.5	1986	Chattanooga	86		Davidson	12.5
	VMI	46		Appalachian State	20.5		Appalachian State	85.5	1998	Chattanooga	92.5
	William & Mary	19		Davidson	6		VMI	77.5		UNCG	83.5
	East Carolina	15	1977	William & Mary	94.5		The Citadel	59.5		Appalachian State	71.0
1968	William & Mary	87		East Carolina	83.5		Furman	16		VMI	50.5
	VMI	65		VMI	54.75		Davidson	0		The Citadel	43.5
	East Carolina	51		Appalachian State	37.5	1987	Chattanooga	97.75		Davidson	14.5
	West Virginia	49		Marshall	26.25		Appalachian State	97.50	1999	Chattanooga	92
	The Citadel	44		The Citadel	14.75		VMI	74		UNCG	72.5
	Davidson	26		Davidson	0.5		The Citadel	24		VMI	71
							Furman	13.5		Appalachian State	48.5
							Davidson	8		The Citadel	42
										Davidson	13

Southern Conference results

2000	Chattanooga	102.5	2010	UNCG	81.5*	2018	Appalachian State	110.0
	Appalachian State	80		The Citadel	74		Chattanooga	88.0
	UNCG	70.5		Appalachian State	71.5		Campbell	63.0
	VMI	54.5		Chattanooga	43		SIUE	62.0
	The Citadel	26.5		VMI	37		The Citadel	30.5
	Davidson	16.5		Davidson	21		Gardner-Webb	21.5
							VMI	15.5
							Davidson	13.0
2001	Appalachian State	113.5		* title later vacated		2019	Campbell	95.0
	Chattanooga	77	2011	Chattanooga	98		Appalachian State	92.5
	VMI	49		UNCG	87.5		Chattanooga	62.0
	The Citadel	48.5		Appalachian State	57.5		The Citadel	42.5
	UNCG	37.5		The Citadel	44.5		Gardner-Webb	24.5
	Davidson	16.5		VMI	27		Davidson	22.5
				Davidson	18		VMI	17.0
2002	Chattanooga	72	2012	Chattanooga	102	2020	Campbell	117.0
	VMI	70		Appalachian State	72.5		Appalachian State	102.0
	The Citadel	62.5		The Citadel	72.5		Chattanooga	75.0
	Appalachian State	61.5		Campbell	65		The Citadel	30.0
	UNCG	28		VMI	25.5		Davidson	29.0
	Davidson	16.5		Gardner-Webb	21		VMI	28.0
				Davidson	6.5		Gardner-Webb	16.5
2003	Appalachian State	97.5	2013	Chattanooga	102.5		Presbyterian	1.0
	VMI	80		Campbell	62.5	2021*	Campbell	92.0
	The Citadel	70		The Citadel	59.0		Appalachian State	87.0
	Chattanooga	51.5		Gardner-Webb	49.5		Chattanooga	64.0
	UNCG	20		SIUE	29.5		Gardner-Webb	50.0
	Davidson	4.5		Appalachian State	27.0		The Citadel	43.5
2004	The Citadel	89		Davidson	25.5		VMI	18.0
	Chattanooga	79		VMI	23.5		Presbyterian	6.5
	VMI	65	2014	Chattanooga	88.0	2022	Campbell	100.5
	Appalachian State	51.5		The Citadel	78.5		Appalachian State	95.0
	UNCG	49.5		Campbell	54.0		Chattanooga	79.0
	Davidson	10		Appalachian State	36.0		Gardner-Webb	51.0
2005	Chattanooga	90		Gardner-Webb	32.5		The Citadel	38.5
	The Citadel	81		SIUE	30.5		Davidson	12.5
	UNCG	77		Davidson	29.0		VMI	12.0
	Appalachian State	57.5		VMI	13.5		Presbyterian	6.5
	Davidson	30.5	2015	Chattanooga	89.0	2023	Appalachian State	103.0
	VMI	23.5		Appalachian State	70.5		Campbell	78.5
2006	Chattanooga	112.5		The Citadel	62.0		Chattanooga	52.0
	UNCG	72		Gardner-Webb	54.0		Gardner-Webb	42.5
	The Citadel	63.5		SIUE	38.5		The Citadel	33.5
	Appalachian State	49.5		Davidson	27.5		Presbyterian	18.5
	VMI	28.5		VMI	24.5		VM	18.0
	Davidson	17					Davidson	17.0
2007	Chattanooga	117.5	2016	Appalachian State	83.5	2024	Appalachian State	114.0
	UNCG	75		Chattanooga	83.0		Campbell	97.5
	VMI	41		Gardner-Webb	61.5		Chattanooga	63.5
	The Citadel	38.5		SIUE	51.5		Gardner-Webb	49.5
	Appalachian State	36.5		Campbell	46.5		The Citadel	44.5
	Davidson	34.5		The Citadel	34.5		Davidson	23.0
2008	Chattanooga	104.5		VMI	27.0		VM	18.0
	Appalachian State	86.5		Davidson	5.5		Presbyterian	5.5
	UNCG	71.5	2017	Campbell	89.5			
	The Citadel	30.5		Appalachian State	86.0			
	VMI	26		SIUE	69.5			
	Davidson	24.5		Chattanooga	66.0			
2009	Chattanooga	104		Gardner-Webb	37.5			
	UNCG	73		The Citadel	33.5			
	Appalachian State	63		VMI	9.5			
	The Citadel	55.5		Davidson	7.0			
	VMI	27						
	Davidson	20.5						

All-Southern Conference teams

1993
 118 David Barden, UTC
 126 Donnell Rawls, APP
 134 Frank Mathews, UTC
 142 Charlie Branch, VMI
 150 Guy Harris, UTC
 158 Corey Creech, APP
 167 Shomari Rozier, APP
 177 Chad Dennis, UTC
 190 John Reynolds, APP
 HWT Melvin Crosby, APP

1994
 118 Jason Laffin, UTC
 126 David Barden, UTC
 134 Vince Zullo, APP
 142 Charlie Branch, VMI
 150 Kyle Kuykendall, APP
 158 Chad Dennis, UTC
 167 Shomari Rozier, APP
 177 Seth Meyerson, APP
 190 Vince Crum, CIT
 HWT Mark Wysong, VMI

1995
 118 Mike Orris, APP
 126 Aaron Mickiewicz, VMI
 134 Adam Mickiewicz, VMI
 142 Charlie Branch, VMI
 150 Jeremy Ingram, VMI
 158 Kevin Johnson, VMI
 167 Rob Reaves, CIT
 177 Daryk Moistner, APP
 190 Raymond James, VMI
 HWT Hercules Ward, UTC

1996
 118 Tony Hairston, APP
 126 David Barden, UTC
 134 Adam Mickiewicz, VMI
 142 Jason Foresman, VMI
 150 Reese Edgington, VMI
 158 Greg Young, UTC
 167 Chad Dennis, UTC
 177 Jason Hooker, APP
 190 Seth Meyerson, APP
 HWT Leslie Apedoe, VMI

1997
 118 Miles Cox, DAV
 126 Andy Cook, UTC
 134 Adam Mickiewicz, VMI
 142 Jarrod Fitzgerald, VMI
 150 Jason Foresman, VMI
 158 Joe Stanton, UNCG
 167 Jamie Hensch, UNCG
 177 Nathan Funk, UTC
 190 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

1998
 118 Corey Williams, UNCG
 126 Bob Hanson, UTC
 134 Bobby Cook, UTC
 142 Melvin Saunders, UTC
 150 Heath Eslinger, UTC
 158 Jarrod Fitzpatrick, VMI
 167 Jamie Hensch, UNCG
 177 Nathan Funk, UTC
 190 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

1999
 125 Adrian Tramutola, UTC
 133 Bobby Hanson, UTC
 141 Bobby Cook, UTC
 149 Melvin Saunders, UNCG

157 Heath Eslinger, UTC
 165 Gill Decher, VMI
 174 Jamie Hensch, UNCG
 184 Dax Pecaro, UNCG
 197 Isaac Moore, VMI
 HWT Leslie Apedoe, VMI

2000
 125 Adrian Tramutola, UTC
 133 Oliver Ruiz, VMI
 141 Jeremy Hart, APP
 149 Andy Putnam, APP
 157 Ian Kaplan, DAV
 165 Heath Eslinger, UTC
 174 Austen Palmer, VMI
 184 Dax Pecaro, UNCG
 197 Josh Lambrecht, UTC
 HWT A.J. Lyczkowski, UTC

2001
 125 Rich Caisse, APP
 133 Travis Drake, APP
 141 Jared Sullivan, UTC
 149 Adam Britt, VMI
 157 P.J. Boccia, APP
 165 Jacob Inge, VMI
 174 Mike Regner, CIT
 184 Adam Duncan, UTC
 197 Geoff McIntosh, APP
 HWT Danny Misenheimer, APP

2002
 125 Matt Pitts, UTC
 133 Travis Drake, APP
 141 Jared Sullivan, UTC
 149 Mike Parsons, VMI
 157 Adam Britt, VMI
 165 Mark Fee, APP
 174 Lee Roper, APP
 184 Jason Cox, VMI
 197 Austin David, UTC
 HWT Greg Forbes, UNCG

2003
 125 Rich Caisse, APP
 133 Travis Drake, APP
 141 Eric Burns, APP
 149 Jacob Harris, UTC
 157 Adam Britt, VMI
 165 Lee Roper, APP
 174 Mark Fee, APP
 184 Sean McIntosh, APP
 197 Josh Carroll, APP
 HWT Billy Linane, CIT
 John Kimble, UNCG
 Scott Buhman, VMI

2004
 125 Ryan McClester, CIT
 133 Josh Keefe, UTC
 141 Michael Keefe, UTC
 149 Jason Jones, APP
 157 Dan Thompson, CIT
 165 Jon Sioredas, UTC
 174 Keith Clifton, CIT
 184 John Davis, UTC
 197 Jason Cox, VMI
 HWT Billy Linane, CIT

2005
 125 Matt Pitts, UTC
 133 Josh Keefe, UTC
 141 Michael Keefe, UTC
 149 Wayne French, UTC
 157 Travis Piccard, CIT
 165 Jon Sioredas, UTC
 174 Daniel Peterson, UTC

184 John Davis, UTC
 197 Daren Burns, UNCG
 HWT Ruebon Daniels, APP

2006
 125 Javier Maldonado, UTC
 133 Matt Keller, UTC
 141 Sean Markey, CIT
 149 Eric Burns, APP
 157 Jake Yost, APP
 165 Dan Thompson, CIT
 174 Joe Lowe, UNCG
 184 John Davis, UTC
 197 Daren Burns, UNCG
 HWT Tyler Sholvin, UNCG

2007
 125 Javier Maldonado, UTC
 133 Matt Keller, UTC
 141 Michael Keefe, UTC
 149 Aaron Martin, UTC
 157 Jake Yost, UTC
 165 T.J. Sayers, UTC
 174 Josh Edmondson, UTC
 184 Matt Koz, UTC
 197 Joe Lowe, UNCG
 HWT Corry Murray, VMI

2008
 125 Javier Maldonado, UTC
 133 Jeff Hedges, UNCG
 141 Cody Cleveland, UTC
 149 Scott Ervin, APP
 157 Seth Garvin, UTC
 165 Byron Sigmon, UNCG
 174 Lloyd Rogers, UTC
 184 Josh Edmondson, UTC
 197 Daren Burns, UNCG
 HWT Ryan Hsu, UNCG

2009
 125 Tyler Sim, CIT
 133 Frank Celorrio, APP
 141 Cody Cleveland, UTC
 149 Dan Waddell, UTC
 Ben Wilmore, UNCG
 157 Joey Knox, UTC
 165 Seth Garvin, UTC
 174 Jason McCroskey, UTC
 184 Mikal McKee, UNCG
 197 Odie Delaney, CIT
 HWT Josh Wine, VMI

2010
 125 Demetrius Johnson, UTC
 133 Josh Statum, UTC
 141 Ivan Lopouchanski, UNCG
 149 Savva Kostis, APP
 157 Josh Condon, UTC
 165 Brandon Wright, UTC
 174 Byron Sigmon, UNCG
 184 Austin Trotman, APP
 197 Niko Brown, UTC
 HWT Josh Wine, VMI

2011
 125 Manuel Ramirez, UNCG
 133 Jamel Johnson, UNCG
 141 Cody Cleveland, UTC
 149 Ivan Lopouchanski, UNCG
 157 Josh Condon, UTC
 165 Turtogtokh Luvsandorj, CIT
 174 Brandon Wright, UTC
 184 Austin Trotman, APP
 197 Caylor Williams, UNCG
 HWT Josh Wine, VMI

2012
 125 Manuel Ramirez, UTC
 133 Nick Soto, UTC
 141 Mike Kessler, APP
 149 Savva Kostis, APP
 157 Dan Waddell, UTC
 165 Kyle Blevins, APP
 174 Turtogtokh Luvsandorj, CIT
 184 Austin Trotman, APP
 197 Kelby Smith, CIT
 HWT Odie Delaney, CIT

2013
 125 Nick Soto, UTC
 133 Aaron Hansen, CIT
 141 Ugi Khishignyam, CIT
 149 Alex Hudson, UTC
 157 Matt Frisch, CIT
 165 Zack Strickland, APP
 Josh Condon, UTC
 174 John Lampe, UTC
 184 Josh Tuck, CIT
 197 Niko Brown, UTC
 HWT Odie Delaney, CIT

2014
 125 Dominic Parisi, APP
 133 Nick Soto, UTC
 141 Ugi Khishignyam, CIT
 149 Dylan Cottrell, APP
 157 Aaron Walker, CIT
 165 Turtogtokh Luvsandorj, CIT
 174 Levi Clemons, UTC
 184 John Lampe, UTC
 197 Scottie Boykin, UTC
 HWT Dawson Peck, UTC

2015
 125 Sean Boyle, UTC
 133 Nick Soto, UTC
 141 Mike Pongracz, UTC
 149 Ryan Mosley, GWU
 157 Aaron Walker, CIT
 165 Nick Kee, APP
 174 Jake Residori, SIUE
 184 Scott Patrick, DAV
 197 Scottie Boykin, UTC
 HWT Denzel Dejournette, APP

2016
 125 Vito Pasone, APP
 133 Nathan Kraisser, CAM
 141 Michael Longo, APP
 149 Chris Vassar, GWU
 157 Aaron Walker, CIT
 165 Austin Trott, GWU
 174 Nick Kee, APP
 184 Hunter Gamble, GWU
 197 Scottie Boykin, UTC
 HWT Denzel Dejournette, APP

2017
 125 Vito Pasone, APP
 133 Chris Debien, UTC
 141 Josh Heil, CAM
 149 Ty Buckiso, CIT
 157 Aaron Walker, CIT
 165 Justin Lampe, UTC
 174 Jake Residori, SIUE
 184 Ville Heino, CAM
 197 Sawyer Root, CIT
 HWT Denzel Dejournette, APP

2018
 125 Korbin Meinck, CAM
 133 John Muldoon, SIUE
 141 Mike Pongracz, UTC

All-Southern Conference teams

149 Gavin Longodd, APP
 157 Angel Najjar, APP
 165 Nate Higgins, SIUE
 174 Forrest Przybysz, APP
 184 Bryce Carr, UTC
 197 Randall Diabe, APP
 HWT Jere Heino, CAM

2019

125 Alonzo Allen, Chattanooga
 133 Noah Gonser, Campbell
 141 Chris Debien, Chattanooga
 149 Josh Heil, Campbell
 157 Rian Burris, The Citadel
 165 Tyler Marinelli, Gardner-Webb
 174 Neal Richards, VMI
 184 Alan Clothier, Appalachian State
 197 Randall Diabe, Appalachian State
 285 Cary Miller, Appalachian State

2020

125 Fabian Gutierrez, Chattanooga
 133 Noah Gonser, Campbell
 141 Josh Heil, Campbell
 149 Jonathan Millner, Appalachian State
 157 Matt Zovistoski, Appalachian State
 165 Quentin Perez, Campbell
 174 Thomas Flitz, Appalachian State
 184 Andrew Morgan, Campbell
 197 Rodney Jones, Chattanooga
 285 Jere Heino, Campbell

2021

125 Codi Russell, App State
 133 Jake Rotunda, The Citadel
 141 Franco Valdes, Chattanooga
 149 Jonathan Millner, App State
 157 Benjamin Barton, Campbell
 165 Will Formato., App State
 174 Austin Murphy, Campbell
 184 Caleb Hopkins, Campbell
 197 Chris Kober, Campbell
 285 Michael McAleavey, The Citadel

2022

125 Fabian Gutierrez, Chattanooga
 133 Brayden Palmer, Chattanooga
 141 Shannon Hanna, Campbell
 149 Jonathan Millner, App State
 157 Dazjon Casto, The Citadel
 165 Drew Nicholson, Chattanooga
 174 Thomas Flitz, App State
 184 Caleb Hopkins, Campbell
 197 Chris Kober, Campbell
 285 Taye Ghadiali, Campbell

2023

125 Caleb Smith, App State
 133 Ethan Oakley, App State
 141 Shannon Hanna, Campbell
 149 Jonathan Millner, App State
 157 Tommy Askey, App State
 165 Will Formato, App State
 174 Rocky Jordan, Chattanooga
 184 Caleb Hopkins, Campbell
 197 Levi Hopkins, Campbell
 285 Taye Ghadiali, Campbell

2024

125 Brayden Palmer, Chattanooga
 133 Ethan Oakley, App State
 141 Isaiah Powe, Chattanooga
 149 Cody Bond, App State
 157 Tommy Askey, App State
 165 Will Miller, App State
 174 Austin Murphy, Campbell
 184 Tomas Booker, App State

197 Levi Hopkins, Campbell
 HWT Taye Ghadiali, Campbell

* Prior to 1993, all individual Southern Conference meet champions earned all-conference honors.

Multiple all-conference selections (since 1993)

Four times

Leslie Apedoe, VMI, 1996-99
 Nick Soto, UTC, 2012-15
 Aaron Walker, CIT, 2014-17
 Jonathan Millner, APP, 2020-23

Three times

Charlie Branch, VMI, 1993-95
 David Barden, UTC, 1993-94, 96
 Chad Dennis, UTC, 1993-94, 96
 Adam Mickiewicz, VMI, 1995-97
 Jamie Hensch, UNCG, 1997-99
 Isaac Moore, VMI, 1997-99
 Heath Eslinger, UTC, 1998-00
 Adam Britt, VMI, 2001-03
 Travis Drake, APP, 2001-03
 John Davis, UTC, 2004-06
 Michael Keefe, UTC, 2004-05, 07
 Daren Burns, UNCG, 2005-06, 08
 Javier Maldonado, UTC, 2006-08
 Cody Cleveland, UTC, 2008-09, 11
 Josh Wine, VMI, 2009-11
 Austin Trotman, APP, 2010-12
 Josh Condon, UTC, 2010-11, 13
 Odie Delaney, CIT, 2009, 12-13
 Turtogtokh Luvsandorj, CIT, 2011-12, 14
 Scottie Boykin, UTC, 2014-16
 Denzel Dejournette, APP, 2015-17
 Josh Heil, CAM, 2017, 19-20
 Caleb Hopkins, CAM, 2021-23

Two times

Shomari Rozier, APP, 1993-94
 Seth Meyerson, APP, 1994, 96
 Jason Foresman, VMI, 1996-97
 Jarrod Fitzpatrick, VMI, 1997-98
 Nathan Funk, UTC, 1997-98
 Bobby Cook, UTC, 1998-99
 Bobby Hanson, UTC, 1998-99
 Melvin Saunders, UTC/UNCG, 1998-99
 Dax Pecaro, UNCG, 1999-00
 Adrian Tramutola, UTC, 1999-00
 Jared Sullivan, UTC, 2001-02
 Rich Caisse, APP, 2001, 03
 Mark Fee, APP, 2002-03
 Lee Roper, APP, 2002-03
 Jason Cox, VMI, 2002, 04
 Billy Linane, CIT, 2003-04
 Josh Keefe, UTC, 2004-05
 Matt Pitts, UTC, 2002, 05
 Jon Sioredas, UTC, 2004-05
 Eric Burns, APP, 2003, 06
 Dan Thompson, CIT, 2004, 06
 Matt Keller, UTC, 2006-07
 Joe Lowe, UNCG, 2006-07
 Jake Yost, APP/UTC, 2006-07
 Josh Edmondson, UTC, 2007-08
 Seth Garvin, UTC, 2008-09
 Byron Sigmon, UNCG, 2008, 10
 Ivan Lopouchanski, UNCG, 2010-11
 Brandon Wright, UTC, 2010-11
 Savva Kostis, APP, 2010, 12
 Dan Waddell, UTC, 2009, 12
 Niko Brown, UTC, 2010, 13
 Manuel Ramirez, UNCG/UTC, 2011-12
 Ugi Khishignyam, CIT, 2013-14
 John Lampe, UTC, 2013-14
 Nick Kee, APP, 2015-16
 Vito Pasone, APP, 2016-17
 Jake Residori, SIUE, 2015, 17
 Chris Debein, UTC, 2017, 19
 Randall Diabe, APP, 2018, 19
 Noah Gonser, CAM, 2019-20
 Jere Heino, CAM, 2018, 20
 Fabian Gutierrez, UTC, 2020, 22
 Thomas Flitz, APP, 2020, 22
 Chris Kober, CAM, 2021-22
 Will Formato, APP 2021, 2023
 Shannon Hanna, CAM 2022-23
 Taye Ghadiali, CAM 2022-23

All-SoCon by school

(since 1993)

Chattanooga100
 Appalachian State69
 The Citadel31
 VMI38
 UNCG27
 Campbell18
 Gardner-Webb4
 SIUE4
 Davidson3

Southern Conference All-Freshman teams

2009

Kyle Blevins, Appalachian State
 Mike Kessler, Appalachian State
 J.C. Oddo, The Citadel
 Odie Delaney, The Citadel
 Richard Alarcon, The Citadel
 David DeCamp, Davidson
 Tyler Mullen, Davidson
 Jason McCroskey, Chattanooga
 Demetrius Johnson, Chattanooga
 Dan Waddell, Chattanooga
 Tyler Roberson, Chattanooga
 Ethan Winel, Chattanooga
 Andrew Szymborski, VMI

2010

Jacob Earp, Appalachian State
 Niko Brown, Chattanooga
 Josh Condon, Chattanooga
 Dean Pavlou, Chattanooga
 Jake Young, Chattanooga
 Nick LaFevre, The Citadel
 Turtogtokh Luvsandorj, The Citadel
 Eric Chandler, UNCG
 Ivan Lopouchanski, UNCG
 Travis Sheehy, UNCG

2011

Chris Johnson, Appalachian State
 Marc Tyson, Appalachian State
 Luke Johnson, The Citadel
 Scott Patrick, Davidson
 Elijah Adams, UNCG
 Jamel Johnson, UNCG
 Caylor Williams, UNCG
 Levi Clemons, Chattanooga
 Shawn Greevy, Chattanooga
 Ted Gottwald, VMI

2012

Paul Weiss, Appalachian State
 James Cook, Campbell
 Mark Hartenstine, Campbell
 Ryan Krecker, Campbell
 Joe Nolan, Campbell
 Joey Rizzolino, Campbell
 Kyle Casaletto, The Citadel
 Anthony Elias, Davidson
 Kevin Malone, Chattanooga
 Nick Soto, Chattanooga

2013

Colin Hedash, Appalachian State
 Zack Strickland, Appalachian State
 Eric Montoya, Campbell
 Matt Frisch, The Citadel
 Marshall Haas, The Citadel
 Aaron Hansen, The Citadel
 Ugi Khishignyam, The Citadel
 Gray Jones, Gardner-Webb
 Jake Residori, SIUE
 John Lampe, Chattanooga

2014

Dylan Cottrell, Appalachian State
 Vito Pasone, Appalachian State
 Ville Heino, Campbell
 Drew Walker, Campbell
 Tyler Walker, Campbell
 Aaron Walker, The Citadel
 Austin Trott, Gardner-Webb
 Scottie Boykin, Chattanooga
 Dawson Peck, Chattanooga
 Mike Pongracz, Chattanooga

2015

Nick Kee, Appalachian State
 Mike Longo, Appalachian State
 Forrest Przybysz, Appalachian State
 Ty Buckiso, The Citadel
 Tyler Marinelli, Gardner-Webb
 Angelo Silvestro, SIUE
 Justin Lampe, Chattanooga

2016

Irvin Enriquez, Appalachian State
 Matt Zovistoski, Appalachian State
 Jere Heino, Campbell
 Nate Higgins, SIUE
 Alonzo Allen, Chattanooga
 Dominic Lampe, Chattanooga
 Kamaal Shakur, Chattanooga
 Chase Zemenak, Chattanooga
 Dominick Gallo, VMI
 Neal Richards, VMI

2017

Gavin Londoff, Appalachian State
 Colby Smith, Appalachian State
 Ben Barton, Campbell
 Austin Kraisser, Campbell
 Josh Heil, Campbell
 Douglas Gudenburr, The Citadel
 Ruston Hill II, The Citadel
 Dylanger Potter, Chattanooga
 Chris Beck, VMI
 Cade Kiely, VMI

2018

Joe Accousti, Appalachian State
 Alan Clothier, Appalachian State
 Codi Russell, Appalachian State
 De'Andre Swinson-Barr, Appalachian State
 Zach Barnes, Campbell
 Luke Funck, Campbell
 Korbin Meink, Campbell
 Anthony Perrine, Gardner-Webb
 Denton Spencer, Gardner-Webb
 Cliff Conway, VMI

2019

Anthony Brito, Appalachian State
 Jonathan Millner, Appalachian State
 Dazjon Casto, The Citadel
 Kyle Kretzer, The Citadel
 Chon Porter, The Citadel
 Drew Nicholson, Chattanooga
 Ryan Resnick, Chattanooga
 Tanner Smith, Chattanooga
 Kyle Gorant, Davidson
 Mitchell Trigg, Davidson

2020

Michael Burchell, Appalachian State
 Sean Carter, Appalachian State
 Will Formato, Appalachian State
 Julian Gorring, Appalachian State
 Jason Kraisser, Campbell
 Jake Rotunda, The Citadel
 Cian Fischer, Davidson
 RJ Mosely, Gardner-Webb
 Zachary Phillips, Presbyterian
 Job Chishko, VMI

2021

Tristian Pugh, App State
 Bilal Bailey, Campbell
 Gabriel Hixenbaugh, Campbell
 Levi Hopkins, Campbell
 Justin Rivera, Campbell
 Bryce Sanderlin, Davidson
 Jha'Quan Anderson, Gardner-Webb
 Logan Andrew, Chattanooga
 Weston Wichman, Chattanooga
 Tyler Mousaw, VMI
 Blake Showers, VMI

2022

Will Miller, App State
 Wyatt Miller, App State
 Jack Parker, Bellarmine
 Cole Rees, Campbell
 Ben Haubert, The Citadel
 Nick Cambria, Davidson
 Peyton McComas, Gardner-Webb
 David Bertrand, Presbyterian
 Noah Castillo, Chattanooga
 Lincoln Heck, Chattanooga

2023

Carson Floyd, App State
 Luke Uliano, App State
 Zac Cowan, Bellarmine
 Thadd Huff, Bellarmine
 Michael Schifffhauer, Bellarmine
 Dom Baker, Campbell
 Conor Maslanek, Campbell
 Tanner Peake, Davidson
 Braxton Lewis, VMI
 Ryan Vigil, VMI

2024

Tomas Brooker, App State
 Grant O'Dell, Bellarmine
 Wynton Denkins, Campbell
 Chris Earnest, Campbell
 Sergio Desiante, Chattanooga
 Isaiah Powe, Chattanooga
 Patrick Brophy, The Citadel
 Wyatt Ferguson, Davidson
 Tyler-Xavier McKnight, Davidson
 Patrick Jordon, VMI

* In 2009, the league coaches approved a 10-member all-freshman team, regardless of weight class.

All-freshman by school

Appalachian State	33
Chattanooga	32
Campbell	26
The Citadel	21
VMI	13
Davidson	12
UNCG	6
Gardner-Webb	6
Bellarmine	5
SIUE	3
Garnder-Webb	2
Presbyterian	2

NCAA individual & team finishes

NCAA individual top-8 finishers

Year	Wt.	Fin.	Individual
1955	115	4th	Robert Perry, WVU
	123	2nd	Lewis Guidi, WVU
1950	130	3rd	Brandon Glover, VT
1974	134	5th	Mark Belknap, W&M
	177	5th	Bill Hill, ECU
1975	134	3rd	Mark Belknap, W&M
1979	126	5th	Byron McGlathery, UTC
1982	118	8th	Charlie Heard, UTC
1983	118	2nd	Charlie Heard, UTC
1984	118	7th	Charlie Heard, UTC
1991	177	5th	Bret Gustafson, UTC
1992	118	4th	Donnell Rawls, APP
1992	142	8th	Guy Harris, UTC
1992	158	8th	Howard Langford, UTC
1994	142	4th	Charlie Branch, VMI
1999	HWT	6th	Leslie Apedoe, VMI
2002	165	5th	Mark Fee, APP
2003	174	7th	Mark Fee, APP
2005	141	5th	Michael Keefe, UTC
	165	5th	Jon Sioredas, UTC
2006	133	8th	Matt Keller, UTC
	165	7th	Dan Thompson, CIT
2007	133	4th	Matt Keller, UTC
2008	141	8th	Cody Cleveland, UTC
2012	165	4th	Kyle Blevins, APP
	184	3rd	Austin Trotman, APP
2013	141	4th	Ugi Khishignyam, CIT
	HWT	7th	Odie Delaney, CIT
2014	165	6th	Turtogtokh Luvsandorj, CIT
2017	125	8th	Nathan Kraisser, CAM
	174	8th	Jake Residori, SIUE
	HWT	8th	Denzel DeJournette, APP
2021	149	8th	Jonathan Millner, APP
2022	149	6th	Jonathan Millner, APP
2024	HWT	8th	Taye Ghadiali, CAM

NCAA team finishes

Year	Finish	School	Points
1934	T-10th	Washington & Lee	2
1935	10th	Washington & Lee	5
	13th	VMI	2
1941	T-21st	VMI	1
1952	T-20th	Maryland	1
1955	12th	West Virginia	13
1956	T-19th	Virginia Tech	5
	T-33rd	VMI	1
1961	T-24th	The Citadel	2
1964	T-37th	West Virginia	3
1968	T-52nd	Davidson	2
	T-67th	The Citadel	1
1971	T-44th	East Carolina	1
1972	T-55th	East Carolina	2.0
	T-55th	William & Mary	2.0
1973	T-32nd	East Carolina	5.0
	T-37th	William & Mary	4.0
1974	T-24th	East Carolina	8.0
	T-24th	William & Mary	8.0
1975	17th	William & Mary	18.5
	38th	East Carolina	4.5
1976	31st	East Carolina	6.5
	37th	The Citadel	3.75
	T-41st	William & Mary	3.0
	T-72nd	VMI	0.5
1977	33rd	William & Mary	4.25
	T-51st	Appalachian State	1.0
	T-51st	VMI	1.0
1978	T-47th	Chattanooga	2.0
1980	31st	Chattanooga	8.5
	T-56th	Appalachian State	1.75
1981	T-40th	Chattanooga	3.5
	T-47th	Appalachian State	2.0

	T-53rd	The Citadel	1.75
1982	38th	Chattanooga	5.0
1983	T-14th	Chattanooga	20.25
1984	29th	Chattanooga	6.75
1985	T-38th	Appalachian State	6.0
	T-55th	Chattanooga	2.0
1986	T-49th	Appalachian State	5.75
	T-59th	Chattanooga	3.0
1987	T-45th	The Citadel	5.0
	T-47th	Appalachian State	4.5
	T-62nd	Chattanooga	1.5
1988	T-27th	Chattanooga	11.5
	T-46th	The Citadel	3.0
1989	35th	Chattanooga	7.0
	T-46th	Appalachian State	3.5
1990	T-57th	Appalachian State	2.0
	T-57th	Chattanooga	2.0
	T-57th	VMI	2.0
1991	28th	Chattanooga	10.5
1992	T-21st	Appalachian State	14.5
	28th	Chattanooga	11.0
1993	40th	Appalachian State	5.25
	T-50th	VMI	3.0
	T-67th	Chattanooga	0.5
1994	35th	VMI	11.5
	T-50th	Chattanooga	3.75
1995	52nd	VMI	2.5
	T-53rd	Chattanooga	2.0
1996	T-42nd	VMI	4.0
	52nd	Appalachian State	3.0
	T-54th	Chattanooga	2.0
1997	T-47th	VMI	5.0
	T-58th	Appalachian State	3.0
	T-58th	UNCG	3.0
	T73rd	Chattanooga	0.0
1998	T-58th	Chattanooga	2.5
	T-67th	VMI	1.0
1999	T-34th	VMI	10.0
	41st	Chattanooga	6.0
	T-48th	Appalachian State	4.0
	T-64th	UNCG	1.0
2000	T-47th	Appalachian State	4.5
	T-47th	UNCG	4.5
	T-47th	Chattanooga	4.5
	T-57th	VMI	2.5
2001	T-51st	Chattanooga	3.0
	T-66th	Appalachian State	1.5
	T-68th	UNCG	1.0
2002	28th	Appalachian State	17.5
	T-39th	VMI	7.5
	T-70th	Chattanooga	0.5
	T-72nd	The Citadel	0.0
	T-72nd	UNCG	0.0
2003	33rd	Appalachian State	12.5
	T-46th	VMI	4.0
	T-48th	The Citadel	3.5
2004	T-29th	Chattanooga	15.5
	T-50th	The Citadel	4.5
	T-60th	UNCG	1.0
	T-68th	VMI	0.0
2005	21st	Chattanooga	29.0
	45th	The Citadel	6.5
	T-47th	UNCG	5.5
	T-63rd	Appalachian State	1.0
2006	30th	Chattanooga	15.0
	T-31st	UNCG	14.0
	33rd	The Citadel	13.0
2007	21st	Chattanooga	29.5
	T-49th	Appalachian State	3.0
	T-54th	VMI	2.0
	T-60th	UNCG	1.0
2008	37th	Chattanooga	9.0
	38th	Appalachian State	8.5
	T-41st	UNCG*	5.5
	T-53rd	VMI	2.0
2009	T-52nd	Chattanooga	4.0
	T-58th	UNCG*	2.0

	T-62nd	Appalachian State	0.0
	T-62nd	The Citadel	0.0
	T-62nd	VMI	0.0
2010	T-43rd	UNCG*	7.0
	55th	Chattanooga	2.2
	T-56th	Appalachian State	2.0
	T-66th	Davidson	0.0
	T-66th	The Citadel	0.0
2011	T-52nd	UNCG*	4.0
	T-56th	Appalachian State	3.0
	T-65th	The Citadel	0.0
	T-65th	Chattanooga	0.0
	T-65th	VMI	0.0
2012	T-21st	Appalachian State	28.0
	T-48th	The Citadel	4.5
	T-51st	Chattanooga	3.5
	T-59th	Campbell	1.0
2013	20th	The Citadel	27.0
	T-49th	Appalachian State	3.0
	T-55th	Chattanooga	2.0
	T-60th	Gardner-Webb	1.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
	T-66th	SIUE	0.0
2014	31st	The Citadel	13.0
	T-51st	Chattanooga	3.5
	T-61st	Gardner-Webb	1.5
	T-66th	Appalachian State	0.0
	T-66th	Campbell	0.0
	T-66th	Davidson	0.0
	T-66th	SIUE	0.0
2015	T-43rd	Appalachian State	4.0
	45th	Chattanooga	3.5
	T-53rd	Davidson	1.5
	T-58th	The Citadel	1.0
	T-58th	SIUE	1.0
	T-67th	Gardner-Webb	0.0
2016	T-41st	Appalachian State	6.5
	T-50th	Campbell	3.0
	T-50th	Gardner-Webb	3.0
	T-60th	SIUE	2.0
	T-60th	Chattanooga	2.0
	T-69th	The Citadel	0.0
	T-69th	VMI	0.0
2017	T-26th	Appalachian State	13.5
	29th	SIUE	12.0
	38th	Campbell	6.5
	T-47th	Gardner-Webb	3.0
	T-66th	The Citadel	0.0
	69th	Chattanooga	-0.5
2018	T-50th	Appalachian State	2.0
	T-65th	The Citadel	0.0
	T-65th	Gardner-Webb	0.0
	T-65th	SIUE	0.0
2019	T-45th	Campbell	3.5
	T-56th	Chattanooga	0.5
	T-63rd	Gardner-Webb	0
	T-63rd	The Citadel	0
	T-63rd	VMI	0
2020	NCAA Championship canceled due to COVID-19		
2021	T-38	Appalachian State	6.5
	T-38	Campbell	6.5
	T-51	Gardner-Webb	1.5
	T-54	Chattanooga	1.0
	T-60	The Citadel	0.0
2022	28th	Appalachian State	13.5
	T-36th	Campbell	5.0
	T-41st	The Citadel	4.0
	T-56th	Chattanooga	1.0
	T-61st	Gardner-Webb	0.0
2023	T-44th	Campbell	4.0
	T-44th	Chattanooga	4.0
	T-53rd	Appalachian State	1.0
	T-56th	Gardner-Webb	0.5
2024			
	39th	Appalachian State	7.0
	T-53rd	Chattanooga	1.5

* NCAA appearance later vacated

NCAA at-large bids

1997		2011		2024	
134	Eric Smith, Appalachian State	197	Niko Brown, Chattanooga	141	Todd Carter, Gardner-Webb
158	Reese Edgington, VMI			184	Jha'Quan Anderson, Gardner-Webb
1999		2012		184	Caleb Hopkins, Campbell
157	Matt Erwin, VMI	165	Kyle Blevins, Appalachian State		
	Ian Kaplan, Davidson	174	Levi Clemons, Chattanooga		
197	Greg Forbes, UNCG				
2000		2013			
141	Joe Herron, UNCG	125	Eric Montoya, Campbell		
165	Matt Erwin, VMI				
184	Mike Regner, The Citadel	2014			
2001		285	Dawson Peck, Chattanooga		
141	Jared Sullivan, Chattanooga				
141	Corey Williams, UNCG	2015			
157	Robby Bell, The Citadel	125	Dominic Parisi, Appalachian State		
2002		141	Mike Pongracz, Chattanooga		
141	Mark DiSalvo, VMI	197	Scottie Boykin, Chattanooga		
157	P.J. Boccia, Appalachian State				
165	Craig Johnson, Chattanooga	2016			
2003		141	Michael Pongracz, Chattanooga		
125	Ryan McClester, The Citadel	149	Chris Vassar, Gardner-Webb		
133	Sean Markey, The Citadel	157	Aaron Walker, The Citadel		
174	Matt Erwin, VMI	165	Forrest Przybysz, Appalachian State		
2004		174	Sean Mappes, Chattanooga		
125	Matt Pitts, Chattanooga	184	John Lampe, Chattanooga		
133	Sean Markey, The Citadel	2017			
141	Michael Keefe, Chattanooga	133	Colby Smith, Appalachian State		
2005		174	Austin Trott, Gardner-Webb		
125	Matt Pitts, Chattanooga	2017			
133	Josh Keefe, Chattanooga	165	Quentin Perez, Campbell		
141	Jason Jones, Appalachian State	197	Randall Diabe, Appalachian State		
2006		2019			
141	Micheal Keefe, Chattanooga	125	Alonzo Allen, Chattanooga		
	Kevin Artis, UNCG	133	Noah Gosner, Campbell		
285	Israel Silva, Chattanooga	149	Matthew Zovistoski, Appalachian State		
2007		197	Saywer Root, The Citadel		
149	Aaron Martin, Chattanooga	2020			
	Sam Alvarenga, VMI	125	Fabian Gutierrez, Chattanooga		
174	Neal Martin, Appalachian State	133	Codi Russell, Appalachian State		
	Lloyd Rogers, Chattanooga	149	Tanner Smith, Chattanooga		
2008		2021			
133	Terrely Williams, Appalachian State	125	Zurich Storm, Campbell		
	Steve Hromada, Chattanooga	125	Fabian Gutierrez, Chattanooga		
149	Joey Knox, Chattanooga	157	Benjamin Barton, Campbell		
184	Austin Trotman, Appalachian State	165	Will Formato, App State		
197	Matt Koz, Chattanooga	165	RJ Mosley, Gardner-Webb		
2009		174	Thomas Flitz, App State		
141	Chris Bencivenga, UNCG	184	Jha'Quan Anderson, Gardner-Webb		
174	Byron Sigmon, UNCG	197	Logan Andrew, Chattanooga		
2010		2022			
184	Andrew Saunders, UNCG	125	Caleb Smith, App State		
	Jason McCroskey, Chattanooga	133	Domenick Zaccone, Campbell		
		165	Will Formato, App State		
		2023			
		165	Will Formato, App State		
		184	Jha'Quan Anderson, Gardner-Webb		
		184	Matthew Waddell, Chattanooga		

Southern Conference Honors

Coach of the Year

1975	John Welborn, East Carolina
1976	John Welborn, East Carolina
1977	Oscar Gupton, VMI
1978	Jim Morgan, Chattanooga
1979	Major Gene Styles, The Citadel
1980	Ike Sherlock, VMI
1981	Jim Hargan, Chattanooga
1982	Ike Sherlock, VMI
1983	Jim Morgan, Chattanooga
1984	Ike Sherlock, VMI
1985	Ike Sherlock, VMI
1986	Ken Shelton, The Citadel
1987	Ethan Reeve, Chattanooga
1988	Ethan Reeve, Chattanooga
1989	Paul Mance, Appalachian State
1990	Ethan Reeve, Chattanooga
1991	Ralph Manning, Chattanooga
1992	Ralph Manning, Chattanooga
1993	Paul Mance, Appalachian State
1994	John Trudgeon, VMI
1995	John Trudgeon, VMI
1996	Paul Mance, Appalachian State
1997	Denny Moore, UNCG
1998	Denny Moore, UNCG
1999	John Trudgeon, VMI
2000	John Trudgeon, VMI
2001	Paul Mance, Appalachian State
2002	Franky James, Chattanooga
2003	Paul Mance, Appalachian State
2004	Rob Hjerling, The Citadel
2005	Terry Brands, Chattanooga
2006	Joe Seay, Chattanooga
2007	Chris Bono, Chattanooga
2008	Chris Bono, Chattanooga
2009	Chris Bono, Chattanooga
2010	Jason Loukides, UNCG
2011	Heath Eslinger, Chattanooga
2012	JohnMark Bentley, Appalachian State
2013	Heath Eslinger, Chattanooga
2014	Rob Hjerling, The Citadel
2015	JohnMark Bentley, Appalachian State
	Daniel Elliott, Gardner-Webb
2016	JohnMark Bentley, Appalachian State
2017	Cary Kolat, Campbell
2018	John Mark Bentley, Appalachian State
2019	Cary Kolat, Campbell
2020	Cary Kolat, Campbell
2021	Scotti Sentes, Campbell
2022	JohnMark Bentley, Appalachian State
2023	JohnMark Bentley, Appalachian State
2024	JohnMark Bentley, Appalachian State

Pinnacle Award

(student-athlete with the highest GPA on the championship-winning team)

2017	Nathan Kraisser, Campbell
2018	Forrest Przybysz, Appalachian State
2019	Austin McNeill, Campbell
2020	Austin Kraisser, Campbell
2021	Caleb Hopkins, Campbell
2022	Levi Hopkins, Campbell
2023	Ethan Oakley, Appalachian State
2024	Cody Bond, Appalachian State

Wrestler of the Year

1993	Donnell Rawls, Appalachian State
1994	Charlie Branch, VMI
1995	Charlie Branch, VMI
1996	David Barden, Chattanooga
1997	Adam Mickiewicz, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Heath Eslinger, Chattanooga
2001	Travis Drake, Appalachian State
2002	Travis Drake, Appalachian State
2003	Adam Britt, VMI
2004	Ryan McClester, The Citadel
2005	Jon Sioredas, Chattanooga
2006	Sean Markey, The Citadel
2007	Matt Keller, Chattanooga
2008	Scott Ervin, Appalachian State
	Lloyd Rogers, Chattanooga
2009	Chris Bencivenga, UNCG
	Cody Cleveland, Chattanooga
2010	Austin Trotman, Appalachian State
2011	Turtogtokh Luvsandorj, The Citadel
2012	Kyle Blevins, Appalachian State
2013	Odie Delaney, The Citadel
2014	Turtogtokh Luvsandorj, The Citadel
2015	Sean Boyle, Chattanooga
2016	Denzel DeJournette, Appalachian State
2017	Denzel DeJournette, Appalachian State
2018	Bryce Carr, Chattanooga
2019	Neal Richards, VMI
2020	Noah Gonser, Campbell
2021	Will Formato, Appalachian State
2022	Jonathan Millner, Appalachian State
2023	Jonathan Milner, Appalachian State
2024	Taye Ghadiali, Campbell

Freshman of the Year

1992	Charlie Branch, VMI
1993	Gerald Carr, Chattanooga
1994	Miles Miller, Davidson
1995	Kevin Johnson, VMI
1996	Leslie Apedoe, VMI
1997	Trey Burlingame, UNCG
1998	Corey Williams, UNCG
1999	Matt Erwin, VMI
2000	Josh Lambrecht, Chattanooga
2001	Jarred Sullivan, Chattanooga
2002	Matt Pitts, Chattanooga
2003	Chris Seta, VMI
2004	Daren Burns, UNCG
2005	Joe Kemmerer, UNCG
2006	Anthony Easter, The Citadel
2007	Ben Altman, Davidson
2008	Austin Trotman, Appalachian State
2009	Jason McCroskey, Chattanooga
2010	Jake Young, Chattanooga
2011	Caylor Williams, UNCG
2012	Nick Soto, Chattanooga
2013	Ugi Khishignyam, The Citadel
2014	Dylan Cottrell, Appalachian State
2015	Nick Kee, Appalachian State
2016	Kamaal Shakur, Chattanooga
2017	Austin Kraisser, Campbell
2018	Korbin Meink, Campbell
2019	Tanner Smith, Chattanooga
2020	Sean Carter, Appalachian State
2021	Weston Wichman, Chattanooga
2022	Noah Castillo, Chattanooga
2023	Carson Floyd, Appalachian State
2024	Isaiah Powe, Chattanooga

Tournament Outstanding Wrestler

1949	Phil Kemp, North Carolina
1950	Jerry Gallagher, Duke
1951	Ted Lonergan, Washington & Lee
1952	Ernie Fischer, Maryland
1953	Rodney Norris, Maryland
1961	Jeff Hartsell, The Citadel
1962	Jeff Hartsell, The Citadel
1963	Jose Barcelo, The Citadel
1964	Bruce Schwanda, The Citadel
1965	Henry Seymour, Virginia Tech
1966	John Luckini, West Virginia
1967	Ed Steers, The Citadel
1968	Bob Hobson, William & Mary
1969	John Wood, The Citadel
1970	Bob Hobson, William & Mary
1971	Lonnie Parker, William & Mary
1972	John Kaila, William & Mary
1973	Mark Belknap, William & Mary
1974	Chris Jacobsen, Appalachian State
1975	Mark Belknap, William & Mary
1976	Mike Regner, The Citadel
1977	Phil Mueller, East Carolina
1978	Randy Batten, Chattanooga
1979	Tom Flanagan, Chattanooga
1980	Larry Meierotto, Chattanooga
1981	Todd Sumter, Appalachian State
	Larry Meierotto, Chattanooga
1982	Charlie Heard, Chattanooga
1983	Bill Moss, Chattanooga
1984	Charlie Heard, Chattanooga
	John Munno, VMI
1985	Amaro Lamar, Appalachian State
1986	Ben Walker, VMI
1987	Amaro Lamar, Appalachian State
1988	Tom Sell, Chattanooga
	Clay Ogden, The Citadel
1989	Charlie Buckshaw, Chattanooga
1990	Michael Murray, VMI
1991	Bret Gustafson, Chattanooga
1992	Bret Gustafson, Chattanooga
1993	Victor Balmeceda, Appalachian State
1994	Charlie Branch, VMI
1995	David Barden, Chattanooga
1996	Aaron Mickiewicz, VMI
1997	Leslie Apedoe, VMI
1998	Bob Hanson, Chattanooga
1999	Jeremy Hart, Appalachian State
2000	Heath Eslinger, Chattanooga
2001	Jeremy Hart, Appalachian State
2002	Mark Fee, Appalachian State
2003	Adam Britt, VMI
2004	Josh Keefe, Chattanooga
2005	Jon Sioredas, Chattanooga
2006	Matt Keller, Chattanooga
2007	Scott Ervin, Appalachian State
2008	Cody Cleveland, Chattanooga
2009	Cody Cleveland, Chattanooga
2010	Victor Hojilla, UNCG
2011	Kyle Blevins, Appalachian State
2012	Austin Trotman, Appalachian State
2013	Anthony Elias, Davidson
2014	Corey Mock, Chattanooga
2015	Connor McMahon, SIUE
2016	Kamaal Shakur, Chattanooga
2017	Ryan Mosley, Gardner-Webb
2018	Irvin Enriquez, Appalachian State
2019	Neal Richards, VMI
2020	Neal Richards, VMI
2020	Cary Miller, Appalachian State
2021	Andrew Nicholson, Chattanooga
2022	Jonathan Millner, App State
2023	Brayden Palmer, Chattanooga
2024	Taye Ghadiali, Campbell

Southern Conference honors

Wrestlers of the Week

2000-01
 Nov. 15 Travis Drake, APP
 Nov. 22 Josh Hooker, UTC
 Nov. 29 Corey Williams, UNCG
 Dec. 6 Travis Drake, APP
 Jan. 3 PJ Boccia, APP
 Jan. 10 Jeff Libersat, DAV
 Jan. 17 Joe Scolaro, UNCG
 Jan. 24 Danny Misenheimer, APP
 Jan. 31 Jeff Libersat, DAV
 Feb. 7 Robby Bell, CIT
 Feb. 14 Adam Britt, VMI
 Feb. 21 Jason Cox, VMI
 Adam Duncan, UTC

2001-02
 Jan. 8 Travis Drake, APP
 Jan. 15 Adam Britt, VMI
 Jan. 22 Adam Britt, VMI
 Jan. 29 Mark Fee, APP
 Feb. 5 Matt Erwin, VMI
 Mike Regner, CIT
 Feb. 12 Mark Fee, APP
 Feb. 19 Mike Regner, CIT
 Feb. 26 Adam Britt, VMI

2002-03
 Jan. 8 Patrick Coman, APP
 Jan. 15 Adam Britt, VMI
 Jan. 22 Travis Drake, APP
 Jan. 29 Sean Markey, CIT
 Feb. 5 Ryan McClester, CIT
 Feb. 11 Adam Britt, VMI
 Feb. 19 Keith Clifton, CIT
 Feb. 24 Mark Fee, APP

2003-04
 Dec. 8 Sean Markey, CIT
 Jan. 6 Jason Cox, VMI
 Jan. 12 Josh Keefe, UTC
 Jan. 19 Jason Cox, VMI
 Jan. 26 Mark O'Hair, DAV
 Feb. 3 Sean Markey, CIT
 Feb. 10 Micah Amrozowicz, VMI
 Feb. 17 Charles Jones, UNCG
 Feb. 24 Ryan McClester, CIT

2004-05
 Dec. 8 Matt Pitts, UTC
 Dec. 15 Jon Sioredas, UTC
 Dec. 22 Jason Jones, APP
 Jan. 5 Travis Piccard, CIT
 Daren Burns, UNCG
 Jan. 12 Benjamin Graham, DAV
 Jan. 19 Michael Keefe, UTC
 Jan. 26 Travis Piccard, CIT
 Feb. 2 Daren Burns, UNCG
 Feb. 9 Ryan McClester, CIT
 Feb. 16 Jon Sioredas, UTC
 Feb. 23 Josh Keefe, UTC

2005-06
 Dec. 7 Matt Keller, UTC
 Dec. 21 Matt Keller, UTC
 Jan. 4 Sean Markey, CIT
 Jan. 11 Matt Keller, UTC
 Jan. 18 Matt Keller, UTC
 Jan. 25 Marcus Cox, APP
 Feb. 1 Joe Lowe, UNCG
 Feb. 8 Sean Markey, CIT
 Feb. 15 Lloyd Rogers, UTC

Feb. 22 Kevin Artis, UNCG
 Israel Silva, UTC

2006-07
 Dec. 6 Matt Keller, UTC
 Dec. 20 Aaron Martin, UTC
 Jan. 3 Lloyd Rogers, UTC
 Jan. 9 Marcus Boyd, DAV
 Jan. 17 Jeff Hedges, UNCG
 Jan. 31 Scott Buhman, VMI
 Feb. 7 Sam Alvarenga, VMI
 Feb. 15 Scott Ervin, APP
 Feb. 22 Travis Piccard, CIT

2007-08
 Dec. 4 Daren Burns, UNCG
 Dec. 11 Josh Wine, VMI
 Dec. 20 Scott Ervin, APP
 Jan. 3 Cody Cleveland, UTC
 Jan. 10 Eddie Hutchinson, APP
 Jan. 17 Sam O'Hair, DAV
 Jan. 23 Jeff Hedges, UNCG
 Jan. 30 Tommy Hutchinson, APP
 Feb. 6 David Metzler, VMI
 Feb. 13 Javier Maldonado, UTC
 Feb. 21 Terreyl Williams, APP

2008-09
 Nov. 28 Chris Bencivenga, UNCG
 Dec. 3 Austin Trotman, APP
 Dec. 10 Vitaly Radsy, DAV
 Jan. 8 Chris Bencivenga, UNCG
 Jan. 13 Leon Barrow, VMI
 Jan. 21 Frank Celorrio, APP
 Jan. 28 Jason McCroskey, UTC
 Feb. 4 Keith Koziel, CIT
 Feb. 11 Tyler Sim, CIT
 Feb. 17 Sam O'Hair, DAV
 Feb. 25 Odie Delaney, CIT

2009-10
 Dec. 2 Jake Young, UTC
 Dec. 9 Odie Delaney, CIT
 Dec. 16 Ronnie Ellsworth, VMI
 Jan. 6 Andrew Saunders, UNCG
 Jan. 13 Andrew Szymborski, VMI
 Jan. 20 Austin Trotman, APP
 Jan. 27 Kyle Blevins, APP
 Feb. 3 Ryan Sughroe, UNCG
 Feb. 10 Austin Trotman, APP
 Feb. 17 Vitaly Radsy, DAV
 Feb. 24 Turtogtokh Luvsandorj, CIT

2010-11
 Nov. 24 Ivan Lopouchanski, UNCG
 Dec. 1 Ivan Lopouchanski, UNCG
 Dec. 8 Andrew Saunders, UNCG
 Dec. 15 Matthew Brock, VMI
 Jan. 5 Turtogtokh Luvsandorj, CIT
 Jan. 12 Vitaly Radsy, DAV
 Jan. 19 Austin Trotman, APP
 Jan. 26 Kyle Blevins, APP
 Feb. 2 Turtogtokh Luvsandorj, CIT
 Feb. 9 Brandon Wright, UTC
 Feb. 16 Austin Trotman, APP
 Feb. 23 Justin Sparrow, CIT

2011-12
 Nov. 16 Austin Trotman, APP
 Nov. 23 Niko Brown, UTC
 Nov. 30 Nick Rex, CAM

Dec. 7 Chip Powell, APP
 Dec. 14 Mark Hartenstine, CAM
 Dec. 21 Nick Soto, UTC
 Jan. 4 Nick Soto, UTC
 Jan. 11 Austin Trotman, APP
 Jan. 18 Odie Delaney, CIT
 Jan. 25 Matthew Brock, VMI
 Feb. 1 John Weakley, CAM
 Feb. 8 Travis Porter, GWU
 Feb. 15 Kyle Blevins, APP
 Feb. 22 Odie Delaney, CIT

2012-13
 Nov. 7 Nick Soto, UTC
 Nov. 14 Niko Brown, UTC
 Nov. 21 Odie Delaney, CIT
 Dec. 5 Patrick Myers, SIUE
 Dec. 12 Ugi Khishignyam, CIT
 Dec. 19 Ugi Khishignyam, CIT
 Jan. 3 Ugi Khishignyam, CIT
 Jan. 9 Zack Strickland, APP
 Jan. 16 Eric Montoya, CAM
 Jan. 23 Marshall Haas, CIT
 Jan. 30 John Merickel, CAM
 Feb. 6 Odie Delaney, CIT
 Feb. 13 Odie Delaney, CIT
 Feb. 20 Odie Delaney, CIT
 Feb. 27 Josh Condon, UTC

2013-14
 Nov. 13 Corey Mock, UTC
 Nov. 20 Dylan Cottrell, APP
 Nov. 27 Corey Mock, UTC
 Dec. 11 Jake Residori, SIUE
 Dec. 18 Dylan Cottrell, APP
 Jan. 1 Nick Soto, UTC
 Jan. 8 Nick Soto, UTC
 Jan. 15 Kevin Birmingham, DAV
 Jan. 22 Austin Trott, GWU
 Jan. 29 Turtogtokh Luvsandorj, CIT
 Feb. 5 Aaron Walker, CIT
 Feb. 12 Turtogtokh Luvsandorj, CIT
 Feb. 19 Dawson Peck, UTC
 Feb. 26 Dawson Peck, UTC

2014-15
 Nov. 5 Kevin Birmingham, DAV
 Nov. 12 Dalton Henderson, VMI
 Nov. 19 Denzel Dejournette, APP
 Nov. 26 Denzel Dejournette, APP
 Dec. 10 Dominic Parisi, APP
 Dec. 17 Austin Trott, GWU
 Dec. 24 Jared Johnson, UTC
 Jan. 7 Sean Boyle, UTC
 Jan. 14 Matt Frisch, CIT
 Jan. 21 Jared Johnson, UTC
 Jan. 28 Jake Residori, SIUE
 Feb. 4 Nick Kee, APP

Wrestler of the Week repeat winners

8 times

Odie Delaney, CIT (2008-13)

7 times

Austin Trotman, APP (2008-12)

6 times

Adam Britt, VMI (2000-03)
 Denzel Dejournette, APP (2014-17)
 Neal Richards, VMI (2018-20)

5 times

Sean Markey, CIT (2002-06)
 Matt Keller, UTC (2005-07)
 Nick Soto, UTC (2011-14)
 Turtogtokh Luvsandorj, CIT (2009-14)
 Josh Heil, CAM (2020-22)

4 times

Travis Drake, APP (2000-03)
 Jared Johnson, UTC (2014-17)
 Austin Trott, GWU (2013-17)
 Jonathan Millner, APP (2020-23)

3 times

Mark Fee, APP (2001-03)
 Jason Cox, VMI (2000-04)
 Ryan McClester, CIT (2002-05)
 Travis Piccard, CIT (2004-07)
 Daren Burns, UNCG (2004-08)
 Vitaly Radsy, DAV (2008-11)
 Ugi Khishignyam, CIT (2012-13)
 Nathan Kraisser, CAM (2015-17)
 Freddie Rodriguez, SIUE (2015-17)
 Jake Residori, SIUE (2013-17)
 Bryce Carr, UTC (2016-18)
 Randall Diabe, APP (2018-19)

2 times

Andrew Morgan, CAM (2019-20)
 Quentin Perez, CAM (2017-20)
 Jere Heino, CAM (17-20)
 Fabian Gutierrez, UTC (2019-22)
 Will Formato, APP (2021-23)
 Jeff Libersat, DAV (2000-01)
 Mike Regner, CIT (2001-02)
 Josh Keefe, UTC (2003-05)
 Jon Sioredas, UTC (2004-05)
 Lloyd Rogers, UTC (2005-07)
 Scott Ervin, APP (2006-08)
 Jeff Hedges, UNCG (2006-08)
 Sam O'Hair, DAV (2007-09)
 Chris Bencivenga, UNCG (2008-09)
 Andrew Saunders, UNCG (2009-11)
 Ivan Lopouchanski, UNCG (2010-11)
 Matthew Brock, VMI (2010-12)
 Kyle Blevins, APP (2010-12)
 Niko Brown, UTC (2011-13)
 Corey Mock, UTC (2013-14)
 Dylan Cottrell, APP (2013-14)
 Dawson Peck, UTC (2013-14)
 Sean Boyle, UTC (2014-15)
 Nick Kee, APP (2014-16)
 Marshall Haas, CIT (2012-16)
 Aaron Walker, CIT (2013-16)
 Dalton Henderson, VMI (2014-16)
 Scottie Boykin, UTC (2015-18)
 Codi Russell, APP (2020-21)
 Caleb Hopkins, CAM (2021)
 Caleb Smith, APP (2021-23)
 Freddie Rodriguez, SIUE (2022-23)
 RJ Mosley, GWEB (2022-23)
 Anthony Molton, CAM (2023-24)
 Domenic Zaccone, CAM (2023-24)

Southern Conference honors

Wrestlers of the Week

Feb. 11 Juan Adams, VMI
 Feb. 18 Jared Johnson, UTC
 Feb. 25 Sean Boyle, UTC

2015-16

Nov. 4 Paul Duggan, CAM
 Nov. 11 John Fahy, SIUE
 Nov. 18 Denzel Dejournette, APP
 Nov. 25 Denzel Dejournette, APP
 Dec. 9 Nick Kee, APP
 Dec. 16 Forrest Przybysz, APP
 Dec. 23 Marshall Haas, CIT
 Jan. 6 Denzel Dejournette, APP
 Jan. 13 Nathan Kraisser, CAM
 Jan. 20 Aaron Walker, CIT
 Jan. 27 Austin Trott, GWU
 Feb. 3 Dalton Henderson, VMI
 Feb. 10 Boyce Cornwell, GWU
 Feb. 17 Scottie Boykin, UTC
 Feb. 23 Freddie Rodriguez, SIUE

2016-17

Nov. 9 Nathan Kraisser, CAM
 Nov. 16 David Peters-Logue, APP
 Nov. 23 Freddie Rodriguez, SIUE
 Dec. 7 Nathan Kraisser, CAM
 Dec. 14 Jake McKiernan, SIUE
 Dec. 21 Vito Pasone, APP
 Jan. 4 Bryce Carr, UTC
 Jan. 11 Colby Smith, APP
 Jan. 18 Jared Johnson, UTC
 Jan. 25 Austin Trott, GWU
 Feb. 1 Jere Heino, CAM
 Feb. 8 Denzel Dejournette, APP
 Feb. 15 Freddie Rodriguez, SIUE
 Feb. 22 Jake Residori, SIUE

2017-18

Nov. 8 Bryce Carr, UTC
 Nov. 15 Forrest Przybysz, APP
 Nov. 21 Quentin Perez, CAM
 Dec. 6 Nathan Boston, CAM
 Dec. 13 Forrest Przybysz, APP
 Dec. 20 Denton Spencer, GWU
 Jan. 3 Bryce Carr, UTC
 Jan. 10 Blake Hohman, VMI
 Jan. 17 Scottie Boykin, UTC
 Jan. 24 Nate Higgins, SIUE
 Jan. 31 Jere Heino, CAM
 Feb. 7 Randall Diabe, APP
 Feb. 14 Quentin Perez, CAM
 Feb. 21 Chad Pyke, UTC

2018-19

Nov. 7 Fabian Gutierrez, UTC
 Nov. 14 Angel Najjar, APP
 Nov. 21 Andrew Morgan, CAM
 Nov. 27 Randall Diabe, APP
 Dec. 5 Sawyer Root, CIT
 Dec. 12 Neal Richards, VMI
 Dec. 19 Michael Elliott, APP
 Dec. 26 Jake Huffine, UTC
 Jan. 2 Randall Diabe, APP
 Jan. 9 Alonzo Allen, UTC
 Jan. 16 Neal Richards, VMI
 Jan. 23 Neal Richards, VMI
 Jan. 30 Neal Richards, VMI
 Feb. 6 Tyler Marinelli, GWU
 Feb. 13 Connor Tolley, UTC
 Feb. 20 Neal Richards, VMI
 Feb. 27 Matt Zovistoski, APP

2019-20

Nov. 6 Quentin Perez, CAMP
 Nov. 13 Andrew Morgan, CAM
 Nov. 20 Jonathan Millner, APP
 Nov. 27 Josh Heil, CAM
 Dec. 4 Sean Carter, APP
 Dec. 11 Conor Fenn, DAV
 Dec. 18 Korbin Meink, CAM
 Dec. 24 Fabian Gutierrez, UTC
 Jan. 8 Josh Heil, CAM
 Jan. 15 Noah Gonser, CAM
 Jan. 22 Codi Russell, APP
 Jan. 29 Neal Richards, VMI
 Feb. 5 Jonathan Millner, APP
 Feb. 12 Andrew Morgan, CAM
 Feb. 19 Jere Heino, CAM
 Feb. 26 Thomas Flitz, APP

2021

Jan. 6 Benjamin Barton, CAM
 Jan. 13 Will Formato, APP
 Jan. 20 Caleb Hopkins, CAM
 Jan. 27 Austin Murphy, CAM
 Feb. 3 Codi Russell, APP
 Feb. 10 Caleb Hopkins, CAM

2021-22

Nov. 10 Josh Heil, CAM
 Nov. 17 Caleb Smith, APP
 Nov. 24 Josh Heil, CAM
 Dec. 8 Michael McAleavey, CIT
 Dec. 15 Will Formato, APP
 Dec. 22 Thomas Flitz, APP
 Jan. 5 Josh Heil, CAM
 Jan. 12 Sam Schroeder, BELL
 Jan. 19 Jonathan Millner, APP
 Jan. 26 Taye Ghadiali, CAM
 Feb. 2 Fabian Gutierrez, UTC
 Feb. 9 Drew Nicholson, UTC
 Feb. 16 Jonathan Millner, APP
 Feb. 23 Carial Tarter, UTC
 March 2 Kyle Gorant, DAV

2022-23

Nov. 9 Sean Carter, APP
 Nov. 16 Gabriel Hixenbaugh, CAM
 Nov. 23 Jonathan Millner, APP
 Nov. 30 None
 Dec. 7 RJ Mosley, GWEB
 Dec. 14 Rocky Jordan, UTC
 Dec. 21 Will Miller, APP
 Dec. 28 Malcolm Wiley, PC
 Jan. 4 Brayden Palmer, UTC
 Jan. 11 RJ Mosley, GWEB
 Jan. 18 Gabriel Hixenbaugh, CAM
 Jan. 25 Shannon Hanna, CAM
 Feb. 1 Will Formato, APP
 Feb. 8 Ethan Oakley, APP
 Feb. 15 Domenic Zacccone, CAM
 Feb. 22 Caleb Smith, APP
 March 1 Cole Nance, BELL

2022-23

Nov. 9 Sean Carter, APP
 Jan. 4 Brayden Palmer, UTC
 Jan. 11 RJ Mosley, GWEB
 Jan. 18 Gabriel Hixenbaugh, CAM
 Jan. 25 Shannon Hanna, CAM
 Feb. 22 Caleb Smith, APP
 March 1 Cole Nance, BELL

2023-24

Nov. 8 Brayden Palmer, UTC
 Nov. 15 Cody Bond, APP
 Nov. 22 Taye Ghadiali, CAM
 Dec. 6 Domenic Zacccone, CAM
 Dec. 13 Patrick Jordon, VMI
 Dec. 20 Justin Rivera, CAM
 Jan. 3 Tyler Mousaw, VMI
 Jan. 10 Anthony Molton, CAM
 Jan. 17 Anthony Molton, CAM
 Jan. 24 Dyson Dunham, VMI
 Jan. 31 Luke Uliano, APP
 Feb. 7 Caleb Hopkins, CAM
 Feb. 14 Blake Boarman, UTC
 Feb. 21 Domenic Zacccone, CAM
 Feb. 28 Sergio Desiante, UTC

WOTW by school

Appalachian State	73
Chattanooga	59
The Citadel	41
Campbell	42
VMI	32
UNCG	17
Davidson	14
SIUE	10
Gardner-Webb	10
Presbyterian	1
Bellarmino	1

Southern Conference honors

Wrestlers of the Month

2003-04
 December..... Matt Pitts, UTC
 January..... Sean Markey, CIT
 February..... Kevin Artis, UNCG

2004-05
 November..... Matt Pitts, UTC
 December..... Jon Sioresdas, UTC
 January..... Joe Kemmerer, UNCG
 February..... Daren Burns, UNCG
 March..... Jon Sioresdas, UTC

2005-06
 November..... Michael Keefe, UTC
 December..... Matt Keller, UTC
 January..... Matt Keller, UTC
 February..... Israel Silva, UTC

2006-07
 November..... Javier Maldonado, UTC
 December..... Michael Keefe, UTC
 January..... Aaron Martin, UTC
 February..... Joe Lowe, UNCG
 March..... Matt Keller, UTC

2007-08
 November..... Matt Koz, UTC
 December..... Cody Cleveland, UTC
 January..... Jeff Hedges, UNCG
 February..... Lloyd Rogers, UTC
 March..... Cody Cleveland, UTC

2008-09
 November..... Chris Bencivenga, UNCG
 December..... Seth Garvin, UTC
 January..... Cody Cleveland, UTC
 February..... Chip Powell, APP

2009-10
 November..... Jake Young, UTC
 December..... Josh Wine, VMI
 January..... Josh Wine, VMI
 February..... Turtogtokh Luvsandorj, CIT

2010-11
 November..... Ivan Lopouchanski, UNCG
 December..... Turtogtokh Luvsandorj, CIT
 January..... Turtogtokh Luvsandorj, CIT
 February..... Cody Cleveland, UTC

2011-12
 November..... Austin Trotman, APP
 December..... Austin Trotman, APP
 January..... Nick Soto, UTC
 February..... Kyle Blevins, APP

2012-13
 November..... Niko Brown, UTC
 December..... Ugi Khishignyam, CIT
 January..... Odie Delaney, CIT
 February..... Odie Delaney, CIT

2013-14
 November..... Corey Mock, UTC
 December..... Nick Soto, UTC
 January..... Kevin Birmingham, DAV
 February..... Turtogtokh Luvsandorj, CIT

2014-15
 November..... Denzel Dejournette, APP
 December..... Austin Trott, GWU

January..... Aaron Walker, CIT
 February..... Sean Boyle, UTC

2015-16
 November..... Denzel Dejournette, APP
 December..... Marshall Haas, CIT
 January..... Nathan Kraisser, CAM
 February..... Denzel Dejournette, APP

2016-17
 November..... Freddie Rodriguez, SIUE
 December..... Chris Vassar, GWU
 January..... Bryce Carr, UTC
 February..... Freddie Rodriguez, SIUE

2017-18
 November..... Bryce Carr, UTC
 December..... Forrest Przybysz, APP
 January..... Bryce Carr, UTC
 February..... Randall Diabe, APP

2018-19
 November..... Randall Diabe, APP
 December..... Fabian Gutierrez, UTC
 January..... Neal Richards, VMI
 February..... Neal Richards, VMI

2019-20
 November..... Josh Heil, CAM
 December..... Josh Heil, CAM
 January..... Noah Gonser, CAM
 February..... Thomas Flitz, APP

2021
 January..... Will Formato, APP
 February..... Jonathan Millner, APP

2021-22
 November..... Josh Heil, CAM
 December..... Will Formato, APP
 January..... Jonathan Millner, APP
 February..... Jonathan Millner, APP

2022-23
 November..... Jonathan Millner, APP
 December..... Taye Ghadiali, CAM
 January..... Brayden Palmer, UTC
 February..... Tommy Askey, APP

2023-24
 November..... Taye Ghadiali, CAM
 December..... Kamdyn Munro, UTC
 January..... Jha'Quan Anderson, GWU
 February..... Taye Ghadiali, CAM

Wrestler of the Month repeat winners

4 times
 Cody Cleveland, UTC (2007-11)
 Turtogtokh Luvsandorj, CIT (2009-14)
 Jonathan Millner, APP (2021-23)

3 times
 Matt Keller, UTC (2005-07)
 Denzel Dejournette, APP (2014-16)
 Josh Heil, CAM (2019-21)
 Taye Ghadiali, CAM (2022-2024)

2 times
 Matt Pitts, UTC (2003-05)
 Jon Sioresdas, UTC (2004-05)
 Michael Keefe, UTC (2005-07)
 Josh Wine, VMI (2009-10)
 Austin Trotman, APP (2011-12)
 Odie Delaney, CIT (2012-13)
 Nick Soto, UTC (2011-14)
 Freddie Rodriguez, SIUE (2016-17)
 Bryce Carr, UTC (2017-18)
 Randall Diabe, APP (2018)
 Neal Richards, VMI (2019)
 Will Formato, APP (2021-22)

WOTM by school

Chattanooga.....	31
Appalachian State.....	18
The Citadel.....	10
UNCG.....	7
Campbell.....	6
VMI.....	4
Gardner-Webb.....	3
SIUE.....	2
Davidson.....	1

Individual champions

115 pounds

1930 Graves, Virginia Tech
 1933 Rowland Thomas, Washington & Lee
 1934 Dave Morrah, North Carolina State
 1967 Colin Hudson, Davidson
 1968 Lonnie Parker, William & Mary
 1969 Lonnie Parker, William & Mary

118 pounds

1935 Rowland Thomas, Washington & Lee
 1936 Rowland Thomas, Washington & Lee
 1938 Kemp, Washington & Lee
 1970 Lonnie Parker, William & Mary
 1971 Lonnie Parker, William & Mary
 1972 Glenn Baker, East Carolina
 1973 Glenn Baker, East Carolina
 1974 Jim Blair, East Carolina
 1975 Jim Blair, East Carolina
 1976 Tom Dursee, William & Mary
 1977 Tom Dursee, William & Mary
 1978 Byron McGlathery, Chattanooga
 1979 Mike Marino, Chattanooga
 1980 Bobby Greenwood, VMI
 1981 Tom Moore, Appalachian State
 1982 Charlie Heard, Chattanooga
 1983 Charlie Heard, Chattanooga
 1984 Charlie Heard, Chattanooga
 1985 Bob Zoeko, VMI
 1986 Ben Reichel, Chattanooga
 1987 Ben Reichel, Chattanooga
 1988 Tom Herring, Chattanooga
 1989 Ben Reichel, Chattanooga
 1990 Antonio Calloway, Appalachian State
 1991 Antonio Calloway, Appalachian State
 1992 Donnell Rawls, Appalachian State
 1993 David Barden, Chattanooga
 1994 Jason Laffin, Chattanooga
 1995 Mike Orris, Appalachian State
 1996 Tony Hairston, Appalachian State
 1997 Tony Hairston, Appalachian State
 1998 Corey Williams, UNCG

121 pounds

1941 Graham, Washington & Lee
 1942 John McCarthy, Virginia Tech
 1943 Warren Danneburg, VMI
 1947 Matt Moyer, VMI
 1948 Matt Moyer, VMI
 1949 Mike Kusturiss, Duke
 1950 Howie David, Washington & Lee

123 pounds

1951 Johnny Jordan, VMI
 1952 Bobby Perry, West Virginia
 1953 Bobby Perry, West Virginia
 1954 Bobby Perry, West Virginia
 1955 Bobby Perry, West Virginia
 1956 Ernie Piercy, Virginia Tech
 1957 Tom Westfall, West Virginia
 1958 Tom Westfall, West Virginia
 1959 Bob Bowman, Virginia Tech
 1960 Bob Bowman, Virginia Tech
 1961 Mike Grandstaff, Virginia Tech
 1962 Ernie Venturino, Virginia Tech
 1963 Ernie Venturino, Virginia Tech
 1964 Henry Seymour, Virginia Tech
 1965 Henry Seymour, Virginia Tech
 1966 Don Check, West Virginia
 1967 Howard Metzgar, East Carolina
 1968 John Wood, The Citadel
 1969 John Wood, The Citadel

125 pounds

1930 Stuart Will, VMI
 1933 Fred Sarkis, Washington & Lee
 1934 Fred Sarkis, Washington & Lee
 1999 Adrian Tramutola, Chattanooga
 2000 Adrian Tramutola, Chattanooga
 2001 Rich Caisse, Appalachian State
 2002 Matt Pitts, Chattanooga
 2003 Rich Caisse, Appalachian State
 2004 Ryan McClester, The Citadel
 2005 Joe Kemmerer, UNCG
 2006 Javier Maldonado, Chattanooga
 2007 Javier Maldonado, Chattanooga
 2008 Javier Maldonado, Chattanooga
 2009 Demetrius Johnson, Chattanooga
 2010 Tony Gravely, Appalachian State
 2011 Manuel Ramirez, UNCG*
 2012 Tony Gravely, Appalachian State

2013 Nick Soto, Chattanooga
 2014 Dominic Parisi, Appalachian State
 2015 Sean Boyle, Chattanooga
 2016 Freddie Rodriguez, SIUE
 2017 Freddie Rodriguez, SIUE
 2018 Alonzo Allen, Chattanooga
 2019 Korbin Meink, Campbell
 2020 Korbin Meink, Campbell
 2021 Codi Russell, App State
 2022 Fabian Gutierrez, Chattanooga
 2023 Caleb Smith, App State
 2024 Brayden Palmer, Chattanooga

* later vacated

126 pounds

1935 Sherrard, VMI
 1936 Sherrard, VMI
 1938 Pound, VMI
 1970 Tim Ellenberger, East Carolina
 1971 Dan Monroe, East Carolina
 1972 Dan Monroe, East Carolina
 1973 Dan Monroe, East Carolina
 1974 Glenn Baker, East Carolina
 1975 Jim Hicks, William & Mary
 1976 Paul Osman, East Carolina
 1977 Paul Osman, East Carolina
 1978 Randy Batten, Chattanooga
 1979 Ike Anderson, Appalachian State
 1980 Byron McGlathery, Chattanooga
 1981 Floyd Dotter, The Citadel
 1982 Thomas Hutchinson, Appalachian State
 1983 Leonard Champaign, Chattanooga
 1984 John Munno, VMI
 1985 Ron Ensign, Chattanooga
 1986 Trey Bennett, The Citadel
 1987 Tom Herring, Chattanooga
 1988 Scott Corcoran, Chattanooga
 1989 Jevon Morris, Appalachian State
 1990 John Jones, The Citadel
 1991 Brian Mason, VMI
 1992 Brian Mason, VMI
 1993 Allan Smith, The Citadel
 1994 David Barden, Chattanooga
 1995 David Barden, Chattanooga
 1996 Aaron Mickiewicz, VMI
 1997 David Hopper, Appalachian State
 1998 Bobby Hanson, Chattanooga

128 pounds

1941 Bud Robb, Washington & Lee
 1942 Hobie McKeever, North Carolina
 1943 Hobie McKeever, North Carolina
 1947 Tom Hearn, North Carolina
 1948 Ted Lonergan, Washington & Lee
 1949 Irving Perry, VMI
 1950 Kerry Gallagher, Duke

130 pounds

1951 Irving Perry, VMI
 1952 Matt Flynn, Maryland
 1953 Al Motley, Virginia Tech
 1954 Lew Guidi, West Virginia
 1955 Al Carson, Virginia Tech
 1956 Lew Guidi, West Virginia
 1957 Brandon Glover, Virginia Tech
 1958 Brandon Glover, Virginia Tech
 1959 Brandon Glover, Virginia Tech
 1960 Brandon Glover, Virginia Tech
 1961 Bob Petres, West Virginia
 1962 Mike Grandstaff, Virginia Tech
 1963 Jose Barcelo, The Citadel
 1964 Bill Meacci, West Virginia
 1965 Mickey Jarrell, Virginia Tech
 1966 Fred Bates, East Carolina
 1967 Don Killen, West Virginia
 1968 Tim Ellenberger, East Carolina
 1969 Tim Ellenberger, East Carolina

133 pounds

1999 Bobby Hanson, Chattanooga
 2000 Bobby Hanson, Chattanooga
 2001 Travis Drake, Appalachian State
 2002 Travis Drake, Appalachian State
 2003 Travis Drake, Appalachian State
 2004 Josh Keefe, Chattanooga
 2005 Ryan McClester, The Citadel
 2006 Matt Keller, Chattanooga
 2007 Matt Keller, Chattanooga
 2008 Jeff Hedges, UNCG

2009 Frank Celorrio, Appalachian State
 2010 Alex Radsky, Davidson
 2011 Demetrius Johnson, Chattanooga
 2012 Nick Soto, Chattanooga
 2013 Anthony Elias, Davidson
 2014 Nick Soto, Chattanooga
 2015 Nick Soto, Chattanooga
 2016 Nathan Kraisser, Campbell
 2017 Chris Debien, Chattanooga
 2018 John Muldoon, SIUE
 2019 Codi Russell, Appalachian State
 2020 Noah Gonser, Campbell
 2021 Sean Carter, Appalachian State
 2022 Codi Russell, Appalachian State
 2023 Brayden Palmer, Chattanooga
 2024 Ethan Oakley, Appalachian State

134 pounds

1970 John Kaila, William & Mary
 1971 Steve Morgan, East Carolina
 1972 Jim McCloe, East Carolina
 1973 Mark Belknap, William & Mary
 1974 Mark Belknap, William & Mary
 1975 Mark Belknap, William & Mary
 1976 Jim Hicks, William & Mary
 1977 Jim Hicks, William & Mary
 1978 Jim Polsinelli, Appalachian State
 1979 Andre Massey, Appalachian State
 1980 Rick Waller, Chattanooga
 1981 Rick Waller, Chattanooga
 1982 Fitz Johnson, The Citadel
 1983 Ricky Talley, Chattanooga
 1984 Larry Savides, Appalachian State
 1985 Mitch Fuller, The Citadel
 1986 Thomas Hutchinson, Appalachian State
 1987 Dave Sloan, Appalachian State
 1988 Mark Allison, Chattanooga
 1989 Clarence Arrington, Chattanooga
 1990 Clarence Arrington, Chattanooga
 1991 Jevon Morris, Appalachian State
 1992 Charlie Branch, VMI
 1993 Victor Balmececa, Appalachian State
 1994 Vinny Zullo, Appalachian State
 1995 Adam Mickiewicz, VMI
 1996 Adam Mickiewicz, VMI
 1997 Adam Mickiewicz, VMI
 1998 Bobby Cook, Chattanooga

135 pounds

1930 Fild, VMI
 1933 Munger, Washington & Lee
 1934 Charley Nolan, North Carolina State
 1935 A. Witt, VMI
 1936 A. Witt, VMI
 1938 Reeves, VMI
 1942 Tom Fuller, Washington & Lee

136 pounds

1941 Tom Fuller, Washington & Lee
 1943 Jack McGrath, VMI
 1947 Steiff, Washington & Lee
 1948 Joe Sconce, Washington & Lee
 1949 Joe Sconce, Washington & Lee
 1950 Ted Lonergan, Washington & Lee

137 pounds

1951 Ted Lonergan, Washington & Lee
 1952 Rodney Norris, Maryland
 1953 Rodney Norris, Maryland
 1954 Bill Pritchard, West Virginia
 1955 Armand Taylor, Virginia Tech
 1956 Joe Heller, Virginia Tech
 1957 Armand Taylor, Virginia Tech
 1958 Joe Heller, Virginia Tech
 1959 Joe Heller, Virginia Tech
 1960 Joe Heller, Virginia Tech
 1961 Bob Robinson, Virginia Tech
 1962 Don Ellerman, Virginia Tech
 1963 Don Ellerman, Virginia Tech
 1964 Don Ellerman, Virginia Tech
 1965 Ken Cole, Virginia Tech
 1966 Bill Meacci, West Virginia
 1967 Jim Stevens, West Virginia
 1968 Steve Vaughan, VMI
 1969 Robert Corbo, East Carolina

141 pounds

1999 Jeremy Hart, Appalachian State
 2000 Jeremy Hart, Appalachian State

Individual champions

2001 Jeremy Hart, Appalachian State
 2002 Jared Sullivan, Chattanooga
 2003 Jared Sullivan, Chattanooga
 2004 Kevin Artis, UNCG
 2005 Michael Keefe, Chattanooga
 2006 Kevin Artis, UNCG
 2007 Michael Keefe, Chattanooga
 2008 Cody Cleveland, Chattanooga
 2009 Cody Cleveland, Chattanooga
 2010 Ivan Lopouchanski, UNCG
 2011 Cody Cleveland, Chattanooga
 2012 Mike Kessler, Appalachian State
 2013 Ugi Khishgnyam, The Citadel
 2014 Ugi Khishgnyam, The Citadel
 2015 Michael Longo, Appalachian State
 2016 Michael Longo, Appalachian State
 2017 Josh Heil, Campbell
 2018 Bryce Car, Chattanooga
 2019 Chris Debien, Chattanooga
 2020 Josh Heil, Campbell
 2021 Anthony Brito, App State
 2022 Shannon Hanna, Campbell
 2023 Shannon Hanna, Campbell
 2024 Isaiah Powe, Chattanooga

142 pounds

1970 John Childress, The Citadel
 1971 Brad Smallwood, William & Mary
 1972 John Kaila, William & Mary
 1973 Milt Sherman, East Carolina
 1974 Tom Marriot, East Carolina
 1975 Tom Marriot, East Carolina
 1976 Tom Marriot, East Carolina
 1977 Ronald Moore, William & Mary
 1978 Ralph Truitt, Marshall
 1979 Cary Waller, Chattanooga
 1980 Bob Hilfiger, Appalachian State
 1981 Bob Hilfiger, Appalachian State
 1982 Randel Wider, Chattanooga
 1983 Billy Moss, Chattanooga
 1984 John Ehrenberger, VMI
 1985 Amaro Lamar, Appalachian State
 1986 Amaro Lamar, Appalachian State
 1987 Jay Smallden, VMI
 1988 Jay Smallden, VMI
 1989 Dave Sloan, Appalachian State
 1990 Steve Pitts, VMI
 1991 Marty Fajerman, Furman
 1992 Guy Harris, Chattanooga
 1993 Charlie Branch, VMI
 1994 Charlie Branch, VMI
 1995 Charlie Branch, VMI
 1996 Jason Foresman, VMI
 1997 Trey Burlingame, UNCG
 1998 Melvin Saunders, UNCG

145 pounds

1930 Kellam, VMI
 1933 Allison, Virginia Tech
 1934 Bill White, VMI
 1935 Glenn Shively, Washington & Lee
 1936 Glenn Shively, Washington & Lee
 1938 Pitts, North Carolina
 1941 Somervell, North Carolina
 1942 Sterling Edwards, VMI
 1943 Bob Sherrard, VMI
 1947 Bob Sherrard, VMI
 1948 Ken Finley, Washington & Lee
 1949 Ken Finley, Washington & Lee
 1950 Hap Dasheir, VMI
 1966 Ed Steers, The Citadel
 1967 Ed Steers, The Citadel
 1968 Ed Steers, The Citadel
 1969 Stan Bastain, East Carolina

147 pounds

1951 Doug Martin, North Carolina State
 1952 Ed Brown, VMI
 1953 Ed Brown, VMI
 1954 Jeff Robertson, VMI
 1955 Pannill Jones, VMI
 1956 Armand Taylor, Virginia Tech
 1957 Sherman Vandevender, Virginia Tech
 1958 Sherman Vandevender, Virginia Tech
 1959 Andy Sadie, West Virginia
 1960 Bryan Kane, VMI
 1961 Al Bamforth, VMI
 1962 Jeff Hartsell, The Citadel
 1963 Sam Church, West Virginia
 1964 Bruce Schwanda, The Citadel

1965 Bruce Schwanda, The Citadel

149 pounds

1999 Melvin Saunders, UNCG
 2000 Melvin Saunders, UNCG
 2001 Adam Britt, VMI
 2002 Wayne Watts, The Citadel
 2003 Jacob Harris, Chattanooga
 2004 Sam Alvarenga, VMI
 2005 Levi Duyn, The Citadel
 2006 Aaron Martin, Chattanooga
 2007 Scott Ervin, Appalachian State
 2008 Scott Ervin, Appalachian State
 2009 Dan Waddell, Chattanooga
 2010 Dean Pavlou, Chattanooga
 2011 Ivan Lopouchanski, UNCG
 2012 Dean Pavlou, Chattanooga
 2013 Alex Hudson, Chattanooga
 2014 Dylan Cottrell, Appalachian State
 2015 Matt Frisch, The Citadel
 2016 John Fahy, SIUE
 2017 Matt Zovistoski, Appalachian State
 2018 Tyshawn Williams, SIUE
 2019 Josh Heil, Campbell
 2020 Jonathan Millner, Appalachian State
 2021 Jonathan Millner, Appalachian State
 2022 Jonathan Millner, Appalachian State
 2023 Jonathan Millner, Appalachian State
 2024 Cody Bond, Appalachian State

150 pounds

1970 Greg Giordano, William & Mary
 1971 Bill Hogan, William & Mary
 1972 Bill Hogan, William & Mary
 1973 Tom Marriot, East Carolina
 1974 Chris Jacobsen, Appalachian State
 1975 Paul Thorp, East Carolina
 1976 Max Lorenzo, William & Mary
 1977 Frank Schaede, East Carolina
 1978 Tom Lunsford, Appalachian State
 1979 Walt Fingar, The Citadel
 1980 Pat Cucci, Appalachian State
 1981 Cary Waller, Chattanooga
 1982 John Feldhacker, Chattanooga
 1983 Cary Waller, Chattanooga
 1984 John Feldhacker, Chattanooga
 1985 John Feldhacker, Chattanooga
 1986 Ben Walker, VMI
 1987 Amaro Lamar, Appalachian State
 1988 Tom Sell, Chattanooga
 1989 Tom Sell, Chattanooga
 1990 Adrian Hines, Appalachian State
 1991 Adrian Hines, Appalachian State
 1992 Adrian Hines, Appalachian State
 1993 Guy Harris, Chattanooga
 1994 Kyle Kuykendall, Appalachian State
 1995 Jeremy Ingram, VMI
 1996 Reese Edgington, VMI
 1997 Jason Foresman, VMI
 1998 Heath Eslinger, Chattanooga

152 pounds

1966 Bill Zimmerman, West Virginia
 1967 Dick Conard, The Citadel
 1968 Greg Giordano, William & Mary
 1969 Tom Bull, The Citadel

155 pounds

1930 McCrary, VMI
 1933 E. Landis, VMI
 1934 Bill Currence, VMI
 1935 Arnez, Washington & Lee
 1936 Arnez, Washington & Lee
 1938 Thomas, Washington & Lee
 1941 Beamer, VMI
 1942 Sam Mordecai, North Carolina
 1943 Leroy Roper, VMI
 1947 Zerple, North Carolina
 1948 Doug Martin, North Carolina State
 1949 Phil Kemp, North Carolina
 1950 Phil Kemp, North Carolina

157 pounds

1951 Joel Adelberg, Maryland
 1952 Bobby Fischer, Maryland
 1953 Bobby Fischer, Maryland
 1954 Bryce Kramer, West Virginia
 1955 Bryce Kramer, West Virginia
 1956 Sherman Vandevender, Virginia Tech

1957 Harold Westervelt, Davidson
 1958 Harold Westervelt, Davidson
 1959 Sherman Vandevender, Virginia Tech
 1960 Bill Daniels, VMI
 1961 Jeff Hartsell, The Citadel
 1962 Bob Hatcher, Virginia Tech
 1963 Charles Callahan, Virginia Tech
 1964 Jim Jioio, West Virginia
 1965 Jerry Gooden, West Virginia
 1999 Heath Eslinger, Chattanooga
 2000 P.J. Boccia, Appalachian State
 2001 P.J. Boccia, Appalachian State
 2002 Adam Britt, VMI
 2003 Adam Britt, VMI
 2004 Dan Thompson, The Citadel
 2005 Travis Piccard, The Citadel
 2006 Jake Yost, Chattanooga
 2007 Jake Yost, Chattanooga
 2008 Seth Garvin, Chattanooga
 2009 Joey Knox, Chattanooga
 2010 Turtogtokh Luvsandorj, The Citadel
 2011 Josh Condon, Chattanooga
 2012 Dan Waddell, Chattanooga
 2013 Matt Frisch, The Citadel
 2014 Aaron Walker, The Citadel
 2015 Aaron Walker, The Citadel
 2016 Kamaal Shakur, Chattanooga
 2017 Ryan Mosley, Gardner-Webb
 2018 Tyler Marinelli, Gardner-Webb
 2019 Benjamin Barton, Campbell
 2020 Matt Zovistoski, Appalachian State
 2021 Cody Bond, Appalachian State
 2022 Dazjon Casto, The Citadel
 2023 Tommy Askey, Appalachian State
 2024 Tommy Askey, Appalachian State

158 pounds

1970 Mike Spohn, East Carolina
 1971 Greg Giordano, William & Mary
 1972 Phil Smith, VMI
 1973 Bruce Hall, East Carolina
 1974 Bruce Hall, East Carolina
 1975 Dale Midkiff, Appalachian State
 1976 Mike Regner, The Citadel
 1977 Craig Cody, Appalachian State
 1978 Anthony Parris, Chattanooga
 1979 Rich Boland, The Citadel
 1980 David Strickland, Chattanooga
 1981 Tom Sumter, Appalachian State
 1982 David Strickland, Chattanooga
 1983 Steve Swan, Appalachian State
 1984 Steve Swan, Appalachian State
 1985 Jesse Waltz, VMI
 1986 Clay Ogden, The Citadel
 1987 Lee Reitzel, Appalachian State
 1988 Clay Ogden, The Citadel
 1989 Howard Langford, Chattanooga
 1990 Michael Murray, VMI
 1991 Jeff Clark, VMI
 1992 Howard Langford, Chattanooga
 1993 Corey Creech, Appalachian State
 1994 Fred Barber, VMI
 1995 Kevin Johnson, VMI
 1996 Derek Strobel, Appalachian State
 1997 Joe Stanton, UNCG
 1998 Jarrod Fitzpatrick, VMI

160 pounds

1966 Steve Rothstein, The Citadel
 1967 Steve Rothstein, The Citadel
 1968 Jeff Thiel, William & Mary
 1969 Jeff Thiel, William & Mary

165 pounds

1930 Tallamn, Virginia Tech
 1933 Charley Pritchard, Washington & Lee
 1934 Charley Pritchard, Washington & Lee
 1935 Bill Currence, VMI
 1936 Not Available
 1938 Steidman, VMI
 1941 Weddie Huffman, Duke
 1942 Jim Wilson, VMI
 1943 Frank Mordecai, North Carolina
 1947 Don Troxler, North Carolina State
 1948 Ken Lindell, Washington & Lee
 1949 Oscar Gupton, North Carolina
 1950 Bill Blackwell, VMI
 1999 Tim Ritchie, The Citadel
 2000 Heath Eslinger, Chattanooga
 2001 Mark Fee, Appalachian State

Individual champions

2002 Mark Fee, Appalachian State
 2003 Lee Roper, Appalachian State
 2004 Jon Sioredas, Chattanooga
 2005 Jon Sioredas, Chattanooga
 2006 Dan Thompson, The Citadel
 2007 T.J. Sayers, Chattanooga
 2008 Byron Sigmon, UNCG
 2009 Seth Garvin, Chattanooga
 2010 Victor Hojilla, UNCG
 2011 Kyle Blewins, Appalachian State
 2012 Brandon Wright, Chattanooga
 2013 Josh Condon, Chattanooga
 2014 Corey Mock, Chattanooga
 2015 Connor McMahon, SIUE
 2016 Austin Trott, Gardner-Webb
 2017 Quentin Perez, Campbell
 2018 Nate Higgins, SIUE
 2019 Tyler Marinelli, Gardner-Webb
 2020 Quentin Perez, Campbell
 2021 Andrew Nicholson, Chattanooga
 2022 RJ Mosley, Gardner-Webb
 2023 RJ Mosley, Gardner-Webb
 2024 Will Miller, Appalachian State

167 pounds

1951 Don Kniffen, West Virginia
 1952 Ernie Fischer, Maryland
 1953 Ernie Fischer, Maryland
 1954 Gil McSpadden, Washington & Lee
 1955 Gil McSpadden, Washington & Lee
 1956 John Wright, Virginia Tech
 1957 Don Vaughn, Virginia Tech
 1958 Charles Sherwood, West Virginia
 1959 Charles Sherwood, West Virginia
 1960 Phil Hoblitzell, West Virginia
 1961 Bill Daniels, VMI
 1962 Roy Sialer, West Virginia
 1963 Tom Rihn, West Virginia
 1964 Mark Biodolillo, West Virginia
 1965 Ken Jenkins, Virginia Tech
 1966 Mike Armstrong, The Citadel
 1967 Mike Armstrong, The Citadel
 1968 Bob Hobson, William & Mary
 1969 Bob Hobson, William & Mary
 1970 Bob Hobson, William & Mary
 1971 Bob Hobson, William & Mary
 1972 Scott Moyer, William & Mary
 1973 Scott Moyer, William & Mary
 1974 Bob Stark, William & Mary
 1975 Ron Whitcomb, East Carolina
 1976 Phil Mueller, East Carolina
 1977 Phil Mueller, East Carolina
 1978 Garth Hinckle, The Citadel
 1979 David Coyle, Marshall
 1980 Larry Meierotto, Chattanooga
 1981 Tim Jones, Marshall
 1982 Larry Meierotto, Chattanooga
 1983 Eric Williams, The Citadel
 1984 John Hampton, Appalachian State
 1985 Marshall Irby, Appalachian State
 1986 Todd Arris, VMI
 1987 Todd Arris, VMI
 1988 Bret Gustafson, Chattanooga
 1989 Mike Maxam, Appalachian State
 1990 Bryan Flint, Chattanooga
 1991 Bryan Flint, Chattanooga
 1992 Corey Creech, Appalachian State
 1993 Rob Reaves, The Citadel
 1994 Shomari Rozier, Appalachian State
 1995 Rob Reaves, The Citadel
 1996 Chad Dennis, Chattanooga
 1997 Derek Strobel, Appalachian State
 1998 Jamie Hensch, UNCG

174 pounds

1999 Jamie Hensch, UNCG
 2000 Austen Palmer, VMI
 2001 Mike Regner, The Citadel
 2002 Matt Erwin, VMI
 2003 Mark Fee, Appalachian State
 2004 Keith Clifton, The Citadel
 2005 Joe Lowe, UNCG
 2006 Joe Lowe, UNCG
 2007 Joe Lowe, UNCG
 2008 Lloyd Rogers, Chattanooga
 2009 Jason McCroskey, Chattanooga
 2010 Byron Sigmon, UNCG
 2011 Brandon Wright, Chattanooga
 2012 Turtogtokh Luvsandorj, The Citadel
 2013 Hunter Gamble, Gardner-Webb

2014 Levi Clemons, Chattanooga
 2015 Sean Mappes, Chattanooga
 2016 Nick Kee, Appalachian State
 2017 Jake Residori, SIUE
 2018 Forrest Przybysz, Appalachian State
 2019 Neal Richards, VMI
 2020 Neal Richards, VMI
 2021 Austin Murphy, Campbell
 2022 Thomas Flitz, App State
 2023 Rocky Jordan, Chattanooga
 2024 Austin Murphy, Campbell

175 pounds

1930 Tilson, Washington & Lee
 1933 Nelson Waldrop, Virginia Tech
 1934 Nelson Waldrop, Virginia Tech
 1935 Burgess, VMI
 1936 Not Available
 1938 Martin, VMI
 1941 McNeil, Maryland
 1942 Jim Dorier, VMI
 1943 Weddie Huffman, Duke
 1947 J.B. Edwards, North Carolina State
 1948 Bob Mahoney, Washington & Lee
 1949 Ken Lindell, Washington & Lee
 1950 Stewart Oliver, Virginia Tech

177 pounds

1951 Dick Harrison, Duke
 1952 Jack Shanahan, Maryland
 1953 Jack Shanahan, Maryland
 1954 Miles Nowitzky, VMI
 1955 Frank Craze, West Virginia
 1956 Gil McSpadden, Washington & Lee
 1957 Mike McClintic, West Virginia
 1958 Tom Burrus, Virginia Tech
 1959 Harold Westervelt, Davidson
 1960 Buddy Sanders, Virginia Tech
 1961 Frank Kirk, Virginia Tech
 1962 Tom Hill, VMI
 1963 Roy Sisler, West Virginia
 1964 Roy Sisler, West Virginia
 1965 Marshall Taylor, VMI
 1966 John Lurkini, West Virginia
 1967 Scott Curzi, William & Mary
 1968 Don Taylor, VMI
 1969 Cliff Bernard, East Carolina
 1970 Scott Moyer, William & Mary
 1971 Bill Hill, East Carolina
 1972 Bill Hill, East Carolina
 1973 Bill Hill, East Carolina
 1974 Bill Hill, East Carolina
 1975 Mike Radford, East Carolina
 1976 Ron Whitcomb, East Carolina
 1977 Bob Stark, William & Mary
 1978 Tom Flanagan, Chattanooga
 1979 Tom Flanagan, Chattanooga
 1980 Bobby Orand, Chattanooga
 1981 Larry Meierotto, Chattanooga
 1982 Steve Evans, VMI
 1983 John Hampton, Appalachian State
 1984 Robert Wyndham, The Citadel
 1985 John Hampton, Appalachian State
 1986 Charlie Buckshaw, Chattanooga
 1987 Charlie Buckshaw, Chattanooga
 1988 Charlie Buckshaw, Chattanooga
 1989 Erick Ames, VMI
 1990 Bret Gustafson, Chattanooga
 1991 Bret Gustafson, Chattanooga
 1992 Bret Gustafson, Chattanooga
 1993 Chad Dennis, Chattanooga
 1994 Seth Meyerson, Appalachian State
 1995 Seth Meyerson, Appalachian State
 1996 Eddy Clark, Appalachian State
 1997 Nathan Funk, Appalachian State
 1998 Nathan Funk, Appalachian State

184 pounds

1999 Dax Pecaro, UNCG
 2000 Dax Pecaro, UNCG
 2001 Adam Duncan, Chattanooga
 2002 Quantel Langford, Chattanooga
 2003 Keith Clifton, The Citadel
 2004 John Davis, Chattanooga
 2005 John Davis, Chattanooga
 2006 John Davis, Chattanooga
 2007 Josh Edmondson, Chattanooga
 2008 Josh Edmondson, Chattanooga
 2009 Mikal McKee, UNCG
 2010 Austin Trotman, Appalachian State

2011 Austin Trotman, Appalachian State
 2012 Austin Trotman, Appalachian State
 2013 James Cook, Campbell
 2014 Scott Patrick, Davidson
 2015 Scott Patrick, Davidson
 2016 Ville Heino, Campbell
 2017 Bryce Carr, Chattanooga
 2018 Bryce Carr, Chattanooga
 2019 Chris Kober, Campbell
 2020 Andrew Morgan, Campbell
 2021 Caleb Hopkins, Campbell
 2022 Caleb Hopkins, Campbell
 2023 Caleb Hopkins, Campbell
 2024 Tomas Booker, Appalachian State

190 pounds

1970 Tom Williams, The Citadel
 1971 Jim Bailey, VMI
 1972 Jim Bailey, VMI
 1973 Mike Furiness, William & Mary
 1974 Mike Radford, East Carolina
 1975 Rick Dixon, William & Mary
 1976 Mike Radford, East Carolina
 1977 John Vizzi, VMI
 1978 Bobby Orand, Chattanooga
 1979 Bobby Orand, Chattanooga
 1980 Pat Murphy, Chattanooga
 1981 Pat Murphy, Chattanooga
 1982 Pat Murphy, Chattanooga
 1983 Pat Murphy, Chattanooga
 1984 Thermus Biggs, Appalachian State
 1985 Jeff Rufolo, Chattanooga
 1986 Chris Thornbury, Chattanooga
 1987 Jeff Rufolo, Chattanooga
 1988 Jeff Rufolo, Chattanooga
 1989 Charlie Buckshaw, Chattanooga
 1990 Chris Zwilling, Appalachian State
 1991 Rod Horner, Chattanooga
 1992 Warren Osbourn, Chattanooga
 1993 Gearld Carr, Chattanooga
 1994 Vince Crum, The Citadel
 1995 Daryk Moistner, Appalachian State
 1996 Seth Meyerson, Appalachian State
 1997 Eric Sanders, UNCG
 1998 Isaac Moore, VMI

191 pounds

1967 Don Taylor, VMI
 1968 Gil Reel, West Virginia
 1969 Kerry Keith, Davidson

197 pounds

1999 Isaac Moore, VMI
 2000 Josh Lambrecht, Chattanooga
 2001 David Tyner, Chattanooga
 2002 Austin David, Chattanooga
 2003 Josh Carroll, Appalachian State
 2004 Daren Burns, UNCG
 2005 Daren Burns, UNCG
 2006 Daren Burns, UNCG
 2007 Corry Murray, VMI
 2008 Daren Burns, UNCG
 2009 Odie Delaney, The Citadel
 2010 Dylan Temple, Appalachian State
 2011 Caylor Williams, UNCG
 2012 Kelby Smith, The Citadel
 2013 Niko Brown, Chattanooga
 2014 Marshall Haas, The Citadel
 2015 Jake Tindle, SIUE
 2016 Scottie Boykin, Chattanooga
 2017 Jake Tindle, SIUE
 2018 Scottie Boykin, Chattanooga
 2019 Randall Diabe, Appalachian State
 2020 Demazio Samuel, Appalachian State
 2021 Chris Kober, Campbell
 2022 Matthew Waddell, Chattanooga
 2023 Levi Hopkins, Campbell
 2024 Levi Hopkins, Campbell

285 pounds

1930 Davis, Virginia Tech
 1933 Idol, North Carolina
 1934 Hugo Bonino, Washington & Lee
 1935 Hugo Bonino, Washington & Lee
 1936 Not Available
 1938 McFayden, Davidson
 1941 Lillard Ailor, Washington & Lee
 1942 Woody Jones, North Carolina State
 1943 John Coppedge, VMI
 1947 Hooper, North Carolina

Individual champions

1948	Bill George, Wake Forest
1949	Bill George, Wake Forest
1950	Jerry Jack, Washington & Lee
1951	Bob Boswell, West Virginia
1952	Bill George, Wake Forest
1953	Jack McNicol, Virginia Tech
1954	Nick Servidio, VMI
1955	Jim Lock, Virginia Tech
1956	Dale Vaughn, VMI
1957	Don Basham, VMI
1958	J.D. Miller, West Virginia
1959	J.D. Miller, West Virginia
1960	Ray Bazzoli, West Virginia
1961	Dennis Merklinger, VMI
1962	Gene Breen, Virginia Tech
1963	Don Marks, Virginia Tech
1964	Ken Woodeshick, West Virginia
1965	Mike George, West Virginia
1966	Ken Woodeshick, West Virginia
1967	Lowell Bryan, Davidson
1968	Bob Biddle, VMI
1969	Bob Biddle, VMI
1970	Doug Freiburger, William & Mary
1971	Greg Freaney, William & Mary
1972	Greg Freaney, William & Mary
1973	Mark Pohren, East Carolina
1974	Willie Bryant, East Carolina
1975	Willie Bryant, East Carolina
1976	Ned Stepahovich, VMI
1977	Ned Stepahovich, VMI
1978	Ralph Zigner, Chattanooga
1979	Lo Carmen, Appalachian State
1980	Chuck Pinta, The Citadel
1981	Chuck Pinta, The Citadel
1982	Chuck Pinta, The Citadel
1983	Jim Ettari, The Citadel
1984	David Besser, Appalachian State
1985	John Long, VMI
1986	Mike Wallace, Chattanooga
1987	Chris Thornbury, Chattanooga
1988	Rock Burch, Appalachian State
1989	Chris Thornbury, Chattanooga
1990	Rock Burch, Appalachian State
1991	Warren Osbourn, Chattanooga
1992	Melvin Crosby, Appalachian State
1993	Melvin Crosby, Appalachian State
1994	Mark Wyson, VMI
1995	Duke Howell, Appalachian State
1996	Leslie Apedoe, VMI
1997	Leslie Apedoe, VMI
1998	Leslie Apedoe, VMI
1999	Leslie Apedoe, VMI
2000	Kevin Baltz, Chattanooga
2001	John Kimble, UNCG
2002	Greg Forbes, UNCG
2003	Billy Linane, The Citadel
2004	Billy Linane, The Citadel
2005	Reuben Daniels, Appalachian State
2006	Tyler Sholvin, UNCG
2007	Matt Koz, Chattanooga
2008	Josh Wine, VMI
2009	Josh Wine, VMI
2010	Odie Delaney, The Citadel
2011	Josh Wine, VMI
2012	Odie Delaney, The Citadel
2013	Odie Delaney, The Citadel
2014	David Devine, SIUE
2015	Denzel Dejournette, Appalachian State
2016	Denzel Dejournette, Appalachian State
2017	Denzel Dejournette, Appalachian State
2018	Jere Heino, Campbell
2019	Cary Miller, Appalachian State
2020	Cary Miller, Appalachian State
2021	Michael McAleavey, The Citadel
2022	Taye Ghadiali, Campbell
2023	Taye Ghadiali, Campbell
2024	Taye Ghadiali, Campbell

SoCon champions by school

Chattanooga	154	North Carolina	13
Appalachian State	119	Davidson	11
VMI	112	Maryland	11
The Citadel	69	SIUE	8
East Carolina	44	NC State	7
West Virginia	42	Duke	5
William & Mary	39	Gardner-Webb	6
Washington & Lee	38	Marshall	3
UNCG	32	Wake Forest	3
Campbell	24	Furman	1
Virginia Tech	18		

Repeat individual champions

Four-time champions (17)

Name, school	Years (weights)
Bobby Perry, West Virginia	1952-55 (123)
Sherman Vandevender, Virginia Tech	1956, 1959 (157), 1957-58 (147)
Brandon Glover, Virginia Tech	1957-60 (130)
Joe Heller, Virginia Tech	1956, 1958-60 (137)
Lonnie Parker, William & Mary	1968-69 (115), 1970-71 (118)
Bob Hobson, William & Mary	1968-71 (167)
Bill Hill, East Carolina	1971-74 (177)
Tom Marriot, East Carolina	1973 (150), 1974-76 (142)
Pat Murphy, Chattanooga	1980-83 (190)
Charlie Buckshaw, Chattanooga	1986-88 (177), 1989 (190)
Bret Gustafson, Chattanooga	1988 (167), 1990-92 (177)
Charlie Branch, VMI	1992 (134), 1993-95 (142)
Leslie Apedoe, VMI	1996-99 (285)
Daren Burns, UNCG	2004-06, 2008 (197)
Odie Delaney, The Citadel	2009 (197), 2010, 2012-13 (285)
Nick Soto, Chattanooga	2012, 2014-15 (133), 2013 (125)
Jonathan Millner, App State	2020-23 (149)

Three-time champions (48)

Name, school	Years (weights)
Rowland Thomas, Washington & Lee	1933 (115), 1935-36 (118)
Ted Lonergan, Washington & Lee	1947 (128), 1950 (136), 1951 (137)
Bill George, Wake Forest	1948-49, 1952 (285)
Gil McSpadden, West Virginia	1954-55 (167), 1956 (177)
Armand Taylor, Virginia Tech	1955, 1957 (137), 1956 (147)
Harold Westervelt, Davidson	1957-58 (157), 1959 (177)
Don Ellerman, Virginia Tech	1962-64 (137)
Ed Steers, The Citadel	1966-68 (145)
Tom Ellenberger, East Carolina	1968-69 (130), 1970 (126)
Greg Giordano, VMI	1968 (152), 1970 (150), 1971 (158)
Dan Monroe, East Carolina	1971-73 (126)
Scott Moyer, William & Mary	1970 (177), 1972-73 (167)
Glenn Baker, East Carolina	1972-73 (118), 1974 (126)
Mark Belknap, William & Mary	1973-75 (134)
Mike Radford, East Carolina	1974, 1976 (190), 1975 (177)
Jim Hicks, William & Mary	1975 (126), 1976-77 (134)
Bobby Orand, Chattanooga	1978-79 (190), 1980 (177)
Larry Meierotto, Chattanooga	1980, 1982 (167), 1981 (177)
Chuck Pinta, The Citadel	1980-82 (285)
Cary Waller, Chattanooga	1979 (142), 1981, 1983 (150)
Charlie Heard, Chattanooga	1982-84 (118)
John Feldhacker, Chattanooga	1982, 1984-85 (150)
Johnathan Hampton, Appalachian State	1983, 1985 (177), 1984 (167)
Amaro Lamar, Appalachian State	1985-86 (142), 1987 (150)
Jeff Rufolo, Chattanooga	1985, 1987-88 (190)
Ben Reichel, Chattanooga	1986-87, 1989 (118)
Chris Thornbury, Chattanooga	1986 (190), 1987, 1989 (285)
David Barden, Chattanooga	1993 (118), 1994-95 (126)
Adam Mickiewicz, VMI	1995-97 (134)
Bobby Hanson, Chattanooga	1998 (126), 1999-00 (133)
Melvin Saunders, UNCG	1998 (142), 1999-00 (149)
Jeremy Hart, Appalachian State	1999-01 (141)
Adrian Hines, Appalachian State	1990-92 (150)
Seth Meyerson, Appalachian State	1994-95 (177), 1996 (190)
Heath Eslinger, Chattanooga	1998 (150), 1999 (157), 2000 (165)
Travis Drake, Appalachian State	2001-03 (133)
Adam Britt, VMI	2001 (149), 2002-03 (157)
Mark Fee, Appalachian State	2001-02 (165), 2003 (174)
John Davis, Chattanooga	2004-06 (184)
Joe Lowe, UNCG	2005-07 (174)
Javier Moldanado, Chattanooga	2006-08 (125)
Cody Cleveland, Chattanooga	2008-09, 2011 (141)
Josh Wine, VMI	2008-09, 2011 (285)
Austin Trotman, Appalachian State	2010-12 (184)
Denzel Dejournette, Appalachian State	2015-17 (285)
Josh Heil, Campbell	2017, 2020 (141), 2019 (149)
Codi Russell	2019, 2022 (133), 2021 (125)
Caleb Hopkins, Campbell	2020, 2021, 2022 (184)
Levi Hopkins, Campbell	2023, 2024 (197)

1993-94 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	91.25
2. Appalachian State	88.75
3. VMI	76
4. The Citadel	42
5. Davidson	12

Individual Tournament Results

(March 6, 1994 Asheville, N.C. at the Asheville Civic Center)

Championship Finals

- 118 - Jason Laflin (UTC) dec. Mike Orris (ASU), 13-4
- 126 - Dave Barden (UTC) dec. Damon Baldwin (ASU), 5-1
- 134 - Vinny Zullo (ASU) dec. Mike Spencer (UTC), 7-5
- 142 - Charlie Branch (VMI) dec. Sean Moistner (UTC), 4-3
- 150 - Kyle Kuykendall (ASU) dec. Jeremy Ingram (VMI), 3-2
- 158 - Fred Barber (VMI) dec. Chad Dennis (UTC), 5-3
- 167 - Shomari Rozier (ASU) dec. Daryl Moistner (UTC), 3-2
- 177 - Seth Meyerson (ASU) DQ Rob Reaves (CIT)
- 190 - Vince Crum (CIT) dec. Hercules Ward (UTC), 4-3
- HWT - Mark Wysong (VMI) dec. Lamar Washington (UTC), 5-3

Semifinals

- 118 - Jason Laflin (UTC) fall Bruce Brunson (CIT), 1:33
- 118 - Mike Orris (ASU) dec. Frankie Haltom (VMI), 7-4
- 126 - Dave Barden (UTC) dec. Aaron Mickiewicz (VMI) 8-6
- 126 - Damon Baldwin (ASU) fall Alan Smith (CIT), 5:56
- 134 - Vinny Zullo (ASU) fall Sean Harvey (DAV), 2:42
- 134 - Mike Spencer (UTC) dec. Reese Edgington (VMI), 7-5
- 142 - Charlie Branch (VMI) maj. dec. Harold Poston (CIT), 19-4
- 142 - Sean Moistner (UTC) dec. Jamie Nesbit (ASU), 4-3
- 150 - Kyle Kuykendall (ASU) maj. dec. Sam Knowles (DAV), 20-4
- 150 - Jeremy Ingram (VMI) dec. Dexter Johnson (CIT), 3-2
- 158 - Chad Dennis (UTC) maj. dec. Sam Knowles (DAV), 19-3
- 158 - Fred Barber (VMI) dec. Brad Grim (ASU), 8-6
- 167 - Shomari Rozier (ASU) dec. Miles Miller (DAV), 8-4
- 167 - Daryl Moistner (UTC) dec. Hasani Menefee (VMI), 11-6
- 177 - Seth Meyerson (ASU) dec. Jason Roberts (UTC), 7-4
- 177 - Rob Reaves (CIT) fall Brian Ucciardi (VMI), 8-3
- 190 - Vince Crum (CIT) dec. Eddy Clark (ASU), 12-5
- 190 - Hercules Ward (UTC) dec. Raymond James (VMI), 8-3
- HWT - Mark Wysong (VMI) dec. Kyle Hamman (CIT), 8-0
- HWT - Lamar Washington (UTC) dec. John Reynolds (ASU), 5-4

Consolation Finals

- 118 - Frankie Haltom (VMI) fall Bruce Brunson (CIT), 3:38
- 126 - Aaron Mickiewicz (VMI) dec. Alan Smith (CIT), 13-5
- 134 - Reese Edgington (VMI) dec. Sean Harvey (DAV), 9-1
- 142 - Jamie Nesbit (ASU) dec. Harold Poston (CIT), 3-2
- 150 - Dexter Johnson (CIT) fall Scott Driscoll (UTC), 1:10
- 158 - Brad Ginn (ASU) dec. Sam Knowles (DAV), 4-2
- 167 - Miles Miller (DAV) fall Hasani Menefee (VMI), 3:59
- 177 - Jason Roberts (UTC) fall Brian Ucciardi (VMI), 2:47
- 190 - Raymond James (VMI) dec. Eddy Clark (ASU), 9-5
- HWT - Mark Wysong (VMI) dec. Lamar Washington (UTC), 5-3

All-Tournament Team

- 118 - Jason Laflin, Chattanooga
- 126 - Dave Barden, Chattanooga
- 134 - Vinny Zullo, Appalachian State
- 142 - Charlie Branch, VMI
- 150 - Kyle Kuykendall, Appalachian State
- 158 - Fred Barber, VMI
- 167 - Shomari Rozier, Appalachian State
- 177 - Seth Meyerson, Appalachian State
- 190 - Vince Crum, The Citadel
- HWT - Mark Wysong, VMI

Coach-of-the-Year: John Trudgeon, VMI

Wrestler-of-the-Year: Charlie Branch, VMI

Freshman-of-the-Year: Miles Miller, (DAV)

Tournament Outstanding Wrestler: Charlie Branch, VMI

Reviewing the 1993-94 Regular Season

Standings

Team	SoCon		Points	Overall		Points	Home	Road	Streak
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp			
Appalachian State	3-1	.750		12-4-1	.705		3-0		W8
VMI	3-1	.750		9-5	.642		6-0		L3
Chattanooga	3-1	.750		5-6	.454		1-0		W2
The Citadel	1-3	.250		9-12	.428		4-2		L1
Davidson	0-4	.000		6-16	.272		0-4		W1

Individual Weight Class Breakdown

118 Pounds	over	Pins	Dual	SC
Jason Laflin, UTC	22-4-3	6	-	-
Tony McKay, CIT	19-5	0	-	-
Mike Orris, ASU	22-8	3	-	-
Frankie Haltom, VMI	13-11	0	-	-
Jason Deaton, DAV	5-20	0	-	-

126 Pounds	over	Pins	Dual	SC
David Barden, UTC	13-4	0	-	-
Damon Baldwin, ASU	19-11	4	-	-
Aaron Mickiewicz, VMI	8-8	1	-	-
Robbie Fierro, DAV	12-22	2	-	-
Ryan Walsh, CIT	0-7	0	-	-

134 Pounds	over	Pins	Dual	SC
Vince Zullo, ASU	11-1	0	-	-
Alan Smith, CIT	11-5	2	-	-
Mike Spencer, UTC	4-3	1	-	-
Jason Foresman, VMI	10-10	0	-	-
Sean Harvey, DAV	7-23	0	-	-

142 Pounds	over	Pins	Dual	SC
Charley Branch, VMI	31-2	9	-	-
Vince Zullo, ASU	14-3	0	-	-
Sean Moistner, UTC	13-7	3	-	-
Aaron Kenner, DAV	10-6	1	-	-
Brent Harper, CIT	4-7	0	-	-

150 Pounds	over	Pins	Dual	SC
Kyle Kuykendall, ASU	23-5	2	-	-
Dexter Johnson, CIT	22-6	4	-	-
Brett Thompson, VMI	12-9	6	-	-
Sean Moistner, UTC	12-10	2	-	-
Francis Mitchell, DAV	6-15	5	-	-

158 Pounds	over	Pins	Dual	SC
Sam Knowles, DAV	21-12	9	-	-
Jason Hooker, ASU	12-7	5	-	-
Hasani Menefee, VMI	9-8	1	-	-
Miller Hartsell, CIT	7-10	4	-	-
Greg Young, UTC	1-9	0	-	-

167 Pounds	over	Pins	Dual	SC
Rob Reaves, CIT	7-1	2	-	-
Shomari Rozier, ASU	17-5	1	-	-
Miles Miller, DAV	22-12	4	-	-
Chad Dennis, UTC	13-8	0	-	-
Fred Mitchell, DAV	6-15	1	-	-

177 Pounds	over	Pins	Dual	SC
Vince Crum, CIT	5-0	0	-	-
Seth Meyerson, ASU	17-6	1	-	-
Chad Dennis, UTC	3-2	1	-	-
Derek Spencer, DAV	7-10	2	-	-
Brian Ucciardi, VMI	10-14	2	-	-

190 Pounds	over	Pins	Dual	SC
Vince Crum, CIT	18-3	4	-	-
Raymond James, VMI	18-10	2	-	-
Jason Roberts, UTC	4-7	0	-	-
Eddy Clark, ASU	3-7	0	-	-
Jared Glick, DAV	5-23	0	-	-

Heavyweight	over	Pins	Dual	SC
Duke Howell, ASU	10-3	2	-	-
Mark Wysong, VMI	21-7	4	-	-
Hercules Ward, UTC	11-5	2	-	-
Kyle Hamman, CIT	14-14	0	-	-
Osric Prioleau, DAV	4-22	1	-	-

1995 Wrestling Championship

Team Results

Team Finish	Points
1. Appalachian State	99.5
VMI	99.5
3. Chattanooga	88.5
4. The Citadel	31
5. Davidson	13

Individual Tournament Results

(March 5, 1995 Asheville, N.C. at the Asheville Civic Center)

Championship Finals

- 118 - Mike Orris (ASU) maj. dec. Marcus Sanchez (VMI), 13-4
- 126 - David Barden (UTC) dec. Aaron Mickiewicz (VMI), 9-4
- 134 - Adam Mickiewicz (VMI) dec. Vinny Zullo (ASU), 2-1
- 142 - Charlie Branch (VMI) fall Mario Walker (UTC), 5:00
- 150 - Jeremy Ingram (VMI) dec. Brad Ginn (ASU), 4-3
- 158 - Kevin Johnson (VMI) dec. David Dixon (UTC), 6-4 OT SD
- 167 - Rob Reaves (CIT) dec. Shomari Rozer (ASU), 9-5
- 177 - Seth Meyerson (ASU) dec. Chad Dennis (UTC), 12-7
- 190 - Daryk Howell (ASU) dec. Raymond James (VMI), 1-1 TB
- HWT - Duke Howell (ASU) dec. Hercules Ward (UTC), 2-1 TB

Semifinals

- 118 - Mike Orris (ASU) fall Jason Deaton (DAV), 1:27
- 118 - Marcus Sanchez (VMI) dec. Cedric Hubbard (UTC), 9-4
- 126 - Aaron Mickiewicz (ASU) fall Mike Willis (CIT), 2:44
- 126 - Dave Barden (UTC) dec. Damon Baldwin (ASU), 15-2
- 134 - Vinny Zullo (ASU) dec. Ethan DelPriore (CIT), 11-7
- 134 - Adam Mickiewicz (VMI) dec. Mike Spencer (UTC), 8-0
- 142 - Charlie Branch (VMI) dec. Andy Sterling (DAV), 15-4
- 142 - Mario Walker (UTC) dec. Ruben Montano (ASU), 4-2 OT SD
- 150 - Jeremy Ingram (VMI) dec. Jesse Kenner (DAV), 14-4
- 150 - Brad Ginn (ASU) dec. John Severe (UTC), 10-0
- 158 - Kevin Johnson (VMI) dec. Derek Spencer (DAV), 13-2
- 158 - David Dixon (UTC) dec. Jason Hooker (ASU), 9-7 SD
- 167 - Rob Reeves (CIT) fall Greg Young (UTC), 6:48
- 167 - Shomari Rozier (ASU) dec. Reese Edgington (VMI), 6-1
- 177 - Chad Dennis (UTC) fall Paul Moore (CIT), 1:10
- 177 - Seth Meyerson (ASU) dec. Hasani Menefee (VMI), 19-8
- 190 - Raymond James (VMI) fall Frank Fisher (CIT), 1:05
- 190 - Daryk Moistner (UTC) dec. Eddy Clark (ASU), 6-5
- HWT - Hercules Ward (UTC) fall Kyle Hamman (CIT), 3:23
- HWT - Duke Howell (ASU) fall David Hall (VMI), 1:43

Consolation Finals

- 118 - Cedric Hubbard (UTC) fall Jason Deaton (DAV), 0:31
- 126 - Damon Baldwin (ASU) fall Mike Willis (CIT), 1:26
- 134 - Mike Spencer (UTC) dec. Ethan DelPriore (CIT), 6-2
- 142 - Ruben Montano (ASU) dec. Andy Sterling (DAV), 1-0
- 150 - John Severe (UTC) dec. Jesse Kenner (DAV), 6-5
- 158 - Jason Hooker (ASU) fall Derek Spencer (DAV), 5:03
- 167 - Greg Young (UTC) dec. Reese Edgington (VMI), 3-0
- 177 - Hasani Menefee (VMI) dec. Paul Moore (CIT), 4:42 MT
- 190 - Eddy Clark (ASU) fall Frank Fisher (CIT), 5:55
- HWT - David Hall (VMI) dec. Kyle Hamman (CIT), 5-1

All-Tournament Team

- 118 - Mike Orris, Appalachian State
- 126 - David Barden, Chattanooga
- 134 - Adam Mickiewicz, VMI
- 142 - Charlie Branch, VMI
- 150 - Jeremy Ingram, VMI
- 158 - Kevin Johnson, VMI
- 167 - Rob Reaves, The Citadel
- 177 - Seth Meyerson, Appalachian State
- 190 - Daryk Howell, Appalachian State
- HWT - Duke Howell, Appalachian State

Coach-of-the-Year: John Trudgeon, VMI

Wrestler-of-the-Year: Charlie Branch, VMI

Freshman-of-the-Year: Kevin Johnson, Chattanooga

Tournament Outstanding Wrestler: David Barden, Chattanooga

VMI's Aaron Mickiewicz was named the league's Wild Card, advancing to the NCAA Championships

Reviewing the 1994-95 Regular Season

Standings

Team	SoCon		Points	Overall		Points	Home	Road	Streak
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp			
VMI	4-0	1.000	115-39	8-2	.800	201-76	2-0	6-2	W6
Appalachian State	3-1	.750	101-47	6-6-1	.461	163-202	4-0-1	2-6	L1
Chattanooga	2-2	.500	98-45	4-7	.363	107-170	3-3	1-4	W2
The Citadel	1-3	.250	125-136	5-14	.263	163-441	0-3	5-11	W1
Davidson	0-4	.000	51-201	4-20	.166	245-559	2-4	2-16	L5

Individual Weight Class Breakdown

118 Pounds

	over	Pins	Dual	SC
Mike Orris, ASU	19-4	6	-	-
Cedrick Hubbard, UTC	17-10	3	-	-
Marcus Shanchez, VMI	5-4	1	-	-
Jason Deaton, DAV	7-22	0	-	-
Michael Henry, CIT	0-0	0	-	-

126 Pounds

	over	Pins	Dual	SC
David Barden, UTC	19-4	3	-	-
Damon Baldwin, ASU	19-6	6	-	-
Aaron Mickiewicz, VMI	22-7	2	-	-
Michael Willis, CIT	5-18	0	-	-

134 Pounds

	over	Pins	Dual	SC
Adam Mickiewicz, VMI	18-9	3	-	-
Mike Spencer, UTC	10-6	0	-	-
Ruben Montano, ASU	11-12	2	-	-
Sean Harvey, DAV	8-23	1	-	-
Ethan Del Priore, CIT	4-17	0	-	-

142 Pounds

	over	Pins	Dual	SC
Charlie Branch, VMI	21-5	5	-	-
Andy Sterling, DAV	19-15	1	-	-
Mario Walker, UTC	17-14	4	-	-
Vinny Zullo, ASU	10-10	1	-	-
Pete Ober, CIT	0-22	0	-	-

150 Pounds

	over	Pins	Dual	SC
Brad Ginn, ASU	23-7	5	-	-
Jeremy Ingram, VMI	19-7	7	-	-
Jesse Kenner, DAV	14-10	2	-	-
John Severe, UTC	11-16	0	-	-
Bobby Stewart, CIT	11-17	1	-	-

158 Pounds

	over	Pins	Dual	SC
Kevin Johnson, VMI	21-4	1	-	-
David Dixon, UTC	13-12	2	-	-
Derek Spencer, DAV	15-16	1	-	-
Jason Hooker, ASU	1-3	0	-	-
Simon Leland, CIT	9-16	2	-	-

167 Pounds

	over	Pins	Dual	SC
Rob Reaves, CIT	11-2	2	-	-
Chad Dennis, UTC	23-8	5	-	-
Shomari Rozier, ASU	10-4	0	-	-
Hasani Menefee, VMI	13-11	1	-	-
Seth Herman, DAV	6-15	1	-	-

177 Pounds

	over	Pins	Dual	SC
Daryk Moistner, UTC	9-6	1	-	-
Seth Meyerson, ASU	1-1	0	-	-
Paul Moore, CIT	3-7	0	-	-
DeShawn Johnson, VMI	2-7	1	-	-
Jake Hamilton, DAV	6-24	4	-	-

190 Pounds

	over	Pins	Dual	SC
Raymond James, VMI	18-9	2	-	-
Frank Fisher, CIT	5-5	3	-	-
Eddy Clark, ASU	13-15	1	-	-
Barrett Rose, DAV	7-22	3	-	-
Chris Knight, UTC	1-10	0	-	-

Heavyweight

	over	Pins	Dual	SC
Duke Howell, ASU	22-7	5	-	-
Hercules Ward, UTC	22-8	3	-	-
Kyle Hamman, CIT	11-12	5	-	-
David Hall, VMI	4-9	2	-	-
Bill Cameron, DAV	2-13	2	-	-

1996 Wrestling Championship

Team Results

Team Finish	Points
1. Appalachian State	103
2. VMI	79.5
3. Chattanooga	74.5
4. The Citadel	39.5
5. Davidson	25

Individual Tournament Results

(March 2, 1996 - Greensboro, N.C. at the Greensboro Coliseum Mini-Arena)

Championship Finals

118 - #1 Tony Hairston (ASU) dec. #3 Tyler Cornaby (UTC), 10-4
126 - #2 Aaron Mickiewicz (VMI) dec. #1 David Barden (UTC), 4-3
134 - #1 Adam Mickiewicz (VMI) dec. #2 Rob Daly (ASU), 9-3
142 - #1 Jason Foresman (VMI) dec. #2 Henry Jones (UTC), 14-8
150 - #1 Reese Edgington (VMI) dec. #2 Rod Petty (UTC), 2-0
158 - #1 Derek Strobel (ASU) maj. dec. #2 Greg Young (UTC), 12-4
167 - #1 Chad Dennis (UTC) dec. #2 Jason Hooker (ASU), 1:57
177 - #2 Eddie Clark (ASU) dec. #1 Corey Harris (CIT), 2-1
190 - #1 Seth Meyerson (ASU) maj. dec. #2 Chad Stephenson (CIT), 14-4
HWT - #1 Leslie Apedoe (VMI) dec. #3 Duke Howell (ASU), 3-1 OT

Semifinals

118 - #1 Tony Hairston (ASU) maj. dec. #5 Ray Decker (VMI), 12-3
118 - #3 Tyler Cornaby (UTC) dec. #2 Chad Brittingham (CIT), 6-2
126 - #1 David Barden (UTC) fall #4 Marcus Wright (CIT), 2:35
126 - #2 Aaron Mickiewicz (VMI) fall #3 Martell Armstrong (ASU), 2:42
134 - #1 Adam Mickiewicz (VMI) fall #4 Ryan Whitaker (UTC), 2:48
134 - #2 Rob Daly (ASU) dec. Adrian Botchlet (UTC), 10-4
142 - #1 Jason Foresman (VMI) m. dec. #4 George Escaravage (DAV), 15-5
142 - #2 Henry Jones (UTC) dec. #3 Jason Brown (ASU), 7-1
150 - #1 Reese Edgington (VMI) maj. dec. #4 Vinny Zullo (ASU), 8-0
150 - #2 Rod Petty (UTC) fall #3 Scott Goodwin (CIT), 3:51
158 - #1 Derek Strobel (ASU) maj. dec. #4 Chris Meier (VMI), 18-4
158 - #2 Greg Young (UTC) dec. #3 Bobby Stewart (CIT), 6-4
167 - #1 Chad Dennis (UTC) tech. fall #4 Jake Hamilton (DAV), 5:48
167 - #2 Jason Hooker (ASU) fall #3 David Budlong (VMI), 1:57
177 - #1 Corey Harris (CIT) maj. dec. #4 Ben Wall (DAV), 10-2
177 - #2 Eddie Clark (ASU) dec. Daryk Moistner (UTC), 6-2
190 - #1 Seth Meyerson (ASU) fall #4 Bill Cameron, 2:04
190 - #2 Chad Stephenson (CIT) dec. #3 Carlos Thompson (UTC), 6-0
HWT - #1 Leslie Apedoe (VMI) DQ #5 Chip Stewart (DAV)
HWT - #3 Duke Howell (ASU) dec. Michael Knaby (UTC), 8-3

Consolation Finals

118 - #2 Chad Brittingham (CIT) maj. dec. #4 Ray Decker (VMI), 13-4
126 - #3 Martell Armstrong (ASU) dec. #4 Marcus Wright (CIT), 6-2
134 - #5 Christian Baker (DAV) dec. #4 Ryan Whitaker (UTC), 5-3 OT
142 - #3 Jason Brown (ASU) fall. #4 George Escaravage, (DAV), :46
150 - #4 Vinny Zullo maj. dec. #5 Miller Cary (DAV), 12-4
158 - #3 Bobby Stewart (CIT) fall #4 Kris Meier (VMI), 2:47
167 - #3 David Budlong (VMI) dec. #4 Jake Hamilton (DAV), 12-8
177 - #3 Daryk Moistner (UTC) dec. #4 Ben Wall (DAV), 9-5
190 - #3 Carlos Thompson (UTC) fall #4 Bill Cameron, 3:12
HWT - #4 Craig Stephenson dec. #5 Chip Stewart (DAV), 3-0s

All-Tournament Team

118 - Tony Hairston, Appalachian State
126 - David Barden, Chattanooga
134 - Adam Mickiewicz, VMI
142 - Jason Foresman, VMI
150 - Reese Edgington, VMI
158 - Derek Strobel, Appalachian State
167 - Chad Dennis, Chattanooga
177 - Eddie Clark, Appalachian State
190 - Seth Meyerson, Appalachian State
HWT - Leslie Apedoe, VMI

Coach-of-the-Year: Paul Mance, Appalachian State

Wrestler-of-the-Year: David Barden, Chattanooga

Freshman-of-the-Year: Leslie Apedoe, VMI

Tournament Outstanding Wrestler: Aaron Mickiewicz, VMI

Reviewing the 1995-96 Regular Season

Standings

Team	SoCon		Overall			Home	Road	Streak
	W-L-T	Pct.	W-L-T	Pct.	Pct.			
VMI	4-0	1.000	11-3	.785		3-0	8-3	W5
Chattanooga	3-1	.750	6-4	.400		3-0	3-4	W1
Appalachian State	2-2	.500	10-8	.555		2-1	8-7	W2
The Citadel	1-3	.250	5-13	.277		2-5	3-8	L2
Davidson	0-4	.000	4-15	.210		1-4	3-4	L1

Individual Weight Class Breakdown

118 Pounds

	Over	Pins	Dual	SC
Cedric Hubbard, UTC	7-2	3	-	-
Tony Hairston, ASU	20-7	4	-	-
Jason Deaton, DAV	6-14	0	-	-
Ray Decker, VMI	3-9	0	-	-

126 Pounds

	Over	Pins	Dual	SC
David Barden, UTC	13-0	2	-	-
Aaron Mickiewicz, VMI	16-4	3	-	-
Conquestoe Boger, CIT	9-8	1	-	-
Martell Armstrong, ASU	1-10	0	-	-

134 Pounds

	Over	Pins	Dual	SC
Adam Mickiewicz, VMI	19-2	2	-	-
Ryan Whitaker, UTC	10-4	0	-	-
Christian Baker, DAV	13-13	2	-	-
Tony Nguyen, CIT	10-13	2	-	-
Eric Williams, ASU	0-4	0	-	-

142 Pounds

	Over	Pins	Dual	SC
Rob Daly, ASU	15-3	1	-	-
Jason Foresman, VMI	29-6	0	-	-
Henry Jones, UTC	16-4	3	-	-
Andy Sterling, DAV	2-1	0	-	-
Tim Ritchie, CIT	4-4	1	-	-

150 Pounds

	Over	Pins	Dual	SC
Reese Edgington, VMI	25-9	4	-	-
Rod Peddy, UTC	14-6	3	-	-
Scott Goodwin, CIT	12-6	3	-	-
Miller Cary, DAV	5-13	2	-	-
Jason Brown, ASU	6-15	0	-	-

158 Pounds

	Over	Pins	Dual	SC
Matthew Bentley, ASU	12-6	2	-	-
Hasani Menefee, VMI	4-2	0	-	-
Greg Young, UTC	14-8	1	-	-
Bobby Steward, CIT	11-11	1	-	-
George Escaravage, DAV	3-4	0	-	-

167 Pounds

	Over	Pins	Dual	SC
Chad Dennis, UTC	22-1	6	-	-
Derek Strobel, ASU	10-2	0	-	-
Rasheem Neloms, CIT	3-11	0	-	-
Seth Herman, DAV	2-12	0	-	-
Kris Meier, VMI	0-3	0	-	-

177 Pounds

	Over	Pins	Dual	SC
Jason Hooker, ASU	21-2	6	-	-
Jake Hamilton, DAV	6-3	2	-	-
Derek Moistner, UTC	9-6	0	-	-
Mike Mellina, VMI	10-14	1	-	-

190 Pounds

	Over	Pins	Dual	SC
Seth Meyerson, ASU	15-3	2	-	-
Olufemi Obusun, VMI	21-6	4	-	-
Ben Wall, DAV	11-5	5	-	-
Chad Stephenson, CIT	18-10	6	-	-
Carlos Thompson, UTC	3-7	0	-	-

Heavyweight

	Over	Pins	Dual	SC
Leslie Apedoe, VMI	20-8	3	-	-
Chip Stewart, DAV	12-6	6	-	-
Duke Howell, ASU	6-3	3	-	-
Craig Stephenson, CIT	14-9	6	-	-
Michael Knaby, UTC	7-9	3	-	-

1997 Wrestling Championship

Team Results

Team Finish	Points
1. *Appalachian State	73
*VMI	73
*UNC Greensboro	73
4. Chattanooga	60.5
5. The Citadel	42
6. Davidson	12.5

*SoCon's first ever three-way tie for first.

Individual Tournament Results

(March 1, 1997 - Greensboro, N.C. at the Greensboro Coliseum Mini-Arena)

Championship Finals

- 118 - Tony Hairston (ASU) dec. Mike Waldron (UTC), 10-6
- 126 - David Hopper (ASU) dec. Andy Cook (UTC), 6-1
- 134 - Adam Mickiewicz (VMI) dec. Eric Smith (ASU), 9-3
- 142 - Trey Burlingame (UNCG) dec. Rob Daly (ASU), 7-5
- 150 - Jason Foresman (VMI) dec. Heath Eslinger (UTC), 7-4
- 158 - Joe Stanton (UNCG) dec. Reese Edgington (VMI), 8-6
- 167 - Derek Strobel (ASU) dec. Jamie Hensch (UNCG), 6-3
- 177 - Nathan Funk (UTC) dec. Pat Hallwood (CIT), 3-0
- 190 - Eric Sanders (UNCG) tech. fall Ben Wall (DAV), 5:31
- HWT - Leslie Apedoe (VMI) dec. Ben Stark (UNCG), 15-5

Semifinals

- 118 - Tony Hairston (ASU) fall Miles Cox (DAV), 0:27
- 118 - Mike Waldron (UTC) fall Anthony Booker (CIT), 5:53
- 126 - David Hopper (ASU) dec. Frank Lucero (VMI), 10-1
- 126 - Andy Cook (UTC) dec. Mike Hawkes (UNCG) 5-4
- 134 - Adam Mickiewicz (VMI) fall Jon Woodburn (UNCG), 6:00
- 134 - Eric Smith (ASU) dec. Adrian Botchlet (UTC), 10-4
- 142 - Trey Burlingame dec. Jarrod Fitzpatrick (VMI), 13-5
- 142 - Rob Daly (ASU) tech. fall Eric Stabene (CIT), 6:44
- 150 - Jason Foresman dec. Chard Starling (UNCG), 6-0
- 150 - Heath Eslinger (UTC) dec. Tony Nguyen (CIT), 9-2
- 158 - Joe Stanton (UNCG) dec. John Severe (UTC), 6-1
- 158 - Reese Edgington (VMI) dec. Carl Barton (ASU), 8-4
- 167 - Jamie Hensch (UNCG) dec. Bobby Stewart (CIT), 6-0
- 167 - Derek Strobel (ASU) dec. Dante Berlingeri (UTC), 11-7
- 177 - Nathan Funk (UTC) fall Dax Pecaro (UNCG), 4:56
- 177 - Pat Hallwood (CIT) dec. Eddy Clark (ASU) 4-1
- 190 - Ben Wall (DAV) dec. Isaac Moore (VMI), 8-6 OT
- 190 - Eric Sanders (UNCG) dec. Pete Herold (UTC), 8-5
- HWT - Leslie Apedoe (VMI) dec. Kyle Hamman (CIT), 13-5
- HWT - Ben Stark (UNCG) dec. Matt Kim (ASU), 2-1 TB

Consolation Finals

- 118 - Anthony Booker (ASU) dec. Miles Cox (DAV), 8-0
- 126 - Mike Hawkes (UNCG) dec. Frank Lucero (VMI), 6-4
- 134 - Adrian Botchlet (UTC) dec. Chad Brittingham (CIT), 10-4
- 142 - Jarrod Fitzpatrick (VMI) tech. fall Eric Stabene (CIT), 6:00
- 150 - Jason Brown (ASU) dec. Chard Starling (UNCG), 7-3
- 158 - Carl Barton (ASU) dec. John Severe (UTC), 10-2
- 167 - Bobby Stewart (CIT) dec. Dante Berlingeri (UTC), 10-2
- 177 - David Budlong (VMI) dec. Dax Pecaro (13-3), 13-3
- 190 - Isaac Moore (VMI) dec. Pete Herold (UTC), 1-0
- HWT - Kyle Hamman (CIT) dec. Matt Kim (ASU), 4-2

All-Tournament Team

- 118 - Tony Hairston, Appalachian State
- 126 - David Hopper, Appalachian State
- 134 - Adam Mickiewicz, VMI
- 142 - Trey Burlingame, UNC Greensboro
- 150 - Jason Foresman, VMI
- 158 - Joe Stanton, UNC Greensboro
- 167 - Derek Strobel, Appalachian State
- 177 - Nathan Funk, Chattanooga
- 190 - Eric Sanders, UNC Greensboro
- HWT - Leslie Apedoe, VMI

Coach-of-the-Year:

Wrestler-of-the-Year: Adam Mickiewicz, VMI

Freshman-of-the-Year:

Tournament Outstanding Wrestler:

Appalachian State's Eric Smith (134 lbs) and VMI's Reese Edgington (158 lbs), were selected as Wild Cards by the league's coaches to compete in the NCAA Championships.

Reviewing the 1996-97 Regular Season

Standings

Team	SoCon		Points		Overall		Points		Home	Road	Streak
	W-L-T	Pct.	Own-Opp	W-L-T	Pct.	Own-Opp					
Appalachian State	5-0	1.000	141-56	10-8	.556	377-350	6-0	4-8	W3		
VMI	4-1	.800	139-65	8-5	.615	288-231	2-2	6-3	L1		
UNC Greensboro	3-2	.600	123-75	9-5-1	.633	422-233	5-6	4-2-1	W2		
Chattanooga	2-3	.400	96-91	7-9	.438	292-367	3-3	4-3	W2		
The Citadel	1-4	.200	86-130	4-8	.333	227-296	0-5	4-3	L1		
Davidson	0-5	.000	29-207	2-13-1	.156	211-515	1-1	1-12-1	W1		

Individual Weight Class Breakdown

118 Pounds

	over	Pins	Dual	SC
Tony Hariston, ASU	19-6	5	5-1	3-0
Ryan Prentince, ASU	2-0	0	2-0	1-0
Miles Cox, DAV	6-10	2	4-5	3-1
Kevin Bradley, UNCG	6-8	0	4-6	2-1
Anthony Booker, CIT	19-13	4	8-4	1-1
Jordan Krause, UNCG	2-6	0	2-2	1-1
Paul Webber, VMI	1-10	0	1-5	1-3
Mike Waldron, UTC	7-4	3	6-2	0-0

126 Pounds

	over	Pins	Dual	SC
David Hopper, ASU	4-8	1	4-8	2-0
Lamar Hanna, ASU	1-1	0	1-1	1-0
Andy Cook, UTC	10-11	2	5-8	3-1
Mike Hawkes, UNCG	9-12	3	7-6	3-1
Frank Lucero, VMI	5-6	0	3-4	2-3
Kevin Smith, DAV	2-9	0	0-6	0-3
G.T. Duncan, CIT	2-6	0	2-6	0-3

134 Pounds

	over	Pins	Dual	SC
Adam Mickiewicz, VMI	26-5	2	11-1	5-0
Jeremy Hart, ASU	21-11	8	7-5	2-0
Adrian Botchlet, UTC	14-12	0	7-6	3-2
Erik Smith, ASU	3-1	2	3-1	1-1
Chad Brittingham, CIT	10-17	1	4-7	1-2
John Woodburn, UNCG	7-15	1	2-8	0-3

142 Pounds

	over	Pins	Dual	SC
Lavictor Lipscomb, CIT	9-8	2	2-2	1-0
Jon Woodburn, UNCG	1-0	0	1-0	1-0
Jarrod Fitzpatrick, VMI	12-11	1	4-5	4-1
Rob Daly, ASU	23-10	3	10-6	3-1
Andy Sterling, DAV	13-7	1	9-5	2-3
Ryan Whitaker, UTC	12-14	0	4-11	2-3

150 Pounds

	over	Pins	Dual	SC
Jason Foresman, VMI	24-8	1	10-1	5-0
Ronny Huitt, ASU	10-10	2	3-2	2-0
Heath Eslinger, UTC	17-6	2	9-5	2-1
Tony Nguyen, CIT	9-11	0	3-6	1-1
Paul Cardone, UNCG	4-6	1	3-2	0-1
Chad Starling, UNCG	3-8	1	1-4	0-3
Ian Kaplan, DAV	12-8	5	7-6	0-5

158 Pounds

	over	Pins	Dual	SC
Joe Stanton, UNCG	21-4	7	11-0	4-0
Reese Edgington, VMI	24-5	6	6-3	3-1
Carl Barton, ASU	8-8	2	6-6	3-1
Adam Duncan, UTC	8-11	4	4-7	1-2
Tim Richie, CIT	5-7	0	4-5	0-3
Seth Herman, DAV	1-7	0	1-7	0-5

167 Pounds

	over	Pins	Dual	SC
Jamie Hensch, UNCG	16-7	3	8-0	4-0
Derek Strobel, ASU	11-3	2	4-2	3-1
Dante Berlinger, UTC	9-11	2	6-9	3-2
Bobby Stewart, CIT	20-7	3	9-4	1-2
Seth Herman, DAV	0-2	0	0-2	0-1
Mike Gialanella, UNCG	3-5	1	2-2	0-1
Bill Cameron, DAV	0-10	0	0-6	0-5

177 Pounds

	over	Pins	Dual	SC
Nathan Funk, UTC	16-8	7	9-6	5-0
Jamie Hensch, UNCG	2-1	0	2-1	1-0
Eddy Clark, ASU	11-7	2	7-3	3-1
Pat Hallwood, CIT	21-10	8	10-4	2-1
David Budlong, VMI	3-6	0	2-5	2-3
Mike Gialanella, UNCG	3-5	1	2-2	0-1
Bill Cameron, DAV	0-10	0	0-6	0-5

190 Pounds

	over	Pins	Dual	SC
Isaac Moore, VMI	17-10	1	8-4	5-0
Pete Herold, UTC	9-13	1	7-9	4-1
Eric Sanders, UNCG	11-7	2	9-4	3-2
Danny Bieting, ASU	1-6	0	1-6	1-2
Scott McKenzie, CIT	10-16	4	3-7	0-3
Gray Broughton, DAV	1-6	0	1-6	0-3

Heavyweight

	over	Pins	Dual	SC
Leslie Apedoe, VMI	22-7	2	9-1	4-0
Ben Stark, UNCG	10-5	3	6-1	4-1
Matt Kim, ASU	12-10	3	8-7	2-2
Michael Knoby, UTC	7-16	0	1-14	1-3
Craig Stephenson, CIT	10-8	5	3-3	0-2
Thomas Greene, DAV	6-9	0	3-8	0-5

1998 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	92.5
2. UNC Greensboro	83.5
3. Appalachian State	71.0
4. VMI	50.5
5. The Citadel	43.5
6. Davidson	14.5

Individual Tournament Results

(February 28, 1998 at Greensboro, NC, Coliseum Special Events Center)

Championship Finals

- 118 – Corey Williams (UNCG) inj. def. Tony Hairston (ASU)
- 126 – Bob Hanson (UTC) tech. fall Lamar Hanna (ASU), 22-7
- 134 – Bobby Cook (UTC) dec. Tony Nguyen (CIT), 4-3
- 142 – Melvin Saunders (UNCG) dec. Rob Daly (ASU), 4-2
- 150 – Heath Eslinger (UTC) dec. Trey Burlingame (UNCG), 4-2
- 158 – Jarrod Fitzpatrick (VMI) dec. Tim Ritchie (CIT), 7-3
- 167 – Jamie Hensch (UNCG) dec. Robbie Lail (UTC), 2-0
- 177 – Nathan Funk (UTC) tech. fall Dax Pecaro (UNCG), 20-4
- 190 – Isaac Moore (VMI) dec. Carl Barton (ASU), 4-2
- Hwt. – Leslie Apedoe (VMI) dec. Matt Kim (ASU), 7-4

Semifinals

- 118 – Corey Williams (UNCG) dec. Tremayne Austin (VMI), 7-3
- 118 – Tony Hairston (ASU) dec. Patrick Luke (UTC), 14-11
- 126 – Bob Hanson (UTC) dec. Billy Ahrens (CIT), 15-9
- 126 – Lamar Hanna (ASU) dec. Mike Hawkes (UNCG), 3-2
- 134 – Bobby Cook (UTC) dec. Aaron Gilson (UNCG), 2-1
- 134 – Tony Nguyen (CIT) dec. Erik Smith (ASU), 4-3
- 142 – Rob Daly (ASU) dec. Anthony Albert (DAV), 23-9
- 142 – Melvin Saunders (UNCG) dec. Mason Thornburg (UTC), 9-4
- 150 – Heath Eslinger (UTC) fall Jason Brown (ASU), 2:13
- 150 – Trey Burlingame (UNCG) dec. Ian Kaplan (DAV), 4-2
- 158 – Tim Ritchie (CIT) dec. Billy Osborne (UNCG), 14-7
- 158 – Jarrod Fitzpatrick (VMI) dec. Tony Huit (ASU), 9-7
- 167 – Jamie Hensch (UNCG) fall Jeff Liberstat (DAV), 1:34
- 167 – Rob Fries (CIT) dec. Robbie Lail (UTC), 2-0
- 177 – Nathan Funk (UTC) dec. Eric Brown (ASU), 6-4
- 177 – Dax Pecaro (UNCCG) fall Pat Hallwood (CIT), 6:06
- 190 – Isaac Moore (VMI) dec. Kevin Baltz (UTC), 7-1
- 190 – Carl Barton (ASU) dec. Greg Forbes (UNCG), 7-6
- Hwt. – Leslie Apedoe (VMI) dec. Pete Herold (UTC), 16-7
- Hwt. – Matt Kim (ASU) dec. Craig Stephenson (CIT), 5-2

Consolation Finals

- 118 – Patrick Luke (UTC) dec. Tremayne Austin (VMI), 12-7
- 126 – Mike Hawkes (UNCG) dec. Billy Ahrens (CIT), 8-4
- 134 – Erik Smith (ASU) dec. Aaron Gilson (UNCG), 9-4
- 142 – Mason Thornburg (UTC) dec. Anthony Albert (DAV), 5-0
- 150 – Ian Kaplan (DAV) dec. Jason Brown (ASU), 9-4
- 158 – Adam Duncan (UTC) fall Ronny Huit (ASU), 3:40
- 167 – Jeff Liberstat (DAV) dec. Rob Fries (CIT), 6-3 OT
- 177 – Eric Brown (ASU) dec. Pat Hallwood (CIT), 3-1
- 190 – Kevin Baltz (UTC) dec. Greg Forbes (UNCG), 3-1 OT
- Hwt. – Craig Stephenson (CIT) dec. Cedric Moore (UNCG), 3-0

All-Tournament Team

- 118 – Corey Williams, UNC Greensboro
- 126 – Bob Hanson, Chattanooga
- 134 – Bobby Cook, Chattanooga
- 142 – Melvin Saunders, UNC Greensboro
- 150 – Heath Eslinger, Chattanooga
- 158 – Jarrod Fitzpatrick, VMI
- 167 – Jamie Hensch, UNC Greensboro
- 177 – Nathan Funk, Chattanooga
- 190 – Isaac Moore, VMI
- HWT – Leslie Apedoe, VMI

Coach-of-the-Year: Denny Moore, UNC Greensboro

Wrestler-of-the-Year: Leslie Apedoe, VMI

Freshman-of-the-Year: Corey Williams, UNC Greensboro

Tournament Outstanding Wrestler: Bobby Hanson, Chattanooga

Appalachian State's Erik Smith, UNC Greensboro's Trey Burlingame, and Ian Kaplan of Davidson were named as the league's three NCAA Wild Card selections following the match.

Reviewing the 1997-98 Regular Season

Standings

Team	SoCon		Points	Overall		Points	Home	Road	Streak
	W-L	Pct.	Own-Opp	W-L	Pct.	Own-Opp			
^UNC Greensboro	4-1	.800	136-73	10-3	.769	345-122	7-0	3-3	L1
^Chattanooga	4-1	.800	139-73	7-8-1	.469	346-324	3-2	4-6-1	W5
^Appalachian State	4-1	.800	131-64	6-7	.462	252-263	2-1	4-6	L1
The Citadel	2-3	.400	98-110	4-10	.286	240-350	3-4	1-6	L1
VMI	1-4	.200	85-132	1-13	.071	183-414	0-5	1-8	L12
Davidson	0-5	.000	47-184	9-9-1	.500	458-404	3-4-1	6-5	L1

^denotes regular-season champion

Individual Weight Class Breakdown

118 Pounds

	over	Pins	Dual	SC
Tony Hairston, ASU	20-6	5	8-1	4-1
Patrick Luke, UTC	11-7	0	2-5	2-1
Anthony Brooker, CIT	17-12	1	6-8	2-3
Corey Williams, UNCG	11-8	1	3-2	5-0

126 Pounds

	over	Pins	Dual	SC
Bob Hanson, UTC	24-4	1	11-4	3-0
Lamar Hanna, ASU	16-6	2	8-3	4-1
Billy Ahrens, CIT	11-6	4	5-4	2-1
Steve Wyniemiolo, ASU	10-6	3	0-0	0-0
Matt Branscom, CIT	9-6	4	1-3	1-1

134 Pounds

	over	Pins	Dual	SC
Jeremy Hart, ASU	20-4	6	4-2	0-0
Bobby Cook, UTC	20-5	1	8-5	4-0
Tony Nguyen, CIT	16-8	1	6-5	4-1
Lennin Vasquez, ASU	17-9	0	0-1	0-0
Erik Smith, ASU	4-2	0	5-2	4-1
Aaron Gilson, UNCG	8-8	0	5-1	1-3

142 Pounds

	over	Pins	Dual	SC
Rob Daly, ASU	6-1	0	6-1	5-0
Erik Smith, ASU	5-3	1	1-1	0-0
Mason Thornburg, UTC	9-6	0	4-5	3-1
Melvin Saunders, UNCG	15-12	0	3-3	1-2
Jim Wandsnider, UTC	8-8	1	1-5	0-0
Anthony Albert, DC	7-7	0	4-3	1-2

150 Pounds

	over	Pins	Dual	SC
Ian Kaplan, DC	19-1	7	13-0	5-0
Heath Eslinger, UTC	25-3	0	14-1	4-0
John Severe, UTC	15-4	0	1-0	0-0
Rob Daly, ASU	6-3	0	2-1	0-0
Trey Burlingame, UNCG	10-5	1	2-2	4-0
Peter Boccia, ASU	4-4	0	0-0	0-0

158 Pounds

	over	Pins	Dual	SC
Adam Duncan, UTC	17-12	3	7-8	2-2
Jarrod Fitzpatrick, VMI	7-5	0	6-3	3-1
Jason Brown, ASU	12-9	2	1-3	0-0
Ronald Williams, DAV	11-11	1	7-8	1-3

167 Pounds

	over	Pins	Dual	SC
Derek Strobel, ASU	4-1	0	4-1	2-1
Jeff Libersat, DC	16-7	2	9-4	1-3
Rob Fries, CIT	15-10	7	6-6	3-2
Jamie Hensch, UNCG	12-8	0	1-3	4-1
Ronnie Huitt, ASU	4-4	0	1-2	0-0

177 Pounds

	over	Pins	Dual	SC
Nathan Funk, UTC	23-7	2	9-5	5-0
Dax Pecaro, UNCG	14-6	2	4-2	3-1
Pat Hallwood, CIT	14-8	4	5-3	2-2
Eric Brown, ASU	5-5	3	1-3	0-1

190 Pounds

	over	Pins	Dual	SC
Isaac Moore, VMI	20-6	1	13-0	5-0
Greg Forbes, UNCG	20-6	1	5-2	4-1
Geoffrey McIntosh, ASU	4-2	1	0-0	0-0
Kevin Baltz, UTC	13-13	1	5-8	2-3
Scott Goodwin, CIT	10-10	2	4-5	0-2
Carl Barton, ASU	7-7	2	6-5	3-2

Heavyweight

	over	Pins	Dual	SC
Leslie Apedoe, VMI	28-3	3	13-0	5-0
Craig Stephenson, CIT	14-9	4	8-5	3-2
Ben Wall, DC	11-8	6	8-6	1-4
Pete Herold, UTC	15-13	2	7-9	2-3

1999 Wrestling Championship

Team Results

	Points
1. Chattanooga	92
2. UNC Greensboro	72.5
3. VMI	71
4. Appalachian St.	48.5
5. The Citadel	42
6. Davidson	13

Individual Tournament Results

(February 27, 1999 at Greensboro, NC, Fleming Gym)

Championship Finals

125-#1 Adrian Trautola, UTC def. #2 Oliver Ruiz, VMI, 9-4
 133-#1 Bobby Hanson, UTC def. #2 Mike Hawkes, UNCG, 11-2
 141-#2 Jeremy Hart, ASU def. #1 Bobby Cook, UTC, 10-4
 149-#1 Melvin Saunders, UNCG def. #2 Mason Thornburg, UTC, 15-6
 157-#1 Heath Eslinger, UTC def. #2 Matt Erwin, VMI, 4-2
 165-#5 Tim Ritchie, CIT def. #3 Kyle Spencer, ASU, 8-4
 174-#1 Jamie Hensch, UNCG def. #2 Bobby Stewart, CIT, 5-3
 184-#1 Dax Pecaro, UNCG def. #2 Pete Peterson, UTC, 7-4
 197-#1 Isaac Moore, VMI def. #2 Greg Forbes, UNCG, 3-2
 HWT-#1 Leslie Apedoe, VMI def. #2 Chad Staphenson, CIT, 9-5

Semifinals

125-#1 Adrian Tramutola, UTC def. #4 Kevin Bradley, UNCG, pin 2:36
 125-#2 Oliver Ruiz, VMI def. #3 Dan Carman, DAV, 6-2
 133-#1 Bobby Hanson, UTC def. #4 Lamar Hanna, ASU, pin, 4:30
 133-#2 Mike Hawkes, UNCG def. #3 Tremayne Austin, VMI, 5-4
 141-#1 Bobby Cook, UTC def. #5 Frank Lucero, VMI, 5-0
 141-#2 Jeremy Hart, ASU def. #3 Corey Williams, UNCG, 4-2
 149-#1 Melvin Saunders, UNCG def. #5 Dan Wilson, VMI, 9-5
 149-#2 Mason Thornburg, UTC def. #3 Tony Ngyuen, CIT, 3-2
 157-#1 Heath Eslinger, UTC def. #5 Terry Garbis, UNCG 8-0
 157-#2 Matt Erwin, VMI def. #3 Ian Kaplan, DAV, 2-1
 165-#5 Tim Ritchie, CIT def. #1 Gill Decher, VMI, 7-4
 165-#3 Kyle Spencer, ASU def. #2 Beau Baker, UTC, 9-8
 174-#1 Jamie Hensch, UNCG def. #5 Austen Palmer, VMI, 8-2
 174-#2 Bobby Stewart, CIT def. #3 Danny Beiting, ASU, 7-3
 184-#1 Dax Pecaro, UNCG def. #4 David Budlong, VMI, 14-5
 184-#2 Pete Peterson, UTC def. #3 Mike Regner, CIT, 7-4
 197-#1 Isaac Moore, VMI def. #4 Kevin Baltz, UTC, 8-0
 197-#2 Greg Forbes, UNCG def. #3 Geoff McIntosh, ASU, 2-1
 HWT-#1 Leslie Apadoe, VMI def. #4 A.J. Lyczkowski, UTC, 19-9
 HWT-#2 Chad Stephenson, CIT def. #3 Damon Parker, ASU, 6-0

Consolation Finals

125-#3 Dan Carman, DAV def. #5 Joe Perkins, ASU, 13-6
 125-#4 Kevin Bradley, UNCG def. #6 Justin Gainey, CIT, 5-3
 133-#5 Chris Ellis, CIT def. #3 Tremayne Austin, VMI, 9-3
 133-#4 Lamar Hanna, ASU def. #6 Miles Cox, DAV, 13-4
 141-#3 Corey Williams, UNCG def. #4 Anthony Brooker, CIT, 3-0
 141-#5 Frank Lucero, VMI def. #6 Ryan Owens, DAV, pin 0:52
 149-#4 Lenin Vasquez, ASU def. #3 Tony Ngyuen, CIT, 17-11
 149-#5 Dan Wilson, VMI def. #6 Anthony Albert, DAV, 5-4
 157-#3 Ian Kaplan, DAV def. #4 P.J. Boccia, ASU, 3-2
 157-#5 Terry Garbis, UNCG def. #6 Robby Bell, CIT, TF 16-0
 165-#2 Beau Baker, UTC def. #4 Chad Denton, UNCG, TF 20-3
 165-#1 Gill Decher, VMI def. #6 Alan Roe, DAV, 11-3
 174-#3 Danny Beiting, ASU def. #4 Rufus Baldwin, UTC, 3-0
 174-#5 Austen Palmer def. #6 Justin Perkinson, DAV, 14-6
 184-#3 Mike Renger, CIT def. #5 J.D. Kirby, ASU, 8-0
 184-#4 David Budlong, VMI def. #6 Nick Grainger, DAV, 17-3
 197-#3 Geoff McIntosh, ASU def. #5 Josh Porter, CIT, 16-3
 197-#4 Kevin Baltz, UTC def. #6 Chris Kramer, DAV, pin 3:26
 HWT-#5 Cedric Moore, UNCG def. #3 Damon Parker, ASU, 6-2
 HWT-#4 A.J. Lyczkowski, UTC def. Charles Waldron, DAV, pin 0:57

All-Tournament Team

125 - Adrian Tramutola, Chattanooga
 133 - Bobby Hanson, Chattanooga
 141 - Jeremy Hart, Appalachian State
 149 - Melvin Saunders, UNC Greensboro
 157 - Heath Eslinger, Chattanooga
 165 - Tim Ritchie, The Citadel
 174 - Jamie Hensch, UNC Greensboro
 184 - Dax Pecaro, UNC Greensboro
 197 - Isaac Moore, VMI
 HWT - Kevin Baltz, Chattanooga

1998-99 NCAA Wild Card Bids

157-Matt Erwin, VMI (WC)
 157-Ian Kaplan, Davidson (WC)



Reviewing the 1998-99 Regular Season

1998-99 SOUTHERN CONFERENCE WRESTLING STANDINGS (thru Regular Season)

Team	SoCon		Points		Overall		Points		Home	Road	Streak
	W-L	Pct.	Own-Opp	Own-Opp	W-L	Pct.	Own-Opp	Own-Opp			
*Appalachian State	4-1	.800	131	75	7-3	.700	239	164	5-0	2-3	W2
*Chattanooga	4-1	.800	140	67	7-5	.583	279	192	6-2	1-3	W5
*VMI	4-1	.800	124	62	8-4	.667	311	180	3-1	5-3	L1
UNC Greensboro	2-3	.400	120	87	5-5	.500	238	178	2-3	3-2	L3
The Citadel	1-4	.200	80	123	4-10	.286	210	360	1-4	3-6	L1
Davidson	0-5	.000	22	205	6-14	.300	292	596	2-2	4-12	L3

*denotes regular season champions

Individual Weight Class Breakdown

Weight Class	Overall	Pins	Dual	SC	Weight Class	Overall	Pins	Dual	SC
125 Pounds					165 Pounds				
Adrian Tramutola, UTC	7-1	1	7-1	5-0	Gill Decher, VMI	14-13	3	5-6	5-0
Oliver Ruiz, VMI	17-12	3	8-3	4-1	Beau Baker, UTC	2-0	2	3-0	3-1
Miles Cox, DAV	7-3	1	4-3	2-0	Chad Denton, UNCG	n/a	0	1-4	3-0
Joe Perkins, ASU	10-12	3	4-2	2-2	Kyle Spencer, ASU	16-10	3	6-3	4-1
Dan Carman, DAV	6-6	0	3-5	1-2	Tim Ritchie, CIT	2-4	1	1-2	1-2
Kevin Bradley, UNCG	n/a	1	3-3	1-3	Pete Peterson, UTC	3-8	0	1-6	0-1
Robby Woockman, ASU	0-3	0	0-1	0-1	Billy Osborne, UNCG	n/a	0	0-1	0-1
Justin Gainey, CIT	5-15	3	2-10	0-5	Pete Peterson, UTC	8-12	0	3-6	0-1
					Tommy Bell, CIT	4-9	0	1-7	0-2
					Alan Roe, DAV	9-18	1	4-15	0-5
133 Pounds					174 Pounds				
Bobby Hanson, UTC (#8)	23-2	1	15-2	5-0	Jamie Hersch, UNCG	n/a	1	2-0	5-0
Mike Hawkes, UNCG	n/a	0	5-1	3-1	Bobby Stewart, CIT	21-7	4	9-3	4-1
Lamar Hanna, ASU	10-12	3	5-4	3-2	Danny Beiting, ASU	11-13	1	4-4	3-2
Tremayne Austin, VMI	12-13	1	5-6	2-3	Brian Toney, VMI	5-15	1	1-7	1-1
Chris Ellis, CIT	12-10	4	6-6	2-3	Rufus Baldwin, UTC	2-8	0	2-8	2-3
Dan Carman, DAV	5-5	0	2-4	0-2	Austen Palmer, VMI	4-9	0	0-3	0-3
Miles Cox, DAV	0-5	0	0-5	0-3	Justin Perkinson, DAV	3-21	1	1-17	0-5
141 Pounds					184 Pounds				
Lenin Vasquez, ASU	14-6	2	1-0	1-0	Dax Pecaro, UNCG	7-1	1	5-1	5-0
Bobby Cook, UTC	4-0	0	4-0	4-1	Pete Peterson, UTC	2-0	1	2-0	3-0
Jeremy Hart, ASU	20-6	7	6-1	3-1	Scott Goodwin, CIT	7-4	2	4-2	1-0
Corey Williams, UNCG	n/a	0	3-1	3-1	Michael Regner, CIT	11-6	2	3-1	2-1
Anthony Brooker, CIT	14-9	1	6-7	2-3	Pete Meginnis, ASU	2-2	0	2-2	2-2
Frank Lucero, VMI	10-13	2	6-5	2-3	David Budlong, VMI	9-12	3	5-6	2-3
Ryan Owens, DAV	0-8	0	0-8	0-2	J.D. Kirby, ASU	1-2	0	1-2	0-1
Harley Friedman, DAV	2-10	1	0-8	0-3	Joe Lovier, CIT	0-9	0	0-4	0-1
					Andrew Friedman, DAV	0-10	0	0-8	0-3
149 Pounds					197 Pounds				
Melvin Saunders, UNCG	n/a	2	5-1	4-0	Isaac Moore, VMI	26-7	1	11-0	5-0
Lenin Vasquez, ASU	1-1	0	1-1	1-0	Greg Forbes, UNCG	n/a	0	5-1	4-1
Dan Wilson, VMI	15-13	3	5-6	3-2	Kevin Baltz, UTC	3-0	1	2-1	2-3
Mason Thornburg, UTC	2-1	0	2-1	3-1	Geoff McIntosh, ASU	11-10	3	5-4	3-2
Andy Putman, ASU	18-8	1	4-2	2-2	Ed Knot, CIT	3-8	2	1-4	1-1
Anthony Aubert, DAV	10-9	1	8-8	2-3	Jeff Storms, DAV	7-7	5	4-5	0-1
Josh Mau, CIT	0-1	0	0-1	0-1	Scott Goodwin, CIT	2-3	1	0-1	0-1
Tony Nguyen, CIT	8-4	3	0-1	0-1	Josh Porter, CIT	3-10	1	0-6	0-2
John Severa, UTC	5-5	1	2-3	0-1	Chris Kramer, DAV	0-2	0	0-2	0-2
Anthony Del Priore, CIT	3-13	0	2-6	0-3					
157 Pounds					285 Pounds				
Heath Eslinger, UTC (#15)	26-2	4	11-1	5-0	Leslie Apedoe, VMI (#4)	27-3	3	11-0	5-0
Matt Erwin, VMI	22-6	5	9-1	3-1	Chad Stephenson, CIT	14-3	4	10-2	4-1
Ian Kaplan, DAV	17-2	7	14-2	2-1	Damon Parker, ASU	8-12	2	4-5	3-2
P.J. Boccia, ASU	22-13	2	5-4	2-3	Tom Benson, UNCG	n/a	0	1-1	1-1
Robby Bell, CIT	7-14	1	3-9	2-3	AJ Lyczkowski, UTC	8-8	5	4-6	2-3
Terry Garbis, UNCG	n/a	2	3-3	1-3	Cedric Moore, UNCG	n/a	1	1-5	0-3
Chris Johnson, UNCG	n/a	0	0-1	0-1	Charles Waldron, DAV	3-16	3	1-14	0-4
Stuart Patterson, VMI	0-1	0	0-1	0-1					
Jeff Bender, DAV	0-2	0	0-2	0-2					

(#) National Ranking by Amateur Wrestling News (2/16)

2000 Wrestling Championships



Team Results

Team Finish	Points
1. Chattanooga	102.5
2. Appalachian State	80
3. UNC Greensboro	70.5
4. VMI	54.5
5. The Citadel	26.5
6. Davidson	16.5

Finals

125- #1 Adrian Tramutola, UTC def. #3 Richard Caisse, ASU, 10-5
133- #2 Bobby Hanson, UTC pinned #1 Oliver Ruiz, VMI, 2:42
141- #1 Jeremy Hart, ASU def. #2 Joe Herron, UNCG, 6-3
149- #1 Melvin Saunders, UNCG def. #2 Adam Britt, VMI, 6-4
157- #2 P.J. Boccia, ASU def #1 Ian Kaplan, DAV, 2-1
165- #1 Heath Eslinger, UTC def. #2 Matt Erwin, VMI, 2-1
174- #1 Austen Palmer, VMI def. #2 Adam Duncan, UTC, 7-6
184- #1 Dax Pecaro, UNCG def. #3 Mike Regner, CIT, 8-2
197- #1 Josh Lambrecht, UTC def. #2 Geoff McIntosh, ASU, 12-0
HWT- #1 Kevin Baltz, UTC def. #2 David Walker, VMI, 15-7

Semifinals

125- #1 Adrian Tramutola, UTC def. #4 Miles Cox, DAV, 20-7
125- #3 Richard Caisse, ASU def. #2 Levi Spellman, VMI, 8-2
133- #1 Oliver Ruiz, VMI def. #4 Corey Williams, UNCG, 7-3
133- #2 Bobby Hanson, UTC def. #3 David Hopper, ASU, 12-3
141- #1 Jeremy Hart, VMI pinned #4 Anthony Brooker, CIT, 4:38
141- #2 Joe Herron, UNCG def #3 Mason Thornburg, UTC, 5-2
149- #1 Melvin Saunders, UNCG def. Justin Bellman, CIT, 16-8
149- #2 Adam Britt, VMI, def. #3 Andy Putnam, ASU, 14-3
157- #1 Ian Kaplan, DAV def. #4 Beau Baker, UTC, 5-3
157- #2 P.J. Boccia, ASU pinned #3 Robby Bell, CIT, 6:42
165- #1 Heath Eslinger, UTC def. #4 Terry Garbis, UNCG, 18-1
165- #2 Matt Erwin, VMI def. #3 Mark Fee, ASU, 15-13
174- #1 Austen Palmer, VMI def. #5 Jon Gross, CIT, 13-11
174- #2 Adam Duncan, UTC def. #3 Bill Kopecky, UNCG, 9-6
184- #1 Dax Pecaro, UNCG def. #4 Nathan Funk, UTC, 8-3
184- #3 Mike Regner, CIT def. #2 Dale Griffin, VMI, 7-1
197- #1 Josh Lambrecht, UTC pinned #4 Brian Toney, VMI, 5:52
197- #2 Geoff McIntosh, ASU def. #3 Matt Dunn, UNCG, 8-2
HWT- #1 Kevin Baltz, UTC def. #4 John Kimble, UNCG, 14-4
HWT- #2 David Walker, VMI def. #3 Lewis Polley, ASU, 7-6

Consolation Finals

125- #4 Miles Cox, DAV def. #5 Kevin Bradley, UNCG, 10-4
133- #4 Corey Williams, UNCG def. #3 David Hopper, ASU, 4-3
141- #3 Mason Thornburg, UTC def. #4 Anthony Brooker, CIT 9-0
149- #3 Andy Putnam, ASU fall, #4 Justin Bellman, CIT, 5:49
157- #4 Beau Baker, CIT def. #3 Robby Bell, CIT, 6:42
165- #3 Mark Fee, CIT def. #4 Terry Garbis, UNCG, 18-3
174- #3 Bill Kopecky, UNCG fall Jon Gross, CIT, 2:32
184- #5 J.D. Kirby, ASU def. #4 Nathan Funk, UTC, Inj.
197- #3 Matt Dunn, UNCG def. #4 Brian Toney, VMI, 7-2
HWT- #3 Lewis Polly, ASU def. #4 John Kimble, UNCG, 7-6

All-Tournament Team

125 - Adrian Tramutola, Chattanooga
133 - Bobby Hanson, Chattanooga
141 - Jeremy Hart, Appalachian State
149 - Melvin Saunders, UNC Greensboro
157 - P.J. Boccia, Appalachian State
165 - Heath Eslinger, Chattanooga
174 - Austen Palmer, VMI
184 - Dax Pecaro, UNC Greensboro
197 - Josh Lambrecht, Chattanooga
HWT - Kevin Baltz, Chattanooga

Most Outstanding Wrestler: Heath Eslinger, Chattanooga
Coach of the Year: John Trudegeon
Freshman of the Year: Josh Lambrecht
Wrestler of the Year: Heath Eslinger

Reviewing the 1999-00 Regular Season

1999-2000 SOUTHERN CONFERENCE WRESTLING STANDINGS

(Final Regular Season Standings)

Team	SoCon		Points		Overall		Points		Home	Road	Streak
	W-L	Pct.	Own-Opp	W-L	Pct.	Own-Opp					
*Chattanooga	5-0-0	1.000	151-58	10-2-0	.833	336-163	3-0	2-1	W3		
VMI	4-1-0	.800	133-76	6-7-0	.462	250-278	1-4	4-2	L1		
Appalachian State	3-2-0	.600	185-96	7-10-0	.412	311-358	2-3	2-4	L1		
UNC Greensboro	2-3-0	.400	96-97	4-4-0	.500	166-143	3-2	1-2	L3		
The Citadel	1-4-0	.200	77-120	2-11-2	.200	225-391	1-4-1	1-4-1	L1		
Davidson	0-5-0	.000	35-185	3-12-0	.231	184-449	1-4	1-4	L6		

*Southern Conference Regular Season Champions

Weight	Overall	Pins	Dual	SC	Weight	Overall	Pins	Dual	SC
125 Pounds					165 Pounds				
#!Adrian Tramutola, UTC	14-5	1	11-1	7-0	#!Heath Eslinger, UTC	18-3	6	12-0	7-0
Richard Caisse, ASU	13-12	0	7-7	4-3	Jeff Healy, CIT	4-6	0	1-2	1-0
Levi Spellman, VMI	15-15	1	5-6	4-3	#Matt Erwin, VMI*	22-13	2	9-3	5-1
Miles Cox, DAV	9-9	0	5-8	5-4	Mark Fee, ASU*	15-10	4	6-7	6-3
Kevin Bradley, UNCG	5-11	0	1-2	2-3	Terry Garbis, UNCG	3-6	0	1-3	3-6
Andrew Norris, CIT	5-26	0	1-13	1-6	Tommy Bell, CIT	7-18	2	4-8	1-5
Joe Perkins, ASU	0-4	0	0-3	0-1	Eric Plunkett, UNCG	0-1	0	0-1	0-1
Wes Gibson, UNCG	0-8	0	0-4	0-3	Brandon Waltrip, VMI	0-1	0	0-1	0-1
					Jeff Bender, DAV	9-17	0	2-8	0-7
133 Pounds					174 Pounds				
#!Bobby Hanson, UTC	2-0	1	0-0	2-0	#!Austin Palmer, VMI*	26-13	1	9-3	6-0
Travis Drake, ASU	6-3	0	2-0	1-0	Matt Erwin, VMI*	1-0	0	1-0	1-0
Lamar Hanna, ASU	9-5	1	1-1	1-0	#Adam Duncan, UTC	9-5	3	8-4	5-2
Oliver Ruiz, VMI*	11-16	1	6-6	5-1	Bill Kopecky, UNCG	16-12	5	4-3	6-3
Corey Williams, UNCG	15-9	1	6-1	7-2	Jon Gross, CIT	12-17	1	5-8	3-6
Jim Casey, UTC	9-8	1	5-6	2-2	Kyle Spencer, ASU*	8-14	3	3-9	2-5
Davey Blake, ASU	3-5	1	2-3	1-1	Ed Haas, DAV	3-15	0	1-10	0-2
David Hopper, ASU	7-7	3	4-3	2-3	Alan Roe, DAV	0-6	0	0-4	0-5
Clarence Davis, CIT	6-17	1	3-9	1-6					
Chris Light, UTC	0-1	0	0-1	0-1	184 Pounds				
Dan Carman, DAV	3-11	0	3-7	0-7	#!Dax Pecaro, UNCG	24-8	5	7-0	7-0
					Austin Palmer, VMI*	1-0	0	1-0	1-0
141 Pounds					J.D. Kirby, ASU	2-1	0	0-0	2-1
#!Jeremy Hart, ASU	30-4	9	15-1	7-0	#Mike Renger, CIT	20-14	4	8-4	5-3
Tremayne Austin, VMI*	2-4	0	1-4	1-0	Dale Griffin, VMI	16-13	7	6-4	3-2
Mason Thornburg, UTC	11-5	1	8-4	6-3	Nathan Funk, UTC	8-8	5	6-6	4-5
Anthony Brooker, CIT	18-19	0	6-9	5-4	Lucas Smith, ASU	3-15	0	3-11	1-2
#Joe Herron, UNCG	11-7	1	3-1	2-3	Paul Hunter, VMI*	0-1	0	0-1	0-1
Grant Doornbos, DAV	10-11	2	7-6	1-6	Brenton Seaman, ASU	9-9	0	1-4	0-2
Will Richardson, VMI	3-6	1	0-3	0-1	Wes Wootton, DAV	9-13	1	5-8	0-7
Wade Cecil, UNCG	0-3	0	0-3	0-2					
Rob Bowman, VMI	2-5	1	0-2	0-4	197 Pounds				
					#!Josh Lambrecht, UTC	18-3	6	11-1	7-0
149 Pounds					Pat Hallwood, CIT	21-6	9	7-1	2-0
Brandon Bemtley, VMI	7-6	0	2-1	1-0	Dale Griffin, VMI	2-2	2	1-1	1-0
#!Melvin Saunders, UNCG	19-8	0	6-1	6-1	Geoff McIntosh, ASU	24-9	11	12-4	5-2
Andy Putnam, ASU	18-15	2	7-9	7-2	Brian Toney, VMI*	4-5	1	2-3	3-4
Adam Britt, VMI	19-9	8	6-3	3-2	Matt Dunn, UNCG	10-11	3	3-4	4-5
Justin Bellman, CIT	14-12	3	10-4	4-5	Ed Knote, CIT	1-7	0	1-5	1-4
Anthony Albert, DAV	8-7	0	7-3	2-5	Lewis Polley, ASU*	6-7	1	0-1	0-1
Kennon Kincaid, VMI	1-3	0	0-1	0-1	Paul Hunter, VMI	0-1	0	0-1	0-1
Jorge Vigo, UTC	0-9	0	0-7	0-7	Bo Bickerstaff, DAV	2-14	2	0-10	0-7
157 Pounds					Heavyweight				
Ian Kaplan, DAV	20-8	5	10-2	6-1	AJ Lyczkowski, UTC	4-3	0	4-3	4-0
#!P.J. Boccia, ASU	15-13	2	7-8	5-2	#!Kevin Baltz, UTC	3-2	0	1-0	3-0
Beau Baker, UTC	13-7	1	4-4	5-4	Ryan Scott, ASU	4-15	0	1-9	1-0
Robby Bell, CIT	20-16	1	9-6	4-4	David Walker, VMI*	5-2	0	6-2	4-1
Gregg Fox, UNCG	7-11	1	2-4	2-6	Lewis Polley, ASU	6-4	0	3-3	5-2
Gill Decher, VMI	10-19	1	4-8	1-6	John Kimble, UNCG	2-2	1	0-0	2-2
Eric Plunkett, UNCG	1-5	0	1-2	0-2	Brian King, UNCG	6-10	0	2-4	2-3
					Troy Barteges, CIT*	5-16	1	2-9	1-6
					Geoff McIntosh, ASU	0-1	0	0-1	0-1

2001 Wrestling Championship

Team Results

Team Finish	Points
1. Appalachian State	113.5
2. Chattanooga	77
3. VMI	49
4. The Citadel	48.5
5. UNC Greensboro	37.5
6. Davidson	16.5

Individual Tournament Results

Chapel Hill, NC

Championship Finals

- 125 - Rich Caisse (ASU) dec. Josh Hooker (UTC), 6-3
- 133 - Travis Drake (ASU) dec. Oliver Ruiz (VMI), 12-2
- 141 - Jeremy Hart (ASU) dec. Jared Sullivan (UTC), 7-2
- 149 - Adam Britt (VMI) tech. fall Davey Blake (ASU), 16-0
- 157 - P.J. Boccia (ASU) dec. Robby Bell (CIT), 6-1
- 165 - Mark Fee (ASU) dec. Jacob Inge (VMI), 4-1
- 174 - Mike Regner (CIT) dec. Quantel Langford (UTC), 3-0
- 184 - Adam Duncan (UTC) dec. Sean McIntosh (ASU), 5-4
- 197 - David Tyner (UTC) dec. Geoff McIntosh (ASU), 1-1, 2OT
- HWT - John Kimble (UNCG) dec. Danny Misenheimer (ASU), 3-2

Semifinals

- 125 - Rich Cassie (ASU) dec. Brandon Gates (CIT), 5-2
- 125 - Josh Hooker (UTC) fall Juan Sanchez (VMI), 6:30
- 133 - Travis Drake (ASU) fall Andrew Norris (CIT), 4:41
- 133 - Oliver Ruiz (VMI) dec. Ryan Mays (UTC), 4-2
- 141 - Jared Sullivan (UTC) fall Grant Doornbos (DAV), 2:42
- 141 - Jeremy Hart (ASU) dec. Corey Williams (UNCG), 3-2
- 149 - Adam Britt (VMI) fall Anthony Albert (DAV), 2:51
- 149 - Davey Blake (ASU) dec. Justin Bellman (CIT), 8-7
- 157 - Robby Bell (VMI) dec. Jeff Bender (DAV), 17-3
- 157 - P.J. Boccia (ASU) dec. Joe Scolaro (UNCG), 6-2
- 165 - Jacob Inge (VMI) dec. Nat Parmenter (UNCG), 5-2
- 165 - Mark Fee (ASU) fall Craig Johnson (UTC), 1:08
- 174 - Mike Regner (CIT) dec. Terry Garbis (UNCG), 11-2
- 174 - Quantel Langford (UTC) dec. Kyle Spencer (ASU), 11-4
- 184 - Adam Duncan (UTC) fall Jon Gross (CIT), 2:05
- 184 - Sean McIntosh (ASU) fall Jeff Libersat (DAV), 5:55
- 197 - Geoff McIntosh (ASU) dec. Wallace DuVall (UNCG), 6-4
- 197 - David Tyner (UTC) dec. Jason Cox (VMI), 8-2
- HWT - Danny Misenheimer (ASU) fall Shawn Reynolds (DAV), 2:42
- HWT - John Kimble (ASU) fall A.J. Lyczkowski (UTC), 2:21

Consolation Finals

- 125 - Brandon Gates (CIT) dec. Juan Sanchez (UNCG), 115
- 133 - Ryan Mays (UTC) dec. Andrew Norris (CIT), 12-5
- 141 - Corey Williams (UNCG) dec. Levi Spellman (VMI), 8-3
- 149 - Justin Bellman (CIT) dec. Anthony Albert (DAV), 7-2
- 157 - Joe Scolaro (UNCG) dec. Jorge Vigo (UTC), 7-6
- 165 - Craig Johnson (UTC) dec. Keith Clifton (CIT), 5-2
- 174 - Kyle Spencer (ASU) dec. Terry Garvis (UNCG), 9-4
- 184 - Jon Gross (CIT) dec. Jeff Libersat (DAV), 8-3
- 197 - Jason Cox (VMI) dec. Wallace DuVall (UNCG), 9-3
- HWT - A.J. Lyczkowski (UTC) fall Shawn Reynolds (DAV), 1:36

All-Tournament Team

- 125 - Rich Cassie, Appalachian State
- 133 - Travis Drake, Appalachian State
- 141 - Jeremy Hart, Appalachian State
- 149 - Adam Britt, VMI
- 157 - P.J. Boccia, Appalachian State
- 165 - Mark Fee, Appalachian State
- 174 - Mike Regner, The Citadel
- 184 - Adam Duncan, Chattanooga
- 197 - David Tyner, Chattanooga
- HWT - John Kimble, UNC Greensboro

Coach-of-the-Year: Paul Mance, ASU

Wrestler-of-the-Year: Travis Drake, ASU

Freshman-of-the-Year: Jared Sullivan, Chattanooga

Tournament Outstanding Wrestler: Jeremy Hart, ASU

Reviewing the 2000-01 Regular Season

2000-2001 SOUTHERN CONFERENCE WRESTLING STANDINGS

(Final Regular Season Standings)

Team	SoCon		Points	Overall		Points	Home	Road	Streak
	W-L	Pct.	Own-Opp	W-L	Pct.	Own-Opp			
Appalachian State	5-0	1.000	152-41	8-5	.615	307-186	5-1	3-3	L1
Chattanooga	4-1	.800	141-57	6-7	.462	267-219	2-0	1-4	W4
UNC Greensboro	2-3	.400	59-98	5-7	.417	169-322	1-3	2-3	L2
The Citadel	2-3	.400	98-100	5-15	.250	309-459	3-7	1-6	L2
VMI	2-3	.400	95-110	2-11	.154	175-370	1-3	1-5	L1
Davidson	1-5	.000	39-166	6-13	.316	300-461	1-5	1-6	L8

125 Pounds	Overall	Pins	Dual	SC
Rich Caisse, ASU	16-4		10-2	5-0
Brandon Gates, CIT	10-18	2	6-9	3-2
Juan Sanchez, VMI	21-16	1	5-6	2-3
Dan Carman, DAV	16-13	1	11-8	2-3
Tony Stewart, UNCG	11-15	1	5-8	1-4
Josh West, UTC	7-2	1	4-0	
*Levi Spellman, VMI	5-4	1	2-2	
Clarence Davis, CIT	2-1	2		
Joey Guiler, UTC	1-2	1	1-2	
*Jon Herring, ASU	1-2			
B.J. Malone, UTC	1-2		1-2	
Mike Mishoe, CIT	1-3		1-3	
*Wes Gibson, UNCG	0-1			
Ron Jackson, ASU	0-4			
Josh Hooker, UTC	8-4		5-2	2-1

133 Pounds	Overall	Pins	Dual	SC
Travis Drake, ASU	22-8	4	9-2	5-0
Ryan Mays, UTC	9-7	2	8-5	4-1
*Oliver Ruiz, VMI	8-14	3	3-6	1-0
Andrew Norris, CIT	10-18	1	7-10	2-2
Wade Cecil, UNCG	4-16		2-11	1-4
Nick Merritt, CIT	3-0		1-0	
*Davey Blake, ASU	1-0			
Josh West, UTC	2-2		1-0	
Ben Smith, UTC	2-2	2		
*Wes Gibson, UNCG	2-4			
Andy Oliveira, UTC	0-2			
Matthew Pitts, UTC	0-2			
*Jon Herring, ASU	0-6		0-2	
*Levi Spellman, VMI	0-2		0-2	0-2
Steve Root, DAV	7-20	2	5-14	0-5

141 Pounds	Overall	Pins	Dual	SC
Jared Sullivan, UTC	8-2	3	8-2	5-0
*Corey Williams, UNCG	15-8	1	9-3	4-1
*Oliver Ruiz, VMI	1-0		1-0	1-0
Jeremy Hart, ASU	9-2	2	9-2	3-2
*Tony Peters, VMI	10-19	1	2-7	2-1
Warren Cheely, UTC	1-2		1-2	1-2
Justin Byczek, CIT	4-19		2-12	1-3
*Anthony Warren, UNCG		7-4		0-2
Carlos Garcia, ASU	4-2			
Jim Casey, UTC	5-3		2-1	
*Davey Blake, ASU	3-3			
*Stephen Wyniemko, ASU		3-7		1-1
Anthony DelPriore, CIT	2-8		0-4	
Joel Northen, ASU	1-4			
Russell Gochenhour, VMI		0-1		0-1
Grant Doornbos, DAV	6-19	2	5-13	0-5

149 Pounds	Overall	Pins	Dual	SC
*Adam Britt, VMI	27-7	5	11-1	4-0
David Hopper, ASU	12-5	3	4-1	2-0
*Tony Peters, VMI	1-0		1-0	1-0
*Stephen Wyniemko, ASU		1-0		1-0
*Davey Blake, ASU	3-4	1	3-4	2-1
Justin Bellman, CIT	14-15		8-7	2-2
Dustin Ward, UTC	5-7		3-5	2-3
*Anthony Albert, DAV	5-7		3-5	1-3
Wayne Watts, CIT	6-8		0-1	
Andy Putnam, ASU	8-4	1		
Chris Johnston, UNCG	3-2	2		
Vince Bartges, CIT	7-8	1	0-2	
Gregg Fox, UNCG	3-7		0-2	0-1
Josh Mau, CIT	2-3	1		
*Joe Scolaro, UNCG	2-5	1		
Ben Smith, UTC	0-1		0-1	
*Corey Williams, UNCG	0-1		0-1	
Daniel Belzer, VMI	0-2		0-2	
Brian Sperry, DAV	3-10		3-8	0-1
*Anthony Warren, UNCG	2-7		2-7	0-4

157 Pounds	Overall	Pins	Dual	SC
PJ Boccia, ASU	19-9		10-2	4-1
*Joe Scolaro, UNCG	4-2	1	4-2	1-0
*Adam Britt, VMI	1-0		1-0	1-0
Robby Bell, CIT	18-10	6	12-6	3-1
Jorge Vigo, UTC	6-10		4-8	3-2
Jeff Bender, DAV	15-14	1	9-8	2-2
*Brian Werstler, DAV	4-3	1		
*Anthony Albert, DAV	2-2			
Anthony Worley, ASU	4-4	3		
Bryan Vaught, CIT	2-4			
*Chris Bird, UTC	1-2			
*Terry Garbis, UNCG	1-3	1		
Andre Mulligan, UTC	1-2			
*Adam Sperling, DAV	2-5	1		
Steve Fox, ASU	3-7			
Greg Fox, UNCG	0-2		0-2	
Justin Trenta, VMI	0-2			
Victor Cotto, CIT	0-3			
Kennon Kincaid, VMI	2-4		0-1	0-1
Ryan Owens, DAV	1-3		1-1	0-1
*Jason Northen, ASU	0-1		0-1	
*Tony Peters, VMI	0-1		0-1	0-1
Keith Ritter, UNCG	1-4		1-4	0-3
Keith Yull, VMI	4-14	2	1-5	0-2

Reviewing the 2000-01 Regular Season

165 Pounds	Overall	Pins	Dual	SC
Jacob Inge, VMI	16-13	1	7-6	5-0
Craig Johnson, UTC	6-3		6-3	4-1
Nate Parmenter, UNCG	5-17	1	2-11	2-3
*Mark O'Hair, DAV	9-8	1	2-6	2-2
J.D. Kirby, ASU	2-8		2-8	2-3
Keith Clifton, CIT	13-20	2	5-10	1-3
Mark Fee, ASU	8-5		3-0	
Cardin Smith, UTC	2-1	1	2-1	
*Chris Bird, UTC	2-3	1	1-1	
*Adam Sperling, DAV	2-3		0-1	
Quinten Bell, UTC	2-2			
Gary Brandt, DAV	2-3			
Josh Allman, ASU	1-4			
Jeff Healy, CIT	1-5	0		
*Brian Werstler, DAV	3-6	1	3-6	0-1

174 Pounds	Overall	Pins	Dual	SC
*Mike Regner, CIT	20-12	7	12-6	4-0
*Adam Sperling, DAV	1-0		1-0	1-0
*Terry Garbis, UNCG	3-4	1	3-4	1-1
Quantel Langford, UTC	8-8		7-6	4-1
Luke Bialy, UNCG	5-8	1	2-3	2-1
Kyle Spencer, ASU	11-12		5-8	2-3
*Mark O'Hair, DAV	6-2	1	6-2	
*Sean McIntosh, ASU	8-3	2		
*Adam Padgett, CIT	2-2		0-1	
Gabe Hensley, VMI	1-4		1-4	
*Jon Gros, CIT	3-11	1	0-4	
James Rose, CIT	1-6		0-1	
Todd Lyle, CIT	0-2			
*Ed Haas, DAV	0-2			
Adam Maneen, VMI	0-4		0-4	0-4
*Brian Werstler, DAV	4-9	1	2-8	0-4

184 Pounds	Overall	Pins	Dual	SC
Adam Duncan, UTC	9-6	4	9-4	5-0
*Josh Bocks, UNCG	6-10		4-4	2-0
*Sean McIntosh, ASU	7-6	1	7-6	4-1
*Jeff Libersat, DAV	16-4	1	14-3	2-3
* Jason Cox, VMI	18-20	5	2-10	1-3
*Jon Gros, CIT	5-17	1	2-8	1-2
Austin Palmer, VMI	4-0			
*Adam Sperling, DAV	1-0		1-0	
*Mike Regner, CIT	2-1	1	2-1	
John Bohern, CIT	1-9		0-3	
*Terry Garbis, UNCG	0-2		0-2	
*Todd Lyle, CIT	0-2			
*Wallace DuVall, UNCG	0-3			
*Daniel Salter, ASU	0-4			
Mark Hobbs, ASU	0-6			
*Adam Padgett, CIT	3-10	2	1-5	0-1
*Luke Bialy, UNCG	0-3		0-3	0-2

197 Pounds	Overall	Pins	Dual	SC
Geoff McIntosh, ASU	8-4	4	8-4	5-0
David Walker, VMI	5-4	4	1-0	1-0
* Jason Cox, VMI	1-0	1	1-0	1-0
*Brian Toney, VMI	8-14		5-7	4-1
David Tyner, UTC	7-5	3	5-3	3-1
Jordan Everett, CIT	16-19	8	7-11	2-2
*Wallace DuVall, UNCG	2-6		2-6	1-3
*Jeff Libersat, DAV	2-2	1	2-0	
*Adam Sperling, DAV	1-3		1-3	
Matt Dunn, UNCG	4-6			
* Chris Bird, UTC	0-1		0-1	0-1
*Daniel Salter, ASU	0-1		0-1	
Jeremy Edwards, UNCG	0-3		0-3	
*Josh Bocks, UNCG	0-2		0-2	0-2
*Ed Haas, DAV	0-10		0-10	0-5

Heavyweight	Overall	Pins	Dual	SC
Danny Misenheimer, ASU		6-7	5	5-3
*Brian Toney, VMI	1-0		1-0	1-0
Troy Bartges, CIT	7-22	2	3-14	2-2
Shawn Reynolds, DAV	10-12	4	8-10	1-3
*Daniel Salter, ASU	2-1		2-1	
Lewis Polley, ASU	2-3		1-1	
Brian King, UNCG	5-9		0-1	
Nick Collins, CIT	0-1		0-1	
Curtis Booth, VMI	0-7		0-3	0-2
AJ Lyczkowski, UTC	4-7	4	4-5	3-2
John Kimble, UNCG	9-10	3	6-6	3-2

2002 Wrestling Championships

Team Results

Team Finish	Points
1. Chattanooga	72
2. VMI	70
3. The Citadel	62.5
4. Appalachian State	61.5
5. UNC Greensboro	28
6. Davidson	16.5

Individual Tournament Results

(Hosted by NC State, Raleigh, NC)

Finals

125 - #1 Matt Pitts (UTC) dec. #3 Brandon Gates (CIT), 5-3
 133 - #1 Travis Drake (ASU) maj. dec. #2 Sean Markey (CIT), 17-6
 141 - #1 Jared Sullivan (UTC) def. #2 Mark DiSalvo (VMI)
 149 - #2 Wayne Watts (CIT) dec. #1 Mike Parsons (VMI), 4-3
 157 - #1 Adam Britt (VMI) dec. #3 P.J. Boccia (ASU), 7-3
 165 - #1 Mark Fee (ASU) maj. dec. #2 Craig Johnson (UTC), 8-0
 174 - #1 Matt Erwin (VMI) dec. #2 Lee Roper (ASU), 5-2
 184 - #3 Quantel Langford (UTC) dec. #1 Jason Cox (VMI), 6-5
 197 - #1 David Austin (UTC) dec. #2 Jordan Everett (CIT), 4-2 OT
 HWT - #1 Greg Forbes (UNCG) dec. #2 Billy Linane (CIT), 6-3

Consolation Finals

125 - #2 Richard Caisse (ASU), dec. Tony Stewart (UNCG), 3-2
 133 - #3 Oliver Ruiz (VMI) dec. #5 Wes Gibson (UNCG), 5-3
 141 - #3 Jason Jones (ASU) dec. #4 Mike Martinez (CIT), 9-5
 149 - #6 Grant Doornbos (DAV) dec. #3 Pat Carr (UTC), 6-5
 157 - #2 Quentin Bell (UTC) dec. #4 Jeff Bender (DAV), 7-4
 165 - #3 Mike Regner (CIT) m. dec. #5 Brian Mullaney (UNCG), 9-0
 174 - #4 Mark O'Hair (DAV) dec. #5 Chris Bird (UTC), 2-1
 184 - #2 Sean McIntosh (ASU) dec. #5 Terry Garbis, (UNCG), 4-2
 197 - #2 Brian Toney (VMI) dec. #5 Ryan Midgett (UNCG), 6-2
 HWT - #4 David Walker (VMI) dec. #3 Curtis Carter (UTC), 3-1

Semifinals

125 - #1 Matt Pitts dec. #5 Tony Stewart (UNCG), 10-6
 125 - #3 Brandon Gates dec. Richard Caisse (ASU), 5-3
 133 - #1 Travis Drake (ASU) maj. dec. #5 Wes Gibson (UNCG), 16-5
 133 - #2 Sean Markey (CIT) fall #3 Oliver Ruiz (VMI), 1:30
 141 - #1 Jared Sullivan (UTC) fall #4 Mike Martinez (CIT), 1:57
 141 - #2 Mark DiSalvo (VMI) dec. #3 Jason Jones (ASU), 7-2
 149 - #1 Mike Parsons (VMI) dec. #4 Keith Ritter (UNCG), 9-3
 149 - #2 Wayne Watts (CIT) fall #6 Grant Doornbos (DAV), 1:20
 157 - #1 Adam Britt (VMI) tech. fall #4 Jeff Bender (DAV), 17-1
 157 - #3 P.J. Boccia (ASU) dec. Quentin Bell (UTC), 5-4
 165 - #1 Mark Fee (ASU) fall #5 Brian Mullaney (UNCG), :40
 165 - #2 Craig Johnson (UTC) dec. #3 Mike Regner (CIT), 5-2
 174 - #1 Matt Erwin (VMI) maj. dec. #4 Mark O'Hair (DAV), 9-1
 174 - #2 Lee Roper (ASU) dec. #6 James Rose (CIT), 7-2
 184 - #1 Jason Cox (VMI) fall #5 Terry Garbis, (UNCG), :29
 184 - #3 Quantel Langford (UTC) dec #2 Sean McIntosh (ASU), 6-4
 197 - #1 Austin David (UTC) dec. #5 Ryan Midgett (UNCG), 5-2
 197 - #2 Brian Toney (VMI) dec. #3 Jordan Evertt (CIT), 3-2
 HWT - #1 Greg Forbes (UNCG) dec. #4 David Walker (VMI), 9-5
 HWT - #2 Billy Linane (CIT) dec. #3 Curtis Carter (UTC), 2-1

All-Tournament Team

125 - Matt Pitts, Chattanooga
 133 - Travis Drake, Appalachian State
 141 - Jared Sullivan, Chattanooga
 149 - Wayne Watts, The Citadel
 157 - Adam Britt, VMI
 165 - Mark Fee, Appalachian State
 174 - Matt Erwin, VMI
 184 - Quantel Langford, Chattanooga
 197 - David Austin, Chattanooga
 HWT - Greg Forbes, UNC Greensboro

Most Outstanding Wrestler: Travis Drake, Appalachian State
 Coach of the Year: Franky James, Chattanooga
 Freshman of the Year: Matt Pitts, Chattanooga
 Wrestler of the Year: Travis Drake, Appalachian State

2003 Wrestling Championships

Team Results

Team Finish	Points
1. Appalachian State	97.5
2. VMI	80
3. The Citadel	76
4. Chattanooga	51.5
5. UNC Greensboro	20
6. Davidson	4.5

Individual Tournament Results

(Hosted by Appalachian State, Boone, NC)

Finals

125 - #1 Rich Caisse (ASU) dec. #2 Ryan McClester (CIT), 1-0
133 - #1 Travis Drake (ASU) dec. #2 Sean Markey (CIT), 10-7
141 - #1 Jared Sullivan (UTC) dec. #3 Chris Seta (VMI), 2-1
149 - #1 Jacob Harris (UTC) dec. #3 Jason Jones (ASU), 5-4 OT
157 - #1 Adam Britt (VMI) dec. #2 Travis Piccard (CIT), 8-2
165 - #1 Lee Roper (ASU) dec. #2 Mike Parsons (VMI), 5-1
174 - #1 Mark Fee (ASU) dec. #2 Matt Erwin (VMI), 4-0
184 - #2 Keith Clifton (CIT) dec. #1 Sean McIntosh (ASU), 7-3
197 - #1 Josh Carroll (ASU) dec. #2 Jordan Everett (CIT), 3-1 OT
HWT - #3 Billy Linane (CIT) dec. #1 Scott Buhrman (VMI), 5-3

Consolation Finals

125 - #4 Juan Sanchez (VMI) dec. #3 Matt Pitts (UTC), 5-3
133 - #3 Micah Amrozowicz (VMI) dec. #4 David Johnson (UNCG), 6-3
141 - #2 Eric Burns (ASU) fall #6 Matt Leonard (DAV), 1:46
149 - #2 Dan Thompson dec. #4 Chris Hardy (VMI), 5-4
157 - #3 Quentin Bell (UTC) dec. #4 Ryan Tripp (UNCG), 8-6
165 - #3 Craig Johnson (UTC) tech. fall #4 Keith Ritter (UNCG), 15-0
174 - #3 John Dickerson (DAV) dec. #4 Brandon Artilles (UTC), 5-3
184 - #4 Jason Cox (VMI) dec. #3 Quental Langford (UTC), 7-4
197 - #3 David Walker (VMI) dec. #5 Chris Bird (UTC), 8-1
HWT - #2 John Kimble (UNCG) dec. #4 David Hazel (ASU), 6-4

Semifinals

125 - #1 Rick Caisse (ASU) maj. dec. #4 Juan Sanchez (VMI), 9-0
125 - #2 Ryan McClester (CIT) fall #3 Matt Pitts (UTC), 7:46
133 - #1 Travis Drake (ASU) m. dec. #4 David Johnson (UNCG), 6-3
133 - #2 Sean Markey (CIT) m. dec. #3 Micah Amrozowicz (VMI), 8-0
141 - #1 Jared Sullivan (UTC) m. dec. #5 Mike Martinez (CIT), 11-2
141 - #3 Chris Seta (VMI) dec. #2 Eric Burns (ASU), 3-1
149 - #1 Jacob Harris dec. #4 Chris Hardy (VMI), 6-3
149 - #3 Jason Jones (ASU) dec. #2 Dan Thompson (CIT), 5-4 OT
157 - #1 Adam Britt (VMI) m. dec. #2 Ryan Tripp (UNCG), 9-1
157 - #2 Travis Piccard (CIT) dec. #3 Quentin Bell (UTC), 5-2
165 - #1 Lee Roper (ASU) m. dec. #4 Keith Ritter (UNCG), 10-2
165 - #2 Mike Parsons (VMI) dec. #3 Craig Johnson (UTC), 2-1
174 - #1 Mark Fee (ASU) fall #4 Brandon Artilles (UTC), 2:16
174 - #2 Matt Erwin (VMI) m. dec. #3 John Dickerson (DAV), 8-0
184 - #1 Sean McIntosh (ASU) dec. #4 Jason Cox (CIT), 9-8
184 - #2 Keith Clifton (CIT) dec. #3 Quental Langford (UTC), 8-1
197 - #1 Josh Carroll (ASU) m. dec. #5 Chris Bird (UTC), 15-3
197 - #2 Jordan Everett (CIT) dec. #3 David Walker (VMI), 15-3
HWT - #1 Scott Buhrman (VMI) dec. #4 David Hazel (ASU), 2-0
HWT - #3 Billy Linane (CIT) dec. #2 John Kimble (UNCG), 3-1

All-Tournament Team

125 - Rich Cassie, Appalachian State
133 - Travis Drake, Appalachian State
141 - Jared Sullivan, Chattanooga
149 - Jacob Harris, Chattanooga
157 - Adam Britt, VMI
165 - Lee Roper, Appalachian State
174 - Mark Fee, Appalachian State
184 - Keith Clifton, The Citadel
197 - Josh Carroll, Appalachian State
HWT - Billy Linane, The Citadel

Most Outstanding Wrestler: Adam Britt, VMI
Coach of the Year: Paul Mance, Appalachian State
Freshman of the Year: Chris Seta, VMI
Wrestler of the Year: Adam Britt, VMI

Reviewing the 2002-03 Regular Season

2002-2003 SOUTHERN CONFERENCE WRESTLING STANDINGS (Final Regular Season Standings)

Team	SoCon		Points		Overall		Points		Home	Road	Streak
	W-L	Pct.	Own-Opp	W-L	Pct.	Own-Opp					
*Appalachian State	5-0	1.000	169-42	11-2	.846	358-159	5-1	4-0	L1		
VMI	4-1	.800	72-44	8-3	.727	167-120	3-1	5-0	W4		
The Citadel	3-2	.600	134-42	12-3	.800	406-167	4-0	2-2	W1		
Chattanooga	2-3	.500	93-88	6-17	.260	335-501	2-4	4-3	L4		
UNC Greensboro	1-4	.200	67-164	1-14	.066	202-469	1-4	0-4	L9		
Davidson	0-5	.000	33-153	1-13	.071	154-247	0-6	1-2	L13		

*Southern Conference Regular Season Champions

125 Pounds					157 Pounds				
	Overall	Pins	Dual	SC		Overall	Pins	Dual	SC
Rich Caisse, Appalachian State	31-10	1	11-1	5-0	Adam Britt, VMI	29-4	8	10-1	5-0
Brad Ragan, Citadel	8-10	2	1-0	1-0	Ryan Tripp, UNCG	5-3	1	3-1	1-0
Tony Stewart, UNCG	11-12	0	6-7	3-1	Alex Davis, Appalachian State	6-12	1	2-4	1-0
Ryan McClester, Citadel	33-12	5	12-3	3-1	Keith Ritter, UNCG	6-9	1	1-4	1-0
Matt Pitts, Chattanooga	13-8	4	12-6	3-2	Travis Piccard, Citadel	31-13	2	13-3	4-1
Adam Rains, Chattanooga	5-9	2	5-6	1-2	Quentin Bell, Chattanooga	14-15	0	8-10	1-2
Juan Sanchez, VMI	9-13	0	2-9	1-4	Josh Crigler, Appalachian State	0-0	0	0-0	0-0
Ron Jackson, Appalachian State	1-3	0	0-1	0-0	Donnie Barbaree, VMI	2-1	0	0-0	0-0
Terrance Thompson, Appalachian State	9-8	2	0-0	0-0	Jeff Sale, VMI	3-5	2	0-0	0-0
Drew Carey, Davidson	3-8	1	0-0	0-0	Dominic Buckman, Appalachian State	17-18	6	2-6	0-4
Derek Stroke, Davidson	6-7	1	0-0	0-0		8-22	5	3-11	0-5
Travis Hunter, Davidson	5-11	1	0-0	0-0	165 Pounds				
Jochen Granja, VMI	2-8	0	0-0	0-0	Lee Roper, Appalachian State	25-13	3	9-0	5-0
Patrick Coman, Davidson	17-18	5	5-10	0-5	Patrick Scandling, Davidson	1-0	0	1-0	1-0

133 Pounds					174 Pounds				
	Overall	Pins	Dual	SC		Overall	Pins	Dual	SC
Travis Drake, Appalachian State	29-10	5	11-1	5-0	Mark Fee, Appalachian State	36-6	6	12-0	5-0
Sean Markey, Citadel	36-9	18	15-1	4-1	Keith Clifton, Citadel	27-8	4	12-1	4-1
Tony Stewart, UNCG	2-0	0	2-0	2-1	Quantel Langford, Chattanooga	14-16	0	12-12	3-2
Micah Amrozowicz, VMI	25-14	1	7-4	3-2	Corey Pendergrass, Appalachian State	12-16	0	0-2	0-0
David Johnson, UNCG	14-13	1	9-5	1-3	Corry Murray, VMI	7-4	0	0-0	0-0
Andy Madison, Appalachian State	4-2	1	0-0	0-0	Charles Jones, UNCG	0-3	0	0-3	0-0
Harold Skidmore, Appalachian State	3-4	0	0-0	0-0	Nate Parmenter, UNCG	0-3	0	0-1	0-0
Ronnie Lofrese, Davidson	8-11	1	1-2	0-1	Jeremiah Gaudette, VMI	2-6	1	0-0	0-0
B.J. Malone, Chattanooga	7-16	0	2-10	0-3	Derek Shea, VMI	2-1	0	0-0	0-0
Henry Blue, Davidson	14-16	4	5-7	0-4	Alex Pierce, UNCG	1-9	1	0-5	0-2

141 Pounds					184 Pounds				
	Overall	Pins	Dual	SC		Overall	Pins	Dual	SC
Eric Burns, Appalachian State	24-15	10	8-2	3-0	Sean McIntosh, Appalachian State	22-7	7	10-2	5-0
Jared Sullivan, Chattanooga	17-9	7	10-5	1-0	Matt Erwin, VMI	29-9	5	8-2	4-1
Jason Jones, Appalachian State	24-11	5	2-1	1-1	John Dickerson, Citadel	18-19	1	4-7	2-1
Chris Setta, VMI	20-12	3	5-6	3-2	John Bohren, Citadel	10-10	2	4-4	1-1
Mike Martinez, Citadel	12-20	1	5-10	2-3	Steven McClamrock, UNCG	6-12	1	6-8	2-3
Matt Leonard, Davidson	19-19	8	8-7	2-3	Jason Cox, VMI	15-19	0	3-7	1-3
Wes Gibson, UNCG	6-13	0	6-7	2-3	Brandon Artilles, Chattanooga	6-24	0	3-20	1-4
David Bullock, Appalachian State	2-4	0	0-0	0-0	Alex Pierce, UNCG	0-4	0	0-2	0-0
Eric Galloway, Appalachian State	0-4	0	0-0	0-0	Nathon Hooker, Appalachian State	0-0	0	0-0	0-0
Jason Northern, Appalachian State	0-0	0	0-0	0-0	Chris Toukonen, Appalachian State	0-0	0	0-0	0-0
Tim Paul, Appalachian State	0-0	0	0-0	0-0	Ben Chovanec, VMI	1-4	0	0-0	0-0
Chris Smith, VMI	3-3	0	0-0	0-0					

149 Pounds					197 Pounds				
	Overall	Pins	Dual	SC		Overall	Pins	Dual	SC
Jacob Harris, Chattanooga	18-13	4	12-7	5-0	Josh Carroll, Appalachian State	17-20	4	7-4	5-0
Dan Thompson, Citadel	20-9	5	7-2	3-0	Jordan Everett, Citadel	21-14	9	8-4	4-1
Jason Jones, Appalachian State	7-1	5	7-1	2-0	Alex Pierce, UNCG	1-4	0	1-4	1-1
Ryan Tripp, UNCG	5-3	1	4-1	1-0	David Walker, VMI	13-16	1	6-4	3-2
PJ Neumann, VMI	3-8	0	1-0	1-0	Drew Roberts, Chattanooga	2-17	1	2-13	1-2
Vince Bartges, Citadel	15-10	2	5-3	1-1	Troy Bartges, Citadel	8-9	0	2-2	0-0
Chris Hardy, VMI	12-13	2	1-3	1-1	Jerod Lenderman, Appalachian State	12-15	2	2-0	0-0
Carl Elliott, Appalachian State	11-11	1	1-3	1-2	Steven McClamrock, UNCG	2-2	0	2-0	0-0
Jason Kontopedes, VMI	14-10	4	4-4	1-2	Daniel Blow, Appalachian State	0-0	0	0-0	0-0
Steve Fox, Appalachian State	10-7	0	2-1	0-0					
David Wolf, VMI	6-5	0	0-0	0-0	285 Pounds				
David Brunson, Appalachian State	5-4	1	0-0	0-0	John Kimble, UNCG	14-11	4	10-6	4-1
Carlos Garcia, Appalachian State	0-0	0	0-0	0-0	Scott Buhman, VMI	22-15	2	6-4	4-1
Shaun Pinkston, Appalachian State	0-1	0	0-0	0-0	Billy Linane, Citadel	25-14	6	13-3	4-1
Dan Corey, UNCG	0-0	0	0-0	0-0	John Pollak, Davidson	12-20	5	6-9	2-3
Tony Stewart, UNCG	0-1	0	0-1	0-0	David Hazel, Appalachian State	13-25	6	1-10	1-3
Grant Doornbos, Davidson	11-16	2	5-9	0-5	Logan Burns, UNCG	0-0	0	0-0	0-0
					Brian Yannetti, VMI	2-4	0	0-0	0-0
					Gianni Niglio, Appalachian State	7-12	1	0-2	0-1
					Matt Seaberg, Chattanooga	0-8	0	0-8	0-1

2004 Wrestling Championship

Team Results

Team Finish	Points
1. The Citadel	89
2. Chattanooga	79
3. VMI	65
4. Appalachian State	51.5
5. UNC Greenboro	49.5
6. Davidson	10

Individual Tournament Results

(Hosted by the University of Virginia, Charlottesville, VA)

Championship Finals

- 125 - Rich Caissee (ASU) dec. Ryan McClester (CIT), 1-0
- 133 - Travis Drake (ASU) dec. Sean Markey (CIT), 5-3
- 141 - Jared Sullivan (UTC) dec. Chris Seta (VMI), 2-1
- 149 - Jacob Harris (UTC) dec. Jason Jones (ASU), 5-4 OT
- 157 - Adam Britt (VMI) dec. Travis Piccard (CIT), 8-2
- 165 - Lee Roper (ASU) dec. Mike Parsons (VMI), 5-1
- 174 - Mark Fee (ASU) dec. Matt Erwin (VMI), 4-0
- 184 - Keith Clifton (CIT) dec. Sean McIntosh (ASU), 7-3
- 197 - Josh Carroll (ASU) dec. Jordan Everett (CIT), 3-1 OT
- HWT - Billy Linane (CIT) dec. Scott Buhrman (VMI), 5-3

Semifinals

- 125 - Rich Caisse (ASU) maj. dec. Juan Sanchez (VMI), 9-0
- 125 - Ryan McClester (CIT) fall Matt Pitts (UTC), 7:46
- 133 - Travis Drake (ASU) maj. dec. David Johnson (UNCG), 15-4
- 133 - Sean Markey (CIT) def. Micah Amrozowicz (VMI)
- 141 - Jared Sullivan (UTC) maj. dec. Mike Martinez (CIT), 11-2
- 141 - Chris Seta (VMI) dec. Eric Burns (ASU), 3-1
- 149 - Jacob Harris (UTC) dec. Chris Hardy (VMI), 6-3
- 149 - Jason Jones (ASU) dec. Dan Thompson (CIT), 10-7
- 157 - Adam Britt (VMI) maj. dec. Ryan Tripp (UNCG), 9-1
- 157 - Travis Piccard (CIT) dec. Quentin Bell (UTC), 5-2
- 165 - Lee Roper (ASU) maj. dec. Keith Ritter (UNCG), 10-2
- 165 - Mike Parsons (VMI) dec. Craig Johnson (UTC), 2-1
- 174 - Mark Fee (ASU) fall Brandon Artiles (UTC), 2:16
- 174 - Matt Ervin (VMI) maj. dec. John Dickerson (DAV), 8-0
- 184 - Sean McIntosh (ASU) dec. Jason Cox (VMI), 9-8
- 184 - Keith Clifton (CIT) dec. Quantal Langford (UTC), 8-1
- 197 - Josh Carroll (ASU) maj. dec. Chris Bird (UTC), 15-3
- 197 - Jordan Everett (CIT) dec. David Walker (VMI), 4-1
- HWT - Scott Buhrman (VMI) dec. David Hazel (ASU), 2-0
- HWT - Billy Linane (CIT) dec. John Kimble (UNCG), 3-1

Consolation Finals

- 125 - Juan Sanchez (VMI) dec. Matt Pitts (UTC), 5-3
- 133 - Micah Amrozowicz (VMI) dec. David Johnson (UNCG), 6-3
- 141 - Eric Burns (ASU) fall Matt Leonard (DAV), 1:46
- 149 - Dan Thompson (CIT) dec. Chris Hardy (VMI), 5-4
- 157 - Quentin Bell (UTC) dec. Ryan Tripp (UNCG), 8-6
- 165 - Craig Johnson (UTC) tech fall Keith Ritter (UNCG), 15-0
- 174 - John Dickerson (DAV) dec. Brandon Artiles (UTC), 5-3
- 184 - Jason Cox (VMI) dec. Quantal Langford (UTC), 7-4
- 197 - David Walker (VMI) dec. Chris Bird (UTC), 8-1
- HWT - John Kimble (UNCG) dec. David Hazel (ASU), 6-4

All-Tournament Team

- 125 - Rich Cassie, Appalachian State
- 133 - Travis Drake, Appalachian State
- 141 - Jared Sullivan, Chattanooga
- 149 - Jacob Harris, Chattanooga
- 157 - Adam Britt, VMI
- 165 - Lee Roper, Appalachian State
- 174 - Mark Fee, Appalachian State
- 184 - Keith Clifton, The Citadel
- 197 - Josh Carroll, Appalachian State
- HWT - Billy Linane, The Citadel

Coach-of-the-Year: Paul Mance, ASU

Wrestler-of-the-Year:

Freshman-of-the-Year: Daren Burns, UNC Greensboro

Tournament Outstanding Wrestler: Adam Britt, VMI

Reviewing the 2003-04 Regular Season

2003-2004 SOUTHERN CONFERENCE WRESTLING STANDINGS (thru Regular Season)

Team	SoCon		Points		Overall		Streak
	W-L	Pct.	Own-Opp	W-L	Pct.		
The Citadel	5-0	1.000	151-49	13-3	.813	W3	
Chattanooga	4-1	.800	143-67	11-6	.647	W2	
Appalachian State	2-3	.400	105-90	6-4	.600	L1	
UNC Greensboro	2-3	.400	90-107	9-6	.600	L1	
VMI	2-3	.400	81-108	7-7	.500	L3	
Davidson	0-5	.000	39-188	4-13	.235	L3	

Individual Weight Class Breakdown

Weight Class	Overall	Pins	Dual	SC	Weight Class	Overall	Pins	Dual	SC
125 Pounds					157 Pounds				
Ryan McCester, CIT	35-5	3	15-0	5-0	Dan Thompson, CIT	24-10	6	9-3	5-0
Patrick Coman, DAV	18-15	3	7-4	2-1	Chris Hardy, VMI	17-13	3	6-6	2-3
Brad Ragain, CIT	14-9	3	0-1	0-0	O.T. Johnson, UNCG	17-14	--	6-4	3-0
Matt Pitts, UTC	13-4	6	15-2	4-1	Adam Sperling, DAV	13-15	1	7-6	1-2
Nate Berryman, UNCG	10-12	--	--	--	Mike Parsons, VMI	8-3	--	--	--
Guy Gibson, ASU	9-8	--	5-3	2-3	Jake Yost, UTC	8-8	1	3-3	--
Rusy Colley, ASU	7-4	--	--	--	T.J. Sayers, UTC	6-10	1	6-4	2-3
Justin Shoemaker, CIT	5-0	--	--	--	Alex Davis, ASU	8-13	3	--	--
David Federico, VMI	4-1	--	--	--	Derik Neitz, CIT	6-12	1	1-3	--
Dusty Smith, UNCG	3-5	--	--	--	Carl Elliot, ASU	5-4	1	5-4	2-3
Kyle Terrell, UNCG	3-21	--	0-12	0-4	Mike Martinez, CIT	4-2	1	--	--
Drew Carey, DAV	2-6	1	--	--	Nate Berryman, UNCG	1-1	--	1-1	1-0
Brandon Gates, ASU	1-4	--	--	--	Blake Taylor, ASU	1-2	--	--	--
Ron Jackson, ASU	1-4	--	1-0	--	Shaun Pinkston, ASU	1-6	--	--	--
Jim Avola, DAV	0-4	--	--	--	165 Pounds	Overall	Pins	Dual	SC
133 Pounds					Lee Roper, ASU	21-9	8	7-2	4-1-3
Sean Markey, CIT	31-6	22	13-3	4-1	Keith Ritter, UNCG	19-12	2	7-6	2-1
Micah Amrozowicz, VMI	22-13	2	13-8	3-2	Mike Martinez, CIT	17-24	4	4-12	2-3
Josh Keefe, UTC	18-10	4	13-4	5-0	Marcus Boyd, DAV	15-15	5	8-5	1-2
Jim Avola, DAV	11-11	4	6-4	0-3	Jon Sioredas, UTC	12-5	6	13-4	5-0
Tripp Rogers, UNCG	9-7	--	0-1	--	John Lowery, VMI	6-4	--	--	--
Ronnie Lofrese, DAV	6-13	--	--	--	David Wipperman, CIT	5-5	1	--	--
Mauro Bria, CIT	5-4	--	--	--	Scott Fischer, UNCG	5-8	1	0-1	0-1
Guy Gibson, ASU	4-3	--	--	--	P.J. Newman, VMI	5-23	0	2-10	0-5
Andy Madison, ASU	2-4	--	--	--	Adam Sperling, DAV	1-2	--	--	--
Marcus Cox, ASU	2-4	1	--	--	Ajay Foreman, ASU	1-4	--	--	--
T.Y. Holley, ASU	2-6	--	--	--	Nick Lorenzano, UTC	1-5	1	--	--
Travis Hunter, DAV	2-8	--	--	--	Patrick Scandling, DAV	1-14	--	--	0-8
Alfredo Rios, ASU	1-3	--	--	--	Scott Fisher, UNCG	0-1	--	0-1	0-1
Derek Stroke, DAV	1-9	1	--	--	Mark O'Hair, DAV	0-7	--	0-1	0-1
Tim Goodwin, ASU	0-2	--	--	--	174 Pounds	Overall	Pins	Dual	SC
141 Pounds					Keith Clifton, CIT	30-10	11	12-3	4-0
Levi Dunn, CIT	30-18	14	7-7	2-3	Mark O'Hair, DAV	17-18	3	8-5	2-1
David Metzler, VMI	28-18	8	6-6	1-4	Joe Lowe, UNCG	16-13	2	1-3	0-1
Kevin Artis, UNCG	26-6	2	13-0	3-0	Dominic Buckman, ASU	13-8	1	3-0	2-0
Scott Ervin, ASU	20-12	3	6-3	2-3	Charles Jones, UNCG	12-9	6	7-3	2-1
Michael Keefe, UTC	18-6	7	14-3	5-0	Aaron Kerkhof, VMI	10-22	--	2-9	0-4
Matt Leonard, DAV	11-16	3	5-8	1-3	Josh Ward, UTC	9-9	1	9-8	4-1
Kevin Pietropinto, UNCG	8-4	1	--	--	Ajay Foreman, ASU	5-4	2	0-1	0-1
Marc LaRochelle, DAV	7-25	--	--	--	Corey Pendergrass, ASU	5-10	2	2-0	--
Alex Piper, CIT	5-6	--	--	--	James Rose, CIT	4-6	--	1-0	1-0
Ronnie Lofrese, DAV	4-3	1	1-0	--	Darius Caldwell, CIT	3-3	1	--	--
Tim Paul, ASU	4-6	--	--	--	Jacob Inge, VMI	3-6	--	--	--
Nolan Roggenkamp, CIT	3-8	1	1-1	--	Ryan Kuzel, UNCG	1-1	--	--	--
Henry Blue, DAV	2-4	2	--	--	Adam Sperling, DAV	0-1	--	0-1	0-1
Tripp Rogers, UNCG	0-1	--	0-1	--	184 Pounds	Overall	Pins	Dual	SC
149 Pounds					Cory Murray, VMI	17-15	4	7-5	3-2
Sam Alvarenga, VMI	30-14	6	10-3	3-2	John Dickerson, CIT	14-19	--	2-9	1-3
Jason Jones, ASU	29-6	5	9-0	5-0	John Davis, UTC	12-8	5	12-5	5-0
Travis Piccard, CIT	25-9	5	10-5	4-1	Chris Toukonen, ASU	10-11	4	1-2-1	0-2
Carl Elliott, ASU	11-15	2	--	--	Steve McClamrock, UNCG	9-10	4	2-4	1-1
O.T. Johnson, UNCG	10-9	4	2-2	1-0	Matt Morris, DAV	8-6	2	4-1	1-1
Nate Berryman, UNCG	8-9	2	2-3	0-1	Aaron Barnette, ASU	6-12	1	2-3	1-2
Jacob Allman, CIT	7-4	--	--	--	Joe Lowe, UNCG	3-4	--	3-4	2-1
John Cofer, UTC	6-13	--	0-5	--	Ajay Foreman, ASU	1-0	--	--	--
Henry Blue, DAV	3-3	1	1-2	0-2	Kevin Worsowicz, ASU	1-1	--	--	--
Jacob Harris, UTC	3-7	--	--	--	Corey Pendergrass, ASU	1-5	--	--	--
Josh Bunting, UNCG	3-7	--	--	--	Charles Jones, UNCG	0-1	--	0-1	--
Mark LaRochelle, DAV	2-11	--	0-7	0-2	Joe Scognamiglio, DAV	0-2	--	--	--
Kevin Peitropinto, UNCG	1-4	1	1-4	0-2	James Rose, CIT	1-2	--	1-0	--
					Patrick Scandling, DAV	0-10	--	0-8	0-2

197 Pounds	Overall	Pins	Dual	SC
Jason Cox, VMI	30-9	7	8-3	4-1
Daren Burns, UNCG	20-9	7	12-2	4-0
Nick Leone, CIT	9-8	2	2-0	1-0
Josh Carroll, ASU	7-2	1	7-2	3-2-1
Rocky Richey, ASU	6-5	--	4-1	2-0
Jayson Powers, DAV	5-28	2	1-11	0-4
Nick Lorenzano, UTC	2-7	1	1-5	1-3
Joe Scongnamiglio, DAV	1-2	--	--	--
Chris Toukonen, ASU	1-2	--	--	--
Drew Roberts, UTC	1-9	--	1-5	--

HWT	Overall	Pins	Dual	SC
Billy Linane, CIT	22-11	8	12-4	4-1
Scott Buhmen, VMI	18-12	3	9-7	2-1
David Hazell, ASU	15-7	3	7-1-1	4-1-1
John Kimble, UNCG	12-13	8	6-6	2-2
Jordan Everett, CIT	10-4	--	--	--
Jared Campbell, ASU	19-11	--	1-0	--
Brett Reed, UNCG	6-12	1	0-2	--
John Pollack, DAV	3-7	1	0-1	0-1
Kevin Klein, DAV	2-13	--	2-4	0-2
Diaz Edwards, UTC	1-6	1	1-8	1-3
Jason Pennington, UTC	1-9	--	1-7	0-1
Joe Scognamiglio, DAV	0-2	--	0-2	0-1

2005 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	90
2. The Citadel	81
3. UNC Greensboro	77
4. Appalachian State	57.5
5. Davidson	30.5
6. VMI	23.5

Individual Tournament Results

(Hosted by UNC Greensboro, Greensboro, NC)

Championship Finals

125 - #2 Joe Kemmerer (UNCG) dec. #1 Matt Pitts (UTC), 4-2
133 - #2 Ryan McClester (CIT) dec. #1 Josh Keefe (UTC), 3-2
141 - #1 Michael Keefe (UTC) dec. #2 David Johnson (UNCG), 15-8
149 - #3 Levi Duyn (CIT) dec. #5 Eric Burns (ASU), 13-6
157 - #1 Travis Piccard (CIT) dec. #2 Jake Yost (UTC), 13-6
165 - #1 Jon Sioredas (UTC) maj. dec. #3 Mark Ring (UNCG), 21-9
174 - #2 Joe Lowe (UNCG) dec. #1 Daniel Peterson (UTC), 11-8
184 - #1 John Davis (UTC) dec. #2 Sean Davis (ASU), 5-1
197 - #1 Daren Burns (UNCG) maj. dec. #2 Josh Ward (UTC), 9-0
HWT - #1 Ruebon Daniels (ASU) dec. #2 Billy Linane (CIT), 4-1

Semifinals

125 - #1 Matt Pitts (UTC) fall Jeremy Adams (VMI) :53
125 - #2 Joe Kemmerer (UNCG) tech. fall Patrick Coman (DAV), 6:38
133 - #1 Josh Keefe (UTC) dec. #5 Terreyll Williams (ASU), 7-3
133 - #2 Ryan McClester (CIT) dec. #6 Jim Avola (DAV), 10-5
141 - #1 Michael Keefe (UTC) dec. #4 Jason Jones (ASU), 5-2
141 - #3 Michael Arias (CIT) dec. #2 David Johnson (UNCG), 2-1
149 - #5 Eric Burns (ASU) dec. #1 Wayne French (UTC), 8-2
149 - #3 Levi Duyn (CIT) dec. #2 Sam Alvarenga (VMI), 4-2
157 - #1 Travis Piccard (CIT) dec. Chris Hardy (VMI), 16-6
157 - #2 Jake Yost (UTC) dec. #3 Matt Pendle (DAV), 5-2
165 - #1 Jon Sioredas (UTC) maj. dec. Ajay Foreman (ASU), 13-2
165 - #3 Mark Ring (UNCG) fall #2 Tommy Cunningham (VMI), 1:18
174 - #1 Daniel Peterson (UTC) dec. #5 Trebor Clavette (DAV), 12-6
174 - #2 Joe Lowe (UNCG) fall #3 Dan Thompson (CIT), 6:56
184 - #1 John Davis (UTC) maj. dec. #4 Scott Fisher (UNCG), 14-4
184 - #2 Sean McIntosh (ASU) dec. #3 Keith Clifton (CIT), 5-1
197 - #1 Daren Burns (UNCG) fall #4 Darius Caldwell (CIT), 6:17
197 - #2 Josh Ward (UTC) dec. #3 Rocky Richey (ASU), 5-3
HWT - #1 Ruebon Daniels (ASU) dec. #4 Brian Yanetti (VMI), 8-2
HWT - #2 Billy Linane (CIT) dec. #3 Wes Taylor (UTC), 10-5

Consolation Finals

125 - #5 Andrew McDonald (CIT) dec. #4 Jeremy Adams (VMI), 3-1
133 - #6 Jim Avola (DAV) fall #5 Terreyll Williams (ASU), 3:23
141 - #4 Jason Jones (ASU) dec. #5 David Metzler (VMI), 5-0
149 - #6 Benjamin Graham (DAV) dec. #4 Andrew Krieger (UNCG), 5-3
157 - #3 Matt Pendle (DAV) fall #6 Neal Martin (ASU), 6:23
165 - #4 Ajay Foreman dec. #2 Tommy Cunningham (VMI), 10-5
174 - #3 Dan Thompson (CIT) dec. #5 Trebor Clavette (DAV), 9-0
184 - #3 Keith Clifton (CIT) dec. #4 Scott Fisher (UNCG), 8-2
197 - #4 Darius Caldwell (CIT) dec. #3 Rocky Richey (ASU), 5-3
HWT - #4 Brian Yanetti (VMI) fall #5 Joe Sheffield (UNCG), 4:43

All-Tournament Team

125 - Joe Kemmerer, UNC Greensboro
133 - Ryan McClester, The Citadel
141 - Michael Keefe, Chattanooga
149 - Levi Duyn, The Citadel
157 - Travis Piccard, The Citadel
165 - Jon Sioredas, Chattanooga
174 - Joe Lowe, UNC Greensboro
184 - John Davis, Chattanooga
197 - Daren Burns, UNC Greensboro
HWT - Ruebon Daniels, Appalachian State

Coach-of-the-Year: Terry Brands, Chattanooga
Wrestler-of-the-Year: Jon Sioredas, Chattanooga
Freshman-of-the-Year: Joe Kemmerer, UNC Greensboro
Tournament Outstanding Wrestler: Jon Sioredas, Chattanooga

2004 - 05 NCAA Wild Cards

125 - Matt Pitts, Chattanooga
133 - Josh Keefe, Chattanooga
141 - Jason Jones, Appalachian State

Reviewing the 2004-05 Regular Season

2004-05 SOUTHERN CONFERENCE WRESTLING STANDINGS

Team	SoCon		Points		Overall		Points		Home	Road	Neutral	Streak
	W-L-T	Pct.	Own-Opp		W-L-T	Pct.	Own-Opp					
Chattanooga*	5-0-0	1.00	184	25	14-10-0	.528	629	358	6-2	4-4	4-4	W1
UNC Greensboro	4-1-0	.800	188	66	12-5-0	.705	411	228	3-3	6-1	3-1	W3
The Citadel	2-2-1	.500	135	93	5-8-1	.357	242	305	3-3	1-2-1	1-3	W2
VMI	2-3-0	.400	97	140	6-6-1	.461	243	240	2-1-1	2-2	2-1	L3
Appalachian State	1-3-1	.300	87	119	8-9-1	.444	375	396	4-1-1	1-2	3-6	W2
Davidson	0-5-0	.000	40	185	8-7-0	.533	330	368	1-4	3-1	4-2	W1

*Regular-Season and Mat Jam Champions

Individual Weight Class Breakdown

Weight Class	Overall	Pins	Dual	SC	Team	W-L-T	Pins	Dual	SC	
125 Pounds	29-7	2	15-2	4-1	Joe Kemmerer, UNCG	29-7	2	15-2	4-1	
	24-11	8	13-2	3-2	Patrick Coman, DAV	24-11	8	13-2	3-2	
	22-8	12	20-4	5-0	Matt Pitts, UTC	22-8	12	20-4	5-0	
	14-14	4	4-6	2-2	Jeremy Adams, VMI	14-14	4	4-6	2-2	
	7-5	1	0-0	0-0	Brad Ragan, CIT	7-5	1	0-0	0-0	
	10-17	2	5-9	1-4	Andrew McDonald, CIT	10-17	2	5-9	1-4	
	5-3	2	1-1	0-0	Tony Martinez, VMI	5-3	2	1-1	0-0	
	3-2	-	0-0	0-0	Ryan McClester, CIT	3-2	-	0-0	0-0	
	2-2	-	0-0	0-0	Billy Bullwinkel, CIT	2-2	-	0-0	0-0	
	1-4	-	0-0	0-0	Drew Carey, DAV	1-4	-	0-0	0-0	
	2-9	-	2-9	0-4	Josh Stanley, ASU	2-9	-	2-9	0-4	
	0-4	-	0-0	0-0	Kyle Terrell, UNCG	0-4	-	0-0	0-0	
	0-2	-	0-0	0-0	Adam Simons, ASU	0-2	-	0-0	0-0	
	133 Pounds	29-7	2	15-2	4-1	Joe Kemmerer, UNCG	29-7	2	15-2	4-1
		24-11	8	13-2	3-2	Patrick Coman, DAV	24-11	8	13-2	3-2
		22-8	12	20-4	5-0	Matt Pitts, UTC	22-8	12	20-4	5-0
		14-14	4	4-6	2-2	Jeremy Adams, VMI	14-14	4	4-6	2-2
		7-5	1	0-0	0-0	Brad Ragan, CIT	7-5	1	0-0	0-0
		10-17	2	5-9	1-4	Andrew McDonald, CIT	10-17	2	5-9	1-4
5-3		2	1-1	0-0	Tony Martinez, VMI	5-3	2	1-1	0-0	
3-2		-	0-0	0-0	Ryan McClester, CIT	3-2	-	0-0	0-0	
2-2		-	0-0	0-0	Billy Bullwinkel, CIT	2-2	-	0-0	0-0	
1-4		-	0-0	0-0	Drew Carey, DAV	1-4	-	0-0	0-0	
2-9		-	2-9	0-4	Josh Stanley, ASU	2-9	-	2-9	0-4	
0-4		-	0-0	0-0	Kyle Terrell, UNCG	0-4	-	0-0	0-0	
0-2		-	0-0	0-0	Adam Simons, ASU	0-2	-	0-0	0-0	
141 Pounds		37-9	6	22-2	5-0	Michael Keefe, UTC	37-9	6	22-2	5-0
		19-12	2	7-6	2-3	Jason Jones, ASU	19-12	2	7-6	2-3
		20-14	1	9-8	4-1	David Johnson, UNCG	20-14	1	9-8	4-1
		14-6	5	7-1	0-1	David Metzler, VMI	14-6	5	7-1	0-1
		7-5	1	0-0	0-0	Marcus Cox, ASU	7-5	1	0-0	0-0
		7-6	3	0-0	0-0	Sean Markey, CIT	7-6	3	0-0	0-0
	7-8	4	7-8	1-4	Matt Leonard, DAV	7-8	4	7-8	1-4	
	6-3	4	1-2	0-0	Alex Piper, CIT	6-3	4	1-2	0-0	
	4-9	1	1-3	1-1	Nolan Roggenkamp, CIT	4-9	1	1-3	1-1	
	4-12	-	0-5	0-4	Jay Carter, VMI	4-12	-	0-5	0-4	
	6-5	-	3-3	1-1	Michael Arias, CIT	6-5	-	3-3	1-1	
	2-3	-	0-0	0-0	Tripp Rogers, UNCG	2-3	-	0-0	0-0	
	2-4	-	0-0	0-0	Vince Cole, VMI	2-4	-	0-0	0-0	
	1-2	-	0-0	0-0	Olen Johnson, VMI	1-2	-	0-0	0-0	
	0-4	-	0-0	0-0	Henry Blue, DAV	0-4	-	0-0	0-0	
	0-4	-	0-0	0-0	Derek Stroke, DAV	0-4	-	0-0	0-0	
	157 Pounds	33-5	1	12-0	3-0	Travis Piccard, CIT	33-5	1	12-0	3-0
		22-9	13	9-3	3-1	Matt Pendle, DAV	22-9	13	9-3	3-1
		22-12	-	12-5	2-3	O.T. Johnson, UNCG	22-12	-	12-5	2-3
13-11		1	3-6	0-2	Lloyd Rogers, UTC	13-11	1	3-6	0-2	
10-14		-	4-6	0-4	Chris Hardy, VMI	10-14	-	4-6	0-4	
7-3		2	2-0	1-0	Tom Cunningham, VMI	7-3	2	2-0	1-0	
7-11		2	2-7	0-2	Eddie Hutchinson	7-11	2	2-7	0-2	
6-3		-	2-2	0-0	Scott Ervin, ASU	6-3	-	2-2	0-0	
6-3		1	0-0	0-0	Mark Ring, UNCG	6-3	1	0-0	0-0	
8-5		2	8-5	3-0	Jake Yost, UTC	8-5	2	8-5	3-0	
8-9		2	5-5	2-0	Neal Martin, ASU	8-9	2	5-5	2-0	
3-2		1	0-0	0-0	Bryce Thompson, CIT	3-2	1	0-0	0-0	
3-2		-	0-0	0-0	Chris Smith, VMI	3-2	-	0-0	0-0	
2-2		-	0-0	0-0	Carl Elliot, ASU	2-2	-	0-0	0-0	
2-2		1	0-0	0-0	Jesse Hills, VMI	2-2	1	0-0	0-0	
1-2		-	1-2	0-1	Ronnie Lofreses, DAV	1-2	-	1-2	0-1	
1-0		-	1-0	0-0	Sam Alvaerenga, VMI	1-0	-	1-0	0-0	
1-2		1	0-0	0-0	Mark Clark, UNCG	1-2	1	0-0	0-0	
2-5		-	1-1	1-1	Jacob Allman, CIT	2-5	-	1-1	1-1	
165 Pounds	27-4	5	22-2	5-0	Jon Siores, UTC	27-4	5	22-2	5-0	
	19-8	3	9-2	2-2	Trebor Clavette, DAV	19-8	3	9-2	2-2	
	12-7	2	0-1	0-0	Dustin McCabe, VMI	12-7	2	0-1	0-0	
	10-13	-	6-7	1-3	Ajay Foreman, ASU	10-13	-	6-7	1-3	
	7-6	3	1-2	1-1	Dan Thompson, CIT	7-6	3	1-2	1-1	
	7-5	1	5-3	2-2	Tom Cunningham, VMI	7-5	1	5-3	2-2	
	4-5	1	1-2	0-0	John Lowery, VMI	4-5	1	1-2	0-0	
	174 Pounds	14-14	4	6-7	2-3	Cory Pendergrass, ASU	14-14	4	6-7	2-3
		16-7	-	7-3	5-0	Daniel Peterson, UTC	16-7	-	7-3	5-0
		10-6-3	-	0-1	0-0	Kevin Worsowicz, ASU	10-6-3	-	0-1	0-0
		10-9	2	5-2	2-1	Joe Lowe, UNCG	10-9	2	5-2	2-1
		10-13	2	1-5	1-1	Darius Caldwell, CIT	10-13	2	1-5	1-1
		8-9	1	2-4	0-0	T.J. Sayers, UTC	8-9	1	2-4	0-0
		6-8	-	0-0	0-0	John Buck, CIT	6-8	-	0-0	0-0
		5-1	1	0-0	0-0	Tray Brawley	5-1	1	0-0	0-0
		5-5	1	2-1	0-0	Bryan Wells, VMI	5-5	1	2-1	0-0
		4-3	-	3-1	0-0	Scott Fisher, UNCG	4-3	-	3-1	0-0
		8-4	1	5-3	1-2	Dan Thompson, CIT	8-4	1	5-3	1-2
		3-16	-	2-8	0-4	Morgan Koukopoulos, DAV	3-16	-	2-8	0-4
2-2		-	2-2	0-1	Trebor Clavette, DAV	2-2	-	2-2	0-1	
2-1		2	0-0	0-0	Clinton DeGain, CIT	2-1	2	0-0	0-0	
2-8		-	1-4	1-1	Jeff Sale, VMI	2-8	-	1-4	1-1	
0-1		-	0-1	0-0	Charles Jones, UNCG	0-1	-	0-1	0-0	
0-4		-	0-4	0-3	Dustin McCabe, VMI	0-4	-	0-4	0-3	
0-4		-	0-0	0-0	Adam Sellwood, VMI	0-4	-	0-0	0-0	
184 Pounds		23-10	3	8-5	4-1	Sean McIntosh, ASU	23-10	3	8-5	4-1
	18-13	-	15-8	5-0	John Davis, UTC	18-13	-	15-8	5-0	
	11-4	-	7-2	2-0	Joe Lowe, UNCG	11-4	-	7-2	2-0	
	6-8	-	1-0	0-0	Freddy Valoy, UNCG	6-8	-	1-0	0-0	
	8-11	1	4-2	2-0	Keith Clifton, CIT	8-11	1	4-2	2-0	
	4-7	1	4-1	0-0	Corry Murray, VMI	4-7	1	4-1	0-0	
	3-1	1	0-0	0-0	Adam Sellwood, VMI	3-1	1	0-0	0-0	
	2-3	-	2-3	1-1	Charles Jones, UNCG	2-3	-	2-3	1-1	
	1-4	-	1-4	0-1	Morgan Koukopoulos, DAV	1-4	-	1-4	0-1	
	1-2	1	0-0	0-0	Ben Campbell, CIT	1-2	1	0-0	0-0	
	1-2	-	1-3	1-1	Dustin McCabe, VMI	1-2	-	1-3	1-1	
	2-5	-	1-3	1-1	Darius Caldwell, CIT	2-5	-	1-3	1-1	
	0-5	-	0-5	0-3	Jeff Sale, VMI	0-5	-	0-5	0-3	
	0-3	-	0-3	0-0	John Buck, CIT	0-3	-	0-3	0-0	
	197 Pounds	27-6	10	16-1	5-0	Daren Burns, UNCG	27-6	10	16-1	5-0
		11-13	3	11-11	4-1	Josh Ward, UTC	11-13	3	11-11	4-1
		11-12	1	7-6	2-3	Rocky Richey, ASU	11-12	1	7-6	2-3
		7-6	3	3-1	0-0	Bryan Wells, VMI	7-6	3	3-1	0-0
		6-21	3	1-11	1-3	Aaron Brown, CIT	6-21	3	1-11	1-3
4-1		1	4-1	2-1	Corry Murray, VMI	4-1	1	4-1	2-1	
3-16		-	3-12	0-5	Jayson Powers, DAV	3-16	-	3-12	0-5	
1-1		1	0-0	0-0	Patrick Scharfft	1-1	1	0-0	0-0	
1-0		-	1-0	1-0	Keith Clifton, CIT	1-0	-	1-0	1-0	
1-0		-	1-0	0-0	Darius Caldwell, CIT	1-0	-	1-0	0-0	
285 Pounds		16-14	9	8-5	4-1	Billy Linane, CIT	16-14	9	8-5	4-1
		11-8	4	5-4	2-2	Bryan Yannetti, VMI	11-8	4	5-4	2-2
		10-16	-	7-6	5-0	Ruebon Daniels, ASU	10-16	-	7-6	5-0
		6-13	3	3-6	0-3	Joe Shieffield, UNCG	6-13	3	3-6	0-3
		7-7	1	7-7	3-2	Wes Taylor, UTC	7-7	1	7-7	3-2
		2-4	2	0-0	0-0	Eric Olson, VMI	2-4	2	0-0	0-0
		2-20	2	2-12	0-5	Joseph Scognamiglio, DAV	2-20	2	2-12	0-5
		1-1	1	0-0	0-0	Aaron Brown, CIT	1-1	1	0-0	0-0
		1-2	1	0-0	0-0	Tony Serna, CIT	1-2	1	0-0	0-0
	1-4	-	0-2	0-0	Scott Buhman, VMI	1-4	-	0-2	0-0	
	1-5	1	0-1	0-1	Brandon Bryant, VMI	1-5	1	0-1	0-1	
	1-7	1	1-4	1-0	Brett Reed, UNCG	1-7	1	1-4	1-0	
	1-12	-	1-8	0-0	Diaz Edwards, UTC	1-12	-	1-8	0-0	

2008 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	104.5
2. Appalachian State	86.5
3. UNC Greensboro	71.5
4. The Citadel	30.5
5. VMI	26.0
6. Davidson	24.5

Individual Tournament Results (Hosted by Chattanooga, Chattanooga, Tenn.)

Championship Finals

125 - #1 Javier Maldonado (UTC) dec. #2 Ben Altman (DAV), 15-4
133 - #1 Jeff Hedges (UNCG) dec. #3 Terreyl Williams (ASU), 6-4
141 - #1 Cody Cleveland (UTC) fall #2 Marcus Cox (ASU), 2:22
149 - #1 Scott Ervin (ASU) dec. #2 Joey Knox (UTC), 4-3
157 - #1 Seth Garvin (UTC) dec. #2 Eddie Hutchinson (ASU), 8-2
165 - #1 Byron Sigmon (UNCG) dec. #2 Nick Davis (UTC), 3-0
174 - #1 Lloyd Rogers (UTC) dec. #3 Neal Martin (ASU), 12-5
184 - #1 Josh Edmondson (UTC) dec. #2 Austin Trotman (ASU), 8-3
197 - #1 Daren Burns (UNCG) dec. #2 Matt Koz (UTC), 2-1 (ot)
HWT - #3 Josh Wine (VMI) dec. #1 Ryan Hsu (UNCG), 5-3

Semifinals

125 - #1 Javier Maldonado (UTC) dec. #4 Tyler Sim (CIT), 11-3
125 - #2 Ben Altman (DAV) dec. #3 Frank Celorrio (ASU), 5-4 (ot)
133 - #1 Jedd Hedges (UNCG) dec. #4 Tyler Anthony (VMI), 5-2
133 - #3 Terreyl Williams (ASU) dec. #2 Steve Hromada (UTC), 11-4
141 - #1 Cody Cleveland (UTC) fall #4 Ben Wilmore (UNCG), 2:08
141 - #2 Marcus Cox (ASU) dec. #3 David Metzler (VMI), 10-3
149 - #1 Scott Ervin (ASU) fall #4 Derek Royster (CIT), 1:59
149 - #2 Joey Knox (UTC) fall #3 Marcus Hannah (UNCG), 1-0
157 - #1 Seth Garvin (UTC) fall #4 Keith Koziel (CIT), :59
157 - #2 Eddie Hutchinson (ASU) dec. #3 Mark Ring (UNCG), 11-1
165 - #1 Bryon Sigmon (UNCG) dec. #4 Tommy Hutchinson (ASU), 2-0
165 - #2 Nick Davis (UTC) dec. #3 Brendan Prince (CIT), 9-5
174 - #1 Lloyd Rogers (UTC) fall #5 Mikal McKee (UNCG), 4:39
174 - #3 Neal Martin (ASU) fall #2 Trebor Clavette (DAV), :55
184 - #1 Josh Edmondson (UTC) dec. #4 Jeremy Cannon (UNCG), 9-3
184 - #2 Austin Trotman (ASU) dec. #3 Sam O'Hair (DAV), 7-6
197 - #1 Daren Burns (UNCG) dec. #4 John Buck (CIT), 10-2
197 - #2 Matt Koz (UTC) dec. #3 Dylan Temple (ASU), 10-4
HWT - #1 Ryan Hsu (UNCG) dec. #5 Aaron Brown (CIT), 5-3
HWT - #3 Josh Wine (VMI) dec. #2 Matt Lettner (UTC), 2-0

Quarterfinals

125 - #4 Tyler Sim (CIT) dec. #5 Jeremy Adams (VMI), 6-4 (ot)
125 - #3 Frank Celorrio (ASU) dec. #6 Mitchell Johnson (UNCG), 5-4
133 - #4 Tyler Anthony (VMI) dec. Anthony Easter (CIT), 3-1
133 - #3 Terreyl Williams (ASU) fall #6 Alex Radsky (DAV), 4:45
141 - #4 Ben Wilmore (UNCG) dec. #5 Viltaly Radsky (DAV), 7-1
141 - #3 David Metzler (VMI) fall #6 Kip Thompson (CIT), 2:37
149 - #4 Derek Royster (CIT) dec. #5 Carl Sandercock (DAV), 10-2
149 - #3 Marcus Hannah (UNCG) dec. #6 John Held (VMI), 6-5
157 - #4 Keith Koziel (CIT) fall #5 Joe McGinley (DAV), 1:48
157 - #3 Mark Ring (UNCG) dec. #6 Andrew Dionne (VMI), 4-2
165 - #4 Tommy Hutchinson (App) fall #5 James Gordon (VMI), 2:46
165 - #3 Brendan Prince (CIT) dec. #6 Kevin Cook (DAV), 6-1
174 - #5 Mikal McKee (UNCG) dec. #4 Dustin McCabe (VMI), 4-2 ot
174 - #3 Neal Martin (ASU) dec. #6 Derek Sichel (CIT), 12-1

184 - #4 Jeremy Cannon (UNCG) dec. #5 Curtis Moore (VMI), 6-2
184 - #3 Sam O'Hair (DAV) tec. fall #6 Brian Hurley (CIT), 15-0
197 - #4 John Buck (CIT) maj. #5 Ronald Ellsworth (VMI), 8-0
197 - #3 Dylan Temple (ASU) BYE
HWT - #5 Aaron Brown (CIT) dec. #4 Jared Campbell (ASU), 5-2
HWT - #3 Josh Wine (VMI) fall #6 Charlie Wolff (DAV), 2:56

Consolation Finals

125 - #3 Frank Celorrio (ASU) dec. #4 Tyler Sim (CIT), 10-4
133 - #2 Steve Hromada (UTC) dec. #4 Tyler Anthony (VMI), 5-1
141 - #3 David Metzler (VMI) dec. #4 Ben Wilmore (UNCG), 13-1
149 - #3 Marcus Hannah (UNCG) dec. #4 Derek Royster (CIT), 6-2
157 - #3 Mark Ring (UNCG) fall #4 Keith Koziel (CIT), 1:58
165 - #4 Tommy Hutchinson (ASU) dec. #3 Brendan Prince (CIT), 3-1
174 - #2 Trebor Clavette (DAV) fall #5 Mikal McKee (UNCG), 1:58
184 - #3 Sam O'Hair (DAV) maj. #4 Jeremy Cannon, 10-0
197 - #3 Dylan Temple (ASU) maj. #4 John Buck (CIT), 9-1
HWT - #5 Aaron Brown (CIT) dec. #2 Matt Lettner (UTC), 3-2

Consolation Semifinals

125 - #3 Frank Celorrio (ASU) dec. #5 Jeremy Adams (VMI), 5-0
125 - #4 Tyler Sim (CIT) dec. #6 Mitchell Johnson (UNCG), 10-5
133 - #2 Steve Hromada (UTC) t.f. #5 Anthony Easter (CIT), 22-6 (6:59)
133 - #4 Tyler Anthony (VMI) dec. #6 Alex Radsky (DAV), 5-1
141 - #3 David Metzler (VMI) maj. #5 Vitaly Radsky (DAV), 10-1
141 - #4 Ben Wilmore (UNCG) maj. #6 Kip Thompson (CIT), 13-1
149 - #3 Marcus Hannah (UNCG) dec. #5 Carl Sandercock (DAV), 3-1
149 - #4 Derek Royster (CIT) dec. #6 John Held (VMI), 6-2
157 - #3 Mark Ring (UNCG) dec. #5 Joe McGinley (DAV), 4-0
157 - #4 Keith Koziel (CIT) maj. #6 Andrew Dionne (VMI), 8-0
165 - #3 Brendan Prince (CIT) maj. #5 James Gordon (VMI), 11-2
165 - #4 Tommy Hutchinson (ASU) maj. #6 Kevin Cook (DAV), 8-0
174 - #2 Trebor Clavette (DAV) dec. #4 Dustin McCabe (VMI), 6-2
174 - #5 Mikal McKee (UNCG) dec. #6 Derek Sichel (CIT), 14-10
184 - #3 Sam O'Hair (DAV) maj. #5 Curtis Moore (VMI), 9-0
184 - #4 Jeremy Cannon (UNCG) maj. #6 Brian Hurley (CIT), 11-0
197 - #3 Dylan Temple (ASU) fall #5 Ronald Ellsworth (VMI), :57
197 - #4 John Buck (CIT) BYE
HWT - #2 Matt Lettner (UTC) dec. #4 Jared Campbell (ASU), 5-2
HWT - #5 Aaron Brown (CIT) fall #6 Charlie Wolff (DAV), 4:37

Coach-of-the-Year: Chris Bono, Chattanooga

Freshman-of-the-Year: Austin Trotman, Appalachian State

Most Outstanding Wrestler: Cody Cleveland, Chattanooga

2009 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	104
2. UNC Greensboro	73
3. Appalachian State	63
4. The Citadel	55.5
5. VMI	27
6. Davidson	20.5

Individual Tournament Results

(Hosted by The Citadel; Charleston, S.C.)

Championship Finals

125 - #3 Demetrius Johnson (UTC) dec. #1 Tyler Sim (CIT), 7-3
 133 - #1 Frank Celorrio (ASU) dec. #3 Josh Statum (UTC), 7-1
 141 - #1 Cody Cleveland (UTC) fall #2 Chris Bencivenga (UNCG), 2:19
 149 - #1 Daniel Waddell (UTC) fall #2 Ben Wilmore (UNCG), 5:54
 157 - #2 Joey Knox (UTC) dec. #1 Andrew Saunders (UNCG), 7-1
 165 - #1 Seth Garvin (UTC) fall #3 Edwin Hojilla (UNCG), 6:51
 174 - #1 Jason McCroskey (UTC) dec. #3 J.C. Oddo (CIT), 6-0
 184 - #1 Mikal McKee (UNCG) dec. #3 Dylan Temple (ASU), 6-2
 197 - #1 Odie Delaney (CIT) dec. #3 David Pritz (ASU), 4-2
 HWT - #1 Josh Wine (VMI) dec. #2 Joe Sheffield (UNCG), 4-2

Semifinals

125 - #1 Tyler Sim (CIT) dec. #5 Jonathan Pope (VMI), 8-3
 125 - #3 Demetrius Johnson (UTC) dec. #2 Mitchell Johnson (UNCG), 14-12
 133 - #1 Jedd Hedges (UNCG) dec. #4 Tyler Anthony (VMI), 5-2
 133 - #3 Terreyl Williams (ASU) dec. #2 Steve Hromada (UTC), 11-4
 141 - #1 Cody Cleveland (UTC) fall #4 Ben Wilmore (UNCG), 2:08
 141 - #2 Marcus Cox (ASU) dec. #3 David Metzler (VMI), 10-3
 149 - #1 Scott Ervin (ASU) fall #4 Derek Royster (CIT), 1:59
 149 - #2 Joey Knox (UTC) fall #3 Marcus Hannah (UNCG), 1-0
 157 - #1 Seth Garvin (UTC) fall #4 Keith Koziel (CIT), :59
 157 - #2 Eddie Hutchinson (ASU) dec. #3 Mark Ring (UNCG), 11-1
 165 - #1 Bryon Sigmon (UNCG) dec. #4 Tommy Hutchinson (ASU), 2-0
 165 - #2 Nick Davis (UTC) dec. #3 Brendan Prince (CIT), 9-5
 174 - #1 Lloyd Rogers (UTC) fall #5 Mikal McKee (UNCG), 4:39
 174 - #3 Neal Martin (ASU) fall #2 Trebor Clavette (DAV), :55
 184 - #1 Josh Edmondson (UTC) dec. #4 Jeremy Cannon (UNCG), 9-3
 184 - #2 Austin Trotman (ASU) dec. #3 Sam O'Hair (DAV), 7-6
 197 - #1 Daren Burns (UNCG) dec. #4 John Buck (CIT), 10-2
 197 - #2 Matt Koz (UTC) dec. #3 Dylan Temple (ASU), 10-4
 HWT - #1 Ryan Hsu (UNCG) dec. #5 Aaron Brown (CIT), 5-3
 HWT - #3 Josh Wine (VMI) dec. #2 Matt Lettner (UTC), 2-0

Quarterfinals

125 - #4 Tyler Sim (CIT) dec. #5 Jeremy Adams (VMI), 6-4 (ot)
 125 - #3 Frank Celorrio (ASU) dec. #6 Mitchell Johnson (UNCG), 5-4
 133 - #4 Tyler Anthony (VMI) dec. Anthony Easter (CIT), 3-1
 133 - #3 Terreyl Williams (ASU) fall #6 Alex Radsky (DAV), 4:45
 141 - #4 Ben Wilmore (UNCG) dec. #5 Vitaly Radsky (DAV), 7-1
 141 - #3 David Metzler (VMI) fall #6 Kip Thompson (CIT), 2:37
 149 - #4 Derek Royster (CIT) dec. #5 Carl Sandercock (DAV), 10-2
 149 - #3 Marcus Hannah (UNCG) dec. #6 John Held (VMI), 6-5
 157 - #4 Keith Koziel (CIT) fall #5 Joe McGinley (DAV), 1:48
 157 - #3 Mark Ring (UNCG) dec. #6 Andrew Dionne (VMI), 4-2
 165 - #4 Tommy Hutchinson (App) fall #5 James Gordon (VMI), 2:46
 165 - #3 Brendan Prince (CIT) dec. #6 Kevin Cook (DAV), 6-1
 174 - #5 Mikal McKee (UNCG) dec. #4 Dustin McCabe (VMI), 4-2 ot

174 - #3 Neal Martin (ASU) dec. #6 Derek Sickel (CIT), 12-1
 184 - #4 Jeremy Cannon (UNCG) dec. #5 Curtis Moore (VMI), 6-2
 184 - #3 Sam O'Hair (DAV) tec. fall #6 Brian Hurley (CIT), 15-0
 197 - #4 John Buck (CIT) maj. #5 Ronald Ellsworth (VMI), 8-0
 197 - #3 Dylan Temple (ASU) BYE
 HWT - #5 Aaron Brown (CIT) dec. #4 Jared Campbell (ASU), 5-2
 HWT - #3 Josh Wine (VMI) fall #6 Charlie Wolff (DAV), 2:56

Consolation Finals

125 - #3 Frank Celorrio (ASU) dec. #4 Tyler Sim (CIT), 10-4
 133 - #2 Steve Hromada (UTC) dec. #4 Tyler Anthony (VMI), 5-1
 141 - #3 David Metzler (VMI) dec. #4 Ben Wilmore (UNCG), 13-1
 149 - #3 Marcus Hannah (UNCG) dec. #4 Derek Royster (CIT), 6-2
 157 - #3 Mark Ring (UNCG) fall #4 Keith Koziel (CIT), 1:58
 165 - #4 Tommy Hutchinson (ASU) dec. #3 Brendan Prince (CIT), 3-1
 174 - #2 Trebor Clavette (DAV) fall #5 Mikal McKee (UNCG), 1:58
 184 - #3 Sam O'Hair (DAV) maj. #4 Jeremy Cannon, 10-0
 197 - #3 Dylan Temple (ASU) maj. #4 John Buck (CIT), 9-1
 HWT - #5 Aaron Brown (CIT) dec. #2 Matt Lettner (UTC), 3-2

Consolation Semifinals

125 - #3 Frank Celorrio (ASU) dec. #5 Jeremy Adams (VMI), 5-0
 125 - #4 Tyler Sim (CIT) dec. #6 Mitchell Johnson (UNCG), 10-5
 133 - #2 Steve Hromada (UTC) t.f. #5 Anthony Easter (CIT), 22-6 (6:59)
 133 - #4 Tyler Anthony (VMI) dec. #6 Alex Radsky (DAV), 5-1
 141 - #3 David Metzler (VMI) maj. #5 Vitaly Radsky (DAV), 10-1
 141 - #4 Ben Wilmore (UNCG) maj. #6 Kip Thompson (CIT), 13-1
 149 - #3 Marcus Hannah (UNCG) dec. #5 Carl Sandercock (DAV), 3-1
 149 - #4 Derek Royster (CIT) dec. #6 John Held (VMI), 6-2
 157 - #3 Mark Ring (UNCG) dec. #5 Joe McGinley (DAV), 4-0
 157 - #4 Keith Koziel (CIT) maj. #6 Andrew Dionne (VMI), 8-0
 165 - #3 Brendan Prince (CIT) maj. #5 James Gordon (VMI), 11-2
 165 - #4 Tommy Hutchinson (ASU) maj. #6 Kevin Cook (DAV), 8-0
 174 - #2 Trebor Clavette (DAV) dec. #4 Dustin McCabe (VMI), 6-2
 174 - #5 Mikal McKee (UNCG) dec. #6 Derek Sickel (CIT), 14-10
 184 - #3 Sam O'Hair (DAV) maj. #5 Curtis Moore (VMI), 9-0
 184 - #4 Jeremy Cannon (UNCG) maj. #6 Brian Hurley (CIT), 11-0
 197 - #3 Dylan Temple (ASU) fall #5 Ronald Ellsworth (VMI), :57
 197 - #4 John Buck (CIT) BYE
 HWT - #2 Matt Lettner (UTC) dec. #4 Jared Campbell (ASU), 5-2
 HWT - #5 Aaron Brown (CIT) fall #6 Charlie Wolff (DAV), 4:37

Coach-of-the-Year: Chris Bono, Chattanooga

Freshman-of-the-Year: Austin Trotman, Appalachian State

Most Outstanding Wrestler: Cody Cleveland, Chattanooga

2010 Wrestling Championship

Team Results

Team Finish	Points
1. Chattanooga	104.5
2. Appalachian State	86.5
3. UNC Greensboro	71.5
4. The Citadel	30.5
5. VMI	26.0
6. Davidson	24.5

Individual Tournament Results

(Hosted by Chattanooga, Chattanooga, Tenn.)

Championship Finals

125 - #1 Javier Maldonado (UTC) dec. #2 Ben Altman (DAV), 15-4
133 - #1 Jeff Hedges (UNCG) dec. #3 Terreyl Williams (ASU), 6-4
141 - #1 Cody Cleveland (UTC) fall #2 Marcus Cox (ASU), 2:22
149 - #1 Scott Ervin (ASU) dec. #2 Joey Knox (UTC), 4-3
157 - #1 Seth Garvin (UTC) dec. #2 Eddie Hutchinson (ASU), 8-2
165 - #1 Byron Sigmon (UNCG) dec. #2 Nick Davis (UTC), 3-0
174 - #1 Lloyd Rogers (UTC) dec. #3 Neal Martin (ASU), 12-5
184 - #1 Josh Edmondson (UTC) dec. #2 Austin Trotman (ASU), 8-3
197 - #1 Daren Burns (UNCG) dec. #2 Matt Koz (UTC), 2-1 (ot)
HWT - #3 Josh Wine (VMI) dec. #1 Ryan Hsu (UNCG), 5-3

Semifinals

125 - #1 Javier Maldonado (UTC) dec. #4 Tyler Sim (CIT), 11-3
125 - #2 Ben Altman (DAV) dec. #3 Frank Celorrio (ASU), 5-4 (ot)
133 - #1 Jedd Hedges (UNCG) dec. #4 Tyler Anthony (VMI), 5-2
133 - #3 Terreyl Williams (ASU) dec. #2 Steve Hromada (UTC), 11-4
141 - #1 Cody Cleveland (UTC) fall #4 Ben Wilmore (UNCG), 2:08
141 - #2 Marcus Cox (ASU) dec. #3 David Metzler (VMI), 10-3
149 - #1 Scott Ervin (ASU) fall #4 Derek Royster (CIT), 1:59
149 - #2 Joey Knox (UTC) fall #3 Marcus Hannah (UNCG), 1-0
157 - #1 Seth Garvin (UTC) fall #4 Keith Koziel (CIT), :59
157 - #2 Eddie Hutchinson (ASU) dec. #3 Mark Ring (UNCG), 11-1
165 - #1 Bryon Sigmon (UNCG) dec. #4 Tommy Hutchinson (ASU), 2-0
165 - #2 Nick Davis (UTC) dec. #3 Brendan Prince (CIT), 9-5
174 - #1 Lloyd Rogers (UTC) fall #5 Mikal McKee (UNCG), 4:39
174 - #3 Neal Martin (ASU) fall #2 Trebor Clavette (DAV), :55
184 - #1 Josh Edmondson (UTC) dec. #4 Jeremy Cannon (UNCG), 9-3
184 - #2 Austin Trotman (ASU) dec. #3 Sam O'Hair (DAV), 7-6
197 - #1 Daren Burns (UNCG) dec. #4 John Buck (CIT), 10-2
197 - #2 Matt Koz (UTC) dec. #3 Dylan Temple (ASU), 10-4
HWT - #1 Ryan Hsu (UNCG) dec. #5 Aaron Brown (CIT), 5-3
HWT - #3 Josh Wine (VMI) dec. #2 Matt Lettner (UTC), 2-0

Quarterfinals

125 - #4 Tyler Sim (CIT) dec. #5 Jeremy Adams (VMI), 6-4 (ot)
125 - #3 Frank Celorrio (ASU) dec. #6 Mitchell Johnson (UNCG), 5-4
133 - #4 Tyler Anthony (VMI) dec. Anthony Easter (CIT), 3-1
133 - #3 Terreyl Williams (ASU) fall #6 Alex Radsy (DAV), 4:45
141 - #4 Ben Wilmore (UNCG) dec. #5 Viltaly Radsy (DAV), 7-1
141 - #3 David Metzler (VMI) fall #6 Kip Thompson (CIT), 2:37
149 - #4 Derek Royster (CIT) dec. #5 Carl Sandercock (DAV), 10-2
149 - #3 Marcus Hannah (UNCG) dec. #6 John Held (VMI), 6-5
157 - #4 Keith Koziel (CIT) fall #5 Joe McGinley (DAV), 1:48
157 - #3 Mark Ring (UNCG) dec. #6 Andrew Dionne (VMI), 4-2
165 - #4 Tommy Hutchinson (App) fall #5 James Gordon (VMI), 2:46
165 - #3 Brendan Prince (CIT) dec. #6 Kevin Cook (DAV), 6-1
174 - #5 Mikal McKee (UNCG) dec. #4 Dustin McCabe (VMI), 4-2 ot
174 - #3 Neal Martin (ASU) dec. #6 Derek Sickel (CIT), 12-1

184 - #4 Jeremy Cannon (UNCG) dec. #5 Curtis Moore (VMI), 6-2
184 - #3 Sam O'Hair (DAV) tec. fall #6 Brian Hurley (CIT), 15-0
197 - #4 John Buck (CIT) maj. #5 Ronald Ellsworth (VMI), 8-0
197 - #3 Dylan Temple (ASU) BYE
HWT - #5 Aaron Brown (CIT) dec. #4 Jared Campbell (ASU), 5-2
HWT - #3 Josh Wine (VMI) fall #6 Charlie Wolff (DAV), 2:56

Consolation Finals

125 - #3 Frank Celorrio (ASU) dec. #4 Tyler Sim (CIT), 10-4
133 - #2 Steve Hromada (UTC) dec. #4 Tyler Anthony (VMI), 5-1
141 - #3 David Metzler (VMI) dec. #4 Ben Wilmore (UNCG), 13-1
149 - #3 Marcus Hannah (UNCG) dec. #4 Derek Royster (CIT), 6-2
157 - #3 Mark Ring (UNCG) fall #4 Keith Koziel (CIT), 1:58
165 - #4 Tommy Hutchinson (ASU) dec. #3 Brendan Prince (CIT), 3-1
174 - #2 Trebor Clavette (DAV) fall #5 Mikal McKee (UNCG), 1:58
184 - #3 Sam O'Hair (DAV) maj. #4 Jeremy Cannon, 10-0
197 - #3 Dylan Temple (ASU) maj. #4 John Buck (CIT), 9-1
HWT - #5 Aaron Brown (CIT) dec. #2 Matt Lettner (UTC), 3-2

Consolation Semifinals

125 - #3 Frank Celorrio (ASU) dec. #5 Jeremy Adams (VMI), 5-0
125 - #4 Tyler Sim (CIT) dec. #6 Mitchell Johnson (UNCG), 10-5
133 - #2 Steve Hromada (UTC) t.f. #5 Anthony Easter (CIT), 22-6 (6:59)
133 - #4 Tyler Anthony (VMI) dec. #6 Alex Radsy (DAV), 5-1
141 - #3 David Metzler (VMI) maj. #5 Vitaly Radsy (DAV), 10-1
141 - #4 Ben Wilmore (UNCG) maj. #6 Kip Thompson (CIT), 13-1
149 - #3 Marcus Hannah (UNCG) dec. #5 Carl Sandercock (DAV), 3-1
149 - #4 Derek Royster (CIT) dec. #6 John Held (VMI), 6-2
157 - #3 Mark Ring (UNCG) dec. #5 Joe McGinley (DAV), 4-0
157 - #4 Keith Koziel (CIT) maj. #6 Andrew Dionne (VMI), 8-0
165 - #3 Brendan Prince (CIT) maj. #5 James Gordon (VMI), 11-2
165 - #4 Tommy Hutchinson (ASU) maj. #6 Kevin Cook (DAV), 8-0
174 - #2 Trebor Clavette (DAV) dec. #4 Dustin McCabe (VMI), 6-2
174 - #5 Mikal McKee (UNCG) dec. #6 Derek Sickel (CIT), 14-10
184 - #3 Sam O'Hair (DAV) maj. #5 Curtis Moore (VMI), 9-0
184 - #4 Jeremy Cannon (UNCG) maj. #6 Brian Hurley (CIT), 11-0
197 - #3 Dylan Temple (ASU) fall #5 Ronald Ellsworth (VMI), :57
197 - #4 John Buck (CIT) BYE
HWT - #2 Matt Lettner (UTC) dec. #4 Jared Campbell (ASU), 5-2
HWT - #5 Aaron Brown (CIT) fall #6 Charlie Wolff (DAV), 4:37

Coach-of-the-Year: Chris Bono, Chattanooga

Freshman-of-the-Year: Austin Trotman, Appalachian State

Most Outstanding Wrestler: Cody Cleveland, Chattanooga

Summary of Scoring

Team Points

Championship Flight

- 7 Semifinal Win
- 3 Final Win
- 1 Each Match Won
- 1 If a bye is followed by a win
- 2 Fall, Forfeit, Disqualification, Default
- .75 Technical Fall (15 or more points)
- 1 Major Decision (8-14 points)

Consolation Flight

- 2 Semifinal Win
- 2 Final Win
- .5 Each Match Won
- .5 If a bye is followed by a win
- 2 Fall, Forfeit, Disqualification, Default
- .75 Technical Fall (15 or more points)
- 1 Major Decision (8-14 points)

Individual Match Points

- 2 Takedown
- 1 Escape
- 2 Reversal
- 2 or 3 Near Fall
- 1 Time Advantage
(Maximum for one full minute)

Wrestling Definitions

Decisions: If no fall has resulted after the expiration of the three regular periods of any match, the referee shall award the match to the contestant who has scored the greater number of points as provided by the points system. If there is a tie in the number of points scored, the referee shall declare the match a draw in dual meets.

Default: A default is awarded in a match when one of the contestants is unable to continue wrestling for any reason.

Disqualification: Disqualification is a situation in which a contestant is banned from participating in accordance with the Penalty Chart.

Escape: DEFENSIVE WRESTLER: Bottom man; OFFENSIVE WRESTLER: Top Man. An escape occurs when the defensive wrestler gains a neutral position and the offensive wrestler has lost control while supporting points of either wrestler are within the wrestling area.

Fall: Any part of both shoulders or area of both scapulas held in contact with the mat for one second constitutes a fall. The one-second count (one thousand and one) shall be a silent count by the referee and shall start only after the referee is in such a position that he can observe that a fall is imminent, after which the shoulders or the scapula area must be held in continuous contact with the mat in bounds for one second before a fall is awarded. A) A fall shall not be awarded when one of both shoulders of the defensive wrestler are out of bounds. B) If either wrestler is handicapped by having any portion of his body out of bounds, no fall shall be awarded and out-of-bounds shall be declared. C) When the match is stopped for out-of-bounds in a fall situation, the match shall be resumed in the starting position on the mat.

Forfeit: A forfeit is received by a wrestler when his opponent, for any reason, fails to appear for the match. In order to receive a forfeit, a wrestler must be dressed in wrestling uniform and appear on the mat.

Neutral Position: A neutral position is a position in which neither wrestler has control.

Near Fall: A near fall is a position in which the offensive wrestler has control of his opponent in a pinning situation, 2 points shall be awarded. The criteria for a near-fall having been met uninterrupted for five seconds, three points shall be awarded. Whenever possible, a visual hand count is to be used in determining a three-point near fall.

Reversal: A reversal occurs when the defensive wrestler comes from underneath and gains control of his opponent, either on the mat or in a standing position, while the supporting points of either wrestler are within the wrestling area.

Stalemate: When the contestants are interlocked in an other than pinning situation in which neither wrestler can improve his position, the referee shall, as soon as possible, stop the match and wrestling will be resumed for an out-of-bounds.

Takedown: When, from the neutral position, a contestant gains control and places his opponent's supporting points down on the mat (Held beyond reaction time, while the supporting points of either wrestler are within the wrestling area), he has gained a takedown.

Time Advantage: The offensive wrestler who has control in an advantage position over his opponent is gaining time advantage. At the end of the match, if the contestant with the greater time advantage has less than one minute of net time advantage, no point is awarded. If he has one minute or more of time advantage, he is awarded a maximum of one point.