

**SOUTHERN CONFERENCE INDOOR TRACK & FIELD
CHAMPIONSHIP**

Lexington, VA
VMI-Corps Physical Training Facility
Weather: Sunny and Warm
Host: Southern Conference
2/24/2024 - 2/25/2024

MEET OFFICIALS

Meet Director:
Sean Diminick
Meet Referee:
John Weaver
Timing:
SnapTiming



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printed: 2/24/2024 6:18 PM

START LIST**#33-5 Men's Indoor Heptathlon 60m Hurdles**

& SoCon 7.79 Titus Moore Samford 2023

9:00 AM (Day 2)

Lane	#	Name	Yr	Team
Section 1 of 3				
2	273	LATORRE, Sebastian	SR	Wofford
4	131	WERNER, Samuel	FR	Samford
6	132	WILLIAMSON, Bryce	JR	Samford
Section 2 of 3				
2	225	HIBBERTS, Ethan	FR	Western Carolina
4	217	CAPPS, Colby	FR	Western Carolina
6	170	BLOUNT, Isaiah	JR	VMI
Section 3 of 3				
2	133	WOMACK, Ethan	SO	Samford
4	238	WORLEY, Damon	JR	Western Carolina
6	265	CASEY, Jackson	JR	Wofford

#9 Men's 1 Mile Run

& SoCon 3:59.75 Cameron Ponder Furman 2022

12:00 PM (Day 2)

Lane	#	Name	Yr	Team	Time
Section 1 of 1					
1	233	STECHEER, Henry	JR	Western Carolina	4:22.44
2	87	PONDER, Cameron	SR	Furman	NT
3	125	SCHEFFLER, Caleb	SO	Samford	NT
4	83	KEMPNEY, Colton	FR	Furman	4:21.81
5	272	JONES, Liam	FR	Wofford	4:36.53
6	228	MECOM, Lawson	FR	Western Carolina	4:22.80
7	222	DAVIS, John	JR	Western Carolina	4:20.03
8	85	MONTAGUE, Gabriel	SO	Furman	4:08.11
9	90	SEYMOUR, Brayden	FR	Furman	4:15.56

#10 Women's 1 Mile Run

& SoCon 4:38.23 Karisa Nelson Samford 2019

12:10 PM (Day 2)

Lane	#	Name	Yr	Team	Time
Section 1 of 1					
1	64	GRAY, Bonita	JR	East Tenn. St.	5:08.45
2	247	HOPKINS, Katherine	FR	Western Carolina	5:08.55
3	19	WHEATCROFT, Maddie	SO	Chattanooga	5:10.63
4	208	LAVENDER, Nathalie	SO	VMI	5:44.45
5	65	HOWARD, Rebekah	JR	East Tenn. St.	5:06.38
6	17	VRADENBURGH, Katherine	SR	Chattanooga	5:07.41
7	12	REYNOLDS, Kennedy	FR	Chattanooga	NT
8	54	ARCHULETTA, Ansley	JR	East Tenn. St.	5:16.18
9	104	MATYSIK, Nicole	SR	Furman	4:47.92
10	106	ROBERTSON, Abigail	SR	Furman	4:46.43
11	152	MCGOWAN, Harper	JR	Samford	4:59.32

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START LIST**#10 Women's 1 Mile Run (cont'd)****12:10 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
12	101	GARRETT, Clair	SO	Furman	4:59.04

#15 Men's 60m Hurdles

&	SoCon	7.79	Titus Moore	Samford	2023
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Finals 12:20 PM (Day 2)

Lane	#	Name	Yr	Team	Time
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Section 1 of 1

1	281	WOODARD, Archie	FR	Wofford	8.81
2	280	WITHERSPOON, Grant	JR	Wofford	8.39
3	185	MCBRIDE, Liam	JR	VMI	8.11
4	122	MOORE, Titus	SR	Samford	7.87
5	227	MCFERRIN, C.J.	JR	Western Carolina	8.09
6	134	WRIGHT, Landon	JR	Samford	8.31
7	123	OLIVO, Jackson	SO	Samford	8.58
8	170	BLOUNT, Isaiah	JR	VMI	9.01

#16 Women's 60m Hurdles

&	SoCon	8.29	Demeteria Edgecombe/Kyra Atkins	ETSU/ETSU	2015
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Finals 12:30 PM (Day 2)

Lane	#	Name	Yr	Team	Time
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Section 1 of 1

1	282	BAGG, Olivia	SO	Wofford	9.12
2	252	LYSIGHT, Shaneil	SO	Western Carolina	9.04
3	283	CAMPBELL, JaKayla	FR	Wofford	8.80
4	140	DABNEY, Amiel	JR	Samford	8.61
5	240	BOYD, Imani	JR	Western Carolina	8.79
6	142	DRAKE, Ayden	JR	Samford	9.09
7	300	VAN DER LINDE, Marga	JR	Wofford	9.11
8	138	COLEMAN, Meg	SO	Samford	9.14

#1 Men's 60 Meters

&	SoCon	6.73	Ernest Wiggins	Appalachian State	2004
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Finals 12:40 PM (Day 2)

Lane	#	Name	Yr	Team	Time
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Section 1 of 1

1	266	DALTON, Cameron	JR	Wofford	6.96
2	229	MILES, David	SR	Western Carolina	6.92
3	111	CAMPBELL, Cagan	SR	Samford	6.87
4	268	FISHER, O'Rell	JR	Wofford	6.79
5	27	JONES, Bradlee	FR	Citadel	6.80
6	119	MALCOLM, William	JR	Samford	6.88
7	33	SHINE, Demetrius	SO	Citadel	7.06
8	171	BROWN, Nick	JR	VMI	6.99

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printed: 2/24/2024 6:18 PM**START LIST****#2 Women's 60 Meters**

& SoCon 7.40 Nicole Johnson ETSU 2020

Finals 12:50 PM (Day 2)

Lane	#	Name	Yr	Team	Time
Section 1 of 1					
1	140	DABNEY, Amiel	JR	Samford	7.72
2	244	GAYLE, Brianna	JR	Western Carolina	7.69
3	292	MCNINCH, Madeline	SR	Wofford	7.59
4	194	ARMSTRONG, Eleyah	JR	VMI	7.49
5	299	TENNANT, Ella	SO	Wofford	7.56
6	239	BLAIR, Armani	SO	Western Carolina	7.58
7	39	BYRD, Cyla	SR	Citadel	7.70
8	79	WALKER, Gabrielle	SO	East Tenn. St.	7.74

#5 Men's 400 Meters

& SoCon 46.97 Brunson Miller The Citadel 2012

Finals 1:00 PM (Day 2)

Lane	#	Name	Yr	Team	Time
Section 1 of 2					
3	213	BARTON, Elias	FR	Western Carolina	49.09
4	224	GODFREY, Quinton	FR	Western Carolina	49.02
5	263	BENNETT, Zion	SO	Wofford	48.76
6	123	OLIVO, Jackson	SO	Samford	48.91
Section 2 of 2					
3	134	WRIGHT, Landon	JR	Samford	49.07
4	176	EDWARDS, Richard	JR	VMI	48.97
5	111	CAMPBELL, Cagan	SR	Samford	47.75
6	171	BROWN, Nick	JR	VMI	48.20

#6 Women's 400 Meters

& SoCon 54.61 Felisha Garren Western Carolina 2012

Finals 1:10 PM (Day 2)

Lane	#	Name	Yr	Team	Time
Section 1 of 2					
3	200	HALL, Heaven	SO	VMI	59.83
4	260	TURNER, Mikayla	JR	Western Carolina	58.73
5	149	LUEDERS, Grace	SO	Samford	58.18
6	142	DRAKE, Ayden	JR	Samford	58.21
Section 2 of 2					
3	257	SAUNDERS, Kyndal	FR	Western Carolina	59.61
4	241	BUTLER, Leah	FR	Western Carolina	58.28
5	290	JEFFERSON, Jasmine	SR	Wofford	55.15
6	249	JENKINS, Nytrinitey	JR	Western Carolina	58.14

#7 Men's 800 Meters

& SoCon 1:49.77 Jose Penalver Samford 2021

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START LIST**#7 Men's 800 Meters (cont'd)****Finals 1:20 PM (Day 2)**

Lane #	Name	Yr	Team	Time
Section 1 of 1				
1	178 HAGERICH, Benjamin	SO	VMI	1:55.85
2	126 SIEGEL, Harrison	SR	Samford	1:55.27
3	222 DAVIS, John	JR	Western Carolina	1:55.60
4	163 BARNARD, Sam	FR	UNC-Greensboro	1:55.47
5	233 STECHER, Henry	JR	Western Carolina	1:55.08
6	112 CARICO-MCLENNAN, Zephaniah	SO	Samford	1:52.25
7	164 HAMILTON, Andrew	JR	UNC-Greensboro	1:54.73
8	94 WILLIAMS, Carson	JR	Furman	1:54.55

#8 Women's 800 Meters

& SoCon 2:05.68 Megan Marvin Samford 2022

Finals 1:30 PM (Day 2)

Lane #	Name	Yr	Team	Time
Section 1 of 1				
1	62 BURKHART, Hannah	SR	East Tenn. St.	2:17.26
2	54 ARCHULETTA, Ansley	JR	East Tenn. St.	2:18.03
3	102 HARPER, Callie	JR	Furman	2:17.48
4	147 KELLER, Katie	SR	Samford	2:17.49
5	68 LANCE, Meg	SO	East Tenn. St.	2:17.93
6	108 WENNERSTEN, Camryn	SO	Furman	2:14.97
7	103 MARVIN, Megan	SR	Furman	2:12.14
8	144 HAISCH, Adeline	JR	Samford	2:16.99

#3 Men's 200 Meters

& SoCon 21.13 Delevantie Brown ETSU 1995

Finals 1:40 PM (Day 2)

Lane #	Name	Yr	Team	Time
Section 1 of 2				
3	35 THOMPSON, Dylan	FR	Citadel	22.40
4	111 CAMPBELL, Cagan	SR	Samford	22.06
5	229 MILES, David	SR	Western Carolina	21.81
6	212 AYDEN, Teddy	JR	Western Carolina	21.85
Section 2 of 2				
3	119 MALCOLM, William	JR	Samford	22.35
4	263 BENNETT, Zion	SO	Wofford	22.02
5	266 DALTON, Cameron	JR	Wofford	21.51
6	224 GODFREY, Quinton	FR	Western Carolina	21.68

#4 Women's 200 Meters

& SoCon 23.84 Lamonda Miller Appalachian State 1989

Finals 1:50 PM (Day 2)

Lane #	Name	Yr	Team	Time
Section 1 of 2				
3	259 THOMAS, Cymoria	FR	Western Carolina	25.50
4	244 GAYLE, Brianna	JR	Western Carolina	25.17

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START LIST**#4 Women's 200 Meters (cont'd)****Finals 1:50 PM (Day 2)**

Lane	#	Name	Yr	Team	Time
5	249	JENKINS, Nytrinitey	JR	Western Carolina	24.81
6	194	ARMSTRONG, Eleyah	JR	VMI	24.82

Section 2 of 2

3	39	BYRD, Cyla	SR	Citadel	25.28
4	150	MARTIN, Kelsey	JR	Samford	25.01
5	290	JEFFERSON, Jasmine	SR	Wofford	24.35
6	292	MCNINCH, Madeline	SR	Wofford	24.55

#13 Men's 5000 Meters

& SoCon 13:54.58 Dylan Schubert Furman 2023

2:00 PM (Day 2)

Lane	#	Name	Yr	Team	Time
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Section 1 of 1

1	37	WULFHORST, Alex	SR	Citadel	16:09.37
2	81	BURR, Casey	JR	Furman	NT
3	95	WRIGHT, Tucker	FR	Furman	NT
4	181	KIERNAN, Patrick	JR	VMI	16:25.60
5	91	SHIFFLETT, Owen	FR	Furman	NT
6	187	SHANK, Kevin	FR	VMI	15:15.54
7	118	JORDAN, William	SO	Samford	15:16.11
8	222	DAVIS, John	JR	Western Carolina	NT
9	228	MECOM, Lawson	FR	Western Carolina	NT
10	82	GOLDSTEIN, Nicholas	JR	Furman	14:09.43
11	89	SCHUBERT, Dylan	JR	Furman	13:29.95
12	93	TAYLOR, Luke	SO	Furman	14:31.22
13	166	LONG, Ethan	JR	UNC-Greensboro	14:55.84
14	120	MCGINNIS, Andrew	SO	Samford	14:40.32

#14 Women's 5000 Meters

& SoCon 16:22.61 Savannah Carnahan Furman 2019

2:20 PM (Day 2)

Lane	#	Name	Yr	Team	Time
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Section 1 of 2

1	11	POTTER, Allie	SR	Chattanooga	21:10.83
2	67	JOHNSON, Camryn	SO	East Tenn. St.	18:33.23
3	196	FIORILLO, Caroline	JR	VMI	NT
4	1	BAKER, Lola	FR	Chattanooga	18:45.32
5	289	HINDS, Becca	SO	Wofford	19:31.69
6	5	ELLIS, Andrea	FR	Chattanooga	NT
7	258	SKOGLUND, Peyton	FR	Western Carolina	NT
8	44	ELGREN, Maret	SR	Citadel	18:28.55

Section 2 of 2

1	65	HOWARD, Rebekah	JR	East Tenn. St.	NT
2	247	HOPKINS, Katherine	FR	Western Carolina	NT
3	64	GRAY, Bonita	JR	East Tenn. St.	NT

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START LIST**#14 Women's 5000 Meters (cont'd)****2:20 PM (Day 2)**

Lane	#	Name	Yr Team	Time
4	104	MATYSIK, Nicole	SR Furman	NT
5	256	RUNYAN, Sydney	JR Western Carolina	NT
6	7	GREEN, Lesley	SR Chattanooga	NT
7	109	WITTMAN, Kylie	SR Furman	NT
8	2	BOYD, Leah	SO Chattanooga	NT
9	77	SNYDER, Kiera	JR East Tenn. St.	NT
10	97	BOWER, Sierra	JR Furman	16:18.39
11	160	SMITH, Edie	JR Samford	17:51.69
12	76	SEERING, Josi	FR East Tenn. St.	17:56.79
13	98	CADEAU, Madelynne	SR Furman	16:16.29
14	210	SISK, Jillian	FR VMI	17:52.07

#17 Men's 4 x 400m Relay

& SoCon 3:14.40 High, Hunter, Vaught, Hyman Western Carolina 2000

3:10 PM (Day 2)

Lane	Team	Time
Section 1 of 1		
1	Citadel (A)	NT
	1) BAGLIA, Bryce SR 2) CAMPBELL, Charles FR	
	3) DUNCAN, Kane SR 4) NEWTON, Treonte SR	
	5) THOMPSON, Dylan FR 6)	
2	Furman (A)	3:33.75
	1) NEWMAN, Christian SR 2) SNELL, Lloyd Wamu FR	
	3) PRICE, Jackson FR 4) SEYMOUR, Brayden FR	
	5) KNIGHT, Christopher FR 6) SHIFFLETT, Owen FR	
	7) TAYLOR, Luke SO 8)	
3	Samford (A)	3:24.80
	1) CAMPBELL, Cagan SR 2) OLIVO, Jackson SO	
	3) TABOR, Tyke JR 4) WRIGHT, Landon JR	
	5) BROOKS, Evan SR 6) CARICO-MCLENNAN, Zephaniah SO	
4	Wofford (A)	3:19.64
	1) BENNETT, Zion SO 2) STAMPER, Thomas SO	
	3) MURPHY, Conor SR 4) DALTON, Cameron JR	
5	Western Carolina (A)	3:16.85
	1) AYDEN, Teddy JR 2) BARTON, Elias FR	
	3) CROSBY, Kylan JR 4) GODFREY, Quinton FR	
	5) MILES, David SR 6) STECHER, Henry JR	
	7) STRALEY, Noah SO 8) WILLIAMS, Nathan SO	

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START LIST**#17 Men's 4 x 400m Relay (cont'd)****3:10 PM (Day 2)**

Lane	Team		Time
6	VMI (A)	A	3:19.10
	1) BROWN, Nick JR	2) EDWARDS, Richard JR	
	3) TOPOS, Xander JR	4) WILKS, Jeremiah JR	
	5) DONAGHEY, Caleb FR	6) BLOUNT, Isaiah JR	
	7) MALE, Charles JR	8)	

#18 Women's 4 x 400m Relay

& SoCon 3:44.98 Pryor, Emrick, Elliot, Garren Western Carolina 2012

3:20 PM (Day 2)

Lane	Team		Time
Section 1 of 2			
4	Citadel (A)	A	NT
	1) ARGUELLO, Brianna SR	2) BYRD, Cyla SR	
	3) SHEA, Gabby SR	4) WILLIAMS, Danielle K FR	
	5) WILLIAMSON, Julia FR	6)	
5	Chattanooga (A)	A	4:10.05
	1) WHEATCROFT, Maddie SO	2) VRADENBURGH, Katherine SR	
	3) UNTERHOLZNER, Sarah JR	4) FOLEY, Lexi SO	
	5) MCGUE, Ava FR	6) BOYD, Leah SO	
	7) REYNOLDS, Kennedy FR	8) TYLL, Brooke FR	
6	Furman (A)	A	4:11.01
	1) DONNELLY, Beth SR	2) GARRETT, Clair SO	
	3) ROBERSON, Cambelle FR	4) STRANGE, Jonna SR	
	5) HARPER, Callie JR	6) WENNERSTEN, Camryn SO	
Section 2 of 2			
2	VMI (A)	A	4:03.38
	1) GREEN, SeMore SO	2) HALL, Heaven SO	
	3) LAFOREST, Alina FR	4) HURD, Olivia FR	
	5) JAMES, Anijah FR	6) ARMSTRONG, Eleyah JR	
3	East Tenn. St. (A)	A	4:01.22
	1) BELL, Paden FR	2) BOYKIN, McKenna SO	
	3) BURKHART, Hannah SR	4) RODRIGUEZ, Gabriella FR	
	5) LINDSEY, Emily FR	6) LANCE, Meg SO	
	7) ARCHULETTA, Ansley JR	8) GANSORE, Leslie JR	
4	Wofford (A)	A	3:59.85
	1) KING, Dannielle FR	2) JEFFERSON, Jasmine SR	
	3) SAYRE, Brooke SO	4) VAN DER LINDE, Marga JR	
5	Samford (A)	A	3:51.46
	1) CHADWICK, Ellison FR	2) MARTIN, Kelsey JR	
	3) LUEDERS, Grace SO	4) DRAKE, Ayden JR	
	5) OWEN, Maris FR	6)	

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#18 Women's 4 x 400m Relay (cont'd)

3:20 PM (Day 2)

Lane	Team		Time
6	Western Carolina (A)	A	3:57.56
	1) BOYD, Imani JR		
	2) BUTLER, Leah FR		
	3) GAYLE, Brianna JR		
	4) JENKINS, Nytrinitey JR		
	5) LOWE, Sydney SO		
	6) SAUNDERS, Kyndal FR		
	7) THOMAS, Cymoria FR		
	8) TURNER, Mikayla JR		