



# 2024 SOUTHERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Shauna Yelton Field at The Samford Track and Soccer Stadium  
Birmingham, Ala.



## SCHEDULE OF EVENTS

### MONDAY, MAY 6

#### Track events

- 4:00 p.m. ....Men's 1,500m Trials
- 4:15 p.m. .... Women's 1,500m Trials
- 4:30 p.m. ....Men's 100m Hurdles Trials
- 4:45 p.m. ... Women's 110m Hurdles Trials
- 5:00 p.m. ....Men's 400m Trials
- 5:10 p.m. ....Women's 400m Trials
- 5:20 p.m. ....Men's 100m Trials
- 5:30 p.m. ....Women's 100m Trials
- 5:40 p.m. ....Men's 800m Trials
- 5:50 p.m. ....Women's 800m Trials
- 6:05 p.m. ....Men's 400m Hurdles Trials
- 6:15 p.m. ... Women's 400m Hurdles Trials
- 6:30 p.m. ....Men's 200m Trials
- 6:45 p.m. ....Women's 200m Trials
- 7:00 p.m. ....Men's 3,000m SC Final
- 7:20 p.m. ....Women's 3,000m SC Final
- 7:35 p.m. ....Men's 10,000m Final
- 8:20 p.m. .... Women's 10,000m Final

#### Field events

- 12:30 p.m. ....Men's Hammer Final
- 3:00 p.m. .... Women's Hammer Final
- 3:30 p.m. ....Men's Pole Vault Final
- 4:00 p.m. ....Men's Long Jump Final
- 5:30 p.m. ....Men's Javelin Final
- 6:30 p.m. .... Women's Long Jump Final
- 6:30 p.m. .... Women's Pole Vault Final
- 7:30 p.m. .... Women's Javelin Final

#### Combined events

- 11:00 a.m. ....Men's Decathlon Final
- ..... 100m, LJ, SP, HJ, 400m
- 11:15 a.m. ....Women's Heptathlon Final
- .....100m Hurdles, HJ, SP, 200m

### TUESDAY, MAY 7

#### Track events

- 3:00 p.m. ....Men's 4x100m Final
- 3:10 p.m. ....Women's 4x100m Final
- 3:20 p.m. ....Men's 1,500m Final
- 3:30 p.m. .... Women's 1,500m Final
- 3:40 p.m. ....Men's 100m Hurdles Final
- 3:50 p.m. ...Women's 110m Hurdles Final
- 4:00 p.m. ....Men's 400m Final
- 4:10 p.m. .... Women's 400m Final
- 4:20 p.m. ....Men's 100m Final
- 4:30 p.m. .... Women's 100m Final
- 4:40 p.m. ....Men's 800m Final
- 4:50 p.m. .... Women's 800m Final
- 5:00 p.m. ....Men's 400m Hurdles Final
- 5:10 p.m. ...Women's 400m Hurdles Final
- 5:20 p.m. ....Men's 200m Final
- 5:30 p.m. .... Women's 200m Final
- 5:40 p.m. ....Men's 5,000m Final
- 6:05 p.m. .... Women's 5,000m Final
- 6:25 p.m. ....Men's 4x400m Final
- 6:35 p.m. ....Women's 4x400m Final

#### Field events

- 1:15 p.m. ....Men's Shot Put Final
- 1:15 p.m. ....Women's Discus Final
- 1:15 p.m. ....Men's High Jump Final
- 3:00 p.m. .... Women's High Jump Final
- 3:30 p.m. ....Men's Discus Final
- 3:30 p.m. .... Women's Shot Put Final
- 4:00 p.m. ....Men's Triple Jump Final
- 4:45 p.m. .... Women's Triple Jump Final

#### Combined events

- 11:00 a.m. ....Men's Decathlon Final
- ..... 110m Hurdles, DT, PV, JT, 1500m
- 11:15 a.m. ....Women's Heptathlon Final
- .....LJ, JT, 800m

\* All times Central

## CHAMPIONSHIP PREVIEW

### 2024 OUTDOOR TRACK & FIELD CHAMPIONSHIPS KICK OFF MONDAY

The Southern Conference Men's and Women's Outdoor Track and Field Championships will take place at Samford's Shauna Yelton Field at The Samford Track and Soccer Stadium in Birmingham, Alabama on Monday and Tuesday. This year marks the 99th championship for the men and 37th for the women.

Monday's schedule gets under way with the start of the decathlon at 11 a.m., followed by the start of the heptathlon at 11:15. The Men's hammer throw final gets the field events started at 12:30 p.m., with the first track event, the preliminaries of the men's 1,500-meter run, slated to begin at 4 p.m. In all, 12 champions will be crowned on the first day of competition – four on the track and eight in field events.

Tuesday's schedule opens with resumption of the decathlon at 11 a.m., with the heptathlon resuming at 11:15. Field events begin with the men's shot put and women's discus finals at 1:15 p.m. and the men's 4x100-meter relay gets the track events started at 3 p.m. The day concludes with the men's and women's 4x400-meter relays at 6:25 and 6:35, respectively, followed by the awards ceremony. Thirty events will crown champions on the final day of the meet.

Samford is the defending champion on both the men's and women's sides. The Bulldog men claimed their fifth title overall and third straight last year, turning a 27-point day-one lead into a 118-point win over runner-up Western Carolina. Samford's women claimed their fourth straight title and sixth overall last season, jumping out to a 46.5-point day-one lead and expanding that to an 86-point margin of victory over runner-up Wofford.

Samford, which swept the men's and women's titles at the SoCon Indoor Track and Field Championships for the fifth season in a row, holds healthy leads in this season's outdoor power rankings, determined by the top eight times or scores that are reported by the schools for each event that will be conducted at this week's championships.

The Bulldog men have totaled 233 points in the power rankings, scoring in 19 of 21 events, including 21 points in the pole vault, to easily outdistance second-place VMI (117 points). Western Carolina is third in the power rankings with 106.33 points.

Samford's women have totaled 221 points in the power rankings, scoring in 17 of 21 events, highlighted by 25 points in the pole vault. Wofford is second in the power rankings with 120 points, with Western Carolina in third with 105.

Tuesday's action will air live on ESPN+ beginning at 12:05 p.m. Live results, daily recaps, photos and video highlights can be found at SoConSports.com.

2024 Power Rankings					
	Men		Women		
Team	Points	Team	Points		
Samford	233	Samford	221		
VMI	117	Wofford	120		
Western Carolina	106.33	Western Carolina	105		
Wofford	97	Furman	95		
Furman	95	ETSU	94		
ETSU	76.66	VMI	56		
The Citadel	48	The Citadel	53		
UNCG	4	Mercer	43		
		Chattanooga	7		
		UNCG	1		

#### Storylines:

- The event returns to Birmingham for the sixth time. Previous championships hosted by Samford occurred in 2011, 2015, 2017, 2019, and 2022.

- Samford's women are seeking to become the first team to win five straight titles since App State accomplished the feat from 2002-06.

- Every superlative winner from 2023 returns to the field this year except Wofford's Kerrington Johnson. Cagan Campbell is the reigning Most Outstanding Track Performer while Solomon Gosh and Hannah Daffin were the Most Outstanding Field Performers. Eli Penix and Jasmine Greene were the Freshman of the Year winners while Rod Tiffin was the Men's Coach of the Year and Jonny Bomar, the Women's Coach of the year.

- The 2023 winners of seven of the 19 men's individual events are back in the field this season. Samford has a trio of defending champions in Titus Moore who won last year's 110-meter hurdles title, Cagan Campbell, who took gold in the 400-meter and 200-meter races, and William Malcolm, who claimed the 100-meter crown. Moore's 13.87 110-meter hurdle time set a new SoCon Championship record for the event and was the fourth consecutive title for the Bulldogs in the event.

- The Citadel, VMI, and Western Carolina are each returning an individual champion. Solomon Gosh of The Citadel returns after claiming the Discus title the last two years.

- Andrew Granger of VMI is the defending Hammer champion.

- Western Carolina's John Davis looks to defend his 1,500-meter crown.

- The winners of eleven of the 19 individual event winners from 2023 are entered in this year's meet. Samford's Daffin is the two-year defending champion in a pair of events, the hammer throw and the shot put. The Bulldogs' Brittany Bishop is the two-time defending champion in the Pole Vault, an event in which she set a meet record last year clearing 4.06 meters. Dorsey Parker rounds out Samford's returning champions as the defending high jump title winner.

- Furman boasts a pair of returning champions, as Abigail Robertson claimed the Paladins' third straight title in the 1,500-meter run last year and Kaylie Armitage won the eighth consecutive 5,000-meter title for Furman.

- Western Carolina also returns two champions in Nytinitye Jenkins and Jasmine Greene. Jenkins won the 400-meter last year while Greene took gold in the triple jump.

- The Citadel's Mecca Jackson is the defending champion in two events, taking the crown in both the 100 and 200-meter sprints.

- Chattanooga's Lesley Green Boyd won the 10,000 meter race a season ago with a time of 35:09.66 after leading the race for the duration.

- VMI returns an individual champion as Eleyah Armstrong seeks to defend her long jump title.

## Men's SoCon Championship records

Event	Mark	Conversion	Name, school	Year
100m dash	10.1		Greg Hatchett, VMI	1990
200m dash	20.80		Calvin Alston, East Carolina	1977
400m dash	45.77		Mario Small, VMI	1991
800m run	1:48.37		Matthew Smith, Furman	2022
1,500m run	3:40.04		Kevin Cropp, William & Mary	1977
3,000m steeplechase	8:46.56		Carson Williams, Furman	2023
5,000m run	14:13.06		Adrian Leek, ETSU	1981
10,000m run	29:21.30		Adrian Leek, ETSU	1979
110m high hurdles	13.87		Titus Moore, Samford	2023
400m intermediate hurdles	50.70		David Anderson, Furman	1977
Long jump	7.69m	25-2.75	Michael Hanks, Appalachian State	1987
Triple jump	16.06m	52-8.28	Michael Hanks, Appalachian State	1987
High jump	2.19m	7-2.25	Justin Stuckey, Samford	2021
Shot put	17.72m	58-1.63	Anthony Greer, Appalachian State	2005
Discus	54.53m	178-11	Ben Johnson, ETSU	2019
Javelin	*71.82m	235-7.55	Jeff Roseme, VMI	1981
	^72.95	239-04	Capers Williamson, The Citadel	2016
Hammer throw	60.62m	198-10.61	Wes Kiser, Appalachian State	2008
Pole vault	5.50m	18-00.50	Tray Oates, Samford	2016
4x100m relay	39.91		Appalachian State (Jason Green, Sean Jackson, Kevin McLeod, Ernest Wiggins)	2003
4x400m relay	3:09.06		Western Carolina (Devaniel Dale, Henry Kiedy, Chace Washington-Saunders, Dakota Lamont)	2018
Decathlon	7,233		Ty Kimberlin, Samford	2023

\*-Denotes record pre-1986 redesign; ^-Denotes record post-1986 redesign

## Past champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1923	Montgomery, Ala.	Mississippi State	1965	Greenville, S.C.	Furman	2008	Cullowhee, N.C.	Appalachian State
1924N	Charlottesville, Va.	Virginia	1966	Ft. Eustis, Va.	William & Mary	2009	Statesboro, Ga.	Western Carolina
1924S	Montgomery, Ala.	Mississippi State	1967	Ft. Eustis, Va.	William & Mary	2010	Boone, N.C.	Appalachian State
1925	Sewanee, Tenn.	Mississippi State	1968	Ft. Eustis, Va.	William & Mary	2011	Birmingham, Ala.	Appalachian State
1926	Chapel Hill, N.C.	North Carolina	1969	Ft. Eustis, Va.	William & Mary	2012	Cullowhee, N.C.	Appalachian State
1927	Baton Rouge, La.	Louisiana State	1970	Ft. Eustis, Va.	William & Mary	2013	Statesboro, Ga.	Western Carolina
1928	Birmingham, Ala.	Louisiana State	1971	Ft. Eustis, Va.	William & Mary	2014	Spartanburg, S.C.	Samford
1929	Birmingham, Ala.	Louisiana State	1972	Greenville, S.C.	William & Mary	2015	Birmingham, Ala.	Samford
1930	Birmingham, Ala.	North Carolina	1973	Greenville, N.C.	William & Mary	2016	Cullowhee, N.C.	Western Carolina
1931	Birmingham, Ala.	Tulane	1974	Richmond, Va.	William & Mary	2017	Birmingham, Ala.	Western Carolina
1932	Atlanta, Ga.	Louisiana State	1975	Williamsburg, Va.	William & Mary	2018	Cullowhee, N.C.	Western Carolina
1933	Durham, N.C.	North Carolina	1976	Davidson, N.C.	East Carolina	2019	Birmingham, Ala.	Western Carolina
1934	Durham, N.C.	North Carolina	1977	Greenville, S.C.	East Carolina	2020	NO MEET (COVID-19 pandemic)	
1935	Durham, N.C.	North Carolina	1978	Huntington, W.Va.	VMI	2021	Cullowhee, N.C.	Samford
1936	Durham, N.C.	Duke	1979	Boone, N.C.	VMI	2022	Birmingham, Ala.	Samford
1937	Durham, N.C.	Duke	1980	Charleston, S.C.	Appalachian State	2023	Cullowhee, N.C.	Samford
1938	Durham, N.C.	North Carolina	1981	Boone, N.C.	VMI			
1939	Chapel Hill, N.C.	North Carolina	1982	Greenville, S.C.	VMI			
1940	Williamsburg, Va.	North Carolina	1983	Lexington, Va.	VMI			
1941	Williamsburg, Va.	Duke	1984	Huntington, W.Va.	Appalachian State			
1942	Chapel Hill, N.C.	North Carolina	1985	Boone, N.C.	Appalachian State			
1943	Chapel Hill, N.C.	North Carolina	1986	Huntington, W.Va.	Appalachian State			
1944	NO MEET		1987	Boone, N.C.	Appalachian State			
1945	NO MEET		1988	Lexington, Va.	VMI			
1946	Chapel Hill, N.C.	Duke	1989	Huntington, W.Va.	Appalachian State			
1947	Chapel Hill, N.C.	North Carolina	1990	Boone, N.C.	VMI			
1948	Chapel Hill, N.C.	North Carolina	1991	Lexington, Va.	VMI			
1949	Chapel Hill, N.C.	North Carolina	1992	Huntington, W.Va.	Appalachian State			
1950	Chapel Hill, N.C.	North Carolina	1993	Boone, N.C.	Appalachian State			
1951	Chapel Hill, N.C.	Maryland	1994	Lexington, Va.	VMI			
1952	Chapel Hill, N.C.	Maryland	1995	Huntington, W.Va.	Appalachian State			
1953	Durham, N.C.	Maryland	1996	Johnson City, Tenn.	Appalachian State			
1954	Ft. Eustis, Va.	VMI	1997	Boone, N.C.	VMI			
1955	Ft. Eustis, Va.	VMI	1998	Lexington, Va.	VMI			
1956	Williamsburg, Va.	Virginia Tech	1999	Johnson City, Tenn.	Western Carolina			
1957	Williamsburg, Va.	William & Mary	2000	Boone, N.C.	VMI			
1958	Williamsburg, Va.	William & Mary	2001	Lexington, Va.	Appalachian State			
1959	Williamsburg, Va.	The Citadel	2002	Johnson City, Tenn.	Appalachian State			
1960	Williamsburg, Va.	The Citadel	2003	Boone, N.C.	Appalachian State			
1961	Williamsburg, Va.	The Citadel	2004	Boone, N.C.	Appalachian State			
1962	Norfolk, Va.	Furman	2005	Cullowhee, N.C.	Appalachian State			
1963	Charleston, W.Va.	Furman	2006	Statesboro, Ga.	Western Carolina			
1964	Williamsburg, Va.	West Virginia	2007	Boone, N.C.	Western Carolina			

## Total team titles

Team	Titles
Appalachian State	19
North Carolina	14
VMI	14
William & Mary	12
Western Carolina	9
Samford	5
Duke	4
LSU	4
The Citadel	3
Furman	3
Maryland	3
Mississippi State	3
East Carolina	2
Tulane	1
Virginia	1
Virginia Tech	1
West Virginia	1

## Women's SoCon Championship records

Event	Mark	Conversion	Name, school	Year
100m dash	11.45		Melissa Morrison, Appalachian State	1993
200m dash	23.50		Lamonda Miller, Appalachian State	1989
400m dash	53.55		Angela Rowe, Western Carolina	1995
800m run	2:04.18		Megan Marvin, Furman	2021
1,500m run	4:18.52		Karisa Nelson, Samford	2019
3,000m steeplechase	10:00.79		Hannah Steelman, Wofford	2019
5,000m run	16:12.98		Allie Buchalski, Furman	2017
10,000m run	34:35.06		Teghan Henderson, Chattanooga	2014
100m high hurdles	13.25		Kyra Atkins, ETSU	2017
400m intermediate hurdles	58.15		Katrina Seymour, ETSU	2017
Long jump	6.53m	21-5.08	Melissa Morrison, Appalachian State	1993
Triple jump	13.16m	43-2.25	Danielle Thorpe, Appalachian State	2010
High jump	1.79m	5-10.50	Megan Kirschling, Elon	2014
Shot put	15.50m	50-10.23	Beverly Burnett, Appalachian State	2005
Discus	51.40m	168-8	Maggie Johnston, Samford	2019
Javelin	*53.32m	174-11.50	Meg Warren, Appalachian State	1987
	^51.02	167-5	Erin Long, Samford	2022
Hammer throw	60.98m	200-0.79	Emily Allen, Samford	2014
Pole vault	4.06m	13-3.84	Brittany Bishop, Samford	2023
4x100m relay	44.50		Georgia Southern (Alyssa Felton, Jasmin Walker, Aarian Tipton, Jordan Fordham)	2014
4x400m relay	3:41.68		Georgia Southern (Rashedah Arnold, Nicole Brown, Shauntel Jennings, Carla Ballard)	2007
Heptathlon	5,361		Tyleana Hanner, Chattanooga	2001

\*-Denotes record pre-1999 redesign; ^-Denotes record post-1999 redesign

## Past champions

Year	Site	Champion	Year	Site	Champion
1987	Boone, N.C.	Appalachian State	2010	Boone, N.C.	Western Carolina
1988	Lexington, Va.	Appalachian State	2011	Birmingham, Ala.	Appalachian State
1989	Huntington, W.Va.	Appalachian State	2012	Cullowhee, N.C.	Appalachian State
1990	Boone, N.C.	Appalachian State	2013	Statesboro, Ga.	Western Carolina
1991	Lexington, Va.	Appalachian State	2014	Spartanburg, S.C.	Samford
1992	Huntington, W.Va.	Appalachian State	2015	Birmingham, Ala.	Western Carolina
1993	Boone, N.C.	Appalachian State	2016	Cullowhee, N.C.	Western Carolina
1994	Lexington, Va.	Appalachian State	2017	Birmingham, Ala.	Samford
1995	Huntington, W.Va.	Appalachian State	2018	Cullowhee, N.C.	Western Carolina
1996	Johnson City, Tenn.	ETSU	2019	Birmingham, Ala.	Samford
1997	Boone, N.C.	Western Carolina	2020	NO MEET (COVID-19 pandemic)	
1998	Lexington, Va.	Appalachian State	2021	Cullowhee, N.C.	Samford
1999	Johnson City, Tenn.	Western Carolina	2022	Birmingham, Ala.	Samford
2000	Boone, N.C.	Western Carolina	2023	Cullowhee, N.C.	Samford
2001	Lexington, Va.	Western Carolina			
2002	Johnson City, Tenn.	Appalachian State			
2003	Boone, N.C.	Appalachian State			
2004	Boone, N.C.	Appalachian State			
2005	Cullowhee, N.C.	Appalachian State			
2006	Statesboro, Ga.	Appalachian State			
2007	Boone, N.C.	Georgia Southern			
2008	Cullowhee, N.C.	Western Carolina			
2009	Statesboro, Ga.	Appalachian State			

  

<b>Total team titles</b>	
Team	Titles
Appalachian State .....	18
Western Carolina .....	10
Samford.....	6
ETSU .....	1
Georgia Southern.....	1

## The Citadel Bulldogs

**Director of cross country/track and field:** Jody Huddleston  
**Head track and field coach:** Kris Kut  
**Assistant coach:** Erin Leonard, Joe Hickey, Tucker Young

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Bryce Baglia	Sr.	Falconer, N.Y.	Brianna Arguello	Jr.	Broken Bow, Neb.
Kaleb Brown	Fr.	Hollywood, S.C.	Samantha Barnes	So.	Colorado Springs, CO
McConnell Burdette	Fr.	Pendleton, S.C.	Cyla Byrd	Sr.	Pace, Fla.
Charles Campbell	Fr.	Arlington, Va.	Yanna Cuesta	Jr.	Lindenhurst, N.Y.
Jordan Chestnut	Fr.	Columbia, S.C.	Emily Danielsson	Gr.	Marietta, Ga
Kane Duncan	Gr.	Landrum, S.C.	Sadie Grove	So.	Choteau, Mont.
Solomon Ghosh	Gr.	Blacksburg, Va.	Blythe Hehmeyer	Gr.	Montville, NJ
Reed Hamilton	Sr.	Charleston, S.C.	Emily Hickey	Sr.	Reading, Ma.
Bradlee Jones	Fr.	Greenwood, S.C.	Mecca Jackson	Gr.	Sandersville, Ga.
Stephen Kraeling	Sr.	Guyton, Ga.	Zeniyah Lawrence	Gr.	North Charleston, S.C.
Ian McCorkle	Jr.	Charleston, S.C.	Leah Murray	Sr.	Bowie, MD
Caleb McDonald	Gr.	Lugoff, S.C.	Jada Pate	Fr.	Lexington, S.C.
Prince Moody	Gr.	Springfield, Va.	Ali Ruffin	Jr.	Greenville, N.C.
Treonte Newton	Gr.	Summerville, S.C.	Gabby Shea	Sr.	Sparkill, N.Y.
William Owens	Fr.	Simpsonville, S.C.	Danielle Williams	Fr.	Fort Mill, S.C.
Athur Parham	Fr.	Simpsonville, S.C.	Karmen Williams	Gr.	New Orleans, La
Briffs Rehome	Jr.	Huntsville, Ala.			
Duncan Rogers	So.	Florence, S.C.			
Jack Scott	Fr.	McClellanville, S.C.			
Owen Shamas	So.	Romero, MI			
Jeremiah Shaw	Fr.	McDonough, Ga.			
Demetrius Shine	So.	Bluffton, S.C.			
Mac Strunk	Sr.	Port Isabel, Texas			
Dylan Thompson	Fr.	Little Elm, Texas			
Jack Weil	Fr.	Mount Pleasant, S.C.			

## ETSU Buccaneers

**Head coach:** George Watts  
**Assistant coaches:** Alex Kemp, Dr. Marco Duca

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Brent Bell	So.	Johnson City, Tenn.	Malgorzata Andersohn	Sr.	
Jason Bowers	So.	Parys, South Africa	Ansley Archuleta	Jr.	Fort Mill, S.C.
Xian Campbell	So.	Chattanooga, Tenn.	Devon Babcock	Fr.	Fairfax, Va.
Cayden Douglas	Fr.	Knoxville, Tenn.	Brianna Baker	Fr.	
Marcus Evans	Jr.	Snellville, Ga.	Sophie Beach	So.	Boone, N.C.
D'Shawn Fletcher	So.	Locust Grove, Ga.	Paden Bell	Fr.	Commerce, Ga.
Ethan Fulford	So.	Knoxville, Tenn.	Tya Blake	Jr.	Lynchburg, Va.
Abdul-Rahman Jaber	So.	Alcoa, Tenn.	McKenna Boykin	So.	Powder Springs, Ga.
Ben Kenner	So.	Maryville, Tenn.	Hannah Burkhart	Sr.	Knoxville, Tenn.
Alexander Magnuson	Sr.	Knoxville, Tenn.	Leslie Gansore	Jr.	Oneida, Tenn.
Conner Overly	So.	Maryville, Tenn.	Bonita Gray	Jr.	Ogden, Utah
Miguel Parrilla	Sr.	Knoxville, Tenn.	Rebekah Howard	Sr.	Ashland, Ky.
Myles Stoots	Sr.	Mobile, Ala.	Morri Howell	Jr.	Franklin, Tenn.
Malachi Thomas	Jr.	Chilhowie, Va.	Camryn Johnson	So.	Knoxville, Tenn.
Logan Wagner	So.	Greenville, Tenn.	Meg Lance	So.	Woodstock, Ga.
Jack Watson	R-Jr.	Danbury, Conn.	Emily Lindsey	Fr.	Oak Ridge, Tenn.
Makai Williams	So.	Knoxville, Tenn.	Anna Moore	Jr.	Knoxville, Tenn.
Liam Young	Fr.	Cary, N.C.	Maya Murchison	So.	Gambrills, Md.
Luke Young	Fr.	Cary, N.C.	Tyla Nicholson	Fr.	Douglasville, Ga.
			Molly Rhudy	Sr.	Chilhowie, Va.
			Gabriella Rodriguez	Fr.	Lenoir, Tenn.
			Diana Romero-Barba	Jr.	Jalisco, Mexico
			Frana Romero-Barba	Fr.	Jalisco, Mexico
			Eliza Ruch	Fr.	Murfreesboro, Tenn.
			Kiera Snyder	Jr.	Clyde, Mich.
			Karli Townsell	So.	Statesville, N.C.
			Gabby Walker	So.	Maryville, Tenn.
			Anaya Young	So.	Lumberton, N.J.

## Furman Paladins

**Head coach:** Robert Gary  
**Assistant coaches:** Rita Gary, Matt Lange, Logan Roberts

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Casey Burr	Jr.	Greenville, S.C.	Sierra Bower	Jr.	Carbondale, Colo.
Nick Goldstein	Jr.	Newbury Park, Calif.	Madelynne Cadeau	Sr.	Cumming, Ga.
Colton Kempney	So.	Castorland, N.Y	Beth Donnelly	Sr.	Brentwood, Tenn.
Chris Knight	Fr.	Signal Mountain, Tenn.	Lily Feingold	So.	Mt. Pleasant, S.C.
Gabe Montague	So.	Melbourne, Fla.	Clair Garrett	So.	Oakland, Calif.
Cameron Ponder	Sr.	Winston Salem, N.C.	Bethany Graham	Jr.	Aldie, Va.
Dylan Schubert	Fr.	Loveland, Colo.	Callie Harper	Jr.	Charleston, S.C.
Brayden Seymour	Fr.	Oviedo, Fla.	Emma Jones	So.	Weddington, N.C.
Owen Shifflett	Fr.	Charlottesville, Va.	Megan Marvin	Sr.	Chapel Hill, N.C.
Matthew Smith	So.	Leesburg, Va.	Nicole Matysik	5th	Key West, Fla.
Luke Taylor	So.	Rockville, Va.	Abigail Robertson	5th	Marietta, Ga.
			Camryn Wennersten	So.	Ridgewood, N.J.
			Carly Wilkes	So.	Salem, Va.
			Kylie Wittman	Sr.	Brentwood, Tenn.

## Mercer Bears

**Head coach:** Roosevelt Lofton  
**Assistant coach:** Josh Hayman, Tara Davis, Vlad Zander Velloso

Women		
Name	Class	Hometown
Jayla Battle	Fr.	Douglasville, Ga.
Nikki Harris	Jr.	Ocala, Fla.
Jiya Hastings	Jr.	Deland, Fla.
Penny Jackson	Jr.	Centerville, Ga.
Olivia Jones	So.	Southlake, Texas
Kendyl Maddox	Fr.	Covington, Ga.
Patrycja Miazek	Gr.	Warsaw, Poland
Sarah Myers	Gr.	Sugarloaf, Pa.
Samaya O'DNeal	Gr.	McKinney, Texas
Iris Porter	So.	Sugar Hill, Ga.
Ariel Raggs	Jr.	Atlanta, Ga.
Ceylani Rembert	Sr.	Columbus, Ga.
Reese Robertson	Jr.	Sugar Hill, Ga.
Annette Rodriguez-Olvera	Jr.	Sugar Hill, Ga.
Bri Teegarden	Sr.	Littleton, Colo.
Melissa Ubani	Fr.	Powder Springs, Ga.



## UNCG Spartans

**Head coach:** Kaleigh Roach

**Assistant coach:** John LePino, Elle Ellender

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Khalid Abdullahi	Fr.	Raleigh, N.C.	Tenley Douglass	Fr.	Clemmons, N.C.
Samuel Barnard	Fr.	Naperville, IL	Victoria Sosa	So.	Bluffton, S.C.
Andrew Hamilton	Jr.	Laurinburg, N.C.	Shay Soukup	Sr.	Defiance, Ohio
Colin Keck	Jr.	Bluffton, S.C.			
Ethan Long	Jr.	McLeansville, N.C.			
Glodi Mvovi	Jr.	Greensboro, N.C.			
Lane Prochaska	So.	Stem, N.C.			
Luke Ward	So.	Wilmington, N.C.			

## Samford Bulldogs

**Head coach:** Rod Tiffin

**Assistant coaches:** Chad Balyo, Tom Esslinger, Tom Pukstys, Jake Diggs,

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Evan Brooks	Gr.	Madison, Ala.	Kiersten Bell	Fr.	Brentwood, Tenn.
Cagan Campbell	Gr.	Tuscaloosa, Ala.	Brittany Bishop	Gr.	Clinton, Tenn.
Zephaniah Carico-McLennan	Fr.	Austin, Texas	Ellison Chadwick	Fr.	Stone Mountain, Ga.
Raymond Carlton	Fr.		Kaitlyn Cole	Sr.	
Arthur Chitty	Fr.	Mobile, Ala.	Meg Coleman	So.	Dalon, Ga.
Grayson Eady	So.		Alexis Cook	Sr.	Daphne, Ala.
Carter Ellis	So.	Hoover, Ala.	Amiel Dabney	Jr.	Conyers, Ga.
Marshall Gainer	Sr.	Hazelhurst, Ga.	Hannah Daffin	Gr.	Mobile, Ala.
Cole Grande	Fr.		Ayden Drake	Jr.	Atlanta, Ga.
Carl Henry	Fr.	Gadsden Ala.	Bella Edwards	Fr.	
Ian Jones	Jr.	Fullerton, Calif.	Grace Gamboa	Sr.	Brentwood, Tenn.
Kyle Kaufeld	Fr.		Adeline Haisch	Jr.	Karsruhe, Germany
Michael Kolen	Fr.		Jasmine Hampton	Fr.	
William Malcolm	Jr.		Claire Harrison	Fr.	
Andrew McGinnis	So.	Columbus, Ga.	Lindsey Havens	So.	Hudson, Ohio
Jaggerd Moore	So.	Trussville, Ala.	Libby Jackson	Fr.	Bethlehem, Ga.
Titus Moore	Gr.	Macon, Ga.	Katie Keller	Gr.	
William Murray	Fr.		Grace Lueders	So.	Rogers, Ark.
Timi Olawalu			Kelsey Martin	Jr.	Trussville, Ala.
Jackson Olivo	So.	Nashville, Tenn.	Kaelyn McCann	Sr.	Temecula, Ca.
Eli Penix	So.	Gray, Tenn.	Harper McGowan	Sr.	Auburn, Ala.
Caleb Scheffler	Jr.		Emma Nolte	Sr.	Piano, Texas
Harrison Siegel	Sr.	Cumming, Ga.	Maris Owens	Fr.	
Tyke Tabor	Jr.	Jackson, Tenn.	Dorsey Parker	So.	Mobile, Ala.
Brenden Vanderpool	Fr.	Smyrna, Ga.	Sinkenes Parker	Jr.	Winter Springs, Fla.
Samuel Werner	Fr.	Nagold, Germany	Hannah Pettyjohn	So.	Homewood, Ala.
Bryce Williamson	Gr.	Fairburn, Ga.	Macie Pfeuffer	Jr.	
Ethan Womack	So.	Trussville, Ala.	Savannah Schmidt	Sr.	Saint Louis, Mo.
			Edie Smith	Jr.	
			Antonina Tereshchenko	Fr.	Kyiv, Ukraine

## Chattanooga Mocs

**Head coach:** Andy Meyer

**Assistant coach:** Micheal Gadson, Patrick Gildea, Jasper Wilson

Women		
Name	Class	Hometown
Lola Baker	Fr.	Brentwood, Tenn.
Leah Boyd	So.	Ooltewah, Tenn.
Lesley Green Boyd	Gr.	Dayton, Tenn.
Michaela Dabney	Fr.	Chattanooga, Tenn.
Hannah Dearing	Sr.	Lafayette, Ga.
Andrea Ellis	So.	LaVergne, Tenn.
Alexis Foley	So.	Farragut, Tenn.
Ava McGue	Fr.	Murfreesboro, Tenn.
Camden Morris	Sr.	Nashville, Tenn.
Allie Potter	Sr.	Dickson, Tenn.
Kennedy Reynolds	Fr.	Knoxville, Tenn.
Olivia Steele	Fr.	Chattanooga, Tenn.
Brooke Tjil	Fr.	Brentwood, Tenn.
Sarah Unterholzner	Jr.	Chattanooga, Tenn.
Kathryn Vradenburgh	Gr.	Chattanooga, Tenn.
Maddie Wheatcroft	So.	Hixson, Tenn.

## VMI Keydets

**Director of track and field and cross country:** David Zack Scott

**Head women's track and field coach:** Eddie Williams II

**Assistant coaches:** Michael Bozeman, Mathew Scott, Caleb Wisecarver

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Isaiah Blount	Jr.	Milford, Va.	Evelyn Anderson	Fr.	Locust Grove, Va.
Nick Brown	Jr.	Midlothian, Va.	Eleyah Armstrong	Jr.	Hampton, Va.
Rafe Clendenin	Fr.	San Antonio, TX	Diamond Baker	So.	Norfolk, Va.
Colin Crenshaw	Fr.	Richmond, Va.	Isabelle Cabales	Jr.	Chesapeake, Va.
Hunter Davis	Jr.	Chesapeake, Va.	Morgan Fraser	Fr.	Alexandria, Va.
Zachary Denton	Fr.	Carlisle, PA	Julie Freitas	Jr.	Richmond, Va.
Richard Edwards	Jr.	Virginia Beach, Va.	Se'More Green	So.	Henrico, Va.
Jacob Garnett	Fr.	Midlothian, Va.	Heaven Hall	So.	Norfolk, Va.
Andrew Granger	So.	Marietta, Ga.	Shea Hart	So.	Fluvanna, Va.
Ben Hagerich	So.	Glen Allen, Va.	Taylor Hill	So.	Lewis Center, Ohio
Andrew Hirmeisen	Sr.	Gettysburg, PA	Olivia Hurd	Fr.	Vinton, Va.
Christian Hyman	Fr.	Richmond, Va.	Anijah James	Fr.	King George, Va.
Patrick Kiernan	Jr.	Fairfax, Va.	Melonie Jimenez	Jr.	Mount Holly, N.J.
Christian Larvie	So.	Springfield, Va.	Jenna Kirkland	Sr.	West Point, Va.
Patrick Lowry	Fr.	Bristow, Va.	Jennifer Koumondji	Fr.	Fredricksburg, Va.
Charles Male	Jr.	Arlington, Va.	Alina LaForest	So.	Chester, Pa.
Liam McBride	Sr.	Arlington, Va.	Nathalie Lavender	So.	Athens, Ga.
Keyandre Midgett	Sr.	Portsmouth, Va.	Gretal Shank	Jr.	Carlisle, Pa.
Kevin Shank	Fr.	Mt. Holly Spring, Pa.	Jillian Sisk	Fr.	Richmond, Va.
Cameron Thomas	Fr.	Windsor, CO			
Xander Topos	Jr.	Palmyra, Pa.			
Jesse Vaughn	Fr.	Bristol, TN			
Jeremiah Wilks	Jr.	Richmond, Va.			
Elisha Williams	Fr.	Portsmouth, Va.			
Jack Webb	Fr.				

## Western Carolina Catamounts

**Head coach:** Jesse Norman

**Assistant coach:** Daniel Haakenson, Gillian Urycki, Kate Mattison

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Teddy Ayden	Sr.	Weston, Fla.	Armani Blair	Jr.	Charlotte, N.C.
Elias Barton	So.		Imani Boyd	Sr.	Charlotte, N.C.
Colby Capps	Fr.	Burnsville, N.C.	Leah Butler	Fr.	Huntersville, N.C.
Riley Center	R-Sr.	La Crescenta, Calif.	Derica Currie	Sr.	Burlington, N.C.
Dominick Dale	So.	Salisbury, N.C.	Lauren Esselborn	Sr.	Youngsville, N.C.
John Davis	Fr.	Columbia, S.C.	Sydney Gallant	Sr.	Sykesville, Md.
David Dorbrin	Fr.	Watkinsville, Ga.	Jasmine Greene	So.	Huntersville, N.C.
Jalen Elwell	Sr.	Ankeny, IA	Bella Hilleary	Fr.	Acworth, Ga.
Quinton Godfrey	Fr.	Fairhope, Ala.	Katherine Hopkins	Fr.	Lincolnton, N.C.
Ethan Hibberts	Fr.	Adairsville, Ga.	Heidi Hudson	Fr.	Hattiesburg, MS
Adam Ledford	Fr.	Burnsville, N.C.	Kendal Hudson	Fr.	Mooresville, N.C.
Jackson Livingston	So.	Prosperity, S.C.	Haille Jackson-Morgan	Fr.	Dacula, Ga.
Lawson Mecom	Fr.	Christiansburg, Va.	Nytrinitey Jenkins	Sr.	Winston-Salem, N.C.
David Miles	Gr.	Burlington, N.C.	Grace Lane	Fr.	
William Mitchell	Jr.	Raleigh, N.C.	Shaneil Lysight	So.	St. Andrew, Jamaica
Cameron Pompey	Jr.	Groveland, Fla.	Riley McKinney	So.	St. Andrew, Jamaica
Austin Ramirez	Fr.	Fletcher, N.C.	Sadler Miller	So.	Clayton, N.C.
Dakota Sorrells	Fr.	Canton, N.C.	Erica O'Neal	Sr.	Snellville, Ga.
Henry Stecher	Jr.	Kill Devil Hills, N.C.	Toria Roundtree	So.	Raleigh, N.C.
Noah Straley	So.	Jacksonville, Fla.	Sydney Runyan	Sr.	Woodstock, Ga.
Jacob Thomas	So.	Canton, Ga.	Kyndal Saunders	Fr.	Clayton, N.C.
Chase Thurber	Fr.	Odessa, Fla.	Peyton Skoglund	Fr.	St. Johns, Fla
Nathan Williams	So.	Fayetteville, N.C.	Cymoria Thomas	Fr.	Elgin, S.C.
Matthew Womack	Fr.	Birmingham, Ala.	Mikayla Turner	Sr.	Columbia, S.C.
Skyler Woodard	So.	Rock Hill, S.C.	Jennifer Wagner	Jr.	Yorktown, Va.
Damon Worley	Jr.	Seneca, S.C.	Merkenzee Wells	Fr.	Raleigh, N.C.

## Wofford Terriers

**Head coach:** Johnny Bomar

**Assistant coaches:** Robert Gallinger, Braden Jorenby

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Zion Bennett	So.	St. Andrew, Jamaica	Alexus Atkins	Sr.	Campobello, S.C.
Will Berger	So.	Hillsborough, N.C.	Olivia Bagg	So.	Bridgewater, England
Jackson Casey	Jr.	Newcastle, Okla.	Jakayla Campbell	Fr.	College Park, Ga.
Sumter Cooper	Fr.	Sumter, S.C.	Ava Cooper	Fr.	Belmont, N.C.
Cameron Dalton	Jr.	Eden, N.C.	Isabelle DuChemin	Fr.	Franklin, N.C.
Chase Edwards	So.	Matthews, N.C.	Dani Emmen	Jr.	Conway, S.C.
Neivus Fisher	Jr.	Seneca, S.C.	Becca Hinds	So.	Holly Springs, N.C.
Patrick Green II	Fr.	Beech Island, S.C.	Jasmine Jefferson	Sr.	Knoxville, Tenn.
Robert Hillsman	So.	Landrum, S.C.	Dannielle King	Fr.	Kingston, Jamaica
Liam Jones	Fr.	Columbia, S.C.	Madeline McNinch	Sr.	Bradenton, Fla.
Sebastian LaTorre	Sr.	Knoxville, Tenn.	Storm Owens	Jr.	Sumter, S.C.
Ahmad Miles	Jr.	Rock Hill, S.C.	Irene Pardo	Fr.	Madrid, Spain
James Moon	So.	Greenville, S.C.	Mary Claire Ridgeway	Jr.	Middle Florence, Ala.
Conor Murphy	Sr.	London, England	Morgan Roberts	Sr.	Williamston, S.C.
Shane Olander	So.	Raleigh, N.C.	Ellie Sawicki	So.	Waxhaw, N.C.
Jake Ross	Fr.	Hendersonville, N.C.	Brooke Sayre	So.	Middle Garrison, N.Y.
Christopher Sheppard	Sr.	Wesley Chapel, Fla.	Taylor Stingel	Jr.	Mills River, N.C.
Thomas Stamper	So.	Charlotte, N.C.	Ella Tennant	So.	New Port Richey, Fla.
Grant Witherspoon	Jr.	Indian Land, S.C.	Marga Van Der Linde	Jr.	Bellville, South Africa
Archie Woodard	Fr.	Columbia, S.C.	Presley Wolf	So.	Waxhaw, N.C.

## ATHLETES OF THE WEEK

### Men's track

March 27 Titus Moore, Samford  
 April 3 Jason Bowers, ETSU  
 April 10 Zephaniah Carcio-McLennan, Samford  
 April 17 Isaiah Blount, VMI  
 April 24 Dylan Schubert, Furman  
 May 1 Cameron Ponder, Furman

### Men's field

March 27 Carl Henry, Samford  
 April 3 Brenden Vanderpool, Samford  
 April 10 Cameron Thomas, VMI  
 April 17 Jaggered Moore, Samford  
 April 24 Carl Henry, Samford  
 May 1 Isaiah Blount, VMI

### Women's track

March 27 Abigail Robertson, Furman  
 April 3 Sierra Bower, Furman  
 April 10 Jasmine Jefferson, Wofford  
 April 17 Megan Marvin, Furman  
 April 24 Nicole Matysik, Furman  
 May 1 Katie Keller, Samford

### Women's field

March 27 Ellison Chadwick, Samford  
 April 3 Brittany Bishop, Samford  
 April 10 Hannah Daffin, Samford  
 April 17 Heidi Hudson, Western Carolina  
 April 24 Diana Romero-Barba, ETSU  
 May 1 Ali Ruffin, The Citadel



Samford's Titus Moore



VMI's Isaiah Blount



Samford's Hannah Daffin



Furman's Abigail Robertson