



2022 SOUTHERN CONFERENCE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Shauna Yelton Field at the Samford Track and Soccer Stadium
Birmingham, Ala.



SCHEDULE OF EVENTS

SATURDAY, APRIL 30

Track events

8:00 a.m.	Men's 10,000m Final
8:45 a.m.	Women's 10,000m Final
1:30 p.m.	Men's 1,500m Trials
1:45 p.m.	Women's 1,500m Trials
2:00 p.m.	Men's 110m Hurdles Trials
2:15 p.m.	Women's 100m Hurdles Trials
2:35 p.m.	Men's 400m Trials
2:50 p.m.	Women's 400m Trials
3:05 p.m.	Men's 100m Trials
3:20 p.m.	Women's 100m Trials
3:35 p.m.	Men's 800m Trials
3:50 p.m.	Women's 800m Trials
4:05 p.m.	Men's 400m Hurdles Trials
4:25 p.m.	Women's 400m Hurdles Trials
4:55 p.m.	Men's 200m Trials
5:10 p.m.	Women's 200m Trials
5:25 p.m.	Men's 3,000m SC Final
5:40 p.m.	Women's 3,000m SC Final

Field events

10:00 a.m.	Men's Hammer Final
12:00 p.m.	Men's Pole Vault Final
12:30 p.m.	Women's Hammer Final
1:00 p.m.	Women's Long Jump Final
2:00 p.m.	Men's Javelin Final
3:45 p.m.	Women's Javelin Final
4:00 p.m.	Men's Long Jump Final
5:25 p.m.	Women's Pole Vault Final

Combined events

9:30 a.m.	Men's Decathlon Final
	100m, LJ, SP, HJ, 400m
10:00 a.m.	Women's Heptathlon Final
	100m Hurdles, HJ, SP, 200m

SUNDAY, MAY 1

Track events

1:00 p.m.	Men's 4x100m Final
1:10 p.m.	Women's 4x100m Final
1:20 p.m.	Men's 1,500m Final
1:30 p.m.	Women's 1,500m Final
1:40 p.m.	Men's 110m Hurdles Final
1:50 p.m.	Women's 100m Hurdles Final
2:00 p.m.	Men's 400m Final
2:10 p.m.	Women's 400m Final
2:20 p.m.	Men's 100m Final
2:30 p.m.	Women's 100m Final
2:40 p.m.	Men's 800m Final
2:50 p.m.	Women's 800m Final
3:00 p.m.	Men's 400m Hurdles Final
3:10 p.m.	Women's 400m Hurdles Final
3:20 p.m.	Men's 200m Final
3:30 p.m.	Women's 200m Final
3:40 p.m.	Men's 5,000m Final
4:05 p.m.	Women's 5,000m Final
4:25 p.m.	Men's 4x400m Final
4:40 p.m.	Women's 4x400m Final

Field events

11:00 a.m.	Men's High Jump Final
11:00 a.m.	Women's Shot Put Final
12:00 p.m.	Men's Discus Final
1:00 p.m.	Women's Triple Jump Final
3:00 p.m.	Men's Discus Final
3:00 p.m.	Men's Shot Put Final
3:30 p.m.	Women's High Jump Final
3:30 p.m.	Men's Triple Jump Final

Combined events

9:00 a.m.	Men's Decathlon Final
	110m Hurdles, DT, PV, JT, 1500m
9:15 a.m.	Women's Heptathlon Final
	LJ, JT, 800m

* All times Central

CHAMPIONSHIP PREVIEW

2022 OUTDOOR TRACK & FIELD CHAMPIONSHIPS KICK OFF SATURDAY

The Southern Conference Men's and Women's Outdoor Track and Field Championships will take place at Shauna Yelton Field at the Samford Track and Soccer Stadium in Birmingham, Alabama, this Saturday and Sunday. This year marks the 97th championship for the men and 35th for the women.

Saturday's schedule gets under way with the men's 10,000-meter run at 8 a.m. CT, followed by the women's 10,000m. The decathlon gets started at 9:30 a.m., followed by the heptathlon and field events at 10. A full day of events concludes with the women's 3,000-meter steeplechase and men's pole vault at 5:40 p.m. In all, 12 champions will be crowned on the first day of competition, four on the track and eight in field events.

Sunday's schedule opens with the first of the final five decathlon events at 9 a.m., with the heptathlon resuming at 9:15. Field events begin with the men's high jump and women's shot put finals at 11 a.m. and the men's 4x100-meter relay gets the track events started at 1 p.m. The day concludes with the men's and women's 4x400-meter relays at 4:25 and 4:40, respectively, followed by the awards ceremony. Thirty events will crown champions on the final day of the meet.

Samford is the defending champion on both the men's and women's sides. The Bulldog men claimed their third title last year and first since consecutive championships in 2015-16, overtaking day-one leader Western Carolina to end the Catamounts' run of four straight crowns. The Bulldog women won their second straight and fourth overall, with their 109-point margin of victory the largest at the SoCon women's outdoor meet since Appalachian State won by 150 points in 1992.

Samford, which swept the men's and women's titles at the SoCon Indoor Track and Field Championships for the third season in a row, holds healthy leads in this season's outdoor power rankings, determined by the top eight times or scores that are reported by the schools for each event that will be conducted at this week's championships.

The Bulldog men have totaled 233.5 points in the power rankings, scoring in 17 of 21 events to easily outdistance second-place Western Carolina (174 points). Samford collected at least 20 points in four events, including 33 in the decathlon. The Catamounts scored 108 of their points in field events. VMI is third in the power rankings with 96 points, just ahead of Furman's 93.5, which came in just seven events.

Samford's women have totaled 223.5 points in the power rankings, scoring in 18 of 21 events, highlighted by 28.5 points in the pole vault. The Bulldogs dominate the SoCon performance list in the event, claiming five of the top eight marks on the season. Wofford is second in the power rankings with 150 points on the strength of 21 points in the 100-meter dash, in which the Terriers hold the top two marks in the league this season. ETSU is third with 133.5 points, scoring in 17 of 21 events.

Sunday's action will air live on ESPN+ on beginning at 1 p.m. CT. Live results, daily recaps, photos and video highlights can be found at SoConSports.com.

Storylines:

- The event returns to Birmingham for the ninth time. Previous championships hosted by Samford occurred in 2011, 2015, 2017 and 2019, while the 1927-31 events were also held in Birmingham. The 2020 championships, which were cancelled due to the coronavirus pandemic, were also slated to take place at Samford.

- All of the individual superlative winners on the men's side from 2021 returns this season in Samford's Matt Cahoon, who was the men's Most Outstanding Athlete and Most Outstanding Field Performer; VMI's Jordin Poindexter, who was the Most Outstanding Track Performer; and Samford's Ty Kimberlin, who was the Freshman of the Year. On the women's side, only 2021 SoCon Freshman of the Year Kerrington Johnson of Wofford returns. Samford's Rod Tiffin is the defending Coach of the Year for both the men and the women.

- Twelve of the 19 men's individual event winners from 2021 are back in the field this season, as well as all four members of VMI's winning 4x400-meter relay. Samford's Cahoon is the defending champion in both the javelin and discus, while teammate Michael McMahan is the defending champ in both hurdles. McMahan will be seeking his third career title in the 400-meter hurdles, as he also won in 2019.

- Eight of the 19 individual event winners from 2021 are back in the field on the women's side, as well as all four members of Wofford's victorious 4x100-meter relay. The Terriers' Johnson is the defending champion in both hurdles as well as the 4x100m relay.

- Western Carolina's Makaila McIntyre is a two-time winner in the long jump, as she won in 2019 and 2021.

- Samford sisters Emorie Long and Erin Long are the last two winners of the javelin, with Emorie winning in 2019 and Erin in 2021.

- Four meet records fell in 2021, with Furman's Cameron Ponder (3,000-meter steeplechase, 8:49.66), Samford's Titus Moore (110-meter hurdles, 13.97 seconds), Samford's Justin Stuckey (high jump, 2.19 meters) and Furman's Megan Marvin (800-meter run, 2:04.18) all setting new marks. The Paladin duo is back in the field this year.

2022 Power Rankings

Men		Women	
Team	Points	Team	Points
Samford	233.5	Samford	223.5
Western Carolina	174	Wofford	150
VMI	96	ETSU	133.5
Furman	93.5	Western Carolina	85.5
Wofford	69.5	Furman	64
ETSU	67	The Citadel	53.5
The Citadel	54.5	VMI	33
UNCG	11	Mercer	30
		Chattanooga	24
		UNCG	0

Men's SoCon Championship records

Event	Mark	Conversion	Name, school	Year
100m dash	10.1		Greg Hatchett, VMI	1990
200m dash	20.80		Calvin Alston, East Carolina	1977
400m dash	45.77		Mario Small, VMI	1991
800m run	1:49.20		Phil Barker, Furman	1977
1,500m run	3:40.04		Kevin Cropp, William & Mary	1977
3,000m steeplechase	8:49.66		Cameron Ponder, Furman	2021
5,000m run	14:13.06		Adrian Leek, ETSU	1981
10,000m run	29:21.30		Adrian Leek, ETSU	1979
110m high hurdles	13.97		Titus Moore, Samford	2021
400m intermediate hurdles	50.70		David Anderson, Furman	1977
Long jump	7.69m	25-2.75	Michael Hanks, Appalachian State	1987
Triple jump	16.06m	52-8.28	Michael Hanks, Appalachian State	1987
High jump	2.19m	7-2.25	Justin Stuckey, Samford	2021
Shot put	17.72m	58-1.63	Anthony Greer, Appalachian State	2005
Discus	54.53m	178-11	Ben Johnson, ETSU	2019
Javelin	*71.82m	235-7.55	Jeff Roseme, VMI	1981
	^72.95	239-04	Capers Williamson, The Citadel	2016
Hammer throw	60.62m	198-10.61	Wes Kiser, Appalachian State	2008
Pole vault	5.50m	18-00.50	Tray Oates, Samford	2016
4x100m relay	39.91		Appalachian State	2003
			(Jason Green, Sean Jackson, Kevin McLeod, Ernest Wiggins)	
4x400m relay	3:09.06		Western Carolina	2018
			(Devaniel Dale, Henry Kiedy, Chace Washington-Saunders, Dakota Lamont)	
Decathlon	7,040		Brandon Bassett, Samford	2011

*-Denotes record pre-1986 redesign; ^-Denotes record post-1986 redesign

Past champions

Year	Site	Champion	Year	Site	Champion	Year	Site	Champion
1923	Montgomery, Ala.	Mississippi State	1965	Greenville, S.C.	Furman	2008	Cullowhee, N.C.	Appalachian State
1924N	Charlottesville, Va.	Virginia	1966	Ft. Eustis, Va.	William & Mary	2009	Statesboro, Ga.	Western Carolina
1924S	Montgomery, Ala.	Mississippi State	1967	Ft. Eustis, Va.	William & Mary	2010	Boone, N.C.	Appalachian State
1925	Sewanee, Tenn.	Mississippi State	1968	Ft. Eustis, Va.	William & Mary	2011	Birmingham, Ala.	Appalachian State
1926	Chapel Hill, N.C.	North Carolina	1969	Ft. Eustis, Va.	William & Mary	2012	Cullowhee, N.C.	Appalachian State
1927	Baton Rouge, La.	Louisiana State	1970	Ft. Eustis, Va.	William & Mary	2013	Statesboro, Ga.	Western Carolina
1928	Birmingham, Ala.	Louisiana State	1971	Ft. Eustis, Va.	William & Mary	2014	Spartanburg, S.C.	Samford
1929	Birmingham, Ala.	Louisiana State	1972	Greenville, S.C.	William & Mary	2015	Birmingham, Ala.	Samford
1930	Birmingham, Ala.	North Carolina	1973	Greenville, N.C.	William & Mary	2016	Cullowhee, N.C.	Western Carolina
1931	Birmingham, Ala.	Tulane	1974	Richmond, Va.	William & Mary	2017	Birmingham, Ala.	Western Carolina
1932	Atlanta, Ga.	Louisiana State	1975	Williamsburg, Va.	William & Mary	2018	Cullowhee, N.C.	Western Carolina
1933	Durham, N.C.	North Carolina	1976	Davidson, N.C.	East Carolina	2019	Birmingham, Ala.	Western Carolina
1934	Durham, N.C.	North Carolina	1977	Greenville, S.C.	East Carolina	2020	NO MEET (COVID-19 pandemic)	
1935	Durham, N.C.	North Carolina	1978	Huntington, W.Va.	VMI	2021	Cullowhee, N.C.	Samford
1936	Durham, N.C.	Duke	1979	Boone, N.C.	VMI			
1937	Durham, N.C.	Duke	1980	Charleston, S.C.	Appalachian State			
1938	Durham, N.C.	North Carolina	1981	Boone, N.C.	VMI			
1939	Chapel Hill, N.C.	North Carolina	1982	Greenville, S.C.	VMI			
1940	Williamsburg, Va.	North Carolina	1983	Lexington, Va.	VMI			
1941	Williamsburg, Va.	Duke	1984	Huntington, W.Va.	Appalachian State			
1942	Chapel Hill, N.C.	North Carolina	1985	Boone, N.C.	Appalachian State			
1943	Chapel Hill, N.C.	North Carolina	1986	Huntington, W.Va.	Appalachian State			
1944	NO MEET		1987	Boone, N.C.	Appalachian State			
1945	NO MEET		1988	Lexington, Va.	VMI			
1946	Chapel Hill, N.C.	Duke	1989	Huntington, W.Va.	Appalachian State			
1947	Chapel Hill, N.C.	North Carolina	1990	Boone, N.C.	VMI			
1948	Chapel Hill, N.C.	North Carolina	1991	Lexington, Va.	VMI			
1949	Chapel Hill, N.C.	North Carolina	1992	Huntington, W.Va.	Appalachian State			
1950	Chapel Hill, N.C.	North Carolina	1993	Boone, N.C.	Appalachian State			
1951	Chapel Hill, N.C.	Maryland	1994	Lexington, Va.	VMI			
1952	Chapel Hill, N.C.	Maryland	1995	Huntington, W.Va.	Appalachian State			
1953	Durham, N.C.	Maryland	1996	Johnson City, Tenn.	Appalachian State			
1954	Ft. Eustis, Va.	VMI	1997	Boone, N.C.	VMI			
1955	Ft. Eustis, Va.	VMI	1998	Lexington, Va.	VMI			
1956	Williamsburg, Va.	Virginia Tech	1999	Johnson City, Tenn.	Western Carolina			
1957	Williamsburg, Va.	William & Mary	2000	Boone, N.C.	VMI			
1958	Williamsburg, Va.	William & Mary	2001	Lexington, Va.	Appalachian State			
1959	Williamsburg, Va.	The Citadel	2002	Johnson City, Tenn.	Appalachian State			
1960	Williamsburg, Va.	The Citadel	2003	Boone, N.C.	Appalachian State			
1961	Williamsburg, Va.	The Citadel	2004	Boone, N.C.	Appalachian State			
1962	Norfolk, Va.	Furman	2005	Cullowhee, N.C.	Appalachian State			
1963	Charleston, W.Va.	Furman	2006	Statesboro, Ga.	Western Carolina			
1964	Williamsburg, Va.	West Virginia	2007	Boone, N.C.	Western Carolina			

Total team titles

Team	Titles
Appalachian State	19
North Carolina	14
VMI	14
William & Mary	12
Western Carolina	9
Duke	4
LSU	4
The Citadel	3
Furman	3
Maryland	3
Mississippi State	3
Samford	3
East Carolina	2
Tulane	1
Virginia	1
Virginia Tech	1
West Virginia	1

Women's SoCon Championship records

Event	Mark	Conversion	Name(s), school	Year
100m dash	11.45		Melissa Morrison, Appalachian State	1993
200m dash	23.50		Lamonda Miller, Appalachian State	1989
400m dash	53.55		Angela Rowe, Western Carolina	1995
800m run	2:04.18		Megan Marvin, Furman	2021
1,500m run	4:18.52		Karisa Nelson, Samford	2019
3,000m steeplechase	10:00.79		Hannah Steelman, Wofford	2019
5,000m run	16:12.98		Allie Buchalski, Furman	2017
10,000m run	34:35.06		Teghan Henderson, Chattanooga	2014
100m high hurdles	13.25		Kyra Atkins, ETSU	2017
400m intermediate hurdles	58.15		Katrina Seymour, ETSU	2017
Long jump	6.53m	21-5.08	Melissa Morrison, Appalachian State	1993
Triple jump	13.16m	43-2.25	Danielle Thorpe, Appalachian State	2010
High jump	1.79m	5-10.50	Megan Kirschling, Elon	2014
Shot put	15.50m	50-10.23	Beverly Burnett, Appalachian State	2005
Discus	51.40m	168-8	Maggie Johnston, Samford	2019
Javelin	*53.32m	174-11.50	Meg Warren, Appalachian State	1987
	^44.08m	144-07	Verena Tobis, ETSU	2015
Hammer throw	60.98m	200-0.79	Emily Allen, Samford	2014
Pole vault	4.00m	13-1.48	Laura Tieszen, Western Carolina	2004
4x100m relay	44.50		Georgia Southern	2014
			(Alyssa Felton, Jasmin Walker, Aarian Tipton, Jordan Fordham)	
4x400m relay	3:41.68		Georgia Southern	2007
			(Rashedah Arnold, Nicole Brown, Shauntel Jennings, Carla Ballard)	
Heptathlon	5,361		Tyleana Hanner, Chattanooga	2001

*-Denotes record pre-1999 redesign; ^-Denotes record post-1999 redesign

Past champions

Year	Site	Champion	Year	Site	Champion
1987	Boone, N.C.	Appalachian State	2008	Cullowhee, N.C.	Western Carolina
1988	Lexington, Va.	Appalachian State	2009	Statesboro, Ga.	Appalachian State
1989	Huntington, W.Va.	Appalachian State	2010	Boone, N.C.	Western Carolina
1990	Boone, N.C.	Appalachian State	2011	Birmingham, Ala.	Appalachian State
1991	Lexington, Va.	Appalachian State	2012	Cullowhee, N.C.	Appalachian State
1992	Huntington, W.Va.	Appalachian State	2013	Statesboro, Ga.	Western Carolina
1993	Boone, N.C.	Appalachian State	2014	Spartanburg, S.C.	Samford
1994	Lexington, Va.	Appalachian State	2015	Birmingham, Ala.	Western Carolina
1995	Huntington, W.Va.	Appalachian State	2016	Cullowhee, N.C.	Western Carolina
1996	Johnson City, Tenn.	ETSU	2017	Birmingham, Ala.	Samford
1997	Boone, N.C.	Western Carolina	2018	Cullowhee, N.C.	Western Carolina
1998	Lexington, Va.	Appalachian State	2019	Birmingham, Ala.	Samford
1999	Johnson City, Tenn.	Western Carolina	2020	NO MEET (COVID-19 pandemic)	
2000	Boone, N.C.	Western Carolina	2021	Cullowhee, N.C.	Samford
2001	Lexington, Va.	Western Carolina			
2002	Johnson City, Tenn.	Appalachian State			
2003	Boone, N.C.	Appalachian State			
2004	Boone, N.C.	Appalachian State			
2005	Cullowhee, N.C.	Appalachian State			
2006	Statesboro, Ga.	Appalachian State			
2007	Boone, N.C.	Georgia Southern			

Total team titles	
Team	Titles
Appalachian State	18
Western Carolina	10
Samford.....	4
ETSU	1
Georgia Southern.....	1



TEAM ROSTERS



The Citadel Bulldogs

Head coach: Jody Huddleston

Assistant coaches: Kris Kut, Erin Leonard

Volunteer coach: Alec Eckmayer

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Jaylan Adams	Sr.	Johnson City, Tenn.	Cyla Byrd	So.	Pace, Fla.
Chris Beverly	Jr.	Tallahassee, Fla.	Maddy Cardenas	So.	Redondo Beach, Calif.
Sam Blumer	Gr.	Greenville, S.C.	Tatiana Corso	R-Jr.	Verona, Italy
JP Caglione	Gr.	Viera Fla.	Yanna Cuesta	Fr.	Lindenhurst, N.Y.
Tereis Drayton	Jr.	Charleston, S.C.	Mya Dollard	Sr.	Johnsonville, S.C.
Hi'keem Elmore	Jr.	Orangeburg, S.C.	Heidi Fortin	Jr.	Ogunquit, Maine
Brent Forrest	Jr.	Simpsonville, S.C.	Emily Hickey	So.	Reading, Ma.
Reed Hamilton	So.	Charleston, S.C.	Carisma Holland	R-Jr.	Seneca, S.C.
Stephen Kraeling	So.	Guyton, Ga.	Mecca Jackson	So.	Sandersville, Ga.
Ian McCorkle	Fr.	Charleston, S.C.	Rebecca McCorkendale	Jr.	Hilton Head, S.C.
Caleb McDonald	Jr.	Lugoff, S.C.	Jay Mitchell	So.	Louisville, Ky.
Devin Merrick	Gr.	Florence, S.C.	Leah Murray	So.	Bowie, Md.
Prince Moody	Jr.	Springfield, Va.	Amber Opp	Gr.	Morganton, N.C.
Treonte Newton	Jr.	Summerville, S.C.	Gabby Shea	So.	Sparkill, N.Y.
Reggie Reynolds	Jr.	Disputanta, Va.	Chelsi Smalls	Sr.	No. Charleston, S.C.
Aidan Richter	Jr.	Mount Pleasant, S.C.	Shannon Ziccarello	Sr.	Whippany, N.J.
Luke Segee	So.	Easley, S.C.			
Sam Sharnas	Jr.	Holland, Mich.			
Andrew Smith	Jr.	Greer, S.C.			
Mac Strunk	So.	Port Isabel, Texas			
Jeremy Walker	Sr.	Tampa, Fla.			
Alex Wulforst	So.	Denver, N.C.			

ETSU Buccaneers

Head coach: George Watts

Assistant coaches: Hassaan Stamps, Anthony Stockton, Alex Kemp

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Adam Bradtmueller	Sr.	Sarasota, Fla.	Ansley Archuleta	Fr.	Fort Mill, S.C.
Mason Brandon	Fr.	Greeneville, Tenn.	Rebecca Avery	So.	Jefferson City, Tenn.
Gavin Cooper	R-So.	Jacksboro, Tenn.	Tya Blake	Fr.	Lynchburg, Va.
Marcus Evans	So.	Snellville, Ga.	Mary Brown	Jr.	Radford, Va.
Zachary Fejeran	Jr.	Tazewell, Tenn.	Mekayla Brown	Jr.	Elgin, S.C.
Tyrese Grant	Sr.	Summerville, S.C.	Hannah Burkhart	So.	Knoxville, Tenn.
Dalton Gray	Fr.	Ashland, Ky.	Alyssa Ceja-Pena	So.	Salinas, Calif.
Evan Guzman	So.	Franklin, Tenn.	Lindsay Cooper	So.	Charlotte, N.C.
Brayden Hamblen	Jr.	Rock Hill, Ill.	Caitlin Cutshall	So.	Kingsport, Tenn.
William Hartig	Fr.	Radford, Va.	Johnaida Eliscar	Jr.	Columbia, S.C.
Nolan Johnson	Fr.	Milliken, Colo.	Julia Foote	So.	Franklin, Tenn.
Josh Krafur	R-So.	Fort Collins, Co.	Leslie Gansore	Fr.	Oneida, Tenn.
Phelani Maduwa	Jr.	Parys, Free State, South Africa	Britney Griffith	Jr.	Kingsport, Tenn.
Miguel Parrilla	So.	Knoxville, Tenn.	Ja'Ciya Guthrie-Barber	So.	Gastonia, N.C.
Matt Scarr	Sr.	Wameral, NSW, Australia	Rebecca Howard	So.	Ashland, Ky.
Noah Shelton	Jr.	Gray, Tenn.	Ant'wonike Jennings	Fr.	Chattanooga, Tenn.
Myles Stoots	So.	Mobile, Ala.	De'Aundra Johnson	Fr.	Pensacola, Fla.
Benedikt Strack	Fr.	Herr, Germany	Nicole Johnson	So.	Chattanooga, Tenn.
Jordan Thomas	So.	Knoxville, Tenn.	Shila Kapaya	So.	Knoxville, Tenn.
Malachi Thomas	So.	Chilhowie, Va.	Julia Karsten	So.	Old Hickory, Tenn.
Bryce Turnbow	So.	Cookeville, Tenn.	Abbey King	Fr.	Greeneville, Tenn.
			Jessica Lord	Jr.	Morristown, Tenn.
			LaNaya Martin	Jr.	Columbia, S.C.
			Anna Moore	So.	Knoxville, Tenn.
			Molly Rhudy	So.	Chilhowie, Va.
			Diana Romero-Barba	Fr.	Tepatitlan de Morelos, Jalisco, Mexico
			Genevieve Schwarz	Jr.	Oak Ridge, Tenn.
			Makayla Shaw	Sr.	Jonesborough, Tenn.
			Kiera Snyder	So.	Clyde, Mich.
			Lindsey Stallworth	Sr.	Knoxville, Tenn.
			Jaclyn Wright	So.	Murfreesboro, Tenn.

Furman Paladins

Head coach: Robert Gary

Assistant coaches: Rita Gary, Chris Neal, Logan Roberts

Volunteer coach: Mickey McCauley

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Adam Beucler	Jr.	Hudson, Ohio	Kaylie Armitage	Fr.	Exeter, R.I.
Casey Burr	Fr.	Greenville, S.C.	Sierra Bower	Fr.	Carbondale, Colo.
Jonah Dill	Jr.	Cincinnati, Ohio	Madelynnne Cadeau	R-Fr.	Cumming, Ga.
Noah Dolhare	Sr.	Charlotte, N.C.	Beth Donnelly	So.	Brentwood, Tenn.
Nick Epstein	Jr.	Hillsborough, N.C.	Meghan Ford	Fr.	Jamestown, N.D.
Nick Goldstein	Fr.	Newbury Park, Calif.	Bethany Graham	So.	Aldie, Va.
Adrian Gonzalez	So.	Chanhassen, Minn.	Callie Harper	Fr.	Charleston, S.C.
Evin McEntee	Jr.	Charlotte, N.C.	Emily Little	So.	Atlanta, Ga.
Gabe Montague	Fr.	Melbourne, Fla.	Erin MacDevette	Jr.	Charlotte, N.C.
Cameron Ponder	Sr.	Winston-Salem, N.C.	Megan Marvin	So.	Chapel Hill, N.C.
Josh Powers	Jr.	Greenville, S.C.	Nicole Matysik	Jr.	Key West, Fla.
Mac Roberts	Jr.	Munich, Germany	Caroline Nguyen	Jr.	Asheville, N.C.
Dylan Schubert	So.	Loveland, Colo.	Abigail Robertson	So.	Marietta, Ga.
Matthew Smith	Fr.	Leesburg, Va.	Monica Seitz	Fr.	Lexington, Ky.
Ethan Vargas	Fr.	Hudson, Wis.	Jonna Strange	So.	Statesville, N.C.
Aaron Wier	Sr.	Versailles, Ky.	Sammy Trone	Sr.	Glenville, Pa.
Foster Wilfong	Fr.	Boerne, Texas	Kylie Wittman	So.	Brentwood, Tenn.
Carson Williams	So.	Raleigh, N.C.			

Mercer Bears

Head coach: Roosevelt Lofton

Assistant coach: Josh Hayman **Graduate assistant:** Austin Hayes

Women		
Name	Class	Hometown
Bianca Browne	Jr.	Stockbridge, Ga.
Jaycie Calvert	So.	Kenai, Alaska
Hannah Cooper	So.	Atlanta, Ga.
Tara Davis	Jr.	Fayetteville, Ga.
Laney Doster	Fr.	Gray, Ga.
Giulia Giorgi	Sr.	Perugia, Italy
Penny Jackson	Fr.	Centerville, Ga.
Samaiya O'dneal	Jr.	McKinney, Texas
Jaziah Ochoa	Jr.	Pembroke Pines, Fla.
Ariel Raggs	Fr.	Atlanta, Ga.
Ceylani Rembert	So.	Midland, Ga.
Bella Rhone	So.	Cumming, Ga.
Annette Rodriguez Olvera	Fr.	Sugar Hill, Ga.
Bri Teegarden	So.	Littleton, Colo.
Chidimma Uwaomah	Jr.	Woodstock, Ga.



TEAM ROSTERS



UNCG Spartans

Head coach: Kaleigh Roach

Assistant coach: John LePino

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Colin Alexander	Sr.	Southern Pines, N.C.	Deborah Ansah-Yeboah	Fr.	Apex, N.C.
Cameron Belk	Sr.	Indian Trail, N.C.	Laila Burk	Fr.	Black Mountain, N.C.
Dylan Christopher	Sr.	Hendersonville, N.C.	Camille Carlson	Fr.	Holly Springs, N.C.
Spencer Connick	Fr.	Charlotte, N.C.	Christina Davis	Jr.	Wake Forest, N.C.
Andrew Hamilton	Fr.	Laurinburg, N.C.	Ariana Garcia	Gr.	Beulaville, N.C.
Colin Keck	Fr.	Bluffton, S.C.	Serena Henderson	Fr.	Cary, N.C.
Thomas Kneppshield	Sr.	Louisville, Ky.	Bella Manfre	Fr.	Jacksonville, N.C.
Ethan Long	Fr.	McLeansville, N.C.	Chandler McCaslin	Sr.	Mooresville, N.C.
Zin Maung	Jr.	Chapel Hill, N.C.	Madison McMasters	Fr.	Liberty, N.C.
Owen McArthur	Fr.	Greensboro, N.C.	Naomi Pridgen	So.	Chapel Hill, N.C.
Joe Thoma	Sr.	Whippany, N.J.	Ciani Ricks	Fr.	Portsmouth, Va.
Nicholas Thoma	Sr.	Whippany, N.J.	Meredith Roberts	Sr.	Winston-Salem, N.C.
Emmett Yacouba	Fr.	Greensboro, N.C.	Jordyn Singletary	Jr.	Asheville, N.C.
Michael Zapherson	Jr.	Asheville, N.C.	Shay Soukup	So.	Defiance, Ohio
			Nadia Wilson	Fr.	Upper Marlboro, Md.

Samford Bulldogs

Head coach: Rod Tiffin

Assistant coaches: Ashley Shoemaker, Chad Balyo, Tom Pukstys

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Matt Cahoon	Gr.	Cullman, Ala.	Riley Alexander	Jr.	Arlington, Texas
Luke Dobbins	Jr.	Daphne, Ala.	Jackie Barnes	Gr.	Beaufort, S.C.
Ashton Domingue	So.	Birmingham, Ala.	Morayo Bhadmos	Gr.	Powder Springs, Ga.
Gabel Fulford	So.	Knoxville, Tenn.	Brittany Bishop	Jr.	Clinton, Tenn.
Marshall Gainer	So.	Hazelhurst, Ga.	Kaitlyn Cole	Jr.	Spanish Fort, Ala.
Benjamin Garner	Gr.	Opelika, Ala.	Alexis Cook	So.	Daphne, Ala.
Matthew Grigg	So.	Argyle, Texas	Amiel Dabney	Fr.	Conyers, Ga.
Logan Guzik	So.	Tampa, Fla.	Hannah Daffin	Jr.	Mobile, Ala.
Damian Hines	Fr.	Helena, Ala.	Ayden Drake	Fr.	Atlanta, Ga.
Ian Jones	Fr.	Fullerton, Calif.	Aiya Finch	Jr.	Homewood, Ala.
McCray Kelton	So.	Tomball, Texas	McKenzie Hogue	Jr.	Alabaster, Ala.
Ty Kimberlin	Jr.	Olive Branch, Miss.	Makenzie Hooton	So.	Kansas City, Mo.
William Malcolm	Fr.		Caroline Huff	Sr.	Daphne, Ala.
Stockton McGuire	Gr.	Fairburn, Ga.	Emorie Long	Sr.	Pelham, Ala.
Michael McMahan	Gr.	Franklin, Tenn.	Erin Long	So.	Pelham, Ala.
Don Morgan	So.	Kansas City, Mo.	Kelsey Martin	Fr.	Trussville, Ala.
Edwin Rainey	So.	Tuscaloosa, Ala.	Kaelyn McCann	So.	Temecula, Ca.
Caleb Scheffler	Fr.	Fort Worth, Texas	Harper McGowan	So.	Auburn, Ala.
Harrison Siegel	So.	Cumming, Ga.	Mia Milasinovic	So.	Podgorica, Montenegro
Jed Sisco	So.	Morrow, Ohio	Allison Nelson	Gr.	Brewton, Ala.
Tyler Smith	Fr.	McNeese, La.	Liyah Nelson	Fr.	Huntsville, Ala.
Walker Smith	So.	Homewood, Ala.	Emma Nolte	So.	Plano, Texas
Tyke Tabor	Fr.		Sinkesh Parker	Fr.	Winter Springs, Fla.
Edric Wenhold	Fr.		Macie Pfeuffer	Fr.	Marietta, Ga.
Bryce Williamson	So.	Fairburn, Ga.	Adrienne Salemm	So.	Columbus, Ind.
Seth Wolfe	Gr.	Atlanta, Ga.	Vada Samuels	Sr.	Huntsville, Ala.
Landon Wright	So.	Eads, Tenn.	Savannah Schmidt	So.	Saint Louis, Mo.
			Katie Strozier	Jr.	Pelham, Ala.
			Ashley Walker	Fr.	
			Alex Webb	Fr.	Cambridge, Ontario

Chattanooga Mocs

Head coach: Andy Meyer

Assistant coach: Tyler Griffin

Women		
Name	Class	Hometown
Faith Brown	Jr.	Gallatin, Tenn.
Imani Bryant	Jr.	Dandridge, Tenn.
Carley Burt	So.	Wautoma, Wis.
Emmy Davis	So.	Chattanooga, Tenn.
Sage Davis	Sr.	Hardin Valley, Tenn.
Kimbra Dunning	So.	Chattanooga, Tenn.
Justine Glass	Gr.	Barrie, Ontario
Lesley Green	Jr.	Dayton, Tenn.
Ashtyn Hagood	Jr.	Kingsport, Tenn.
Gracie Morse	Fr.	Winchester, Tenn.
Morgan Ouellette	Jr.	Nashville, Tenn.
Allie Potter	So.	Dickson, Tenn.
Emma Russum	So.	Kingsport, Tenn.
McKenzie Williamson	Jr.	Franklin, Tenn.

VMI Keydets

Head coach: Zack Scott

Assistant coaches: Sean Bernstein, Danielle Gray

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Isaiah Blount	Fr.	Ruther Glen, Va.	Eleyah Armstrong	Fr.	Hampton, Va.
Herbert Brooks	Jr.	Nathalie, Va.	Rachael Dickenson	Sr.	Centreville, Va.
Nick Brown	Fr.	Chesterfield, Va.	Julie Freitas	Fr.	Henrico, Va.
Cade Compton	Jr.	Draper, Va.	Naomi Hahn	So.	Warren, Pa.
Hunter Davis	Fr.	Chesapeake, Va.	Jenna Kirkland	So.	West Point, Va.
Richard Edwards	Fr.	Virginia Beach, Va.	Marissa Linkous	Jr.	Richmond, Va.
D. Alex Fiorillo	Jr.	St. Petersburg, Fla.	Ellie Miller	Sr.	Dayton, Va.
Solomon Ghosh	Sr.	Blacksburg, Va.	Yvonna Perrello	Fr.	North Chesterfield, Va.
Andrew Granger	So.	Marietta, Ga.	Rachel Roberson	Fr.	Stevensville, Md.
Jonathan Gray	Sr.	Stafford, Va.	Alexis Rocker	So.	Wayne, NJ
Cameron Hevener	Jr.	Fishersville, Va.	Gretal Shank	Fr.	Carlisle, Pa.
Andrew Hirneisen	So.	Gettysburg, Pa.	Suzanna Stoneburner	Jr.	Lexington, Va.
Gavin Jenkins	R-Sr.	Chester Gap, Va.	Emily Wells	Jr.	Ijamsville, Md.
Robert Jones	So.	Peyton, Colo.	Ahliyah Williams	Sr.	Upper Marlboro, Md.
Andre Jordan	Sr.	Chesapeake, Va.			
Stephen Kelley	So.	Virginia Beach, Va.			
Zach Lauster	Sr.	Manassas, Va.			
Kevin Linko	Jr.	Princeton, N.J.			
Charles Male	Fr.	Arlington, Va.			
Jordin Poindexter	Sr.	Richmond, Va.			
Hunter Reed	So.	Ashburn, Va.			
Noah Schagelin	Jr.	Wharton, N.J.			
Eric Thompson	Sr.	Chesapeake, Va.			
Xander Topos	Fr.	Palmyra, Pa.			
Bret Trahan	Sr.	Holly Springs, N.C.			
Adam Waite	Sr.	Midlothian, Va.			
Johnnie Walker	Sr.	Stafford, Va.			
Ty Wesenyak	Jr.	Hawley, Pa.			
Trent Whittaker	Jr.	Rocky Mount, Va.			
Jeremiah Wilks	Fr.	Richmond, Va.			

Western Carolina Catamounts

Head coach: Jesse Norman

Assistant coach: David Johnston, Greg Lambert

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Kaleb Ambrose	Jr.	Douglasville, Ga.	Marissa Blakely	Jr.	Concord, N.C.
Owen Barr	Fr.	Waxhaw, N.C.	Alesea Caldwell	Fr.	Waynesville, N.C.
Javell Brown	So.	Auburndale, Fla.	Derica Currie	So.	Burlington, N.C.
Javon Brown	So.	Auburndale, Fla.	Nytrinitey Jenkins	So.	Winston-Salem, N.C.
Marcus Brown	So.	Cary, N.C.	Mallory Lowe	So.	Hampton, Ga.
Riley Center	So.	La Crescenta, Calif.	Kate Mattison	Jr.	Oconee, Ga.
Charles Cooley	Jr.	Morehead City, N.C.	Omara McBride	So.	Apex, N.C.
John Davis	Fr.	Columbia, S.C.	Makaila McIntyre	5th	Peachtree City, Ga.
Ryan Eldridge	Jr.	Mount Airy, N.C.	Erica O'Neal	So.	Snellville, Ga.
Jalen Elwell	So.	Ankeny, Iowa	Sydney Runyan	So.	Woodstock, Ga.
Michael Harris	So.	Simpsonville, S.C.	Tre'Breh Scott	Fr.	Suffolk, Va.
Adam Hart	Jr.	Topsail, N.C.	Dami Shodeinde	So.	Marietta, Ga.
Brandon Harvey	Jr.	Lilburn, Ga.	Kayla Smith	Gr.	Charlotte, N.C.
Justin Hayes	Fr.	Cary, N.C.	Victoria Solheim	Jr.	Dallas, Ga.
Ronald Kent Jr.	Jr.	Harrisburg, Pa.	Taniyah Thomas	Fr.	Birmingham, Ala.
Chelsey Kinney	So.	Gainesville, Ga.	Mikayla Turner	So.	Columbia, S.C.
Nicolas Kiser	Fr.	Irmo, S.C.	Carter Unger	Jr.	Chapin, S.C.
Jonathan Lehe	Sr.	Mooresville, N.C.			
Thomas Martin	Jr.	Jefferson, Ga.			
David Miles	So.	Burlington, N.C.			
Will Mitchell	Fr.	Raleigh, N.C.			
Tyler Rodriguez	So.	Dodd City, Texas			
Joshua Stapleton	Jr.	Duluth, Ga.			
Henry Stecher	Fr.	Kill Devil Hills, N.C.			
Elijah Stuart	Jr.	Hampshire, Ill.			
Clay Summers	So.	Advance, N.C.			
Drew Zink	So.	Sherrills Ford, N.C.			

Wofford Terriers

Head coach: Johnny Bomar

Assistant coaches: Robert Gallinger, Cord Sgaglio

Men			Women		
Name	Class	Hometown	Name	Class	Hometown
Carson Archie	So.	Mount Pleasant S.C.	Alexus Atkins	So.	Campobello, S.C.
Theron Bradford	Jr.	Sumter, S.C.	Giselle Cruz	Jr.	Norcross, Ga.
Elijah Bull	Sr.	Mt. Pleasant, S.C.	Dahlia Cutler	Jr.	Waxhaw, N.C.
Cagan Campbell	Jr.	Tuscaloosa, Ala.	Dani Emmen	Fr.	Conway, S.C.
Jackson Casey	Fr.	Newcastle, Okla.	Ava Fowler	Fr.	Lexington, S.C.
Beck Classey	Sr.	Denver, N.C.	Chloe Gilbert	Fr.	Asheville, N.C.
Cameron Dalton	Fr.	Eden, N.C.	Jasmine Jefferson	So.	Knoxville, Tenn.
Patrick Daly	So.	Roanoke, Va.	Kerrington Johnson	Jr.	Anderson, S.C.
Tanner Henry	Jr.	Kingsport, Tenn.	Rylee Jorgensen	Jr.	Maryville, Tenn.
Sebastian LaTorre	So.	Knoxville, Tenn.	Netanya Linares	Jr.	Waxhaw, N.C.
Jack Moody	Sr.	Pawleys Island, S.C.	Georgia McDevitt	Jr.	Maryville, Tenn.
Conor Murphy	So.	London, England	Madeline McNinch	So.	Bradenton, Fla.
Ryan O'Malley	Jr.	Florence, S.C.	Lily Meetze	Jr.	Irmo, S.C.
Christopher Sheppard	So.	Wesley Chapel, Fla.	Jenna Reid	Jr.	Nova Scotia, Canada
Paul Szuba	So.	Pittsburgh, Pa.	Lexi Rhine	So.	Greenville, S.C.
Grant Witherspoon	Fr.	Indian Land, S.C.	Mary Claire Ridgeway	Fr.	Florence, Ala.
			Morgan Roberts	So.	Williamston, S.C.
			Chandler Robinson	Sr.	Mt. Pleasant, S.C.
			Carolyne Shealy	Fr.	Lexington, S.C.
			Destiny Shippy	Sr.	Spartanburg, S.C.
			Katharine Spence	Jr.	Pawley's Island, S.C.
			Marga Van Der Linde	Fr.	Bellville, South Africa

ATHLETES OF THE WEEK

Men's track

March 23	Miguel Parrilla, ETSU
March 30	Adam Bradtmueller, ETSU
April 6	Jordin Poindexter, VMI
April 13	Michael McMahan, Samford
April 20	Michael McMahan, Samford
April 27	Carson Williams, Furman

Men's field

March 23	Matt Cahoon, Samford
March 30	Ashton Domingue, Samford
April 6	JP Caglione, The Citadel
April 13	Jed Sisco, Samford
April 20	Sam Blumer, The Citadel
April 27	Jed Sisco, Samford

Women's track

March 23	Genevieve Schwarz, ETSU
March 30	Megan Marvin, Furman
April 6	Ariel Raggs, Mercer
April 13	Kerrington Johnson, Wofford
April 20	McKenzie Hogue, Samford
April 27	Megan Marvin, Furman

Women's field

March 23	Brittany Bishop, Samford
March 30	Alex Webb, Samford
April 6	Tya Blake, ETSU
April 13	Morayo Bhadosh, Samford
April 20	Brittany Bishop, Samford
April 27	Alex Webb, Samford



Samford's Michael McMahan



Furman's Megan Marvin



The Citadel's Sam Blumer



Samford's Alex Webb