

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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**RESULTS****#33-1 Men's Indoor Heptathlon 60 Meters**

& SoCon 6.73 Ernest Wiggins Appalachian State

9:00 AM (Day 1):

Pl Name	Yr Team	Time	H(Pl)	Pts
1 WRIGHT, Landon	JR Samford	7.14	2(1)	833
2 BENNETT, Zion	FR Wofford	7.17	1(1)	823
3 KIMBERLIN, Ty	SR Samford	7.18	2(2)	819
4 HINES, Damian	SO Samford	7.34	2(3)	765
5 LINKO, Kevin	JR VMI	7.39	2(4)	749
6 WILLIAMSON, Bryce	JR Samford	7.45	2(5)	729
7 FULFORD, Ethan	FR East Tenn. St.	7.57	1(2)	690
8 LATORRE, Sebastian	JR Wofford	7.68	1(3)	656

**SECTION RESULTS**

Pl Name	Yr Team	Time	Pts
<b>Section 1 of 2</b>			
1 BENNETT, Zion	FR Wofford	7.17	823
2 FULFORD, Ethan	FR East Tenn. St.	7.57	690
3 LATORRE, Sebastian	JR Wofford	7.68	656
<b>Section 2 of 2</b>			
1 WRIGHT, Landon	JR Samford	7.14	833
2 KIMBERLIN, Ty	SR Samford	7.18	819
3 HINES, Damian	SO Samford	7.34	765
4 LINKO, Kevin	JR VMI	7.39	749
5 WILLIAMSON, Bryce	JR Samford	7.45	729

**Men's Indoor Heptathlon After 1 Events**

Pl Athlete	Yr Team	Points
1 WRIGHT, Landon	JR Samford	833
2 BENNETT, Zion	FR Wofford	823
3 KIMBERLIN, Ty	SR Samford	819
4 HINES, Damian	SO Samford	765
5 LINKO, Kevin	JR VMI	749
6 WILLIAMSON, Bryc	JR Samford	729
7 FULFORD, Ethan	FR East Tenn. St.	690
8 LATORRE, Sebastia	JR Wofford	656

**#33-2 Men's Indoor Heptathlon Long Jump**

& SoCon 7.66m Marcus Lynch

VMI

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 KIMBERLIN, Ty	SR Samford	7.08m 23' 2 <sup>3</sup> / <sub>4</sub>	7.06 (+0.0)	7.08 (+0.0)	6.96 (+0.0)				833
2 HINES, Damian	SO Samford	6.86m 22' 6 <sup>1</sup> / <sub>4</sub>	6.78 (+0.0)	6.86 (+0.0)	6.72 (+0.0)				781
3 WRIGHT, Landon	JR Samford	6.64m 21' 9 <sup>1</sup> / <sub>2</sub>	6.64 (+0.0)	6.51 (+0.0)	FOUL				729
4 WILLIAMSON, Bryce	JR Samford	6.44m 21' 1 <sup>1</sup> / <sub>2</sub>	6.38 (+0.0)	FOUL	6.44 (+0.0)				684
5 LINKO, Kevin	JR VMI	6.11m 20' 0 <sup>1</sup> / <sub>2</sub>	6.01 (+0.0)	5.97 (+0.0)	6.11 (+0.0)				610
6 LATORRE, Sebastian	JR Wofford	5.90m 19' 4 <sup>1</sup> / <sub>4</sub>	5.90 (+0.0)	5.88 (+0.0)	5.88 (+0.0)				565
7 BENNETT, Zion	FR Wofford	5.85m 19' 2 <sup>1</sup> / <sub>2</sub>	5.69 (+0.0)	5.85 (+0.0)	5.70 (+0.0)				554
8 FULFORD, Ethan	FR East Tenn. St	5.75m 18' 10 <sup>1</sup> / <sub>2</sub>	5.65 (+0.0)	5.75 (+0.0)	FOUL				533

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# RESULTS

## Men's Indoor Heptathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	KIMBERLIN, Ty	SR	Samford	1652
2	WRIGHT, Landon	JR	Samford	1562
3	HINES, Damian	SO	Samford	1546
4	WILLIAMSON, Bryc	JR	Samford	1413
5	BENNETT, Zion	FR	Wofford	1377
6	LINKO, Kevin	JR	VMI	1359
7	FULFORD, Ethan	FR	East Tenn. St.	1223
8	LATORRE, Sebastia	JR	Wofford	1221

## #33-3 Men's Indoor Heptathlon Shot Put

& SoCon 17.19m Cosmo Tocci The Citadel

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	KIMBERLIN, Ty	SR	Samford	13.16m 43' 2 <sup>1</sup> / <sub>4</sub>	12.82	13.16	FOUL				677
2	WRIGHT, Landon	JR	Samford	12.11m 39' 8 <sup>3</sup> / <sub>4</sub>	11.54	10.75	12.11				613
3	HINES, Damian	SO	Samford	11.79m 38' 8 <sup>1</sup> / <sub>4</sub>	10.91	11.79	11.74				594
4	WILLIAMSON, Bryce	JR	Samford	11.45m 37' 6 <sup>3</sup> / <sub>4</sub>	FOUL	10.56	11.45				573
5	FULFORD, Ethan	FR	East Tenn. St	11.24m 36' 10 <sup>1</sup> / <sub>2</sub>	11.12	10.37	11.24				560
6	LINKO, Kevin	JR	VMI	10.82m 35' 6"	10.21	FOUL	10.82				535
7	LATORRE, Sebastian	JR	Wofford	10.61m 34' 9 <sup>3</sup> / <sub>4</sub>	10.24	10.55	10.61				522
8	BENNETT, Zion	FR	Wofford	8.36m 27' 5 <sup>1</sup> / <sub>4</sub>	7.87	8.22	8.36				388

## Men's Indoor Heptathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	KIMBERLIN, Ty	SR	Samford	2329
2	WRIGHT, Landon	JR	Samford	2175
3	HINES, Damian	SO	Samford	2140
4	WILLIAMSON, Bryc	JR	Samford	1986
5	LINKO, Kevin	JR	VMI	1894
6	FULFORD, Ethan	FR	East Tenn. St.	1783
7	BENNETT, Zion	FR	Wofford	1765
8	LATORRE, Sebastia	JR	Wofford	1743

## #33-4 Men's Indoor Heptathlon High Jump

& SoCon 2.21m Darius Purcell Appalachian State

Pl	Name	Yr	Team	Mark	1.71	1.74	1.77	1.80	1.83	1.86	1.89	1.92	1.95	1.98	Pts
1	KIMBERLIN, Ty	SR	Samford	1.95m 6' 4 <sup>3</sup> / <sub>4</sub>	PPP	PPP	O	PPP	O	O	O	XXO	O	XXX	758
2	WILLIAMSON, Bryce	JR	Samford	1.86m 6' 1 <sup>1</sup> / <sub>4</sub>	PPP	O	O	O	O	XO	XXX				679
3	HINES, Damian	SO	Samford	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	XO	XXO	O	XO	XXX						627
4	WRIGHT, Landon	JR	Samford	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	XXO	XO	XXO	XO	XXX						627
5	BENNETT, Zion	FR	Wofford	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	XO	O	XXX								577
6	FULFORD, Ethan	FR	East Tenn. St	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	XXO	XO	XXX								577
7	LINKO, Kevin	JR	VMI	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	XXO	XXX									552
8	LATORRE, Sebastian	JR	Wofford	1.65m 5' 5"	PPP	PPP	XX								504
Pl	Name	Yr	Team	Mark	1.50	1.53	1.56	1.59	1.62	1.65	1.68				Pts
3	HINES, Damian	SO	Samford	(cont'd)	PPP	PPP	PPP	PPP	O	O	O				627
4	WRIGHT, Landon	JR	Samford	(cont'd)	PPP	PPP	PPP	PPP	PPP	PPP	O				627

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## RESULTS

### #33-4 Men's Indoor Heptathlon High Jump (cont'd)

5	BENNETT, Zion	FR Wofford	(cont'd)	PPP	PPP	PPP	PPP	PPP	XO	O	577
6	FULFORD, Ethan	FR East Tenn. St	(cont'd)	PPP	O	PPP	O	O	O	O	577
7	LINKO, Kevin	JR VMI	(cont'd)	PPP	O	PPP	O	O	O	O	552
8	LATORRE, Sebastian	JR Wofford	1.65m 5' 5"	PPP	PPP	PPP	O	O	O	XPP	504

### Men's Indoor Heptathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	KIMBERLIN, Ty	SR	Samford	3087
2	WRIGHT, Landon	JR	Samford	2802
3	HINES, Damian	SO	Samford	2767
4	WILLIAMSON, Bryc	JR	Samford	2665
5	LINKO, Kevin	JR	VMI	2446
6	FULFORD, Ethan	FR	East Tenn. St.	2360
7	BENNETT, Zion	FR	Wofford	2342
8	LATORRE, Sebastia	JR	Wofford	2247

### #34-1 Women's Indoor Pentathlon 60m Hurdles

& SoCon 8.29 Demeteria Edgecombe/Kyra Atkins ETSU

#### 9:15 AM (Day 1):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	LINARES, Netanya	SR	Wofford	8.79	3(1)	954
2	WALKER, Rashni	FR	Samford	8.87	3(2)	937
3	LOWE, Mallory	SO	Western Carolina	9.18	2(1)	873
4	BAGG, Olivia	FR	Wofford	9.26	1(1)	856
5	VAN DER LINDE, Marga	SO	Wofford	9.28	3(3)	852
6	LONG, Erin	JR	Samford	9.31	2(2)	846
7	HART, Shea	FR	VMI	9.46	2(3)	816
8	PETTYJOHN, Hannah	FR	Samford	9.57	4(1)	794
9	SCHMIDT, Savannah	JR	Samford	10.07	1(2)	701
10	WORF, Presley	FR	Wofford	10.21	4(2)	673
11	STINGEL, Taylor	FR	Wofford	11.43	1(3)	468

### SECTION RESULTS

Pl	Name	Yr	Team	Time	Pts
<b>Section 1 of 4</b>					
1	BAGG, Olivia	FR	Wofford	9.26	856
2	SCHMIDT, Savannah	JR	Samford	10.07	701
3	STINGEL, Taylor	FR	Wofford	11.43	468
<b>Section 2 of 4</b>					
1	LOWE, Mallory	SO	Western Carolina	9.18	873
2	LONG, Erin	JR	Samford	9.31	846
3	HART, Shea	FR	VMI	9.46	816
<b>Section 3 of 4</b>					
1	LINARES, Netanya	SR	Wofford	8.79	954
2	WALKER, Rashni	FR	Samford	8.87	937
3	VAN DER LINDE, Marga	SO	Wofford	9.28	852
<b>Section 4 of 4</b>					
1	PETTYJOHN, Hannah	FR	Samford	9.57	794

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# RESULTS

## #34-1 Women's Indoor Pentathlon 60m Hurdles (cont'd)

Pl	Name	Yr	Team	Time	Pts
2	WORF, Presley	FR	Wofford	10.21	673

## Women's Indoor Pentathlon After 1 Events

Pl	Athlete	Yr	Team	Points
1	LINARES, Netanya	SR	Wofford	954
2	WALKER, Rashni	FR	Samford	937
3	LOWE, Mallory	SO	Western Carolina	873
4	BAGG, Olivia	FR	Wofford	856
5	VAN DER LINDE, M	SO	Wofford	852
6	LONG, Erin	JR	Samford	846
7	HART, Shea	FR	VMI	816
8	PETTYJOHN, Hann	FR	Samford	794
9	SCHMIDT, Savannah	JR	Samford	701
10	WORF, Presley	FR	Wofford	673
11	STINGEL, Taylor	FR	Wofford	468

## #34-2 Women's Indoor Pentathlon High Jump

& SoCon 1.81m Kristen Meister Davidson

Pl	Name	Yr	Team	Mark	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.67	1.70	Pts
1	LINARES, Netanya	SR	Wofford	1.67m 5' 5 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	O	XO	O	XXO	XO	XXX	818
2	LONG, Erin	JR	Samford	1.64m 5' 4 <sup>1</sup> / <sub>2</sub>	PPP	PPP	O	O	O	XXO	O	XO	XXX		783
3	PETTYJOHN, Hannah	FR	Samford	1.58m 5' 2 <sup>1</sup> / <sub>4</sub>	PPP	PPP	O	O	O	O	XXX				712
4	SCHMIDT, Savannah	JR	Samford	1.55m 5' 1"	PPP	PPP	O	O	O	XXX					678
5	HART, Shea	FR	VMI	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	XXO	O	XO	O	XXX						644
6	BAGG, Olivia	FR	Wofford	1.43m 4' 8 <sup>1</sup> / <sub>4</sub>	O	XXX									544
7	WORF, Presley	FR	Wofford	1.43m 4' 8 <sup>1</sup> / <sub>4</sub>	O	XXX									544
8	VAN DER LINDE, Marga	SO	Wofford	1.40m 4' 7"	XXX										512
Pl	Name	Yr	Team	Mark	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	Pts	
7	WORF, Presley	FR	Wofford	(cont'd)	PPP	PPP	O	XO	O	O	XO	XO	XO	544	
8	VAN DER LINDE, Marga	SO	Wofford	1.40m 4' 7"	PPP	PPP	O	O	O	O	XO	O	O	512	
9	WALKER, Rashni	FR	Samford	1.37m 4' 6"	PPP	PPP	PPP	PPP	PPP	PPP	O	O	XXX	481	
10	LOWE, Mallory	SO	Western Caro	1.28m 4' 2 <sup>1</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	O	XXX				389	
11	STINGEL, Taylor	FR	Wofford	1.19m 3' 10 <sup>3</sup> / <sub>4</sub>	O	O	PPP	XXX						302	

## Women's Indoor Pentathlon After 2 Events

Pl	Athlete	Yr	Team	Points
1	LINARES, Netanya	SR	Wofford	1772
2	LONG, Erin	JR	Samford	1629
3	PETTYJOHN, Hann	FR	Samford	1506
4	HART, Shea	FR	VMI	1460
5	WALKER, Rashni	FR	Samford	1418
6	BAGG, Olivia	FR	Wofford	1400
7	SCHMIDT, Savannah	JR	Samford	1379
8	VAN DER LINDE, M	SO	Wofford	1364
9	LOWE, Mallory	SO	Western Carolina	1262
10	WORF, Presley	FR	Wofford	1217
11	STINGEL, Taylor	FR	Wofford	770

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 Snap Timing



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# RESULTS

## #34-3 Women's Indoor Pentathlon Shot Put

& SoCon 16.61m Angie Barker ETSU

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	SCHMIDT, Savannah	JR	Samford	11.58m 38' 0"	10.63	11.58	11.17				633
2	PETTYJOHN, Hannah	FR	Samford	11.54m 37' 10 <sup>1</sup> / <sub>2</sub>	11.54	11.08	FOUL				631
3	BAGG, Olivia	FR	Wofford	10.71m 35' 1 <sup>3</sup> / <sub>4</sub>	9.53	10.69	10.71				576
4	LONG, Erin	JR	Samford	10.63m 34' 10 <sup>1</sup> / <sub>2</sub>	10.57	10.63	10.39				571
5	WALKER, Rashni	FR	Samford	10.55m 34' 7 <sup>1</sup> / <sub>2</sub>	FOUL	10.55	FOUL				566
6	LINARES, Netanya	SR	Wofford	10.15m 33' 3 <sup>3</sup> / <sub>4</sub>	9.63	10.15	9.08				539
7	VAN DER LINDE, Marga	SO	Wofford	9.29m 30' 5 <sup>3</sup> / <sub>4</sub>	7.80	8.98	9.29				483
8	WORF, Presley	FR	Wofford	9.21m 30' 2 <sup>3</sup> / <sub>4</sub>	8.43	9.21	8.52				478
9	LOWE, Mallory	SO	Western Caro	8.01m 26' 3 <sup>1</sup> / <sub>2</sub>	7.16	6.97	8.01				400
10	STINGEL, Taylor	FR	Wofford	7.68m 25' 2 <sup>1</sup> / <sub>2</sub>	7.68	7.59	6.81				379
11	HART, Shea	FR	VMI	7.48m 24' 6 <sup>1</sup> / <sub>2</sub>	7.48	7.14	7.48				366

## Women's Indoor Pentathlon After 3 Events

Pl	Athlete	Yr	Team	Points
1	LINARES, Netanya	SR	Wofford	2311
2	LONG, Erin	JR	Samford	2200
3	PETTYJOHN, Hann	FR	Samford	2137
4	SCHMIDT, Savannah	JR	Samford	2012
5	WALKER, Rashni	FR	Samford	1984
6	BAGG, Olivia	FR	Wofford	1976
7	VAN DER LINDE, M	SO	Wofford	1847
8	HART, Shea	FR	VMI	1826
9	WORF, Presley	FR	Wofford	1695
10	LOWE, Mallory	SO	Western Carolina	1662
11	STINGEL, Taylor	FR	Wofford	1149

## #34-4 Women's Indoor Pentathlon Long Jump

& SoCon 6.21m Von Ross Western Carolina

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	LINARES, Netanya	SR	Wofford	5.70m 18' 8 <sup>1</sup> / <sub>2</sub>	5.31 (+0.0)	5.60 (+0.0)	5.70 (+0.0)				759
2	LONG, Erin	JR	Samford	5.23m 17' 2"	4.83 (+0.0)	FOUL	5.23 (+0.0)				623
3	BAGG, Olivia	FR	Wofford	5.21m 17' 1 <sup>1</sup> / <sub>4</sub>	4.81 (+0.0)	5.14 (+0.0)	5.21 (+0.0)				617
4	SCHMIDT, Savannah	JR	Samford	5.01m 16' 5 <sup>1</sup> / <sub>4</sub>	4.82 (+0.0)	5.01 (+0.0)	4.89 (+0.0)				562
5	WALKER, Rashni	FR	Samford	4.90m 16' 1"	4.90 (+0.0)	FOUL	FOUL				532
6	PETTYJOHN, Hannah	FR	Samford	4.78m 15' 8 <sup>1</sup> / <sub>4</sub>	4.77 (+0.0)	4.78 (+0.0)	4.77 (+0.0)				500
7	VAN DER LINDE, Marga	SO	Wofford	4.72m 15' 6"	4.50 (+0.0)	4.62 (+0.0)	4.72 (+0.0)				485
8	HART, Shea	FR	VMI	4.66m 15' 3 <sup>1</sup> / <sub>2</sub>	FOUL	4.66 (+0.0)	FOUL				469
9	WORF, Presley	FR	Wofford	4.64m 15' 2 <sup>3</sup> / <sub>4</sub>	4.64 (+0.0)	4.23 (+0.0)	4.44 (+0.0)				464
10	LOWE, Mallory	SO	Western Caro	4.62m 15' 2"	4.50 (+0.0)	4.43 (+0.0)	4.62 (+0.0)				459
11	STINGEL, Taylor	FR	Wofford	4.17m 13' 8 <sup>1</sup> / <sub>4</sub>	4.17 (+0.0)	PASS	PASS				347

## Women's Indoor Pentathlon After 4 Events

Pl	Athlete	Yr	Team	Points
1	LINARES, Netanya	SR	Wofford	3070

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## RESULTS

### Women's Indoor Pentathlon After 4 Events (cont'd)

Pl	Athlete	Yr	Team	Points
2	LONG, Erin	JR	Samford	2823
3	PETTYJOHN, Hann	FR	Samford	2637
4	BAGG, Olivia	FR	Wofford	2593
5	SCHMIDT, Savannah	JR	Samford	2574
6	WALKER, Rashni	FR	Samford	2516
7	VAN DER LINDE, M	SO	Wofford	2332
8	HART, Shea	FR	VMI	2295
9	WORF, Presley	FR	Wofford	2159
10	LOWE, Mallory	SO	Western Carolina	2121
11	STINGEL, Taylor	FR	Wofford	1496

### #34-5 Women's Indoor Pentathlon 800 Meters

& SoCon 2:05.68 Megan Marvin Furman

Pl	Name	Yr	Team	Time	Pts
1	VAN DER LINDE, Marga		SO Wofford	2:26.52	737
	32.81 (32.81) 36.77 (1:09.57) 39.96 (1:49.53) 36.99 (2:26.52)				
2	LINARES, Netanya		SR Wofford	2:27.46	725
	33.02 (33.02) 36.82 (1:09.83) 39.75 (1:49.58) 37.89 (2:27.46)				
3	WALKER, Rashni		FR Samford	2:30.87	682
	33.24 (33.24) 36.91 (1:10.15) 39.84 (1:49.98) 40.90 (2:30.87)				
4	HART, Shea		FR VMI	2:34.70	635
	35.50 (35.50) 37.94 (1:13.44) 41.52 (1:54.95) 39.75 (2:34.70)				
5	WORF, Presley		FR Wofford	2:34.80	634
	34.61 (34.61) 38.21 (1:12.81) 41.46 (1:54.27) 40.53 (2:34.80)				
6	PETTYJOHN, Hannah		FR Samford	2:38.61	589
	38.63 (38.63) 42.25 (1:20.88) 43.35 (2:04.22) 34.40 (2:38.61)				
7	SCHMIDT, Savannah		JR Samford	2:44.21	526
	38.48 (38.48) 42.28 (1:20.75) 44.39 (2:05.13) 39.08 (2:44.21)				
8	BAGG, Olivia		FR Wofford	2:48.32	481
	38.28 (38.28) 42.26 (1:20.54) 44.66 (2:05.19) 43.13 (2:48.32)				
9	LONG, Erin		JR Samford	2:49.27	471
	38.60 (38.60) 43.48 (1:22.08) 47.28 (2:09.35) 39.92 (2:49.27)				
10	LOWE, Mallory		SO Western Carolina	2:59.12	373
	36.41 (36.41) 38.97 (1:15.38) 48.33 (2:03.70) 55.43 (2:59.12)				
11	STINGEL, Taylor		FR Wofford	3:08.25	292
	37.84 (37.84) 42.63 (1:20.47) 52.03 (2:12.50) 55.76 (3:08.25)				

### Women's Indoor Pentathlon After 5 Events

Pl	Athlete	Yr	Team	Points
1	LINARES, Netanya	SR	Wofford	3795
2	LONG, Erin	JR	Samford	3294
3	PETTYJOHN, Hann	FR	Samford	3226
4	WALKER, Rashni	FR	Samford	3198
5	SCHMIDT, Savannah	JR	Samford	3100
6	BAGG, Olivia	FR	Wofford	3074
7	VAN DER LINDE, M	SO	Wofford	3069



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

# RESULTS

## Women's Indoor Pentathlon After 5 Events (cont'd)

Pl	Athlete	Yr	Team	Points
8	HART, Shea	FR	VMI	2930
9	WORF, Presley	FR	Wofford	2793
10	LOWE, Mallory	SO	Western Carolina	2494
11	STINGEL, Taylor	FR	Wofford	1788

## #29 Men's Shot Put TOP 9 TO FINALS

& SoCon 17.19m Cosmo Tocci The Citadel

1:30 PM (Day 1):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	CENTER, Riley	SO	Western Caro	14.44m 47' 4 <sup>1</sup> / <sub>2</sub> "	13.00	FOUL	13.71	13.46	13.66	14.44	2(1)	10
2	HOLT, Johnerio	FR	Samford	14.30m 46' 11"	13.78	13.79	FOUL	13.56	14.30	FOUL	1(1)	8
3	WAGNER, Logan	FR	East Tenn. St	14.29m 46' 10 <sup>3</sup> / <sub>4</sub> "	13.55	14.02	13.97	13.72	14.29	FOUL	2(2)	6
4	PENIX, Eli	FR	Samford	14.26m 46' 9 <sup>1</sup> / <sub>2</sub> "	13.87	13.29	13.94	12.74	14.26	12.85	2(3)	5
5	GHOSH, Solomon	SR	Citadel	14.06m 46' 1 <sup>1</sup> / <sub>2</sub> "	13.16	FOUL	14.06	13.87	FOUL	FOUL	2(4)	4
6	BROOKS, Herbert	SR	VMI	13.89m 45' 7"	13.16	13.84	FOUL	13.89	13.87	13.65	2(5)	3
7	DAVIS, Hunter	SO	VMI	13.89m 45' 7"	13.26	13.89	FOUL	13.58	13.82	FOUL	2(6)	2
8	GAINER, Marshall	JR	Samford	13.86m 45' 5 <sup>3</sup> / <sub>4</sub> "	13.71	13.86	FOUL	13.34	FOUL	13.83	2(7)	1
9	GRANGER, Andrew	SO	VMI	13.37m 43' 10 <sup>1</sup> / <sub>2</sub> "	12.85	13.37	13.33	13.27	FOUL	FOUL	2(8)	
10	BELTON, Jalen	JR	Wofford	12.98m 42' 7"	12.11	FOUL	12.98				1(2)	
11	DRAYTON, Tereis	SO	Citadel	12.63m 41' 5 <sup>1</sup> / <sub>4</sub> "	11.94	12.63	12.29				1(3)	
12	EDWARDS, Chase	FR	Wofford	12.23m 40' 1 <sup>1</sup> / <sub>2</sub> "	12.23	12.17	11.60				1(4)	
13	DALE, Dominick	FR	Western Caro	11.92m 39' 1 <sup>1</sup> / <sub>4</sub> "	11.92	FOUL	11.80				1(5)	
14	GOODSON, Quin	FR	Wofford	11.79m 38' 8 <sup>1</sup> / <sub>4</sub> "	11.79	11.71	FOUL				1(6)	
15	THOMAS, Jacob	FR	Western Caro	11.37m 37' 3 <sup>3</sup> / <sub>4</sub> "	10.91	11.37	FOUL				1(7)	
16	ELMORE, Hikeem	JR	Citadel	11.34m 37' 2 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	11.34				1(8)	

## FLIGHT RESULTS

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
<b>Flight 1 of 2</b>											
1	HOLT, Johnerio	FR	Samford	14.30m 46' 11"	13.78	13.79	FOUL	13.56	14.30	FOUL	
2	BELTON, Jalen	JR	Wofford	12.98m 42' 7"	12.11	FOUL	12.98				
3	DRAYTON, Tereis	SO	Citadel	12.63m 41' 5 <sup>1</sup> / <sub>4</sub> "	11.94	12.63	12.29				
4	EDWARDS, Chase	FR	Wofford	12.23m 40' 1 <sup>1</sup> / <sub>2</sub> "	12.23	12.17	11.60				
5	DALE, Dominick	FR	Western Caro	11.92m 39' 1 <sup>1</sup> / <sub>4</sub> "	11.92	FOUL	11.80				
6	GOODSON, Quin	FR	Wofford	11.79m 38' 8 <sup>1</sup> / <sub>4</sub> "	11.79	11.71	FOUL				
7	THOMAS, Jacob	FR	Western Caro	11.37m 37' 3 <sup>3</sup> / <sub>4</sub> "	10.91	11.37	FOUL				
8	ELMORE, Hikeem	JR	Citadel	11.34m 37' 2 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	11.34				
<b>Flight 2 of 2</b>											
1	CENTER, Riley	SO	Western Caro	14.44m 47' 4 <sup>1</sup> / <sub>2</sub> "	13.00	FOUL	13.71	13.46	13.66	14.44	
2	WAGNER, Logan	FR	East Tenn. St	14.29m 46' 10 <sup>3</sup> / <sub>4</sub> "	13.55	14.02	13.97	13.72	14.29	FOUL	
3	PENIX, Eli	FR	Samford	14.26m 46' 9 <sup>1</sup> / <sub>2</sub> "	13.87	13.29	13.94	12.74	14.26	12.85	
4	GHOSH, Solomon	SR	Citadel	14.06m 46' 1 <sup>1</sup> / <sub>2</sub> "	13.16	FOUL	14.06	13.87	FOUL	FOUL	
5	BROOKS, Herbert	SR	VMI	13.89m 45' 7"	13.16	13.84	FOUL	13.89	13.87	13.65	
6	DAVIS, Hunter	SO	VMI	13.89m 45' 7"	13.26	13.89	FOUL	13.58	13.82	FOUL	
7	GAINER, Marshall	JR	Samford	13.86m 45' 5 <sup>3</sup> / <sub>4</sub> "	13.71	13.86	FOUL	13.34	FOUL	13.83	
8	GRANGER, Andrew	SO	VMI	13.37m 43' 10 <sup>1</sup> / <sub>2</sub> "	12.85	13.37	13.33	13.27	FOUL	FOUL	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
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 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

# RESULTS

## #26 Women's Long Jump

### TOP 9 TO FINALS

& SoCon 6.21m Von Ross Western Carolina

2:00 PM (Day 1):

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1 ARMSTRONG, Eleyah	SO VMI	5.86m 19' 2 <sup>3</sup> / <sub>4</sub>	5.77 (+0.0)	5.86 (+0.0)	FOUL	FOUL	5.54 (+0.0)	FOUL	10
2 MCDEVITT, Georgia	SR Wofford	5.82m 19' 1 <sup>1</sup> / <sub>4</sub>	5.62 (+0.0)	5.81 (+0.0)	FOUL	5.54 (+0.0)	5.57 (+0.0)	5.82 (+0.0)	8
3 MCNINCH, Madeline	JR Wofford	5.74m 18' 10"	5.44 (+0.0)	5.39 (+0.0)	5.42 (+0.0)	5.74 (+0.0)	5.70 (+0.0)	5.47 (+0.0)	6
4 JORGENSEN, Rylee	SR Wofford	5.74m 18' 10"	FOUL	5.58 (+0.0)	5.74 (+0.0)	5.43 (+0.0)	FOUL	5.63 (+0.0)	5
5 LINARES, Netanya	SR Wofford	5.60m 18' 4 <sup>1</sup> / <sub>2</sub>	5.60 (+0.0)	5.57 (+0.0)	PASS	PASS	PASS	PASS	4
6 BLAKE, Tya	SO East Tenn. St	5.44m 17' 10 <sup>1</sup> / <sub>4</sub>	4.84 (+0.0)	5.17 (+0.0)	5.44 (+0.0)	FOUL	FOUL	5.24 (+0.0)	3
7 MARTIN, Kelsey	SO Samford	5.40m 17' 8 <sup>3</sup> / <sub>4</sub>	5.40 (+0.0)	5.30 (+0.0)	5.06 (+0.0)	4.93 (+0.0)	FOUL	5.20 (+0.0)	2
8 RHUDY, Molly	JR East Tenn. St	5.39m 17' 8 <sup>1</sup> / <sub>4</sub>	5.05 (+0.0)	5.30 (+0.0)	5.39 (+0.0)	5.26 (+0.0)	FOUL	FOUL	1
9 GREENE, Jasmine	FR Western Caro	5.22m 17' 1 <sup>1</sup> / <sub>2</sub>	FOUL	5.22 (+0.0)	5.20 (+0.0)	5.13 (+0.0)	FOUL	4.97 (+0.0)	
10 SHODEINDE, Dami	SO Western Caro	5.10m 16' 8 <sup>3</sup> / <sub>4</sub>	FOUL	4.95 (+0.0)	5.10 (+0.0)				
11 CURRIE, Derica	SO Western Caro	4.91m 16' 1 <sup>1</sup> / <sub>2</sub>	4.91 (+0.0)	FOUL	FOUL				
12 GREEN, SeMore	FR VMI	4.83m 15' 10 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	4.83 (+0.0)				
13 YOUNG, Anaya	FR East Tenn. St	4.75m 15' 7"	4.15 (+0.0)	4.02 (+0.0)	4.75 (+0.0)				
14 O'NEAL, Erica	SO Western Caro	4.71m 15' 5 <sup>1</sup> / <sub>2</sub>	FOUL	4.68 (+0.0)	4.71 (+0.0)				

## #10 Women's 1 Mile Run

### TOP 3 PER HEAT + NEXT 6 ADVANCE

& SoCon 4:38.23 Karia Nelson Samford

2:20 PM (Day 1): (Top 3 per Heat + next 6 advance)

### Prelims

PI Name	Yr Team	Time	H(PI)
1 WENNERSTEN, Camryn	FR Furman	5:04.41Q	1(1)
38.17 (38.17) 38.59 (1:16.76) 38.96 (1:55.71) 38.77 (2:34.47) 38.53 (3:13.00) 38.87 (3:51.87)			
38.08 (4:29.95) 34.47 (5:04.41)			
2 ARMITAGE, Kaylie	FR Furman	5:04.47Q	2(1)
37.63 (37.63) 38.13 (1:15.76) 38.39 (1:54.15) 40.98 (2:35.12) 39.18 (3:14.30) 37.61 (3:51.90)			
36.94 (4:28.84) 35.63 (5:04.47)			
3 WHEATCROFT, Maddie	FR Chattanooga	5:04.66Q	2(2)
37.57 (37.57) 38.51 (1:16.07) 38.74 (1:54.81) 40.65 (2:35.45) 39.33 (3:14.78) 37.66 (3:52.43)			
36.79 (4:29.21) 35.45 (5:04.66)			
4 HOWARD, Rebekah	SO East Tenn. St.	5:04.70Q	1(2)
38.36 (38.36) 38.72 (1:17.08) 39.00 (1:56.08) 38.76 (2:34.83) 38.50 (3:13.32) 38.97 (3:52.28)			
37.87 (4:30.15) 34.56 (5:04.70)			
5 KRUGER, Chanelle	FR East Tenn. St.	5:04.75Q	1(3)
38.60 (38.60) 38.55 (1:17.14) 39.01 (1:56.14) 38.75 (2:34.89) 38.57 (3:13.45) 38.80 (3:52.24)			
37.95 (4:30.19) 34.57 (5:04.75)			
6 HOGUE, McKenzie	JR Samford	5:05.43q	1(4)
38.21 (38.21) 38.66 (1:16.87) 38.96 (1:55.82) 38.79 (2:34.61) 38.54 (3:13.15) 38.95 (3:52.10)			
38.28 (4:30.38) 35.06 (5:05.43)			
7 SCHWARZ, Genevieve	SR East Tenn. St.	5:08.07Q	2(3)
37.92 (37.92) 38.39 (1:16.31) 38.81 (1:55.11) 40.61 (2:35.72) 39.34 (3:15.05) 37.69 (3:52.74)			
37.69 (4:30.43) 37.65 (5:08.07)			



**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
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**RESULTS****#10 Women's 1 Mile Run (cont'd)**

2:20 PM (Day 1): (Top 3 per Heat + next 6 advance)

**Prelims**

Pl	Name	Yr Team				Time	H(Pl)
8	JONES, Emma	FR Furman				5:08.95q	1(5)
	38.53 (38.53)	38.78 (1:17.31)	38.98 (1:56.28)	38.77 (2:35.05)	38.59 (3:13.64)	38.85 (3:52.49)	
	38.67 (4:31.16)	37.80 (5:08.95)					
9	MCGOWAN, Harper	SO Samford				5:10.54q	2(4)
	38.26 (38.26)	38.47 (1:16.73)	39.13 (1:55.85)	40.15 (2:35.99)	39.54 (3:15.53)	38.11 (3:53.64)	
	38.91 (4:32.54)	38.01 (5:10.54)					
10	RIDGEWAY, Mary Claire	SO Wofford				5:10.63q	2(5)
	38.72 (38.72)	38.34 (1:17.06)	39.25 (1:56.30)	39.92 (2:36.22)	39.86 (3:16.07)	38.61 (3:54.67)	
	38.84 (4:33.51)	37.13 (5:10.63)					
11	BROWN, Faith	SO Chattanooga				5:11.46q	2(6)
	38.43 (38.43)	38.53 (1:16.96)	39.09 (1:56.04)	39.91 (2:35.94)	39.91 (3:15.85)	38.58 (3:54.42)	
	38.91 (4:33.32)	38.14 (5:11.46)					
12	BOYD, Leah	FR Chattanooga				5:12.44q	1(6)
	38.70 (38.70)	38.66 (1:17.36)	39.03 (1:56.38)	38.89 (2:35.27)	38.68 (3:13.95)	39.03 (3:52.98)	
	39.67 (4:32.65)	39.80 (5:12.44)					
13	MCREYNOLDS, Julianna	SO Chattanooga				5:27.03	2(7)
	39.02 (39.02)	38.37 (1:17.39)	39.68 (1:57.06)	40.61 (2:37.66)	41.67 (3:19.32)	42.93 (4:02.25)	
	42.94 (4:45.19)	41.84 (5:27.03)					
14	KRUGER, Izelle	FR East Tenn. St.				5:32.13	2(8)
	38.53 (38.53)	38.31 (1:16.83)	39.30 (1:56.12)	40.37 (2:36.49)	41.56 (3:18.04)	43.98 (4:02.02)	
	45.24 (4:47.26)	44.88 (5:32.13)					
15	INGERSON, Alyssa	SO VMI				6:19.38	1(7)
	41.84 (41.84)	42.70 (1:24.54)	45.70 (2:10.23)	48.12 (2:58.35)	49.92 (3:48.27)	50.69 (4:38.95)	
	50.94 (5:29.88)	49.51 (6:19.38)					
	FLICKINGER, Ella	FR VMI				DNF	1

**HEAT RESULTS****Prelims**

Pl	Name	Yr Team				Time
<b>Heat 1 of 2</b>						
1	WENNERSTEN, Camryn	FR Furman				5:04.41Q
	38.17 (38.17)	38.59 (1:16.76)	38.96 (1:55.71)	38.77 (2:34.47)	38.53 (3:13.00)	38.87 (3:51.87)
	38.08 (4:29.95)	34.47 (5:04.41)				
2	HOWARD, Rebekah	SO East Tenn. St.				5:04.70Q
	38.36 (38.36)	38.72 (1:17.08)	39.00 (1:56.08)	38.76 (2:34.83)	38.50 (3:13.32)	38.97 (3:52.28)
	37.87 (4:30.15)	34.56 (5:04.70)				
3	KRUGER, Chanelle	FR East Tenn. St.				5:04.75Q
	38.60 (38.60)	38.55 (1:17.14)	39.01 (1:56.14)	38.75 (2:34.89)	38.57 (3:13.45)	38.80 (3:52.24)
	37.95 (4:30.19)	34.57 (5:04.75)				
4	HOGUE, McKenzie	JR Samford				5:05.43q
	38.21 (38.21)	38.66 (1:16.87)	38.96 (1:55.82)	38.79 (2:34.61)	38.54 (3:13.15)	38.95 (3:52.10)
	38.28 (4:30.38)	35.06 (5:05.43)				
5	JONES, Emma	FR Furman				5:08.95q
	38.53 (38.53)	38.78 (1:17.31)	38.98 (1:56.28)	38.77 (2:35.05)	38.59 (3:13.64)	38.85 (3:52.49)

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
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**MEET OFFICIALS**

**Meet Director:**  
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**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

**RESULTS****#10 Women's 1 Mile Run (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
	38.67 (4:31.16)		37.80 (5:08.95)	
	38.70 (38.70)	38.66 (1:17.36)	39.03 (1:56.38)	38.89 (2:35.27)
	39.67 (4:32.65)		38.68 (3:13.95)	39.03 (3:52.98)
7	INGERSON, Alyssa		SO VMI	6:19.38
	41.84 (41.84)	42.70 (1:24.54)	45.70 (2:10.23)	48.12 (2:58.35)
	50.94 (5:29.88)		49.92 (3:48.27)	50.69 (4:38.95)
	49.51 (6:19.38)			
	FLICKINGER, Ella		FR VMI	DNF

**Heat 2 of 2**

1	ARMITAGE, Kaylie		FR Furman	5:04.47Q
	37.63 (37.63)	38.13 (1:15.76)	38.39 (1:54.15)	40.98 (2:35.12)
	36.94 (4:28.84)		39.18 (3:14.30)	37.61 (3:51.90)
2	WHEATCROFT, Maddie		FR Chattanooga	5:04.66Q
	37.57 (37.57)	38.51 (1:16.07)	38.74 (1:54.81)	40.65 (2:35.45)
	36.79 (4:29.21)		39.33 (3:14.78)	37.66 (3:52.43)
3	SCHWARZ, Genevieve		SR East Tenn. St.	5:08.07Q
	37.92 (37.92)	38.39 (1:16.31)	38.81 (1:55.11)	40.61 (2:35.72)
	37.69 (4:30.43)		39.34 (3:15.05)	37.69 (3:52.74)
4	MCGOWAN, Harper		SO Samford	5:10.54q
	38.26 (38.26)	38.47 (1:16.73)	39.13 (1:55.85)	40.15 (2:35.99)
	38.91 (4:32.54)		39.54 (3:15.53)	38.11 (3:53.64)
5	RIDGEWAY, Mary Claire		SO Wofford	5:10.63q
	38.72 (38.72)	38.34 (1:17.06)	39.25 (1:56.30)	39.92 (2:36.22)
	38.84 (4:33.51)		39.86 (3:16.07)	38.61 (3:54.67)
6	BROWN, Faith		SO Chattanooga	5:11.46q
	38.43 (38.43)	38.53 (1:16.96)	39.09 (1:56.04)	39.91 (2:35.94)
	38.91 (4:33.32)		39.91 (3:15.85)	38.58 (3:54.42)
7	MCREYNOLDS, Julianna		SO Chattanooga	5:27.03
	39.02 (39.02)	38.37 (1:17.39)	39.68 (1:57.06)	40.61 (2:37.66)
	42.94 (4:45.19)		41.67 (3:19.32)	42.93 (4:02.25)
8	KRUGER, Izelle		FR East Tenn. St.	5:32.13
	38.53 (38.53)	38.31 (1:16.83)	39.30 (1:56.12)	40.37 (2:36.49)
	45.24 (4:47.26)		41.56 (3:18.04)	43.98 (4:02.02)

**#9 Men's 1 Mile Run****TOP 3 PER HEAT + NEXT 6 ADVANCE**

& SoCon 3:59.75 Cameron Ponder Furman

**2:45 PM (Day 1): (Top 3 per Heat + next 6 advance)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
1	POWERS, Josh		JR Furman	4:17.04Q	1(1)
	33.01 (33.01)	33.07 (1:06.07)	33.40 (1:39.47)	33.41 (2:12.88)	33.21 (2:46.09)
	30.18 (3:47.76)		29.29 (4:17.04)		31.49 (3:17.58)
2	STOOTS, Myles		JR East Tenn. St.	4:17.12Q	2(1)
	33.95 (33.95)	31.77 (1:05.72)	31.74 (1:37.46)	32.36 (2:09.81)	32.49 (2:42.30)
	32.36 (3:47.42)		29.71 (4:17.12)		32.77 (3:15.06)
3	AHLMEYER, David		JR Furman	4:17.22Q	2(2)

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #9 Men's 1 Mile Run (cont'd)

2:45 PM (Day 1): (Top 3 per Heat + next 6 advance)

#### Prelims

Pl	Name	Yr	Team	Time	H(Pl)	
	33.62 (33.62)	31.78 (1:05.40)	31.89 (1:37.29)	32.33 (2:09.61)	32.46 (2:42.07)	32.82 (3:14.89)
	32.32 (3:47.20)	30.02 (4:17.22)				
4	HILLIS, Nathan		FR East Tenn. St.			4:17.23Q 2(3)
	33.99 (33.99)	31.83 (1:05.81)	31.87 (1:37.67)	32.36 (2:10.02)	32.50 (2:42.52)	32.70 (3:15.22)
	31.59 (3:46.80)	30.44 (4:17.23)				
5	WILLIAMS, Carson		SO Furman			4:17.24q 2(4)
	33.78 (33.78)	31.50 (1:05.28)	31.85 (1:37.13)	32.28 (2:09.40)	32.42 (2:41.81)	33.00 (3:14.80)
	32.30 (3:47.10)	30.15 (4:17.24)				
6	KRAFSUR, Josh		JR East Tenn. St.			4:17.26Q 1(2)
	32.80 (32.80)	33.12 (1:05.92)	33.38 (1:39.29)	33.42 (2:12.70)	33.23 (2:45.92)	31.60 (3:17.52)
	30.59 (3:48.11)	29.15 (4:17.26)				
7	GUZMAN, Evan		SO East Tenn. St.			4:17.29Q 1(3)
	32.60 (32.60)	33.13 (1:05.72)	33.49 (1:39.21)	33.42 (2:12.63)	33.25 (2:45.88)	31.52 (3:17.39)
	30.58 (3:47.96)	29.34 (4:17.29)				
8	FIORILLO, Alex		SR VMI			4:17.46q 2(5)
	33.81 (33.81)	31.71 (1:05.52)	31.88 (1:37.39)	32.33 (2:09.71)	32.34 (2:42.05)	33.00 (3:15.04)
	31.71 (3:46.75)	30.72 (4:17.46)				
9	SMITH, Andrew		SR Citadel			4:17.58q 1(4)
	33.45 (33.45)	32.89 (1:06.34)	33.53 (1:39.86)	33.35 (2:13.21)	33.29 (2:46.49)	31.34 (3:17.83)
	30.39 (3:48.21)	29.38 (4:17.58)				
10	ROBERTS, Mac		JR Furman			4:18.43q 1(5)
	33.19 (33.19)	33.12 (1:06.30)	33.38 (1:39.68)	33.40 (2:13.07)	33.08 (2:46.14)	31.62 (3:17.76)
	30.50 (3:48.25)	30.19 (4:18.43)				
11	KECK, Colin		SO UNCG			4:21.19q 1(6)
	33.28 (33.28)	32.85 (1:06.13)	33.50 (1:39.63)	33.36 (2:12.99)	33.09 (2:46.07)	31.73 (3:17.80)
	31.37 (3:49.16)	32.03 (4:21.19)				
12	MARTIN, Matthew		FR Western Carolina			4:22.39q 2(6)
	34.09 (34.09)	31.77 (1:05.86)	31.79 (1:37.64)	32.34 (2:09.98)	32.53 (2:42.51)	33.09 (3:15.59)
	32.89 (3:48.48)	33.91 (4:22.39)				
13	VARGAS, Ethan		SO Furman			4:23.51 1(7)
	33.71 (33.71)	32.90 (1:06.61)	33.41 (1:40.02)	33.38 (2:13.40)	32.95 (2:46.34)	32.20 (3:18.53)
	32.75 (3:51.27)	32.25 (4:23.51)				
14	BURR, Casey		SO Furman			4:24.97 1(8)
	33.62 (33.62)	32.95 (1:06.57)	33.57 (1:40.13)	33.42 (2:13.54)	33.13 (2:46.67)	32.09 (3:18.76)
	32.72 (3:51.47)	33.50 (4:24.97)				
15	KENNER, Ben		FR East Tenn. St.			4:25.09 2(7)
	34.28 (34.28)	31.94 (1:06.21)	31.83 (1:38.04)	32.63 (2:10.67)	32.68 (2:43.35)	33.70 (3:17.05)
	34.24 (3:51.28)	33.81 (4:25.09)				
16	PROCHASKA, Lane		FR UNCG			4:25.13 2(8)
	34.40 (34.40)	32.07 (1:06.46)	32.20 (1:38.66)	32.75 (2:11.40)	33.85 (2:45.25)	34.28 (3:19.53)
	33.49 (3:53.01)	32.12 (4:25.13)				

## HEAT RESULTS

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
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 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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**RESULTS****#9 Men's 1 Mile Run (cont'd)****Prelims**

Pl	Name	Yr Team				Time
<b>Heat 1 of 2</b>						
1	POWERS, Josh	JR Furman				4:17.04Q
	33.01 (33.01)	33.07 (1:06.07)	33.40 (1:39.47)	33.41 (2:12.88)	33.21 (2:46.09)	31.49 (3:17.58)
	30.18 (3:47.76)	29.29 (4:17.04)				
2	KRAFSUR, Josh	JR East Tenn. St.				4:17.26Q
	32.80 (32.80)	33.12 (1:05.92)	33.38 (1:39.29)	33.42 (2:12.70)	33.23 (2:45.92)	31.60 (3:17.52)
	30.59 (3:48.11)	29.15 (4:17.26)				
3	GUZMAN, Evan	SO East Tenn. St.				4:17.29Q
	32.60 (32.60)	33.13 (1:05.72)	33.49 (1:39.21)	33.42 (2:12.63)	33.25 (2:45.88)	31.52 (3:17.39)
	30.58 (3:47.96)	29.34 (4:17.29)				
4	SMITH, Andrew	SR Citadel				4:17.58q
	33.45 (33.45)	32.89 (1:06.34)	33.53 (1:39.86)	33.35 (2:13.21)	33.29 (2:46.49)	31.34 (3:17.83)
	30.39 (3:48.21)	29.38 (4:17.58)				
5	ROBERTS, Mac	JR Furman				4:18.43q
	33.19 (33.19)	33.12 (1:06.30)	33.38 (1:39.68)	33.40 (2:13.07)	33.08 (2:46.14)	31.62 (3:17.76)
	30.50 (3:48.25)	30.19 (4:18.43)				
6	KECK, Colin	SO UNCG				4:21.19q
	33.28 (33.28)	32.85 (1:06.13)	33.50 (1:39.63)	33.36 (2:12.99)	33.09 (2:46.07)	31.73 (3:17.80)
	31.37 (3:49.16)	32.03 (4:21.19)				
7	VARGAS, Ethan	SO Furman				4:23.51
	33.71 (33.71)	32.90 (1:06.61)	33.41 (1:40.02)	33.38 (2:13.40)	32.95 (2:46.34)	32.20 (3:18.53)
	32.75 (3:51.27)	32.25 (4:23.51)				
8	BURR, Casey	SO Furman				4:24.97
	33.62 (33.62)	32.95 (1:06.57)	33.57 (1:40.13)	33.42 (2:13.54)	33.13 (2:46.67)	32.09 (3:18.76)
	32.72 (3:51.47)	33.50 (4:24.97)				
<b>Heat 2 of 2</b>						
1	STOOTS, Myles	JR East Tenn. St.				4:17.12Q
	33.95 (33.95)	31.77 (1:05.72)	31.74 (1:37.46)	32.36 (2:09.81)	32.49 (2:42.30)	32.77 (3:15.06)
	32.36 (3:47.42)	29.71 (4:17.12)				
2	AHLMAYER, David	JR Furman				4:17.22Q
	33.62 (33.62)	31.78 (1:05.40)	31.89 (1:37.29)	32.33 (2:09.61)	32.46 (2:42.07)	32.82 (3:14.89)
	32.32 (3:47.20)	30.02 (4:17.22)				
3	HILLIS, Nathan	FR East Tenn. St.				4:17.23Q
	33.99 (33.99)	31.83 (1:05.81)	31.87 (1:37.67)	32.36 (2:10.02)	32.50 (2:42.52)	32.70 (3:15.22)
	31.59 (3:46.80)	30.44 (4:17.23)				
4	WILLIAMS, Carson	SO Furman				4:17.24q
	33.78 (33.78)	31.50 (1:05.28)	31.85 (1:37.13)	32.28 (2:09.40)	32.42 (2:41.81)	33.00 (3:14.80)
	32.30 (3:47.10)	30.15 (4:17.24)				
5	FIORILLO, Alex	SR VMI				4:17.46q
	33.81 (33.81)	31.71 (1:05.52)	31.88 (1:37.39)	32.33 (2:09.71)	32.34 (2:42.05)	33.00 (3:15.04)
	31.71 (3:46.75)	30.72 (4:17.46)				
6	MARTIN, Matthew	FR Western Carolina				4:22.39q
	34.09 (34.09)	31.77 (1:05.86)	31.79 (1:37.64)	32.34 (2:09.98)	32.53 (2:42.51)	33.09 (3:15.59)
	32.89 (3:48.48)	33.91 (4:22.39)				
7	KENNER, Ben	FR East Tenn. St.				4:25.09

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
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 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
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**RESULTS****#9 Men's 1 Mile Run (cont'd)****Prelims**

Pl	Name	Yr	Team	Time		
	34.28 (34.28)	31.94 (1:06.21)	31.83 (1:38.04)	32.63 (2:10.67)	32.68 (2:43.35)	33.70 (3:17.05)
	34.24 (3:51.28)	33.81 (4:25.09)				
8	PROCHASKA, Lane		FR UNCG	4:25.13		
	34.40 (34.40)	32.07 (1:06.46)	32.20 (1:38.66)	32.75 (2:11.40)	33.85 (2:45.25)	34.28 (3:19.53)
	33.49 (3:53.01)	32.12 (4:25.13)				

**#16 Women's 60m Hurdles****TOP 3 PER HEAT + NEXT 2 ADVANCE**

& SoCon 8.29 Demeteria Edgecombe/Kyra Atkins ETSU

**3:05 PM (Day 1): (Top 3 per Heat + next 2 advance)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
1	JOHNSON, Kerrington	SR	Wofford	8.53Q	2(1)
2	SHODEINDE, Dami	SO	Western Carolina	8.55Q	2(2)
3	DABNEY, Amiel	SO	Samford	8.59Q	1(1)
4	BOYD, Imani	SO	Western Carolina	8.71Q	1(2)
5	ALEXANDER, Riley	JR	Samford	8.81Q	2(3)
6	LYSIGHT, Shaneil	FR	Western Carolina	8.85q	2(4)
7	LINARES, Netanya	SR	Wofford	8.87q	2(5)
8	COLEMAN, Meg	FR	Samford	9.01Q	1(3)
9	DRAKE, Ayden	SO	Samford	9.07	1(4)
10	LOWE, Mallory	SO	Western Carolina	9.12	1(5)
11	JENNINGS, Antwonike	SO	East Tenn. St.	9.27	2(6)
12	WALKER, Rashni	FR	Samford	9.33	1(6)
13	VAN DER LINDE, Marga	SO	Wofford	9.46	2(7)
14	RUTH, Reagan	FR	Chattanooga	9.86	2(8)
15	BAGG, Olivia	FR	Wofford	10.27	1(7)

**HEAT RESULTS****Prelims**

Pl	Name	Yr	Team	Time
<b>Heat 1 of 2</b>				
1	DABNEY, Amiel	SO	Samford	8.59Q
2	BOYD, Imani	SO	Western Carolina	8.71Q
3	COLEMAN, Meg	FR	Samford	9.01Q
4	DRAKE, Ayden	SO	Samford	9.07
5	LOWE, Mallory	SO	Western Carolina	9.12
6	WALKER, Rashni	FR	Samford	9.33
7	BAGG, Olivia	FR	Wofford	10.27
<b>Heat 2 of 2</b>				
1	JOHNSON, Kerrington	SR	Wofford	8.53Q
2	SHODEINDE, Dami	SO	Western Carolina	8.55Q
3	ALEXANDER, Riley	JR	Samford	8.81Q
4	LYSIGHT, Shaneil	FR	Western Carolina	8.85q
5	LINARES, Netanya	SR	Wofford	8.87q
6	JENNINGS, Antwonike	SO	East Tenn. St.	9.27

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
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 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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**RESULTS****#16 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
7	VAN DER LINDE, Marga		SO Wofford	9.46
8	RUTH, Reagan		FR Chattanooga	9.86

**#15 Men's 60m Hurdles****TOP 3 PER HEAT + NEXT 2 ADVANCE**

& SoCon 7.81 Titus Moore Samford

**3:20 PM (Day 1): (Top 3 per Heat + next 2 advance)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
1	MOORE, Titus	JR	Samford	7.88Q	1(1)
2	MIDGETT, Keyandre	SO	VMI	8.13Q	2(1)
3	MCBRIDE, Liam	SO	VMI	8.31Q	2(2)
4	WRIGHT, Landon	JR	Samford	8.31Q	1(2)
5	WITHERSPOON, Grant	SO	Wofford	8.39Q	1(3)
6	TOPOS, Xander	SO	VMI	8.43q	1(4)
7	CAMPBELL, Claude	FR	Samford	8.46Q	2(3)
8	DILL, Jonah	SR	Furman	8.48q	2(4)
9	MCGHEE, Treven	FR	East Tenn. St.	8.75	2(5)
10	BENNETT, Zion	FR	Wofford	8.85	1(5)

**HEAT RESULTS****Prelims**

Pl	Name	Yr	Team	Time
<b>Heat 1 of 2</b>				
1	MOORE, Titus	JR	Samford	7.88Q
2	WRIGHT, Landon	JR	Samford	8.31Q
3	WITHERSPOON, Grant	SO	Wofford	8.39Q
4	TOPOS, Xander	SO	VMI	8.43q
5	BENNETT, Zion	FR	Wofford	8.85
<b>Heat 2 of 2</b>				
1	MIDGETT, Keyandre	SO	VMI	8.13Q
2	MCBRIDE, Liam	SO	VMI	8.31Q
3	CAMPBELL, Claude	FR	Samford	8.46Q
4	DILL, Jonah	SR	Furman	8.48q
5	MCGHEE, Treven	FR	East Tenn. St.	8.75

**#23 Men's Pole Vault****Progressions: 3.90, 4.05, 4.20, 4.35, 4.50, 4.65, 4.80, 4.95, 5.10, 5.25, 5.40, 5.55**

& SoCon 5.45m Michael Seaman Samford

**3:30 PM (Day 1):**

Pl	Name	Yr	Team	Mark	3.90	4.05	4.20	4.35	4.50	4.65	4.80	4.95	Pts
1	SMITH, Walker	JR	Samford	4.65m 15' 3"	PPP	PPP	PPP	PPP	PPP	O	XXX		10
2	ELLIS, Carter	FR	Samford	4.65m 15' 3"	PPP	PPP	PPP	PPP	XXO	O	XXX		8
3	LEHE, Jonathan	SR	Western Caro	4.50m 14' 9"	PPP	PPP	O	O	XO	XXX			6
4	MUNSON, Stephen	SO	VMI	4.50m 14' 9"	PPP	PPP	O	XO	XXO	XXX			5
5	FULFORD, Ethan	FR	East Tenn. St	4.35m 14' 3 <sup>1</sup> / <sub>4</sub> "	PPP	PPP	O	O	XXX				3.5



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #23 Men's Pole Vault (cont'd)

5	WRIGHT, Landon	JR Samford	4.35m 14' 3 <sup>1</sup> / <sub>4</sub>	PPP	PPP	O	O	XXX											3.5
7	HINES, Damian	SO Samford	4.05m 13' 3 <sup>1</sup> / <sub>2</sub>	PPP	XO	XX													2
8	LATORRE, Sebastian	JR Wofford	4.05m 13' 3 <sup>1</sup> / <sub>2</sub>	XO	XO	XXX													1
	BAUMAN, Brandon	JR VMI	NH	XXX															
	FORREST, Brent	SR Citadel	NH	PPP	PPP	XXX													
	YOUNG, Tucker	SR Citadel	NH	XXX															
	SISCO, Jed	JR Samford	NH	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	XXX					

### #2 Women's 60 Meters

#### TOP 3 PER HEAT + NEXT 2 ADVANCE

& SoCon 7.40 Nicole Johnson ETSU

#### 3:35 PM (Day 1): (Top 3 per Heat + next 2 advance)

##### Prelims

Pl Name	Yr Team	Time	H(Pl)
1 ARMSTRONG, Eleyah	SO VMI	7.59Q	2(1)
2 JACKSON, Mecca	JR Citadel	7.66Q	1(1)
3 MCNINCH, Madeline	JR Wofford	7.68Q	2(2)
4 LAWRENCE, Zeniyah	SR Citadel	7.69Q	2(3)
5 TENNANT, Ella	FR Wofford	7.72Q	1(2)
6 GREEN, SeMore	FR VMI	7.82Q	1(3)
7 COLE, Kaitlyn	JR Samford	7.84q	1(4)
8 MCDEVITT, Georgia	SR Wofford	7.86q	1(5)
9 BYRD, Cyla	JR Citadel	7.87	2(4)
10 JORGENSEN, Rylee	SR Wofford	7.90	1(6)
11 SAMUELS, Vada	SR Samford	7.90	2(5)
12 HALL, Heaven	FR VMI	7.92	2(6)
13 MURRAY, Leah	JR Citadel	7.97	1(7)
14 BRYANT, Imani	SO Chattanooga	8.24	2(7)

### HEAT RESULTS

##### Prelims

Pl Name	Yr Team	Time
<b>Heat 1 of 2</b>		
1 JACKSON, Mecca	JR Citadel	7.66Q
2 TENNANT, Ella	FR Wofford	7.72Q
3 GREEN, SeMore	FR VMI	7.82Q
4 COLE, Kaitlyn	JR Samford	7.84q
5 MCDEVITT, Georgia	SR Wofford	7.86q
6 JORGENSEN, Rylee	SR Wofford	7.90
7 MURRAY, Leah	JR Citadel	7.97
<b>Heat 2 of 2</b>		
1 ARMSTRONG, Eleyah	SO VMI	7.59Q
2 MCNINCH, Madeline	JR Wofford	7.68Q
3 LAWRENCE, Zeniyah	SR Citadel	7.69Q
4 BYRD, Cyla	JR Citadel	7.87
5 SAMUELS, Vada	SR Samford	7.90
6 HALL, Heaven	FR VMI	7.92

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



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# RESULTS

## #2 Women's 60 Meters (cont'd)

### Prelims

Pl	Name	Yr	Team	Time
7	BRYANT, Imani		SO Chattanooga	8.24

## #1 Men's 60 Meters

### TOP 2 PER HEAT + NEXT 2 ADVANCE

& SoCon 6.73 Ernest Wiggins Appalachian State

### 3:45 PM (Day 1): (Top 2 per Heat + next 2 advance)

### Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	HUNT, Dohnavon	FR	Western Carolina	6.82Q	3(1)
2	MALCOLM, William	SO	Samford	6.82Q	3(2)
3	BROOKS, Evan	JR	Samford	6.86Q	1(1)
4	FISHER, O'Rell	SO	Wofford	6.87Q	1(2)
5	CAMPBELL, Cagan	JR	Samford	6.88Q	2(1)
6	MILES, David	JR	Western Carolina	6.91Q	2(2)
7	FLETCHER, Deshawn	FR	East Tenn. St.	6.94q	3(3)
8	WOODARD, Skyler	FR	Western Carolina	6.94q	1(3)
9	DALTON, Cameron	SO	Wofford	7.00	2(3)
10	AYDEN, Teddy	SO	Western Carolina	7.02	2(4)
11	BROWN, Nick	SO	VMI	7.04	3(4)
12	MCBRIDE, Liam	SO	VMI	7.17	1(4)
13	HILSMAN, Robert	FR	Wofford	7.20	1(5)
14	SHEPPARD, Christopher	JR	Wofford	7.22	3(5)
15	GONZALEZ, Adrian	JR	Furman	7.37	3(6)
16	STRUNK, Mac	JR	Citadel	8.06	2(5)

## HEAT RESULTS

### Prelims

Pl	Name	Yr	Team	Time
----	------	----	------	------

#### Heat 1 of 3

1	BROOKS, Evan	JR	Samford	6.86Q
2	FISHER, O'Rell	SO	Wofford	6.87Q
3	WOODARD, Skyler	FR	Western Carolina	6.94q
4	MCBRIDE, Liam	SO	VMI	7.17
5	HILSMAN, Robert	FR	Wofford	7.20

#### Heat 2 of 3

1	CAMPBELL, Cagan	JR	Samford	6.88Q
2	MILES, David	JR	Western Carolina	6.91Q
3	DALTON, Cameron	SO	Wofford	7.00
4	AYDEN, Teddy	SO	Western Carolina	7.02
5	STRUNK, Mac	JR	Citadel	8.06

#### Heat 3 of 3

1	HUNT, Dohnavon	FR	Western Carolina	6.82Q
2	MALCOLM, William	SO	Samford	6.82Q
3	FLETCHER, Deshawn	FR	East Tenn. St.	6.94q
4	BROWN, Nick	SO	VMI	7.04
5	SHEPPARD, Christopher	JR	Wofford	7.22

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



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# RESULTS

## #1 Men's 60 Meters (cont'd)

### Prelims

Pl	Name	Yr	Team	Time
6	GONZALEZ, Adrian		JR Furman	7.37

## #6 Women's 400 Meters

### TOP 8 ADVANCE

& SoCon 54.61 Felisha Garren Western Carolina

### 3:55 PM (Day 1): (Top 8 advance)

### Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	JEFFERSON, Jasmine	JR	Wofford	56.64q	4(1)
2	LUEDERS, Grace	FR	Samford	57.54q	6(1)
3	CUTLER, Dahlia	SR	Wofford	57.57q	2(1)
4	ROBINSON, Mekyll	JR	Western Carolina	57.82q	2(2)
5	COLE, Kaitlyn	JR	Samford	58.23q	3(1)
6	JENKINS, Nytrinitey	SO	Western Carolina	58.25q	5(1)
7	HALL, Heaven	FR	VMI	58.47q	4(2)
8	DRAKE, Ayden	SO	Samford	58.56q	1(1)
9	TURNER, Mikayla	SO	Western Carolina	58.88	5(2)
10	BURKHART, Hannah	SO	East Tenn. St.	59.02	1(2)
11	BOOKER, Taja	SO	Western Carolina	59.04	5(3)
12	SAMUELS, Vada	SR	Samford	59.24	3(2)
13	LYSIGHT, Shaneil	FR	Western Carolina	59.86	2(3)
14	SAYRE, Brooke	FR	Wofford	1:00.07	6(2)
15	BOYKIN, McKenna	FR	East Tenn. St.	1:00.28	4(3)
16	JOHNSON, Kerrington	SR	Wofford	1:00.49	6(3)
17	SMITH, Jasmine	FR	Western Carolina	1:01.72	3(3)
18	NGUYEN, Caroline	SR	Furman	1:03.15	5(4)
19	UNTERHOLZNER, Sarah	SO	Chattanooga	1:04.21	4(4)
20	RENNICH, Jessika	SO	Chattanooga	1:04.61	3(4)
	DEARING, Hannah	FR	Chattanooga	DNS	1

## HEAT RESULTS

### Prelims

Pl	Name	Yr	Team	Time
<b>Heat 1 of 6</b>				
1	DRAKE, Ayden	SO	Samford	58.56q
2	BURKHART, Hannah	SO	East Tenn. St.	59.02
	DEARING, Hannah	FR	Chattanooga	DNS
<b>Heat 2 of 6</b>				
1	CUTLER, Dahlia	SR	Wofford	57.57q
2	ROBINSON, Mekyll	JR	Western Carolina	57.82q
3	LYSIGHT, Shaneil	FR	Western Carolina	59.86
<b>Heat 3 of 6</b>				
1	COLE, Kaitlyn	JR	Samford	58.23q
2	SAMUELS, Vada	SR	Samford	59.24
3	SMITH, Jasmine	FR	Western Carolina	1:01.72
4	RENNICH, Jessika	SO	Chattanooga	1:04.61

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #6 Women's 400 Meters (cont'd)

### Prelims

Pl	Name	Yr	Team	Time
<b>Heat 4 of 6</b>				
1	JEFFERSON, Jasmine		JR Wofford	56.64q
2	HALL, Heaven		FR VMI	58.47q
3	BOYKIN, McKenna		FR East Tenn. St.	1:00.28
4	UNTERHOLZNER, Sarah		SO Chattanooga	1:04.21
<b>Heat 5 of 6</b>				
1	JENKINS, Nytrinitey		SO Western Carolina	58.25q
2	TURNER, Mikayla		SO Western Carolina	58.88
3	BOOKER, Taja		SO Western Carolina	59.04
4	NGUYEN, Caroline		SR Furman	1:03.15
<b>Heat 6 of 6</b>				
1	LUEDERS, Grace		FR Samford	57.54q
2	SAYRE, Brooke		FR Wofford	1:00.07
3	JOHNSON, Kerrington		SR Wofford	1:00.49

## #30 Women's Shot Put

### TOP 9 TO FINALS

& SoCon 16.61m Angie Barker ETSU

### 4:00 PM (Day 1):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	DAFFIN, Hannah		JR Samford	14.21m 46' 7 <sup>1</sup> / <sub>2</sub>	FOUL	12.94	13.33	13.61	FOUL	14.21	2(1)	10
2	CORSO, Tatiana		SR Citadel	12.99m 42' 7 <sup>1</sup> / <sub>2</sub>	12.70	12.64	12.42	12.83	12.92	12.99	2(2)	8
3	NOLTE, Emma		JR Samford	12.38m 40' 7 <sup>1</sup> / <sub>2</sub>	11.36	11.58	12.11	12.38	11.80	12.35	2(3)	6
4	SAWICKI, Ellie		FR Wofford	11.77m 38' 7 <sup>1</sup> / <sub>2</sub>	FOUL	FOUL	11.72	FOUL	11.50	11.77	2(4)	5
5	LONG, Erin		JR Samford	11.64m 38' 2 <sup>1</sup> / <sub>4</sub>	11.45	11.24	11.49	11.64	11.09	11.30	2(5)	4
6	MOORE, Anna		JR East Tenn. St	11.54m 37' 10 <sup>1</sup> / <sub>2</sub>	10.80	10.93	10.52	FOUL	11.54	11.54	1(1)	3
7	SCHMIDT, Savannah		JR Samford	11.30m 37' 1"	11.30	10.66	10.88	FOUL	PASS	PASS	2(6)	2
8	KIRKLAND, Jenna		SO VMI	11.01m 36' 1 <sup>1</sup> / <sub>2</sub>	FOUL	10.84	10.96	FOUL	FOUL	11.01	2(7)	1
9	CUESTA, Yanna		SO Citadel	10.39m 34' 1 <sup>1</sup> / <sub>4</sub>	10.14	10.00	10.39	10.36	FOUL	10.27	1(2)	
10	BAGG, Olivia		FR Wofford	10.27m 33' 8 <sup>1</sup> / <sub>2</sub>	9.99	10.15	10.27				1(3)	
11	ROUNDTREE, Toria		FR Western Caro	10.12m 33' 2 <sup>1</sup> / <sub>2</sub>	FOUL	10.12	9.72				2(8)	
12	HOWELL, Morri		SO East Tenn. St	10.01m 32' 10 <sup>1</sup> / <sub>4</sub>	FOUL	10.01	FOUL				1(4)	
13	WILSON-RUFFIN, Ali		SO Citadel	9.98m 32' 9"	9.50	9.57	9.98				1(5)	
14	WALKER, Rashni		FR Samford	9.84m 32' 3 <sup>1</sup> / <sub>2</sub>	9.40	9.84	8.86				2(9)	
15	EMMEN, Dani		SO Wofford	9.74m 31' 11 <sup>1</sup> / <sub>2</sub>	9.74	9.69	9.67				1(6)	
16	GONZALEZ, Judith		FR VMI	9.74m 31' 11 <sup>1</sup> / <sub>2</sub>	9.32	9.54	9.74				1(7)	
17	CHESTNUT, Sarai		SR Citadel	9.24m 30' 3 <sup>3</sup> / <sub>4</sub>	8.86	8.67	9.24				1(8)	
18	GROVE, Sadie		FR Citadel	9.12m 29' 11 <sup>1</sup> / <sub>4</sub>	8.38	9.12	9.09				1(9)	

## FLIGHT RESULTS

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	
<b>Flight 1 of 2</b>											
1	MOORE, Anna		JR East Tenn. St	11.54m 37' 10 <sup>1</sup> / <sub>2</sub>	10.80	10.93	10.52	FOUL	11.54	11.54	
2	CUESTA, Yanna		SO Citadel	10.39m 34' 1 <sup>1</sup> / <sub>4</sub>	10.14	10.00	10.39	10.36	FOUL	10.27	
3	BAGG, Olivia		FR Wofford	10.27m 33' 8 <sup>1</sup> / <sub>2</sub>	9.99	10.15	10.27				
4	HOWELL, Morri		SO East Tenn. St	10.01m 32' 10 <sup>1</sup> / <sub>4</sub>	FOUL	10.01	FOUL				

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #30 Women's Shot Put (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
5	WILSON-RUFFIN, Ali	SO Citadel	9.98m 32' 9"	9.50	9.57	9.98			
6	EMMEN, Dani	SO Wofford	9.74m 31' 11½"	9.74	9.69	9.67			
7	GONZALEZ, Judith	FR VMI	9.74m 31' 11½"	9.32	9.54	9.74			
8	CHESTNUT, Sarai	SR Citadel	9.24m 30' 3¾"	8.86	8.67	9.24			
9	GROVE, Sadie	FR Citadel	9.12m 29' 11¼"	8.38	9.12	9.09			
<b>Flight 2 of 2</b>									
1	DAFFIN, Hannah	JR Samford	14.21m 46' 7½"	FOUL	12.94	13.33	13.61	FOUL	14.21
2	CORSO, Tatiana	SR Citadel	12.99m 42' 7½"	12.70	12.64	12.42	12.83	12.92	12.99
3	NOLTE, Emma	JR Samford	12.38m 40' 7½"	11.36	11.58	12.11	12.38	11.80	12.35
4	SAWICKI, Ellie	FR Wofford	11.77m 38' 7½"	FOUL	FOUL	11.72	FOUL	11.50	11.77
5	LONG, Erin	JR Samford	11.64m 38' 2¼"	11.45	11.24	11.49	11.64	11.09	11.30
6	SCHMIDT, Savannah	JR Samford	11.30m 37' 1"	11.30	10.66	10.88	FOUL	PASS	PASS
7	KIRKLAND, Jenna	SO VMI	11.01m 36' 1½"	FOUL	10.84	10.96	FOUL	FOUL	11.01
8	ROUNDTREE, Toria	FR Western Caro	10.12m 33' 2½"	FOUL	10.12	9.72			
9	WALKER, Rashni	FR Samford	9.84m 32' 3½"	9.40	9.84	8.86			

## #25 Men's Long Jump TOP 9 TO FINALS

& SoCon 7.66m Marcus Lynch VMI

### 4:00 PM (Day 1):

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)	Pts
1	KIMBERLIN, Ty	SR Samford	7.44m 24' 5"		7.44	7.22				2(1)	10
2	MIDGETT, Keyandre	SO VMI	7.29m 23' 11"	7.17	7.29		6.99	7.21	6.69	2(2)	8
3	RODRIGUEZ, Tyler	JR Western Caro	7.18m 23' 6¾"	7.18	7.09	5.82	6.81	6.88		2(3)	6
4	STRALEY, Noah	FR Western Caro	7.08m 23' 2¾"	7.06					7.08	2(4)	5
5	HUNT, Dohnavon	FR Western Caro	7.06m 23' 2"	6.94	7.06	6.90		6.50		2(5)	4
6	RAINEY, Edwin	JR Samford	6.89m 22' 7¼"	6.89 (+0.0)	FOUL		PASS	PASS	PASS	1(1)	3
7	BROWN, Javon	SO Western Caro	6.86m 22' 6¼"			6.86	6.73			2(6)	2
8	CAMPBELL, Claude	FR Samford	6.84m 22' 5¼"	6.69 (+0.0)	6.84 (+0.0)	6.76 (+0.0)	PASS	PASS	PASS	1(2)	1
9	MALE, Charles	SO VMI	6.77m 22' 2½"		6.77	6.60		6.05		2(7)	
10	FISHER, O'Rell	SO Wofford	6.67m 21' 10¾"	6.46	6.67					2(8)	
11	MOORE, Titus	JR Samford	6.66m 21' 10¼"	6.58 (+0.0)	6.66 (+0.0)	6.51 (+0.0)				1(3)	
12	HINES, Damian	SO Samford	6.65m 21' 10"	6.45 (+0.0)	6.65 (+0.0)	6.59 (+0.0)				1(4)	
13	WILLIAMS, Nathan	FR Western Caro	6.52m 21' 4¾"	FOUL	6.21 (+0.0)	6.52 (+0.0)				1(5)	
14	SHEPPARD, Christopher	JR Wofford	6.50m 21' 4"	6.50 (+0.0)	6.36 (+0.0)	6.19 (+0.0)				1(6)	
15	SISTARE, Tate	FR Citadel	6.17m 20' 3"	5.76 (+0.0)	6.01 (+0.0)	6.17 (+0.0)				1(7)	
16	EVANS, Marcus	SR East Tenn. St	5.93m 19' 5½"	FOUL	FOUL	5.93 (+0.0)				1(8)	
17	JONES, Robert	SO VMI	5.89m 19' 4"	FOUL	5.89 (+0.0)	FOUL				1(9)	
	BROWN, Javell	SO Western Caro	NM							2	

## FLIGHT RESULTS

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
<b>Flight 1 of 2</b>									
1	RAINEY, Edwin	JR Samford	6.89m 22' 7¼"	6.89 (+0.0)	FOUL	FOUL	PASS	PASS	PASS
2	CAMPBELL, Claude	FR Samford	6.84m 22' 5¼"	6.69 (+0.0)	6.84 (+0.0)	6.76 (+0.0)	PASS	PASS	PASS
3	MOORE, Titus	JR Samford	6.66m 21' 10¼"	6.58 (+0.0)	6.66 (+0.0)	6.51 (+0.0)			
4	HINES, Damian	SO Samford	6.65m 21' 10"	6.45 (+0.0)	6.65 (+0.0)	6.59 (+0.0)			

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #25 Men's Long Jump (cont'd)

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
5	WILLIAMS, Nathan	FR Western Caro	6.52m 21' 4 <sup>3</sup> / <sub>4</sub> "	FOUL	6.21 (+0.0)	6.52 (+0.0)			
6	SHEPPARD, Christopher	JR Wofford	6.50m 21' 4"	6.50 (+0.0)	6.36 (+0.0)	6.19 (+0.0)			
7	SISTARE, Tate	FR Citadel	6.17m 20' 3"	5.76 (+0.0)	6.01 (+0.0)	6.17 (+0.0)			
8	EVANS, Marcus	SR East Tenn. St	5.93m 19' 5 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	5.93 (+0.0)			
9	JONES, Robert	SO VMI	5.89m 19' 4"	FOUL	5.89 (+0.0)	FOUL			
<b>Flight 2 of 2</b>									
1	KIMBERLIN, Ty	SR Samford	7.44m 24' 5"		7.44	7.22			
2	MIDGETT, Keyandre	SO VMI	7.29m 23' 11"	7.17	7.29		6.99	7.21	6.69
3	RODRIGUEZ, Tyler	JR Western Caro	7.18m 23' 6 <sup>3</sup> / <sub>4</sub> "	7.18	7.09	5.82	6.81	6.88	
4	STRALEY, Noah	FR Western Caro	7.08m 23' 2 <sup>3</sup> / <sub>4</sub> "	7.06					7.08
5	HUNT, Dohnavon	FR Western Caro	7.06m 23' 2"	6.94	7.06	6.90		6.50	
6	BROWN, Javon	SO Western Caro	6.86m 22' 6 <sup>1</sup> / <sub>4</sub> "			6.86	6.73		
7	MALE, Charles	SO VMI	6.77m 22' 2 <sup>1</sup> / <sub>2</sub> "		6.77	6.60		6.05	
8	FISHER, O'Rell	SO Wofford	6.67m 21' 10 <sup>3</sup> / <sub>4</sub> "	6.46	6.67				
	BROWN, Javell	SO Western Caro	NM						

## #5 Men's 400 Meters

### TOP 8 ADVANCE

& SoCon 46.97 Brunson Miller The Citadel

4:05 PM (Day 1): (Top 8 advance)

### Prelims

Pl	Name	Yr Team	Time	H(Pl)
1	BROWN, Nick	SO VMI	49.26q	4(1)
2	HARRIS, Michael	JR Western Carolina	49.29q	3(1)
3	TOPOS, Xander	SO VMI	49.47q	3(2)
4	DUNCAN, Kane	SR Citadel	49.56q	1(1)
5	EDWARDS, Richard	SO VMI	49.65q	4(2)
6	CAMPBELL, Cagan	JR Samford	49.67q	2(1)
7	GRIGG, Matthew	JR Samford	49.72q	2(2)
8	NEWTON, Treonte	SR Citadel	49.77q	2(3)
9	STRALEY, Noah	FR Western Carolina	49.98	5(1)
10	HILSMAN, Robert	FR Wofford	50.05	1(2)
11	MURPHY, Conor	JR Wofford	51.04	5(2)
12	STAMPER, Thomas	FR Wofford	51.22	4(3)
13	WHITE, Braxton	FR East Tenn. St.	51.41	3(3)
14	KOREY, Olin	FR Citadel	51.49	5(3)
15	SCHAGELIN, Noah	JR VMI	51.60	1(3)
16	AYDEN, Teddy	SO Western Carolina	51.67	4(4)
17	CASEY, Jackson	SO Wofford	53.22	2(4)
18	MCGHEE, Treven	FR East Tenn. St.	54.08	3(4)

## HEAT RESULTS

### Prelims

Pl	Name	Yr Team	Time
<b>Heat 1 of 5</b>			
1	DUNCAN, Kane	SR Citadel	49.56q
2	HILSMAN, Robert	FR Wofford	50.05



**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

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**MEET OFFICIALS**

**Meet Director:**  
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**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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**RESULTS****#5 Men's 400 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
3	SCHAGELIN, Noah	JR	VMI	51.60

**Heat 2 of 5**

1	CAMPBELL, Cagan	JR	Samford	49.67q
2	GRIGG, Matthew	JR	Samford	49.72q
3	NEWTON, Treonte	SR	Citadel	49.77q
4	CASEY, Jackson	SO	Wofford	53.22

**Heat 3 of 5**

1	HARRIS, Michael	JR	Western Carolina	49.29q
2	TOPOS, Xander	SO	VMI	49.47q
3	WHITE, Braxton	FR	East Tenn. St.	51.41
4	MCGHEE, Treven	FR	East Tenn. St.	54.08

**Heat 4 of 5**

1	BROWN, Nick	SO	VMI	49.26q
2	EDWARDS, Richard	SO	VMI	49.65q
3	STAMPER, Thomas	FR	Wofford	51.22
4	AYDEN, Teddy	SO	Western Carolina	51.67

**Heat 5 of 5**

1	STRALEY, Noah	FR	Western Carolina	49.98
2	MURPHY, Conor	JR	Wofford	51.04
3	KOREY, Olin	FR	Citadel	51.49

**#8 Women's 800 Meters****TOP 2 PER HEAT + NEXT 4 ADVANCE**

& SoCon 2:05.68 Megan Marvin Furman

**4:15 PM (Day 1): (Top 2 per Heat + next 4 advance)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
1	MARVIN, Megan		SO Furman	2:09.94Q	1(1)
	31.45 (31.45) 33.42 (1:04.86) 32.39 (1:37.24) 32.70 (2:09.94)				
2	LORD, Jessica		SR East Tenn. St.	2:11.92Q	1(2)
	31.85 (31.85) 33.59 (1:05.44) 32.50 (1:37.93) 33.99 (2:11.92)				
3	KARSTEN, Julia		JR East Tenn. St.	2:16.21q	1(3)
	32.15 (32.15) 34.16 (1:06.31) 33.69 (1:40.00) 36.22 (2:16.21)				
4	O'QUINN, Reagan		FR UNCG	2:18.28Q	2(1)
	32.70 (32.70) 36.44 (1:09.13) 34.35 (1:43.48) 34.80 (2:18.28)				
5	STROZIER, Katie		JR Samford	2:18.30Q	2(2)
	32.47 (32.47) 36.26 (1:08.72) 34.94 (1:43.66) 34.65 (2:18.30)				
6	SCHWARZ, Genevieve		SR East Tenn. St.	2:18.38q	2(3)
	32.67 (32.67) 36.33 (1:09.00) 34.38 (1:43.37) 35.01 (2:18.38)				
7	SHANK, Gretal		SO VMI	2:18.93q	1(4)
	32.28 (32.28) 33.58 (1:05.86) 35.08 (1:40.93) 38.00 (2:18.93)				
8	HARPER, Callie		SO Furman	2:19.33q	2(4)
	33.00 (33.00) 36.45 (1:09.45) 34.65 (1:44.09) 35.24 (2:19.33)				
9	GARRETT, Clair		FR Furman	2:19.63	1(5)
	33.61 (33.61) 34.87 (1:08.48) 34.46 (1:42.93) 36.70 (2:19.63)				
10	ARCHULETTA, Ansley		SO East Tenn. St.	2:24.24	2(5)

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## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #8 Women's 800 Meters (cont'd)

4:15 PM (Day 1): (Top 2 per Heat + next 4 advance)

#### Prelims

Pl	Name	Yr	Team	Time	H(Pl)
	32.83 (32.83)	36.76 (1:09.58)	36.55 (1:46.12)	38.13 (2:24.24)	
11	DONNELLY, Beth		SO Furman	2:26.23	2(6)
	33.29 (33.29)	36.88 (1:10.16)	37.84 (1:47.99)	38.24 (2:26.23)	
12	MULICH, Delaney		FR Chattanooga	2:26.79	1(6)
	34.09 (34.09)	35.19 (1:09.27)	38.81 (1:48.08)	38.71 (2:26.79)	
13	KRUGER, Izelle		FR East Tenn. St.	2:28.86	1(7)
	33.67 (33.67)	35.20 (1:08.86)	38.98 (1:47.83)	41.03 (2:28.86)	
14	LANCE, Meg		FR East Tenn. St.	2:30.33	2(7)
	33.46 (33.46)	37.07 (1:10.53)	38.86 (1:49.38)	40.95 (2:30.33)	
15	FOLEY, Lexi		FR Chattanooga	2:33.84	2(8)
	32.98 (32.98)	36.95 (1:09.93)	38.37 (1:48.29)	45.55 (2:33.84)	
16	CANSLER, Sydney		JR Chattanooga	2:54.18	1(8)
	38.96 (38.96)	44.36 (1:23.31)	46.79 (2:10.10)	44.09 (2:54.18)	

#### HEAT RESULTS

##### Prelims

Pl	Name	Yr	Team	Time
<b>Heat 1 of 2</b>				
1	MARVIN, Megan		SO Furman	2:09.94Q
	31.45 (31.45)	33.42 (1:04.86)	32.39 (1:37.24)	32.70 (2:09.94)
2	LORD, Jessica		SR East Tenn. St.	2:11.92Q
	31.85 (31.85)	33.59 (1:05.44)	32.50 (1:37.93)	33.99 (2:11.92)
3	KARSTEN, Julia		JR East Tenn. St.	2:16.21q
	32.15 (32.15)	34.16 (1:06.31)	33.69 (1:40.00)	36.22 (2:16.21)
4	SHANK, Gretal		SO VMI	2:18.93q
	32.28 (32.28)	33.58 (1:05.86)	35.08 (1:40.93)	38.00 (2:18.93)
5	GARRETT, Clair		FR Furman	2:19.63
	33.61 (33.61)	34.87 (1:08.48)	34.46 (1:42.93)	36.70 (2:19.63)
6	MULICH, Delaney		FR Chattanooga	2:26.79
	34.09 (34.09)	35.19 (1:09.27)	38.81 (1:48.08)	38.71 (2:26.79)
7	KRUGER, Izelle		FR East Tenn. St.	2:28.86
	33.67 (33.67)	35.20 (1:08.86)	38.98 (1:47.83)	41.03 (2:28.86)
8	CANSLER, Sydney		JR Chattanooga	2:54.18
	38.96 (38.96)	44.36 (1:23.31)	46.79 (2:10.10)	44.09 (2:54.18)
<b>Heat 2 of 2</b>				
1	O'QUINN, Reagan		FR UNCG	2:18.28Q
	32.70 (32.70)	36.44 (1:09.13)	34.35 (1:43.48)	34.80 (2:18.28)
2	STROZIER, Katie		JR Samford	2:18.30Q
	32.47 (32.47)	36.26 (1:08.72)	34.94 (1:43.66)	34.65 (2:18.30)
3	SCHWARZ, Genevieve		SR East Tenn. St.	2:18.38q
	32.67 (32.67)	36.33 (1:09.00)	34.38 (1:43.37)	35.01 (2:18.38)
4	HARPER, Callie		SO Furman	2:19.33q
	33.00 (33.00)	36.45 (1:09.45)	34.65 (1:44.09)	35.24 (2:19.33)
5	ARCHULETTA, Ansley		SO East Tenn. St.	2:24.24

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #8 Women's 800 Meters (cont'd)

#### Prelims

Pl	Name	Yr	Team	Time	
	32.83 (32.83)	36.76 (1:09.58)	36.55 (1:46.12)	38.13 (2:24.24)	
6	DONNELLY, Beth		SO Furman	2:26.23	
	33.29 (33.29)	36.88 (1:10.16)	37.84 (1:47.99)	38.24 (2:26.23)	
7	LANCE, Meg		FR East Tenn. St.	2:30.33	
	33.46 (33.46)	37.07 (1:10.53)	38.86 (1:49.38)	40.95 (2:30.33)	
8	FOLEY, Lexi		FR Chattanooga	2:33.84	
	32.98 (32.98)	36.95 (1:09.93)	38.37 (1:48.29)	45.55 (2:33.84)	

### #7 Men's 800 Meters

#### TOP 2 PER HEAT + NEXT 4 ADVANCE

& SoCon 1:49.77 Jose' Peñalver Samford

#### 4:30 PM (Day 1): (Top 2 per Heat + next 4 advance)

#### Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	PARRILLA, Miguel		JR East Tenn. St.	1:52.64Q	2(1)
	26.34 (26.34)	27.65 (53.99)	28.94 (1:22.92)	29.72 (1:52.64)	
2	MADUWA, Phelani		SR East Tenn. St.	1:52.67Q	2(2)
	26.13 (26.13)	27.66 (53.78)	28.91 (1:22.69)	29.98 (1:52.67)	
3	EPSTEIN, Nick		JR Furman	1:53.83q	2(3)
	26.78 (26.78)	27.85 (54.63)	29.08 (1:23.70)	30.14 (1:53.83)	
4	DAVIS, John		SO Western Carolina	1:54.17q	2(4)
	28.45 (28.45)	28.54 (56.99)	28.66 (1:25.65)	28.52 (1:54.17)	
5	OVERLY, Conner		FR East Tenn. St.	1:54.59q	2(5)
	27.04 (27.04)	27.91 (54.94)	29.41 (1:24.35)	30.24 (1:54.59)	
6	WHITTAKER, Trent		SR VMI	1:55.48Q	1(1)
	29.25 (29.25)	29.47 (58.72)	29.15 (1:27.86)	27.62 (1:55.48)	
7	KRAFSUR, Josh		JR East Tenn. St.	1:55.63Q	1(2)
	29.10 (29.10)	29.40 (58.49)	29.07 (1:27.55)	28.09 (1:55.63)	
8	STECHEER, Henry		SO Western Carolina	1:55.80q	1(3)
	29.33 (29.33)	29.38 (58.71)	29.31 (1:28.01)	27.79 (1:55.80)	
9	ELWELL, Jalen		JR Western Carolina	1:56.25	1(4)
	29.06 (29.06)	29.37 (58.42)	29.37 (1:27.79)	28.47 (1:56.25)	
10	HAMILTON, Andrew		SO UNCG	1:58.07	1(5)
	29.44 (29.44)	29.77 (59.20)	29.90 (1:29.09)	28.98 (1:58.07)	
11	KELLEY, Stephen		SO VMI	1:58.10	2(6)
	27.94 (27.94)	28.36 (56.30)	29.67 (1:25.96)	32.14 (1:58.10)	
12	BERGER, Will		FR Wofford	1:58.29	1(6)
	29.54 (29.54)	29.51 (59.05)	29.71 (1:28.76)	29.54 (1:58.29)	
13	BAGLIA, Bryce		JR Citadel	2:02.67	2(7)
	27.69 (27.69)	28.21 (55.90)	31.42 (1:27.32)	35.35 (2:02.67)	
	PENALVER, Jose		SR Samford	DQ	1

### HEAT RESULTS

#### Prelims

Pl	Name	Yr	Team	Time
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Heat 1 of 2

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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**RESULTS****#7 Men's 800 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time
1	WHITTAKER, Trent		SR VMI	1:55.48Q
	29.25 (29.25)	29.47 (58.72)	29.15 (1:27.86)	27.62 (1:55.48)
2	KRAFSUR, Josh		JR East Tenn. St.	1:55.63Q
	29.10 (29.10)	29.40 (58.49)	29.07 (1:27.55)	28.09 (1:55.63)
3	STECHER, Henry		SO Western Carolina	1:55.80q
	29.33 (29.33)	29.38 (58.71)	29.31 (1:28.01)	27.79 (1:55.80)
4	ELWELL, Jalen		JR Western Carolina	1:56.25
	29.06 (29.06)	29.37 (58.42)	29.37 (1:27.79)	28.47 (1:56.25)
5	HAMILTON, Andrew		SO UNCG	1:58.07
	29.44 (29.44)	29.77 (59.20)	29.90 (1:29.09)	28.98 (1:58.07)
6	BERGER, Will		FR Wofford	1:58.29
	29.54 (29.54)	29.51 (59.05)	29.71 (1:28.76)	29.54 (1:58.29)
	PENALVER, Jose		SR Samford	DQ

**Heat 2 of 2**

1	PARRILLA, Miguel		JR East Tenn. St.	1:52.64Q
	26.34 (26.34)	27.65 (53.99)	28.94 (1:22.92)	29.72 (1:52.64)
2	MADUWA, Phelani		SR East Tenn. St.	1:52.67Q
	26.13 (26.13)	27.66 (53.78)	28.91 (1:22.69)	29.98 (1:52.67)
3	EPSTEIN, Nick		JR Furman	1:53.83q
	26.78 (26.78)	27.85 (54.63)	29.08 (1:23.70)	30.14 (1:53.83)
4	DAVIS, John		SO Western Carolina	1:54.17q
	28.45 (28.45)	28.54 (56.99)	28.66 (1:25.65)	28.52 (1:54.17)
5	OVERLY, Conner		FR East Tenn. St.	1:54.59q
	27.04 (27.04)	27.91 (54.94)	29.41 (1:24.35)	30.24 (1:54.59)
6	KELLEY, Stephen		SO VMI	1:58.10
	27.94 (27.94)	28.36 (56.30)	29.67 (1:25.96)	32.14 (1:58.10)
7	BAGLIA, Bryce		JR Citadel	2:02.67
	27.69 (27.69)	28.21 (55.90)	31.42 (1:27.32)	35.35 (2:02.67)

**#4 Women's 200 Meters****TOP 8 ADVANCE**

& SoCon 23.84 Lamonda Miller Appalachian State

**4:40 PM (Day 1): (Top 8 advance)****Prelims**

Pl	Name	Yr	Team	Time	H(Pl)
1	MCNINCH, Madeline		JR Wofford	24.71q	3(1)
2	JACKSON, Mecca		JR Citadel	24.83q	2(1)
3	JENKINS, Nytrinitey		SO Western Carolina	24.87q	5(1)
4	JEFFERSON, Jasmine		JR Wofford	24.98q	5(2)
5	MARTIN, Kelsey		SO Samford	25.10q	4(1)
6	ROBINSON, Mekyll		JR Western Carolina	25.20q	1(1)
7	DABNEY, Amiel		SO Samford	25.29q	4(2)
8	LAWRENCE, Zeniyah		SR Citadel	25.32q	4(3)
9	TURNER, Mikayla		SO Western Carolina	25.42	5(3)
10	ARMSTRONG, Eleyah		SO VMI	25.49	2(2)
11	SAMUELS, Vada		SR Samford	25.70	1(2)

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #4 Women's 200 Meters (cont'd)

4:40 PM (Day 1): (Top 8 advance)

#### Prelims

Pl Name	Yr Team	Time	H(Pl)
12 CUTLER, Dahlia	SR Wofford	25.71	3(2)
13 BOOKER, Taja	SO Western Carolina	25.75	5(4)
14 GREEN, SeMore	FR VMI	25.76	3(3)
15 BYRD, Cyla	JR Citadel	25.81	2(3)
16 TENNANT, Ella	FR Wofford	26.07	1(3)
17 GREENE, Jasmine	FR Western Carolina	26.22	1(4)
18 JENNINGS, Antwonike	SO East Tenn. St.	26.89	2(4)
19 BRYANT, Imani	SO Chattanooga	27.51	4(4)

#### HEAT RESULTS

##### Prelims

Pl Name	Yr Team	Time
<b>Heat 1 of 5</b>		
1 ROBINSON, Mekyll	JR Western Carolina	25.20q
2 SAMUELS, Vada	SR Samford	25.70
3 TENNANT, Ella	FR Wofford	26.07
4 GREENE, Jasmine	FR Western Carolina	26.22
<b>Heat 2 of 5</b>		
1 JACKSON, Mecca	JR Citadel	24.83q
2 ARMSTRONG, Eleyah	SO VMI	25.49
3 BYRD, Cyla	JR Citadel	25.81
4 JENNINGS, Antwonike	SO East Tenn. St.	26.89
<b>Heat 3 of 5</b>		
1 MCNINCH, Madeline	JR Wofford	24.71q
2 CUTLER, Dahlia	SR Wofford	25.71
3 GREEN, SeMore	FR VMI	25.76
<b>Heat 4 of 5</b>		
1 MARTIN, Kelsey	SO Samford	25.10q
2 DABNEY, Amiel	SO Samford	25.29q
3 LAWRENCE, Zeniyah	SR Citadel	25.32q
4 BRYANT, Imani	SO Chattanooga	27.51
<b>Heat 5 of 5</b>		
1 JENKINS, Nytrinitley	SO Western Carolina	24.87q
2 JEFFERSON, Jasmine	JR Wofford	24.98q
3 TURNER, Mikayla	SO Western Carolina	25.42
4 BOOKER, Taja	SO Western Carolina	25.75

### #22 Women's High Jump

Progressions: 1.43, 1.48, 1.53, 1.58, 1.63, 1.68, 1.73, 1.78, 1.83

& SoCon 1.81m Kristen Meister Davidson

5:05 PM (Day 1):

Pl Name	Yr Team	Mark	1.43	1.48	1.53	1.58	1.63	1.68	1.73	Pts
1 PARKER, Dorsey	FR Samford	1.68m 5' 6"	PPP	O	O	O	O	O	XXX	10
2 GAMBOA, Grace	JR Samford	1.68m 5' 6"	PPP	O	O	XO	XO	XXO	XXX	8

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #22 Women's High Jump (cont'd)

3	LONG, Erin	JR Samford	1.63m 5' 4 <sup>1</sup> / <sub>4</sub>	PPP	PPP	O	XO	O	XXX	6
4	LINARES, Netanya	SR Wofford	1.63m 5' 4 <sup>1</sup> / <sub>4</sub>	PPP	PPP	O	O	XXO	XXX	5
5	BOYD, Imani	SO Western Caro	1.58m 5' 2 <sup>1</sup> / <sub>4</sub>	PPP	PPP	XXO	O	XXX		4
6	WRIGHT, Jaclyn	JR East Tenn. St	1.58m 5' 2 <sup>1</sup> / <sub>4</sub>	PPP	O	O	XXO	XXX		3
7	SCHMIDT, Savannah	JR Samford	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	PPP	O	O	XXX			1.5
7	PETTYJOHN, Hannah	FR Samford	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	PPP	PPP	O				1.5
9	KING, Abbey	SO East Tenn. St	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	PPP	XO	O	XXX			
10	MILLER, Sadler	FR Western Caro	1.53m 5' 0 <sup>1</sup> / <sub>4</sub>	O	XO	XO	XXX			
	HART, Shea	FR VMI	NH	PPP	XXX					

### #3 Men's 200 Meters

#### TOP 8 ADVANCE

& SoCon 21.13 Delevantie Brown ETSU

5:00 PM (Day 1): (Top 8 advance)

#### Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	CAMPBELL, Cagan	JR	Samford	21.73q	1(1)
2	HUNT, Dohnavon	FR	Western Carolina	21.86q	3(1)
2	DALTON, Cameron	SO	Wofford	21.86q	5(1)
4	AYDEN, Teddy	SO	Western Carolina	22.03q	5(2)
5	MILES, David	JR	Western Carolina	22.10q	2(1)
6	BROOKS, Evan	JR	Samford	22.22q	4(1)
7	STRALEY, Noah	FR	Western Carolina	22.33q	2(2)
8	HARRIS, Michael	JR	Western Carolina	22.58q	3(2)
9	HILSMAN, Robert	FR	Wofford	22.60	4(2)
10	MALCOLM, William	SO	Samford	22.60	1(2)
11	WHITE, Braxton	FR	East Tenn. St.	22.83	4(3)
12	WOODARD, Skyler	FR	Western Carolina	22.84	2(3)
13	KOREY, Olin	FR	Citadel	22.95	1(3)
14	FLETCHER, Deshawn	FR	East Tenn. St.	23.05	4(4)
15	GONZALEZ, Adrian	JR	Furman	23.35	3(3)
	STRUNK, Mac	JR	Citadel	DNS	5

#### HEAT RESULTS

##### Prelims

Pl	Name	Yr	Team	Time
<b>Heat 1 of 5</b>				
1	CAMPBELL, Cagan	JR	Samford	21.73q
2	MALCOLM, William	SO	Samford	22.60
3	KOREY, Olin	FR	Citadel	22.95
<b>Heat 2 of 5</b>				
1	MILES, David	JR	Western Carolina	22.10q
2	STRALEY, Noah	FR	Western Carolina	22.33q
3	WOODARD, Skyler	FR	Western Carolina	22.84
<b>Heat 3 of 5</b>				
1	HUNT, Dohnavon	FR	Western Carolina	21.86q
2	HARRIS, Michael	JR	Western Carolina	22.58q



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



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# RESULTS

## #3 Men's 200 Meters (cont'd)

### Prelims

Pl	Name	Yr	Team	Time
3	GONZALEZ, Adrian		JR Furman	23.35

### Heat 4 of 5

1	BROOKS, Evan		JR Samford	22.22q
2	HILSMAN, Robert		FR Wofford	22.60
3	WHITE, Braxton		FR East Tenn. St.	22.83
4	FLETCHER, Deshawn		FR East Tenn. St.	23.05

### Heat 5 of 5

1	DALTON, Cameron		SO Wofford	21.86q
2	AYDEN, Teddy		SO Western Carolina	22.03q
	STRUNK, Mac		JR Citadel	DNS

## #12 Women's 3000 Meters

& SoCon 9:11.04 Savannah Carnahan Furman

### 5:20 PM (Day 1):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	ROBERTSON, Abigail		JR Furman	9:26.48	2(1)	10
	37.90 (37.90)	38.14 (1:16.04)	39.28 (1:55.32)	39.08 (2:34.39)	38.18 (3:12.57)	38.03 (3:50.59)
	38.32 (4:28.90)	38.32 (5:07.21)	37.88 (5:45.09)	37.40 (6:22.49)	37.24 (6:59.73)	37.64 (7:37.36)
	37.39 (8:14.74)	36.57 (8:51.30)	35.18 (9:26.48)			
2	SNYDER, Kiera		SO East Tenn. St.	9:34.01	2(2)	8
	37.73 (37.73)	38.33 (1:16.06)	39.11 (1:55.16)	39.09 (2:34.24)	38.63 (3:12.87)	38.11 (3:50.97)
	38.27 (4:29.24)	38.89 (5:08.12)	39.03 (5:47.15)	39.39 (6:26.54)	39.85 (7:06.38)	38.98 (7:45.36)
	38.19 (8:23.55)	36.61 (9:00.15)	33.86 (9:34.01)			
3	GREEN, Lesley		JR Chattanooga	9:36.79	2(3)	6
	38.42 (38.42)	38.18 (1:16.60)	39.13 (1:55.73)	38.92 (2:34.64)	38.98 (3:13.62)	37.94 (3:51.56)
	38.27 (4:29.82)	38.65 (5:08.46)	37.90 (5:46.36)	37.31 (6:23.66)	37.84 (7:01.50)	38.69 (7:40.19)
	38.82 (8:19.00)	39.18 (8:58.18)	38.62 (9:36.79)			
4	MULHERN, Jenna		FR Furman	9:36.97	2(4)	5
	37.63 (37.63)	38.14 (1:15.77)	39.29 (1:55.05)	38.91 (2:33.96)	38.34 (3:12.29)	38.05 (3:50.34)
	38.29 (4:28.62)	38.86 (5:07.48)	37.92 (5:45.39)	37.73 (6:23.12)	38.21 (7:01.32)	38.66 (7:39.97)
	39.32 (8:19.28)	39.16 (8:58.44)	38.53 (9:36.97)			
5	KRUGER, Chanelle		FR East Tenn. St.	9:40.69	2(5)	4
	39.34 (39.34)	38.28 (1:17.61)	39.86 (1:57.47)	38.43 (2:35.90)	38.95 (3:14.84)	38.80 (3:53.64)
	39.09 (4:32.72)	39.18 (5:11.89)	38.88 (5:50.77)	39.14 (6:29.90)	38.78 (7:08.68)	38.59 (7:47.26)
	39.48 (8:26.74)	38.04 (9:04.78)	35.92 (9:40.69)			
6	MATTISON, Kate		JR Western Carolina	9:41.69	2(6)	3
	38.08 (38.08)	38.34 (1:16.42)	39.14 (1:55.56)	39.02 (2:34.57)	38.83 (3:13.40)	37.99 (3:51.38)
	38.33 (4:29.71)	38.89 (5:08.60)	38.69 (5:47.29)	39.32 (6:26.60)	40.16 (7:06.76)	39.52 (7:46.27)
	40.60 (8:26.87)	38.28 (9:05.15)	36.55 (9:41.69)			
7	WILKES, Carly		FR Furman	9:46.28	2(7)	2
	39.10 (39.10)	38.61 (1:17.71)	39.47 (1:57.17)	38.70 (2:35.86)	39.18 (3:15.04)	38.58 (3:53.62)
	39.08 (4:32.70)	39.43 (5:12.13)	39.41 (5:51.53)	40.37 (6:31.90)	39.15 (7:11.05)	38.85 (7:49.89)
	38.45 (8:28.33)	38.97 (9:07.30)	38.99 (9:46.28)			
8	BOWER, Sierra		SO Furman	9:50.13	2(8)	1

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
printed: 2/26/2023 4:03 PM

# RESULTS

## #12 Women's 3000 Meters (cont'd)

5:20 PM (Day 1):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
	37.46 (37.46)	38.10 (1:15.55)	39.29 (1:54.83)	39.32 (2:34.14)	39.04 (3:13.18)	37.96 (3:51.13)
	38.33 (4:29.45)	38.97 (5:08.41)	38.61 (5:47.02)	39.34 (6:26.35)	40.84 (7:07.19)	40.40 (7:47.59)
	41.25 (8:28.83)	41.00 (9:09.83)	40.31 (9:50.13)			
9	MATYSIK, Nicole		JR Furman	9:59.05	2(9)	
	39.32 (39.32)	38.57 (1:17.89)	39.82 (1:57.70)	38.45 (2:36.14)	38.99 (3:15.13)	38.76 (3:53.88)
	39.07 (4:32.95)	39.23 (5:12.18)	39.45 (5:51.62)	40.60 (6:32.22)	39.60 (7:11.82)	41.14 (7:52.96)
	42.20 (8:35.15)	41.69 (9:16.83)	42.22 (9:59.05)			
10	LITTLE, Emily		SO Furman	10:09.92	2(10)	
	38.29 (38.29)	38.78 (1:17.06)	39.10 (1:56.15)	39.26 (2:35.41)	39.14 (3:14.55)	38.86 (3:53.40)
	39.06 (4:32.46)	39.48 (5:11.93)	39.55 (5:51.48)	40.51 (6:31.99)	42.01 (7:13.99)	43.81 (7:57.79)
	44.72 (8:42.50)	44.54 (9:27.03)	42.89 (10:09.92)			
11	RUSSUM, Emma		SO Chattanooga	10:14.30	2(11)	
	40.14 (40.14)	38.54 (1:18.67)	39.38 (1:58.05)	38.95 (2:37.00)	39.76 (3:16.76)	40.86 (3:57.61)
	41.43 (4:39.03)	41.29 (5:20.32)	41.67 (6:01.98)	42.27 (6:44.24)	41.28 (7:25.52)	42.66 (8:08.17)
	42.19 (8:50.36)	42.36 (9:32.71)	41.59 (10:14.30)			
12	CALDWELL, Alesea		SO Western Carolina	10:36.01	1(1)	
	38.37 (38.37)	40.32 (1:18.68)	42.22 (2:00.89)	42.28 (2:43.17)	42.13 (3:25.29)	42.46 (4:07.75)
	42.53 (4:50.28)	43.22 (5:33.50)	43.66 (6:17.16)	43.55 (7:00.70)	43.99 (7:44.68)	43.90 (8:28.57)
	43.93 (9:12.50)	43.26 (9:55.75)	40.26 (10:36.01)			
13	REITER, Jenna		JR UNCG	10:40.05	2(12)	
	39.78 (39.78)	39.92 (1:19.69)	40.35 (2:00.03)	40.94 (2:40.97)	41.36 (3:22.32)	42.00 (4:04.32)
	42.80 (4:47.12)	43.66 (5:30.77)	44.31 (6:15.08)	44.10 (6:59.17)	43.78 (7:42.95)	44.57 (8:27.51)
	44.78 (9:12.29)	44.39 (9:56.68)	43.38 (10:40.05)			
14	MCCASLIN, Chandler		SR UNCG	10:50.14	2(13)	
	39.81 (39.81)	39.96 (1:19.76)	40.32 (2:00.07)	40.96 (2:41.02)	41.32 (3:22.34)	41.96 (4:04.30)
	42.82 (4:47.11)	43.74 (5:30.85)	44.53 (6:15.37)	44.29 (6:59.65)	45.56 (7:45.21)	47.46 (8:32.67)
	47.33 (9:19.99)	46.93 (10:06.92)	43.23 (10:50.14)			
15	MCKINNEY, Riley		FR Western Carolina	11:07.88	1(2)	
	36.98 (36.98)	41.02 (1:17.99)	42.85 (2:00.84)	42.35 (2:43.18)	42.15 (3:25.33)	42.87 (4:08.19)
	43.67 (4:51.86)	45.96 (5:37.81)	46.72 (6:24.53)	47.69 (7:12.22)	48.08 (8:00.29)	47.16 (8:47.45)
	47.77 (9:35.22)	47.36 (10:22.57)	45.31 (11:07.88)			
16	MORRIS, Camden		SO Chattanooga	11:33.44	1(3)	
	42.44 (42.44)	44.58 (1:27.01)	46.47 (2:13.48)	46.95 (3:00.42)	47.25 (3:47.66)	47.05 (4:34.71)
	46.77 (5:21.47)	46.59 (6:08.06)	46.40 (6:54.45)	46.36 (7:40.81)	46.75 (8:27.56)	46.84 (9:14.39)
	46.69 (10:01.08)	47.56 (10:48.63)	44.81 (11:33.44)			

## SECTION RESULTS

Pl	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
1	CALDWELL, Alesea		SO Western Carolina	10:36.01
	38.37 (38.37)	40.32 (1:18.68)	42.22 (2:00.89)	42.28 (2:43.17)
	42.53 (4:50.28)	43.22 (5:33.50)	43.66 (6:17.16)	43.55 (7:00.70)
	43.93 (9:12.50)	43.26 (9:55.75)	40.26 (10:36.01)	43.99 (7:44.68)
2	MCKINNEY, Riley		FR Western Carolina	11:07.88
	36.98 (36.98)	41.02 (1:17.99)	42.85 (2:00.84)	42.35 (2:43.18)
			42.15 (3:25.33)	42.87 (4:08.19)

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

## RESULTS

### #12 Women's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time		
	43.67 (4:51.86)	45.96 (5:37.81)	46.72 (6:24.53)	47.69 (7:12.22)	48.08 (8:00.29)	47.16 (8:47.45)
	47.77 (9:35.22)	47.36 (10:22.57)	45.31 (11:07.88)			
	42.44 (4:24.44)	44.58 (1:27.01)	46.47 (2:13.48)	46.95 (3:00.42)	47.25 (3:47.66)	47.05 (4:34.71)
	46.77 (5:21.47)	46.59 (6:08.06)	46.40 (6:54.45)	46.36 (7:40.81)	46.75 (8:27.56)	46.84 (9:14.39)
	46.69 (10:01.08)	47.56 (10:48.63)	44.81 (11:33.44)			
<b>Section 2 of 2</b>						
1	ROBERTSON, Abigail		JR Furman			9:26.48
	37.90 (37.90)	38.14 (1:16.04)	39.28 (1:55.32)	39.08 (2:34.39)	38.18 (3:12.57)	38.03 (3:50.59)
	38.32 (4:28.90)	38.32 (5:07.21)	37.88 (5:45.09)	37.40 (6:22.49)	37.24 (6:59.73)	37.64 (7:37.36)
	37.39 (8:14.74)	36.57 (8:51.30)	35.18 (9:26.48)			
2	SNYDER, Kiera		SO East Tenn. St.			9:34.01
	37.73 (37.73)	38.33 (1:16.06)	39.11 (1:55.16)	39.09 (2:34.24)	38.63 (3:12.87)	38.11 (3:50.97)
	38.27 (4:29.24)	38.89 (5:08.12)	39.03 (5:47.15)	39.39 (6:26.54)	39.85 (7:06.38)	38.98 (7:45.36)
	38.19 (8:23.55)	36.61 (9:00.15)	33.86 (9:34.01)			
3	GREEN, Lesley		JR Chattanooga			9:36.79
	38.42 (38.42)	38.18 (1:16.60)	39.13 (1:55.73)	38.92 (2:34.64)	38.98 (3:13.62)	37.94 (3:51.56)
	38.27 (4:29.82)	38.65 (5:08.46)	37.90 (5:46.36)	37.31 (6:23.66)	37.84 (7:01.50)	38.69 (7:40.19)
	38.82 (8:19.00)	39.18 (8:58.18)	38.62 (9:36.79)			
4	MULHERN, Jenna		FR Furman			9:36.97
	37.63 (37.63)	38.14 (1:15.77)	39.29 (1:55.05)	38.91 (2:33.96)	38.34 (3:12.29)	38.05 (3:50.34)
	38.29 (4:28.62)	38.86 (5:07.48)	37.92 (5:45.39)	37.73 (6:23.12)	38.21 (7:01.32)	38.66 (7:39.97)
	39.32 (8:19.28)	39.16 (8:58.44)	38.53 (9:36.97)			
5	KRUGER, Chanelle		FR East Tenn. St.			9:40.69
	39.34 (39.34)	38.28 (1:17.61)	39.86 (1:57.47)	38.43 (2:35.90)	38.95 (3:14.84)	38.80 (3:53.64)
	39.09 (4:32.72)	39.18 (5:11.89)	38.88 (5:50.77)	39.14 (6:29.90)	38.78 (7:08.68)	38.59 (7:47.26)
	39.48 (8:26.74)	38.04 (9:04.78)	35.92 (9:40.69)			
6	MATTISON, Kate		JR Western Carolina			9:41.69
	38.08 (38.08)	38.34 (1:16.42)	39.14 (1:55.56)	39.02 (2:34.57)	38.83 (3:13.40)	37.99 (3:51.38)
	38.33 (4:29.71)	38.89 (5:08.60)	38.69 (5:47.29)	39.32 (6:26.60)	40.16 (7:06.76)	39.52 (7:46.27)
	40.60 (8:26.87)	38.28 (9:05.15)	36.55 (9:41.69)			
7	WILKES, Carly		FR Furman			9:46.28
	39.10 (39.10)	38.61 (1:17.71)	39.47 (1:57.17)	38.70 (2:35.86)	39.18 (3:15.04)	38.58 (3:53.62)
	39.08 (4:32.70)	39.43 (5:12.13)	39.41 (5:51.53)	40.37 (6:31.90)	39.15 (7:11.05)	38.85 (7:49.89)
	38.45 (8:28.33)	38.97 (9:07.30)	38.99 (9:46.28)			
8	BOWER, Sierra		SO Furman			9:50.13
	37.46 (37.46)	38.10 (1:15.55)	39.29 (1:54.83)	39.32 (2:34.14)	39.04 (3:13.18)	37.96 (3:51.13)
	38.33 (4:29.45)	38.97 (5:08.41)	38.61 (5:47.02)	39.34 (6:26.35)	40.84 (7:07.19)	40.40 (7:47.59)
	41.25 (8:28.83)	41.00 (9:09.83)	40.31 (9:50.13)			
9	MATYSIK, Nicole		JR Furman			9:59.05
	39.32 (39.32)	38.57 (1:17.89)	39.82 (1:57.70)	38.45 (2:36.14)	38.99 (3:15.13)	38.76 (3:53.88)
	39.07 (4:32.95)	39.23 (5:12.18)	39.45 (5:51.62)	40.60 (6:32.22)	39.60 (7:11.82)	41.14 (7:52.96)
	42.20 (8:35.15)	41.69 (9:16.83)	42.22 (9:59.05)			
10	LITTLE, Emily		SO Furman			10:09.92
	38.29 (38.29)	38.78 (1:17.06)	39.10 (1:56.15)	39.26 (2:35.41)	39.14 (3:14.55)	38.86 (3:53.40)
	39.06 (4:32.46)	39.48 (5:11.93)	39.55 (5:51.48)	40.51 (6:31.99)	42.01 (7:13.99)	43.81 (7:57.79)
	44.72 (8:42.50)	44.54 (9:27.03)	42.89 (10:09.92)			

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

**RESULTS**

**#12 Women's 3000 Meters (cont'd)**

Pl	Name	Yr	Team	Time
11	RUSSUM, Emma		SO Chattanooga	10:14.30
	40.14 (40.14)	38.54 (1:18.67)	39.38 (1:58.05)	38.95 (2:37.00)
	39.76 (3:16.76)	40.86 (3:57.61)		
	41.43 (4:39.03)	41.29 (5:20.32)	41.67 (6:01.98)	42.27 (6:44.24)
	41.28 (7:25.52)	42.66 (8:08.17)		
	42.19 (8:50.36)	42.36 (9:32.71)	41.59 (10:14.30)	
12	REITER, Jenna		JR UNCG	10:40.05
	39.78 (39.78)	39.92 (1:19.69)	40.35 (2:00.03)	40.94 (2:40.97)
	41.36 (3:22.32)	42.00 (4:04.32)		
	42.80 (4:47.12)	43.66 (5:30.77)	44.31 (6:15.08)	44.10 (6:59.17)
	43.78 (7:42.95)	44.57 (8:27.51)		
	44.78 (9:12.29)	44.39 (9:56.68)	43.38 (10:40.05)	
13	MCCASLIN, Chandler		SR UNCG	10:50.14
	39.81 (39.81)	39.96 (1:19.76)	40.32 (2:00.07)	40.96 (2:41.02)
	41.32 (3:22.34)	41.96 (4:04.30)		
	42.82 (4:47.11)	43.74 (5:30.85)	44.53 (6:15.37)	44.29 (6:59.65)
	45.56 (7:45.21)	47.46 (8:32.67)		
	47.33 (9:19.99)	46.93 (10:06.92)	43.23 (10:50.14)	

**#11 Men's 3000 Meters**

& SoCon 8:02.87 Carson Williams Furman

5:46 PM (Day 1):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	WILLIAMS, Carson		SO Furman	8:22.51	2(1)	10
	35.25 (35.25)	36.80 (1:12.05)	34.29 (1:46.34)	35.05 (2:21.39)	35.12 (2:56.50)	34.33 (3:30.83)
	34.20 (4:05.03)	34.59 (4:39.61)	35.94 (5:15.55)	36.74 (5:52.29)	31.47 (6:23.75)	30.63 (6:54.38)
	30.08 (7:24.45)	29.73 (7:54.18)	28.34 (8:22.51)			
2	HAMBLEN, Brayden		SR East Tenn. St.	8:24.08	2(2)	8
	34.76 (34.76)	37.30 (1:12.06)	34.51 (1:46.56)	35.01 (2:21.57)	35.12 (2:56.68)	34.33 (3:31.01)
	34.21 (4:05.21)	34.57 (4:39.78)	35.94 (5:15.72)	36.76 (5:52.48)	31.55 (6:24.03)	30.55 (6:54.58)
	30.07 (7:24.65)	29.79 (7:54.43)	29.66 (8:24.08)			
3	BEUCLER, Adam		JR Furman	8:26.09	2(3)	6
	35.43 (35.43)	36.92 (1:12.35)	34.45 (1:46.79)	34.98 (2:21.77)	35.16 (2:56.92)	34.32 (3:31.23)
	34.22 (4:05.45)	34.59 (4:40.04)	35.85 (5:15.89)	36.84 (5:52.72)	31.51 (6:24.23)	30.55 (6:54.78)
	30.11 (7:24.88)	29.97 (7:54.85)	31.25 (8:26.09)			
4	GUZMAN, Evan		SO East Tenn. St.	8:27.50	2(4)	5
	35.02 (35.02)	36.64 (1:11.66)	34.63 (1:46.29)	35.02 (2:21.31)	35.10 (2:56.40)	34.34 (3:30.74)
	34.12 (4:04.85)	34.56 (4:39.41)	35.89 (5:15.29)	37.07 (5:52.36)	31.52 (6:23.88)	30.76 (6:54.64)
	30.66 (7:25.29)	30.94 (7:56.22)	31.29 (8:27.50)			
5	POWERS, Josh		JR Furman	8:34.75	2(5)	4
	34.95 (34.95)	36.93 (1:11.88)	34.65 (1:46.53)	34.99 (2:21.51)	35.12 (2:56.62)	34.32 (3:30.94)
	34.43 (4:05.37)	34.92 (4:40.29)	35.69 (5:15.97)	37.02 (5:52.99)	32.72 (6:25.70)	32.83 (6:58.52)
	33.86 (7:32.38)	32.71 (8:05.09)	29.67 (8:34.75)			
6	GOLDSTEIN, Nicholas		SO Furman	8:35.99	2(6)	3
	35.21 (35.21)	37.26 (1:12.46)	34.55 (1:47.01)	34.96 (2:21.96)	35.42 (2:57.38)	34.38 (3:31.75)
	33.88 (4:05.62)	34.76 (4:40.38)	35.75 (5:16.13)	36.83 (5:52.95)	32.37 (6:25.32)	32.02 (6:57.33)
	33.16 (7:30.48)	33.42 (8:03.90)	32.09 (8:35.99)			
7	TAYLOR, Luke		FR Furman	8:37.58	2(7)	2
	35.33 (35.33)	36.98 (1:12.31)	34.84 (1:47.15)	34.60 (2:21.74)	35.26 (2:57.00)	34.60 (3:31.60)
	34.26 (4:05.86)	34.85 (4:40.71)	35.52 (5:16.23)	36.92 (5:53.14)	33.46 (6:26.59)	33.96 (7:00.55)
	33.95 (7:34.49)	33.31 (8:07.80)	29.79 (8:37.58)			
8	MITCHELL, Will		SO Western Carolina	8:38.62	2(8)	1

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
printed: 2/26/2023 4:03 PM

# RESULTS

## #11 Men's 3000 Meters (cont'd)

5:46 PM (Day 1):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
	35.58 (35.58)	37.09 (1:12.67)	34.71 (1:47.38)	34.81 (2:22.19)	35.11 (2:57.30)	34.51 (3:31.80)
	34.35 (4:06.15)	34.92 (4:41.06)	35.34 (5:16.39)	36.85 (5:53.24)	33.68 (6:26.91)	33.23 (7:00.14)
	33.65 (7:33.78)	33.33 (8:07.10)	31.52 (8:38.62)			
9	CAMPBELL, Xian		FR East Tenn. St.	8:39.83	2(9)	
	34.53 (34.53)	35.09 (1:09.61)	34.91 (1:44.52)	34.76 (2:19.27)	34.68 (2:53.94)	34.62 (3:28.56)
	35.16 (4:03.71)	35.37 (4:39.08)	36.30 (5:15.37)	37.24 (5:52.61)	33.37 (6:25.98)	33.80 (6:59.77)
	34.22 (7:33.99)	33.56 (8:07.54)	32.29 (8:39.83)			
10	ARCHIE, Carson		JR Wofford	8:47.38	1(1)	
	31.69 (31.69)	34.25 (1:05.94)	34.21 (1:40.14)	34.53 (2:14.67)	34.74 (2:49.40)	35.02 (3:24.42)
	35.59 (4:00.01)	35.62 (4:35.62)	34.92 (5:10.54)	35.58 (5:46.12)	35.91 (6:22.02)	36.71 (6:58.73)
	36.78 (7:35.50)	36.33 (8:11.83)	35.56 (8:47.38)			
11	WATSON, Jack		SO East Tenn. St.	8:48.28	2(10)	
	35.78 (35.78)	37.09 (1:12.87)	34.03 (1:46.89)	34.96 (2:21.85)	35.27 (2:57.11)	34.30 (3:31.41)
	34.35 (4:05.76)	35.07 (4:40.83)	35.82 (5:16.64)	36.91 (5:53.55)	34.75 (6:28.29)	35.90 (7:04.19)
	36.35 (7:40.53)	35.10 (8:15.62)	32.67 (8:48.28)			
12	PENA, Evan		FR UNCG	8:49.60	2(11)	
	35.69 (35.69)	36.88 (1:12.56)	34.71 (1:47.27)	34.87 (2:22.13)	35.47 (2:57.59)	34.50 (3:32.09)
	34.28 (4:06.37)	34.91 (4:41.28)	35.27 (5:16.54)	36.99 (5:53.53)	34.23 (6:27.76)	35.41 (7:03.16)
	36.52 (7:39.68)	36.19 (8:15.87)	33.74 (8:49.60)			
13	DUBEN, Ty		SR Citadel	8:50.16	2(12)	
	35.98 (35.98)	37.10 (1:13.08)	34.67 (1:47.75)	34.85 (2:22.60)	35.40 (2:57.99)	34.77 (3:32.75)
	34.74 (4:07.49)	35.10 (4:42.58)	35.60 (5:18.18)	36.07 (5:54.25)	35.78 (6:30.03)	36.04 (7:06.07)
	36.18 (7:42.24)	35.44 (8:17.67)	32.50 (8:50.16)			
14	BURR, Casey		SO Furman	8:55.50	2(13)	
	35.54 (35.54)	37.22 (1:12.76)	34.75 (1:47.50)	34.88 (2:22.38)	35.45 (2:57.82)	34.50 (3:32.31)
	34.32 (4:06.63)	34.88 (4:41.50)	35.36 (5:16.86)	36.93 (5:53.79)	35.16 (6:28.94)	36.13 (7:05.07)
	37.02 (7:42.09)	36.97 (8:19.05)	36.45 (8:55.50)			
15	LIGDAY, Nicholas		FR VMI	8:56.17	1(2)	
	31.98 (31.98)	34.19 (1:06.17)	34.47 (1:40.63)	34.38 (2:15.00)	34.88 (2:49.88)	35.71 (3:25.58)
	36.12 (4:01.70)	36.76 (4:38.45)	36.49 (5:14.94)	37.13 (5:52.07)	37.50 (6:29.56)	37.65 (7:07.21)
	38.40 (7:45.60)	36.37 (8:21.97)	34.21 (8:56.17)			
16	DEGIRMENCI, Demir		SR Wofford	9:39.70	1(3)	
	32.21 (32.21)	34.18 (1:06.38)	34.62 (1:41.00)	35.38 (2:16.37)	36.52 (2:52.89)	38.21 (3:31.10)
	39.57 (4:10.67)	40.29 (4:50.96)	40.64 (5:31.59)	41.25 (6:12.84)	42.01 (6:54.84)	42.09 (7:36.93)
	41.76 (8:18.69)	40.95 (8:59.63)	40.07 (9:39.70)			

## SECTION RESULTS

Pl	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
1	ARCHIE, Carson		JR Wofford	8:47.38
	31.69 (31.69)	34.25 (1:05.94)	34.21 (1:40.14)	34.53 (2:14.67)
	35.59 (4:00.01)	35.62 (4:35.62)	34.92 (5:10.54)	35.58 (5:46.12)
	36.78 (7:35.50)	36.33 (8:11.83)	35.56 (8:47.38)	35.91 (6:22.02)
				36.71 (6:58.73)
2	LIGDAY, Nicholas		FR VMI	8:56.17
	31.98 (31.98)	34.19 (1:06.17)	34.47 (1:40.63)	34.38 (2:15.00)
			34.88 (2:49.88)	35.71 (3:25.58)

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #11 Men's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time			
	36.12 (4:01.70)		36.76 (4:38.45)	36.49 (5:14.94)	37.13 (5:52.07)	37.50 (6:29.56)	37.65 (7:07.21)
	38.40 (7:45.60)		36.37 (8:21.97)	34.21 (8:56.17)			
	32.21 (32.21)		34.18 (1:06.38)	34.62 (1:41.00)	35.38 (2:16.37)	36.52 (2:52.89)	38.21 (3:31.10)
	39.57 (4:10.67)		40.29 (4:50.96)	40.64 (5:31.59)	41.25 (6:12.84)	42.01 (6:54.84)	42.09 (7:36.93)
	41.76 (8:18.69)		40.95 (8:59.63)	40.07 (9:39.70)			
<b>Section 2 of 2</b>							
1	WILLIAMS, Carson		SO Furman				8:22.51
	35.25 (35.25)		36.80 (1:12.05)	34.29 (1:46.34)	35.05 (2:21.39)	35.12 (2:56.50)	34.33 (3:30.83)
	34.20 (4:05.03)		34.59 (4:39.61)	35.94 (5:15.55)	36.74 (5:52.29)	31.47 (6:23.75)	30.63 (6:54.38)
	30.08 (7:24.45)		29.73 (7:54.18)	28.34 (8:22.51)			
2	HAMBLEN, Brayden		SR East Tenn. St.				8:24.08
	34.76 (34.76)		37.30 (1:12.06)	34.51 (1:46.56)	35.01 (2:21.57)	35.12 (2:56.68)	34.33 (3:31.01)
	34.21 (4:05.21)		34.57 (4:39.78)	35.94 (5:15.72)	36.76 (5:52.48)	31.55 (6:24.03)	30.55 (6:54.58)
	30.07 (7:24.65)		29.79 (7:54.43)	29.66 (8:24.08)			
3	BEUCLER, Adam		JR Furman				8:26.09
	35.43 (35.43)		36.92 (1:12.35)	34.45 (1:46.79)	34.98 (2:21.77)	35.16 (2:56.92)	34.32 (3:31.23)
	34.22 (4:05.45)		34.59 (4:40.04)	35.85 (5:15.89)	36.84 (5:52.72)	31.51 (6:24.23)	30.55 (6:54.78)
	30.11 (7:24.88)		29.97 (7:54.85)	31.25 (8:26.09)			
4	GUZMAN, Evan		SO East Tenn. St.				8:27.50
	35.02 (35.02)		36.64 (1:11.66)	34.63 (1:46.29)	35.02 (2:21.31)	35.10 (2:56.40)	34.34 (3:30.74)
	34.12 (4:04.85)		34.56 (4:39.41)	35.89 (5:15.29)	37.07 (5:52.36)	31.52 (6:23.88)	30.76 (6:54.64)
	30.66 (7:25.29)		30.94 (7:56.22)	31.29 (8:27.50)			
5	POWERS, Josh		JR Furman				8:34.75
	34.95 (34.95)		36.93 (1:11.88)	34.65 (1:46.53)	34.99 (2:21.51)	35.12 (2:56.62)	34.32 (3:30.94)
	34.43 (4:05.37)		34.92 (4:40.29)	35.69 (5:15.97)	37.02 (5:52.99)	32.72 (6:25.70)	32.83 (6:58.52)
	33.86 (7:32.38)		32.71 (8:05.09)	29.67 (8:34.75)			
6	GOLDSTEIN, Nicholas		SO Furman				8:35.99
	35.21 (35.21)		37.26 (1:12.46)	34.55 (1:47.01)	34.96 (2:21.96)	35.42 (2:57.38)	34.38 (3:31.75)
	33.88 (4:05.62)		34.76 (4:40.38)	35.75 (5:16.13)	36.83 (5:52.95)	32.37 (6:25.32)	32.02 (6:57.33)
	33.16 (7:30.48)		33.42 (8:03.90)	32.09 (8:35.99)			
7	TAYLOR, Luke		FR Furman				8:37.58
	35.33 (35.33)		36.98 (1:12.31)	34.84 (1:47.15)	34.60 (2:21.74)	35.26 (2:57.00)	34.60 (3:31.60)
	34.26 (4:05.86)		34.85 (4:40.71)	35.52 (5:16.23)	36.92 (5:53.14)	33.46 (6:26.59)	33.96 (7:00.55)
	33.95 (7:34.49)		33.31 (8:07.80)	29.79 (8:37.58)			
8	MITCHELL, Will		SO Western Carolina				8:38.62
	35.58 (35.58)		37.09 (1:12.67)	34.71 (1:47.38)	34.81 (2:22.19)	35.11 (2:57.30)	34.51 (3:31.80)
	34.35 (4:06.15)		34.92 (4:41.06)	35.34 (5:16.39)	36.85 (5:53.24)	33.68 (6:26.91)	33.23 (7:00.14)
	33.65 (7:33.78)		33.33 (8:07.10)	31.52 (8:38.62)			
9	CAMPBELL, Xian		FR East Tenn. St.				8:39.83
	34.53 (34.53)		35.09 (1:09.61)	34.91 (1:44.52)	34.76 (2:19.27)	34.68 (2:53.94)	34.62 (3:28.56)
	35.16 (4:03.71)		35.37 (4:39.08)	36.30 (5:15.37)	37.24 (5:52.61)	33.37 (6:25.98)	33.80 (6:59.77)
	34.22 (7:33.99)		33.56 (8:07.54)	32.29 (8:39.83)			
10	WATSON, Jack		SO East Tenn. St.				8:48.28
	35.78 (35.78)		37.09 (1:12.87)	34.03 (1:46.89)	34.96 (2:21.85)	35.27 (2:57.11)	34.30 (3:31.41)
	34.35 (4:05.76)		35.07 (4:40.83)	35.82 (5:16.64)	36.91 (5:53.55)	34.75 (6:28.29)	35.90 (7:04.19)
	36.35 (7:40.53)		35.10 (8:15.62)	32.67 (8:48.28)			



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #11 Men's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time
11	PENA, Evan	FR	UNCG	8:49.60
	35.69 (35.69)	36.88 (1:12.56)	34.71 (1:47.27)	34.87 (2:22.13)
	35.47 (2:57.59)	34.50 (3:32.09)		
	34.28 (4:06.37)	34.91 (4:41.28)	35.27 (5:16.54)	36.99 (5:53.53)
	34.23 (6:27.76)	35.41 (7:03.16)		
	36.52 (7:39.68)	36.19 (8:15.87)	33.74 (8:49.60)	
12	DUBEN, Ty	SR	Citadel	8:50.16
	35.98 (35.98)	37.10 (1:13.08)	34.67 (1:47.75)	34.85 (2:22.60)
	35.40 (2:57.99)	34.77 (3:32.75)		
	34.74 (4:07.49)	35.10 (4:42.58)	35.60 (5:18.18)	36.07 (5:54.25)
	35.78 (6:30.03)	36.04 (7:06.07)		
	36.18 (7:42.24)	35.44 (8:17.67)	32.50 (8:50.16)	
13	BURR, Casey	SO	Furman	8:55.50
	35.54 (35.54)	37.22 (1:12.76)	34.75 (1:47.50)	34.88 (2:22.38)
	35.45 (2:57.82)	34.50 (3:32.31)		
	34.32 (4:06.63)	34.88 (4:41.50)	35.36 (5:16.86)	36.93 (5:53.79)
	35.16 (6:28.94)	36.13 (7:05.07)		
	37.02 (7:42.09)	36.97 (8:19.05)	36.45 (8:55.50)	

## #20 Women's 4000m DMR

& SoCon 11:31.56 Marvin, Seitz, Matsysik, Graham Furman

6:10 PM (Day 1):

Pl	Team	Time	Pts
1	Furman (A)	& 11:25.60	10
	1) ARMITAGE, Kaylie FR 3:32.426 (3:32.426)	2) MACDEVETTE, Erin SR 4:30.756 (58.330)	
	3) WENNERSTEN, Camryn FR 6:43.526 (2:12.770)	4) MARVIN, Megan SO 11:25.593 (4:42.068)	
2	Samford (A)	11:51.44	8
	1) MCGOWAN, Harper SO 3:39.293 (3:39.293)	2) DRAKE, Ayden SO 4:35.349 (56.056)	
	3) STROZIER, Katie JR 6:46.986 (2:11.638)	4) HOGUE, McKenzie JR 11:51.435 (5:04.450)	
3	East Tenn. St. (A)	12:03.93	6
	1) LORD, Jessica SR 3:36.351 (3:36.351)	2) BURKHART, Hannah SO 4:34.273 (57.923)	
	3) KARSTEN, Julia JR 6:52.807 (2:18.534)	4) HOWARD, Rebekah SO 12:03.922 (5:11.115)	
4	Western Carolina (A)	12:23.42	5
	1) HILLIARD, Caroline SR 3:46.906 (3:46.906)	2) LYSIGHT, Shaneil FR 4:47.252 (1:00.347)	
	3) DUFFIELD, Madelynn SO 7:12.375 (2:25.123)	4) MATTISON, Kate JR 12:23.413 (5:11.039)	
5	Citadel (A)	12:28.41	4
	1) CUNNINGHAM, Emma SR 3:55.866 (3:55.866)	2) MURRAY, Leah JR 4:57.096 (1:01.230)	
	3) SHEA, Gabby JR 7:19.572 (2:22.477)	4) FORTIN, Heidi SR 12:28.403 (5:08.831)	
6	Chattanooga (A)	12:37.08	3
	1) BROWN, Faith SO 3:46.538 (3:46.538)	2) UNTERHOLZNER, Sarah SO 4:48.626 (1:02.089)	
	3) MULICH, Delaney FR 7:24.369 (2:35.743)	4) WHEATCROFT, Maddie FR 12:37.072 (5:12.703)	
7	Wofford (A)	12:38.83	2
	1) GILBERT, Chloe SO 3:54.858 (3:54.858)	2) WORF, Presley FR 4:56.261 (1:01.403)	
	3) SAYRE, Brooke FR 7:25.341 (2:29.080)	4) RIDGEWAY, Mary Claire SO 12:38.827 (5:13.487)	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

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## MEET OFFICIALS

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**Meet Referee:**  
John Weaver  
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Snap Timing



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## RESULTS

### #20 Women's 4000m DMR (cont'd)

6:10 PM (Day 1):

Pl	Team		Time	Pts
8	VMI (A)		13:26.33	1
	1) LAVENDER, Nathalie FR	2) HART, Shea FR		
	3:57.926 (3:57.926)	5:02.540 (1:04.614)		
	3) FIORILLO, Caroline SO	4) SHANK, Gretal SO		
	7:40.675 (2:38.136)	13:26.328 (5:45.653)		

### #19 Men's 4000m DMR

& SoCon 9:47.80

ETSU

6:25 PM (Day 1):

Pl	Team		Time	Pts
1	Furman (A)		9:56.28	10
	1) ROBERTS, Mac JR	2) DILL, Jonah SR		
	3:04.848 (3:04.848)	3:55.839 (50.991)		
	3) EPSTEIN, Nick JR	4) SCHUBERT, Dylan SO		
	5:48.708 (1:52.870)	9:56.272 (4:07.565)		
2	East Tenn. St. (A)		10:02.88	8
	1) MADUWA, Phelani SR	2) OVERLY, Conner FR		
	3:04.503 (3:04.503)	3:55.785 (51.282)		
	3) PARRILLA, Miguel JR	4) STOOTTS, Myles JR		
	5:48.391 (1:52.607)	10:02.879 (4:14.488)		
3	Citadel (A)		10:08.97	6
	1) SHARNAS, Sam SR	2) DUNCAN, Kane SR		
	3:06.557 (3:06.557)	3:55.927 (49.370)		
	3) RICHTER, Aidan SR	4) SMITH, Andrew SR		
	5:50.923 (1:54.997)	10:08.962 (4:18.040)		
4	VMI (A)		10:12.85	5
	1) WHITTAKER, Trent SR	2) EDWARDS, Richard SO		
	3:04.694 (3:04.694)	3:54.664 (49.970)		
	3) HAGERICH, Benjamin FR	4) FIORILLO, Alex SR		
	5:53.624 (1:58.960)	10:12.849 (4:19.225)		
5	Samford (A)		10:17.34	4
	1) JONES, Jeb JR	2) OLIVO, Jackson FR		
	3:08.171 (3:08.171)	3:58.406 (50.235)		
	3) SIEGEL, Harrison JR	4) SCHEFFLER, Caleb SO		
	5:56.933 (1:58.528)	10:17.335 (4:20.402)		
6	Western Carolina (A)		10:32.09	3
	1) STECHER, Henry SO	2) WILLIAMS, Nathan FR		
	3:13.075 (3:13.075)	4:04.757 (51.682)		
	3) DAVIS, John SO	4) ELWELL, Jalen JR		
	6:05.137 (2:00.380)	10:32.085 (4:26.949)		
7	Wofford (A)		11:08.21	2
	1) BERGER, Will FR	2) WITHERSPOON, Grant SO		
	3:23.022 (3:23.022)	4:14.360 (51.339)		
	3) CASEY, Jackson SO	4) BOLINGER, John FR		
	6:22.634 (2:08.274)	11:08.205 (4:45.571)		

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 Snap Timing



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# RESULTS

## #33-5 Men's Indoor Heptathlon 60m Hurdles

& SoCon 7.81 Titus Moore Samford

9:00 AM (Day 2):

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	WRIGHT, Landon	JR Samford	8.32	1(1)	903
2	KIMBERLIN, Ty	SR Samford	8.77	3(1)	797
3	FULFORD, Ethan	FR East Tenn. St.	8.84	2(1)	781
4	WILLIAMSON, Bryce	JR Samford	8.95	2(2)	757
5	BENNETT, Zion	FR Wofford	8.95	3(2)	757
6	HINES, Damian	SO Samford	9.07	1(2)	733
7	LINKO, Kevin	JR VMI	9.25	2(3)	692
8	LATORRE, Sebastian	JR Wofford	9.61	3(3)	617

## SECTION RESULTS

Pl	Name	Yr Team	Time	Pts
<b>Section 1 of 3</b>				
1	WRIGHT, Landon	JR Samford	8.32	903
2	HINES, Damian	SO Samford	9.07	733
<b>Section 2 of 3</b>				
1	FULFORD, Ethan	FR East Tenn. St.	8.84	781
2	WILLIAMSON, Bryce	JR Samford	8.95	757
3	LINKO, Kevin	JR VMI	9.25	692
<b>Section 3 of 3</b>				
1	KIMBERLIN, Ty	SR Samford	8.77	797
2	BENNETT, Zion	FR Wofford	8.95	757
3	LATORRE, Sebastian	JR Wofford	9.61	617

## Men's Indoor Heptathlon After 5 Events

Pl	Athlete	Yr Team	Points
1	KIMBERLIN, Ty	SR Samford	3884
2	WRIGHT, Landon	JR Samford	3705
3	HINES, Damian	SO Samford	3500
4	WILLIAMSON, Bryc	JR Samford	3422
5	FULFORD, Ethan	FR East Tenn. St.	3141
6	LINKO, Kevin	JR VMI	3138
7	BENNETT, Zion	FR Wofford	3099
8	LATORRE, Sebastia	JR Wofford	2864

## #33-6 Men's Indoor Heptathlon Pole Vault

& SoCon 5.45m Michael Seaman Samford

Pl	Name	Yr Team	Mark	3.70	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	Pts
1	KIMBERLIN, Ty	SR Samford	4.50m 14' 9"	PPP	PPP	PPP	XO	XO	O	XO	O	XO	XXX	760
2	WRIGHT, Landon	JR Samford	4.40m 14' 5 <sup>1</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	PPP	O	PPP	O			731
3	FULFORD, Ethan	FR East Tenn. St	4.30m 14' 1 <sup>1</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	XXO	XXO	O	XXX			702
4	LATORRE, Sebastian	JR Wofford	4.20m 13' 9 <sup>1</sup> / <sub>4</sub>	O	PPP	PPP	O	O	O	XXX				673
5	LINKO, Kevin	JR VMI	4.20m 13' 9 <sup>1</sup> / <sub>4</sub>	PPP	O	O	O	XXO	XO	XXX				673
6	HINES, Damian	SO Samford	4.10m 13' 5 <sup>1</sup> / <sub>4</sub>	O	O	O	O	XXO	XXX					645
7	WILLIAMSON, Bryce	JR Samford	3.90m 12' 9 <sup>1</sup> / <sub>2</sub>	O	XO	XO	XXX							590
Pl	Name	Yr Team	Mark	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	Pts

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# RESULTS

## #33-6 Men's Indoor Heptathlon Pole Vault (cont'd)

8	BENNETT, Zion	FR Wofford	3.30m 10' 10"	O	PPP	O	O	O	XO	O	XXX	431
<b>Pl</b>	<b>Name</b>	<b>Yr Team</b>	<b>Mark</b>	<b>2.40</b>	<b>2.50</b>	<b>2.60</b>						<b>Pts</b>
8	BENNETT, Zion	FR Wofford	(cont'd)	O	PPP	O						431

## Men's Indoor Heptathlon After 6 Events

Pl	Athlete	Yr Team	Points
1	KIMBERLIN, Ty	SR Samford	4644
2	WRIGHT, Landon	JR Samford	4436
3	HINES, Damian	SO Samford	4145
4	WILLIAMSON, Bryc	JR Samford	4012
5	FULFORD, Ethan	FR East Tenn. St.	3843
6	LINKO, Kevin	JR VMI	3811
7	LATORRE, Sebastia	JR Wofford	3537
8	BENNETT, Zion	FR Wofford	3530

## #33 Men's Indoor Heptathlon

Pl	Name	Points	60	Long Jump	Shot Put	High Jump	60H	Pole Vault	1000
1	KIMBERLIN, Ty Samford	5442	7.18	7.08m 23' 2 <sup>3</sup> / <sub>4</sub>	13.16m 43' 2 <sup>1</sup> / <sub>4</sub>	1.95m 6' 4 <sup>3</sup> / <sub>4</sub>	8.77	4.50m 14' 9"	2:46.89
	Team Points: 10		819	833	677	758	797	760	798
2	WRIGHT, Landon Samford	5129	7.14	6.64m 21' 9 <sup>1</sup> / <sub>2</sub>	12.11m 39' 8 <sup>3</sup> / <sub>4</sub>	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	8.32	4.40m 14' 5 <sup>1</sup> / <sub>4</sub>	2:57.10
	Team Points: 8		833	729	613	627	903	731	693
3	HINES, Damian Samford	4787	7.34	6.86m 22' 6 <sup>1</sup> / <sub>4</sub>	11.79m 38' 8 <sup>1</sup> / <sub>4</sub>	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	9.07	4.10m 13' 5 <sup>1</sup> / <sub>4</sub>	3:02.28
	Team Points: 6		765	781	594	627	733	645	642
4	WILLIAMSON, Bryc Samford	4663	7.45	6.44m 21' 1 <sup>1</sup> / <sub>2</sub>	11.45m 37' 6 <sup>3</sup> / <sub>4</sub>	1.86m 6' 1 <sup>1</sup> / <sub>4</sub>	8.95	3.90m 12' 9 <sup>1</sup> / <sub>2</sub>	3:01.32
	Team Points: 5		729	684	573	679	757	590	651
5	LINKO, Kevin VMI	4472	7.39	6.11m 20' 0 <sup>1</sup> / <sub>2</sub>	10.82m 35' 6"	1.71m 5' 7 <sup>1</sup> / <sub>4</sub>	9.25	4.20m 13' 9 <sup>1</sup> / <sub>4</sub>	3:00.36
	Team Points: 4		749	610	535	552	692	673	661
6	FULFORD, Ethan East Tenn. St.	4464	7.57	5.75m 18' 10 <sup>1</sup> / <sub>2</sub>	11.24m 36' 10 <sup>1</sup> / <sub>2</sub>	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	8.84	4.30m 14' 1 <sup>1</sup> / <sub>4</sub>	3:04.48
	Team Points: 3		690	533	560	577	781	702	621
7	BENNETT, Zion Wofford	4160	7.17	5.85m 19' 2 <sup>1</sup> / <sub>2</sub>	8.36m 27' 5 <sup>1</sup> / <sub>4</sub>	1.74m 5' 8 <sup>1</sup> / <sub>2</sub>	8.95	3.30m 10' 10"	3:03.56
	Team Points: 2		823	554	388	577	757	431	630
8	LATORRE, Sebastia Wofford	4029	7.68	5.90m 19' 4 <sup>1</sup> / <sub>4</sub>	10.61m 34' 9 <sup>3</sup> / <sub>4</sub>	1.65m 5' 5"	9.61	4.20m 13' 9 <sup>1</sup> / <sub>4</sub>	3:18.84
	Team Points: 1		656	565	522	504	617	673	492

## #33-7 Men's Indoor Heptathlon 1000 Meters

Pl	Name	Yr Team	Time	Pts	
1	KIMBERLIN, Ty 30.59 (30.59)	SR Samford	2:46.89	798	
	33.04 (1:03.62)		34.49 (1:38.11)	35.39 (2:13.49)	33.41 (2:46.89)
2	WRIGHT, Landon	JR Samford	2:57.10	693	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #33-7 Men's Indoor Heptathlon 1000 Meters (cont'd)

Pl	Name	Yr Team					Time	Pts
		31.36 (31.36)	34.62 (1:05.97)	37.10 (1:43.06)	38.91 (2:21.97)	35.14 (2:57.10)		
3	LINKO, Kevin	JR VMI					3:00.36	661
		34.86 (34.86)	36.49 (1:11.34)	39.25 (1:50.59)	39.63 (2:30.22)	30.15 (3:00.36)		
4	WILLIAMSON, Bryce	JR Samford					3:01.32	651
		32.31 (32.31)	35.53 (1:07.84)	38.93 (1:46.76)	40.99 (2:27.75)	33.57 (3:01.32)		
5	HINES, Damian	SO Samford					3:02.28	642
		30.88 (30.88)	34.72 (1:05.60)	38.70 (1:44.29)	42.38 (2:26.67)	35.62 (3:02.28)		
6	BENNETT, Zion	FR Wofford					3:03.56	630
		34.12 (34.12)	37.01 (1:11.12)	39.25 (1:50.37)	39.28 (2:29.65)	33.92 (3:03.56)		
7	FULFORD, Ethan	FR East Tenn. St.					3:04.48	621
		34.58 (34.58)	36.44 (1:11.01)	39.21 (1:50.21)	40.37 (2:30.57)	33.91 (3:04.48)		
8	LATORRE, Sebastian	JR Wofford					3:18.84	492
		34.63 (34.63)	36.93 (1:11.56)	40.10 (1:51.65)	42.18 (2:33.82)	45.02 (3:18.84)		

## Men's Indoor Heptathlon After 7 Events

Pl	Athlete	Yr Team	Points
1	KIMBERLIN, Ty	SR Samford	5442
2	WRIGHT, Landon	JR Samford	5129
3	HINES, Damian	SO Samford	4787
4	WILLIAMSON, Bryc	JR Samford	4663
5	LINKO, Kevin	JR VMI	4472
6	FULFORD, Ethan	FR East Tenn. St.	4464
7	BENNETT, Zion	FR Wofford	4160
8	LATORRE, Sebastia	JR Wofford	4029

## #34 Women's Indoor Pentathlon

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
1	LINARES, Netanya	3795	8.79	1.67m	10.15m	5.70m	2:27.46
	Wofford			5' 5 <sup>3</sup> / <sub>4</sub>	33' 3 <sup>3</sup> / <sub>4</sub>	18' 8 <sup>1</sup> / <sub>2</sub>	
	Team Points: 10		954	818	539	759	725
2	LONG, Erin	3294	9.31	1.64m	10.63m	5.23m	2:49.27
	Samford			5' 4 <sup>1</sup> / <sub>2</sub>	34' 10 <sup>1</sup> / <sub>2</sub>	17' 2"	
	Team Points: 8		846	783	571	623	471
3	PETTYJOHN, Hann	3226	9.57	1.58m	11.54m	4.78m	2:38.61
	Samford			5' 2 <sup>1</sup> / <sub>4</sub>	37' 10 <sup>1</sup> / <sub>2</sub>	15' 8 <sup>1</sup> / <sub>4</sub>	
	Team Points: 6		794	712	631	500	589
4	WALKER, Rashni	3198	8.87	1.37m	10.55m	4.90m	2:30.87
	Samford			4' 6"	34' 7 <sup>1</sup> / <sub>2</sub>	16' 1"	
	Team Points: 5		937	481	566	532	682
5	SCHMIDT, Savanah	3100	10.07	1.55m	11.58m	5.01m	2:44.21
	Samford			5' 1"	38' 0"	16' 5 <sup>1</sup> / <sub>4</sub>	
	Team Points: 4		701	678	633	562	526
6	BAGG, Olivia	3074	9.26	1.43m	10.71m	5.21m	2:48.32
	Wofford			4' 8 <sup>1</sup> / <sub>4</sub>	35' 1 <sup>3</sup> / <sub>4</sub>	17' 1 <sup>1</sup> / <sub>4</sub>	
	Team Points: 3		856	544	576	617	481

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

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 VMI-Corps Physical Training Facility  
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## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #34 Women's Indoor Pentathlon (cont'd)

Pl	Name	Points	60H	High Jump	Shot Put	Long Jump	800
7	VAN DER LINDE, M Wofford	3069	9.28	1.40m 4' 7"	9.29m 30' 5 <sup>3</sup> / <sub>4</sub>	4.72m 15' 6"	2:26.52
	Team Points: 2		852	512	483	485	737
8	HART, Shea VMI	2930	9.46	1.52m 4' 11 <sup>3</sup> / <sub>4</sub>	7.48m 24' 6 <sup>1</sup> / <sub>2</sub>	4.66m 15' 3 <sup>1</sup> / <sub>2</sub>	2:34.70
	Team Points: 1		816	644	366	469	635
9	WORF, Presley Wofford	2793	10.21	1.43m 4' 8 <sup>1</sup> / <sub>4</sub>	9.21m 30' 2 <sup>3</sup> / <sub>4</sub>	4.64m 15' 2 <sup>3</sup> / <sub>4</sub>	2:34.80
			673	544	478	464	634
10	LOWE, Mallory Western Carolina	2494	9.18	1.28m 4' 2 <sup>1</sup> / <sub>4</sub>	8.01m 26' 3 <sup>1</sup> / <sub>2</sub>	4.62m 15' 2"	2:59.12
			873	389	400	459	373
11	STINGEL, Taylor Wofford	1788	11.43	1.19m 3' 10 <sup>3</sup> / <sub>4</sub>	7.68m 25' 2 <sup>1</sup> / <sub>2</sub>	4.17m 13' 8 <sup>1</sup> / <sub>4</sub>	3:08.25
			468	302	379	347	292

## #27 Men's Triple Jump

### TOP 9 TO FINALS

& SoCon 16.11m Warren Posey Appalachian State

### 10:00 AM (Day 2):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	MIDGETT, Keyandre		SO VMI	15.24m 50' 0"	15.20 (+0.0)	15.16 (+0.0)	14.40 (+0.0)	14.65 (+0.0)	15.08 (+0.0)	15.24 (+0.0)	10
2	BROWN, Javon		SO Western Caro	15.08m 49' 5 <sup>3</sup> / <sub>4</sub>	15.08 (+0.0)	14.51 (+0.0)	13.13 (+0.0)	14.66 (+0.0)	14.81 (+0.0)	14.82 (+0.0)	8
3	BROWN, Javell		SO Western Caro	14.90m 48' 10 <sup>3</sup> / <sub>4</sub>	12.99 (+0.0)	FOUL	14.90 (+0.0)	FOUL	FOUL	FOUL	6
4	RAINEY, Edwin		JR Samford	14.67m 48' 1 <sup>3</sup> / <sub>4</sub>	FOUL	14.24 (+0.0)	FOUL	14.45 (+0.0)	14.67 (+0.0)	FOUL	5
5	JONES, Ian		SO Samford	14.62m 47' 11 <sup>3</sup> / <sub>4</sub>	14.39 (+0.0)	FOUL	14.39 (+0.0)	FOUL	14.61 (+0.0)	14.62 (+0.0)	4
6	RODRIGUEZ, Tyler		JR Western Caro	14.04m 46' 0 <sup>3</sup> / <sub>4</sub>	13.36 (+0.0)	FOUL	13.39 (+0.0)	13.41 (+0.0)	FOUL	14.04 (+0.0)	3
7	SHEPPARD, Christopher		JR Wofford	13.48m 44' 2 <sup>3</sup> / <sub>4</sub>	FOUL	13.48 (+0.0)	FOUL	12.77 (+0.0)	FOUL	PASS	2
8	MALE, Charles		SO VMI	13.35m 43' 9 <sup>3</sup> / <sub>4</sub>	FOUL	13.31 (+0.0)	FOUL	13.35 (+0.0)	13.29 (+0.0)	12.88 (+0.0)	1
9	MCENTEE, Evin		SR Furman	12.55m 41' 2 <sup>1</sup> / <sub>4</sub>	FOUL	12.50 (+0.0)	12.55 (+0.0)	FOUL	12.53 (+0.0)	12.07 (+0.0)	
10	WILLIAMS, Nathan		FR Western Caro	12.43m 40' 9 <sup>1</sup> / <sub>2</sub>	11.75 (+0.0)	FOUL	12.43 (+0.0)				
11	SISTARE, Tate		FR Citadel	12.32m 40' 5"	FOUL	FOUL	12.32 (+0.0)				
12	JONES, Robert		SO VMI	12.23m 40' 1 <sup>1</sup> / <sub>2</sub>	FOUL	12.23 (+0.0)	FOUL				
	EVANS, Marcus		SR East Tenn. St	DNS							

## #32 Women's Weight Throw

### TOP 9 TO FINALS

& SoCon 19.54m Chakosha Lance College of Charleston

### 10:30 AM (Day 2):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
1	DAFFIN, Hannah		JR Samford	18.37m 60' 3 <sup>1</sup> / <sub>4</sub>	18.37	FOUL	17.62	FOUL	17.75	FOUL	2(1)	10
2	CORSO, Tatiana		SR Citadel	14.50m 47' 7"	FOUL	13.26	13.46	14.27	14.33	14.50	2(2)	8
3	NOLTE, Emma		JR Samford	14.42m 47' 3 <sup>3</sup> / <sub>4</sub>	13.38	13.97	14.31	14.42	13.98	FOUL	2(3)	6
4	EMMEN, Dani		SO Wofford	14.30m 46' 11"	12.51	13.81	13.77	FOUL	14.30	10.59	1(1)	5
5	MOORE, Anna		JR East Tenn. St	14.16m 46' 5 <sup>1</sup> / <sub>2</sub>	11.48	12.54	14.16	13.86	FOUL	13.69	1(2)	4

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

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## MEET OFFICIALS

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 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



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# RESULTS

## #32 Women's Weight Throw (cont'd)

10:30 AM (Day 2):

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F (Pl)	Pts
6 ROUNDTREE, Toria	FR Western Caro	13.95m 45' 9 <sup>1</sup> / <sub>4</sub>	13.77	12.77	13.36	13.95	FOUL	13.87	2(4)	3
7 KIRKLAND, Jenna	SO VMI	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>	13.18	12.99	13.68	12.63	13.62	13.04	1(3)	2
8 CEJA-PENA, Alyssa	JR East Tenn. St	13.39m 43' 11 <sup>1</sup> / <sub>4</sub>	13.29	13.39	FOUL	FOUL	FOUL	FOUL	2(5)	1
9 GONZALEZ, Judith	FR VMI	13.38m 43' 10 <sup>3</sup> / <sub>4</sub>	13.38	FOUL	13.05	13.18	FOUL	FOUL	2(6)	
10 SAWICKI, Ellie	FR Wofford	13.34m 43' 9 <sup>1</sup> / <sub>4</sub>	13.34	FOUL	FOUL				1(4)	
11 HARRISON, Claire	FR Samford	12.83m 42' 1 <sup>1</sup> / <sub>4</sub>	12.83	11.90	FOUL				2(7)	
12 KUNKLE, Hannah	FR Wofford	12.50m 41' 0 <sup>1</sup> / <sub>4</sub>	12.50	12.16	11.46				1(5)	
13 OWENS, Storm	SO Wofford	10.73m 35' 2 <sup>1</sup> / <sub>2</sub>	10.73	9.85	FOUL				1(6)	
14 ROBERSON, Rachel	SO VMI	10.45m 34' 3 <sup>1</sup> / <sub>2</sub>	9.20	9.21	10.45				1(7)	
15 HARKEY, Deylon	SR Wofford	10.25m 33' 7 <sup>1</sup> / <sub>2</sub>	10.25	10.18	FOUL				1(8)	
ROCKER, Alexis	SO VMI	NM	FOUL	FOUL	FOUL				2	

## FLIGHT RESULTS

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
<b>Flight 1 of 2</b>								
1 EMMEN, Dani	SO Wofford	14.30m 46' 11"	12.51	13.81	13.77	FOUL	14.30	10.59
2 MOORE, Anna	JR East Tenn. St	14.16m 46' 5 <sup>1</sup> / <sub>2</sub>	11.48	12.54	14.16	13.86	FOUL	13.69
3 KIRKLAND, Jenna	SO VMI	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>	13.18	12.99	13.68	12.63	13.62	13.04
4 SAWICKI, Ellie	FR Wofford	13.34m 43' 9 <sup>1</sup> / <sub>4</sub>	13.34	FOUL	FOUL			
5 KUNKLE, Hannah	FR Wofford	12.50m 41' 0 <sup>1</sup> / <sub>4</sub>	12.50	12.16	11.46			
6 OWENS, Storm	SO Wofford	10.73m 35' 2 <sup>1</sup> / <sub>2</sub>	10.73	9.85	FOUL			
7 ROBERSON, Rachel	SO VMI	10.45m 34' 3 <sup>1</sup> / <sub>2</sub>	9.20	9.21	10.45			
8 HARKEY, Deylon	SR Wofford	10.25m 33' 7 <sup>1</sup> / <sub>2</sub>	10.25	10.18	FOUL			
<b>Flight 2 of 2</b>								
1 DAFFIN, Hannah	JR Samford	18.37m 60' 3 <sup>1</sup> / <sub>4</sub>	18.37	FOUL	17.62	FOUL	17.75	FOUL
2 CORSO, Tatiana	SR Citadel	14.50m 47' 7"	FOUL	13.26	13.46	14.27	14.33	14.50
3 NOLTE, Emma	JR Samford	14.42m 47' 3 <sup>3</sup> / <sub>4</sub>	13.38	13.97	14.31	14.42	13.98	FOUL
4 ROUNDTREE, Toria	FR Western Caro	13.95m 45' 9 <sup>1</sup> / <sub>4</sub>	13.77	12.77	13.36	13.95	FOUL	13.87
5 CEJA-PENA, Alyssa	JR East Tenn. St	13.39m 43' 11 <sup>1</sup> / <sub>4</sub>	13.29	13.39	FOUL	FOUL	FOUL	FOUL
6 GONZALEZ, Judith	FR VMI	13.38m 43' 10 <sup>3</sup> / <sub>4</sub>	13.38	FOUL	13.05	13.18	FOUL	FOUL
7 HARRISON, Claire	FR Samford	12.83m 42' 1 <sup>1</sup> / <sub>4</sub>	12.83	11.90	FOUL			
ROCKER, Alexis	SO VMI	NM	FOUL	FOUL	FOUL			

## #10 Women's 1 Mile Run

TOP 3 PER HEAT + NEXT 6 ADVANCE

& SoCon 4:38.23 Karia Nelson Samford

12:10 PM (Day 2):

### Finals

Pl Name	Yr Team	Time	Pts
1 SCHWARZ, Genevieve	SR East Tenn. St.	4:46.22	10
		36.05 (36.05) 35.80 (1:11.85) 35.85 (1:47.70) 36.78 (2:24.47) 37.15 (3:01.61) 37.76 (3:39.36)	
		36.36 (4:15.72) 30.51 (4:46.22)	
2 ARMITAGE, Kaylie	FR Furman	4:47.28	8
		35.39 (35.39) 35.79 (1:11.18) 35.68 (1:46.86) 36.91 (2:23.76) 37.22 (3:00.98) 38.09 (3:39.07)	
		36.36 (4:15.43) 31.86 (4:47.28)	
3 HOGUE, McKenzie	JR Samford	4:50.19	6



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

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## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
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## RESULTS

### #10 Women's 1 Mile Run (cont'd)

12:10 PM (Day 2):

#### Finals

Pl	Name	Yr	Team	Time	Pts		
	35.91 (35.91)	35.71 (1:11.61)	35.87 (1:47.48)	36.81 (2:24.29)	37.15 (3:01.43)	37.77 (3:39.20)	
	37.01 (4:16.20)	33.99 (4:50.19)					
4	WENNERSTEN, Camryn		FR Furman	4:55.39	5		
	35.71 (35.71)	35.88 (1:11.59)	35.84 (1:47.42)	36.79 (2:24.21)	37.24 (3:01.45)	37.94 (3:39.38)	
	37.46 (4:16.84)	38.56 (4:55.39)					
5	KRUGER, Channele		FR East Tenn. St.	4:56.51	4		
	37.30 (37.30)	36.10 (1:13.39)	37.65 (1:51.04)	38.36 (2:29.39)	37.56 (3:06.95)	37.84 (3:44.79)	
	37.48 (4:22.26)	34.25 (4:56.51)					
6	WHEATCROFT, Maddie		FR Chattanooga	4:57.30	3		
	35.72 (35.72)	36.90 (1:12.61)	38.20 (1:50.81)	38.68 (2:29.48)	37.88 (3:07.36)	37.99 (3:45.35)	
	37.32 (4:22.67)	34.63 (4:57.30)					
7	MCGOWAN, Harper		SO Samford	5:03.49	2		
	36.74 (36.74)	36.18 (1:12.92)	38.25 (1:51.17)	38.58 (2:29.74)	38.20 (3:07.94)	38.90 (3:46.83)	
	38.66 (4:25.48)	38.02 (5:03.49)					
8	HOWARD, Rebekah		SO East Tenn. St.	5:04.99	1		
	36.81 (36.81)	36.25 (1:13.05)	38.29 (1:51.34)	38.67 (2:30.00)	39.37 (3:09.37)	39.11 (3:48.47)	
	39.22 (4:27.69)	37.30 (5:04.99)					
9	RIDGEWAY, Mary Claire		SO Wofford	5:10.70			
	37.46 (37.46)	36.99 (1:14.44)	38.53 (1:52.96)	39.86 (2:32.81)	40.39 (3:13.20)	40.94 (3:54.13)	
	40.30 (4:34.43)	36.28 (5:10.70)					
10	BROWN, Faith		SO Chattanooga	5:12.22			
	36.53 (36.53)	36.77 (1:13.30)	38.42 (1:51.72)	39.98 (2:31.69)	41.03 (3:12.72)	41.18 (3:53.89)	
	40.42 (4:34.30)	37.92 (5:12.22)					
11	JONES, Emma		FR Furman	5:14.80			
	37.08 (37.08)	36.56 (1:13.64)	38.37 (1:52.01)	38.68 (2:30.68)	40.26 (3:10.93)	41.02 (3:51.95)	
	41.55 (4:33.50)	41.31 (5:14.80)					
12	BOYD, Leah		FR Chattanooga	5:15.31			
	37.64 (37.64)	36.97 (1:14.60)	38.50 (1:53.10)	40.06 (2:33.15)	40.52 (3:13.67)	41.15 (3:54.81)	
	40.76 (4:35.57)	39.75 (5:15.31)					

### #9 Men's 1 Mile Run

TOP 3 PER HEAT + NEXT 6 ADVANCE

& SoCon 3:59.75 Cameron Ponder Furman

12:25 PM (Day 2):

#### Finals

Pl	Name	Yr	Team	Time	Pts		
1	WILLIAMS, Carson		SO Furman	4:05.67	10		
	30.89 (30.89)	29.08 (59.97)	30.34 (1:30.30)	30.65 (2:00.95)	30.57 (2:31.51)	30.46 (3:01.97)	
	31.58 (3:33.54)	32.13 (4:05.67)					
2	KRAFSUR, Josh		JR East Tenn. St.	4:08.27	8		
	31.63 (31.63)	30.88 (1:02.51)	30.99 (1:33.49)	31.58 (2:05.06)	31.56 (2:36.61)	31.26 (3:07.87)	
	30.37 (3:38.24)	30.04 (4:08.27)					
3	GUZMAN, Evan		SO East Tenn. St.	4:08.92	6		

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
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# RESULTS

## #9 Men's 1 Mile Run (cont'd)

12:25 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	Pts	
	31.19 (31.19)	29.84 (1:01.02)	31.66 (1:32.68)	31.85 (2:04.52)	31.77 (2:36.29)	31.47 (3:07.75)
	30.61 (3:38.36)	30.57 (4:08.92)				
4	STOOTS, Myles		JR East Tenn. St.	4:09.80	5	
	31.97 (31.97)	29.91 (1:01.88)	30.85 (1:32.72)	32.05 (2:04.77)	31.76 (2:36.52)	31.61 (3:08.12)
	31.28 (3:39.40)	30.41 (4:09.80)				
5	AHLMAYER, David		JR Furman	4:09.81	4	
	32.54 (32.54)	29.74 (1:02.27)	30.73 (1:33.00)	32.00 (2:05.00)	31.74 (2:36.73)	31.83 (3:08.55)
	30.76 (3:39.31)	30.50 (4:09.81)				
6	POWERS, Josh		JR Furman	4:12.79	3	
	32.31 (32.31)	30.42 (1:02.72)	31.08 (1:33.80)	31.76 (2:05.55)	32.83 (2:38.38)	32.57 (3:10.95)
	31.82 (3:42.76)	30.03 (4:12.79)				
7	HILLIS, Nathan		FR East Tenn. St.	4:13.55	2	
	32.70 (32.70)	30.82 (1:03.51)	31.07 (1:34.58)	31.92 (2:06.49)	32.76 (2:39.25)	32.58 (3:11.82)
	32.11 (3:43.93)	29.62 (4:13.55)				
8	ROBERTS, Mac		JR Furman	4:14.10	1	
	32.47 (32.47)	30.82 (1:03.29)	31.06 (1:34.34)	31.88 (2:06.22)	32.41 (2:38.62)	32.37 (3:10.98)
	31.23 (3:42.21)	31.89 (4:14.10)				
9	FIORILLO, Alex		SR VMI	4:14.66		
	32.19 (32.19)	30.73 (1:02.91)	31.11 (1:34.02)	31.76 (2:05.77)	32.66 (2:38.43)	32.80 (3:11.23)
	31.61 (3:42.83)	31.83 (4:14.66)				
10	KECK, Colin		SO UNCG	4:21.74		
	32.67 (32.67)	30.84 (1:03.50)	31.84 (1:35.33)	32.96 (2:08.28)	33.61 (2:41.89)	34.44 (3:16.32)
	33.93 (3:50.24)	31.50 (4:21.74)				
11	MARTIN, Matthew		FR Western Carolina	4:23.15		
	32.81 (32.81)	30.93 (1:03.73)	31.79 (1:35.51)	32.52 (2:08.03)	33.67 (2:41.70)	34.38 (3:16.08)
	34.27 (3:50.35)	32.81 (4:23.15)				
12	SMITH, Andrew		SR Citadel	4:31.58		
	32.72 (32.72)	31.00 (1:03.71)	31.22 (1:34.93)	32.39 (2:07.32)	33.57 (2:40.88)	35.16 (3:16.04)
	37.14 (3:53.18)	38.41 (4:31.58)				

## #28 Women's Triple Jump

TOP 9 TO FINALS

& SoCon 13.30m Taniesha Robinson/Ronda White ETSU/Appalachian State

12:30 PM (Day 2):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	BLAKE, Tya		SO East Tenn. St	11.68m 38' 4"			FOUL	11.68		11.43	10
2	CURRIE, Derica		SO Western Caro	11.66m 38' 3 <sup>1</sup> / <sub>4</sub> "		11.47	11.43	11.36	11.20	11.66	8
3	GREENE, Jasmine		FR Western Caro	11.49m 37' 8 <sup>1</sup> / <sub>2</sub> "			11.49		11.25		6
4	JORGENSEN, Rylee		SR Wofford	11.47m 37' 7 <sup>3</sup> / <sub>4</sub> "	10.84	10.84	11.11	10.72	11.01	11.47	5
5	O'NEAL, Erica		SO Western Caro	11.07m 36' 4"	10.71	10.85	10.90	11.07		10.80	4
6	GAMBOA, Grace		JR Samford	10.97m 36' 0"	10.52	10.59	10.74	10.93	10.97	10.66	3
7	MARTIN, Kelsey		SO Samford	10.72m 35' 2"		10.72	10.38		10.68	10.70	2
8	YOUNG, Anaya		FR East Tenn. St	9.98m 32' 9"		9.85	9.98				1
	MCDEVITT, Georgia		SR Wofford	NM			PASS				

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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# RESULTS

## #16 Women's 60m Hurdles

TOP 3 PER HEAT + NEXT 2 ADVANCE

& SoCon 8.29 Demeteria Edgecombe/Kyra Atkins ETSU

12:35 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	Pts
1	JOHNSON, Kerrington	SR	Wofford	8.53	10
2	SHODEINDE, Dami	SO	Western Carolina	8.57	8
3	DABNEY, Amiel	SO	Samford	8.62	6
4	LINARES, Netanya	SR	Wofford	8.72	5
5	BOYD, Imani	SO	Western Carolina	8.75	4
6	ALEXANDER, Riley	JR	Samford	8.86	3
7	COLEMAN, Meg	FR	Samford	9.04	2
8	LYSIGHT, Shaneil	FR	Western Carolina	9.12	1

## #15 Men's 60m Hurdles

TOP 3 PER HEAT + NEXT 2 ADVANCE

& SoCon 7.81 Titus Moore Samford

12:45 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	Pts
1	MOORE, Titus	JR	Samford	7.79	10
2	MIDGETT, Keyandre	SO	VMI	8.18	8
3	MCBRIDE, Liam	SO	VMI	8.20	6
4	WRIGHT, Landon	JR	Samford	8.22	5
5	DILL, Jonah	SR	Furman	8.42	4
6	CAMPBELL, Claude	FR	Samford	8.43	3
7	WITHERSPOON, Grant	SO	Wofford	8.53	2
8	TOPOS, Xander	SO	VMI	8.68	1

## #24 Women's Pole Vault

Progressions: 3.25, 3.40, 3.55, 3.70, 3.85, 4.00, 4.15, 4.30

& SoCon 4.06m Brittany Bishop Samford

12:45 PM (Day 2):

Pl	Name	Yr	Team	Mark	3.25	3.40	3.55	3.70	4.09	Pts
1	BISHOP, Brittany	JR	Samford	3.70m 12' 1 1/2"	PPP	PPP	PPP	XO	XXX	10
2	MCCANN, Kaelyn	JR	Samford	3.55m 11' 7 3/4"	PPP	O	O	XXX		6.33
2	HEHMEYER, Blythe	SR	Citadel	3.55m 11' 7 3/4"	PPP	O	O	XXX		6.33
2	HILL, Taylor	FR	VMI	3.55m 11' 7 3/4"	O	O	O	XXX		6.33
5	HAVENS, Lindsey	FR	Samford	3.55m 11' 7 3/4"	PPP	O	XXO	XXX		4
6	ALEXANDER, Riley	JR	Samford	3.40m 11' 1 3/4"	O	O	XXX			3
7	GALLANT, Sydney	SO	Western Caro	3.40m 11' 1 3/4"	XO	O	XXX			2
8	COOK, Alexis	JR	Samford	3.40m 11' 1 3/4"	PPP	XO	XXX			1
9	PETTYJOHN, Hannah	FR	Samford	3.40m 11' 1 3/4"	O	XXO	XXX			
10	HICKEY, Emily	SR	Citadel	3.25m 10' 8"	XO	XXX				
	ROMERO-BARBA, Diana	SO	East Tenn. St	NH	PPP	PPP	XXX			
	CUTSHALL, Caitlin	JR	East Tenn. St	NH	XXX					

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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## RESULTS

### #2 Women's 60 Meters

#### TOP 3 PER HEAT + NEXT 2 ADVANCE

& SoCon 7.40 Nicole Johnson ETSU

12:55 PM (Day 2):

#### Finals

Pl	Name	Yr	Team	Time	Pts
1	ARMSTRONG, Eleyah		SO VMI	7.56	10
2	JACKSON, Mecca		JR Citadel	7.63	8
3	MCNINCH, Madeline		JR Wofford	7.66	6
4	TENNANT, Ella		FR Wofford	7.71	5
5	LAWRENCE, Zeniyah		SR Citadel	7.72	4
6	COLE, Kaitlyn		JR Samford	7.88	3
7	MCDEVITT, Georgia		SR Wofford	7.93	2
	GREEN, SeMore		FR VMI	FS	

### #31 Men's Weight Throw

#### TOP 9 TO FINALS

& SoCon 21.99m Ben Johnson ETSU

1:00 PM (Day 2):

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	Pts
1	GRANGER, Andrew		SO VMI	16.78m 55' 0 <sup>3</sup> / <sub>4</sub>	FOUL	15.08	15.56	16.78	FOUL	FOUL	10
2	REYNOLDS, Reggie		SR Citadel	16.72m 54' 10 <sup>1</sup> / <sub>4</sub>	15.56	FOUL	FOUL	14.65	14.77	16.72	8
3	BROOKS, Herbert		SR VMI	16.68m 54' 8 <sup>3</sup> / <sub>4</sub>	16.08	16.49	FOUL	16.68	15.68	15.40	6
4	THOMAS, Jacob		FR Western Caro	15.86m 52' 0 <sup>1</sup> / <sub>2</sub>	15.57	15.79	15.04	15.86	15.14	FOUL	5
5	GHOSH, Solomon		SR Citadel	14.43m 47' 4 <sup>1</sup> / <sub>4</sub>	14.39	13.79	13.39	14.36	14.43	14.03	4
6	CENTER, Riley		SO Western Caro	14.33m 47' 0 <sup>1</sup> / <sub>4</sub>	FOUL	14.33	FOUL	FOUL	FOUL	13.86	3
7	GAINER, Marshall		JR Samford	14.02m 46' 0"	14.02	FOUL	FOUL	13.48	13.74	14.02	2
8	BELTON, Jalen		JR Wofford	13.68m 44' 10 <sup>3</sup> / <sub>4</sub>	13.13	12.86	13.68	12.48	13.61	12.81	1
9	GOODSON, Quin		FR Wofford	12.98m 42' 7"	FOUL	12.98	12.95	FOUL	FOUL	11.51	
10	DRAYTON, Tereis		SO Citadel	12.73m 41' 9 <sup>1</sup> / <sub>4</sub>	12.07	12.30	12.73				
11	EDWARDS, Chase		FR Wofford	12.38m 40' 7 <sup>1</sup> / <sub>2</sub>	12.38	12.05	FOUL				
12	DALE, Dominick		FR Western Caro	12.07m 39' 7 <sup>1</sup> / <sub>4</sub>	11.66	12.07	FOUL				
13	WAGNER, Logan		FR East Tenn. St	11.92m 39' 1 <sup>1</sup> / <sub>4</sub>	11.92	11.62	FOUL				

### #1 Men's 60 Meters

#### TOP 2 PER HEAT + NEXT 2 ADVANCE

& SoCon 6.73 Ernest Wiggins Appalachian State

1:05 PM (Day 2):

#### Finals

Pl	Name	Yr	Team	Time	Pts
1	MALCOLM, William		SO Samford	6.84	9
1	CAMPBELL, Cagan		JR Samford	6.84	9
3	BROOKS, Evan		JR Samford	6.85	6
4	HUNT, Dohnavon		FR Western Carolina	6.87	5
5	FISHER, O'Rell		SO Wofford	6.89	4
6	MILES, David		JR Western Carolina	6.91	3
7	WOODARD, Skyler		FR Western Carolina	6.96	2

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



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# RESULTS

## #1 Men's 60 Meters (cont'd)

1:05 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	Pts
8	FLETCHER, Deshawn		FR East Tenn. St.	6.96	1

## #6 Women's 400 Meters

### TOP 8 ADVANCE

& SoCon 54.61 Felisha Garren Western Carolina

1:15 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	JEFFERSON, Jasmine	JR	Wofford	56.16	2(1)	10
2	COLE, Kaitlyn	JR	Samford	56.94	2(2)	8
3	LUEDERS, Grace	FR	Samford	57.14	2(3)	6
4	JENKINS, Nytrinitey	SO	Western Carolina	57.22	1(1)	5
5	ROBINSON, Mekyll	JR	Western Carolina	57.54	1(2)	4
6	CUTLER, Dahlia	SR	Wofford	57.75	1(3)	3
7	HALL, Heaven	FR	VMI	58.41	2(4)	2
8	DRAKE, Ayden	SO	Samford	59.32	1(4)	1

## SECTION RESULTS

### Finals

Pl	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
1	JENKINS, Nytrinitey		SO Western Carolina	57.22
2	ROBINSON, Mekyll		JR Western Carolina	57.54
3	CUTLER, Dahlia		SR Wofford	57.75
4	DRAKE, Ayden		SO Samford	59.32
<b>Section 2 of 2</b>				
1	JEFFERSON, Jasmine	JR	Wofford	56.16
2	COLE, Kaitlyn	JR	Samford	56.94
3	LUEDERS, Grace	FR	Samford	57.14
4	HALL, Heaven	FR	VMI	58.41

## #5 Men's 400 Meters

### TOP 8 ADVANCE

& SoCon 46.97 Brunson Miller The Citadel

1:25 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	HARRIS, Michael	JR	Western Carolina	47.87	2(1)	10
2	BROWN, Nick	SO	VMI	48.25	2(2)	8
3	CAMPBELL, Cagan	JR	Samford	48.54	1(1)	6
4	DUNCAN, Kane	SR	Citadel	49.48	1(2)	5
5	GRIGG, Matthew	JR	Samford	49.55	2(3)	4
6	TOPOS, Xander	SO	VMI	49.95	1(3)	3
7	EDWARDS, Richard	SO	VMI	50.01	2(4)	2

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



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# RESULTS

## #5 Men's 400 Meters (cont'd)

1:25 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	H(Pl)	Pts
8	NEWTON, Treonte		SR Citadel	50.16	1(4)	1

## SECTION RESULTS

### Finals

Pl	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
1	CAMPBELL, Cagan		JR Samford	48.54
2	DUNCAN, Kane		SR Citadel	49.48
3	TOPOS, Xander		SO VMI	49.95
4	NEWTON, Treonte		SR Citadel	50.16
<b>Section 2 of 2</b>				
1	HARRIS, Michael		JR Western Carolina	47.87
2	BROWN, Nick		SO VMI	48.25
3	GRIGG, Matthew		JR Samford	49.55
4	EDWARDS, Richard		SO VMI	50.01

## #8 Women's 800 Meters

TOP 2 PER HEAT + NEXT 4 ADVANCE

& SoCon 2:05.68 Megan Marvin Furman

1:35 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	Pts
1	MARVIN, Megan		SO Furman	2:06.25	10
	30.14 (30.14) 31.01 (1:01.14) 31.10 (1:32.24) 34.02 (2:06.25)				
2	LORD, Jessica		SR East Tenn. St.	2:08.87	8
	30.76 (30.76) 31.96 (1:02.72) 32.29 (1:35.00) 33.88 (2:08.87)				
3	STROZIER, Katie		JR Samford	2:09.64	6
	31.50 (31.50) 31.78 (1:03.28) 32.90 (1:36.18) 33.47 (2:09.64)				
4	SCHWARZ, Genevieve		SR East Tenn. St.	2:13.02	5
	32.38 (32.38) 33.42 (1:05.79) 34.08 (1:39.87) 33.16 (2:13.02)				
5	KARSTEN, Julia		JR East Tenn. St.	2:15.27	4
	32.07 (32.07) 34.07 (1:06.14) 35.12 (1:41.25) 34.02 (2:15.27)				
6	O'QUINN, Reagan		FR UNCG	2:16.73	3
	31.81 (31.81) 32.95 (1:04.75) 34.34 (1:39.08) 37.65 (2:16.73)				
7	SHANK, Gretal		SO VMI	2:18.45	2
	32.59 (32.59) 34.27 (1:06.86) 35.62 (1:42.48) 35.98 (2:18.45)				
8	HARPER, Callie		SO Furman	2:19.08	1
	32.62 (32.62) 33.77 (1:06.39) 35.58 (1:41.96) 37.12 (2:19.08)				

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



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# RESULTS

## #7 Men's 800 Meters

### TOP 2 PER HEAT + NEXT 4 ADVANCE

& SoCon 1:49.77 Jose' Peñalver Samford

1:45 PM (Day 2):

### Finals

PI Name	Yr	Team	Time	Pts
1 MADUWA, Phelani 25.12 (25.12) 26.39 (51.51) 28.13 (1:19.63) 30.49 (1:50.12)		SR East Tenn. St.	1:50.12	10
2 PARRILLA, Miguel 26.04 (26.04) 27.24 (53.27) 29.12 (1:22.38) 28.15 (1:50.52)		JR East Tenn. St.	1:50.52	8
3 WHITTAKER, Trent 27.03 (27.03) 27.20 (54.23) 28.64 (1:22.86) 30.08 (1:52.94)		SR VMI	1:52.94	6
4 KRAFSUR, Josh 28.90 (28.90) 28.38 (57.27) 28.05 (1:25.32) 27.90 (1:53.21)		JR East Tenn. St.	1:53.21	5
5 DAVIS, John 28.71 (28.71) 29.09 (57.80) 28.40 (1:26.19) 27.14 (1:53.33)		SO Western Carolina	1:53.33	4
6 STECHER, Henry 28.28 (28.28) 28.80 (57.08) 28.54 (1:25.61) 27.85 (1:53.46)		SO Western Carolina	1:53.46	3
7 OVERLY, Conner 28.41 (28.41) 29.15 (57.56) 30.31 (1:27.86) 28.81 (1:56.67)		FR East Tenn. St.	1:56.67	2
8 EPSTEIN, Nick 27.78 (27.78) 29.56 (57.33) 31.01 (1:28.34) 30.40 (1:58.74)		JR Furman	1:58.74	1

## #4 Women's 200 Meters

### TOP 8 ADVANCE

& SoCon 23.84 Lamonda Miller Appalachian State

1:55 PM (Day 2):

### Finals

PI Name	Yr	Team	Time	H(PI)	Pts
1 MCNINCH, Madeline		JR Wofford	24.70	2(1)	10
2 JACKSON, Mecca		JR Citadel	24.71	2(2)	8
3 JENKINS, Nytrinitey		SO Western Carolina	24.82	1(1)	6
4 JEFFERSON, Jasmine		JR Wofford	25.01	1(2)	5
5 ROBINSON, Mekyll		JR Western Carolina	25.23	1(3)	4
6 MARTIN, Kelsey		SO Samford	25.29	2(3)	3
7 DABNEY, Amiel		SO Samford	25.87	2(4)	2
8 LAWRENCE, Zeniyah		SR Citadel	26.19	1(4)	1

## SECTION RESULTS

### Finals

PI Name	Yr	Team	Time
<b>Section 1 of 2</b>			
1 JENKINS, Nytrinitey		SO Western Carolina	24.82
2 JEFFERSON, Jasmine		JR Wofford	25.01
3 ROBINSON, Mekyll		JR Western Carolina	25.23
4 LAWRENCE, Zeniyah		SR Citadel	26.19

### Section 2 of 2



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

# RESULTS

## #4 Women's 200 Meters (cont'd)

### Finals

Pl	Name	Yr	Team	Time
1	MCNINCH, Madeline	JR	Wofford	24.70
2	JACKSON, Mecca	JR	Citadel	24.71
3	MARTIN, Kelsey	SO	Samford	25.29
4	DABNEY, Amiel	SO	Samford	25.87

## #3 Men's 200 Meters

### TOP 8 ADVANCE

& SoCon 21.13 Delevantie Brown ETSU

2:05 PM (Day 2):

### Finals

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	CAMPBELL, Cagan	JR	Samford	21.58	2(1)	10
2	HUNT, Dohnavon	FR	Western Carolina	21.60	2(2)	8
3	BROOKS, Evan	JR	Samford	21.64	1(1)	6
4	DALTON, Cameron	SO	Wofford	21.73	1(2)	5
5	MILES, David	JR	Western Carolina	21.88	2(3)	4
6	AYDEN, Teddy	SO	Western Carolina	22.03	1(3)	3
7	STRALEY, Noah	FR	Western Carolina	22.50	2(4)	2
8	HARRIS, Michael	JR	Western Carolina	22.73	1(4)	1

## SECTION RESULTS

### Finals

Pl	Name	Yr	Team	Time
<b>Section 1 of 2</b>				
1	BROOKS, Evan	JR	Samford	21.64
2	DALTON, Cameron	SO	Wofford	21.73
3	AYDEN, Teddy	SO	Western Carolina	22.03
4	HARRIS, Michael	JR	Western Carolina	22.73
<b>Section 2 of 2</b>				
1	CAMPBELL, Cagan	JR	Samford	21.58
2	HUNT, Dohnavon	FR	Western Carolina	21.60
3	MILES, David	JR	Western Carolina	21.88
4	STRALEY, Noah	FR	Western Carolina	22.50

## #14 Women's 5000 Meters

& SoCon 16:22.61 Savannah Carnahan Furman

2:15 PM (Day 2):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	ROBERTSON, Abigail	JR	Furman	16:23.42	2(1)	10
	38.06 (38.06)	40.15 (1:18.20)	39.94 (1:58.13)	38.61 (2:36.73)	38.66 (3:15.39)	38.98 (3:54.36)
	39.09 (4:33.45)	39.10 (5:12.55)	40.01 (5:52.55)	39.60 (6:32.15)	39.72 (7:11.86)	39.48 (7:51.33)
	39.53 (8:30.86)	39.51 (9:10.37)	39.72 (9:50.09)	39.63 (10:29.71)	40.18 (11:09.88)	40.73 (11:50.61)
	40.88 (12:31.48)	40.48 (13:11.96)	39.22 (13:51.17)	39.25 (14:30.41)	38.66 (15:09.07)	38.24 (15:47.30)
	36.12 (16:23.42)					
2	MULHERN, Jenna	FR	Furman	16:36.47	2(2)	8

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

# RESULTS

## #14 Women's 5000 Meters (cont'd)

2:15 PM (Day 2):

Pl	Name	Yr Team				Time	H(Pl)	Pts
	38.31 (38.31)	40.05 (1:18.36)	39.93 (1:58.29)	38.73 (2:37.01)	38.55 (3:15.55)	38.97 (3:54.52)		
	39.16 (4:33.67)	39.10 (5:12.77)	39.50 (5:52.26)	39.62 (6:31.87)	39.70 (7:11.57)	39.50 (7:51.06)		
	39.52 (8:30.58)	39.51 (9:10.08)	39.70 (9:49.78)	39.69 (10:29.46)	40.18 (11:09.63)	40.73 (11:50.36)		
	41.03 (12:31.39)	40.84 (13:12.22)	40.06 (13:52.28)	40.72 (14:33.00)	41.88 (15:14.87)	41.41 (15:56.28)		
	40.20 (16:36.47)							
3	GREEN, Lesley	JR Chattanooga				16:47.30	2(3)	6
	39.83 (39.83)	40.08 (1:19.91)	40.08 (1:59.98)	40.70 (2:40.68)	40.24 (3:20.91)	40.09 (4:00.99)		
	40.77 (4:41.76)	40.64 (5:22.39)	41.41 (6:03.79)	40.73 (6:44.52)	40.35 (7:24.87)	40.22 (8:05.08)		
	40.46 (8:45.54)	40.59 (9:26.12)	40.13 (10:06.24)	40.48 (10:46.72)	40.27 (11:26.99)	40.32 (12:07.30)		
	40.59 (12:47.89)	40.43 (13:28.31)	40.39 (14:08.70)	39.88 (14:48.57)	40.38 (15:28.95)	39.61 (16:08.56)		
	38.75 (16:47.30)							
4	MATTISON, Kate	JR Western Carolina				16:52.09	2(4)	5
	39.06 (39.06)	40.15 (1:19.21)	39.81 (1:59.02)	39.57 (2:38.58)	40.22 (3:18.79)	41.27 (4:00.06)		
	40.90 (4:40.95)	41.27 (5:22.22)	41.44 (6:03.65)	41.05 (6:44.69)	40.41 (7:25.10)	40.25 (8:05.34)		
	40.48 (8:45.82)	40.68 (9:26.49)	40.44 (10:06.93)	40.72 (10:47.65)	41.08 (11:28.72)	41.08 (12:09.80)		
	41.09 (12:50.89)	40.98 (13:31.86)	41.12 (14:12.98)	40.93 (14:53.90)	41.00 (15:34.90)	40.04 (16:14.93)		
	37.17 (16:52.09)							
5	BOWER, Sierra	SO Furman				17:02.87	2(5)	4
	39.28 (39.28)	40.21 (1:19.48)	40.05 (1:59.53)	40.47 (2:40.00)	40.28 (3:20.28)	40.07 (4:00.34)		
	40.93 (4:41.27)	41.21 (5:22.48)	41.57 (6:04.05)	40.83 (6:44.87)	40.21 (7:25.07)	40.55 (8:05.62)		
	40.34 (8:45.96)	40.94 (9:26.89)	41.05 (10:07.93)	41.76 (10:49.68)	42.25 (11:31.93)	42.31 (12:14.23)		
	41.80 (12:56.03)	42.18 (13:38.21)	42.60 (14:20.81)	43.07 (15:03.87)	41.95 (15:45.81)	40.05 (16:25.86)		
	37.01 (17:02.87)							
6	WILKES, Carly	FR Furman				17:04.22	2(6)	3
	39.90 (39.90)	40.31 (1:20.21)	40.25 (2:00.46)	40.40 (2:40.85)	40.45 (3:21.30)	39.90 (4:01.20)		
	40.65 (4:41.84)	41.06 (5:22.90)	41.52 (6:04.42)	40.87 (6:45.29)	40.26 (7:25.54)	40.40 (8:05.93)		
	40.50 (8:46.43)	40.93 (9:27.35)	41.53 (10:08.88)	42.67 (10:51.54)	42.80 (11:34.34)	41.29 (12:15.62)		
	41.23 (12:56.85)	41.67 (13:38.51)	42.40 (14:20.91)	42.50 (15:03.41)	41.64 (15:45.05)	41.23 (16:26.28)		
	37.95 (17:04.22)							
7	SNYDER, Kiera	SO East Tenn. St.				17:06.28	2(7)	2
	38.58 (38.58)	40.04 (1:18.62)	39.99 (1:58.61)	39.20 (2:37.80)	40.90 (3:18.70)	41.44 (4:00.14)		
	40.94 (4:41.08)	41.25 (5:22.32)	41.59 (6:03.90)	40.89 (6:44.79)	40.69 (7:25.48)	40.98 (8:06.45)		
	41.35 (8:47.80)	40.59 (9:28.38)	42.82 (10:11.20)	42.94 (10:54.13)	42.89 (11:37.01)	42.18 (12:19.19)		
	41.79 (13:00.97)	42.07 (13:43.04)	42.93 (14:25.96)	41.45 (15:07.40)	41.71 (15:49.11)	40.11 (16:29.22)		
	37.06 (17:06.28)							
8	RUSSUM, Emma	SO Chattanooga				17:27.47	2(8)	1
	40.63 (40.63)	40.62 (1:21.24)	40.99 (2:02.22)	41.22 (2:43.44)	40.56 (3:23.99)	41.31 (4:05.30)		
	42.08 (4:47.37)	42.56 (5:29.93)	42.93 (6:12.85)	43.17 (6:56.02)	43.73 (7:39.74)	43.35 (8:23.08)		
	41.56 (9:04.64)	41.69 (9:46.32)	42.04 (10:28.36)	42.50 (11:10.86)	41.81 (11:52.66)	42.09 (12:34.74)		
	42.11 (13:16.85)	42.42 (13:59.27)	42.77 (14:42.03)	43.41 (15:25.44)	42.74 (16:08.18)	41.11 (16:49.28)		
	38.19 (17:27.47)							
9	LITTLE, Emily	SO Furman				17:30.60	2(9)	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
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Weather: Warm  
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2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
printed: 2/26/2023 4:03 PM

## RESULTS

### #14 Women's 5000 Meters (cont'd)

2:15 PM (Day 2):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
	39.61 (39.61)	40.00 (1:19.61)	40.14 (1:59.75)	40.71 (2:40.46)	40.30 (3:20.75)	39.97 (4:00.71)
	40.78 (4:41.49)	41.20 (5:22.68)	41.50 (6:04.18)	40.82 (6:45.00)	40.27 (7:25.27)	40.49 (8:05.75)
	40.36 (8:46.11)	41.03 (9:27.13)	41.45 (10:08.58)	42.82 (10:51.40)	43.24 (11:34.64)	43.87 (12:18.50)
	44.57 (13:03.07)	44.99 (13:48.06)	45.15 (14:33.20)	45.09 (15:18.29)	45.54 (16:03.83)	44.98 (16:48.80)
	41.80 (17:30.60)					
10	MATYSIK, Nicole		JR Furman	17:35.02	2(10)	
	40.36 (40.36)	40.77 (1:21.12)	39.58 (2:00.70)	40.39 (2:41.09)	40.43 (3:21.52)	39.95 (4:01.46)
	40.48 (4:41.94)	40.88 (5:22.81)	41.65 (6:04.46)	40.83 (6:45.28)	40.67 (7:25.94)	40.80 (8:06.73)
	41.37 (8:48.09)	41.94 (9:30.02)	42.94 (10:12.96)	43.51 (10:56.47)	43.98 (11:40.44)	43.79 (12:24.23)
	45.02 (13:09.25)	44.41 (13:53.65)	44.48 (14:38.13)	45.62 (15:23.74)	44.09 (16:07.83)	44.13 (16:51.95)
	43.07 (17:35.02)					
11	FORTIN, Heidi		SR Citadel	17:36.25	2(11)	
	40.08 (40.08)	40.41 (1:20.49)	40.46 (2:00.95)	40.39 (2:41.33)	40.48 (3:21.81)	40.04 (4:01.84)
	40.44 (4:42.27)	41.14 (5:23.41)	41.77 (6:05.17)	41.63 (6:46.80)	42.17 (7:28.96)	42.87 (8:11.83)
	43.34 (8:55.17)	43.71 (9:38.87)	44.03 (10:22.90)	44.23 (11:07.12)	44.37 (11:51.49)	43.62 (12:35.10)
	43.14 (13:18.24)	44.22 (14:02.46)	43.95 (14:46.40)	44.04 (15:30.44)	43.89 (16:14.32)	42.75 (16:57.07)
	39.18 (17:36.25)					
12	HOOTS, Gabbie		FR Samford	17:45.75	2(12)	
	39.33 (39.33)	40.06 (1:19.38)	40.24 (1:59.61)	40.67 (2:40.28)	40.30 (3:20.57)	40.00 (4:00.57)
	40.82 (4:41.38)	41.23 (5:22.60)	41.59 (6:04.19)	40.77 (6:44.96)	40.76 (7:25.72)	40.86 (8:06.58)
	41.87 (8:48.44)	42.46 (9:30.90)	42.93 (10:13.82)	43.74 (10:57.55)	45.79 (11:43.34)	44.69 (12:28.02)
	46.13 (13:14.15)	44.86 (13:59.01)	45.17 (14:44.17)	46.00 (15:30.17)	45.93 (16:16.10)	45.80 (17:01.89)
	43.87 (17:45.75)					
13	ATKINS, Alexis		JR Wofford	18:03.92	2(13)	
	40.54 (40.54)	40.87 (1:21.40)	41.16 (2:02.56)	41.19 (2:43.75)	41.09 (3:24.84)	41.74 (4:06.57)
	42.31 (4:48.88)	42.59 (5:31.47)	43.43 (6:14.90)	43.56 (6:58.45)	43.41 (7:41.85)	43.56 (8:25.40)
	43.95 (9:09.35)	44.23 (9:53.58)	44.54 (10:38.11)	44.55 (11:22.65)	44.68 (12:07.33)	45.10 (12:52.43)
	45.55 (13:37.97)	44.81 (14:22.78)	45.29 (15:08.06)	45.38 (15:53.44)	45.08 (16:38.51)	44.81 (17:23.32)
	40.61 (18:03.92)					
14	FOOTE, Julia		SO East Tenn. St.	18:13.48	2(14)	
	40.25 (40.25)	40.70 (1:20.94)	41.02 (2:01.96)	41.21 (2:43.16)	40.59 (3:23.74)	41.27 (4:05.01)
	42.07 (4:47.07)	42.60 (5:29.67)	42.93 (6:12.60)	43.15 (6:55.75)	43.74 (7:39.48)	44.15 (8:23.63)
	44.44 (9:08.07)	44.48 (9:52.55)	44.29 (10:36.83)	44.87 (11:21.70)	45.24 (12:06.94)	45.23 (12:52.16)
	45.55 (13:37.71)	45.95 (14:23.65)	46.53 (15:10.18)	46.42 (15:56.60)	46.31 (16:42.90)	46.49 (17:29.39)
	44.09 (18:13.48)					
15	HOWARD, Rebekah		SO East Tenn. St.	18:26.68	2(15)	
	38.95 (38.95)	40.15 (1:19.09)	40.36 (1:59.45)	40.81 (2:40.25)	40.74 (3:20.99)	40.42 (4:01.41)
	41.38 (4:42.78)	41.31 (5:24.08)	42.39 (6:06.47)	42.98 (6:49.44)	45.65 (7:35.09)	45.04 (8:20.12)
	45.50 (9:05.62)	45.82 (9:51.43)	45.97 (10:37.40)	46.40 (11:23.79)	47.71 (12:11.50)	46.55 (12:58.04)
	46.07 (13:44.11)	48.09 (14:32.20)	47.82 (15:20.01)	48.25 (16:08.26)	48.09 (16:56.35)	45.92 (17:42.26)
	44.42 (18:26.68)					
16	FOWLER, Ava		SO Wofford	18:39.47	1(1)	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
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## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

## RESULTS

### #14 Women's 5000 Meters (cont'd)

2:15 PM (Day 2):

Pl	Name		Yr	Team	Time	H(Pl)	Pts
	42.44 (42.44)	43.32 (1:25.75)	43.67 (2:09.41)	43.57 (2:52.98)	43.40 (3:36.37)	44.06 (4:20.42)	
	44.48 (5:04.90)	45.10 (5:50.00)	45.04 (6:35.03)	45.21 (7:20.24)	43.75 (8:03.98)	43.78 (8:47.76)	
	44.15 (9:31.91)	44.93 (10:16.84)	45.20 (11:02.03)	45.98 (11:48.00)	46.20 (12:34.19)	45.71 (13:19.90)	
	46.21 (14:06.11)	46.38 (14:52.48)	46.24 (15:38.72)	46.44 (16:25.15)	46.21 (17:11.36)	45.03 (17:56.39)	
	43.08 (18:39.47)						
17	HILLIARD, Caroline			SR Western Carolina	18:41.40	2(16)	
	40.09 (40.09)	40.76 (1:20.85)	40.68 (2:01.52)	41.07 (2:42.59)	42.00 (3:24.59)	42.27 (4:06.86)	
	42.84 (4:49.69)	43.34 (5:33.03)	43.93 (6:16.95)	44.93 (7:01.87)	44.66 (7:46.53)	45.30 (8:31.82)	
	46.58 (9:18.40)	46.77 (10:05.16)	46.48 (10:51.64)	46.63 (11:38.26)	47.13 (12:25.39)	46.78 (13:12.16)	
	47.04 (13:59.19)	48.06 (14:47.25)	48.43 (15:35.67)	47.42 (16:23.08)	48.54 (17:11.61)	46.32 (17:57.93)	
	43.47 (18:41.40)						
18	DUFFIELD, Madelynn			SO Western Carolina	18:45.15	1(2)	
	43.42 (43.42)	42.94 (1:26.36)	43.65 (2:10.01)	43.58 (2:53.59)	43.44 (3:37.02)	44.00 (4:21.02)	
	44.47 (5:05.48)	45.12 (5:50.59)	44.76 (6:35.35)	45.06 (7:20.40)	44.24 (8:04.64)	44.96 (8:49.60)	
	45.45 (9:35.05)	46.66 (10:21.70)	46.58 (11:08.28)	46.13 (11:54.41)	47.37 (12:41.77)	46.38 (13:28.15)	
	47.33 (14:15.47)	47.20 (15:02.67)	47.23 (15:49.89)	47.41 (16:37.29)	47.36 (17:24.65)	43.29 (18:07.93)	
	37.22 (18:45.15)						
19	CALDWELL, Alesea			SO Western Carolina	18:51.62	1(3)	
	42.19 (42.19)	43.25 (1:25.44)	43.68 (2:09.12)	43.55 (2:52.67)	43.43 (3:36.10)	44.03 (4:20.12)	
	44.50 (5:04.61)	45.06 (5:49.67)	45.12 (6:34.78)	45.17 (7:19.95)	44.47 (8:04.41)	44.85 (8:49.25)	
	45.45 (9:34.70)	46.65 (10:21.35)	46.21 (11:07.55)	45.74 (11:53.28)	46.41 (12:39.69)	47.25 (13:26.94)	
	47.92 (14:14.85)	47.48 (15:02.32)	47.27 (15:49.59)	47.47 (16:37.06)	47.28 (17:24.33)	46.09 (18:10.42)	
	41.21 (18:51.62)						
20	MCKINNEY, Riley			FR Western Carolina	18:53.12	1(4)	
	42.98 (42.98)	43.09 (1:26.06)	43.64 (2:09.70)	43.59 (2:53.28)	43.41 (3:36.69)	44.02 (4:20.70)	
	44.50 (5:05.19)	45.10 (5:50.29)	44.90 (6:35.18)	44.88 (7:20.05)	44.22 (8:04.27)	44.59 (8:48.86)	
	45.57 (9:34.42)	46.87 (10:21.28)	46.67 (11:07.95)	46.02 (11:53.97)	47.48 (12:41.45)	47.03 (13:28.47)	
	47.32 (14:15.78)	46.63 (15:02.41)	46.87 (15:49.28)	47.74 (16:37.01)	47.50 (17:24.50)	45.78 (18:10.28)	
	42.85 (18:53.12)						
21	DABNEY, Michaela			FR Chattanooga	19:17.36	1(5)	
	44.40 (44.40)	45.00 (1:29.40)	46.31 (2:15.71)	45.84 (3:01.54)	46.01 (3:47.54)	46.90 (4:34.44)	
	46.92 (5:21.36)	46.73 (6:08.08)	46.71 (6:54.78)	46.45 (7:41.23)	45.70 (8:26.92)	46.59 (9:13.51)	
	46.27 (9:59.77)	45.93 (10:45.70)	46.64 (11:32.33)	46.75 (12:19.07)	46.41 (13:05.47)	46.69 (13:52.16)	
	46.90 (14:39.05)	47.12 (15:26.17)	46.79 (16:12.96)	46.56 (16:59.51)	46.67 (17:46.17)	47.43 (18:33.59)	
	43.77 (19:17.36)						
22	TOWNSELL, Karli			FR East Tenn. St.	19:32.20	1(6)	
	43.24 (43.24)	43.80 (1:27.03)	45.12 (2:12.14)	44.38 (2:56.52)	45.05 (3:41.56)	45.51 (4:27.07)	
	46.00 (5:13.07)	45.89 (5:58.95)	46.12 (6:45.07)	45.79 (7:30.86)	46.59 (8:17.44)	46.91 (9:04.35)	
	46.81 (9:51.15)	47.09 (10:38.24)	47.53 (11:25.76)	48.00 (12:13.75)	48.15 (13:01.90)	48.50 (13:50.40)	
	48.96 (14:39.35)	48.33 (15:27.68)	48.99 (16:16.66)	49.66 (17:06.31)	50.29 (17:56.60)	49.00 (18:45.60)	
	46.61 (19:32.20)						
23	POTTER, Allie			SO Chattanooga	20:38.18	1(7)	

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

# RESULTS

## #14 Women's 5000 Meters (cont'd)

2:15 PM (Day 2):

Pl	Name	Yr	Team	Time	H(Pl)	Pts
	45.00 (45.00)	45.83 (1:30.83)	47.07 (2:17.90)	47.26 (3:05.16)	47.93 (3:53.08)	47.48 (4:40.56)
	47.38 (5:27.93)	48.97 (6:16.90)	49.95 (7:06.84)	49.67 (7:56.51)	50.91 (8:47.41)	50.01 (9:37.41)
	51.82 (10:29.23)	51.92 (11:21.15)	51.30 (12:12.45)	52.69 (13:05.13)	51.30 (13:56.42)	52.46 (14:48.88)
	52.06 (15:40.93)	51.98 (16:32.91)	50.58 (17:23.49)	48.71 (18:12.19)	47.95 (19:00.14)	45.38 (19:45.51)
	52.67 (20:38.18)					
24	FIORILLO, Caroline		SO VMI	21:15.66		1(8)
	44.80 (44.80)	45.78 (1:30.57)	47.07 (2:17.64)	47.22 (3:04.85)	47.97 (3:52.82)	48.22 (4:41.03)
	48.28 (5:29.31)	50.48 (6:19.79)	50.69 (7:10.48)	52.71 (8:03.19)	52.41 (8:55.59)	52.85 (9:48.44)
	52.05 (10:40.49)	53.50 (11:33.99)	54.68 (12:28.66)	52.81 (13:21.46)	55.99 (14:17.45)	54.01 (15:11.45)
	53.27 (16:04.72)	54.34 (16:59.06)	52.04 (17:51.09)	51.19 (18:42.27)	56.68 (19:38.95)	50.09 (20:29.03)
	46.64 (21:15.66)					
	HOGUE, McKenzie		JR Samford	DNS		2
	KRUGER, Chanelle		FR East Tenn. St.	DNS		2

## SECTION RESULTS

Pl	Name	Yr	Team	Time		
<b>Section 1 of 2</b>						
1	FOWLER, Ava		SO Wofford	18:39.47		
	42.44 (42.44)	43.32 (1:25.75)	43.67 (2:09.41)	43.57 (2:52.98)	43.40 (3:36.37)	44.06 (4:20.42)
	44.48 (5:04.90)	45.10 (5:50.00)	45.04 (6:35.03)	45.21 (7:20.24)	43.75 (8:03.98)	43.78 (8:47.76)
	44.15 (9:31.91)	44.93 (10:16.84)	45.20 (11:02.03)	45.98 (11:48.00)	46.20 (12:34.19)	45.71 (13:19.90)
	46.21 (14:06.11)	46.38 (14:52.48)	46.24 (15:38.72)	46.44 (16:25.15)	46.21 (17:11.36)	45.03 (17:56.39)
	43.08 (18:39.47)					
2	DUFFIELD, Madelynn		SO Western Carolina	18:45.15		
	43.42 (43.42)	42.94 (1:26.36)	43.65 (2:10.01)	43.58 (2:53.59)	43.44 (3:37.02)	44.00 (4:21.02)
	44.47 (5:05.48)	45.12 (5:50.59)	44.76 (6:35.35)	45.06 (7:20.40)	44.24 (8:04.64)	44.96 (8:49.60)
	45.45 (9:35.05)	46.66 (10:21.70)	46.58 (11:08.28)	46.13 (11:54.41)	47.37 (12:41.77)	46.38 (13:28.15)
	47.33 (14:15.47)	47.20 (15:02.67)	47.23 (15:49.89)	47.41 (16:37.29)	47.36 (17:24.65)	43.29 (18:07.93)
	37.22 (18:45.15)					
3	CALDWELL, Alesea		SO Western Carolina	18:51.62		
	42.19 (42.19)	43.25 (1:25.44)	43.68 (2:09.12)	43.55 (2:52.67)	43.43 (3:36.10)	44.03 (4:20.12)
	44.50 (5:04.61)	45.06 (5:49.67)	45.12 (6:34.78)	45.17 (7:19.95)	44.47 (8:04.41)	44.85 (8:49.25)
	45.45 (9:34.70)	46.65 (10:21.35)	46.21 (11:07.55)	45.74 (11:53.28)	46.41 (12:39.69)	47.25 (13:26.94)
	47.92 (14:14.85)	47.48 (15:02.32)	47.27 (15:49.59)	47.47 (16:37.06)	47.28 (17:24.33)	46.09 (18:10.42)
	41.21 (18:51.62)					
4	MCKINNEY, Riley		FR Western Carolina	18:53.12		
	42.98 (42.98)	43.09 (1:26.06)	43.64 (2:09.70)	43.59 (2:53.28)	43.41 (3:36.69)	44.02 (4:20.70)
	44.50 (5:05.19)	45.10 (5:50.29)	44.90 (6:35.18)	44.88 (7:20.05)	44.22 (8:04.27)	44.59 (8:48.86)
	45.57 (9:34.42)	46.87 (10:21.28)	46.67 (11:07.95)	46.02 (11:53.97)	47.48 (12:41.45)	47.03 (13:28.47)
	47.32 (14:15.78)	46.63 (15:02.41)	46.87 (15:49.28)	47.74 (16:37.01)	47.50 (17:24.50)	45.78 (18:10.28)
	42.85 (18:53.12)					
5	DABNEY, Michaela		FR Chattanooga	19:17.36		
	44.40 (44.40)	45.00 (1:29.40)	46.31 (2:15.71)	45.84 (3:01.54)	46.01 (3:47.54)	46.90 (4:34.44)
	46.92 (5:21.36)	46.73 (6:08.08)	46.71 (6:54.78)	46.45 (7:41.23)	45.70 (8:26.92)	46.59 (9:13.51)
	46.27 (9:59.77)	45.93 (10:45.70)	46.64 (11:32.33)	46.75 (12:19.07)	46.41 (13:05.47)	46.69 (13:52.16)

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

**RESULTS****#14 Women's 5000 Meters (cont'd)**

Pl	Name	Yr	Team	Time		
	46.90 (14:39.05)	47.12 (15:26.17)	46.79 (16:12.96)	46.56 (16:59.51)	46.67 (17:46.17)	47.43 (18:33.59)
	43.77 (19:17.36)					
	43.24 (43.24)	43.80 (1:27.03)	45.12 (2:12.14)	44.38 (2:56.52)	45.05 (3:41.56)	45.51 (4:27.07)
	46.00 (5:13.07)	45.89 (5:58.95)	46.12 (6:45.07)	45.79 (7:30.86)	46.59 (8:17.44)	46.91 (9:04.35)
	46.81 (9:51.15)	47.09 (10:38.24)	47.53 (11:25.76)	48.00 (12:13.75)	48.15 (13:01.90)	48.50 (13:50.40)
	48.96 (14:39.35)	48.33 (15:27.68)	48.99 (16:16.66)	49.66 (17:06.31)	50.29 (17:56.60)	49.00 (18:45.60)
	46.61 (19:32.20)					
7	POTTER, Allie		SO Chattanooga			20:38.18
	45.00 (45.00)	45.83 (1:30.83)	47.07 (2:17.90)	47.26 (3:05.16)	47.93 (3:53.08)	47.48 (4:40.56)
	47.38 (5:27.93)	48.97 (6:16.90)	49.95 (7:06.84)	49.67 (7:56.51)	50.91 (8:47.41)	50.01 (9:37.41)
	51.82 (10:29.23)	51.92 (11:21.15)	51.30 (12:12.45)	52.69 (13:05.13)	51.30 (13:56.42)	52.46 (14:48.88)
	52.06 (15:40.93)	51.98 (16:32.91)	50.58 (17:23.49)	48.71 (18:12.19)	47.95 (19:00.14)	45.38 (19:45.51)
	52.67 (20:38.18)					
8	FIORILLO, Caroline		SO VMI			21:15.66
	44.80 (44.80)	45.78 (1:30.57)	47.07 (2:17.64)	47.22 (3:04.85)	47.97 (3:52.82)	48.22 (4:41.03)
	48.28 (5:29.31)	50.48 (6:19.79)	50.69 (7:10.48)	52.71 (8:03.19)	52.41 (8:55.59)	52.85 (9:48.44)
	52.05 (10:40.49)	53.50 (11:33.99)	54.68 (12:28.66)	52.81 (13:21.46)	55.99 (14:17.45)	54.01 (15:11.45)
	53.27 (16:04.72)	54.34 (16:59.06)	52.04 (17:51.09)	51.19 (18:42.27)	56.68 (19:38.95)	50.09 (20:29.03)
	46.64 (21:15.66)					
<b>Section 2 of 2</b>						
1	ROBERTSON, Abigail		JR Furman			16:23.42
	38.06 (38.06)	40.15 (1:18.20)	39.94 (1:58.13)	38.61 (2:36.73)	38.66 (3:15.39)	38.98 (3:54.36)
	39.09 (4:33.45)	39.10 (5:12.55)	40.01 (5:52.55)	39.60 (6:32.15)	39.72 (7:11.86)	39.48 (7:51.33)
	39.53 (8:30.86)	39.51 (9:10.37)	39.72 (9:50.09)	39.63 (10:29.71)	40.18 (11:09.88)	40.73 (11:50.61)
	40.88 (12:31.48)	40.48 (13:11.96)	39.22 (13:51.17)	39.25 (14:30.41)	38.66 (15:09.07)	38.24 (15:47.30)
	36.12 (16:23.42)					
2	MULHERN, Jenna		FR Furman			16:36.47
	38.31 (38.31)	40.05 (1:18.36)	39.93 (1:58.29)	38.73 (2:37.01)	38.55 (3:15.55)	38.97 (3:54.52)
	39.16 (4:33.67)	39.10 (5:12.77)	39.50 (5:52.26)	39.62 (6:31.87)	39.70 (7:11.57)	39.50 (7:51.06)
	39.52 (8:30.58)	39.51 (9:10.08)	39.70 (9:49.78)	39.69 (10:29.46)	40.18 (11:09.63)	40.73 (11:50.36)
	41.03 (12:31.39)	40.84 (13:12.22)	40.06 (13:52.28)	40.72 (14:33.00)	41.88 (15:14.87)	41.41 (15:56.28)
	40.20 (16:36.47)					
3	GREEN, Lesley		JR Chattanooga			16:47.30
	39.83 (39.83)	40.08 (1:19.91)	40.08 (1:59.98)	40.70 (2:40.68)	40.24 (3:20.91)	40.09 (4:00.99)
	40.77 (4:41.76)	40.64 (5:22.39)	41.41 (6:03.79)	40.73 (6:44.52)	40.35 (7:24.87)	40.22 (8:05.08)
	40.46 (8:45.54)	40.59 (9:26.12)	40.13 (10:06.24)	40.48 (10:46.72)	40.27 (11:26.99)	40.32 (12:07.30)
	40.59 (12:47.89)	40.43 (13:28.31)	40.39 (14:08.70)	39.88 (14:48.57)	40.38 (15:28.95)	39.61 (16:08.56)
	38.75 (16:47.30)					
4	MATTISON, Kate		JR Western Carolina			16:52.09
	39.06 (39.06)	40.15 (1:19.21)	39.81 (1:59.02)	39.57 (2:38.58)	40.22 (3:18.79)	41.27 (4:00.06)
	40.90 (4:40.95)	41.27 (5:22.22)	41.44 (6:03.65)	41.05 (6:44.69)	40.41 (7:25.10)	40.25 (8:05.34)
	40.48 (8:45.82)	40.68 (9:26.49)	40.44 (10:06.93)	40.72 (10:47.65)	41.08 (11:28.72)	41.08 (12:09.80)
	41.09 (12:50.89)	40.98 (13:31.86)	41.12 (14:12.98)	40.93 (14:53.90)	41.00 (15:34.90)	40.04 (16:14.93)
	37.17 (16:52.09)					
5	BOWER, Sierra		SO Furman			17:02.87
	39.28 (39.28)	40.21 (1:19.48)	40.05 (1:59.53)	40.47 (2:40.00)	40.28 (3:20.28)	40.07 (4:00.34)

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
printed: 2/26/2023 4:03 PM

## RESULTS

### #14 Women's 5000 Meters (cont'd)

Pl	Name	Yr	Team	Time		
	40.93 (4:41.27)	41.21 (5:22.48)	41.57 (6:04.05)	40.83 (6:44.87)	40.21 (7:25.07)	40.55 (8:05.62)
	40.34 (8:45.96)	40.94 (9:26.89)	41.05 (10:07.93)	41.76 (10:49.68)	42.25 (11:31.93)	42.31 (12:14.23)
	41.80 (12:56.03)	42.18 (13:38.21)	42.60 (14:20.81)	43.07 (15:03.87)	41.95 (15:45.81)	40.05 (16:25.86)
	37.01 (17:02.87)					
	39.90 (39.90)	40.31 (1:20.21)	40.25 (2:00.46)	40.40 (2:40.85)	40.45 (3:21.30)	39.90 (4:01.20)
	40.65 (4:41.84)	41.06 (5:22.90)	41.52 (6:04.42)	40.87 (6:45.29)	40.26 (7:25.54)	40.40 (8:05.93)
	40.50 (8:46.43)	40.93 (9:27.35)	41.53 (10:08.88)	42.67 (10:51.54)	42.80 (11:34.34)	41.29 (12:15.62)
	41.23 (12:56.85)	41.67 (13:38.51)	42.40 (14:20.91)	42.50 (15:03.41)	41.64 (15:45.05)	41.23 (16:26.28)
	37.95 (17:04.22)					
7	SNYDER, Kiera		SO East Tenn. St.			17:06.28
	38.58 (38.58)	40.04 (1:18.62)	39.99 (1:58.61)	39.20 (2:37.80)	40.90 (3:18.70)	41.44 (4:00.14)
	40.94 (4:41.08)	41.25 (5:22.32)	41.59 (6:03.90)	40.89 (6:44.79)	40.69 (7:25.48)	40.98 (8:06.45)
	41.35 (8:47.80)	40.59 (9:28.38)	42.82 (10:11.20)	42.94 (10:54.13)	42.89 (11:37.01)	42.18 (12:19.19)
	41.79 (13:00.97)	42.07 (13:43.04)	42.93 (14:25.96)	41.45 (15:07.40)	41.71 (15:49.11)	40.11 (16:29.22)
	37.06 (17:06.28)					
8	RUSSUM, Emma		SO Chattanooga			17:27.47
	40.63 (40.63)	40.62 (1:21.24)	40.99 (2:02.22)	41.22 (2:43.44)	40.56 (3:23.99)	41.31 (4:05.30)
	42.08 (4:47.37)	42.56 (5:29.93)	42.93 (6:12.85)	43.17 (6:56.02)	43.73 (7:39.74)	43.35 (8:23.08)
	41.56 (9:04.64)	41.69 (9:46.32)	42.04 (10:28.36)	42.50 (11:10.86)	41.81 (11:52.66)	42.09 (12:34.74)
	42.11 (13:16.85)	42.42 (13:59.27)	42.77 (14:42.03)	43.41 (15:25.44)	42.74 (16:08.18)	41.11 (16:49.28)
	38.19 (17:27.47)					
9	LITTLE, Emily		SO Furman			17:30.60
	39.61 (39.61)	40.00 (1:19.61)	40.14 (1:59.75)	40.71 (2:40.46)	40.30 (3:20.75)	39.97 (4:00.71)
	40.78 (4:41.49)	41.20 (5:22.68)	41.50 (6:04.18)	40.82 (6:45.00)	40.27 (7:25.27)	40.49 (8:05.75)
	40.36 (8:46.11)	41.03 (9:27.13)	41.45 (10:08.58)	42.82 (10:51.40)	43.24 (11:34.64)	43.87 (12:18.50)
	44.57 (13:03.07)	44.99 (13:48.06)	45.15 (14:33.20)	45.09 (15:18.29)	45.54 (16:03.83)	44.98 (16:48.80)
	41.80 (17:30.60)					
10	MATYSIK, Nicole		JR Furman			17:35.02
	40.36 (40.36)	40.77 (1:21.12)	39.58 (2:00.70)	40.39 (2:41.09)	40.43 (3:21.52)	39.95 (4:01.46)
	40.48 (4:41.94)	40.88 (5:22.81)	41.65 (6:04.46)	40.83 (6:45.28)	40.67 (7:25.94)	40.80 (8:06.73)
	41.37 (8:48.09)	41.94 (9:30.02)	42.94 (10:12.96)	43.51 (10:56.47)	43.98 (11:40.44)	43.79 (12:24.23)
	45.02 (13:09.25)	44.41 (13:53.65)	44.48 (14:38.13)	45.62 (15:23.74)	44.09 (16:07.83)	44.13 (16:51.95)
	43.07 (17:35.02)					
11	FORTIN, Heidi		SR Citadel			17:36.25
	40.08 (40.08)	40.41 (1:20.49)	40.46 (2:00.95)	40.39 (2:41.33)	40.48 (3:21.81)	40.04 (4:01.84)
	40.44 (4:42.27)	41.14 (5:23.41)	41.77 (6:05.17)	41.63 (6:46.80)	42.17 (7:28.96)	42.87 (8:11.83)
	43.34 (8:55.17)	43.71 (9:38.87)	44.03 (10:22.90)	44.23 (11:07.12)	44.37 (11:51.49)	43.62 (12:35.10)
	43.14 (13:18.24)	44.22 (14:02.46)	43.95 (14:46.40)	44.04 (15:30.44)	43.89 (16:14.32)	42.75 (16:57.07)
	39.18 (17:36.25)					
12	HOOTS, Gabbie		FR Samford			17:45.75
	39.33 (39.33)	40.06 (1:19.38)	40.24 (1:59.61)	40.67 (2:40.28)	40.30 (3:20.57)	40.00 (4:00.57)
	40.82 (4:41.38)	41.23 (5:22.60)	41.59 (6:04.19)	40.77 (6:44.96)	40.76 (7:25.72)	40.86 (8:06.58)
	41.87 (8:48.44)	42.46 (9:30.90)	42.93 (10:13.82)	43.74 (10:57.55)	45.79 (11:43.34)	44.69 (12:28.02)
	46.13 (13:14.15)	44.86 (13:59.01)	45.17 (14:44.17)	46.00 (15:30.17)	45.93 (16:16.10)	45.80 (17:01.89)
	43.87 (17:45.75)					
13	ATKINS, Alexis		JR Wofford			18:03.92
	40.54 (40.54)	40.87 (1:21.40)	41.16 (2:02.56)	41.19 (2:43.75)	41.09 (3:24.84)	41.74 (4:06.57)



# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

# RESULTS

## #14 Women's 5000 Meters (cont'd)

Pl	Name	Yr	Team	Time					
				43.95 (9:09.35)	44.23 (9:53.58)	44.54 (10:38.11)	44.55 (11:22.65)	44.68 (12:07.33)	45.10 (12:52.43)
				45.55 (13:37.97)	44.81 (14:22.78)	45.29 (15:08.06)	45.38 (15:53.44)	45.08 (16:38.51)	44.81 (17:23.32)
				40.61 (18:03.92)					
				40.25 (40.25)	40.70 (1:20.94)	41.02 (2:01.96)	41.21 (2:43.16)	40.59 (3:23.74)	41.27 (4:05.01)
				42.07 (4:47.07)	42.60 (5:29.67)	42.93 (6:12.60)	43.15 (6:55.75)	43.74 (7:39.48)	44.15 (8:23.63)
				44.44 (9:08.07)	44.48 (9:52.55)	44.29 (10:36.83)	44.87 (11:21.70)	45.24 (12:06.94)	45.23 (12:52.16)
				45.55 (13:37.71)	45.95 (14:23.65)	46.53 (15:10.18)	46.42 (15:56.60)	46.31 (16:42.90)	46.49 (17:29.39)
				44.09 (18:13.48)					
15	HOWARD, Rebekah		SO East Tenn. St.	18:26.68					
				38.95 (38.95)	40.15 (1:19.09)	40.36 (1:59.45)	40.81 (2:40.25)	40.74 (3:20.99)	40.42 (4:01.41)
				41.38 (4:42.78)	41.31 (5:24.08)	42.39 (6:06.47)	42.98 (6:49.44)	45.65 (7:35.09)	45.04 (8:20.12)
				45.50 (9:05.62)	45.82 (9:51.43)	45.97 (10:37.40)	46.40 (11:23.79)	47.71 (12:11.50)	46.55 (12:58.04)
				46.07 (13:44.11)	48.09 (14:32.20)	47.82 (15:20.01)	48.25 (16:08.26)	48.09 (16:56.35)	45.92 (17:42.26)
				44.42 (18:26.68)					
16	HILLIARD, Caroline		SR Western Carolina	18:41.40					
				40.09 (40.09)	40.76 (1:20.85)	40.68 (2:01.52)	41.07 (2:42.59)	42.00 (3:24.59)	42.27 (4:06.86)
				42.84 (4:49.69)	43.34 (5:33.03)	43.93 (6:16.95)	44.93 (7:01.87)	44.66 (7:46.53)	45.30 (8:31.82)
				46.58 (9:18.40)	46.77 (10:05.16)	46.48 (10:51.64)	46.63 (11:38.26)	47.13 (12:25.39)	46.78 (13:12.16)
				47.04 (13:59.19)	48.06 (14:47.25)	48.43 (15:35.67)	47.42 (16:23.08)	48.54 (17:11.61)	46.32 (17:57.93)
				43.47 (18:41.40)					
	HOGUE, McKenzie		JR Samford	DNS					
	KRUGER, Chanelle		FR East Tenn. St.	DNS					

## #21 Men's High Jump

Progressions: 1.65, 1.70, 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.05, 2.10, 2.15, 2.20, 2.25

& SoCon 2.21m Darius Purcell Appalachian State

2:30 PM (Day 2):

Pl	Name	Yr	Team	Mark	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10	2.14	Pts
1	HENRY, Tanner		SR Wofford	2.05m 6' 8 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	PPP	O	O	O	PPP	XXX	10
2	THOMAS, Malachi		JR East Tenn. St	2.00m 6' 6 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	XO	XO	O	XXX			8
3	KRAELING, Stephen		JR Citadel	2.00m 6' 6 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	PPP	O	XO	XXX			6
4	BROWN, Javell		SO Western Caro	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	PPP	O	PPP	XO	O	XXX					5
5	MOODY, Prince		SR Citadel	1.90m 6' 2 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	XO	XXO	XXX					4
6	WILLIAMSON, Bryce		JR Samford	1.85m 6' 0 <sup>3</sup> / <sub>4</sub>	PPP	O	XO	XXO	XXX						3
7	WENHOLD, Edric		SO Samford	1.80m 5' 10 <sup>3</sup> / <sub>4</sub>	PPP	PPP	O	PPP	XXX						2
8	MALE, Charles		SO VMI	1.75m 5' 8 <sup>3</sup> / <sub>4</sub>	PPP	O	XXX								0.33
8	BROWN, Javon		SO Western Caro	1.75m 5' 8 <sup>3</sup> / <sub>4</sub>	PPP	O	PPP	XXX							0.33
8	MULVEY, Jack		FR Citadel	1.75m 5' 8 <sup>3</sup> / <sub>4</sub>	PPP	O	XXX								0.33
11	BENNETT, Zion		FR Wofford	1.70m 5' 7"	XXO	XXX									

## #13 Men's 5000 Meters

& SoCon 13:55.73 Arsene Guillourel Samford

2:55 PM (Day 2):

Pl	Name	Yr	Team	Time	Pts
1	SCHUBERT, Dylan		SO Furman	& 13:54.58	10

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

## RESULTS

### #13 Men's 5000 Meters (cont'd)

2:55 PM (Day 2):

Pl	Name		Yr	Team		Time	Pts
	33.55 (33.55)	33.04 (1:06.58)	34.39 (1:40.96)	34.77 (2:15.72)	33.88 (2:49.60)	33.77 (3:23.37)	
	34.06 (3:57.42)	34.26 (4:31.67)	33.81 (5:05.48)	34.29 (5:39.76)	34.33 (6:14.08)	34.24 (6:48.32)	
	33.79 (7:22.11)	32.99 (7:55.10)	33.46 (8:28.56)	33.24 (9:01.79)	32.87 (9:34.66)	33.61 (10:08.27)	
	33.45 (10:41.71)	33.52 (11:15.23)	33.89 (11:49.11)	33.66 (12:22.77)	32.84 (12:55.60)	30.54 (13:26.14)	
	28.45 (13:54.58)						
2	BEUCLER, Adam			JR Furman		14:15.35	8
	32.85 (32.85)	33.54 (1:06.38)	34.34 (1:40.72)	34.78 (2:15.49)	33.88 (2:49.37)	33.80 (3:23.16)	
	34.03 (3:57.18)	34.38 (4:31.55)	34.38 (5:05.93)	34.29 (5:40.21)	34.37 (6:14.58)	34.20 (6:48.77)	
	33.88 (7:22.65)	33.59 (7:56.23)	34.21 (8:30.44)	34.57 (9:05.00)	34.58 (9:39.57)	34.53 (10:14.10)	
	34.53 (10:48.63)	34.95 (11:23.58)	34.11 (11:57.68)	34.65 (12:32.33)	34.27 (13:06.59)	34.19 (13:40.78)	
	34.57 (14:15.35)						
3	HAMBLEN, Brayden			SR East Tenn. St.		14:22.30	6
	32.62 (32.62)	34.23 (1:06.85)	34.36 (1:41.20)	34.74 (2:15.94)	33.90 (2:49.83)	33.76 (3:23.58)	
	34.08 (3:57.66)	34.26 (4:31.92)	33.75 (5:05.66)	34.29 (5:39.95)	34.37 (6:14.32)	34.21 (6:48.52)	
	33.82 (7:22.33)	33.02 (7:55.35)	33.45 (8:28.79)	33.55 (9:02.34)	34.93 (9:37.26)	35.30 (10:12.56)	
	35.71 (10:48.26)	35.75 (11:24.01)	36.24 (12:00.24)	37.00 (12:37.24)	36.00 (13:13.23)	34.61 (13:47.84)	
	34.47 (14:22.30)						
4	AHLMAYER, David			JR Furman		14:34.04	5
	33.92 (33.92)	35.26 (1:09.17)	35.92 (1:45.09)	35.90 (2:20.98)	36.19 (2:57.16)	36.23 (3:33.39)	
	36.73 (4:10.12)	36.37 (4:46.48)	34.53 (5:21.01)	35.02 (5:56.03)	35.33 (6:31.35)	35.76 (7:07.11)	
	35.61 (7:42.72)	35.73 (8:18.45)	34.68 (8:53.12)	33.69 (9:26.80)	34.03 (10:00.82)	34.36 (10:35.18)	
	34.32 (11:09.50)	34.83 (11:44.32)	35.32 (12:19.63)	36.07 (12:55.69)	34.58 (13:30.27)	33.47 (14:03.74)	
	30.31 (14:34.04)						
5	CHRISTOPHER, Dylan			SR UNCG		14:38.70	4
	35.21 (35.21)	35.22 (1:10.43)	35.44 (1:45.87)	36.26 (2:22.13)	35.46 (2:57.58)	36.19 (3:33.77)	
	36.56 (4:10.32)	35.56 (4:45.87)	34.62 (5:20.49)	35.11 (5:55.59)	35.17 (6:30.76)	35.71 (7:06.47)	
	35.56 (7:42.02)	35.58 (8:17.60)	35.20 (8:52.79)	34.31 (9:27.10)	34.20 (10:01.30)	35.25 (10:36.55)	
	35.91 (11:12.45)	36.00 (11:48.45)	35.10 (12:23.55)	35.04 (12:58.59)	34.17 (13:32.76)	32.87 (14:05.62)	
	33.09 (14:38.70)						
6	GOLDSTEIN, Nicholas			SO Furman		14:43.55	3
	34.35 (34.35)	35.59 (1:09.93)	35.68 (1:45.60)	36.28 (2:21.87)	35.80 (2:57.67)	36.39 (3:34.05)	
	36.55 (4:10.60)	36.31 (4:46.90)	34.58 (5:21.48)	35.01 (5:56.48)	35.36 (6:31.83)	35.74 (7:07.56)	
	35.61 (7:43.17)	35.68 (8:18.84)	35.11 (8:53.95)	33.71 (9:27.66)	34.27 (10:01.93)	34.95 (10:36.87)	
	35.89 (11:12.76)	35.96 (11:48.72)	35.22 (12:23.93)	35.21 (12:59.13)	35.32 (13:34.45)	35.58 (14:10.03)	
	33.53 (14:43.55)						
7	GUZMAN, Evan			SO East Tenn. St.		14:50.45	2
	35.75 (35.75)	34.87 (1:10.61)	35.55 (1:46.16)	36.06 (2:22.21)	35.75 (2:57.96)	36.33 (3:34.28)	
	36.49 (4:10.77)	36.59 (4:47.35)	34.31 (5:21.66)	35.02 (5:56.68)	34.84 (6:31.51)	35.79 (7:07.30)	
	35.65 (7:42.94)	35.74 (8:18.67)	35.19 (8:53.86)	34.72 (9:28.58)	35.57 (10:04.14)	35.85 (10:39.99)	
	35.55 (11:15.54)	35.90 (11:51.43)	36.84 (12:28.27)	36.31 (13:04.57)	36.52 (13:41.09)	36.05 (14:17.14)	
	33.32 (14:50.45)						
8	CAMPBELL, Xian			FR East Tenn. St.		14:59.00	1

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

Meet Director:  
Sean Diminick  
Meet Referee:  
John Weaver  
Timing:  
Snap Timing



OFFICIAL MEET REPORT  
printed: 2/26/2023 4:03 PM

## RESULTS

### #13 Men's 5000 Meters (cont'd)

2:55 PM (Day 2):

Pl	Name	Yr Team				Time	Pts
	34.58 (34.58)	35.54 (1:10.11)	35.60 (1:45.71)	36.05 (2:21.75)	36.28 (2:58.02)	36.16 (3:34.18)	
	36.50 (4:10.67)	36.48 (4:47.15)	34.88 (5:22.03)	35.10 (5:57.12)	35.30 (6:32.42)	35.93 (7:08.34)	
	35.90 (7:44.24)	36.58 (8:20.81)	36.31 (8:57.12)	36.50 (9:33.61)	36.93 (10:10.53)	36.93 (10:47.46)	
	36.88 (11:24.33)	36.31 (12:00.63)	36.94 (12:37.56)	36.76 (13:14.32)	36.46 (13:50.77)	35.18 (14:25.95)	
	33.05 (14:59.00)						
9	STOOTS, Myles	JR East Tenn. St.				15:02.89	
	34.31 (34.31)	35.56 (1:09.86)	35.66 (1:45.52)	36.12 (2:21.64)	36.14 (2:57.77)	36.14 (3:33.90)	
	36.59 (4:10.49)	35.79 (4:46.27)	34.45 (5:20.71)	35.17 (5:55.88)	35.27 (6:31.14)	35.81 (7:06.94)	
	35.60 (7:42.54)	35.74 (8:18.27)	35.39 (8:53.66)	35.42 (9:29.08)	36.32 (10:05.39)	37.18 (10:42.56)	
	37.00 (11:19.56)	37.20 (11:56.75)	37.26 (12:34.01)	37.92 (13:11.93)	38.46 (13:50.39)	38.05 (14:28.43)	
	34.46 (15:02.89)						
10	ELWELL, Jalen	JR Western Carolina				15:05.81	
	36.27 (36.27)	35.71 (1:11.97)	35.64 (1:47.60)	36.16 (2:23.76)	35.82 (2:59.58)	36.33 (3:35.90)	
	36.32 (4:12.22)	36.84 (4:49.05)	35.11 (5:24.16)	35.86 (6:00.01)	35.62 (6:35.63)	35.85 (7:11.48)	
	36.35 (7:47.83)	36.50 (8:24.32)	36.22 (9:00.54)	35.91 (9:36.44)	36.67 (10:13.11)	37.12 (10:50.22)	
	38.08 (11:28.30)	37.47 (12:05.77)	37.42 (12:43.19)	36.95 (13:20.13)	36.26 (13:56.39)	34.97 (14:31.35)	
	34.46 (15:05.81)						
11	MCGINNIS, Andrew	FR Samford				15:09.08	
	33.52 (33.52)	36.14 (1:09.65)	35.71 (1:45.36)	36.09 (2:21.45)	36.05 (2:57.49)	36.16 (3:33.64)	
	36.70 (4:10.33)	36.36 (4:46.69)	34.54 (5:21.23)	35.03 (5:56.26)	35.55 (6:31.80)	36.05 (7:07.85)	
	35.83 (7:43.67)	36.90 (8:20.57)	37.03 (8:57.60)	37.23 (9:34.82)	36.88 (10:11.69)	37.56 (10:49.24)	
	38.11 (11:27.35)	37.92 (12:05.26)	37.54 (12:42.80)	37.56 (13:20.35)	36.27 (13:56.62)	31.70 (14:28.32)	
	40.77 (15:09.08)						
12	HARTIG, William	SO East Tenn. St.				15:11.68	
	34.71 (34.71)	35.65 (1:10.35)	35.64 (1:45.98)	36.33 (2:22.30)	35.95 (2:58.25)	36.18 (3:34.42)	
	36.50 (4:10.92)	36.60 (4:47.52)	34.71 (5:22.22)	35.12 (5:57.34)	34.80 (6:32.14)	35.95 (7:08.09)	
	35.89 (7:43.97)	36.52 (8:20.49)	36.40 (8:56.88)	36.97 (9:33.84)	37.12 (10:10.95)	37.11 (10:48.06)	
	37.80 (11:25.86)	38.33 (12:04.19)	38.40 (12:42.58)	37.32 (13:19.90)	37.29 (13:57.18)	37.81 (14:34.98)	
	36.70 (15:11.68)						
13	SHARNAS, Sam	SR Citadel				15:15.34	
	36.19 (36.19)	35.15 (1:11.33)	35.57 (1:46.90)	36.02 (2:22.92)	35.70 (2:58.61)	36.31 (3:34.92)	
	36.48 (4:11.39)	36.50 (4:47.89)	34.61 (5:22.49)	35.12 (5:57.61)	35.29 (6:32.89)	35.75 (7:08.64)	
	35.88 (7:44.52)	36.56 (8:21.08)	36.78 (8:57.85)	37.30 (9:35.15)	37.04 (10:12.18)	37.34 (10:49.51)	
	38.36 (11:27.87)	37.71 (12:05.57)	37.99 (12:43.55)	37.88 (13:21.42)	38.23 (13:59.65)	38.84 (14:38.48)	
	36.87 (15:15.34)						
14	LONG, Ethan	SO UNCG				15:20.91	
	36.46 (36.46)	34.75 (1:11.21)	35.48 (1:46.68)	36.06 (2:22.74)	35.97 (2:58.71)	36.48 (3:35.18)	
	36.49 (4:11.66)	36.76 (4:48.42)	34.55 (5:22.96)	35.26 (5:58.22)	35.79 (6:34.00)	36.53 (7:10.53)	
	36.83 (7:47.35)	36.82 (8:24.16)	36.82 (9:00.98)	36.67 (9:37.65)	37.25 (10:14.89)	37.67 (10:52.56)	
	38.07 (11:30.63)	37.81 (12:08.43)	37.99 (12:46.41)	38.76 (13:25.16)	38.91 (14:04.07)	38.49 (14:42.56)	
	38.36 (15:20.91)						
15	WATSON, Jack	SO East Tenn. St.				15:21.96	

**SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS**

Lexington, VA  
 VMI-Corps Physical Training Facility  
 Weather: Warm  
 Host: VMI  
 2/25/2023 - 2/26/2023

**MEET OFFICIALS**

**Meet Director:**  
 Sean Diminick  
**Meet Referee:**  
 John Weaver  
**Timing:**  
 Snap Timing



**OFFICIAL MEET REPORT**  
 printed: 2/26/2023 4:03 PM

**RESULTS****#13 Men's 5000 Meters (cont'd)****2:55 PM (Day 2):**

PI	Name	Yr Team				Time	Pts
	35.98 (35.98)	35.77 (1:11.75)	36.00 (1:47.74)	35.47 (2:23.20)	35.79 (2:58.98)	36.44 (3:35.42)	
	36.51 (4:11.93)	36.77 (4:48.69)	34.73 (5:23.42)	35.78 (5:59.19)	36.77 (6:35.96)	37.02 (7:12.98)	
	37.65 (7:50.62)	37.71 (8:28.33)	38.06 (9:06.39)	37.83 (9:44.22)	37.76 (10:21.98)	38.25 (11:00.22)	
	38.00 (11:38.22)	37.98 (12:16.19)	38.12 (12:54.30)	38.27 (13:32.56)	37.92 (14:10.48)	37.44 (14:47.91)	
	34.06 (15:21.96)						
16	THOMA, Joseph	SR UNCG				15:25.87	
	34.97 (34.97)	35.23 (1:10.20)	34.99 (1:45.18)	36.07 (2:21.25)	36.15 (2:57.40)	36.11 (3:33.51)	
	36.60 (4:10.10)	35.95 (4:46.05)	34.62 (5:20.66)	35.08 (5:55.74)	35.21 (6:30.95)	35.72 (7:06.66)	
	35.61 (7:42.27)	35.74 (8:18.00)	36.16 (8:54.16)	36.97 (9:31.12)	38.36 (10:09.48)	39.51 (10:48.99)	
	39.62 (11:28.60)	39.73 (12:08.32)	39.60 (12:47.92)	40.82 (13:28.73)	39.90 (14:08.63)	41.02 (14:49.64)	
	36.23 (15:25.87)						
17	DUBEN, Ty	SR Citadel				15:27.46	
	36.00 (36.00)	35.62 (1:11.61)	35.88 (1:47.49)	36.07 (2:23.56)	36.33 (2:59.88)	36.52 (3:36.40)	
	36.39 (4:12.78)	37.02 (4:49.80)	36.11 (5:25.90)	36.28 (6:02.18)	37.02 (6:39.19)	37.65 (7:16.84)	
	38.08 (7:54.91)	37.52 (8:32.43)	38.08 (9:10.51)	38.29 (9:48.80)	38.31 (10:27.11)	38.34 (11:05.45)	
	38.11 (11:43.55)	38.07 (12:21.61)	37.48 (12:59.09)	37.23 (13:36.32)	37.75 (14:14.07)	37.31 (14:51.37)	
	36.09 (15:27.46)						
18	MITCHELL, Will	SO Western Carolina				15:49.44	
	36.78 (36.78)	35.39 (1:12.17)	35.87 (1:48.04)	36.02 (2:24.05)	36.14 (3:00.19)	36.44 (3:36.63)	
	36.11 (4:12.73)	37.41 (4:50.13)	35.33 (5:25.46)	36.09 (6:01.54)	37.31 (6:38.85)	37.97 (7:16.81)	
	39.01 (7:55.82)	39.46 (8:35.27)	38.75 (9:14.02)	38.60 (9:52.62)	39.47 (10:32.09)	39.66 (11:11.75)	
	39.02 (11:50.76)	39.75 (12:30.50)	40.04 (13:10.53)	40.11 (13:50.64)	40.39 (14:31.02)	39.62 (15:10.64)	
	38.81 (15:49.44)						
19	HIRNEISEN, Andrew	SO VMI				15:55.22	
	36.64 (36.64)	35.74 (1:12.37)	35.83 (1:48.20)	35.78 (2:23.97)	35.70 (2:59.67)	36.52 (3:36.18)	
	36.31 (4:12.49)	36.97 (4:49.45)	36.25 (5:25.70)	36.27 (6:01.97)	37.20 (6:39.16)	38.12 (7:17.27)	
	38.85 (7:56.12)	38.57 (8:34.68)	38.38 (9:13.05)	38.61 (9:51.65)	39.32 (10:30.97)	39.95 (11:10.91)	
	40.46 (11:51.37)	40.43 (12:31.79)	40.48 (13:12.27)	40.24 (13:52.50)	40.11 (14:32.61)	41.06 (15:13.67)	
	41.55 (15:55.22)						
	FIORILLO, Alex	SR VMI				DNF	
	MARTIN, Matthew	FR Western Carolina				DNS	
	SMITH, Andrew	SR Citadel				DNS	

**#18 Women's 4 x 400m Relay**

& SoCon 3:44.98 Western Carolina

**3:35 PM (Day 2):**

PI	Team	Time	H(PI)	Pts
1	Western Carolina (A)	3:50.26	2(1)	10
	1) BOOKER, Taja SO 1:00.088 (1:00.088)			
	2) ROBINSON, Mekyll JR 1:57.464 (57.377)			
	3) TURNER, Mikayla SO 2:55.461 (57.998)			
	4) JENKINS, Nytrinitey SO 3:50.251 (54.790)			

# SOUTHERN CONFERENCE INDOOR TRACK AND FIELD CHAMPIONSHIPS

Lexington, VA  
VMI-Corps Physical Training Facility  
Weather: Warm  
Host: VMI  
2/25/2023 - 2/26/2023

## MEET OFFICIALS

**Meet Director:**  
Sean Diminick  
**Meet Referee:**  
John Weaver  
**Timing:**  
Snap Timing



**OFFICIAL MEET REPORT**  
printed: 2/26/2023 4:03 PM

## RESULTS

### #18 Women's 4 x 400m Relay (cont'd)

3:35 PM (Day 2):

Pl	Team		Time	H(Pl)	Pts
2	Samford (A)		3:50.59	2(2)	8
	1) LUEDERS, Grace FR 58.354 (58.354)	2) DRAKE, Ayden SO 1:55.994 (57.640)			
	3) SAMUELS, Vada SR 2:54.210 (58.216)	4) COLE, Kaitlyn JR 3:50.582 (56.373)			
3	East Tenn. St. (A)		3:52.80	2(3)	6
	1) LORD, Jessica SR 58.441 (58.441)	2) BURKHART, Hannah SO 1:56.572 (58.132)			
	3) BOYKIN, McKenna FR 2:54.712 (58.140)	4) KARSTEN, Julia JR 3:52.797 (58.085)			
4	Furman (A)		3:54.68	1(1)	5
	1) MACDEVETTE, Erin SR 59.755 (59.755)	2) ARMITAGE, Kaylie FR 1:58.686 (58.931)			
	3) MARVIN, Megan SO 2:56.390 (57.705)	4) WENNERSTEN, Camryn FR 3:54.678 (58.289)			
5	Wofford (A)		3:55.34	2(4)	4
	1) CUTLER, Dahlia SR 59.120 (59.120)	2) MCNINCH, Madeline JR 1:59.822 (1:00.703)			
	3) SAYRE, Brooke FR 2:59.185 (59.363)	4) JEFFERSON, Jasmine JR 3:55.332 (56.148)			
6	VMI (A)		4:05.16	2(5)	3
	1) GREEN, SeMore FR 1:01.273 (1:01.273)	2) HALL, Heaven FR 1:59.700 (58.427)			
	3) SHANK, Gretal SO 3:01.325 (1:01.626)	4) HART, Shea FR 4:05.154 (1:03.830)			
7	Citadel (A)		4:08.30	1(2)	2
	1) JACKSON, Mecca JR 59.241 (59.241)	2) LAWRENCE, Zeniyah SR 2:04.445 (1:05.204)			
	3) MURRAY, Leah JR 3:06.933 (1:02.489)	4) SHEA, Gabby JR 4:08.293 (1:01.360)			
8	Chattanooga (A)		4:10.94	1(3)	1
	1) UNTERHOLZNER, Sarah SO 1:02.258 (1:02.258)	2) BROWN, Faith SO 2:05.561 (1:03.303)			
	3) RENNICH, Jessika SO 3:09.448 (1:03.887)	4) WHEATCROFT, Maddie FR 4:10.938 (1:01.490)			

## SECTION RESULTS

Pl	Team		Time
<b>Section 1 of 2</b>			
1	Furman (A)		3:54.68
	1) MACDEVETTE, Erin SR 59.755 (59.755)	2) ARMITAGE, Kaylie FR 1:58.686 (58.931)	
	3) MARVIN, Megan SO 2:56.390 (57.705)	4) WENNERSTEN, Camryn FR 3:54.678 (58.289)	
2	Citadel (A)		4:08.30
	1) JACKSON, Mecca JR 59.241 (59.241)	2) LAWRENCE, Zeniyah SR 2:04.445 (1:05.204)	
	3) MURRAY, Leah JR 3:06.933 (1:02.489)	4) SHEA, Gabby JR 4:08.293 (1:01.360)	
3	Chattanooga (A)		4:10.94

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Snap Timing



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## RESULTS

### #18 Women's 4 x 400m Relay (cont'd)

PI	Team	Time
1)	UNTERHOLZNER, Sarah SO 1:02.258 (1:02.258)	2) BROWN, Faith SO 2:05.561 (1:03.303)
3)	RENNICH, Jessika SO 3:09.448 (1:03.887)	4) WHEATCROFT, Maddie FR 4:10.938 (1:01.490)
1	Western Carolina (A)	3:50.26
1)	BOOKER, Taja SO 1:00.088 (1:00.088)	2) ROBINSON, Mekyll JR 1:57.464 (57.377)
3)	TURNER, Mikayla SO 2:55.461 (57.998)	4) JENKINS, Nytrinitey SO 3:50.251 (54.790)
2	Samford (A)	3:50.59
1)	LUEDERS, Grace FR 58.354 (58.354)	2) DRAKE, Ayden SO 1:55.994 (57.640)
3)	SAMUELS, Vada SR 2:54.210 (58.216)	4) COLE, Kaitlyn JR 3:50.582 (56.373)
3	East Tenn. St. (A)	3:52.80
1)	LORD, Jessica SR 58.441 (58.441)	2) BURKHART, Hannah SO 1:56.572 (58.132)
3)	BOYKIN, McKenna FR 2:54.712 (58.140)	4) KARSTEN, Julia JR 3:52.797 (58.085)
4	Wofford (A)	3:55.34
1)	CUTLER, Dahlia SR 59.120 (59.120)	2) MCNINCH, Madeline JR 1:59.822 (1:00.703)
3)	SAYRE, Brooke FR 2:59.185 (59.363)	4) JEFFERSON, Jasmine JR 3:55.332 (56.148)
5	VMI (A)	4:05.16
1)	GREEN, SeMore FR 1:01.273 (1:01.273)	2) HALL, Heaven FR 1:59.700 (58.427)
3)	SHANK, Gretal SO 3:01.325 (1:01.626)	4) HART, Shea FR 4:05.154 (1:03.830)

### #17 Men's 4 x 400m Relay

& SoCon 3:14.40

Western Carolina

3:45 PM (Day 2):

PI	Team	Time	H(PI)	Pts
1	Western Carolina (A)	3:17.80	2(1)	10
1)	HUNT, Dohnavon FR 50.267 (50.267)	2) AYDEN, Teddy SO 1:39.787 (49.521)		
3)	MILES, David JR 2:28.655 (48.868)	4) HARRIS, Michael JR 3:17.797 (49.143)		
2	VMI (A)	3:18.04	2(2)	8
1)	TOPOS, Xander SO 49.842 (49.842)	2) EDWARDS, Richard SO 1:38.917 (49.076)		
3)	WHITTAKER, Trent SR 2:28.798 (49.881)	4) BROWN, Nick SO 3:18.036 (49.238)		
3	Samford (A)	3:18.13	2(3)	6
1)	GRIGG, Matthew JR 50.043 (50.043)	2) PENALVER, Jose SR 1:39.064 (49.021)		
3)	OLIVO, Jackson FR 2:28.736 (49.672)	4) BROOKS, Evan JR 3:18.122 (49.387)		
4	East Tenn. St. (A)	3:19.75	2(4)	5
1)	PARRILLA, Miguel JR 50.328 (50.328)	2) OVERLY, Conner FR 1:40.823 (50.495)		
3)	MADUWA, Phelani SR 2:29.046 (48.223)	4) WHITE, Braxton FR 3:19.747 (50.701)		

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## RESULTS

### #17 Men's 4 x 400m Relay (cont'd)

3:45 PM (Day 2):

Pl	Team		Time	H(Pl)	Pts
5	Wofford (A)		3:20.33	1(1)	4
	1) HILSMAN, Robert FR 49.720 (49.720)	2) BENNETT, Zion FR 1:39.969 (50.250)			
	3) STAMPER, Thomas FR 2:30.419 (50.450)	4) MURPHY, Conor JR 3:20.328 (49.910)			
6	Citadel (A)		3:20.98	1(2)	3
	1) DUNCAN, Kane SR 49.809 (49.809)	2) NEWTON, Treonte SR 1:39.918 (50.110)			
	3) KOREY, Olin FR 2:30.359 (50.441)	4) BAGLIA, Bryce JR 3:20.974 (50.616)			
7	Furman (A)		3:30.85	1(3)	2
	1) DILL, Jonah SR 51.137 (51.137)	2) TAYLOR, Luke FR 1:44.754 (53.618)			
	3) POWERS, Josh JR 2:37.195 (52.441)	4) GONZALEZ, Adrian JR 3:30.844 (53.650)			

## SECTION RESULTS

Pl	Team		Time
<b>Section 1 of 2</b>			
1	Wofford (A)		3:20.33
	1) HILSMAN, Robert FR 49.720 (49.720)	2) BENNETT, Zion FR 1:39.969 (50.250)	
	3) STAMPER, Thomas FR 2:30.419 (50.450)	4) MURPHY, Conor JR 3:20.328 (49.910)	
2	Citadel (A)		3:20.98
	1) DUNCAN, Kane SR 49.809 (49.809)	2) NEWTON, Treonte SR 1:39.918 (50.110)	
	3) KOREY, Olin FR 2:30.359 (50.441)	4) BAGLIA, Bryce JR 3:20.974 (50.616)	
3	Furman (A)		3:30.85
	1) DILL, Jonah SR 51.137 (51.137)	2) TAYLOR, Luke FR 1:44.754 (53.618)	
	3) POWERS, Josh JR 2:37.195 (52.441)	4) GONZALEZ, Adrian JR 3:30.844 (53.650)	
<b>Section 2 of 2</b>			
1	Western Carolina (A)		3:17.80
	1) HUNT, Dohnavon FR 50.267 (50.267)	2) AYDEN, Teddy SO 1:39.787 (49.521)	
	3) MILES, David JR 2:28.655 (48.868)	4) HARRIS, Michael JR 3:17.797 (49.143)	
2	VMI (A)		3:18.04
	1) TOPOS, Xander SO 49.842 (49.842)	2) EDWARDS, Richard SO 1:38.917 (49.076)	
	3) WHITTAKER, Trent SR 2:28.798 (49.881)	4) BROWN, Nick SO 3:18.036 (49.238)	
3	Samford (A)		3:18.13
	1) GRIGG, Matthew JR 50.043 (50.043)	2) PENALVER, Jose SR 1:39.064 (49.021)	
	3) OLIVO, Jackson FR 2:28.736 (49.672)	4) BROOKS, Evan JR 3:18.122 (49.387)	
4	East Tenn. St. (A)		3:19.75



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## RESULTS

### #17 Men's 4 x 400m Relay (cont'd)

PI	Team	Time
1)	PARRILLA, Miguel JR 50.328 (50.328)	2) OVERLY, Conner FR 1:40.823 (50.495)
3)	MADUWA, Phelani SR 2:29.046 (48.223)	4) WHITE, Braxton FR 3:19.747 (50.701)

### Men's Scores

PI	Team	Code	Score
1	Samford	SAMF	174.5
2	Western Carolina	WCU	122.33
3	East Tenn. St.	ETSU	102.5
4	VMI	VMI	96.33
5	Furman	FURM	86
6	Citadel	CIT	41.33
7	Wofford	WOFF	34
8	UNCG	UNCG	4

### Women's Scores

PI	Team	Code	Score
1	Samford	SAMF	183.33
2	Wofford	WOFF	120
3	East Tenn. St.	ETSU	84
4	Furman	FURM	82
4	Western Carolina	WCU	82
6	Citadel	CIT	49.33
7	VMI	VMI	38.33
8	Chattanooga	CHAT	20
9	UNCG	UNCG	3