



# 1. Rotate their toys

Dogs love new toys, right? You don't have to break the bank; rotate their toys instead. Hide a few of them for a couple days, then switch them out to give your dog that "new toy joy."

### 2. Teach them a new trick

There are plenty of new tricks you can teach your dog. Teach them to shake a paw, roll over or even to put their own toys away.

### 3. Practice obedience training

Spend a little time each day with obedience training. Using positive reinforcement methods, work with your dog for as little as 10 minutes a day on a new behavior. It's a great way to stimulate their minds.

## 4. Stuff a KONG®

Using peanut butter, yogurt or whatever dog-friendly treat your dog likes, the durable snowman-shaped KONG can keep your dog entertained for hours as they lick it clean. You can find a Kong just about any place that sells dog toys.

## 5. Play hide and seek

Much like kids, dogs love hide and seek. Reward them with enthusiasm or a treat when they find you. If you can find a helper to keep your dog distracted while you hide, even better!

### 6. Hide treats around the house

Dogs have a great sense of smell. Hide a few treats throughout the house for them to put their nose to work and sniff out.

### 7. Go for walks

This one may seem like a given, but it's so important for dogs to get exercise. They especially love exploring all the new sights, smells and sounds of the outdoors.

### 8. Play tug of war

Tug of war is a great way to wear off some energy – both for you and your dog!

### 9. Play "guess the hand"

Grab a few treats and show your dog that you have them. Then behind your back, put the treats in one of your closed hands. Hold both closed hands out for your dog to choose. They may sniff the "winning" hand or even put a paw on the one they think has treats.

### 10. Give them a window view

Many dogs like to keep a watchful and curious eye on what's going on outside. Clear a spot for your dog to look out the window, if you can. Weather permitting, crack the window open to bring in smells and sounds.



