



The Model for Improvement (template)

Step 1: The three fundamental questions

1. What are we trying to accomplish?

This will help you to develop your GOAL for improvement.

2. How will we know that a change is an improvement?

Develop MEASURES to track the achievement of your goal.

3. What changes can we make that will lead to an improvement?

List your steps. This will help you develop IDEAS that you can test to help you achieve your goal. Note that each new GOAL (the first fundamental question) will require a completed Model for Improvement template.



Step 2: PDSA cycle

You will have noted your IDEAS for testing when you answered the third fundamental question in Step 1. You can use this template to test an idea.

IDEA | Describe the idea you're testing.

Refer to the third fundamental question.

PDSA cycle number:

PLAN | What will you do?

Explain your idea:

Who will carry it out?

When will it take place? Where?

What do you predict will happen?

What data/information will you collect that will help you measure improvement?

Notes



Heart Health
Check Toolkit



DO | Was the plan executed?

Consider the data you collected and document any unexpected events or problems.

STUDY | Record, analyse and reflect on the results.

What have you learned? Do your outcomes compare with your predictions? If not, what happened?

ACT | What will you take away from this cycle?

What's your next step or idea, and how might you apply the cycle again?

Note: This template was adapted from an Australian Primary Care Collaborative (APCC) resource.