

Australian clinical guideline for diagnosing and managing acute coronary syndromes 2025

Supporter Kit



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Dear colleagues,

Thank you for supporting the launch of the new Acute coronary syndromes guideline 2025

There are over 57,000 acute coronary events in Australia each year – equivalent to one event every nine minutes. Behind these statistics are the real people and families whose lives have been changed by a heart attack or acute heart event. The Heart Foundation is committed to improving survival outcomes and quality of life for people experiencing these events.

Developed in collaboration with the Cardiac Society of Australia and New Zealand, the *Australian clinical guideline for diagnosing and managing acute coronary syndromes 2025* sets a new standard for acute coronary care in this country. Since launch in April 2025, thousands of healthcare professionals have already accessed the guideline. This is testament to the critical significance of this much-anticipated guidance in informing current best practice.

It is the Heart Foundation's hope that every healthcare professional in Australia involved in the care of people who are experiencing a heart attack or angina will use the guideline in their clinical practice. The guideline also complements the Heart Foundation's existing programs and resources for people living with coronary heart disease, including our flagship **MyHeart MyLife** support program.

To help spread the word about the guideline with your networks, we have developed this comprehensive Supporter Kit that includes creative assets and pre-written copy, along with other supporting material.

Thank you for your ongoing support. Together, we can work towards ensuring that heart health is achievable for everyone in Australia by 2050.

Best wishes,



David Lloyd
CEO, National Heart Foundation of Australia



New Acute coronary syndromes guideline 2025: what you need to know

The Heart Foundation, in collaboration with the Cardiac Society of Australia and New Zealand, launched the guideline in April 2025. The new guideline represents the first major update in nearly a decade and is critical to improving outcomes for people experiencing a heart attack or angina in Australia. It is intended for use by all healthcare professionals involved in the care of people experiencing these events.

Authored by a multi-disciplinary team of clinical experts, and with critical insight from people with lived experience, the guideline features the latest recommendations on all aspects of diagnosis and management of acute coronary syndromes.

The guideline also acknowledges the unique needs of priority groups, with tailored practice points for First Nations peoples, women, older adults and people living in regional and remote communities.

heartfoundation.org.au/for-professionals/acs-guideline

“The new guideline is a must-read for any healthcare professional or organisation involved in the care of people impacted by acute coronary syndromes, with relevance to the entire care continuum and a diverse range of clinical settings.”

Professor Garry Jennings

Chief Medical Advisor, National Heart Foundation of Australia

About this Supporter Kit

Help to raise awareness of the new Acute coronary syndromes guideline 2025 and associated resources with your professional networks.

You can help us by:

1 Starting a conversation with your networks

Use the guideline key messages in conversations with your colleagues. This is the most significant guideline update in almost a decade, and by sharing this information you can help create more opportunities to improve the heart health of people in Australia affected by acute coronary syndromes.

2 Spreading the message on social media and in your newsletters

Use the copy, creative assets and website links included in this kit to share information on social media (and other digital channels) about the guideline and the latest recommendations.

3 Sharing the guideline resources

Share our suite of clinical resources designed to assist healthcare professionals to put recommendations into practice.

Resources include:

- Summary of recommendations
- Quick reference guides on assessment, acute treatment and longer-term management
- What's new in the guideline
- Summary for healthcare professionals
- Summary for consumers



Key messages

The messages below can be used when discussing the *Australian clinical guideline for diagnosing and managing acute coronary syndromes 2025*.

Full title

Australian clinical guideline for diagnosing and managing acute coronary syndromes 2025

Abbreviations

- Acute coronary syndromes guideline 2025
- ACS guideline 2025

Key messages

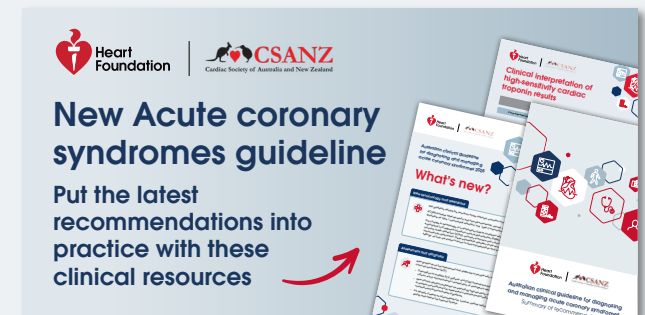
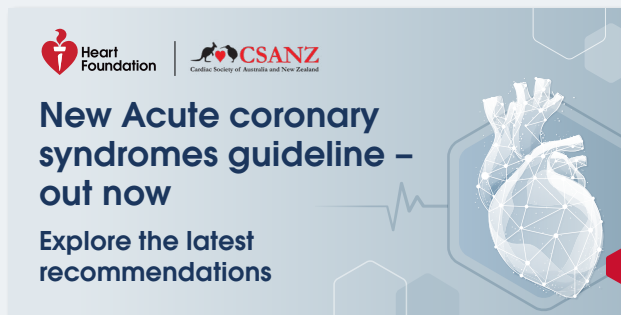
- The ACS guideline 2025 is critical to improving outcomes for people experiencing a heart attack or angina in Australia.
- The new ACS guideline has been developed by the National Heart Foundation of Australia and the Cardiac Society of Australia and New Zealand and has been endorsed by key peak body organisations.
- The new ACS guideline equips healthcare professionals with the latest evidence-based recommendations for assessing and managing people experiencing acute coronary syndromes.
- The guideline features critical new information, including:
 - ECG patterns, beyond ST-segment elevation, that can indicate a heart attack and the need for emergency reperfusion
 - new clinical decision pathways incorporating high-sensitivity cardiac troponin to enable efficient risk assessment
 - stronger emphasis on the optimal timing of percutaneous coronary intervention in people with ST-elevation myocardial infarction (STEMI)
 - treatment guidance for specific groups, including those with cardiac arrest, cardiogenic shock, multivessel disease or spontaneous coronary artery dissection
 - more detailed advice on post-discharge care, including a new treatment target for LDL cholesterol.
- The guideline can be viewed in full on the Heart Foundation's interactive **ACS guideline hub**. The hub includes a suite of clinical resources designed to help healthcare professionals implement the guideline in clinical practice.
- The new guideline complements the Heart Foundation's existing programs and resources for people living with coronary heart disease, including the flagship **MyHeart MyLife** patient support program.

Help us to raise awareness

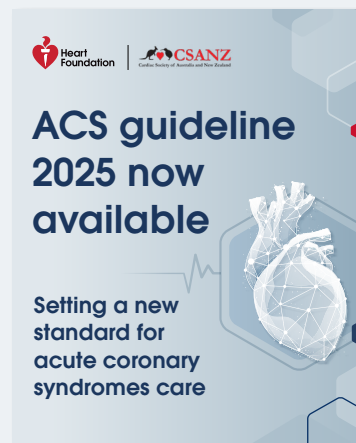
Join us in starting a conversation about the new ACS guideline 2025.

Use our creative assets and pre-written copy in the following slides to share the message with your professional networks.

Banners



Social media files



[Download assets](#)

Short-form copy

e.g. social media posts on LinkedIn, X or Facebook

Out now - new Acute coronary syndromes guideline 2025

Developed by the Heart Foundation and the Cardiac Society of Australia and New Zealand, the ACS guideline 2025 is the first major update in nearly a decade.

Discover the latest evidence-based recommendations and guidance relevant to the clinical care you provide for people experiencing a heart attack or angina. The guideline also includes practice points for priority groups including First Nations peoples, women, older adults and people living in regional/remote areas.

Access the full guideline plus clinical resources designed to help you put the recommendations into practice.

Visit heartfoundation.org.au/for-professionals/acs-guideline

Long-form copy

e.g. emails, e-newsletters or website content

Developed by the Heart Foundation and the Cardiac Society of Australia and New Zealand, the ACS guideline 2025 is the first major update in nearly a decade.

Discover the latest evidence-based recommendations and guidance relevant to the clinical care you provide for people experiencing a heart attack or angina. You'll also discover practice points for priority groups including First Nations peoples, women, older adults and people living in regional/remote areas.

What's new in the ACS guideline?

- New clinical decision pathways using high-sensitivity cardiac troponin for efficient risk assessment
- Treatment guidance for specific groups, including those with cardiac arrest, cardiogenic shock, multivessel disease or spontaneous coronary artery dissection
- Detailed advice on post-discharge care, including a new treatment target for LDL cholesterol

Resources for your clinical practice

Explore the suite of clinical resources designed to help you put the latest guidance into practice.

- Summary of recommendations
- Quick reference guides
- Guideline summaries for healthcare professionals and consumers

Access the full guideline and clinical resources today. Visit heartfoundation.org.au/for-professionals/acs-guideline

About the Heart Foundation

Since 1959, the Heart Foundation has invested the equivalent of over \$850 million towards research into the cause, diagnosis, treatment and prevention of heart disease. Despite these advances, heart disease is still the single biggest killer of all people living in Australia, so there is still a lot of work to do.

To help us realise our vision that heart health will be achievable by everyone in Australia by 2050, we rely on the teamwork and passion of our supporters and generosity of millions of people to make a difference in the fight against heart disease by:

- ✓ supporting the health system to have a greater focus on prevention
- ✓ funding high-impact research, supporting emerging and leading heart health researchers
- ✓ working to improve heart disease prevention, detection, care and support for all people in Australia
- ✓ advocating to governments and industry for increased funding and resources for heart health
- ✓ building community awareness about living a heart-healthy lifestyle. We do this through public health awareness campaigns, accessible information and resources
- ✓ supporting healthcare professionals in their work to prevent, diagnose, treat and manage heart disease.

heartfoundation.org.au

Contact us

patient.support@heartfoundation.org.au

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