Project summary

**Application ID** *xxxxxxx*

**Application Type** *Postdoctoral Fellowship*

**Administering institution**

This information is populated based on the organisation selected at registration. If you require changes to this field please contact Heart Foundation at [grantsportal@heartfoundation.org.au](mailto:grantsportal@heartfoundation.org.au).

**Important:** Your selected institution will administer your application (pre-award) and grant (post-award) should you be successful. Changes to your nominated Administering Institution must be for genuine reason and will be considered on a case-by-case basis.

**Primary Applicant**

**Project title**

Scientific title

**Lay title**

**Research category**

**Funding commencement date**

**Project synopsis**

Please provide a summary of your project in plain English *(to be understood by non-scientific audiences)*.  
  
This should be a succinct description providing an overview of your project methodology, the impact your project is likely to achieve, and your planned translation and dissemination activities.  
This synopsis will be included as part of the assessment by consumer reviewers.  
  
If your application is successful this summary may be used to promote your research project on our digital channels. (Maximum 400 words)

**Research tags - categories**

Use this and the following question to indicate the categories and keywords associated with your proposal. The Heart Foundation uses this information to facilitate its peer review process and assist with the promotion of funded projects.

* When you select a category, its associated keywords will become available in the following dropdown.
* [Click here](https://heartfoundation.smartsimple.com.au/files/1602797/f168905/Research_Categories_and_Keywords.pdf) to download a full list of the available categories and associated keywords to assist with the completion of this question.

**Research tags - keywords**

Select up to 8 keywords that most closely reflect your proposal. Tags are only used as an internal search feature to identify research projects.

**Ethics requirements**

Should you be successful in obtaining Heart Foundation funding, you will be asked to provide details of your ethics approvals if indicated as part of your application.

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Description automatically generated Animal

**Biosafety requirements**

Should you be successful in obtaining Heart Foundation funding, you will be asked to provide details of your biosafety approvals if indicated as part of your application.

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Eligibility

Eligibility responses will be included in the application summary you receive after submitting your application. They will be used only for Heart Foundation's internal eligibility checks and will not be assessed by reviewers.

**No Tobacco Declaration**

Confirm that the work and investigators involved in this research, including yourself, have not had a real or perceived, direct or indirect link to any entity that develops or markets tobacco products or tobacco-related products, whether combustible or non-combustible (including e-cigarettes).

**Citizenship Status**

This information can be updated in your profile.

**CIA Confirmation**

Confirm that the CIA for this application will be based in Australia for at least 80% of the proposed funding period.

**Prior Cardiovascular Research**

Has the Chief Investigator spent at least two years actively contributing to cardiovascular health-related prevention, treatment or management research?

**Enrolment FTE**

You must be full time or part time at a minimum of 0.6 FTE to be eligible for this fellowship.

**PhD Thesis Pass Date**

Provide the date of the letter advising that your PhD was passed. This is not the date of the conferral ceremony.

If you are applying in anticipation that you will pass your PhD prior to commencement of your Fellowship, please enter your projected PhD pass date.

Refer to the eligibility criteria outlined in the Research Funding Guidelines.

Track Record

**Career Disruptions and Relative to Opportunity**

Career Disruptions and Relative to Opportunity should be recorded in your Profile under the "Career" tab. Once updated, this information will be automatically copied into your application.  
  
Career Disruptions are prolonged interruptions of more than 28 calendar days to the ability to work due to pregnancy, major illness/injury or carer responsibilities, including parental leave.  
**Note:** Only Career Disruptions are considered in determining eligibility.  
  
All applications will be considered relative to opportunity. Provide brief details of other circumstances you believe have impacted your research output.

Scientific Community Involvement

**Training contribution**

Provide details of teaching activities and/or students supervised. (Maximum 200 words)

**Scientific community contribution**

Provide details of your engagement with Peer Review, Advisory Committees and Scientific Societies. (Maximum 200 words)

ORCID

**Ensure that you have updated your ORCID Record to assist with completion of this part of the application.**  
To link your ORCID profile to the Heart Foundation Portal, click "Link or refresh ORCID data" to open your user profile and navigate to the "ORCID" tab on the sidebar.  
Refer to the Heart Foundation's [ORCID Guide for Research Applicants](https://heartfoundation.smartsimple.com.au/files/1602797/169094/Heart_Foundation_ORCID_Guide_2024.pdf?fs=1) for more information.  
  
**Please note:**

* Updating your selections for a given question will overwrite your existing selections for that question.
* Changes made to your ORCID profile will not be updated automatically in the Heart Foundation portal. If you have updated your ORCID profile with new data, you will need to update the Heart Foundation's portal by navigating to the ORCID tab on your profile and clicking 'Re-Import ORCID Data'.
* Entries in your ORCID Record must be set to "Trusted Parties" or "Everyone" to be imported into your application.

If you require further assistance, contact the Heart Foundation Research Team via email at [grantsportal@heartfoundation.org.au](mailto:grantsportal@heartfoundation.org.au).

**Applicant Work History**

Select up to **five (5)** of your most recent appointments. Work history is selected from your ORCID Record.

**Qualifications**

Select your **three (3)** most relevant qualifications. Qualifications are selected from your ORCID Record.

**Grant Record**

Select up to **twenty (20)** successful grants on which you are a named Investigator in the last **ten (10)** years (taking into consideration career disruptions).

Grants are selected from your ORCID Record.

**Publications**

Select up to **ten (10)** of your most impactful publications from the past **ten (10)** years (taking into consideration career disruptions).

Publications are selected from your ORCID Record.

**Justification - Publications**

Discuss the impact your nominated publications have had on cardiovascular research and/or health. Use the “index number” to refer to each publication in your response. (Maximum 1500 words)

**Presentations**

Select up to **ten (10)** of your most impactful presentations from the past **ten (10)** years (taking into consideration career disruptions).

Presentations are selected from your ORCID Record.

**Justification - Presentations**

Discuss the impact your nominated presentations have had on cardiovascular research and/or health. Use the “index number” to refer to each presentation in your response. (Maximum 1500 words)

Ensure that you indicate whether each selected presentation was for a **National** or **International** audience, and whether you were **invited** to present.

**Awards & Distinctions**

Select your top **five (5)** Awards and Distinctions from the past **ten (10)** years (taking into consideration career disruptions).

Awards & Distinctions are selected from your ORCID Record.

**Justification - Awards & Distinctions**

Discuss the significance of your nominated Awards & Distinctions.

Use the “index number” to refer to each Grant in your response. (Maximum 750 words)

Project Details

**Career summary**

Summarise your track record, briefly indicating your current position, publication record, presentations, awards, grants, contribution to the scientific community and any other relevant information. Please use plain language to ensure understanding by a lay audience. (Maximum 200 words)

**Post-Fellowship plans**

How will this fellowship contribute to your future career plans? (Maximum 100 words)

**Project overview**

Provide an abridged version of your Research Plan. This should be a succinct technical description providing an overview of your project methodology, the impact your project is likely to achieve, and your planned translation and dissemination activities. This question will be included in the assessment by peer reviewers only. (Maximum 400 words)

**Research environment**

Briefly summarise the research environment including quality and experience of supervision, international standing of Lab facilities, Infrastructure, and funding that is available to support your proposed research. (Maximum 200 words)

Research plan and figures

Please use the Word template provided to describe your Research Plan. Your document must adhere to the following formatting guidelines:

* CIA’s name and application ID in header Font: 12pt Arial
* Line spacing: single
* Page margins: 2cm top, bottom, left, right Page size: A4
* Page numbers in footer
* PDF file name format: File will be renamed on upload to *Application ID\_[CIA’s last name]\_Research\_Plan.pdf*
* A maximum of 3 images or figures may be included throughout the document. Ensure that figure legend text is easily legible.

Your Research Plan Description should include the following components (page limit specified in Word template):

* *Aim/s*: Describe the specific aims of the project.
* *Background*: Provide a background summary of why you are undertaking this project, specifically noting what is important about this research and/or what research gap this is addressing.

Note any previous work from the host department in this field and work by other investigators that led up to the proposed research.

* *Method*: Provide a detailed research strategy and study design, with a clear description of the methods to be employed. Where the project involves an intervention, describe the rationale for the intervention and how it will be evaluated.

Where applicable, include sample size and statistical power, sampling methods, main variables to be measured/examined, methods of data collection, analysis, and evaluation. A maximum of 3 images or figures may be included. Ensure that figure legend text is easily legible.

**Please note:** Project Milestones and References are excluded from the Research Plan Description page limit.

* *Project Milestones:* Specify timelines and major time allocations for your proposed project in the table provided in the template. If successful in obtaining funding, these milestones should be referred to when reporting on the progress of your project.
* *References*: Maximum 15 references

**Expected outcomes**

Specify the expected outcomes/impacts of your research project, and how they will benefit cardiovascular health. Detail next steps including if this study is expected to lead to larger, more rigorous studies. (Maximum 200 words)

Engagement

**Consumer engagement**

Provide details of your plans for consumer and community engagement within the proposed research. What policies and processes are in place, or you plan to put in place regarding consumer and community participation? (Maximum 280 words)

**Promoting health equity - socioeconomically disadvantaged**

Describe how your project addresses the health inequalities of the socioeconomically disadvantaged. (Maximum 200 words)

**Promoting health equity - regional, rural, and remote**

Describe how your project addresses the health inequalities of residents of regional, rural, and remote areas. (Maximum 200 words)

**Promoting health equity - culturally and linguistically diverse**

Describe how your project addresses the health inequalities of residents of culturally and linguistically diverse communities. (Maximum 200 words)

**Promoting health equity - First Nations Peoples**

Describe how your project addresses the health inequalities of First Nations peoples and communities. (Maximum 200 words)

**Promoting health equity - gender**

Describe how your project addresses gender health inequalities. (Maximum 200 words)

**Translation and dissemination**

Describe how you plan to translate and disseminate your expected outcomes/impacts to your end users, especially if the end users are patients or people with lived experience. Include how it may lead to widespread improvements in cardiovascular and related health practices, policy, and/or knowledge. (Maximum 280 words)

Other funding

**Previous Funding**

Does this project build on previously funded research?

**Fellowship Funding**

Have you applied, or do you plan to apply for any other Fellowship funding or an NHMRC Investigator Grant commencing in 2026?