Project summary

**Application ID** *xxxxxxxx*

**Application Type** *Vanguard Grant*

**Administering institution**

This information is populated based on the organisation selected at registration. If you require changes to this field please contact Heart Foundation at [grantsportal@heartfoundation.org.au](mailto:grantsportal@heartfoundation.org.au).

**Important:** Your selected institution will administer your application (pre-award) and grant (post-award) should you be successful. Changes to your nominated Administering Institution must be for genuine reason and will be considered on a case-by-case basis.

**Primary Applicant**

**Grant Subcategory**

Which Vanguard Grant are you applying for?

**Project title**

Scientific title

**Lay title**

**Research category**

**Funding commencement date**

**Project synopsis**

Please provide a summary of your project in plain English *(to be understood by non-scientific audiences)*.  
  
This should be a succinct description providing an overview of your project methodology, the impact your project is likely to achieve, and your planned translation and dissemination activities.  
This synopsis will be included as part of the assessment by consumer reviewers.  
  
If your application is successful this summary may be used to promote your research project on our digital channels. (Maximum 400 words)

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**Research tags - categories**

Use this and the following question to indicate the categories and keywords associated with your proposal. The Heart Foundation uses this information to facilitate its peer review process and assist with the promotion of funded projects.

* When you select a category, its associated keywords will become available in the following dropdown
* [Click here](https://heartfoundation.smartsimple.com.au/files/1602797/f168905/Research_Categories_and_Keywords.pdf) to download a full list of the available categories and associated keywords to assist with the completion of this question.

**Research tags - keywords**

Select up to 8 keywords that most closely reflect your proposal. Tags are only used as an internal search feature to identify research projects.

**Ethics requirements**

Should you be successful in obtaining Heart Foundation funding, you will be asked to provide details of your ethics approvals if indicated as part of your application.

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Description automatically generated Human A white square with blue border

Description automatically generated Animal

**Biosafety requirements**

Should you be successful in obtaining Heart Foundation funding, you will be asked to provide details of your biosafety approvals if indicated as part of your application.

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Eligibility

Eligibility responses will be included in the application summary you receive after submitting your application. They will be used only for Heart Foundation's internal eligibility checks and will not be assessed by reviewers.

**No Tobacco Declaration**

Confirm that the work and investigators involved in this research, including yourself, have not had a real or perceived, direct or indirect link to any entity that develops or markets tobacco products or tobacco-related products, whether combustible or non-combustible (including e-cigarettes).

**Citizenship Status**

This information can be updated in your profile.

**CIA Confirmation**

Confirm that the CIA for this application will be based in Australia for at least 80% of the proposed funding period.

**CIA Application eligibility**

Please confirm that the Chief Investigator A does not have more than one application for Vanguard Grants in this funding round.

Track Record

**Career Disruptions and Relative to Opportunity**

Career Disruptions and Relative to Opportunity should be recorded in your Profile under the "Career" tab. Once updated, this information will be automatically copied into your application.  
  
Career Disruptions are prolonged interruptions of more than 28 calendar days to the ability to work due to pregnancy, major illness/injury or carer responsibilities, including parental leave.  
**Note:** Only Career Disruptions are considered in determining eligibility.  
  
All applications will be considered relative to opportunity. Provide brief details of other circumstances you believe have impacted your research output.

Project team

**Chief investigator(s)**

Add up to three additional Chief Investigators for this project. The applicant is the first Chief Investigator A (applicant).  
  
Ask permission before including a team member’s personal information and ensure all investigators have acknowledged the [privacy statement](https://www.heartfoundation.org.au/hfps13) on the Heart Foundation Website.  
  
The nominee will be notified via email and required to accept an invitation to participate as a Chief Investigator on this application.  
  
**Please note:**

* A small number of institutions' email domains may block or reject CI invitation emails. If your additional Chief Investigators encounter any issues receiving or accepting invitations, please ensure that they have checked their spam folder. If they are still unable to locate invitation emails, please notify the Heart Foundation at [grantsportal@heartfoundation.org.au](mailto:grantsportal@heartfoundation.org.au).
* If you need to cancel an invitation, please notify the Heart Foundation at [grantsportal@heartfoundation.org.au](mailto:grantsportal@heartfoundation.org.au).
* Additional Chief Investigators will have permissions to edit the application. The Chief Investigator A is the only applicant able to submit the application for endorsement.
* Ensure all invitations have been responded to before submitting your application. Any pending invitations will be withdrawn once your application has been submitted.

**Role in project**

Describe the role of each investigator within the project. (Maximum 400 words)

**Team track record**

Outline your team's track record focusing on the impact, quality, and contribution all Chief Investigators have made to cardiovascular health. (Maximum 400 words)

Project Details

**Project overview**

Provide an abridged version of your Research Plan. This should be a succinct description providing an overview of your project methodology, the impact your project is likely to achieve, and your planned translation and dissemination activities. (Maximum 400 words)

**Research environment**

Briefly summarise the research environment including quality and experience of supervision, international standing of Lab facilities, Infrastructure, and funding that is available to support your proposed research. (Maximum 200 words)

**Relevance to the purpose of the Vanguard Grant**

How does the proposed project test the feasibility of an innovative concept? How does the one (or 2 year) year timeframe allow you to achieve the goals of this project? (Maximum 200 words)

Research plan and figures

Please use the Word template provided to describe your Research Plan. Your document must adhere to the following formatting guidelines:

* CIA’s name and application ID in header Font: 12pt Arial
* Line spacing: single
* Page margins: 2cm top, bottom, left, right Page size: A4
* Page numbers in footer
* PDF file name format: File will be renamed on upload to *Application ID\_[CIA’s last name]\_Research\_Plan.pdf*
* A maximum of 3 images or figures may be included throughout the document. Ensure that figure legend text is easily legible.

Your Research Plan Description should include the following components (page limit specified in Word template):

* *Aim/s*: Describe the specific aims of the project.
* *Background*: Provide a background summary of why you are undertaking this project, specifically noting what is important about this research and/or what research gap this is addressing.

Note any previous work from the host department in this field and work by other investigators that led up to the proposed research.

* *Method*: Provide a detailed research strategy and study design, with a clear description of the methods to be employed. Where the project involves an intervention, describe the rationale for the intervention and how it will be evaluated.

Where applicable, include sample size and statistical power, sampling methods, main variables to be measured/examined, methods of data collection, analysis, and evaluation. A maximum of 3 images or figures may be included. Ensure that figure legend text is easily legible.

**Please note:** Project Milestones and References are excluded from the Research Plan Description page limit.

* *Project Milestones:* Specify timelines and major time allocations for your proposed project in the table provided in the template. If successful in obtaining funding, these milestones should be referred to when reporting on the progress of your project.
* *References*: Maximum 15 references

**Expected outcomes**

Specify the expected outcomes/impacts of your research project, and how they will benefit cardiovascular health. Detail next steps including if this study is expected to lead to larger, more rigorous studies. (Maximum 200 words)

Engagement

The Heart Foundation is dedicated to improving health inequalities. To learn more about our priorities, please review our [current strategy](https://www.heartfoundation.org.au/About-us/our-strategy).

This section will be assessed by Consumer Reviewers. Use plain language to ensure understanding by a lay audience.

**Consumer engagement**

Provide details of your plans for consumer and community engagement within the proposed research. What policies and processes are in place, or you plan to put in place regarding consumer and community participation? (Maximum 280 words)

**Promoting health equity - socioeconomically disadvantaged**

Describe how your project addresses the health inequalities of the socioeconomically disadvantaged. (Maximum 200 words)

**Promoting health equity - regional, rural, and remote**

Describe how your project addresses the health inequalities of residents of regional, rural, and remote areas. (Maximum 200 words)

**Promoting health equity - culturally and linguistically diverse**

Describe how your project addresses the health inequalities of residents of culturally and linguistically diverse communities. (Maximum 200 words)

**Promoting health equity - First Nations Peoples**

Describe how your project addresses the health inequalities of First Nations Peoples and communities. (Maximum 200 words)

**Promoting health equity - gender**

Describe how your project addresses gender health inequalities. (Maximum 200 words)

**Translation and dissemination**

Describe how you plan to translate and disseminate your expected outcomes/impacts to your end users, especially if the end users are patients or people with lived experience. Include how it may lead to widespread improvements in cardiovascular and related health practices, policy, and/or knowledge. (Maximum 280 words)

Budget

Outline your budget using the provided table. Ensure that you provide a full description of each line item. For information regarding allowable costs and prohibited costs, refer to the Heart Foundation Research Funding Guidelines.

**Amount requested**

**Budget**

Other funding

**Leveraging funding**

The Heart Foundation is interested in understanding how your application for funding may connect with any other funding you may have or be applying for. Please advise of any existing or potential funding for this project. (Maximum 200 words)