

Annexure: Asking Questions		
Demographical data		
Question	Data input type	Allowed responses
First name	Open validated text	
Last name	Open validated text	
Age	Numerical text, option to not respond	Age Prefer not to say
What is your gender identity?	Single response	Female Male Non-binary I'd like to specify (open text) Prefer not to say
What is your country of birth?	Drop down single response	Drop down list, starting with Australia, and then other countries in alphabetical order in digital forms If not digital, Australia listed first, and then other countries like; England India China (excluding SARs and Taiwan) New Zealand etc Other (Please specify) with open text box.
Do you speak a language other than English at home?	Drop down single response	No, English only Yes, Mandarin Yes, Arabic Yes, Vietnamese Yes, Cantonese Yes, Punjabi Yes, Greek Yes, Italian Yes, other (please specify) with open text box.

Do you identify as Aboriginal and/or Torres Strait Islander?	Single response	No Yes, Aboriginal Yes, Torres Strait Islander Yes, both Aboriginal and Torres Strait Islander Prefer not to say
Are you living with a disability	Single response	Yes No Prefer not to say
What postcode do you currently live in?	Open text	4 digit numeric field Prefer not to say
What is your gender identity?	Single response	Female Male Non-binary I'd like to specify (open text) Prefer not to say

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Physical activity question		
Question	Data input type	Allowed responses
<p>In the last week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate?</p> <p>This may include sport, exercise, brisk walking or cycling or to get to and from places but should not include housework or physical activity that is part of your job.</p>	Single response	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
<p>In the last week, on how many days did you do any strength or toning activities?</p> <p>This may include lifting weights, resistance training, pull-ups, push-ups, or sit-ups</p>	Single response	0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days
<p>Being part of the project helped you to increase the amount of physical activity you do</p>	Single response	Not at all A little A lot Unsure
<p>Being part of the project will help you to be more physically active in the future</p>	Single response	Not at all A little A lot Unsure
<p>Being part of the project helped you feel more confident in being physically active</p>	Single response	Not at all A little A lot Unsure