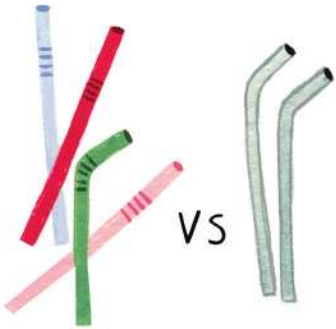


SUSTAINABLE SWAPS!



PLASTIC STRAWS

RE-USABLE STRAWS



THROWING AWAY

MENDING OR RE-PURPOSING



PLASTIC BAG

RE-USABLE BAG



DRIVING TO THE PARK

VS



WALKING TO THE PARK



PLASTIC WATER BOTTLE

VS



RE-USABLE WATER BOTTLE



BATH

SHOWER



PLASTIC SHAMPOO BOTTLE

VS



SOLID BAR SHAMPOO



HERBS IN PLASTIC

VS



GROW YOUR OWN HERBS



SERAN WRAP

VS



RE-USABLE FOODWRAP



THROWING AWAY FOOD WASTE

VS



COMPOSTING FOOD WASTE



SINGLE USE COFFEE CUP

VS



RE-USABLE COFFEE CUP



FAST FASHION

VS



THRIFT SHOPPING



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INFORMATION SOURCES

1. The article by The Edgy Veg (<https://theedgyveg.com/easy-sustainable-swaps-reduce-waste>) on www.theedgyveg.com
2. The article by The Foundation Blog (<https://thefoundationblog.com/blog/17swaps>) on www.thefoundationblog.com
2. The article by Jaime Krzos (<https://jaimekrzos.com/35-simple-sustainable-swaps/>) on www.jaimekrzos.com