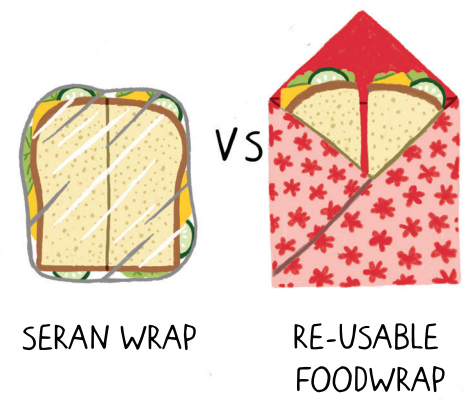
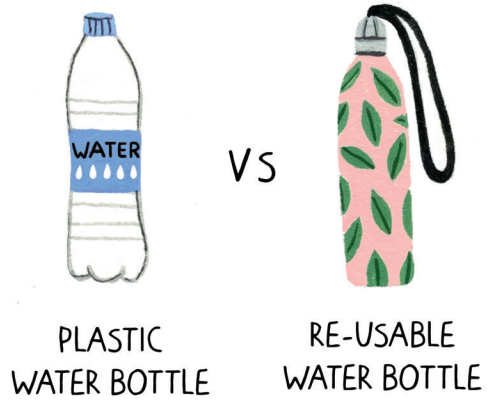
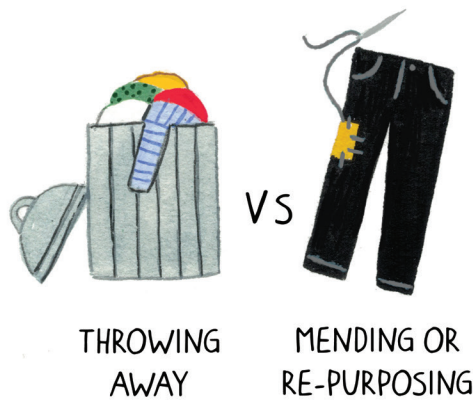
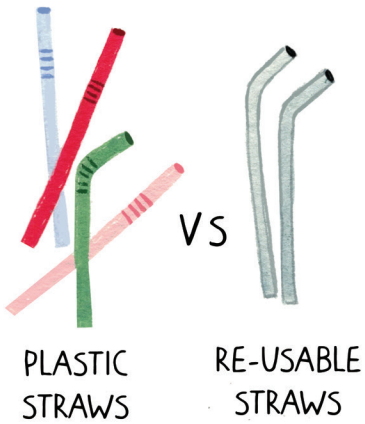


# SUSTAINABLE SWAPS!



 Please print me on recycled paper if you can!

## INFORMATION SOURCES

1. The article by The Edgy Veg (<https://theedgyveg.com/easy-sustainable-swaps-reduce-waste>) on [www.theedgyveg.com](http://www.theedgyveg.com)
2. The article by The Foundation Blog (<https://thefoundationblog.com/blog/17swaps>) on [www.thefoundationblog.com](http://www.thefoundationblog.com)
2. The article by Jaime Krzos (<https://jaimekrzos.com/35-simple-sustainable-swaps/>) on [www.jaimekrzos.com](http://www.jaimekrzos.com)