



Good Habits

About the activity

Who doesn't want to be a bundle of good habits?
Let's start knowing more about ourselves.



Instructions

- Print sheet 1 and 2 and paste your picture in the middle of sheet 1. Cut your good habits from sheet 2 and paste on the left side of the sheet 1.
- On the right side of the sheet 1, you can paste the good habits that you wish to have by cutting them from sheet 2.
- You can also write down other habits in the blank boxes of sheet 3 and paste them on sheet 1.

**You can add this sheet to your personal journal.
Check out "cover page" worksheet.**



My top 5 habits:

Paste your
picture here

Habits I wish to have:

Paste here

Paste here

Paste here

Paste here

Paste here

Paste here

Paste here

Paste here

Paste here

Paste here



*To help my mom
with daily chores*



*To keep track of
my monthly expenses*

*To wash my own
dishes and clothes*

*To never shout at my
elders and younger ones*

*To be curious about
learning new things*

*To complete my responsibilities
before playing*

*To write my journals
everyday*

*To never lie to
my parents*

