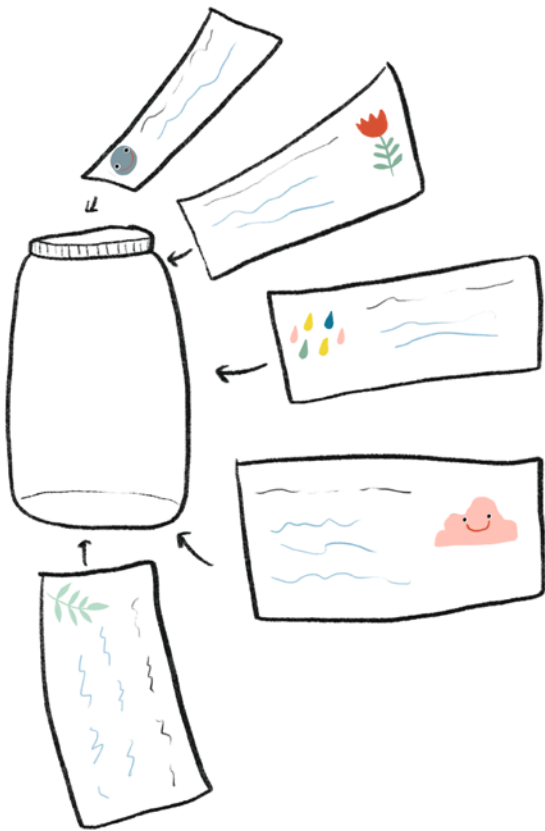


time capsule

2023 has come to an end.

To record this year for your future self, you can make your own time capsule!



Instructions:

Step 1: print the questions sheet

Step 2: answer the questions, and cut out each

Step 3: add them to your jar, you may also like to add something special to remember the year like a small toy you no longer want, or drawing, coin from 2023 etc, as well as your own questions for yourself

Step 3: close the jar, and find a very special spot to keep the jar for your future spot. This might be buried in the garden (make sure you

make a map!) or in a cupboard

Step 4: ask a parent or carer to set a phone reminder to "discover" the jar in the future! This might be 20 years from now, or even just a year away. Either way it will be wonderful to see the questions and answers, and see what has changed.



How old are you and what is the date today?

What three words described your year in 2023?



What did you find the hardest in 2023?



cut around each

What did you like about 2023?



Who did you spend most of your time with in 2023?

