

OLYMPIC DIVING MASTERS

You will need: pens, scissors,
a bendy ruler, sticky tape or a stapler.

by Carla Braschi (age 8)



1. Cut the coloured strips out and stick the ends together to form rings with the colour on the outside.
2. Cut out the characters and fold along the dotted lines.
3. Position the rings in the order of the olympic logo (shown above top left).
4. Grab the bendy ruler and place your character gently on the end, whilst holding the other end.
5. Flick the end of the ruler up to make your character dive, aiming for the rings.
6. Score points for getting your character in the rings. Change the height of the ruler each round, or take away a ring each time to make it harder.

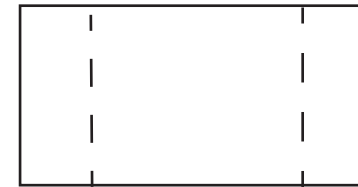
HAVE FUN!



More Challenges: Jump as high as you can and set your diving board to this height. Try moving further away from the rings.

Can you balance on one leg and take a turn?

How about an “egg and spoon” like race balancing your character on the ruler?



Will you be team frog, penguin or dolphin?

draw your own character here

