

SINK RATE

**Sink rate** is literally the rate the plane is sinking; moving downward as it glides. All gliders have a sink rate. Note that sink rate is not the same as glide ratio.

**Glide ratio** is a measure of how far forward a plane travels for each foot of height lost.



The Tumbling Wing is always falling down on the job, literally. It doesn't fly, it falls.

The cardboard scoops air upward to keep the plane aloft. The air moving up needs to match the speed the plane is moving down (the sink rate).

It will tumble backwards as it moves forward. Launch with edge nearest you angled upward, like the picture above. A slight downward motion as you release the plane is all it needsto start tumbling.

Keep the cardboard nearly vertical, only leaned just a little toward you at the top. You'll need to practice. I've flown one for more than 30 minutes.