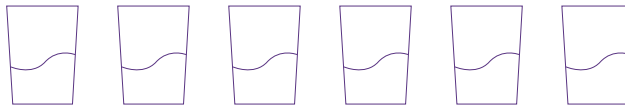


DAY:

DATE:

WATER INTAKE:

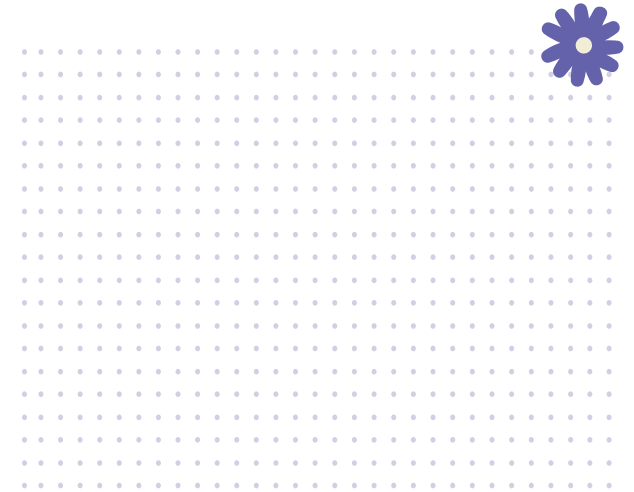
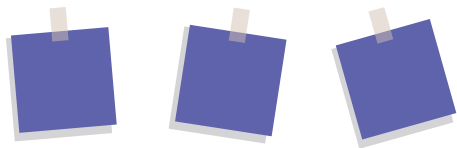


BREAKFAST

LUNCH

DINNER

Handwriting practice lines for breakfast, lunch, and dinner notes.



IMPORTANT NOTES

Speech bubble shape for important notes.

FOR TOMORROW

Handwriting practice lines for notes for tomorrow.

TODAY'S AGENDA



Handwriting practice lines for today's agenda.

GOOD THINGS THAT HAPPENED TODAY

Large box for good things that happened today.

