

## Shipboard and Shore-side Occupational Health, Safety and Environmental Policy<sup>1</sup>

The Company recognises that occupational Health, Safety and Environmental (OHSE) management is a fundamental responsibility, rooted in our commitment to the well-being of our people and the protection of the environment. We are committed to prevention of injury and ill health and continual improvement of the OHSE management system to enhance our OHSE performance<sup>2</sup>.

Our occupational Health, Safety and Environmental Policy provides the framework for setting and reviewing OHSE objectives and targets.<sup>3</sup> It is based on requirements of:

- The ISM Code
- ISO14001:2015
- ISO/DIS45001

Our objectives are:

- To achieve zero fatalities, zero spills, zero accidents and zero incidents<sup>4</sup>
- To assess all identified risks to its ships personnel and the environment and establish appropriate safeguards using the hierarchy of controls<sup>5</sup>
- To continuously improve safety management skills of personnel ashore and aboard ships, including preparing for emergencies related both to safety and environmental protection<sup>6</sup>
- To develop a sense of personal responsibility in all personnel towards Health, Safety and Environmental protection.

### Implementation:<sup>7</sup>

The prime responsibility for implementing this Policy lies with line management (supervisory positions). To achieve this, the commitment and involvement of all Company personnel is required. Onboard ship, Senior Officers and visiting shore management must always lead by example and comply with all safety practices and procedures including wearing the correct PPE.

The Company will comply with all relevant national and International OHSE legislations, and regulations, and take into account all industry guidelines and codes of practice.<sup>9</sup>

When considering new business or work methods and conditions, full account will be taken of all relevant Health, Safety and Environmental aspects to ensure that the standards required by this Policy are maintained.

All work will be properly supervised with Safety and Environment protection forming an integral part of all planning and procedures. Necessary information, instruction and training will be given as necessary to ensure the health and safety at work of all employees.

The company is committed to involving workers and their representatives in the decision making processes in the OHSE management system<sup>10</sup>. This includes responding positively to recommendations, from both shore and sea staff to changes in policy, practices or equipment necessary to improve standards.

All incidents of a serious or potentially serious nature will be investigated and recommendations communicated through line management where appropriate.

Management will strive to ensure that purchase and supply activities are continuously improved with respect to environmental protection. This includes waste reduction methods such as:

- Bulk purchasing to reduce packaging
- Recycling initiatives
- Using nondisposable equipment

Management will use its best endeavours to ensure that contractors working on their behalf apply standards compatible with this Policy.

This Policy will be communicated to all employees and contractors<sup>12</sup>, in order to ensure they are aware of their OHSE obligations, it will also be made available to interested parties, as appropriate<sup>13</sup>. It will be reviewed periodically to ensure that it remains relevant and appropriate.<sup>14</sup>



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**Martin Springer**

**Managing Director**

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<sup>1</sup> ISM Code sect 1.2, 2.1, 1.4, ISO 9001:2015 sect 5.1,5.2, 10.1,10.3; ISO14001:2015 and ISO 45001 sect 5.2; <sup>2</sup> ISO45001 sect. 5.2(e), ISO 14001:2015 sect. 5.2 c and e; <sup>3</sup> ISO 9001:2015 sect.5.2.1(b), ISO14001:2015 and 45001 sect. 5.2 (b); <sup>4</sup> ISM Code 1.2.1, 1.2.2.1

<sup>5</sup> ISM Code 1.2.2.2 and ISO 45001 sect 5.2(d); <sup>6</sup> ISM Code 1.2.2.3; <sup>7</sup> ISM Code 2.1; <sup>9</sup> ISM Code 1.2.3, ISO45001 sect.5.2c, ISO14001:2015 sect.5.2d; <sup>10</sup> ISO45001 sect.5.2(f) <sup>1</sup> ISO14001:2015 and ISO45001 sect.5.2, ISM Code 2.2 <sup>13</sup>, ISO14001:2015 and ISO 45001 sect. 5.2.; <sup>14</sup> ISO45001 sect.5.2