

# Cardiovascular Medicine Implanted Cardiac Monitor (ICM)

## Welcome to the Spectrum Health Cardiovascular Medicine ICM Clinic

Thank you for choosing us to partner with you in your care. We look forward to developing a relationship with you as we care for you and your implanted cardiac monitor. Here you will find helpful information about your implanted cardiac monitor and home monitoring system; expectations from us, clinic information, and locations of care.

### ICM Clinic 101

- **Your first 1-2 weeks**

Follow the discharge instructions that you received when you left the hospital.

**Call the ICM clinic at 616.885.5226 if you develop any of the following:**

- A fever of 101 degrees Fahrenheit or higher.
- New pain, redness, new rash, irritated skin, increased swelling at the monitor incision site, or at any intravenous site (IV) site on your arm.
- Drainage or bleeding that does not stop from the monitor incision site.

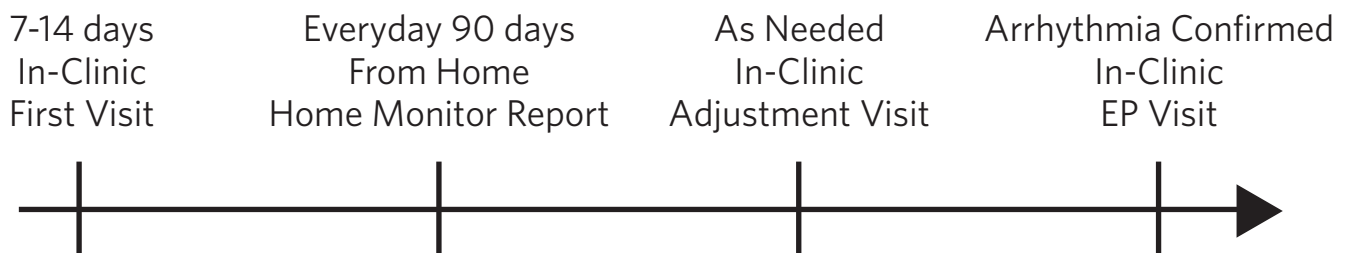
- **What is ICM?**

- ICM is an abbreviation for Implanted Cardiac Monitor. This device allows us to monitor your heart's rhythms continuously over 3-4 years.

- **Your ICM Care and Follow-up**

- Our team of Exercise Physiologists will work with your doctor for the best plan of care and monitoring.

### Timeline For Follow-up Visits Post Implant



**OVER →**

- After your first visit to the ICM clinic, we will continue to monitor you from home for the lifespan of your ICM. You will only see your implanting physician if there is a confirmed arrhythmia (irregular heartbeats) and you need to have a consult with the physician.
- We may have you come into the clinic from time to time as the physician directs us to adjust your monitor to better view your heart rhythm.

## Home Monitoring

Technology allows us the ability to monitor our patients from their home. We will check patients every 3 months from home, and more as needed.

**You should have received a HOME MONITORING UNIT from the company representative at the hospital before your discharge.**

**Questions regarding your home monitor?** Call the company that provided you with the equipment.

Biotronik - 800.889.9066      Medtronic (CareLink) - 800.929.4043

## Questions regarding billing for your ICM?

Contact our SH Financial Resource team at: 844.838.3115  
Financialcounseling@specturmhealth.org

### Medtronic LINQ - Billing codes

93291: In office Interrogation  
93285: In office Reprogramming + Interrogation  
93298 (professional) and 93299 (technical):  
    Quarterly Summary Reports from home monitor

### Biotronik BioMonitor2 - Billing codes

93290: In office Interrogation  
93290: In office Reprogramming + Interrogation  
93297 (professional) and 93299 (technical):  
    Quarterly Summary Reports from home monitor

## We look forward to meeting you at your first visit to the clinic.

Should you have any further questions or concerns, contact

- The ICM Clinic office at: 616.885.5226  
    Office hours: Monday - Friday 8 a.m. - 4:30 p.m.  
    Voicemails are answered within one business day  
    The on-call physician can always be reached at: 616.885.5000

## Thank you for choosing Spectrum Health ICM Clinic

This handout does not take the place of a discussion with your doctor.  
Discuss any questions or concerns you may have with your doctor.