

Locations

● Spectrum Health Surgical Optimization

Center at Butterworth Hospital

330 Barclay Avenue NE, Suite 104
Grand Rapids, MI 49503
Phone: 616.267.9823
Fax: 616.267.8414

Please park in the patient parking, Lot 8, off of Barclay Avenue. There are designated spots for SOC patients. The northeast corner is barrier-free. Our office is located across the street from Butterworth Hospital Emergency Department.

● Spectrum Health Surgical Optimization Center at Blodgett Hospital

1840 Wealthy Street SE, Suite 2C 244
Grand Rapids, MI 49506
Phone: 616.774.0276
Fax: 616.774.5204

Please use free patient valet services, or park in Ramp #2 near Emergency Room parking lot. Registration is located in Room 2C-244.

● Big Rapids Hospital

705 Oak Street, Suite 1,
Big Rapids, MI 49307

● Ludington Hospital

1 Atkinson Drive,
Ludington, MI 49431

● Gerber Memorial

230 W Oak Street, Suite 1,
Fremont, MI 49412

● Pennock

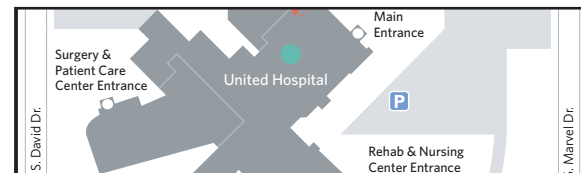
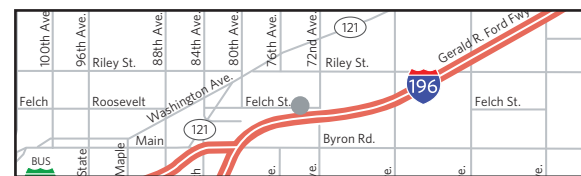
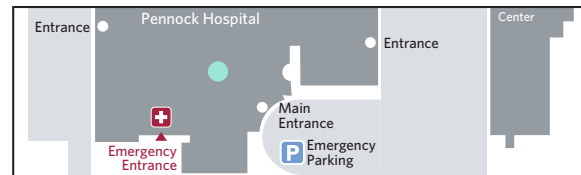
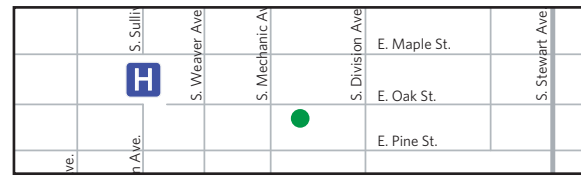
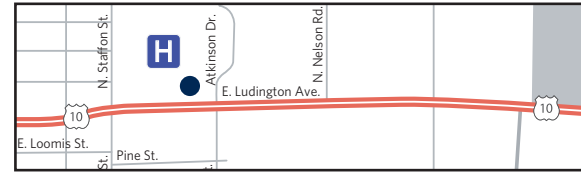
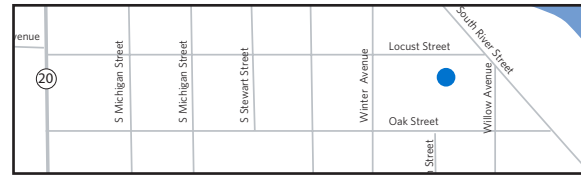
1005 W Green Street, Suite 305,
Hastings, MI 49058

● Zeeland Community Hospital

833 Felch Street, Suite 300,
Zeeland, MI 49464

● United Memorial

705 S Greenville West Dr, Suite 202,
Greenville, MI 48838



Any questions for SOC locations not located in Grand Rapids, please call **616.267.9823** or **616.774.0276**



Spectrum Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. [81 FR 31465, May 16, 2016; 81 FR 46613, July 18, 2016]

ATENCIÓN: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844.359.1607 (TTY: 711).

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إذا كنت تتحدث اللغة العربية، فيمكنك الحصول على المساعدة اللغوية المتاحة مجاناً. اتصل على الرقم 1.844.359.1607 (TTY: 711).



Surgical Optimization Center

The best surgical result starts with a personalized surgical care plan.



Making your surgery safer

Quality health care means doing the right thing the first time and every time. As part of our commitment to quality, we have created the Surgical Optimization Center (SOC) to prepare you and your surgical care team before your surgery.

What is optimization?

The goal of “optimizing” your health prior to surgery is to minimize your risk of postoperative complications. Our perioperative medicine experts are trained and focused on your risk assessment prior to your procedure. By performing certain screening tools and creating a detailed assessment, we are able to:

- Prevent delays or same-day cancellations of your procedure
- Decrease your length of stay in the hospital
- Reduce unplanned readmission
- Reduce unplanned emergency room visits
- Decrease the risk of postoperative complications
- Reduce the total cost of care

What to expect

Your surgeon or referring provider will submit a referral to the Surgical Optimization Center. The SOC team will call you to schedule the appointment. They will screen for any health concerns including tobacco/nicotine use, malnutrition, and activity level. This phone assessment helps us to develop your surgical plan and better prepare you for your surgery and recovery.

During your appointment, your SOC provider will review your medical history and medications, perform a physical exam, and complete a checklist that helps us determine your risk and readiness for surgery. In most cases, the appointment will provide us enough information to decide if you are ready for surgery. In some cases, additional tests or medications may be needed to ensure it is safe to proceed with surgery. This information will be communicated to your surgeon and primary care physician..

Your personalized surgical care plan

You and the SOC team will work together to create a plan for your surgery. This plan will guide you and everyone who cares for you before and during surgery.

- A complete medical assessment, including a review of your surgical, familial and social histories
- Education and resources to let you know what to expect and how to prepare for your surgery
- Medication review and instructions given prior to and day of your surgery
- We work with your surgical team and anesthesiologists to determine if additional testing is needed based on your medical history. This helps to avoid unnecessary delays, tests, and visits, and can save you money and time.
- Care management options if at-home assistance is needed during your recovery

Meet our team



Adam Edlund, MD, SFHM
Medical Director
Perioperative Medicine



Kavitha Golipelly, MD
Perioperative Medicine



Vidyulatha Talla, MD, FACP
Perioperative Medicine



Mohamad El-Kurdi, MD
Perioperative Medicine



Melanie Burghraef, ANP
Perioperative Medicine



Kate Duram, DNP
Perioperative Medicine



Gustavo Moretta, FNP
Perioperative Medicine



Jennifer Pals, FNP
Perioperative Medicine



Heather Sypien, FNP
Perioperative Medicine



Katrina VandeBunte, FNP
Perioperative Medicine



Jill Boynton, NP
Perioperative Medicine

Patient name: _____

Appointment date: _____

Arrival time: _____ **Appointment time:** _____

You do not have to fast for this appointment.

Please bring your medication list with you.

If you have a spinal cord stimulator, please bring your remote control as it may need to be turned off for an electrocardiogram (EKG).

See map on back for location information

spectrumhealth.org/patient-care/surgical-optimization-center