

SPRING 2016

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Giving Matters

Spectrum Health Foundation & Helen DeVos Children's Hospital Foundation Magazine



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Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation are committed to advancing the health and well-being of the community through philanthropy.

Welcome



Your *Giving Matters* to our patients, families, and our health care providers. It is your support that helps provide lifesaving and life-changing care. Through the new Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation magazine, *Giving Matters*, we will share stories of the lives you are touching.

We consider it our privilege to show you the impact you are having on clinical care, patient and family support, and research and innovation. I hope you enjoy this first issue of *Giving Matters* and feel inspired by what you help make possible.

With sincere appreciation,

Vicki Weaver, President
Spectrum Health Foundation
Helen DeVos Children's Hospital Foundation

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In an Instant, Life Changed

A senior year in high school is a mixture of emotions—moments of loss as you experience your last first day of school, last homecoming, last football game or band concert. You welcome new challenges and moments of anticipation and exhilaration as you think about college or a career after high school.

Brianne (Bri) Payne was in the throes of these emotions as an honors student at West Ottawa High School in Holland, Michigan. She was enjoying her senior year and was excited about attending Eastern Michigan University in the fall. On February 12, 2013, her life changed in an instant. A driver failed to stop for the red traffic light and broadsided Bri's car.

Bri does not remember the specifics of that evening, but her parents, Tim and Shelly Payne, vividly recall

receiving the telephone call that Bri was unresponsive and en route to Holland Hospital and would be transferred to Spectrum Health in Grand Rapids. "We were told we would need to make decisions; decisions every parent dreads," said Shelly. "Bri suffered a traumatic brain injury (TBI), and her pelvis was fractured in four places. She ended up being transferred by ambulance to Grand Rapids and the wait began." Because Bri was 18 years old, she was admitted to the neuroscience intensive care unit, where she spent the next two and a half weeks in a coma. She was abnormally posturing—involuntary flexion or extension of the arms, hands and legs, all indicating severe brain injury. She was experiencing neuro storming—a common response to traumatic brain injuries when the blood pressure spikes and the body is sweaty and cold.

She had procedures to stabilize her pelvis, a tracheotomy and feeding tube. "These were scary moments," said Shelly. "We didn't know if Bri would ever regain consciousness, and what the prognosis was if she did."

With her internal cranial pressure remaining low and the neuroscience intensive care unit team's decision to remove her from sedation, Bri was transferred to Spectrum Health Continuing Care Kalamazoo Campus for rehabilitation on March 1, 2013. A team of occupational and physical therapists and speech and language pathologists worked tirelessly twice a day for the next seven weeks. Bri remained minimally responsive until one day the pet therapy dog entered her room, licked her hand and Bri opened her eyes. "Everyone was

crying, including the therapists. Her entire care team was our family,” said Shelly. “This includes the music and pet therapist, and while these services are not covered by insurance, they are vitally important to recovery. Music therapy helped Bri be more responsive to occupational and physical therapy.”

Bri continued to gain strength and relearn everything, from sitting and walking to eating, talking and even brushing her hair. Her rehab journey continued at Mary Free Bed Rehabilitation Hospital for six weeks. Bri spent a total of three and a half months in the hospital and in rehabilitation facilities before finally going home.

Today, Bri is taking classes at Eastern Michigan University in hopes of practicing music therapy as a career. She regularly volunteers in other long-term care facilities and is looking forward to volunteering with a college group in West Virginia on Spring Break. “Traumatic brain injuries never really go away; they never completely heal. There will always be struggles in some way. While Bri has come an incredible distance and is truly special, she struggles in maintaining attention, cognitive thought processes and short-term memory. Controlling her temper when tired or overwhelmed is occasionally difficult. Her personality is different and she must continue to work hard to overcome these struggles. She knows the continuing effects of her injury,” said Shelly. “I believe the care she received and the education and support the family received at Spectrum Health Continuing Care contributed to her continuing progress.”



Music and pet therapy are patient and family support programs funded by donations. In addition to music and pet therapy, philanthropy will provide indoor and outdoor healing gardens at the new Spectrum Health Rehabilitation Nursing Center, Kalamazoo Avenue. Alternative therapies are essential to the healing process.

A Healing Place

Spectrum Health Foundation invites you to join us in creating a new home for hope and healing at the Spectrum Health Rehabilitation and Nursing Center, Kalamazoo Avenue.

Your support will help create beautiful and comforting outdoor spaces for patients here for short-term rehabilitation, and for long-term care residents. Research shows that healing gardens reduce stress, bolster the immune system, increase physical activity, and advance socialization with family, patients and other residents. All of the people we serve deserve and can benefit from the therapeutic benefits of a healthy, outdoor environment. Our healing garden will offer the opportunity for patients and residents to enjoy the fresh air, feel the sun on a warm spring day,



and practice their newly learned skills in a beautiful and functional space.

Your gifts will help create spaces that bring comfort and delight to our patients and residents, ultimately improving their quality of life and recovery. Be a part of this new environment of care and make a difference in the lives of patients and their families.

For more information, contact Tara Werkhoven at 616.391.2069 or tara.werkhoven@spectrumhealth.org.



Helen DeVos Children's Hospital Injury Prevention Program

According to the National Center for Injury Prevention and Control, unintentional injuries are the leading cause of death among children ages 1 to 19. This represents nearly 40 percent of all deaths in this age group. Each year, an estimated 8.7 million children and teens receive treatment in emergency departments (EDs) for unintentional injuries, and more than 9,000 die because of their injuries. Prevention of childhood injury and death requires significant resources, and philanthropy is essential to our success.

Helen DeVos Children's Hospital Foundation thanks Meijer for partnering with us on the Helen DeVos Children's Hospital Injury Prevention Program. Funding from Meijer will expand life-changing and lifesaving injury prevention services within our community for our patients and their families, including families like the Franchettis.

Both Dawn and Drew Franchetti have dwarfism. Dawn has a mutation of chromosome 4, called achondroplasia, and Drew has brittle bone disease or osteogenesis imperfecta. "We knew our children were prone to inherit one of our conditions, but it would be very rare for them to inherit both," said Dawn. "Evelyn's condition is very rare, and we discovered in utero she had fractured both femurs and actually inherited both conditions. She was even more fragile than expected."

Dawn drove to the local fire station to participate in a free car seat safety check offered by Helen DeVos Children's Hospital Injury Prevention Program. She met Kelley Miller, the car seat technician and injury prevention specialist, who helped install the car seat even before Evelyn was born. Evelyn Franchetti was born on July 14, 2015 weighing 4 pounds 13 ounces and was admitted to the neonatal intensive care unit (NICU) in The Gerber Foundation Neonatal Center at Helen DeVos Children's Hospital. Thanks to the collaboration between the NICU and Helen DeVos Children's Hospital's Injury Prevention Program every baby born less than 37 weeks and under 5 pounds is required to pass the "angle test" prior to discharge. Kelley Miller brought Drew along and conducted the required "angle tolerance test" with Evelyn. "The test

determines if the baby can sit in the car seat for 90 minutes or the length of the drive home, whichever is greater,” said Jennifer Hoekstra, injury prevention program coordinator. “We monitor breathing, oxygen levels and heart rate. We make adjustments to the car seat to ensure the baby is as safe as they can be before heading home.” In the case of Evelyn, there were several adjustments made to the car seat as well as to the straps to ensure they would not break her fragile bones.

Little did the Franchetti family realize two weeks later they would be involved in an automobile crash. “A car accident has the potential of creating even more harm to babies like Evelyn,” said Dawn. “Paramedics came to the scene of the accident, but didn’t touch her out of fear of ‘breaking her.’ When we arrived at the emergency room for X-rays, Kelley, the car seat technician and injury prevention specialist, met us there. We were grateful to learn Evelyn did not suffer a single broken bone. Her car seat protected her fragile body.”

Kelley spent the day finding a replacement car seat so Evelyn could go home. “We can’t thank Kelley enough for all of the time and attention she gave us,” said Dawn. “I tell everyone I know to go and get their car seats checked by a certified technician. It’s free and you never know when you will need it.”

Evelyn Franchetti and Kelley Miller,
injury prevention specialist



Meijer and Helen DeVos Children's Hospital Joining Forces

Did you know that vehicle crashes are the leading cause of death in children younger than 14 years old? Car seats reduce the chance of injury and death by nearly 70 percent, but only when properly installed. Sadly, four out of five car seats are incorrectly installed.

Meijer and Helen DeVos Children's Hospital are joining forces to help prevent injury across West Michigan. Building on the already successful car seat safety program, the partnership with Meijer opens new doors to reach entire communities with important tips, access to car seat fittings, and education to help keep our kids safe and injury free.

“We are so grateful to Meijer for sponsoring our program. We have passionate people ready to share our message,” said Jennifer. “We were literally at capacity, and with this funding we will add staff and be able to reach further into the communities we serve as well as provide more resources through our emergency room trauma teams.”

Meijer's sponsorship will allow the Injury Prevention Program to enhance and expand helmet safety educational efforts as well as provide ways for kids to stay safe when playing sports, or just playing. Thank you to Meijer for its ongoing support of Helen DeVos Children's Hospital and our kids!

To learn more about the Helen DeVos Children's Hospital Injury Prevention Program or funding opportunities, contact Brad Kaufmann at 616.391.5149 or by email at bradley.kaufmann@spectrumhealth.org.

Lifetime Members

On occasion, there are people who make a profound difference for an organization and leave an indelible mark. Wilbur A. Lettinga and Peter P. Renucci were recognized as Lifetime Members of the foundation board for their exemplary leadership and commitment. The Lifetime Member recognition is reserved for those who demonstrate extraordinary and praiseworthy service. Bill and Peter are the first board members to receive this special recognition. They have displayed extraordinary leadership through their board attendance, participation, leadership roles and specifically their stewardship and engagement with donors. Both Bill and Peter are passionate about advancing the health and well-being of patients and families.

Mr. Lettinga joined the Butterworth Foundation Board in 1988 and today continues to serve on the Spectrum Health Foundation Board. He served as fundraising chair for the first four years of the Spectrum Health Gala, which began in 1990. He and his wife, Sharon, are passionate about health care, including providing healing and hope to those living with cancer and both physical and mental disability. Their major contributions to Helen DeVos Children's Hospital and Spectrum Health, including the Lettinga Inpatient Cancer Center are a remarkable result.

Mr. Renucci joined the Butterworth Foundation Board in 1992 and today continues to serve on the Spectrum

Health Foundation Board. He joined the Helen DeVos Children's Hospital Foundation Board in 2000.

Mr. Renucci chaired the gala fundraising committee for 16 years building an annual million-dollar event. Additionally, he was active in the capital campaign for the Fred and Lena Meijer Heart Center.

Along with his wife, Pat, they made the lead gift to help build the Renucci Hospitality House, which is recognized as one the top 10 largest hospitality homes in the nation. Mr. Renucci strongly believes in the power of giving time, talent and treasure.

We thank Mr. Lettinga and Mr. Renucci for their combined 50 years of service, dedication and leadership to making a difference. Their faithful support for our patients, families and staff is inspiring and adds continuing value to our community and to our entire organization.



Wilbur A. Lettinga



Peter P. Renucci

Meet Our New Spectrum Health Foundation Trustee

Dale W. DeHaan has more than 35 years of board experience and service to the community. He is extremely proud of his long-term work with the Visiting Nurses Foundation, where he served as board chair. Dale praises the work of the organization and its clinicians. The recent integration of the Visiting Nurses Foundation with Spectrum Health Foundation allows him to continue this work and expand his interests to other areas of health care, especially end of life care.

"I am passionate about people and about giving back both through service and as a benefactor. I hope to leave this world a better place," Dale explained. "I used to take my day-to-day life for granted until two years ago when I had a heart attack requiring a stent placement. There is that moment when all of a sudden things come into perspective and priorities shift."

Dale is currently a client executive at Hylant Company and owner of MI Choice Benefits, LLC. He received his bachelor's degree from Ferris State University and his master's degree from Michigan State University.



Dale W. DeHaan

Dale considers his board experiences as rewarding service to our community and expresses a strong confidence in the foundation and the life-changing and lifesaving services and programs we support. He and his wife, Ellen, have been happily married for 48 years; they have two daughters and six grandchildren.

A Family Path to the Neonatal Intensive Care Unit

Often our daily encounters with others appear to be random and accidental, but occasionally our intersecting paths become a common road less traveled, and our encounters become star-crossed.

Such is the experience and intersection of Edith Lynn Mueller; Gene and Kathie Pearson; Lauren and Eric Schut; their triplets Austin, Brookelyn and Blake; and the neonatal intensive care unit (NICU) in The Gerber Foundation Neonatal Center at Helen DeVos Children's Hospital.

In 2003, Edith Lynn Mueller moved from Glendale, California, back to Michigan. Although Edith Lynn was born and raised in West Michigan, after graduating from high school, she moved to California to study accounting. There she met and married Raymond Mueller in 1958. He passed away in 1993. In 2003, Edith Lynn returned to Michigan, her original home.

In 2006, Edith's path intersected with her second cousin, Gene. Leading her path to intersect with Gene and Kathie's daughter, Lauren, and finally with Lauren and Eric's very special triplets: Austin, Brookelyn and Blake.



Edith Lynn Mueller



Gene, while working on a genealogy project as part of his master's degree studies in professional counseling, intersected with Edith Lynn in 2006. She was family and they had a lifetime to discuss. Edith Lynn grew to know and love Gene and Kathie's three daughters: Lauren, Kristen and Becky. No one would have predicted the connection Edith Lynn and Lauren would share in 2009.

Lauren and Eric always wanted a family and struggled with infertility; they celebrated a pregnancy in early 2009. "I felt that I was carrying more than one baby all along, but was surprised to learn I was having three," said Lauren. "I had a difficult pregnancy and was confined to bed rest until their birth."

Austin, Brookelyn and Blake were born prematurely at 28 weeks and 6 days on September 14, 2009, fighting for their lives and were admitted to the NICU. This became their home for the next three months. "The physicians and nurses became like family to me," said Lauren. "Thanks to the lifesaving and sustaining care they received, they were able to overcome some very serious life-threatening challenges. God was in control the entire time. He worked through these incredible clinicians."

Austin was born weighing 3 pounds, 1 ounce; Brookelyn was born weighing 2 pounds, 15 ounces; and Blake was born weighing 2 pounds, 6 ounces. Edith Lynn knew she wanted to celebrate the triplets, honor the exceptional care they received, their lives, and who they will become. "She never had any children, and I think she wanted to put her estate money where her heart was. Helen DeVos Children's Hospital was that place. Specifically the NICU," said Gene Pearson. "She was such a giving woman, always loved children and went out of her way with thoughtful gestures for others."

These encounters were star-crossed and touched Edith immensely, resulting in a designated planned gift of close to \$500,000 when Edith passed away on April 24, 2015. Her gift established the Edith Mueller Endowed Fund for Neonatal Services.

The outcome of this philanthropic gift will honor Edith Lynn Mueller today and tomorrow for her caring and generosity. Most importantly, it will support advances in neonatal care to help more premature infants and their families.

If you would like more information about giving through your estate or will, contact Tara Werkhoven at 616.391.2069 or tara.werkhoven@spectrumhealth.org.



The Pearson and Schut family check presentation to the NICU.



IRA Rollover Made Permanent

In mid-December the permanent IRA Charitable Rollover provision was signed into law.

This means if you are 70½ and older you can donate as much as \$100,000 of your IRA account assets each year to charity. The donations will count as part of your required annual payout.

Remember that there is no income tax charitable deduction for your donation, but you also won't need to count your distribution as income.

To qualify, the donation of IRA assets must be made directly to a charity, not a donor-advised fund or grant-making foundation. The assets must be transferred directly to the charity from the IRA custodian, such as a bank or mutual fund.

Please check with your tax attorney, accountant, consultant or other tax professional for additional details.

If you would like to learn about how your gift can make a difference at Spectrum Health, including Helen DeVos Children's Hospital, contact Tara Werkhoven at 616.391.2069 or tara.werkhoven@spectrumhealth.org.



Sustaining Champions

Making a Difference Through Monthly Giving

Amanda and Matt Nixon grew up to believe blessings in life are for sharing with others. This basic tenet of their faith is their motivation for a financial commitment to Helen DeVos Children's Hospital Foundation. Even though Amanda and Matt are a young couple in their early 30s, the sustaining champion program is both manageable and meaningful. As sustaining champions, they are living their belief and sharing their blessings—values they are passing on to their 5-year-old twins, Caleb and Chloe.

"We used to sit down at tax time and discuss our charitable donations. We wanted to give more, but didn't have the means to make a larger year-end contribution," said Matt. "When we realized we could make a smaller and manageable monthly recurring gift to Helen DeVos Children's Hospital, it was both within our budget and yet very meaningful and therefore, an easy decision for us." Sustaining champions are

a passionate group of donors who are creating hope and advancing healing for the communities we serve.

Their relationship with Spectrum Health Women and Infant Services and Helen DeVos Children's Hospital started in the fall of 2010. Amanda was pregnant with twins and developed pre-eclampsia. Pre-eclampsia is a pregnancy disorder causing high blood pressure and elevated protein





Matt, Amanda, Caleb and Chloe Nixon

levels and the possible dysfunction of major organs. Amanda was admitted to the hospital five days before the babies arrived. Caleb and Chloe were born at 32 weeks and 6 days, and were admitted to the neonatal intermediate care unit for observation. "Like many parents of multiples, our first couple of weeks were complicated," said Matt.

"Our children spent a combined 28 days in their care, and every one of those days, the amazing individuals at the hospital helped our family. They helped our children grow and prepared us to bring them home. Every day we spend with our children is a reminder of the wonderful work of the children's hospital. We could never repay the kindness and care we received."

What was a manageable and meaningful decision for the Nixon family may also be a way of sharing your blessings through the sustaining champion program.

Donating online is quick and easy. To learn more about the benefits of monthly giving and becoming a sustaining champion, contact Kaylee Milanowski at 616.391.2219 or kaylee.milanowski@spectrumhealth.org.

Learn, Inspire,
LEAD

Become a LEAD Member

LEAD is a special group of *Ladies Empowering and Advocating for a Difference*. Your decision to learn, inspire and LEAD will change and save the lives of our patients, their families and our communities. Through your participation in LEAD you will have an exclusive look at some of our essential programs and services that will leave you with an up-close and personal understanding of our needs. We hope this understanding will make it easy for you to designate your annual LEAD gift to a program or service that touches your mind, spirit and heart.

LEAD members are asked to make a donation of \$1,000 annually or \$250 a quarter. To join LEAD and begin making a difference, visit give.spectrumhealth.org/LEAD. You may also contact Kaylee Milanowski at 616.391.2219 or mail your membership contribution, made payable to Spectrum Health Foundation, to 100 Michigan Street NE, MC004, Grand Rapids, MI 49503.

A special thanks to our LEAD advisory committee members, who helped provide advice and guidance in the formation of LEAD: Michelle Bottrall, Nancy Hanenburg, Kim Moorhead, Beth Nickels and Laurie Wierda.

The first LEAD meeting will take place in April, so join soon!

Thank you to all who attended our inaugural LEAD event at CityFlatsHotel on Tuesday, February 23. Guests enjoyed an evening of festivities, including delicious food, while gaining wisdom and inspiration as experts discussed health, wellness, personal protection, online safety and more.





Joseph Vettukattil, MD,
holding a 3-D model of
a patient's heart.

Congenital Heart Education, Research and Innovation at Spectrum Health

Joseph Vettukattil, MD, and Marcus Haw, MBBS, co-directors of Helen DeVos Children's Hospital Congenital Heart Center, made headlines when they announced the successful integration of computed tomography (CT), magnetic resonance imaging (MRI) and three-dimensional transesophageal echocardiography (3-DTEE) to print a hybrid 3-D model of a patient's heart.

"Hybrid 3-D printing integrates the best aspects of two or more imaging modalities, which can potentially enhance diagnosis, as well as interventional and surgical planning," said Jordan Gosnell,

a cardiac sonographer at Helen DeVos Children's Hospital and the lead author of the study. "Previous methods of 3-D printing utilize only one imaging modality, which may not be as accurate."

According to Dr. Vettukattil and Gosnell, each imaging tool has different strengths, which can improve and enhance 3-D printing:

- CT enhances visualization of the outside anatomy of the heart
- MRI is a superior measure meant for the interior of the heart, including both the right and left ventricles or main chambers of the heart, as well as the heart's muscular tissue

- 3-D transesophageal echocardiography provides the best visualization of valve anatomy

"This is a huge leap for individualized medicine in cardiology and congenital heart disease," said interventional cardiologist Dr. Vettukattil. "We have respect for the heart, and therefore we want only minimum disturbance. Now, before we open a patient's chest, and the heart, we already have a clear spatial understanding of the structures in the heart, and how we are going to address the defect." That is a huge leap.

The 3-D model allows cardiovascular surgeons to make a more precise determination of what actually lies ahead before opening the chest. "Without the 3-D model, the surgery would be more time-consuming and more stressful," Dr. Haw said. "A better understanding of the 3-D spaces will reduce the number of pediatric patients in need of palliative surgery, and in turn, the number of adult patients in need of corrective surgery. This type of surgery is especially applicable to those congenital heart patients between the ages of 20 and 50. These are the patients who are dying early of untreated problems such as arrhythmia."

Congenital heart defects form prior to birth. These defects can take many forms, occurring in the heart's chambers, valves or blood vessels. Some may be life-threatening at birth, while others may develop slowly over a lifetime.

Common problems include holes in the heart; narrowing of the pulmonary and aortic valves; narrowing of the aorta, the heart's main artery; and abnormal connections of blood vessels with the heart. The actual 3-D printing process takes place in Belgium at the headquarters of the team's study partner, Materialise NV, a leading provider of 3-D printing software and services, which prints the model using its HeartPrint Flex Technology.

"This is a huge leap for individualized medicine in cardiology and congenital heart disease," said interventional cardiologist Dr. Vettukattil.

In addition to diagnosis and treatment, the models also serve another important function—that of education. "The 3-D heart may also be used to teach patients and their family members about their congenital heart defect and the plan for repair," said Bennett Samuel, MHA, BSN, another of the study's authors, and a clinical research nurse at Helen DeVos Children's Hospital Congenital Heart Center. "Currently a two-dimensional representation, such as a drawing on a piece of paper or whiteboard, is used to explain the procedure to the patient. The 3-D models are beneficial in teaching medical students, residents, nurses and other medical professionals about specific congenital heart defects."

Philanthropy is crucial to advancing research and innovation in congenital heart diagnosis and care. Donations to the congenital heart education, research and innovation at Spectrum Health (CHERISH) fund are paving the way in innovative research. If you are interested in learning more or supporting congenital heart research through the CHERISH fund, contact Brad Kaufmann at 616.391.5149 or bradley.kaufmann@spectrumhealth.org.

Spectrumhealthbeat.org



First Spectrum Health Patient to Benefit From New 3-D Innovation

Nicholas Borgman, 25, of Zeeland, Michigan, is no stranger to heart surgery. He was born without a pulmonary valve, which moves blood toward the lungs and keeps it from flowing from the pulmonary artery back into the heart. He had the first of three surgeries at 6 days old.

Nicholas became the first congenital heart surgery patient to benefit from a 3-D anatomic model of his own heart. The surgery took a mere two hours, and Nicholas recovered quickly. "I feel great," Nicholas said. "I've gone for a couple mile walks each day, I've been able to drive for a few weeks, and I feel as though I have more energy. It is just amazing what they can do. I can't believe this is what my heart looks like."

Spectrumhealthbeat.org



The Richard McNamara Cardiovascular Fellowship Program

On Tuesday, December 8, a group of special donors, cardiovascular physicians and Spectrum Health leadership gathered for a surprise celebration honoring Richard McNamara, MD, a highly respected Spectrum Health cardiologist with nearly 30 years of service to patients. Dr. McNamara was honored with the announcement of The Richard McNamara Cardiovascular Fellowship Program.

This fellowship program is a fitting tribute to Dr. McNamara, who has touched the lives of so many with his positive attitude, infectious warmth, extraordinary leadership and tenacity during his entire career, culminating in a vision for the future of cardiology and cardiovascular medicine at Spectrum Health.

The program initially will create three new cardiology fellows each year, with the first three expected to start in 2017. Over time, the program expects to grow and add more fellows, who will specialize in cardiology and cardiovascular medicine. The program is funded in part through a \$5 million endowment created by generous donors.



Rick McNamara and Rick Breon



Peg Breon, Joan Secchia, Maria DeVos and Wendy Wohns



Nagib Chalfoun, MD

“Spectrum Health has a fully integrated heart and vascular program with high volumes, superb outcomes and exceptional patient care,” said Richard C. Breon, President & CEO, Spectrum Health. “The next logical step is to provide the

most comprehensive training possible to the next generation of cardiovascular physicians. A process we undertake while simultaneously honoring a dedicated, visionary leader.”

Following residency training, such as internal medicine, cardiology fellowships consist of three years of training in cardiovascular medicine. Fellowship programs are a necessary component of comprehensive specialty programs and a key to attracting and retaining talented physicians.

Dr. McNamara has demonstrated extraordinary leadership and vision, helping to build the outstanding heart and vascular program we have today. His unwavering commitment to excellence has defined cardiology and heart health in Grand Rapids, at Spectrum Health and at the Fred and Lena Meijer Heart Center. Naming the fellowship in his honor is a tribute to his accomplishments and creates a legacy for generations to come.

Darryl Elmouchi, MD, division chief of cardiovascular medicine at Spectrum Health Medical Group, explained that the cardiovascular fellowship program is the bedrock for future training programs in cardiothoracic surgery and subspecialty training, including interventional cardiology, electrophysiology, advanced heart failure and transplant. He added that the program has important implications for developing additional fellowships in other medical fields and, most importantly, improving patient care.

“Rick McNamara is a visionary who put his heart and soul and countless hours into building the extraordinary heart and vascular program we have today,” said Dr. Elmouchi. “On top of that, Rick has provided excellent, patient-centered, compassionate care. Naming the fellowship program after him provides an example for new physicians to emulate and aspire to.”

Dr. McNamara joined Spectrum Health as a staff physician in 1987. From 2000 to 2011, he held the title, chief of the division of cardiology. Since 2002, he also served as Spectrum Health’s medical director of cardiology services. From 2010 to 2015, he served as one of the founding co-directors of Spectrum Health Frederik Meijer Heart & Vascular Institute.

Selected to lead the fellowship program is Nagib Chalfoun, MD, FHRS, a board-certified cardiologist and electrophysiologist and fellow of the Heart Rhythm Society, who completed his own cardiology fellowship at Mount Sinai Medical Center in New York and a clinical cardiac electrophysiology fellowship at University of Michigan.

Spectrum Health Foundation thanks the following inaugural donors for supporting The Richard McNamara Cardiovascular Fellowship Program:

- Dick and Linda Antonini
- James and Shirley Balk
- Batts Family
- Karl and Patricia Betz
- CDV5 Foundation
- Daniel and Pamella DeVos Foundation
- Dick and Betsy DeVos Family Foundation
- Douglas and Maria DeVos Foundation
- Richard and Helen DeVos Foundation
- Dick and Ethie Haworth
- Earl and Donnalee Holton
- Kloplic Family Foundation
- Wilbur A. and Sharon Lettinga
- Don and Kathleen Maine
- The Meijer Foundation
- Paul and Marge Potter
- Peter P. and Patricia R. Renucci
- Peter and Joan Secchia

Giving opportunities for the program are still available. For more information, contact Tara Werkhoven at Spectrum Health Foundation at 616.391.2069 or tara.werkhoven@spectrumhealth.org.

Wrap-Ups

THANK YOU!

Beards for the Boys

Thank you to all who participated in the first Beards for the Boys Beard-off on December 1. Thanks to you, nearly \$7,000 was raised to support men's health and benign prostatic disease! Several participants won for best, worst, most unique, best celebrity look-alike, most hipster and hairiest beard. Special thank you to all of our sponsors, including Lake Michigan Credit Union, Bella Furs, AMR, Lacks Enterprises and Siegel Jewelers.



Lakeshore Family Chiropractic



Each year Lakeshore Family Chiropractic selects a philanthropic cause that is near and dear to their hearts. For the last two years, they've supported Helen DeVos Children's Hospital. Throughout the course of a year they provide numerous educational "lunch and learns" and screening events. In addition to these events, they provide new patients with an opportunity to donate \$20 to the cause and in return receive a full set of X-rays, spinal screening, examination and a report of findings. Thank you for choosing Helen DeVos Children's Hospital as your charity of choice and donating \$14,000! Your contribution is changing and saving lives of children every day.



Gridiron Giving

Twelve OK Conference High Schools participated in this year's Gridiron Giving season sponsored by Wendy's. Together, they raised \$57,000 for programs and services at Helen DeVos Children's Hospital. Three schools were recognized with the Spirit of Giving Award, which recognizes schools that go above and beyond in their fundraising efforts. Congratulations to Coopersville High School, Hopkins High School and Hudsonville High School. Thank you to all of the students, teachers, school administrators, parents and school supporters who helped make this year such a success. To view a complete list of participating schools, visit give.helendevoschildrens.org/gridirongiving.

Radiothon

The STAR 105.7 "Think Outside Yourself" Radiothon had another successful year, raising nearly \$166,000 for Helen DeVos Children's Hospital! On December 10 and 11, listeners tuned in to hear stories about the impact our children's hospital has on our kids and their families from near and far. This two-day event had close to 900 callers who made pledges, which is a 31 percent increase from last year! Thank you to our sponsors, including DFCU, MCPc, Meijer and Northern Mortgage – the Joshua Nawrot Group, along with everyone who called, listened or came in to show their support during the event!



Gift of Giving Ornament

Giving thanks comes naturally to the employees of Di's/Mariellen's Hallmark stores. During their Gift of Giving event in November, countless "Gift of Giving" ornaments were sold as keepsakes to remind everyone of their many blessings. Thank you to the staff and customers for "blessing" us with more than \$16,200 to benefit Helen DeVos Children's Hospital.



Change a Child's Life Campaign

Through the Change a Child's Life Campaign, Wendy's of Michigan donated \$100,000 to Helen DeVos Children's Hospital Foundation. These funds will support the Peter and Joan Secchia Care Partners Program, which coordinates care for medically complex patients and families traveling long distances to the hospital. The check presentation took place at the ribbon cutting of the newly renovated Wendy's on Michigan Street on January 21, 2016. Thank you to Wendy's for your continued support of Helen DeVos Children's Hospital.



Auto Show Charity Spectacular

On January 27, more than 1,100 guests joined the Grand Rapids New Car Dealers Association, along with our Diamond Sponsor, MCPc Family Charities and many other sponsors, for an exclusive preview of the Michigan International Auto Show at DeVos Place. More than \$100,000 was raised to help provide lifesaving and innovative care at Helen DeVos Children's Hospital. Guests enjoyed a strolling dinner and a live Wolverine Worldwide Fashion Show while exploring hundreds of new vehicles on display. Thank you to all who helped make this event another successful night!

Thank you to Speedway, the largest Children's Miracle Network partner for Helen DeVos Children's Hospital. Throughout the year, special promotions, change canisters and balloon sales happen in every Speedway in West Michigan, from the U.P. to the Indiana border. All of this effort generates nearly \$600,000 for the children's hospital.



**Children's
Miracle Network
Hospitals®**



A huge thank you to LFOK and everyone who came out to Charit-A-Bowl on Friday, February 19, especially our event sponsors: Meijer, Rusty Warriors Foundation, Chemical Bank and TCC Verizon Wireless Premium Retailer! We are proud to announce more than \$13,500 was raised to support Helen DeVos Children's Hospital! We appreciate your support and hope to see you next year!



Upcoming EVENTS

SAVE
THE
DATE



SPECTRUM HEALTH
Foundation

SPECTRUM HEALTH
Helen DeVos
children's hospital
FOUNDATION

Gala
2016

April 23, 2016
DeVos Place
\$200 per person
Sponsorships available
Black tie
Benefits the pediatric pain and
palliative care program at
Helen DeVos Children's Hospital

For more information, visit give.helendevoschildrens.org/gala
or contact Brad Kaufmann at bradley.kaufmann@spectrumhealth.org
or 616.391.5149.

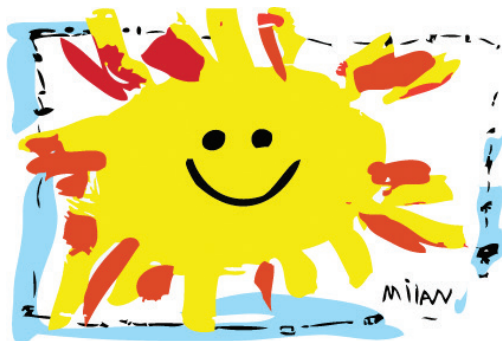
10th Annual Nighthawk Chili Cook-Off

Mark your calendars for April 30 and enjoy one of the hottest events of the year, the 10th Annual Nighthawk Chili Cook-Off. Whether you want to bring the heat or just want to eat, you're sure to have a great time. Categories of chili include red, white and vegetarian. Purchase your all-you can-eat bracelet for just \$5, with proceeds benefiting Spectrum Health Hospice. For more information or to sign up a team, please visit nighthawkfood.com or contact Laurie Alighire at 616.391.9125 or laurie.alighire@spectrumhealth.org.



Stroke Reduction Golf Classic

On Monday, May 16, the third annual Stroke Reduction Golf Classic will take place at Watermark Country Club and Thousand Oaks Golf Club. Proceeds from this event will benefit stroke prevention efforts at Spectrum Health. For more information about this event or to learn about sponsorship opportunities, visit give.spectrumhealth.org/strokeductiongc or contact Brad Kaufmann at bradley.kaufmann@spectrumhealth.org or 616.391.5149.



Milan's Miracle Run/Walk

Join us on Sunday, June 5, for the Milan's Miracle Run/Walk event at Millennium Park in Grand Rapids to benefit pediatric cancer research at Helen DeVos Children's Hospital. There will be a fun run for kids along with the opportunity to meet Prince Charming and Elsa of Frozen. Make sure to dress up, as there is a costume contest for adults, kids and even dogs! To register or for more information, visit milansmiraclefund.org or contact Doug Bostian at dbostian@live.com.

stiles

Friends and Family Golf Outing

Join Stiles Machinery on Saturday, June 18, at Boulder Creek Golf Club for the Friends and Family Golf Outing to benefit the Pediatric Oncology Resource Team (P.O.R.T.) at Helen DeVos Children's Hospital. The cost for the event is \$65 per individual golfer or \$260 per team. To register, learn about sponsorship opportunities or for more information contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.



16th Annual Lake Michigan RTS 10K

Join us on Saturday, July 9 for the toughest race you'll ever love! The Lake Michigan RTS is a challenging and beautiful course set through trails and along the Lake Michigan shore. This Michigan-made adventure is just \$35 to participate. In addition to an awesome course, you'll enjoy post-run treats and the opportunity to cool off via a fire hydrant. For more information, contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.

17th Annual Positively Warren Golf Classic

In honor of Warren Reynolds, the first recipient of the Grand Rapids Sports Hall of Fame Lifetime Achievement Award, we present the 17th Annual Positively Warren Golf Classic. Join us on Monday, August 15, at Thousand Oaks Golf Club and enjoy a day of golf with dinner and a silent and live auction. Proceeds from this event will help raise funds for Helen DeVos Children's Hospital Cancer Program and the Grand Rapids Sports Hall of Fame. The cost of this event is \$250 per golfer or \$1,600 per foursome. If you would like more information about this event or to learn about sponsorship opportunities, contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.



Spectrum Health Foundation

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Grand Rapids, MI 49503
t 616.391.2000
f 616.391.8752

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Events Calendar

April 23, 2016

Gala 2016

DeVos Place
303 Monroe Avenue NW
Grand Rapids, MI 49503
6 p.m. social hour
7 p.m. dinner
\$200 per person
Black tie
Sponsorships available
Benefits the pediatric pain and palliative care program at Helen DeVos Children's Hospital
Contact Brad Kaufmann at 616.391.5149 or bradley.kaufmann@spectrumhealth.org

April 30, 2016

10th Annual Nighthawk Chili Cook-Off

6950 Whitneyville Avenue SE
Alto, MI 49302
\$5 all-you-can-eat bracelet
Benefits Spectrum Health Hospice
Contact Laurie Alighire at 616.391.9125 or laurie.alighire@spectrumhealth.org
nighthawkfood.com

May 16, 2016

Stroke Reduction Golf Classic

Watermark Country Club
Thousand Oaks Golf Club
10:30 a.m. registration
12 p.m. shotgun start at Thousand Oaks
1 p.m. shotgun start at Watermark
5 p.m. reception and dinner
\$185 per person
\$725 per foursome
Sponsorship opportunities available
Benefits stroke prevention programs at Spectrum Health
Contact Brad Kaufmann at 616.391.5149 or bradley.kaufmann@spectrumhealth.org
strokereductiongolfclassic.com

June 5, 2016

Milan's Miracle Run/Walk

Millennium Park
1415 Maynard Avenue SW
Walker, MI 49534
10 a.m. superhero/princess kids run
10:05 a.m. 8K/5K run
10:07 3K walk
Contact Doug Bostian dbostian@live.com
milansmiraclefund.org

June 18, 2016

Stiles Machinery Friends & Family Golf Outing

Boulder Creek Golf Club
5750 Brewer Avenue NE
Belmont, MI 49306
7:30 a.m. registration
8:30 a.m. shotgun start
\$65 per person
\$260 per team
Sponsorship opportunities available
Benefits the Pediatric Oncology Resource Team at Helen DeVos Children's Hospital
Contact Laurie Alighire at 616.391.9125 or laurie.alighire@spectrumhealth.org

July 9, 2016

16th Annual Lake Michigan RTS 10K Race

4686 66th Street
Holland, MI 49423
7 a.m. packet pickup
8:30 a.m. start
\$35 per person
Benefits Helen DeVos Children's Hospital
Contact Laurie Alighire at 616.391.9125 or laurie.alighire@spectrumhealth.org

In 2015, Because of You...

 2,471

Wish list items were fulfilled, totaling **\$98,560**

 2,125

Free mammograms for medically underserved patients

 308

Babies, throughout Michigan, have been transported by the NICU team to Helen DeVos Children's Hospital

 3,800

Stays at Renucci Hospitality House, providing a home away from home

 200

Lifesaving adult blood and marrow transplants

 4 in 24

Two heart + two lung transplants in 24 hours.
Saving 4 lives in one day

Contact Us

Giving Matters magazine is a publication that will be printed two times a year by Spectrum Health foundation and Helen DeVos Children's Hospital Foundation. Comments and suggestions are welcome.
foundation@spectrumhealth.org
spectrumhealthfoundation.org



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