

Spectrum Health Zeeland Community Hospital

YOUR IMPACT

Blue Envelope



This past year, Spectrum Health Zeeland Community Hospital partnered with community

and public health organizations to pilot the **School Blue Envelope Program**, which initiates a plan of action when a student has thoughts of suicide. Because of philanthropy, over 250 school staff were trained as Level 1 responders (1-hour training) and 57 were trained as Level 2 responders (2 hour training). Philanthropy ensured training materials were developed and distributed in print and digital formats, in both English and Spanish. After the trainings took place, there was a 44 percent increase in school staff's knowledge of suicide prevention and 54 percent increase in school staff's confidence when responding to a student expressing suicidal thoughts. There was also a remarkable 240 percent increase in knowledge of how to keep students and staff safe.

For the 2020-2021 school year, the School Blue Envelope program expanded to train staff at **Saugatuck Middle and High Schools, Holland High School, West Ottawa High School, Harbor Lights Middle School and Pine Creek Elementary**. Staff trainings continue and refresher sessions are offered throughout the year. When COVID forced schools to be closed, staff members reached out weekly or bi-weekly to students, providing opportunities to connect with counselors and social workers. We are looking forward to the return of normalcy in the 2021-2022 school year, as we have seen much better results when Blue Envelope is offered to students who are receiving in-person instruction and are easier to connect with at school. On behalf of the behavioral health team at Spectrum Health, we are thankful for the community's generous support!

Keeping Kids Safe | Helen DeVos Children's Hospital Injury Prevention on the Lakeshore

The instinct to protect your children is hardwired in every parent. The injury prevention program, sustained 100 percent through philanthropy, helps busy families keep safety at the forefront



with the goal of eliminating unintentional childhood injury and death. In the past year, the injury prevention team has worked hard to make sure our youngest citizens are safe, whether in the car or on their bike. This is made possible because of philanthropy like yours!

440 Car Seat Inspections provided to patients and the community

Patient Car Seat Education: 625 participants

The Injury Prevention Team hosted **13 Community Car Seat Inspection** events

Our **Infant Car Safety Class** had **112 parents** participate

95 Car Seats and 100 Bike Helmets distributed to those who may not be able to afford one

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We're In This Together

The arrival of COVID-19 in Michigan in March brought challenges, but also proved once again that the Spectrum Health Zeeland Community Hospital community cares. So many of you rallied around our team members on the front lines with meals, PPE and all-around encouragement. On behalf of each team member, thank you for every ounce of support—we truly could not do this without you.



Hudsonville Creamery and Ice Cream donated pints of delicious ice cream to our team members throughout Spectrum Health

by partnering with Cedar Crest Dairy to deliver treats to each of our hospitals. This simple gesture of a pint of ice cream brought incredible joy to those who were working long hours and selflessly caring for COVID patients as well as all other patients and family members at our hospitals.



Another partner, Festida Foods, brought tortilla chips and salsa cups to every team member in Zeeland, and partnered with

other local businesses Cheez Kurls and Great Lakes Potato Chips to bring an entire truck load of snacks to the Grand Rapids locations, which were also distributed throughout Spectrum Health regional sites.

Thank you to everyone who made sure our incredible team members' spirits were lifted during a difficult year.

With Gratitude...from Katie Leech, RN

Manager, Quality, Safety and Patient Experience
2020 Spectrum Health Foundation Zeeland
Community Hospital Nursing Scholarship Recipient



It is humbling to be the recipient of the Spectrum Health Foundation Zeeland Community Hospital Nursing Scholarship. I am honored to serve the community that I live in, and the

spirit of this scholarship reaffirms my gratitude for the hearts of the people in our community. The importance of caring for each other as humans has never been more necessary than now during these pandemic times.

This scholarship will be used for a Project Management course that will enhance my knowledge of software development methodologies. This will give me and my team increased solutions for self-organized cross-functional teams and will allow me to better understand how to use scientific improvement methods to pull together data and provide sustainable outcomes. Lastly, this course will teach me how to focus on external business environments to move our business in accordance with external needs to impact our future scope to best serve our community.

I am honored to use the education to improve myself, our organization, and our community. My goal is to serve the community I love in way that makes a better tomorrow. Thank for partnering with me in this goal by providing the scholarship educational opportunity.