

# Inama k'Udupfukamunwa

Koronavirusi 2019 (COVID-19)

## UKO BAMBARA, BAKURAMO KANDI BAKABIKA AGAPFUKAMUNWA



Karaba intoki mbere na nyuma yo kwambara agapfukamunwa



Pfuka izuru n'akananwa neza, ureba ko ntaho wasize harangaye



Mu gihe bitunganye, wikorakora cyangwa kuzunguza agapfukamunwa kawe ukazamura ukamanura



Iyambure agapfukamunwa ukoresha utugozi cyangwa utuziriko; wikora mu maso hawe cyangwa imbere k'ugapfukamunwa



Zinga agapfukamunwa mo hagati ku buryo umwenda w'imbere ukoranaho



Shyira agapfukamunwa wazinze Mu gakapu cyangwa agashashi



Karaba cyangwa sukura intoki nyuma yo gukuramo agapfukamunwa



Mesa umwenda w'agapfukamunwa buri muni hamwe n'amazi ashyushye n'isabune