



Cilantro Lime Dressing

Yield: 8 servings

Ingredients

- ½ cup finely chopped cilantro
- ¼ cup extra virgin olive oil
- ¼ cup lime juice
- 2 teaspoons sweetener
(maple syrup or honey)
- ½ teaspoon garlic powder
- ¼ teaspoon kosher salt
- ¼ teaspoon ground black pepper

Instructions

1. Mix all ingredients together in a small mixing bowl with 2 table-
spoons water.



Nutrition Information

Serving Size: 2 tablespoons
Calories: 68
Total Fat: 6.7 g
Monounsaturated Fat: 5 g
Saturated Fat: 1 g
Sodium: 60 mg
Total Carbohydrate: 2.3 g
Dietary Fiber: 0 g
Sugars: 1.5 g
Protein: 0 g

Source: Spectrum Health

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