



Cashew Queso

Yield: 6 servings

Ingredients

- 1 cup raw cashews, unsalted
- 1 clove garlic
- 1 chipotle pepper in adobo sauce
- 2 tablespoons nutritional yeast
- 1 teaspoon chili powder
- ½ teaspoon ground cumin
- ¼ teaspoon kosher salt

Instructions

1. Add all ingredients to a high-powered blender with 1 cup of hot water and puree until smooth.



Nutrition Information

Serving Size: ¼ cup
Calories: 139
Total Fat: 10.3 g
Saturated Fat: 1.8 g
Monounsaturated Fat: 5.5 g
Polyunsaturated Fat: 1.8 g
Sodium: 166 mg
Total Carbohydrate: 8.4 g
Dietary Fiber: 1.3 g
Sugars: 1.9 g
Protein: 5 g

Source: Minimalist Baker

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