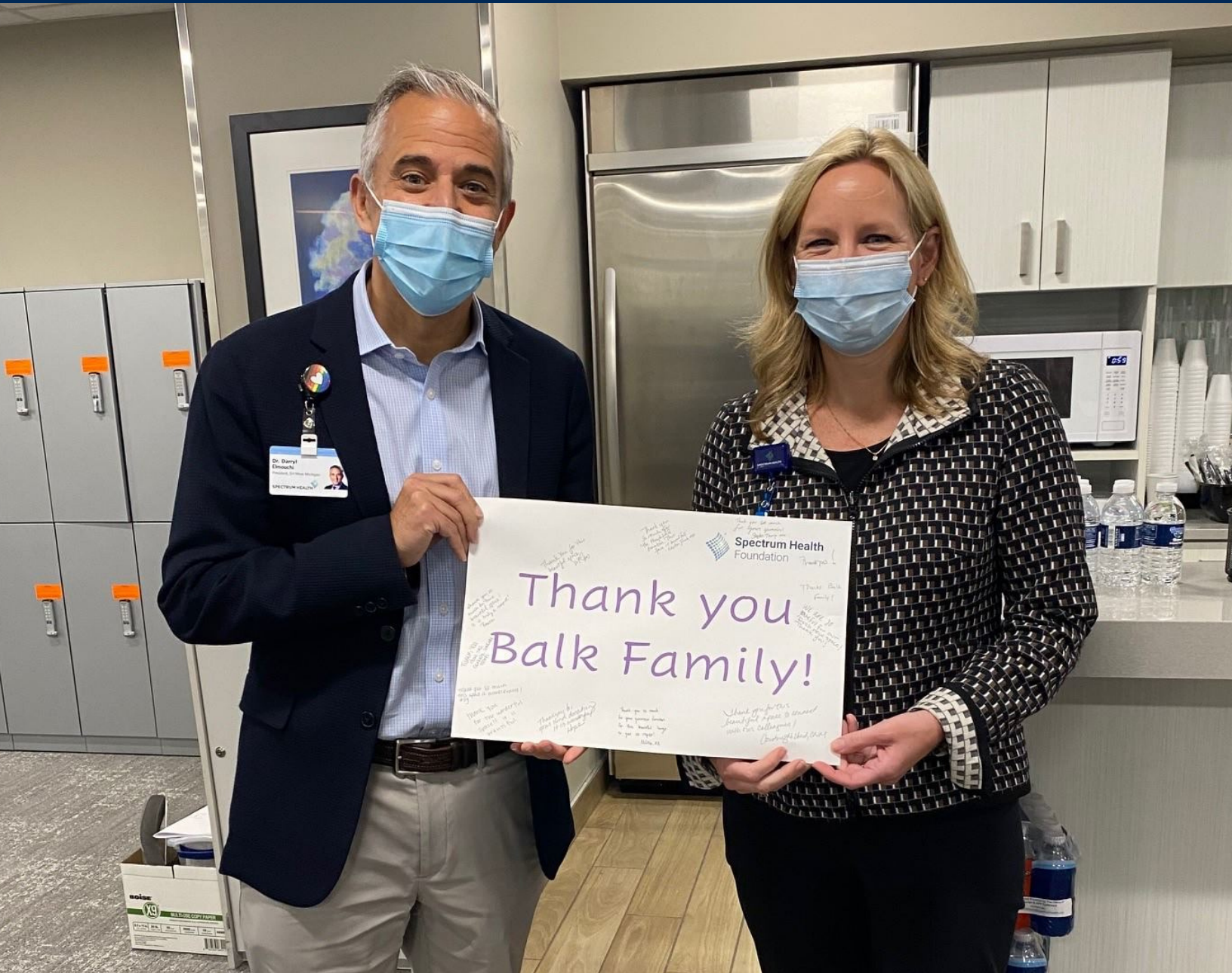


2021 IMPACT REPORT



JAMES BALK FAMILY PROVIDER LOUNGE

Thank you!

"Having a central space like this allows us to regularly approach one another to discuss cases in a productive manner, generating an atmosphere of collegiality."

Dr. Justin Rieth, Hospitalist

"Our team uses this space frequently, day and night. We greatly appreciate the central location of the updated lounge for work and collaboration."

Dr. Beth Makowski
Division Chief, Acute Care Medicine

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This space meets an absolutely necessary need of rounding space that is imperative in a teaching hospital, where a huge purpose of the hospital is to educate and instruct the next generations of physicians.

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One of the ways philanthropy has made an impact this year is with the support of several of our team member wellness initiatives. One example is the Balk Family Provider Lounge, which is used daily for collaboration, relaxation and respite, community, and camaraderie. A few highlights from the past year include:

- The Office of Physician and APP Fulfillment (OPAF) has provided a wealth of resources including a **lending library** filled with books related to well-being, fulfillment, mitigating burnout, and diversity, equity and inclusion.
- In September, to recognize **National Physician Suicide Day**, OPAF hosted a day of listening in the lounge.
- Dr. Justin Rieth implemented the **Wellness Window**, a large flat screen monitor completely dedicated to displaying live, high-definition, real-time video streams from around the world to simulate a physical window with a view of the outside world. This addition to the space allows providers to experience real-time views of nature. This connection to the outside world while working in the hospital brings a sense of peace back into even the most difficult and stressful workday.

The Balk Lounge is making a difference in patient care. Based on the number of providers who utilize the space each day, we can deduce that the Balk Lounge is having an impact on more than 100,000 patient encounters throughout the year. This place of rest, of teamwork, and wellness is blessing our providers and the patients who are in their care.

Thank you for your support of our team members who are working hard every day to provide world-class care of the community!

Gratefully,

Courtney

Courtney Hilbert, CNM, MSN

Manager, Office of Physician and APP Fulfillment