

Inclusive. Innovative. Impactful. What this means to us and why this makes Helen DeVos Children's Hospital's Pediatric Residency Program the perfect fit for you.

### **Inclusive:**

Our residents come from distinct backgrounds and career interests from across the country with a shared love for Pediatrics. This shared connection centers the program on what is most vital – a strong family culture. We commit to work-life balance, career coaching, diversity and inclusion; founded on emotional wellbeing with faculty who strive to know each resident and their career interests.

A “hidden gem” in the Midwest, the hospital offers well-rounded training with access to every pediatric subspecialty, providing faculty mentorship for research, affiliated with Michigan State University, and career development. Above all, we prioritize teaching and education with strategies to facilitate a variety of learning styles.

As the program continues to expand, our wonderful leadership: Dr. Kira Sieplinga (PD), Dr. Justin Triemstra (APD), Dr. Jill Bybee (APD), Dr. Jason Thomas (APD), Dr. Shamelle White (AsPD), Dr. Miranda Hillard (AsPD), and Dr. Vanessa Cardenas Soto (DOSA), continue to inspire and challenges us to break out of our comfort zones to instill the values of compassion and quality improvement.

### **Innovative:**

Education is presented through protected weekly half-day Thursday didactic series, Morning Reports, and Multidisciplinary case conferences with subspecialty experts, and Grand Rounds. Individualized program tracks allow residents to customize their education with career goals, while solidifying their general pediatric knowledge. Tracks provided include Primary Care, Hospitalist, ICU/ED, Global Health, and subspecialties. Opportunities to grow as clinical educators are integrated into the senior roles and curriculum to ensure knowledge integration, enhance graduated autonomy, and to facilitate intern education.

As a resident-driven program, we have an open door policy with our leadership group. Multiple avenues exist for feedback to brainstorm strategies for improvements with resident committees to discuss and provide feedback on changes to the program. These committees serve to ensure adjustments are done in a timely and sensible manner. Spectrum Health strongly supports quality improvement, integrating new ideas through the iHub, a team dedicated to quality improvement projects throughout the hospital.

A plethora of research opportunities exist at Spectrum Health. Completion of a scholarly research project is required during residency and we have plenty of tools to make that happen. From research mixers connecting you with mentors in your fields of interest to presenting at national and international conferences, our proven track record will ensure you do the same!

### **Impactful:**

Helen DeVos Children's Hospital is a free-standing children's hospital with 241 inpatient beds. Trainees rotate through high acuity environments including our Trauma I pediatric emergency department, Level IV NICU (largest in Michigan), state-of-the-art 24 bed PICU, plus 6 PCICU beds. 10 subspecialties continue to be ranked nationally in the U.S. News & World Report in their Best Children's Hospitals Ranks. The hospital catchment area includes the entirety of West Michigan, the Upper Peninsula, parts of northern Indiana, and more! Residents are exposed to a broad spectrum of pediatric illness which will prepare you for any career path from general pediatrics to subspecialty training. Recent graduates have matched in fellowships across the country – including Boston Children's, Columbia (NYC), University of Michigan, Lurie Children's (Chicago), Children's Hospital Los Angeles, and many more!

**Why Grand Rapids?**

Grand Rapids is consistently ranked highly on U.S. News and World Report's "Best places to Live", "Cheapest Places to Live", and "Best Places to Live for Quality of Life" list. The city's wonderland of outdoor recreation combined with the colorful food scene, art, and music provides a vibrant life outside of work. Lake Michigan is just a 45-minute drive away with so many beaches to choose from! Whether you're looking to escape into the woods, see Hamilton, or belt your heart out at the Carrie Underwood concert, we've got you covered.

Thank you for your interest in the Helen DeVos Children's Hospital/Michigan State University Pediatric Residency Program. We look forward to meeting you on the (virtual) interview trail this year! Please contact us with any questions, we are happy to provide you with more information.

**Pediatric Chief Residents 2022-2023**

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