

Pediatric Behavioral Health Consult and referral guidelines

*Helen DeVos Children's Hospital
Outpatient Center
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About Pediatric Behavioral Health

We accept referrals for children and teens from birth to age 18.

We strive to care for the whole child which includes attending to their mental health, physical health, personal, family, school and community needs. Our experts utilize a multidisciplinary and comprehensive approach to diagnose and determine the root of the child's problem using a biological, psychological and social approach to create a personalized treatment plan for each child.

Most common referrals

- Autism spectrum disorders
- Developmental disabilities
- Psychological Testing
- Pediatric pain
- Child psychiatry
- Pediatric psychology
- Hospital-based consultation

Pediatric Behavioral Health Appointment Priority Guide

Immediate/Urgent	<p>If patient is experiencing a psychiatric crisis, contact:</p> <ul style="list-style-type: none"> • Medically clear patient, with private insurance coverage – Pine Rest or Forest View • Medically clear patient, with Medicaid – Network180 (Kent County) or regional community mental health • Not medically clear, with private insurance coverage – Emergency Department
Routine	<p>Send referral via Epic Care Link, fax completed referral form to 616.267.9024, or send referral through Great Lakes Health Connect.</p> <p>Detailed clinical information with referrals helps to place the child with the best behavioral health specialist.</p> <p>If making the referral in EPIC, within the system enter ref 81. Then indicate if the child is referred for psychiatry, psychology (therapy), testing (general educational testing), neuropsychological testing (psychological testing in a patient who has a medical history that affects brain development) or autism testing.</p> <p>For consultation on mild-to-moderate mental health concerns, consider: MC3 (mc3.depressioncenter.org) or HDVCH Direct (616.391.2345)</p>

Clinic	About the clinic	Other information
<p>Autism Spectrum Disorders/ Developmental Disabilities (Certified BCBS Center of Excellence)</p>	<p>We currently provide comprehensive evaluation services and recommendations for educational and treatment planning. We do not see patients for autism testing who have are covered under Medicaid, (other than McLaren) or United Healthcare insurance plans.</p> <p>Once assessment is complete, we assist with providing a resource list of clinical care organization for treatment.</p>	<p>Symptoms of ASD include:</p> <ul style="list-style-type: none"> • Deficits in social-emotional reciprocity • Deficits in nonverbal communicative behaviors used for social interaction • Deficits in developing and maintaining relationships, appropriate to developmental level (beyond those with caregivers) • Stereotyped or repetitive speech, motor movements or use of objects • Excessive adherence to routines, ritualized patterns of verbal or nonverbal behavior, or excessive resistance to change • Highly restricted, fixated interests that are abnormal in intensity or focus • Hyper- or hypo-reactivity to sensory input or unusual interest in sensory aspects of environment
<p>Comprehensive Pain</p>	<p>We provide multidisciplinary, comprehensive biopsychosocial pain evaluation to determine the best treatment for our patients.</p>	<p>We provide evaluation and treatment for:</p> <ul style="list-style-type: none"> • Outpatient pain medicine management • Individual and family pain psychology intervention (cognitive behavioral and bio behavioral treatments, including biofeedback) • Physical therapy • Social work services • Care coordination with other medical specialties.
<p>Child Psychology</p>	<p>We provide short-term consultative care for stabilization and treatment</p>	<p>We see patients with medical illness that affects mental illness or mental illness which affects physical illness (e.g., patients with diabetes and depression that are not adherent to treatment, have conversion disorder or somatic symptom disorder.</p> <p>We will also see patients <6 years who are failing first line treatments for behavioral health concerns.</p>

Clinic	About the clinic	Other information
Child Psychiatry	We provide short-term consultative care for stabilization and treatment	We provide evaluation and treatment for: <ul style="list-style-type: none"> • Autism Spectrum Disorders • Chronic pain • Complex, mixed medical and psychiatric diagnoses • Neurodevelopmental disorders • Neuropsychiatric concerns • Somatoform disorders • Young children with mental health concerns
Pediatric Psychology	<p>We specialize in the evaluation, diagnosis and treatment of mental health disorders in children and teens.</p> <p>Our diagnostic consultations generally consist of one to three visits and are designed to provide comprehensive diagnostic services as well as identify the best avenue of care for each child and family.</p> <p>As part of the evaluation, we may conduct cognitive, academic, social, emotional and/or personality testing.</p>	We provide evaluation and treatment for: <ul style="list-style-type: none"> • Adjustment to chronic illness • Adherence to medical treatment regimens • Anxiety and depression in the context of physical illness • Autism Spectrum Disorders • Behavioral and school problems <i>in children <6 years</i> • Chronic pain • Enuresis and encopresis • Gender care • Neurodevelopmental disorders • Somatoform disorders including conversion disorder • Parenting behavioral advice • Dyslexia and other learning disabilities
Hospital-Based Services	<p><i>The Pediatric Behavioral Health Consultation Liaison Team provides psychiatric and psychological consultation, evaluation and treatment for children and families with acute illnesses. Our psychiatrists and psychologists work closely with social work, psychiatric nurses, child life specialists and behavioral health technicians during a medical hospitalization to provide well-rounded and holistic care.</i></p>	