Drug/Alcohol Tests: (check all that apply)
- DOT
- Non-DOT
- Drug test: 4 panel 5 panel 7 panel 9 panel 10 panel 10+ panel with expanded opiates Hair test Collection only
- Evidential breath testing (EBT)

Reason for test(s): (check one)
- Pre-employment
- Post accident
- Reasonable cause
- Random
- Return to duty
- Follow-up testing

INSTRUCTIONS FOR PATIENT:
Bring this form with you.
Picture IDENTIFICATION is required.

DRUG TEST - If you are required to give a urine specimen for a drug test as a part of a physical examination DO NOT URINATE just before arriving.

ALCOHOL TEST - Avoid eating, drinking, belching or putting anything in your mouth 15 minutes before the test.

TB SKIN TEST - Notify the Spectrum Health Occupational Health staff before the test if you have ever had a positive skin test. If you receive a TB skin test, you MUST RETURN to the Spectrum Health Occupational Health location after 48 hours but before 72 hours to have this test read.

AUDIOMETRY - OSHA requires that persons receiving audiometric testing should not be exposed to loud noise, without hearing protection, for at least 14 hours before an audiometric test is performed.

BLOOD TESTS - Verify with your employer, prospective employer or with a Spectrum Health Occupational Health location whether fasting is required before having blood drawn for laboratory analysis.

PULMONARY FUNCTION TESTING - DO NOT eat a heavy meal, smoke or use an inhaler up to an hour before a pulmonary function test is performed.

Children are not allowed in the clinical area due to the procedures being performed.
If you bring a child, they may be required to wait in the waiting room the entire time (this is up to the provider).

All visits with a doctor REQUIRE an appointment. Scheduling an appointment for other services is highly recommended and will shorten your wait time.
Occupational Health Locations

Occupational Health

**OH**

**Spectrum Health Big Rapids Hospital**
705 Oak Street, Suite 3
Big Rapids, MI 49307
p: 231.592.4382   f: 231.592.4357

SHMG Occupational Health–Breton
4600 Breton Road SE, Suite 103
Grand Rapids, MI 49508
p: 616.391.2778   f: 616.267.9033

**Spectrum Health Gerber Memorial–Fremont**
230 W Oak Street, Fremont, MI 49412
p: 231.924.6095   f: 231.924.2048

SHMG Occupational Health–Greenville
705 S Greenville West Drive, Suite 102
Greenville, MI 48838
p: 616.391.2778   f: 616.754.9324

**Spectrum Health Pennock–Hastings**
1108 W. State Street, Hastings, MI 49058
p: 269.948.3102   f: 269.948.5891

**Spectrum Health Lakeland**
Occupational Health
2500 Niles Road, Suite 4
St. Joseph, MI 49085
p: 269.408.4171   f: 269.408.4174

**SHMG Occupational Health–Michigan Street**
426 Michigan Street NE
Grand Rapids, MI 49503
p: 616.391.2778   f: 616.267.9033

**SHMG Occupational Health – Zeeland**
8333 Felch Street
Medical Office Building, Suite 100A
Zeeland, MI 49464
p: 616.391.2778   f: 616.267.9033

**Urgent Care***

**SHMG Urgent Care–Alpine**
2332 Alpine Avenue NW
Grand Rapids, MI 49544
p: 616.391.6220   f: 616.391.6218

**SHMG Urgent Care–Ada**
7128 Fulton Street E, P.O. Box 998
Ada, MI 49301
p: 616.825.3500   f: 616.825.3512

**SHMG Urgent Care–Beltline Avenue**
2750 E Beltline Avenue NE
Grand Rapids, MI 49525
p: 616.391.6230   f: 616.447.5868

**Spectrum Health Grand Haven Center**
15100 Whittaker Way
Grand Haven, MI 49417
p: 616.391.2778   f: 616.772.7597

**Spectrum Health Pennock Urgent Care**
1108 W. State Street
Hastings, MI 49058
p: 269.948.3360   f: 269.798.6761

**SHMG Urgent Care–Rockford**
8501 Meadow Creek Drive
Rockford, MI 49341
p: 616.884.2910   f: 616.884.2995

**SHMG Urgent Care–South Pavilion**
80 68th Street SE
Grand Rapids, MI 49548
p: 616.391.8242   f: 616.391.8317

*Initial injuries, drug screens and breath alcohol tests only

Would you prefer we come to you? Our on-site team offers most Occupational Health services in the greater Grand Rapids area and beyond. For more info, please contact us at 616.391.2778.