

# Save a Life

### **Dispose of Drugs Safely**



#### OPTION 1

#### **Drug Disposal**

Drop off your expired, unused or unwanted medications for safe disposal at the following:

- Participating local pharmacies
- Participating law enforcement drop-boxes
- Drug take back events

For a list of sites, visit Michigan.gov/deqdrugdisposal

#### **OPTION 2**

#### **Disposal Recipe**

If you can't get to a drug take back site, use the recipe below as a last resort to dispose of expired, unused or unwanted drugs.

**Step 1:** Mix drugs (do not crush) with dirt, kitty litter or used coffee grounds and add a small amount of water to dissolve any solid medications.

Step 2: Seal drugs in plastic bag.

Step 3: Place plastic bag in trash.

**Step 4:** Take prescription container and scratch out personal information, then recycle or throw away.

Do not dispose of chemotherapy drugs this way, discuss disposal options with prescribing doctor



### Drug overdose

is the leading cause of accidental death in the U.S. More people die from drug overdoses than car accidents.

Sources: ASAM, SAMSHA, USFDA, Trust America Health

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## 70,000 children

go to the hospital each year for medication errors. Unused drugs contribute to this.

**69%** of people who misused pain medication got them from a friend or relative





**80%** of new heroin users began by misusing pain drugs ordered by their doctor.

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ATENCIÓN: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844-359-1607 (TTY: 711).

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم .1607-1358، (هاتف الصم والبكم: 711).