

WINTER 2017

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Foundation

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Helen DeVos
children's hospital
FOUNDATION

Giving Matters

Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation Magazine



"To say children are our future is to say the obvious. But they need us to help ensure that they will have happy, healthy childhoods and that they will have the opportunity to reach their potential."

Helen DeVos

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**Spectrum Health Foundation and Helen DeVos Children's
Hospital Foundation are committed to advancing the health
and well-being of the community through philanthropy.**

On the cover: Helen DeVos

Honoring Those Who Give

Although we are saddened by the deaths of Helen DeVos and our Helen DeVos Children's Hospital Foundation Board Trustee, Janice Currie, we are inspired by their lives of service and their gifts of love throughout our community. Philanthropy is transformative and can be celebrated by all of us.

During this holiday season, we celebrate family and friends. We are grateful for the remarkable philanthropy of all of our donors. During the 20 years of giving to Spectrum Health, including Helen DeVos Children's Hospital, we now celebrate that you have contributed more than \$410 million. These gifts of love have helped transform the health and well-being of our patients and their families.

On behalf of them, our board and staff, we thank you. We wish you all a joyous and healthy holiday season.

Gratefully,
Marge Potter

Marge Potter, Board Chair
Spectrum Health Foundation

Scott Robinson
Scott Robinson, DDS, Board Chair
Helen DeVos Children's Hospital

Vicki Weaver
Vicki Weaver, President
Spectrum Health Foundation

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Thank You, Helen

We mourn the loss of Helen DeVos and offer our condolences to Richard DeVos, their children and grandchildren. We also celebrate her life of love and service to our community. We share with you a few of our heartfelt sentiments.

Vicki Weaver, president, Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation:

"We lost an extraordinary and dear friend with the passing of Helen DeVos. She was a beautiful woman inside and out. She had a genuine love for children and especially wanted to ensure they were able to maintain their childhood and be happy as they went through their medical journey. She held a special place in her heart for Helen DeVos Children's Hospital Child Life Program and our team of child life specialists who work so closely with our children and their families. Helen served as a source of inspiration throughout the hospital for staff and families.

Every year since 1993, at Christmas, Helen would bring her grandchildren to the hospital to share joy and cheer with children and families who were away from home facing difficult medical situations. Helen would read to the children and she instilled in her children and grandchildren the love of giving yourself to others. Helen was a teacher and throughout her life taught us all about giving back—and that the greatest gift of all is giving of yourself. She inspired excellence in the doctors and staff and she inspired hope in the families of children.

**Helen's grace, love and joy
were and will continue to
be cherished."**

continued on page 4



“Helen DeVos, a woman we knew and loved, will be remembered as someone who believed in and encouraged us to be our best. While we mourn her passing, we celebrate and give thanks for her life and legacy of giving that had such a profound impact on our community.”

Richard C. Breon, President & CEO, Spectrum Health

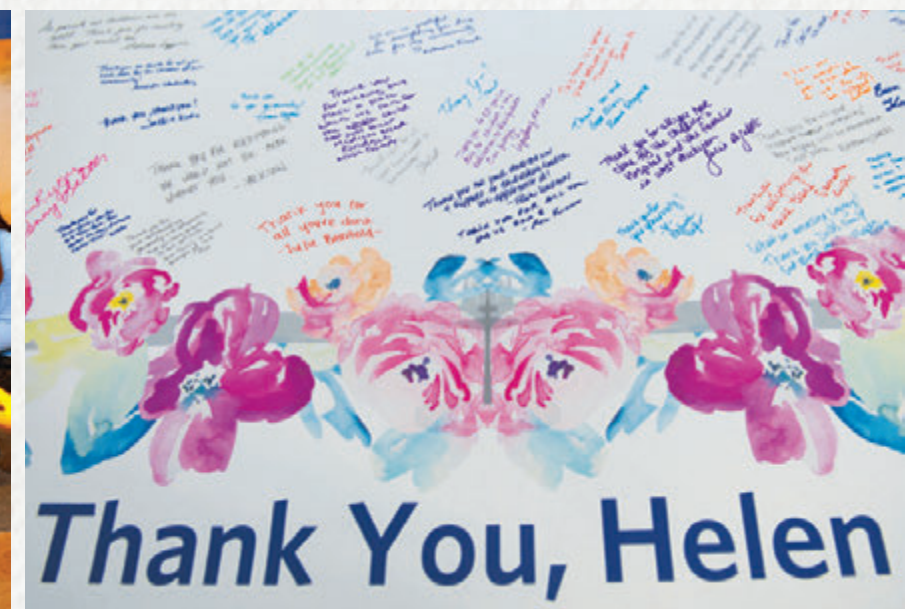
“Helen was a warm and generous woman. She always wanted to be there giving gifts and reading books and playing games,” said Bob Connors, MD, president, Helen DeVos Children’s Hospital. “She interacted very easily with the kids. I think it just showed her very strong underlying compassion and love for children.”

“This extraordinary, generous and gracious woman has provided the heart and inspiration for our vision and our work,” said James Fahner, MD, the division chief for pediatric hematology and oncology at Helen DeVos Children’s Hospital. “Thoughtful and strategic, her engagement was also deeply personal. Watching her with our patients and families, heartfelt and with great compassion and kindness are memories that shaped my career and that I will treasure forever.”

“Helen quietly but strongly led the cause for giving back to her community. She loved the hospital and all the good that we did for each other. She helped guide us in our mission to help those in need. Her loving and caring touch will be greatly missed.”

Richard McNamara, MD, interventional cardiologist

In addition to her commitment to children, Helen was interested in providing support to Spectrum Health’s heart program. She and her husband Rich provided philanthropic support to help establish the Spectrum Health Richard DeVos Heart & Lung Transplant Program, providing funds to train staff and physicians, and bring an expert transplant surgeon, Asghar Khagani, MD, to Grand Rapids to develop the program. They also made major gifts to support the Spectrum Health Fred and Lena Meijer Heart Center, the DeVos Cardiovascular Research Program, Richard McNamara Cardiovascular Fellowship Program and the Spectrum Health Lemmen-Holton Cancer Pavilion.



Welcome New Board Chairs

In September, the leadership mantle passed from outgoing board chairs Davey Mehney, Spectrum Health Foundation, and Patricia Betz, Helen DeVos Children's Hospital Foundation, to Marge Potter, Spectrum Health Foundation, and Scott Robinson, DDS, Helen DeVos Children's Hospital Foundation. "While change is always difficult, organizations develop and grow," said Vicki Weaver, president, Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation. "We are deeply indebted to the leadership Davey and Patti provided and are grateful they remain engaged and committed to serve as foundation trustees. Now, it's Marge and Scott's opportunity to lead and we welcome their perspectives and look forward to their direction."

Marge Potter cherishes her work with the foundation. She is passionate about the Spectrum Health Frederik Meijer Heart & Vascular Institute, and she provides support for patient care and research through her philanthropy and her unique, meaningful actions. Her laugh is contagious; she is thoughtful and speaks from her heart. "I'm so pleased to be a part of this organization and this work," she said. "Giving is such an important part of everyone's life and contributing within Spectrum Health is essential to an organization whose reason to exist is giving. Giving wellness, assistance and compassion to all who come in contact with the physical structures and all the wonderful people who work here."

Davey Mehney recruited Scott Robinson to join the Helen DeVos Children's Hospital Foundation Board. "As a father to three, I understand the importance of having access to the best health care," he said. "Helen DeVos Children's Hospital is this gem, right here in West Michigan. My heart is with the children and families that are fighting some of life's toughest challenges. I know others are looking for ways to be involved; I want to help make that happen."

In addition to Marge and Scott's new two-year term appointments, Maria DeVos was elected as vice chair and Ron Alvesteffer secretary of Spectrum Health Foundation. Ryan Cook will continue to serve as treasurer. The Helen DeVos Children's Hospital Foundation elected Tim Feagan as vice chair to serve a two-year term.



Introducing the 2018 Helen DeVos Children's Hospital Annual Campaign Chairs

Cheryl and Steve Boshoven celebrate life and the ability to give back. They are lifelong residents of Grand Rapids, Michigan. As high school sweethearts, having a family and their grandchild's first birthday are some of the things they celebrate. Cheryl is 10 years breast cancer free. "Spectrum Health provided me with the best care, close to home," she said. "I think being surrounded by family and friends is essential to healing. In addition to my family, I had my girlfriends, who are my chosen sisters, with me every step of the journey."

They made their first gift to Spectrum Health Foundation 25 years ago. They've been supporting Spectrum Health, including Helen DeVos Children's Hospital, ever since with gala sponsorships, personal giving and volunteering on the Spectrum Health Foundation Board of Trustees and Spectrum Health System Board. Steve is president of the Foremost Brand with Farmers Insurance Group. He is a certified public accountant and, prior to joining Foremost, was employed by the public accounting firm of Deloitte and Touche for seven years. He has 34 years of business experience and 27 years of insurance industry experience. "I credit Dick Antonini for getting me involved," Steve said. "Friends gathering friends is still one of the best recruiting tools. We celebrate by chairing the Helen DeVos Children's Hospital Annual Campaign. We are in awe of the millennials giving back in different ways; they are the next generation of givers. We hope their participation grows into a lifetime endeavor."

They also have a family connection to the hospital. Their daughter-in-law, Katherine, is a pediatric cancer survivor and is a nurse at Helen DeVos Children's Hospital. "Children are our most precious resource," they said. "Our most vulnerable population deserves compassion toward their care and something special to help them heal. It's obvious how much Katherine loves her job and we get to witness her joy."

With your help, they are looking forward to celebrating a successful annual campaign.



Last year's annual campaign raised funds for the following essential life-changing programs and services.

Kids Care:

Advanced Plastics/Maxillofacial Surgery
Behavioral Sciences Program
Center for Child Protection
Infant Nutrition Support Services
Neurodevelopmental Programs
Neuroscience Program Development

Kids and Family Support:

Child Life Library
Child Life Services Teacher Support
Injury Prevention Program
NICU Family Support
Pediatric Pastoral Care and Bereavement Services
Pediatric Oncology Resource Team (P.O.R.T.)
Secchia CarePartners Program

Kids Research and Innovation:

Endowed Fund for Excellence
Helen DeVos Children's Hospital Improvement and Innovation
Neonatal Nurse Practitioner Program for Recruitment, Retention and Educational Support
Research Scientist for Community Health and Healthy Weight
Science of Healing Educational Scholarships



You Saved My Husband's Life More Than Once

For Mary and Erik Thomas, Spectrum Health is a part of their family. "After college, I was a pharmacist and worked in pediatrics and neonatal for five year," said Mary. "I eventually moved to Stanton, Michigan, and transferred jobs to be closer to home. However, it's Spectrum Health that has saved my husband's life more than once and it was an easy decision to join the team of grateful hearts." The team of grateful hearts is a way for people to support the work of the Frederik Meijer Heart & Vascular Institute.

Erik had his first heart attack in January 2006. He was 34 years old. Too young for a heart attack, Mary thought. Mary was pregnant and due to give birth the following month. Erik received his first stent and they hoped for the best. However, two weeks later Erik's heart required another stent. "We were hoping I would be discharged and heading home," said Erik. "Instead, I get the call that while Mary went down to the cafeteria for some breakfast, her water broke and she was in labor. So I was requesting a quick discharge so I could meet her in labor and delivery."

Erika Thomas was born on February 7 at 9:23 p.m.! Life was good for the next ten years, until one afternoon Erik requested to go to the emergency room because he "just wasn't feeling well." They learned that he had suffered a silent heart attack at some point, which closed the entire right coronary artery. "He was having a 'widow maker' heart attack," said Mary. "Erik was still with us. However, it was complicated. He was also diagnosed with potentially fatal arrhythmias: ventricular tachycardia, a condition where the heart beats with rapid electrical impulses, and ventricular fibrillation, where the heart quivers instead of pumping." Erik was discharged with a wearable cardioverter defibrillator life vest. "I'll never forget the sound of the life vest going off around midnight just a couple of weeks later," said Mary. "It literally shocked Erik three times, and knocked him off the couch. Imagine, this 6'3", 280-pound man being shocked. It was so powerful." An implantable cardioverter-defibrillator was placed, and things went well for a couple of years.

Earlier this year, Erik had another heart attack. He also had a diabetic foot ulcer, which led to a below-knee amputation. His heart continued to deteriorate and a left ventricular assist device (LVAD) was implanted. Today he is on the waiting list for a new heart.

"Through all of this, we can't express how grateful we are," said Mary. "The pastoral care team worked with us to help our now 12-year-old daughter understand what is happening and the care we receive is exceptional."

We wanted to find any possible way to join the team of grateful hearts and so we did." Mary contacted Spectrum Health Foundation and donated two pairs of tickets to the Detroit Tigers game to be auctioned off at one of the Spectrum Health Foundation events. The proceeds came back to the Frederik Meijer Heart & Vascular Institute. Another opportunity to give back came when the community wanted to do a fundraiser to help them pay off some of their medical bills. Their daughter, Erika, made rubber band bracelets and looped potholders. Jim Rockburn, a fellow LVAD patient, donated homemade slime. She sold them and gave \$408 back to the services helping her dad.



Join the Team of grateful hearts ...

To date, more than 95 patients and family members have joined the team of grateful hearts. Your giving is making a difference. Call the foundation at 616.391.2000 to join the team.



Gala 2018—Investing in Pediatric Epilepsy



His family and friends say Diego Mendez is a phenomenal 14-year-old who lives in Holland, Michigan, with his mom, dad and brother, Gabe. He brings laughter and joy to every day and is the funniest, quirkiest, most personable kid. His kind heart is endearing to everyone.

This summer, he became ill for several days. He experienced a seizure and was rushed to Helen DeVos Children's Hospital Pediatric Intensive Care Unit. The seizures continued ... and continued—finally requiring the physicians to place Diego into a medically induced coma for almost six weeks to give his brain a chance to rest.

Diego is fortunate to be one of the children treated by Helen DeVos Children's Hospital's growing neurology program. Too many children are seeking care outside of their communities and this is why they are the perfect patients to benefit from the 2018 Gala.

No child with epilepsy will be turned away or have to travel a far distance to be treated. A dedicated space, staff, training and equipment will ensure these young ones have world-class care and research—all close to home here in West Michigan.

His case is unique. A team of specialists analyzed his blood, urine, and genomic and RNA sequence to identify why this happened and gain a better understanding for treating kids in the future. Diego's team of specialists and physician scientists include, Caleb Bupp, MD, medical geneticist; Surender Rajasekaran, MD, pediatric intensivist; and Angel Hernandez, MD, division chief, neurosciences at Helen DeVos Children's Hospital. "There is no clear reason why Diego fell sick and his body started to shut down," said Dr. Rajasekaran. "Our research is trying to discover what was the actual stressor and how it triggered the epilepsy. None of this would be possible without philanthropy. Research makes us better physicians. We have much to learn from Diego."

Even without concrete answers, doctors attribute his seizures to febrile infection-related epilepsy syndrome, or FIRES. It's an incredibly rare brain disorder that develops in children following a fever and leads to frequent seizures—up to hundreds per day. "He is a very normal teenager who suddenly developed a catastrophic form of intractable epilepsy," said Dr. Hernandez. "This rare case made us reach out and utilize an investigational drug currently in a clinical trial to treat him. We think the drug is working."

After 81 days at Helen DeVos Children's Hospital, Diego transferred to Mary Free Bed for rehabilitation. The physicians continue their research. "We ran whole exome sequencing (a technique for sequencing all the most important parts of genome—known as the exome) within the first week, and are working with those results to look for a more definitive explanation," said Dr. Bupp. "We are trying to assemble a puzzle without a picture. Where we want definitive black-and-white answers, we live and work in gray. While frustrating at times, it's incredibly exciting."

The care team took a trip to see Diego and his family at Mary Free Bed. This is their passion. This is why they do this work and look for answers. "Bottom line, research is important," said Dr. Hernandez. "Your sponsorships and attendance at Gala 2018 will help us in immeasurable ways. We know where we want to go and only you can help us get there."



Top, L to R: Caroline Rich, NP; Dr. Bupp; Dr. Rajasekaran
Seated: Diego's parents, Sarah and Pedro Mendez



Caroline Rich, NP, pediatric neurology, with Diego at Helen DeVos Children's Hospital

Matching a Family Commitment to Veterans With Medical Support Programs

Kristina Viegelahn, an application system analyst for Spectrum Health and volunteer with veteran support services, comes from a family of veterans. In early February, her grandfather Robert, a Navy veteran, passed away from a stroke, followed two weeks later by her uncle Scott, who worked as a nurse for veterans until his stage IV glioblastoma diagnosis prevented him from continuing a job he loved. Kristina's aunt and Scott's wife, Nancy Centala, said, "Scott had joy in his heart every time he worked. He figured since he didn't actually serve in the armed forces, he would serve them by caring for them." She credits Kristina for educating her about Spectrum Health's Veteran Support Services Program and allowing the family to come together to support the program through memorial giving. "We have it in our hearts," Nancy said. "We simply have a passion for veterans. This is a wonderful program that is made possible because of donations."

Spectrum Health Veteran Support Services Program addresses the needs of our veteran patients. "We want to improve their experience during their stay with us by providing recognition for their service and advocacy if appropriate," said Danielle Montag-Plaza, patient experience associate, veteran support services. "With these tools and resources, we can work to heal the whole person."

Danielle shares a heartwarming story of a veteran patient at the Fred and Lena Meijer Heart Center. He refused to speak with the nursing staff and declined his lunch and dinner food trays. When a volunteer veteran introduced himself to the patient and shared his background, the patient immediately opened up and shared his story, said Danielle. "He was a prisoner of war during the Korean War and the sight of white rice brought back memories of his time as a prisoner." The volunteer made a dietary note regarding the rice and bridged the gap to create a better relationship and experience for the patient and staff.

Your generosity provides this very special and unique support. With your help, we will be a nationally recognized, military-friendly health care system and create a model for others to follow.



Grandfather Robert



Uncle Scott and Kristina

Every Handprint Tells a Story

Nearly 16,000 children across the United States will learn that they have cancer this year, and around the world, a child is diagnosed with cancer every two minutes. Despite truly remarkable and heartwarming advances in treatment and ever-increasing cure rates, childhood cancer remains the No. 1 disease killer of children and early teens in the United States. There is so much more that we need to do for our children. We thank Hyundai Hope On Wheels for partnering with Helen DeVos Children's Hospital in this fight with a very special \$150,000 grant.

"Thanks to Hyundai's visionary generosity and their Hope On Wheels program, Helen DeVos Children's Hospital joins the prestigious company of just 15 children's hospitals around the nation to receive a Young Investigator Grant for a member of our care team, a list that includes Dana-Farber in Boston, the Children's Hospital of Philadelphia, Texas Children's, Johns Hopkins and UCLA," said James Fahner, MD, division chief, pediatric hematology/oncology, Helen DeVos Children's Hospital.

This Hyundai Young Investigator Grant Award to Helen DeVos Children's Hospital will support the research of Jenna Gedminas, resident physician, GRMEP.

Every 36 minutes, a child is diagnosed with cancer. "September is a special time for all of us at Hyundai because it's National Childhood Cancer Awareness Month. It's a time when we honor the courageous children battling cancer while we also fund the doctors and researchers who

work tirelessly to provide care and develop new treatments," said Scott Fink, chairman, Hyundai Hope On Wheels Board of Directors. "Throughout the month, we shared stories of the brave children battling cancer through our campaign theme called 'Every Handprint Tells a Story' and invited the public to join our fight."

Thank you, Hyundai Hope On Wheels!





Jacob and Lois Mol Cardiovascular Simulation Center Opens

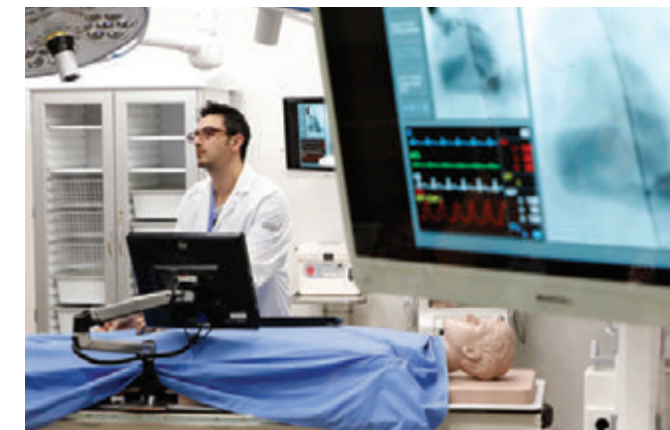
You stepped up and made another dream a reality. Spectrum Health Foundation expresses our heartfelt appreciation to those of you who funded the Jacob and Lois Mol Cardiovascular Simulation Center. Especially to Lois Mol for providing the lead gift in honor of her husband, Jay (Jacob). Lois sees philanthropy as a legacy she is leaving to her family. "I believe that if you're blessed, you have to bless other people. The more you get, the more you give," said Lois. "I always feel that I receive more than I give. Knowing you are making a difference in someone's life is so rewarding and gives me great joy." Located at 330 Barclay, the new 2,700-square-foot center is one of the only dedicated cardiovascular simulation center in the world.

The purpose of the center is to simulate realistic procedures for structural heart, heart catheter and vascular surgical interventions. The amenities, made

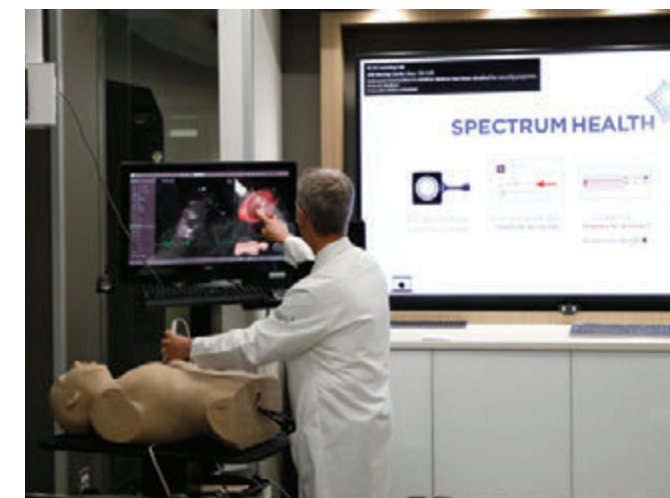


possible through your generosity, include a skills lab for mastering smaller skills and wet tissue training; a dedicated collaboration and study space for residents and fellows; a 600-square-foot operating room; and classrooms with a video system that allows surgeries to be broadcast for learning opportunities.

We are excited about the expected outcomes of this center, including increased expertise, decreased error, increased safety, better transitions of patients, shorter procedure times and new clinical research studies that will lead to new patient therapies and innovations. Thank you for making a difference.



The Jacob and Lois Mol Family



Thank You, CV Sim Lab Donors

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2017 Celebration of Philanthropy and Art of Giving Award Recipients: Bill and Janice Currie



The Celebration of Philanthropy Thank You Dinner is a unique annual event and one of our favorites! The evening is about showing our gratitude, and sharing with you how your giving matters every single day at Spectrum Health, including Helen DeVos Children's Hospital. This year is very special because we are celebrating 20 years of giving with more than \$410 million raised from you, our donors, who choose to support this lifesaving work. Your gifts truly matter to the patients we serve, the clinical trials we conduct and the families we comfort.

We honored Bill and Janice Currie with the Art of Giving Award. They are passionate about family, education and health care. They value what makes our community vibrant and caring. Their contributions encompass all of Spectrum Health and impact the lives of the patients we serve.

Janice served as a member of the Helen DeVos Children's Hospital Foundation Board of Trustees and Bill is an active and faithful member of Helen DeVos Children's Hospital's board committee. Bill also chairs the gala fundraising committee. During his years as the chair, the gala has increased its revenue, and surpassed the \$1 million (net) mark at the 2017 Gala.

Together, they provided a gift to the children's hospital campaign, sponsoring a wing in The Gerber Foundation Neonatal Center. When asked about the motivation for their gift, they said, "Every newborn is a priceless gift deserving of health care excellence. As a community that cares about children of all ages, West Michigan has come together to establish this premier facility where every baby born receives the best possible start in life. Our family is greatly blessed to be able to support this beautiful space in the hospital today and for decades to come." In 2014, they jointly chaired the Spectrum Health Foundation Gala benefiting pediatric research.

Bill and Janice exemplify the art of giving through their leadership, service and generosity and through their creation of the William and Janice Currie Endowed Fund for Excellence for Helen DeVos Children's Hospital, providing support in perpetuity. They will continue to make an impact for generations to come. We are proud to award them the 2017 Art of Giving Award. Congratulations.

In Loving Memory of Janice Currie

We remember Janice as the dedicated and passionate ambassador for the health and well-being of children and families. We are grateful to her for sharing her time, talent and treasures over the years and for the impact she will always have on the patients and families we serve.



Bill and Janice Currie Family Members

Please visit our website at give.spectrumhealth.org to view our 20 years of giving celebration video and the Art of Giving Award award video.

Retaining Beauty in the Battle Against Cancer

Emmy Rickert lost a loved one to breast cancer. Two weeks later, at age 24, she was also diagnosed.

Emmy first felt a bruised area on her chest while working as a legislative aide for a state senator in Lansing, Michigan. "I was active and exercised regularly," Emmy said. "I wondered if I pulled a muscle or dropped something on it." Rickert visited her OB-GYN in Lansing.

"She said, 'You're 24, it's probably nothing,'" Rickert said. "Let's check back in a month." Still cautious from losing her aunt, she wanted to be sure. She pushed. "I really credit my aunt with my life," she said. "I tell people to be their own health advocate; I really had to push my OB to get it checked further. I didn't feel comfortable having just lost my aunt to breast cancer. I didn't have a good feeling."

Shortly after the ultrasound began, the technician stepped out and brought in the radiologist. He immediately ordered a core biopsy. She had triple-negative breast cancer, the most aggressive form of breast cancer. She needed surgery right away. "The radiologist called and told me I had breast cancer," Rickert said. "He seemed quite shaken. He said, 'I've never had to call a 24-year-old to tell them they have breast cancer.'" The words rang in her ears. Just like in the movies. But it wasn't fantasy. Instead, earth-shattering reality.

She underwent a mastectomy of her left breast. "They came out and told me it had grown an entire centimeter in the two weeks between the ultrasound and surgery," Rickert said. "But it had not spread to my lymph nodes. They said if I had waited even a matter of weeks, it would be a different story." Further testing revealed Rickert carries the BRCA2 gene mutation. She would proactively remove her right breast after chemotherapy.

Following surgery, she wanted to go home. Home to Hersey, Michigan. Home to family. Home to friends. Knowing there was Spectrum Health Reed City Hospital Susan P. Wheatlake Regional Cancer Center, she teamed up with a Spectrum Health oncologist to fight the foe. "Being close to my family and having that support system, being in my hometown and being at Susan P. Wheatlake Regional Cancer Center made a difference to me," she said. "I had so many people rooting for me and lifting me up daily. There wasn't time to feel down."

Rickert always wanted to be a mom and the recommended chemotherapy carried a risk she wasn't willing to take—infertility. She worked with a fertility specialist in Grand Rapids, and froze her eggs before commencing chemotherapy. She would win this fight. She had to win this fight. "That gave me so much hope," Rickert said. "It gave me the gumption and the will to say 'I'm going to be a mother now no matter what the fertility outcome is after chemo. That means I need to survive this because I'm going to be a mom.' I went into it with a suit of armor, with hope and peace." She also felt a presence. A presence she missed so very much—her mom. Emmy lost her mom two years prior to a brain aneurysm. "Along this whole journey, I could really feel mom there," Rickert said. "I remember back to when I was a child. Whenever I was sick and had to take medicine, she'd say, 'All right, I'm sending the soldiers in to kill the bad guys.' Every time I watched the chemo flow into my body, I thought of mom and felt her there. I thought, 'We're sending the good guys in to kill the bad guys.' I think that outlook made a difference for me."

A year later, she married. She and her husband, Kelly, conceived naturally. Their daughter, Grace, entered their lives on May 15, 2015. Their son, Huck, was born in 2016. The children are her light at the end of the tunnel, rainbows at the end of the storm. She knows the storms can return. That's why she's not taking a single moment for granted. None of them.

Read more about Emmy at healthbeat.spectrumhealth.org.

Susan P. Wheatlake Regional Cancer Center exists to treat the whole person—body, mind and spirit. We offer support groups, educational sessions, a library, boutique, gift shop and other therapies. To expand upon these services, we are in the planning stages for a Wellness Path that will encircle the center. This vision is only possible with your donations. Contact Tara Werkhoven at 616.391.2069 or tara.werkhoven@spectrumhealth.org to get involved.



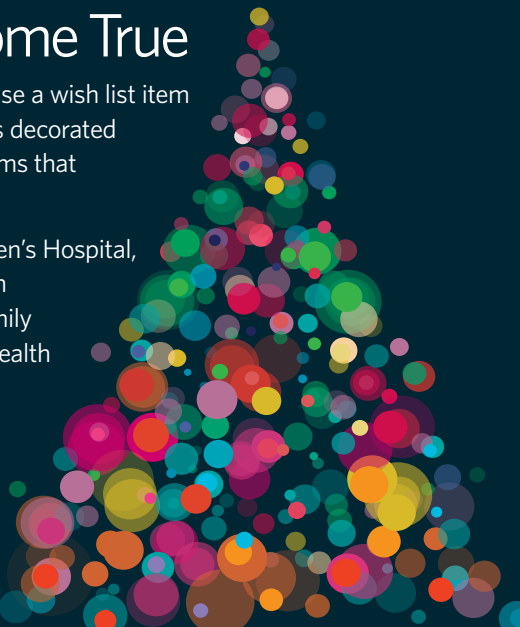
Holiday Giving Trees Help Wishes Come True

One of the ways you can make a difference to patients and families is to purchase a wish list item from one of our holiday trees. Spectrum Health Foundation displays giving trees decorated with cards that represent books, equipment, meal vouchers and many other items that contribute to a caring environment.

Look for these trees in the lobbies of Butterworth Hospital, Helen DeVos Children's Hospital, Lemmen-Holton Cancer Pavilion, Fred and Lena Meijer Heart Center, STRIVE on Ottawa, United and Kelsey Hospitals, Lakeview Family Medicine, Greenville Family Medicine, United Lifestyles, Spectrum Health Continuing Care and Spectrum Health United Internal Medicine and Pediatrics Office. Please consider bringing comfort and joy by purchasing a gift item from one of the trees.

For more information, contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.

Happy Holidays!



Honor Someone Special With a Tribute Gift

A holiday tribute gift to Spectrum Health Foundation or Helen DeVos Children's Hospital Foundation will help bring comfort and caring to those who need it most and help ensure access to exceptional care for all who come through our doors. We will send you a special holiday card honoring your recipient so you can present your gift personally.

You can also make your donation by calling the foundation office at 616.391.2000.

Wishing you and yours a happy and safe holiday season!

Holiday Tribute Gift Form

Please Designate My/Our Gift To:

<input type="checkbox"/> Helen DeVos Children's Hospital Foundation	Gift Amount \$ _____
<input type="checkbox"/> Spectrum Health Foundation	Gift Amount \$ _____
<input type="checkbox"/> Program Areas _____	Gift Amount \$ _____
Total Gift Amount \$ _____	

Donor Information:

Name: _____

Company Name: _____

Email: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____

- ☐ Corporate; this donation is made on behalf of a company
- ☐ I prefer to make this donation anonymously

Tribute Information:

I am honoring: _____

Payment Information:

- ☐ Check (payable to Spectrum Health Foundation)

To make a donation safely and securely by credit card, visit our website at give.spectrumhealth.org or call the Spectrum Health Foundation office at 616.648.4600.

Please return this form to: Spectrum Health Foundation, 100 Michigan Street NE | MC004, Grand Rapids, MI 49503



The holiday season is the time to share expressions of love, thankfulness and giving. Wish list gifts are a perfect way to comfort the sick and support patients and families in need. You can provide a meaningful, life-changing and lifesaving service otherwise unavailable. At Spectrum Health, including Helen DeVos Children's Hospital, we are enhancing the patient experience and meeting urgent needs for patients struggling with medical issues.

Giving is easy.

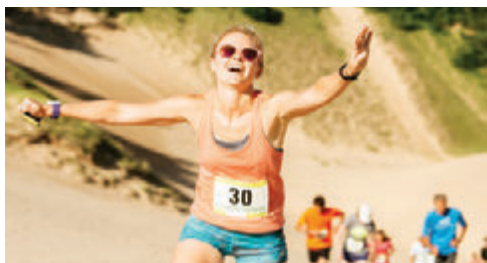
- Choose a gift.
 - ♦ Gifts are listed alphabetically and include the specialty department or community hospital in need of each gift.
- Purchase the gift, or a portion of a gift.
- Order at give.spectrumhealth.org/wishlistcatalog, call 616.391.2000.

★ 100 percent of every gift goes to programs and services helping patients and families.

Thank you!

Wrap-Ups THANK YOU!

18th Annual Gazelle Sports Lake Michigan RTS



On July 8, 2017, more than 400 runners joined the Gazelle Sports Lake Michigan RTS to help raise \$10,883 for Helen DeVos Children's Hospital. The event celebrated its 18th year with a truly unique 10K experience along the Lake Michigan shoreline. Thank you to all who conquered the "toughest race you'll ever love" while supporting our patients!

Tommy's Christmas in July

Tommy's boat shop celebrated Christmas in July with a toy drive for Helen DeVos Children's Hospital. The effort was led by previous Helen DeVos Children's Hospital (HDVCH) patient Lexi Youngberg. The store collected a boat load of toy donations throughout the month of July as well as \$3,000, which will be used to purchase toys throughout the year. On July 25, Tommy's staff and Santa handed out the toys to patients at HDVCH. A special thank-you goes to Tommy's and to all who participated in this great event!



Tri-Cities Kiwanis Fishing

The Tri-Cities Kiwanis Salmon Fishing Tournament was a day full of fun, fish on the line and beautiful weather. Sponsors and patients from Helen DeVos Children's Hospital headed to Lake Michigan on July 27 and caught their fair share of fish while raising funds and awareness for Helen DeVos Children's Hospital. We are honored to be a part of this continued relationship with Tri-Cities Kiwanis.

Miracle Treat Day

On July 27, the Spectrum Health Foundation team along with more than 2,000 other Spectrum Health employees enjoyed Blizzards for Miracle Treat Day! Throughout the day, \$1 from each Blizzard that was sold was given to our local Children's Miracle Network Hospital—Helen DeVos Children's Hospital. A special thank-you to Dairy Queen and Children's Miracle Network Hospitals for making a hot summer day extra special, and allowing us to give back in a fun way!

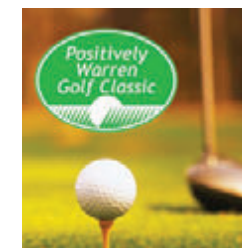


Renewal by Andersen of Michigan

During the month of August, Renewal by Andersen made a donation to Helen DeVos Children's Hospital (HDVCH) every time they sold a window! In total, they made a generous donation of \$7,500 that will go to support the HDVCH School Program.

Doug Potter Memorial Golf Outing

On August 13, 2017, the family and friends of Doug Potter participated in the 15th Annual Doug Potter Memorial Golf Outing at Yankee Springs Golf Course. In the event's 15 years, more than \$180,000 has been raised for the Pediatric Oncology Resource Team (P.O.R.T.) at Helen DeVos Children's Hospital. We thank Doug's wife, Lisa; son, Matt; and friends for their long-term support! This year's event raised \$13,760.



Positively Warren Golf Classic

It was a great turnout for the 18th Annual Positively Warren Golf Classic on August 14 at Thousand Oaks Golf Club. The event raised more than \$20,000 for programs and services at Helen DeVos Children's Hospital. Our thanks to the Grand Rapids Sports Hall of Fame, event planning committee and volunteers who helped make this day so successful and to Sharron Reynolds and her family for their continued support.

Taste of East Grand Rapids

On August 17, guests of all ages filled the streets of Gaslight Village in East Grand Rapids for a night of family fun. Attendees enjoyed food from local restaurants including Derby Station, Jose Babushkas, Osta's Lebanese Cuisine, Big Bob's Pizza, Carolina Lowcountry Kitchen and more. A special thank-you goes to Spectrum Health Community Council members, Gaslight Village Business Association and all in attendance who helped raise \$9,155 for Spectrum Health.



Learn, Inspire, LEAD

On November 15, more than 30 women came together to celebrate the second annual LEAD Allocation Celebration and made their donation to a program(s) that touched their heart within Spectrum Health, including Helen DeVos Children's Hospital. Together, LEAD members raised a total of \$44,214 for various programs within Spectrum Health, including the Jacob and Lois Mol Cardiovascular Simulation Center, child life hospital school program, congenital heart education, research and innovation at Spectrum Health (CHERISH), K-9 program, medical education, Helen DeVos Children's Hospital and CenteringPregnancy®.

Joan Azevedo
Tricia Baird
Cindy Barrus
BJ Belding
Kris Brady
Tracey Burke
Pamela Bylen
Pamela Daugavietis
Danielle De Witt
Sarah Dishong-Perez
Eleasha Eatman
Kristina Emery
Kate Gibbs
Juliane Giles
Brenda Goorhouse
Helle Haw
Heidi Hendricks
Suzette Hershman

Tamara Hibbitts
Vicki Jensen
Melinda Johnson
Jessie Jones
Rosie Jones
Leslie Jurecko
Jody Kinney
Deborah Locke
Paula MacKenzie
Beth Makowski
Carrie Manders
Jane Boyles Meilner
Kim Moorhead
Elizabeth Nickels
Janet Nisbett
Kristen Norris
Kris Palosaari
Susan Rechner

Paula Schuiteman-Bishop
Lori Smith
Margaret Steketee
Kim Suarez
Kim Thomas
Nastaciea Turner
Tamara VanderArk-Potter
Teri VanTongeran
Ines Vigil
Vicki Weaver
Tara Werkhoven
Penny Wilton
Louise Wing
Sandra Wright
Sandy Yob
Heather Zak

For more information on becoming a member of LEAD, contact Kaylee Swanson at 616.391.2219 or kaylee.swanson@spectrumhealth.org.

The Angel Ball



On the evening of August 18, the Spectrum Health Foundation Ludington Hospital hosted a special evening raising funding for the Spectrum Health Ludington Hospital Cancer Patient Assistance Fund to help those patients experiencing financial hardship. The sold-out evening was an unforgettable night at the Graystone Event Center in Ludington with dinner, drinks and dancing. At the event, the 2017 Justus and Paulina Stearns Legacy Award was presented to Nizar Umran, DO, and Zelal Umran. In total, \$176,051 was raised for the cancer patient assistance fund. Thank you to everyone who was able to attend, and each one of you who has made a contribution to the cancer patient assistance fund.

Third Annual Big Rapids and Reed City Golf Outing

The Third Annual Spectrum Health Foundation Big Rapids and Reed City Hospitals Charity Golf Classic took place on August 28. Funds raised from this event are going toward the purchase and implementation of a state-of-the-art simulation and training mannequin. This will give health care professionals the opportunity to learn new techniques for treating heart attacks, strokes, adverse reaction to medications, insertion of breathing tubes and so much more. Thank you to all who participated and helped raise \$31,515.



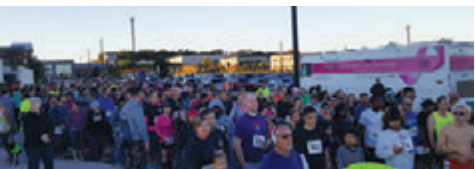
Zeeland Community Hospital Golf Outing



On Monday, September 11 a four-person scramble golf outing took place at Sunnybrook Country Club. Players began with a continental breakfast before playing their rounds of golf and finished with a grilled picnic buffet. \$18,000 from this event benefited the Helen DeVos Children’s Hospital Injury Prevention Program on the Lakeshore. Preventable injuries are the No. 1 killer of kids in the United States. Therefore, this program exists to reduce childhood injuries through car-seat checks, helmet fittings and safety workshops. Thank you to all who played and made this event possible.

Jenna Steenwyk Memorial Golf Outing

Course records were set at Saskatoon Golf Course as 180 golfers hit the links on September 30 to raise \$26,550 for the Helen DeVos Children’s Hospital Wish List. A banner year for the event, we’d like to thank the Steenwyk family and the sponsors and attendees whose continued support is invaluable.



Tanger Outlets Fit for a Cure 5K

Tanger Outlets hosted their second annual Fit for a Cure 5K on September 30. This event took place in order to promote and encourage a healthy, happy lifestyle while benefiting the Spectrum Health Betty Ford Breast Care Services. There were a total of 385 participants who helped raise more than \$17,000. A special thank-you goes to Tanger Outlets and the presenting sponsor, Under Armour.

Bowties and Stilettos

On September 30, the JW Marriott held their annual Bowties and Stilettos event. Rather than an admission cost, the JW Marriott asked attendees to bring new, unopened cans of Play-Doh to donate to the Helen DeVos Children’s Hospital.



Rod Beckman Cancer Charity Golf Classic

The first Rod Beckman Cancer Charity Golf Classic took place on September 30 at the Hemlock Golf Club in Ludington, Michigan. \$50,967 from this great event went to benefit the Spectrum Health Foundation Ludington Hospital Cancer Patient Assistance Fund and the Optimist Childhood Cancer Campaign. Thank you to all who participated and helped make this event possible.

Festival of Trees

An empty ballroom was transformed into a winter wonderland of uniquely decorated Christmas trees, wreaths, centerpieces and more as Spectrum Health Big Rapids and Reed City Hospitals celebrated the Festival of Trees. Thank you to Chemical Bank for their continued support of the event and to the countless volunteers and community members who helped raise \$9,444. Proceeds from the event on November 8 supported a state-of-the-art simulation and training mannequin.



Seven Monks Taproom “Black Friday”

On one of the most beloved shopping days of the year, Seven Monks Taproom offered weary shoppers the opportunity to take a break and enjoy some great food while giving back. Through their donation of membership fees, \$3,100 was donated to purchase Nintendo Wii Funcenters for the patients at Helen DeVos Children’s Hospital. Thank you to the staff at Seven Monks Taproom for this unique event.



Gridiron Giving

With 13 OK Conference High Schools participating and more than 50 students taking on the Gridiron Giving for their schools, Gridiron Giving saw its best year yet. High school students together with title sponsor Wendy’s of Michigan raised more than \$89,000 for Helen DeVos Children’s Hospital. A very special thank you to Wendy’s of Michigan, the OK Conference and the students who made Gridiron Giving so successful. If you are interested in getting your school involved, contact Devin Pierson at 616.391.2461 or devin.pierson@spectrumhealth.org.

Upcoming EVENTS

SAVE
THE
DATE

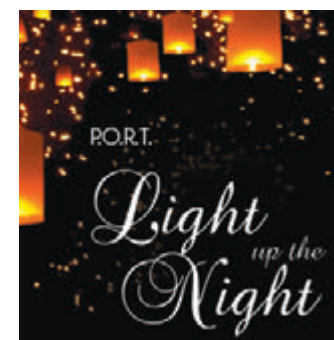
Auto Show Charity Spectacular

Mark your calendars for the 2018 Auto Show Charity Spectacular being held on January 31 at DeVos Place. Join the Grand Rapids New Car Dealers Association for an exclusive preview of the Michigan International Auto Show. Explore the exhibit floors, filled with more than 300 new cars, trucks and SUVs, while enjoying a delicious strolling dinner and live musical entertainment. Proceeds from the event will benefit Helen DeVos Children's Hospital. For more information, visit give.helendevoschildrens.org/AutoShow or contact Nicole Cook at 616.391.2040 or nicole.cook@spectrumhealth.org.



Spectrum Health Foundation United and Kelsey Hospitals' Charity Ball 2018

Save the date for the Spectrum Health Foundation United and Kelsey Hospitals' Charity Ball on February 17 held at Frederik Meijer Gardens & Sculpture Park. Proceeds from this event will benefit the Spectrum Health United Lifestyles Maternal Infant Health Program. For more information, contact Laurie Tissue at 616.225.6328 or laurie.tissue@spectrumhealth.org.



P.O.R.T. Light up the Night

P.O.R.T., the Pediatric Oncology Resource Team at Helen DeVos Children's Hospital, will be hosting its annual fundraiser "Light up the Night" on Thursday, March 8, 2018, at 6 p.m. at New Vintage Place in Grand Rapids. Come out and learn firsthand about the services provided by P.O.R.T. for its pediatric oncology patients and families, while at the same time enjoying an evening of cocktails, hors d'oeuvres, and a tasty plated dinner and dessert. For more information, contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.



Hope College Dance Marathon

More than 1,000 Hope College students are expected to participate in a 24-hour party beginning Friday, March 9. These students organized this party with the purpose of raising funds and awareness for Helen DeVos Children's Hospital. Show your support and help them reach their goal of \$310,000 by making a donation online at hopeforthekids.com.



Foraged Feast

Mark your calendars for this year's Foraged Feast taking place on March 17 at Scottville Optimist Hall. Guests will enjoy an evening full of bluejeans, beer, good eats and a great cause. All proceeds benefit the Spectrum Health Ludington Hospital Cancer Patient Assistance Fund. For more information, contact Loretta Towne at 231.924.3681 or loretta.towne@spectrumhealth.org.



LakerThon

On Saturday, March 24, GVSU students will host their second annual LakerThon benefiting Helen DeVos Children's Hospital. Students will be on their feet for 12 hours striving to raise both monetary support and awareness for the children's hospital. Show your support by sponsoring a dancer at [Bit.ly/gvsudm](http://bit.ly/gvsudm). For more information, contact Devin Pierson at devin.pierson@spectrumhealth.org or 616.391.2461.



Western Michigan University Dance Marathon

On Saturday, April 7, WMU will be hosting their first dance marathon event. Funds raised will benefit Helen DeVos Children's Hospital. Show your support by making a donation online at bit.ly/westerndm. For more information, contact Devin Pierson at devin.pierson@spectrumhealth.org or 616.391.2461.

Nighthawk Chili Cook-Off

"Bring the Heat" for the 12th Annual Nighthawk Chili Cook-Off on April 28 at Nighthawk Food & Spirits in Alto. Whether you're a novice chef or a seasoned pro, it's sure to be a good time. Not a chili chef? Then stop by for a \$5 all-you-can-eat chili bracelet. Chili cooking begins at 10 a.m. with tastings at 2 p.m. Proceeds from the event benefit Spectrum Health Hospice. For more information, contact Laurie Alighire at laurie.alighire@spectrumhealth.org or 616.391.9125.



Stroke Reduction Golf Classic

Come out swinging at the 2018 Stroke Reduction Golf Classic on May 14 at both Watermark Country Club and Thousand Oaks Golf Club. Join us to reduce your strokes on the course and support reducing the risk of stroke off the course through the Spectrum Health Stroke Prevention Team education and awareness programs. For more information, visit strokereductiongolfclassic.com.

Spectrum Health Foundation

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SOMETHING BIG IS COMING ON STRONG.

See for yourself at Gala 2018. Saturday, April 21, 2018



Proceeds from Gala 2018 will support the epilepsy program at the neurosciences center, coming to Helen DeVos Children's Hospital. The center will allow us to help more kids and families, position us as a national destination for world-class care, and empower research that will change how children are treated.

Together, we'll strengthen some of the strongest kids we know.



Contact Us

Giving Matters magazine is printed two times a year by Spectrum Health Foundation and Helen DeVos Children's Hospital Foundation. Comments and suggestions are welcome. foundation@spectrumhealth.org give.spectrumhealth.org [in](#) [f](#) [ig](#) [t](#)

Spectrum Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. [81 FR 31465, May 16, 2016; 81 FR 46613, July 18, 2016]

ATENCIÓN: Si usted habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844-359-1607 (TTY: 711).

(711: مكيب لالو مصلال افتاه مقرر). 1.844-359-1607 مقرر لبصتا. نراج مالب كل رفاوتت فيو غلالل ادعاس ملب تامدج ناف، غلالل ركذا ثدجتت تنك ادل: عظوجل