

How to care for your mattress

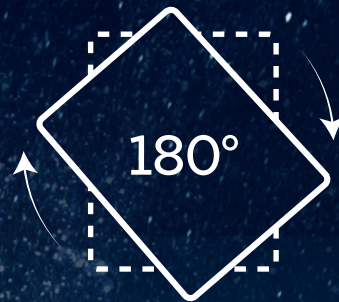
When you invest in a new mattress, you're investing in your sleep health for the next eight to ten years, so it's important to care for your mattress to get the most out of it. Importantly, proper mattress care is required to meet the conditions outlined in your Manufacturer's Warranty.

Here are our top five pointers and tips to help you care for your mattress.



COMFORT

It can take up to three months for your body to properly adjust to the feel and support of your new mattress. Give it time for your body to conform to your new sleep surface.



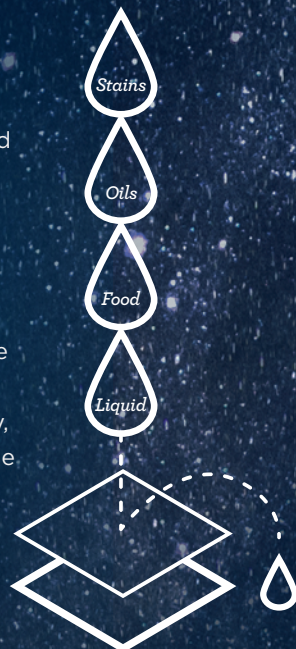
Always use 2 people to lift

ROTATE YOUR MATTRESS

Rotating your mattress will allow for the sleep surface to wear evenly, so it's important to rotate it once a fortnight for the first three months and then three to four times a year after this.

PROTECT YOUR INVESTMENT

To protect your sleep surface, it's recommended that you buy yourself a waterproof mattress protector, as stains can void your warranty. Oils, perspiration, food or drink, and regular humidity can infiltrate the foams of your mattress and break them down, leading to premature sagging. By keeping your mattress protected and dry, you will help to preserve the top comfort layers, which helps your mattress retain its shape.



BASE SUPPORT

A structurally sound foundation is an important consideration when buying a new mattress. Make sure your base has a strong center support to help prevent the mattress from dipping in the middle, and ensure your base is strong enough to support the weight of your new mattress. If not, it's best for you to consider buying a new base to support your investment.



WARRANTY

It's important to **keep all documentation** following a purchase, including Manufacturers Warranty details as well as your receipt. It's also important **not to remove the small white tag at the end of your mattress**, known as the Law Tag, as this contains details vital to your warranty and guarantee.